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UP.358 If $0 < a \leq b < \frac{\pi}{2}$ then:

$$\left(\int_a^b \frac{\sin x}{x} dx \right)^2 + \left(\int_a^b \frac{\cos x}{x} dx \right)^2 \leq \log^2 \left(\frac{b}{a} \right)$$

Proposed by Daniel Sitaru-Romania

Solution 1 by proposer, Solution 2 by Gabriel Brehuescu-Romania, Solution 3 by Mohammad Rostami-Kabul-Afghanistan, Solution 4 by Ravi Prakash-New Delhi-India

Solution 1 by proposer

$$A = \int_a^b \frac{\sin x}{x} dx, B = \int_a^b \frac{\cos x}{x} dx, u = |u|(cost + isint), t \in [0, 2\pi),$$

$$A = |u|cost, B = |u|sint, |u|^2 = A^2 + B^2 = A \cdot A + B \cdot B =$$

$$= |u|cost \cdot A + |u|sint \cdot B =$$

$$= |u| \left(cost \int_a^b \frac{\sin x}{x} dx + sint \int_a^b \frac{\cos x}{x} dx \right) \leq$$

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$$\leq |u| \int_a^b \sqrt{\left(\frac{\sin x}{x}\right)^2 + \left(\frac{\cos x}{x}\right)^2} dx = |u| \int_a^b \frac{1}{x} dx = |u| \log\left(\frac{b}{a}\right)$$

$$|u|^2 \leq |u| \log\left(\frac{b}{a}\right) \rightarrow |u| \leq \log\left(\frac{b}{a}\right) \rightarrow |u|^2 \leq \log^2\left(\frac{b}{a}\right) \rightarrow A^2 + B^2 \leq \log^2\left(\frac{b}{a}\right)$$

$$\left(\int_a^b \frac{\sin x}{x} dx\right)^2 + \left(\int_a^b \frac{\cos x}{x} dx\right)^2 \leq \log^2\left(\frac{b}{a}\right)$$

Solution 2 by Gabriel Brehuescu-Romania

Applying BCS inequality, we get:

$$\begin{aligned} \left(\int_a^b \frac{\sin x}{x} dx\right)^2 &= \left(\int_a^b \left(\frac{\sin x}{\sqrt{x}}\right) \cdot \frac{1}{\sqrt{x}} dx\right)^2 \leq \int_a^b \left(\frac{\sin x}{\sqrt{x}}\right)^2 dx \cdot \int_a^b \left(\frac{1}{\sqrt{x}}\right)^2 dx \\ &= \int_a^b \frac{\sin^2 x}{x^2} dx \cdot \int_a^b \frac{dx}{x}; (1) \end{aligned}$$

$$\begin{aligned} \left(\int_a^b \frac{\cos x}{x} dx\right)^2 &= \left(\int_a^b \left(\frac{\cos x}{\sqrt{x}}\right) \cdot \frac{1}{\sqrt{x}} dx\right)^2 \leq \int_a^b \left(\frac{\cos x}{\sqrt{x}}\right)^2 dx \cdot \int_a^b \left(\frac{1}{\sqrt{x}}\right)^2 dx \\ &= \int_a^b \frac{\cos^2 x}{x^2} dx \cdot \int_a^b \frac{dx}{x}; (2) \end{aligned}$$

From (1), (2) we get:

$$\begin{aligned} \left(\int_a^b \frac{\sin x}{x} dx\right)^2 + \left(\int_a^b \frac{\cos x}{x} dx\right)^2 &\leq \int_a^b \frac{dx}{x} \cdot \int_a^b \left(\frac{\sin^2 x + \cos^2 x}{x}\right) dx = \left(\int_a^b \frac{dx}{x}\right)^2 \\ &= \log^2\left(\frac{b}{a}\right) \end{aligned}$$

Solution 3 by Mohammad Rostami-Kabul-Afghanistan

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$$\begin{cases} U = \int_a^b \frac{\sin x}{x} dx \\ V = \int_a^b \frac{\cos x}{x} dx \end{cases} \rightarrow \begin{cases} W = |W|(\cos\theta + i\sin\theta) \\ |W|^2 = U^2 + V^2 \\ U = |W|\cos\theta \\ V = |W|\sin\theta \end{cases}$$

$$\begin{aligned} |W|^2 &= U^2 + V^2 = |W| \cdot U \cos\theta + |W| \cdot V \sin\theta = \\ &= |W| \left(\cos\theta \int_a^b \frac{\sin x}{x} dx + \sin\theta \int_a^b \frac{\cos x}{x} dx \right) \leq \\ &\leq |W| \int_a^b \sqrt{\left(\frac{\sin x}{x}\right)^2 + \left(\frac{\cos x}{x}\right)^2} dx = |W| \int_a^b \frac{1}{x} dx = |W| \log\left(\frac{b}{a}\right) \\ &\Rightarrow |W|^2 \leq |W| \log^2\left(\frac{b}{a}\right) \Rightarrow |W| \leq \log\left(\frac{b}{a}\right) \Rightarrow |W|^2 \leq \log^2\left(\frac{b}{a}\right) \\ &U^2 + V^2 \leq \log^2\left(\frac{b}{a}\right) \end{aligned}$$

Therefore,

$$\left(\int_a^b \frac{\sin x}{x} dx \right)^2 + \left(\int_a^b \frac{\cos x}{x} dx \right)^2 \leq \log^2\left(\frac{b}{a}\right)$$

Solution 4 by Ravi Prakash-New Delhi-India

$$\text{Let } A = \int_a^b \frac{\sin x}{x} dx, B = \int_a^b \frac{\cos x}{x} dx$$

$$\begin{aligned} \text{Now, } A^2 + B^2 &= |B + iA|^2 = \left| \int_a^b \frac{1}{x} (\cos x + i\sin x) dx \right|^2 = \left| \int_a^b \frac{e^{ix}}{x} dx \right|^2 \leq \\ &\leq \left(\int_a^b \frac{1}{x} |e^{ix}| dx \right)^2 = \left(\int_a^b \frac{1}{x} dx \right)^2 = \log^2\left(\frac{b}{a}\right) \end{aligned}$$

Therefore,

$$\left(\int_a^b \frac{\sin x}{x} dx \right)^2 + \left(\int_a^b \frac{\cos x}{x} dx \right)^2 \leq \log^2\left(\frac{b}{a}\right)$$

Note by editor:

Many thanks to Florică Anastase-Romania for typed solutions.