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ABOUT AN INEQUALITY BY ERTAN YILDIRIM-XV

By Marin Chirciu-Romania

Edited by Florică Anastase-Romania

In ΔABC the following inequality holds:

$$4R \leq \frac{1}{a+b+c} \sum_{cyc} bc \left(\tan \frac{A}{2} + \cot \frac{A}{2} \right) \leq \frac{2R^2}{r}$$

Proposed by Ertan Yildirim-Izmir-Turkyie

Solution. Lemma. In ΔABC the following relationship holds:

$$\sum_{cyc} bc \left(\tan \frac{A}{2} + \cot \frac{A}{2} \right) = \frac{s^2(s^2 + 2r^2 - 8Rr) + r^2(4R + r)^2}{F}$$

Proof. We have: $\sum bc \left(\tan \frac{A}{2} + \cot \frac{A}{2} \right) = \sum bc \left(\frac{\sin \frac{A}{2}}{\cos \frac{A}{2}} + \frac{\cos \frac{A}{2}}{\sin \frac{A}{2}} \right) + \sum bc \left(\frac{\sin^2 \frac{A}{2} + \cos^2 \frac{A}{2}}{\sin \frac{A}{2} \cos \frac{A}{2}} \right) =$

$$= \sum bc \cdot \frac{1}{\sin \frac{A}{2} \cos \frac{A}{2}} = \sum 2bc \cdot \frac{1}{2 \sin \frac{A}{2} \cos \frac{A}{2}} = \sum \frac{2bc}{\sin A} = \sum \frac{2bc}{\frac{a}{2R}} = 4R \frac{\sum b^2 c^2}{abc} =$$

$$= 4R \frac{s^2(s^2 + 2r^2 - 8Rr) + r^2(4R + r)^2}{4Rrs} = \frac{s^2(s^2 + 2r^2 - 8Rr) + r^2(4Rr + r)^2}{rs}$$

Let's get back to the main problem. For RHS, using Lemma, we get:

$$\frac{1}{a+b+c} \sum_{cyc} bc \left(\tan \frac{A}{2} + \cot \frac{A}{2} \right) = \frac{1}{2s} \cdot \frac{s^2(s^2 + 2r^2 - 8Rr) + r^2(4R + r)^2}{F} \stackrel{(1)}{\leq} \frac{2R^2}{r}$$

Where, (1) $\Leftrightarrow \frac{1}{2s} \cdot \frac{s^2(s^2 + 2r^2 - 8Rr) + r^2(4R + r)^2}{F} \leq \frac{2R^2}{r} \Leftrightarrow \frac{s^2(s^2 + 2r^2 - 8Rr) + r^2(4R + r)^2}{2s^2r} \leq \frac{2R^2}{r} \Leftrightarrow$

$$s^2(s^2 + 2r^2 - 8Rr) + r^2(4R + r)^2 \leq 4R^2 s^2 \Leftrightarrow$$

$r^2(4R + r)^2 \leq s^2(4R^2 + 8Rr - 2r^2 - s^2)$, which follows from Gerretsen inequality

$\frac{r(4R+r)^2}{R+r} \leq 16Rr - 5r^2 \leq s^2 \leq 4R^2 + 4Rr + 3r^2$. Remains to prove that:

$r(R + r) \leq r(4R - 5r) \Leftrightarrow R \geq 2r$ (Euler). Equality holds if and only if triangle is equilateral.

For LHS, we have: $\frac{1}{a+b+c} \sum_{cyc} bc \left(\tan \frac{A}{2} + \cot \frac{A}{2} \right) = \frac{1}{2s} \cdot \frac{s^2(s^2 + 2r^2 - 8Rr) + r^2(4R + r)^2}{F} \stackrel{(2)}{\geq} 4R$, where

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$$(2) \Leftrightarrow \frac{1}{2s} \cdot \frac{s^2(s^2 + 2r^2 - 8Rr) + r^2(4R + r)^2}{F} \geq 4R \Leftrightarrow$$
$$\frac{s^2(s^2 + 2r^2 - 8Rr) + r^2(4R + r)^2}{2s^2r} \geq 4R \Leftrightarrow$$

$$s^2(s^2 + 2r^2 - 8Rr) + r^2(4R + r)^2 \geq 8Rrs^2 \Leftrightarrow s^2(s^2 + 2r^2 - 16Rr) + r^2(4R + r)^2 \geq 0$$

Distinguish the following cases:

Case 1) If $s^2 + 2r^2 - 16Rr \geq 0$, inequality is obviously true.

Case 2) If $s^2 + 2r^2 - 16Rr < 0$, inequality becomes: $r^2(4R + r)^2 \geq s^2(16Rr - 2r^2 - s^2)$,

which follows from Blundon-Gerretsen: $16Rr - 5r^2 \leq s^2 \leq 4R^2 + 4Rr + 3r^2 \leq \frac{R(4R+r)^2}{2(2R-r)}$.

Remains to prove that: $r^2(4R + r)^2 \geq \frac{R(4R+r)^2}{2(2R-r)}(16Rr - 2r^2 - 16Rr + 5r^2) \Leftrightarrow$

$$2r^2(2R - r) \geq 3r^2R \Leftrightarrow 2(2R - r) \geq 3R \Leftrightarrow R \geq 2r \text{ (Euler)}.$$

Equality holds if and only if triangle is equilateral.

Reference:

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