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4201. In $\triangle ABC$ the following relationship holds:

$$\frac{a}{r_a \sin^2 A} + \frac{b}{r_b \sin^2 B} + \frac{c}{r_c \sin^2 C} \geq \frac{8\sqrt{3}}{3}$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned} \frac{a}{r_a \sin^2 A} + \frac{b}{r_b \sin^2 B} + \frac{c}{r_c \sin^2 C} &= \sum_{cyc} \frac{a}{r_a \sin^2 A} = \sum_{cyc} \frac{a}{\frac{F}{s-a} \cdot \frac{a^2}{4R^2}} = \\ &= \frac{4R^2}{F} \sum_{cyc} \frac{s-a}{a} = \frac{4R^2}{F} \left(s \sum_{cyc} \frac{1}{a} - 3 \right) = \\ &= \frac{4R^2}{rs} \left(s \cdot \frac{ab+bc+ca}{abc} - 3 \right) = \frac{4R^2}{rs} \left(s \frac{s^2+r^2+4Rr}{4Rrs} - 3 \right) = \\ &= \frac{4R^2}{rs} \cdot \frac{s^2+r^2+4Rr-12Rr}{4Rr} = \frac{R}{r^2s} \cdot (s^2+r^2-8Rr) \geq \\ &\stackrel{GERRETSEN}{\geq} \frac{R}{R^2S} (16Rr-5r^2+r^2-8Rr) = \frac{R}{r^2s} (8Rr-4r^2) = \frac{R(8R-4r)}{rs} \stackrel{EULER}{\geq} \\ &\geq \frac{R(16r-4r)}{rs} \stackrel{MITRINOVIC}{\geq} \frac{\frac{2}{3\sqrt{3}}s \cdot 12r}{rs} = \frac{24}{3\sqrt{3}} = \frac{8}{\sqrt{3}} = \frac{8\sqrt{3}}{3} \end{aligned}$$

Equality holds for $a = b = c$.

4202. In any $\triangle ABC$ the following relationship holds :

$$(n_a + n_b + n_c)(m_a + m_b + m_c) \geq 3(m_a w_a + m_b w_b + m_c w_c)$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \sum_{cyc} \frac{4s(s-a)}{(b+c)^2} &= \sum_{cyc} \frac{(b+c)^2 - a^2}{(b+c)^2} = 3 - \sum_{cyc} \frac{(2s - (2s-a))^2}{(2s-a)^2} \\ &= 4s \sum_{cyc} \frac{1}{b+c} - 4s^2 \left(\left(\sum_{cyc} \frac{1}{b+c} \right)^2 - \frac{2}{2s(s^2+2Rr+r^2)} \cdot \sum_{cyc} (b+c) \right) \end{aligned}$$

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$$= \frac{4s(5s^2 + 4Rr + r^2)}{2s(s^2 + 2Rr + r^2)} - \frac{(5s^2 + 4Rr + r^2)^2}{(s^2 + 2Rr + r^2)^2} + \frac{16s^2}{s^2 + 2Rr + r^2}$$

$$\Rightarrow \sum_{\text{cyc}} \frac{4s(s-a)}{(b+c)^2} \stackrel{(\bullet)}{=} \frac{s^4 + (20Rr + 18r^2)s^2 + r^3(4R + r)}{(s^2 + 2Rr + r^2)^2}$$

$$\text{Now, } 3 \sum_{\text{cyc}} m_a w_a = 6 \sum_{\text{cyc}} \left(m_a \cdot \frac{\sqrt{bcs(s-a)}}{b+c} \right) \stackrel{\text{CBS}}{\leq}$$

$$3 \cdot \sqrt{\left(\sum_{\text{cyc}} \left(2 \sum_{\text{cyc}} a^2 - 3a^2 \right) bc \right)} \cdot \sqrt{\sum_{\text{cyc}} \frac{s(s-a)}{(b+c)^2}} \stackrel{\text{via } (\bullet)}{=}$$

$$3 \cdot \sqrt{4(s^4 - (4Rr + r^2)^2 - 6Rrs^2) \cdot \frac{s^4 + (20Rr + 18r^2)s^2 + r^3(4R + r)}{4(s^2 + 2Rr + r^2)^2}} \stackrel{?}{\leq}$$

$$\sqrt{(9s^2 - 80Rr - 2r^2)(4s^2 - 28Rr + 29r^2)}$$

$$\stackrel{\text{squaring}}{\Leftrightarrow} 27s^8 - (554Rr - 163r^2)s^6 + r^2(1320R^2 - 1244Rr + 484r^2)s^4 +$$

$$r^3(9552R^3 - 1604R^2r - 2790Rr^2 + 299r^3)s^2 +$$

$$r^4(8960R^4 + 480R^3r - 6616R^2r^2 - 2388Rr^3 - 49r^4) \stackrel{?}{\geq} 0 \text{ and } \therefore$$

$$27(s^2 - 16Rr + 5r^2)^4 \stackrel{\text{Gerretsen}}{\geq} 0 \therefore \text{in order to prove } \textcircled{1}, \text{ it suffices to prove :}$$

$$\text{LHS of } \textcircled{1} \stackrel{?}{\geq} 27(s^2 - 16Rr + 5r^2)^4$$

$$\Leftrightarrow (1174R - 377r)s^6 - r(40152R^2 - 24676Rr + 3566r^2)s^4 +$$

$$r^2(16(28245R^3 - 26021R^2r + 7925Rr^2 - 825r^3) + 12R^2r + 10Rr^2 - r^3)s^2 -$$

$$r^3 \left(\frac{128(13754R^4 - 17284R^3r + 8152R^2r^2 - 1669Rr^3 + 132r^4) +}{32R^3r - 40R^2r^2 + 20Rr^3 + 28r^4} \right) \stackrel{?}{\geq} 0$$

$$\text{and } \therefore (1174R - 377r)(s^2 - 16Rr + 5r^2)^3 \stackrel{\text{Gerretsen}}{\geq} 0 \therefore \text{in order to prove } \textcircled{2},$$

$$\text{it suffices to prove : LHS of } \textcircled{2} \stackrel{?}{\geq} (1174R - 377r)(s^2 - 16Rr + 5r^2)^3$$

$$\Leftrightarrow (16200R^2 - 11030Rr + 2089r^2)s^4 -$$

$$\left(64(7027R^3 - 6824R^2r + 2222Rr^2 - 236r^3) - \right. \\ \left. 16R^3 + 4R^2r - 8Rr^2 + 30r^3 \right) s^2 +$$

$$r^2 \left(\frac{128(23814R^4 - 30000R^3r + 14164R^2r^2 - 3012Rr^3 + 236r^4) -}{32R^3r + 72R^2r^2 - 2Rr^3 - 7r^4} \right) \stackrel{?}{\geq} 0 \text{ and } \therefore$$

$$(16200R^2 - 11030Rr + 2089r^2)(s^2 - 16Rr + 5r^2)^2 \stackrel{\text{Gerretsen}}{\geq} 0$$

$$\therefore \text{in order to prove } \textcircled{3}, \text{ it suffices to prove :}$$

$$\text{LHS of } \textcircled{3} \stackrel{?}{\geq} (16200R^2 - 11030Rr + 2089r^2)(s^2 - 16Rr + 5r^2)^2$$

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$$\Leftrightarrow (17172R^3 - 19557R^2r + 8737Rr^2 - 1454r^3)s^2 \stackrel{?}{\geq} \left(\frac{64(4293R^4 - 6155R^3r + 3482R^2r^2 - 877Rr^3 + 86r^4) + 8R^3r + 32R^2r^2 - 15Rr^3 + 2r^4}{r} \right)$$

Now, $(17172R^3 - 19557R^2r + 8737Rr^2 - 1454r^3)s^2 \stackrel{\text{Rouche + Euler}}{\geq} \left(16Rr - 5r^2 + \frac{r^2(R - 2r)}{R - r} \right) \stackrel{?}{\geq} \text{RHS of } \textcircled{4}$

$$\Leftrightarrow 6156t^4 - 17172t^3 + 11159t^2 - 3164t + 572 \stackrel{?}{\geq} 0 \left(t = \frac{R}{r} \right)$$

$$\Leftrightarrow (t - 2)(6156t^3 - 4860t^2 + 1439t - 286) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow \textcircled{4} \Rightarrow \textcircled{3} \Rightarrow \textcircled{2} \Rightarrow \textcircled{1} \text{ is true} \therefore 3 \sum_{\text{cyc}} m_a w_a \leq \sqrt{(9s^2 - 80Rr - 2r^2)(4s^2 - 28Rr + 29r^2)}$$

Mohamed Amine Ben Ajiba

and
Chu-Yang
 $\leq$

$$\left(\sum_{\text{cyc}} n_a \right) \left(\sum_{\text{cyc}} m_a \right)$$

(Reference : Inequality in Triangle by Mohamed Amine Ben Ajiba – 74; published at www.ssmrmh.ro) and so,
 $(n_a + n_b + n_c)(m_a + m_b + m_c) \geq 3(m_a w_a + m_b w_b + m_c w_c) \forall ABC,$
 " = " iff ΔABC is equilateral (QED)

4203. In any ΔABC holds :

$$\sqrt{\sum_{\text{cyc}} \frac{bc}{a^2} + \frac{31}{4} - \frac{8r}{R}} \geq \sum_{\text{cyc}} \frac{w_a}{a} \geq \sqrt{\sum_{\text{cyc}} \frac{bc}{a^2} + \frac{103}{36} + \frac{16r}{9R}}$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \sum_{\text{cyc}} \left(a^2 \cos^2 \frac{B-C}{2} \right) &= \frac{1}{4Rrs} \cdot \sum_{\text{cyc}} \left(a(b+c)^2(-s^2 + sa + bc) \right) \\ &= \frac{1}{4Rrs} \cdot \left(-s^2(2s(s^2 + 4Rr + r^2) + 12Rrs) + 2s((s^2 + 4Rr + r^2)^2 - 8Rrs^2) + \right. \\ &\quad \left. 8Rrs(2(s^2 - 4Rr - r^2) + s^2 + 4Rr + r^2) \right) \\ &= \frac{(2R+r)s^2 + r^2(4R+r)}{2R} \Rightarrow 2 \sum_{\text{cyc}} \frac{w_b w_c}{bc} = 2 \cdot \sum_{\text{cyc}} \frac{\frac{2ca}{c+a} \cos \frac{B}{2} \cdot \frac{2ab}{a+b} \cos \frac{C}{2}}{bc} \end{aligned}$$

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$$\begin{aligned}
 &= \frac{4 \sum_{\text{cyc}} \frac{a^2 \cos^2 \frac{B-C}{2}}{\cos \frac{B-C}{2}}}{s^2 + 2Rr + r^2} \stackrel{0 < \cos \frac{B-C}{2} \leq 1}{\geq} \frac{4 \sum_{\text{cyc}} \left(a^2 \cos^2 \frac{B-C}{2} \right)}{s^2 + 2Rr + r^2} = \frac{4 \cdot \frac{(2R+r)s^2 + r^2(4R+r)}{2R}}{s^2 + 2Rr + r^2} \\
 &\Rightarrow 2 \sum_{\text{cyc}} \frac{w_b w_c}{bc} \geq \frac{2 \left((2R+r)s^2 + r^2(4R+r) \right)}{R(s^2 + 2Rr + r^2)} \therefore \left(\sum_{\text{cyc}} \frac{w_a}{a} \right)^2 \geq \sum_{\text{cyc}} \frac{bc}{a^2} - \\
 &\quad \frac{\sum_{\text{cyc}} \left(bc \left(a^4 + 2a^2 \sum_{\text{cyc}} ab + (\sum_{\text{cyc}} ab)^2 \right) \right)}{4s^2(s^2 + 2Rr + r^2)^2} + \frac{2 \left((2R+r)s^2 + r^2(4R+r) \right)}{R(s^2 + 2Rr + r^2)} \\
 &= \sum_{\text{cyc}} \frac{bc}{a^2} - \frac{1}{4s^2(s^2 + 2Rr + r^2)^2} \cdot \left(\frac{4Rrs \cdot 2s(s^2 - 6Rr - 3r^2) +}{2(s^2 + 4Rr + r^2) \cdot 4Rrs \cdot 2s + (s^2 + 4Rr + r^2)^3} \right) + \\
 &\quad \frac{2 \left((2R+r)s^2 + r^2(4R+r) \right)}{R(s^2 + 2Rr + r^2)} \stackrel{?}{\geq} \sum_{\text{cyc}} \frac{bc}{a^2} + \frac{103}{36} + \frac{16r}{9R} \Leftrightarrow (32R + 8r)s^6 - \\
 &\quad r(448R^2 - 87Rr - 16r^2)s^4 - r^2(988R^3 + 236R^2r - 46Rr^2 - 8r^3)s^2 - \\
 &\quad 9Rr^3(4R + r)^3 \stackrel{?}{\geq} 0 \text{ and } \therefore P = (32R + 8r)(s^2 - 16Rr + 5r^2)^3 + \\
 &\quad r(1088R^2 - 9Rr - 104r^2)(s^2 - 16Rr + 5r^2)^2 \stackrel{\text{Gerretsen}}{\geq} 0 \therefore \text{in order to prove } \textcircled{1}, \\
 &\text{it suffices to prove : LHS of } \textcircled{1} \stackrel{?}{\geq} P \Leftrightarrow (2313R^3 - 547R^2r - 438Rr^2 + 112r^3)s^2 \\
 &\quad \stackrel{?}{\geq} r(37008R^4 - 21460R^3r - 1389R^2r^2 + 2706Rr^3 - 400r^4) \\
 &\quad \text{LHS of } \textcircled{2} \stackrel{\text{Gerretsen}}{\geq} (2313R^3 - 547R^2r - 438Rr^2 + 112r^3)(16Rr - 5r^2) \stackrel{?}{\geq} \\
 &\quad \text{RHS of } \textcircled{2} \Leftrightarrow 1143t^3 - 2884t^2 + 1276t - 160 \stackrel{?}{\geq} 0 \left(t = \frac{R}{r} \right) \\
 &\Leftrightarrow (t-2)(1143t^2 - 598t + 80) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow \textcircled{2} \Rightarrow \textcircled{1} \text{ is true} \\
 &w_a \geq h_a \therefore \left(\sum_{\text{cyc}} \frac{w_a}{a} \right)^2 \leq \sum_{\text{cyc}} \frac{bc}{a^2} - \sum_{\text{cyc}} \frac{bc}{(b+c)^2} + \frac{2 \cdot 16Rr^2s^2}{(s^2 + 2Rr + r^2)(4Rrs)} \cdot \sum_{\text{cyc}} \frac{a^2}{2rs} \\
 &= \sum_{\text{cyc}} \frac{bc}{a^2} - \frac{8Rrs^2(s^2 - 6Rr - 3r^2) + (s^2 + 4Rr + r^2) \cdot 16Rrs^2 + (s^2 + 4Rr + r^2)^3}{4s^2(s^2 + 2Rr + r^2)^2} + \\
 &\quad \frac{8(s^2 - 4Rr - r^2)}{s^2 + 2Rr + r^2} \stackrel{?}{\leq} \sum_{\text{cyc}} \frac{bc}{a^2} + \frac{31}{4} - \frac{8r}{R} \Leftrightarrow -32s^6 + (224R^2 - 63Rr - 64r^2)s^4 + \\
 &\quad r(444R^3 + 204R^2r - 62Rr^2 - 32r^3)s^2 + Rr^2(4R + r)^3 \stackrel{?}{\geq} 0 \\
 &\text{Now, } Q = -32s^2(s^4 - s^2(4R^2 + 20Rr - 2r^2) + r(4R + r)^3) \stackrel{\text{Double-Rouche}}{\geq} 0
 \end{aligned}$$

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∴ in order to prove (3), it suffices to prove : LHS of (3) $\stackrel{?}{\geq} Q \Leftrightarrow (96R - 703r)s^4 + r(2492R^2 + 1740Rr + 322r^2)s^2 + r^2(4R + r)^3 \stackrel{?}{\geq} 0$ and it's trivially true if :

$96R - 703r \geq 0$ and when : $96R - 703r < 0$, then via (*), $Q' = (96R - 703r)(s^4 - s^2(4R^2 + 20Rr - 2r^2) + r(4R + r)^3) \geq 0$ ∴ to prove (4), it suffices to prove : LHS of (4) $\stackrel{?}{\geq} Q' \Leftrightarrow (12R^3 + 50R^2r - 391Rr^2 + 54r^3)s^2 \stackrel{?}{\geq} r(192R^4 - 1264R^3r - 1020R^2r^2 - 261Rr^3 - 22r^4)$

Case 1 $12R^3 + 50R^2r - 391Rr^2 + 54r^3 \geq 0$ and then : LHS of (5) $\stackrel{\text{Gerretsen}}{\geq} (12R^3 + 50R^2r - 391Rr^2 + 54r^3)(16Rr - 5r^2) \stackrel{?}{\geq} \text{RHS of (5)}$
 $\Leftrightarrow 1002t^3 - 2743t^2 + 1540t - 124 \stackrel{?}{\geq} 0 \left(t = \frac{R}{r} \right)$
 $\Leftrightarrow (t - 2)(1002t^2 - 739t + 62) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow \text{(5) is true}$

Case 2 $12R^3 + 50R^2r - 391Rr^2 + 54r^3 < 0$ and then : LHS of (5) $\stackrel{\text{Gerretsen}}{\geq} (12R^3 + 50R^2r - 391Rr^2 + 54r^3)(4R^2 + 4Rr + 3r^2) \stackrel{?}{\geq} \text{RHS of (5)}$
 $\Leftrightarrow 24t^5 + 28t^4 - 32t^3 - 89t^2 - 348t + 92 \stackrel{?}{\geq} 0 \Leftrightarrow$
 $(t - 2)(24t^4 + 76t^3 + 120t^2 + 151t - 46) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow \text{(5) is true}$
 $\therefore \sqrt{\sum_{\text{cyc}} \frac{bc}{a^2} + \frac{31}{4} - \frac{8r}{R}} \geq \sum_{\text{cyc}} \frac{w_a}{a} \geq \sqrt{\sum_{\text{cyc}} \frac{bc}{a^2} + \frac{103}{36} + \frac{16r}{9R}}, " = " \text{ iff } a = b = c \text{ (QED)}$

4204. In any $\triangle ABC$ the following relationship holds :

$$\sum_{\text{cyc}} \frac{bc}{a^2} - \frac{r}{R} - \frac{1}{4} \geq \sum_{\text{cyc}} \frac{w_a^2}{a^2} \geq \sum_{\text{cyc}} \frac{bc}{a^2} + \frac{r}{9R} - \frac{29}{36}$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

$$\sum_{\text{cyc}} \frac{w_a^2}{a^2} = \sum_{\text{cyc}} \frac{4bc \cdot s(s-a)}{a^2(b+c)^2} = \sum_{\text{cyc}} \frac{bc((b+c)^2 - a^2)}{a^2(b+c)^2} = \sum_{\text{cyc}} \frac{bc}{a^2} - \sum_{\text{cyc}} \frac{bc}{(b+c)^2}$$

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$$\begin{aligned}
 &= \sum_{\text{cyc}} \frac{bc}{a^2} - \frac{1}{4s^2(s^2 + 2Rr + r^2)^2} \cdot \sum_{\text{cyc}} \left(bc \left(a^4 + 2a^2 \sum_{\text{cyc}} ab + \left(\sum_{\text{cyc}} ab \right)^2 \right) \right) \\
 &= \sum_{\text{cyc}} \frac{bc}{a^2} - \frac{1}{4s^2(s^2 + 2Rr + r^2)^2} \cdot \left(4Rrs \cdot 2s(s^2 - 6Rr - 3r^2) + \right. \\
 &\quad \left. 2(s^2 + 4Rr + r^2) \cdot 4Rrs \cdot 2s + (s^2 + 4Rr + r^2)^3 \right) \\
 &\stackrel{?}{\leq} \sum_{\text{cyc}} \frac{bc}{a^2} - \frac{r}{R} - \frac{1}{4} \Leftrightarrow -4s^6 + (32R^2 - 15Rr - 8r^2)s^4 + \\
 &\quad r(60R^3 - 4R^2r - 14Rr^2 - 4r^3)s^2 + Rr^2(4R + r)^3 \stackrel{?}{\geq} 0
 \end{aligned}$$

Now, Rouché $\Rightarrow s^2 - (m - n) \geq 0$ and $s^2 - (m + n) \leq 0$, where $m = 2R^2 + 10Rr - r^2$ & $n = 2(R - 2r)\sqrt{R^2 - 2Rr} \therefore (s^2 - (m + n))(s^2 - (m - n)) \leq 0$

$$\begin{aligned}
 &\Rightarrow s^4 - s^2(2m) + m^2 - n^2 \leq 0 \Rightarrow s^4 - s^2(4R^2 + 20Rr - 2r^2) + r(4R + r)^3 \stackrel{(*)}{\leq} 0 \\
 &\Rightarrow P = -4s^2(s^4 - s^2(4R^2 + 20Rr - 2r^2) + r(4R + r)^3) \geq 0
 \end{aligned}$$

$\therefore$ in order to prove ①, it suffices to prove : LHS of ① $\stackrel{?}{\geq} P$

$$\Leftrightarrow (16R - 95r)s^4 + r(316R^2 + 188Rr + 34r^2)s^2 + r^2(4R + r)^3 \stackrel{?}{\geq} 0$$

and it's trivially true if : $16R - 95r \geq 0$ and when : $16R - 95r < 0$, then via (*),

$$Q = (16R - 95r)(s^4 - s^2(4R^2 + 20Rr - 2r^2) + r(4R + r)^3) \geq 0 \therefore \text{to prove ②,}$$

it suffices to prove : LHS of ② $\stackrel{?}{\geq} Q \Leftrightarrow$

$$(4R^3 + 16R^2r - 109Rr^2 + 14r^3)s^2 \stackrel{?}{\geq} r \left(\frac{64R^4 - 336R^3r - 276R^2r^2 - 71Rr^3 - 6r^4}{71Rr^3 - 6r^4} \right)$$

Case 1 $4R^3 + 16R^2r - 109Rr^2 + 14r^3 \geq 0$ and then : LHS of ③ $\stackrel{\text{Gerretsen}}{\geq}$

$$(4R^3 + 16R^2r - 109Rr^2 + 14r^3)(16Rr - 5r^2) \stackrel{?}{\geq} \text{RHS of ③}$$

$$\Leftrightarrow 143t^3 - 387t^2 + 210t - 16 \stackrel{?}{\geq} 0 \left(t = \frac{R}{r} \right) \Leftrightarrow (t - 2)(143t^2 - 101t + 8) \stackrel{?}{\geq} 0$$

$\rightarrow \text{true} \therefore t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow \text{③ is true}$

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Case 2 $4R^3 + 16R^2r - 109Rr^2 + 14r^3 < 0$ and then : LHS of ③ $\stackrel{\text{Gerretsen}}{\geq}$

$$(4R^3 + 16R^2r - 109Rr^2 + 14r^3)(4R^2 + 4Rr + 3r^2) \stackrel{?}{\geq} \text{RHS of ③}$$

$$\Leftrightarrow 2t^5 + 2t^4 - 3t^3 - 7t^2 - 25t + 6 \stackrel{?}{\geq} 0 \Leftrightarrow (t-2)(2t^4 + 6t^3 + 9t^2 + 11t - 3) \stackrel{?}{\geq} 0$$

$\rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow \text{③ is true} \therefore \text{combining both cases,}$

$$\text{③} \Rightarrow \text{②} \Rightarrow \text{① is true} \forall \Delta ABC \therefore \sum_{\text{cyc}} \frac{w_a^2}{a^2} \leq \sum_{\text{cyc}} \frac{bc}{a^2} - \frac{r}{R} - \frac{1}{4}$$

$$\text{Again, } \sum_{\text{cyc}} \frac{w_a^2}{a^2} = \sum_{\text{cyc}} \frac{bc}{a^2} - \sum_{\text{cyc}} \frac{bc}{(b+c)^2} \stackrel{\text{AM-GM}}{\geq} \sum_{\text{cyc}} \frac{bc}{a^2} - \sum_{\text{cyc}} \frac{bc}{4bc} = \sum_{\text{cyc}} \frac{bc}{a^2} - \frac{3}{4}$$

$$\stackrel{?}{\geq} \sum_{\text{cyc}} \frac{bc}{a^2} + \frac{r}{9R} - \frac{29}{36} \Leftrightarrow \frac{1}{18} \stackrel{?}{\geq} \frac{r}{9R} \Leftrightarrow R \geq 2r \rightarrow \text{true via Euler}$$

$$\therefore \sum_{\text{cyc}} \frac{w_a^2}{a^2} \geq \sum_{\text{cyc}} \frac{bc}{a^2} + \frac{r}{9R} - \frac{29}{36} \text{ and so,}$$

$$\sum_{\text{cyc}} \frac{bc}{a^2} - \frac{r}{R} - \frac{1}{4} \geq \sum_{\text{cyc}} \frac{w_a^2}{a^2} \geq \sum_{\text{cyc}} \frac{bc}{a^2} + \frac{r}{9R} - \frac{29}{36} \forall ABC,$$

" = " iff ΔABC is equilateral (QED)

4205. In any ΔABC holds :

$$w_a w_b + w_b w_c + w_c w_a \geq \sqrt{3(g_a^2 g_b^2 + g_b^2 g_c^2 + g_c^2 g_a^2)}$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

$$\left(\sum_{\text{cyc}} w_b w_c \right)^2 = \sum_{\text{cyc}} w_b^2 w_c^2 + 2w_a w_b w_c \left(\sum_{\text{cyc}} w_a \right) \geq$$

$$\frac{256R^2 r^4 s^4}{(s^2 + 2Rr + r^2)^2} \cdot \frac{(2R + r)s^2 + r^2(4R + r)}{8Rr^2 s^2} + \frac{32Rr^2 s^2}{s^2 + 2Rr + r^2} \left(\sum_{\text{cyc}} h_a \right)$$

$$\left(\because \sum_{\text{cyc}} \frac{1}{w_a^2} = \frac{(2R + r)s^2 + r^2(4R + r)}{8Rr^2 s^2}; \text{Reference : Solution to Inequality in Triangle} \right)$$

$$\text{by Dang Ngoc Minh - 258; published at www.ssmrmh.ro}$$

$$= \frac{32Rr^2 s^2 \left((2R + r)s^2 + r^2(4R + r) \right) + 16r^2 s^2 (s^2 + 2Rr + r^2)(s^2 + 4Rr + r^2)}{(s^2 + 2Rr + r^2)^2} \stackrel{?}{\geq} 3 \sum_{\text{cyc}} g_b^2 g_c^2$$

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$$= \frac{3r^2 \left((6R + 6r)s^2 + 16R^3 - 24R^2r - 15Rr^2 - 2r^3 \right)}{R}$$

(Reference : Solution to Inequality in Triangle by Mohamed Amine Ben Ajiba – 69;
published at www.ssmrmh.ro)

$$\Leftrightarrow -(2R + 18r)s^6 + (16R^3 + 128R^2r - 31Rr^2 - 30r^3)s^4 - r(192R^4 - 376R^3r - 308R^2r^2 - 40Rr^3 + 6r^4)s^2 -$$

$$r^2(192R^5 - 96R^4r - 420R^3r^2 - 276R^2r^3 - 69Rr^4 - 6r^5) \stackrel{?}{\geq} 0 \quad (1)$$

Now, Rouché $\Rightarrow s^2 - (m - n) \geq 0$ and $s^2 - (m + n) \leq 0$, where $m = 2R^2 + 10Rr - r^2$ & $n = 2(R - 2r)\sqrt{R^2 - 2Rr} \therefore (s^2 - (m + n))(s^2 - (m - n)) \leq 0$

$$\Rightarrow s^4 - s^2(2m) + m^2 - n^2 \leq 0 \Rightarrow s^4 - s^2(4R^2 + 20Rr - 2r^2) + r(4R + r)^3 \stackrel{(*)}{\leq} 0$$

$$\Rightarrow P = -(2R + 18r)s^2(s^4 - s^2(4R^2 + 20Rr - 2r^2) + r(4R + r)^3) \geq 0$$

$\therefore$ in order to prove (1), it suffices to prove : LHS of (1) $\stackrel{?}{\geq} P$

$$\Leftrightarrow (8R^3 + 16R^2r - 387Rr^2 + 6r^3)s^4 -$$

$$r(64R^4 - 1624R^3r - 1196R^2r^2 - 258Rr^3 - 12r^4)s^2 -$$

$$r^2(192R^5 - 96R^4r - 420R^3r^2 - 276R^2r^3 - 69Rr^4 - 6r^5) \stackrel{?}{\geq} 0 \quad (2)$$

Case 1 $8R^3 + 16R^2r - 387Rr^2 + 6r^3 \geq 0$ and then, since $Q =$

$$(8R^3 + 16R^2r - 387Rr^2 + 6r^3)(s^2 - 16Rr + 5r^2)^2 \stackrel{\text{Gerretsen}}{\geq} 0$$

$\therefore$ in order to prove (2), it suffices to prove : LHS of (2) $\stackrel{?}{\geq} Q$

$$\Leftrightarrow (48R^4 + 514R^3r - 2837R^2r^2 + 1080Rr^3 - 12r^4)s^2 \stackrel{?}{\geq} 0 \quad (3)$$

$$r(560R^5 + 680R^4r - 25463R^3r^2 + 15895R^2r^3 - 2676Rr^4 + 36r^5)$$

Now, with $t = \frac{R}{r}$, $8t^3 + 16t^2 - 387t + 6 \geq 0 \Rightarrow (t - 6)(8t^2 + 64t - 3) \geq 12 > 0$

$$\Rightarrow t > 6 \Rightarrow 48t^4 + 514t^3 - 2837t^2 + 1080t - 12$$

$$= (t - 6)(48t^3 + 802t^2 + 1975t + 12930) + 77568 > 0 \therefore \text{LHS of (3)} \stackrel{\text{Gerretsen}}{\geq}$$

$$(48R^4 + 514R^3r - 2837R^2r^2 + 1080Rr^3 - 12r^4)(16Rr - 5r^2) \stackrel{?}{\geq} \text{RHS of (3)}$$

$$\Leftrightarrow 208t^5 + 7304t^4 - 22499t^3 + 15570t^2 - 2916t + 24 \geq 0 \Leftrightarrow$$

$$(t - 2)(208t^4 + 7720t^3 - 7059t^2 + 1452t - 12) \stackrel{?}{\geq} 0; \text{ true } \because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow (3) \text{ is true}$$

Case 2 $8R^3 + 16R^2r - 387Rr^2 + 6r^3 < 0$ and then, since $T =$

$$(8R^3 + 16R^2r - 387Rr^2 + 6r^3)(s^4 - s^2(4R^2 + 20Rr - 2r^2) + r(4R + r)^3) \stackrel{\text{via } (*)}{\geq} 0$$

$\therefore$ in order to prove (2), it suffices to prove : LHS of (2) $\stackrel{?}{\geq} T$

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$$\Leftrightarrow (8R^4 + 40R^3r + 95R^2r^2 - 1638Rr^3 + 288r^4)s^2 \stackrel{?}{\geq} \sqrt[4]{\frac{13}{4}}$$

$$r(128R^5 + 400R^4r - 6000R^3r^2 - 4603R^2r^3 - 1154Rr^4 - 96r^5)$$

Case (2a) $8R^4 + 40R^3r + 95R^2r^2 - 1638Rr^3 + 288r^4 \geq 0$; then : LHS₍₄₎ $\stackrel{\text{Gerretsen}}{\geq}$

$$(8R^4 + 40R^3r + 95R^2r^2 - 1638Rr^3 + 288r^4)(16Rr - 5r^2) \stackrel{?}{\geq} \text{RHS}_{(4)}$$

$$\Leftrightarrow 25t^4 + 915t^3 - 2760t^2 + 1744t - 168 \stackrel{?}{\geq} 0 \Leftrightarrow$$

$$(t - 2)(25t^3 + 965t^2 - 830t + 84) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow \textcircled{4} \text{ is true}$$

Case (2b) $8R^4 + 40R^3r + 95R^2r^2 - 1638Rr^3 + 288r^4 < 0$; then : LHS₍₄₎ $\stackrel{\text{Gerretsen}}{\geq}$

$$(8R^4 + 40R^3r + 95R^2r^2 - 1638Rr^3 + 288r^4)(4R^2 + 4Rr + 3r^2) \stackrel{?}{\geq} \text{RHS}_{(4)}$$

$$\Leftrightarrow 8t^6 + 16t^5 + 41t^4 - 13t^3 - 128t^2 - 652t + 240 \stackrel{?}{\geq} 0 \Leftrightarrow$$

$$(t - 2)(8t^5 + 32t^4 + 105t^3 + 197t^2 + 266t - 120) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2$$

$$\Rightarrow \textcircled{4} \text{ is true} \therefore \text{combining cases (2a) and (2b), } \textcircled{4} \Rightarrow \textcircled{2} \Rightarrow \textcircled{1} \text{ is true}$$

$$\forall \triangle ABC \text{ and so, } w_a w_b + w_b w_c + w_c w_a \geq \sqrt{3(g_a^2 g_b^2 + g_b^2 g_c^2 + g_c^2 g_a^2)} \forall \triangle ABC,$$

" = " iff $\triangle ABC$ is equilateral (QED)

4206. In $\triangle ABC$ the following relationship holds:

$$\sum_{cyc} \frac{bc}{m_a^2} \leq \frac{2R}{r}$$

Proposed by Kostantinos Geronikolas-Greece

Solution by Mirsadix Muzefferov-Azerbaijan

$$\sum_{cyc} \frac{bc}{m_a^2} \stackrel{\text{Tereshin}}{\geq} \sum_{cyc} \frac{16R^2 bc}{(b^2 + c^2)^2} \stackrel{\text{AM-GM}}{\geq} \sum_{cyc} \frac{16R^2 bc}{4b^2 c^2} = 4R^2 \cdot \sum_{cyc} \frac{1}{bc} = 4R^2 \cdot \frac{a+b+c}{abc} = 4R^2 \cdot \frac{2p}{4prR} = \frac{2R}{r}$$

Equality holds for : $a = b = c$

4207. In $\triangle ABC$ the following relationship holds:

$$\frac{1}{r} \leq \frac{r_a}{h_a^2} + \frac{r_b}{h_b^2} + \frac{r_c}{h_c^2} \leq \frac{27R^3(R-r)}{8r^3 s^2}$$

Proposed by Kostantinos Geronikolas-Greece

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Solution by Mirsadix Muzefferov-Azerbaijan

$$\begin{aligned}
 \sum_{cyc} \frac{r_a}{h_a^2} &= \sum_{cyc} \frac{s \cdot \tan\left(\frac{A}{2}\right)}{\frac{4F^2}{a^2}} = \frac{s}{4F^2} \sum_{cyc} a^2 \tan\left(\frac{A}{2}\right) = \frac{s}{4F^2} \sum_{cyc} a \cdot a \tan\left(\frac{A}{2}\right) = \\
 &= \frac{s}{4F^2} \sum_{cyc} a(r_a - r) = \frac{s}{4F^2} \left(\sum_{cyc} ar_a - \sum_{cyc} ar \right) = \\
 &= \frac{s}{4F^2} (2s(2R - r) - 2sr) = \frac{s}{4F^2} (4sR - 4sr) = \\
 &= \frac{s^2(R - r)}{F^2} \stackrel{\text{Mitrinovic}}{\geq} \frac{\frac{27R^2}{4}(R - r)}{S^2r^2} = \frac{27R^2(R - r)}{4S^2r^2} \stackrel{\text{Euler}}{\geq} \frac{27R^3(R - r)}{8S^2r^3} \quad (RHS) \\
 \frac{r_a}{h_a^2} + \frac{r_b}{h_b^2} + \frac{r_c}{h_c^2} &= \frac{\left(\frac{1}{h_a}\right)^2}{\frac{1}{r_a}} + \frac{\left(\frac{1}{h_b}\right)^2}{\frac{1}{r_b}} + \frac{\left(\frac{1}{h_c}\right)^2}{\frac{1}{r_c}} \stackrel{\text{Bergstrom}}{\geq} \frac{\left(\sum_{cyc} \frac{1}{h_a}\right)^2}{\sum_{cyc} \frac{1}{r_a}} = \frac{\frac{1}{r^2}}{\frac{1}{r}} = \frac{1}{r} \quad (LHS)
 \end{aligned}$$

Equality holds for : $a = b = c$

4208. In $\triangle ABC$ the following relationship holds:

$$\frac{a}{h_b^2} + \frac{b}{h_c^2} + \frac{c}{h_a^2} \geq \frac{4\sqrt{3}}{3R}$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned}
 \frac{a}{h_b^2} + \frac{b}{h_c^2} + \frac{c}{h_a^2} &\stackrel{AM-GM}{\geq} 3 \sqrt[3]{\frac{abc}{(h_a h_b h_c)^2}} = 3 \sqrt[3]{\frac{abc}{\left(\frac{2F}{a} \cdot \frac{2F}{b} \cdot \frac{2F}{c}\right)^2}} = 3 \sqrt[3]{\frac{(abc)^3}{64F^6}} = \\
 &= 3 \cdot \frac{abc}{4F^2} = 3 \cdot \frac{4RF}{4F^2} = \frac{3R}{F} = \frac{3R}{rs} \stackrel{\text{MITRINOVIC}}{\geq} \frac{3R}{r \cdot \frac{3\sqrt{3}}{2}R} = \frac{2}{r\sqrt{3}} \geq \frac{4\sqrt{3}}{3R} \Leftrightarrow \\
 &\Leftrightarrow 6R \geq 12r \Leftrightarrow R \geq 2r \quad (\text{Euler}) \\
 &\text{Equality holds for } a = b = c.
 \end{aligned}$$

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4209. In $\triangle ABC$ the following relationship holds:

$$\frac{a}{h_b^3} + \frac{b}{h_c^3} + \frac{c}{h_a^3} \geq \frac{8\sqrt{3}}{9R^2}$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned} \frac{a}{h_b^3} + \frac{b}{h_c^3} + \frac{c}{h_a^3} &\stackrel{AM-GM}{\geq} 3 \sqrt[3]{\frac{abc}{(h_a h_b h_c)^3}} = \frac{3}{h_a h_b h_c} \cdot \sqrt[3]{4Rrs} \stackrel{EULER}{\geq} \frac{3}{\frac{2F}{a} \cdot \frac{2F}{b} \cdot \frac{2F}{c}} \sqrt[3]{8r^2 s} \geq \\ &\stackrel{MITRINOVIC}{\geq} \frac{3abc}{8F^3} \cdot 2 \sqrt[3]{r^2 \cdot 3\sqrt{3}r} = \frac{3abc}{4F^3} \cdot \sqrt{3} \cdot r = \frac{3\sqrt{3} \cdot 4Rr}{4F^3} = \frac{3\sqrt{3}Rr}{F^2} = \\ &= \frac{3\sqrt{3}Rr}{r^2 s^2} = \frac{3\sqrt{3}R}{rs^2} \geq \frac{8\sqrt{3}}{9R^2} \Leftrightarrow 27\sqrt{3}R^3 \geq 8\sqrt{3}rs^2 \\ &27R^3 \geq 8rs^2 \end{aligned}$$

$$27R^3 = 27R^2 \cdot 2r \geq 8rs^2 \Leftrightarrow 27R^2 \geq 4s^2 \Leftrightarrow s^2 \leq \frac{27R^2}{4} \Leftrightarrow s \leq \frac{3\sqrt{3}}{2}R \quad (\text{MITRINOVIC})$$

Equality holds for $a = b = c$.

4210. In $\triangle ABC$ the following relationship holds:

$$192\sqrt{3}r^3 \leq (a+b)(b+c)(c+a) \leq 24\sqrt{3}R^3$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

We will use the known result:

$$(a+b)(b+c)(c+a) = 2s(s^2 + r^2 + 2Rr)$$

We must prove that:

$$\begin{aligned} 192\sqrt{3}r^3 &\leq 2s(s^2 + r^2 + 2Rr) \leq 24\sqrt{3}R^3 \\ 2s(s^2 + r^2 + 2Rr) &\stackrel{MITRINOVIC-GERRETSEN}{\leq} 2 \cdot \frac{3\sqrt{3}R}{2} (4R^2 + 4Rr + 3r^2 + r^2 + 2Rr) = \\ &= 3\sqrt{3}R(4R^2 + 6Rr + 4r^2) \leq 3\sqrt{3}R \left(4R^2 + 6R \cdot \frac{R}{2} + 4 \cdot \frac{R^2}{4} \right) = \\ &= 3\sqrt{3}R(4R^2 + 4R^2) = 24\sqrt{3}R^3 \end{aligned}$$

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$$2s(s^2 + r^2 + 2Rr) \stackrel{\text{MITRINOVIC-EULER}}{\geq} 2 \cdot 3\sqrt{3}r(27r^2 + r^2 + 2 \cdot 2r \cdot r) = \\ = 6\sqrt{3}r(28r^2 + 4r^2) = 6\sqrt{3}r \cdot 32r^2 = 192\sqrt{3}r^3$$

Equality holds for $a = b = c$.

4211. In $\triangle ABC$ the following relationship holds:

$$\frac{a}{r_a \cos^2 \frac{A}{2}} + \frac{b}{r_b \cos^2 \frac{B}{2}} + \frac{c}{r_c \cos^2 \frac{C}{2}} \geq \frac{8\sqrt{3}}{3}$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\frac{a}{r_a \cos^2 \frac{A}{2}} + \frac{b}{r_b \cos^2 \frac{B}{2}} + \frac{c}{r_c \cos^2 \frac{C}{2}} = \sum_{cyc} \frac{a}{r_a \cos^2 \frac{A}{2}} = \\ = \sum_{cyc} \frac{a}{\frac{F}{s-a} \cdot \frac{s(s-a)}{bc}} = \sum_{cyc} \frac{abc}{Fs} = \frac{3abc}{Fs} = \frac{3 \cdot 4RF}{Fs} = \frac{12R}{s} \geq \frac{12 \cdot \frac{2}{3\sqrt{3}}s}{s} = \frac{8}{\sqrt{3}} = \frac{8\sqrt{3}}{3}$$

Equality holds for $a = b = c$.

4212. In $\triangle ABC$ the following relationship holds:

$$(h_a)^{\cos(B)+\cos(C)} \cdot (h_b)^{\cos(A)+\cos(C)} \cdot (h_c)^{\cos(B)+\cos(A)} \leq \left(\frac{3R}{2}\right)^3$$

Proposed by Nguyen Hung Cuong-Vietnam

Solution by Mirsadix Muzefferov-Azerbaijan

$$\begin{aligned} & \text{In } \triangle ABC \text{ wlog : } a \leq b \leq c, \quad h_a \geq h_b \geq h_c \\ & \rightarrow \begin{cases} \cos(A) + \cos(B) \geq \cos(A) + \cos(C) \geq \cos(C) + \cos(B) \\ \cos(A) \geq \cos(B) \geq \cos(C) \end{cases} \\ & (h_a)^{\cos(B)+\cos(C)} \cdot (h_b)^{\cos(A)+\cos(C)} \cdot (h_c)^{\cos(B)+\cos(A)} \stackrel{\text{Weighted AM-GM}}{\leq} \\ & \left(\frac{h_a(\cos(B) + \cos(C)) + h_b(\cos(A) + \cos(C)) + h_c(\cos(B) + \cos(A))}{2(\cos(A) + \cos(B) + \cos(C))} \right)^{2 \sum \cos(A)} \stackrel{\text{Chebyshev}}{\leq} \\ & \leq \left(\frac{\frac{1}{3}(h_a + h_b + h_c)(2(\cos(A) + \cos(B) + \cos(C)))}{2(\cos(A) + \cos(B) + \cos(C))} \right)^{2 \sum \cos(A)} = \end{aligned}$$

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$$= \left(\frac{1}{3} (h_a + h_b + h_c) \right)^{2 \sum \cos(A)} \leq \left(\frac{1}{3} \cdot \frac{9R}{2} \right)^{2 \sum \cos(A)} \stackrel{Jensen}{\leq} \left(\frac{3R}{2} \right)^3$$

Equality holds if $a = b = c$

4213. In any ΔABC and $\forall m, n \geq 1$, the following relationship holds :

$$\sum_{cyc} \frac{a^n + b^n}{h_c^m} \leq \sum_{cyc} \frac{a^n + b^n}{r_c^m}$$

Proposed by Prashanna Khanal, Jenish Rijal-Nepal

Solution by Soumava Chakraborty-Kolkata-India

WLOG we may assume $a \geq b \geq c$ and then : $b^n + c^n \leq c^n + a^n \leq a^n + b^n$

($\because n \geq 1 > 0$) and $\frac{1}{h_a^m} \geq \frac{1}{h_b^m} \geq \frac{1}{h_c^m}$ ($\because m \geq 1 > 0$) and also, $\frac{1}{r_a^m} \leq \frac{1}{r_b^m} \leq \frac{1}{r_c^m}$

$\left(\because \frac{1}{r_a} = \frac{1}{s \tan \frac{A}{2}} \leq \frac{1}{r_b} = \frac{1}{s \tan \frac{B}{2}} \leq \frac{1}{r_c} = \frac{1}{s \tan \frac{C}{2}} \text{ and } \because m \geq 1 > 0 \right)$ and so,

$$\sum_{cyc} \frac{b^n + c^n}{h_a^m} \stackrel{\text{Chebyshev}}{\leq} \frac{1}{3} \left(\sum_{cyc} (b^n + c^n) \right) \left(\sum_{cyc} \frac{1}{h_a^m} \right) \rightarrow \textcircled{1} \text{ and also,}$$

$$\sum_{cyc} \frac{b^n + c^n}{r_a^m} \stackrel{\text{Chebyshev}}{\geq} \frac{1}{3} \left(\sum_{cyc} (b^n + c^n) \right) \left(\sum_{cyc} \frac{1}{r_a^m} \right) \rightarrow \textcircled{2}$$

$\therefore \textcircled{1} \text{ and } \textcircled{2} \Rightarrow$ it suffices to prove : $\sum_{cyc} \frac{1}{h_a^m} \stackrel{?}{\leq} \sum_{cyc} \frac{1}{r_a^m} \Leftrightarrow 2^m \cdot \sum_{cyc} (s-a)^m \stackrel{?}{\geq} \sum_{cyc} a^m$

$$\Leftrightarrow 2^m \cdot \sum_{cyc} x^m \stackrel{?}{\geq} \sum_{cyc} (y+z)^m$$

($x = s-a, y = s-b, z = s-c$ and then : $a = y+z, b = z+x, c = x+y$)

We note that : for $m = 1$, LHS of (*) = $2 \sum_{cyc} x$ and RHS of (*) =

$$\sum_{cyc} (y+z) = 2 \sum_{cyc} x = \text{LHS of (*) and when : } m > 1, \text{ we have :}$$

via Holder's Inequality, $y^m + z^m \geq \frac{1}{2^{m-1}} \cdot (y+z)^m$ and analogs

$$\Rightarrow \sum_{cyc} (y^m + z^m) \geq \frac{1}{2^{m-1}} \cdot \sum_{cyc} (y+z)^m \Rightarrow 2^m \cdot \sum_{cyc} x^m \geq \sum_{cyc} (y+z)^m$$

$\Rightarrow (*)$ is true and so, $\sum_{cyc} \frac{a^n + b^n}{h_c^m} \leq \sum_{cyc} \frac{a^n + b^n}{r_c^m} \forall \Delta ABC \text{ and } \forall m, n \geq 1,$

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" = " iff ΔABC is equilateral (QED)

4214. In ΔABC the following relationship holds:

$$\frac{3r^2}{2R^2} \leq \sum_{cyc} \frac{rr_a}{b^2 + c^2} \leq \frac{2R - r}{8r}$$

Proposed by Kostantinos Geronikolas-Greece

Solution by Mirsadix Muzefferov-Azerbaijan

$$\begin{aligned} \sum_{cyc} \frac{rr_a}{b^2 + c^2} &\stackrel{AM-GM}{\lesssim} \sum_{cyc} \frac{rr_a}{2bc} = \frac{r}{2} \sum_{cyc} \frac{r_a}{bc} = \\ &= \frac{r}{2} \left(\frac{ar_a + br_b + cr_c}{abc} \right) = \frac{r \cdot 2p(2R - r)}{2 \cdot 4pr \cdot R} = \frac{2R - r}{4R} \stackrel{Euler}{\lesssim} \frac{2R - r}{8r} \quad (RHS) \\ \sum_{cyc} \frac{rr_a}{b^2 + c^2} &= r \sum_{cyc} \frac{r_a}{b^2 + c^2} \\ &\quad a \leq b \leq c \rightarrow r_a \leq r_b \leq r_c \\ \text{In } \Delta ABC \text{ wlog : } &\begin{cases} b^2 + c^2 \geq a^2 + c^2 \geq b^2 + a^2 \rightarrow \frac{1}{b^2 + c^2} \leq \frac{1}{a^2 + c^2} \leq \frac{1}{b^2 + a^2} \end{cases} \\ \sum_{cyc} \frac{r_a}{b^2 + c^2} &\stackrel{Chebyshev}{\lesssim} \frac{1}{3} \sum_{cyc} r_a \cdot \sum_{cyc} \frac{1}{b^2 + c^2} = \frac{1}{3} (4R + r) \cdot \sum_{cyc} \frac{1^2}{b^2 + c^2} \stackrel{Bergstrom}{\lesssim} \\ &\geq \frac{4R + r}{3} \cdot \frac{(1 + 1 + 1)^2}{2(b^2 + c^2 + a^2)} = \frac{4R + r}{3} \cdot \frac{9}{2(b^2 + c^2 + a^2)} \stackrel{Euler}{\lesssim} \frac{9r}{3} \cdot \frac{9}{2 \cdot 9R^2} = \frac{3r}{2R^2} \\ \sum_{cyc} \frac{rr_a}{b^2 + c^2} &\geq \frac{3r^2}{2R^2} \quad (LHS) \\ \text{Equality holds for : } &a = b = c \end{aligned}$$

4215. In any ΔABC the following relationship holds :

$$\sum_{cyc} \frac{m_b - m_c}{(m_a + m_b)(2 \sin^2 A + 2 \sin^2 B - \sin^2 C)} \geq 0$$

Proposed by Neculai Stanciu-Romania

Solution by Soumava Chakraborty-Kolkata-India

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$$\left(\sum_{\text{cyc}} \frac{x}{y}\right)^2 \stackrel{?}{\geq} \frac{1}{xyz} \left(3xyz + \sum_{\text{cyc}} (xy(x+y))\right) = 3 + \sum_{\text{cyc}} \frac{x+y}{z}$$

$$= 3 + \sum_{\text{cyc}} \frac{y}{x} + \sum_{\text{cyc}} \frac{x}{y} \Leftrightarrow \sum_{\text{cyc}} \frac{x^2}{y^2} + \sum_{\text{cyc}} \frac{y}{x} \stackrel{?}{\geq} 3 + \sum_{\text{cyc}} \frac{x}{y} \quad (1)$$

Now, $\sum_{\text{cyc}} \frac{x^2}{y^2} \geq \frac{1}{3} \left(\sum_{\text{cyc}} \frac{x}{y}\right)^2 \stackrel{\text{AM-GM}}{\geq} \frac{1}{3} \cdot 3 \cdot \sum_{\text{cyc}} \frac{x}{y} \Rightarrow \sum_{\text{cyc}} \frac{x^2}{y^2} \geq \sum_{\text{cyc}} \frac{x}{y}$ and $\therefore \sum_{\text{cyc}} \frac{y}{x} \stackrel{\text{AM-GM}}{\geq} 3$

$\therefore \sum_{\text{cyc}} \frac{x^2}{y^2} + \sum_{\text{cyc}} \frac{y}{x} \geq \sum_{\text{cyc}} \frac{x}{y} + 3 \Rightarrow (1) \text{ is true}$

$\therefore \left(\sum_{\text{cyc}} \frac{x}{y}\right)^2 \geq \frac{1}{xyz} \left(3xyz + \sum_{\text{cyc}} (xy(x+y))\right) = \frac{1}{xyz} \left(\sum_{\text{cyc}} x\right) \left(\sum_{\text{cyc}} xy\right)$ and with

$x \equiv a, y \equiv b, z \equiv c$, we get : $\left(\sum_{\text{cyc}} \frac{a}{b}\right)^2 \geq \frac{1}{abc} \cdot \left(\sum_{\text{cyc}} a\right) \left(\sum_{\text{cyc}} ab\right) \rightarrow (m) \text{ and now,}$

we seek to prove : $\sum_{\text{cyc}} \frac{b-c}{c^2(a+b)} \stackrel{?}{\geq} 0 \Leftrightarrow \sum_{\text{cyc}} \frac{(a^2b^4 - a^2b^2c^2)(c+a)}{a^2b^2c^2(a+b)(b+c)(c+a)} \stackrel{?}{\geq} 0$

$\Leftrightarrow abc \cdot \sum_{\text{cyc}} ab^3 + \sum_{\text{cyc}} a^3b^4 \stackrel{?}{\geq} 2a^2b^2c^2 \cdot \left(\sum_{\text{cyc}} a\right) \quad (*)$

Now, $\sum_{\text{cyc}} a^3b^4 = a^2b^2c^2 \cdot \sum_{\text{cyc}} \frac{ab^2}{c^2} = a^2b^2c^2 \cdot \sum_{\text{cyc}} \frac{\left(\frac{b}{c}\right)^2}{\frac{1}{a}} \stackrel{\text{Bergstrom}}{\geq} a^2b^2c^2 \cdot \frac{abc \cdot \left(\sum_{\text{cyc}} \frac{a}{b}\right)^2}{\sum_{\text{cyc}} ab}$

$\stackrel{\text{via (m)}}{\geq} a^2b^2c^2 \cdot \frac{abc \cdot \frac{1}{abc} \cdot \left(\sum_{\text{cyc}} a\right) \left(\sum_{\text{cyc}} ab\right)}{\sum_{\text{cyc}} ab} \therefore \sum_{\text{cyc}} a^3b^4 \geq a^2b^2c^2 \cdot \left(\sum_{\text{cyc}} a\right) \rightarrow (i)$

and again, $abc \cdot \sum_{\text{cyc}} ab^3 = a^2b^2c^2 \cdot \sum_{\text{cyc}} \frac{b^2}{c} \stackrel{\text{Bergstrom}}{\geq} a^2b^2c^2 \cdot \frac{\left(\sum_{\text{cyc}} a\right)^2}{\sum_{\text{cyc}} a}$

$\therefore abc \cdot \sum_{\text{cyc}} ab^3 \geq a^2b^2c^2 \cdot \left(\sum_{\text{cyc}} a\right) \rightarrow (ii) \text{ and so, (i) + (ii)} \Rightarrow (*) \text{ is true}$

$\therefore \sum_{\text{cyc}} \frac{b-c}{c^2(a+b)} \geq 0$ & implementing it on a triangle with sides $\frac{2m_a}{3}, \frac{2m_b}{3}, \frac{2m_c}{3}$,

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we arrive at :
$$\sum_{\text{cyc}} \frac{\frac{2}{3} \cdot (m_b - m_c)}{\frac{2}{27} \cdot (4m_c^2)(m_a + m_b)} \geq 0 \Rightarrow \sum_{\text{cyc}} \frac{m_b - m_c}{(m_a + m_b)(2a^2 + 2b^2 - c^2)} \geq 0$$

$$\Rightarrow \sum_{\text{cyc}} \frac{m_b - m_c}{(m_a + m_b)(4R^2(2\sin^2 A + 2\sin^2 B - \sin^2 C))} \text{ and so,}$$

$$\sum_{\text{cyc}} \frac{m_b - m_c}{(m_a + m_b)(2\sin^2 A + 2\sin^2 B - \sin^2 C)} \geq 0 \forall ABC,$$

" = " iff ΔABC is equilateral (QED)

4216. In any ΔABC the following relationship holds :

$$\sum_{\text{cyc}} \sin \frac{A}{2} \leq \sqrt{2 + \frac{R}{8r}}$$

Proposed by Neculai Stanciu-Romania

Solution 1 by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \left(\sum_{\text{cyc}} \sin \frac{A}{2} \right)^2 &= \sum_{\text{cyc}} \sin^2 \frac{A}{2} + 2 \sum_{\text{cyc}} \left(\sin \frac{B}{2} \sin \frac{C}{2} \right) \\ &= \frac{2R - r}{2R} + \left(2 \sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2} \right) \left(\sum_{\text{cyc}} \operatorname{cosec} \frac{A}{2} \right) \\ &= \frac{2R - r}{2R} + \frac{r}{2R} \cdot \sum_{\text{cyc}} \sqrt{\frac{bc(s-a)}{r^2 s}} \stackrel{\text{CBS}}{\leq} \frac{2R - r}{2R} + \frac{1}{2R \cdot \sqrt{s}} \cdot \sqrt{\sum_{\text{cyc}} ab} \cdot \sqrt{\sum_{\text{cyc}} (s-a)} \\ &= \frac{2R - r}{2R} + \frac{1}{2R \cdot \sqrt{s}} \cdot \sqrt{s^2 + 4Rr + r^2} \cdot \sqrt{s} \stackrel{\text{Gerretsen}}{\leq} \frac{2R - r}{2R} + \frac{1}{2R} \cdot \sqrt{4R^2 + 8Rr + 4r^2} \\ &= \frac{2R - r}{2R} + \frac{2R + 2r}{2R} = \frac{4R + r}{2R} \stackrel{?}{\leq} 2 + \frac{R}{8r} \Leftrightarrow R(R + 16r) \stackrel{?}{\geq} 4r(4R + r) \Leftrightarrow R^2 \stackrel{?}{\geq} 4r^2 \\ &\rightarrow \text{true via Euler} \therefore \sum_{\text{cyc}} \sin \frac{A}{2} \leq \sqrt{2 + \frac{R}{8r}} \forall ABC, \\ &\text{" = " iff } \Delta ABC \text{ is equilateral (QED)} \end{aligned}$$

Solution 2 by Adgozel Adgozalov-Azerbaijan

In any triangle ABC , the following identity for half-angles is well-known:

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$$\sum \sin \frac{A}{2} = 1 + 4 \sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2} = 1 + \frac{r}{R}$$

cyc

Therefore, the inequality is equivalent to:

$$\left(1 + \frac{r}{R}\right)^2 \leq 2 + \frac{R}{8r}$$

Let $x = \frac{R}{r}$. By Euler's inequality, $x \geq 2$. Substituting x gives:

$$\left(1 + \frac{1}{x}\right)^2 \leq 2 + \frac{x}{8}$$

$$1 + \frac{2}{x} + \frac{1}{x^2} \leq 2 + \frac{x}{8} \iff \frac{x}{8} + 1 - \frac{2}{x} - \frac{1}{x^2} \geq 0$$

Multiplying by $8x^2 > 0$:

$$x^3 + 8x^2 - 16x - 8 \geq 0$$

Factoring the polynomial:

$$(x-2)(x^2 + 10x + 4) \geq 0$$

Since $x = \frac{R}{r} \geq 2$ we have $x-2 \geq 0$ and $x^2+10x+4 > 0$, so the inequality holds directly.

Equality holds if and only if $x = 2 \iff R = 2r$, which corresponds to an equilateral triangle.

4217. In any acute $\triangle ABC$ the following relationship holds :

$$\frac{a \tan A}{r_a} + \frac{b \tan B}{r_b} + \frac{c \tan C}{r_c} \geq 6$$

Proposed by Nguyen Hung Cuong-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

For an acute $\triangle ABC$, $\sum_{\text{cyc}} \tan A \stackrel{\text{Jensen}}{\geq} 3\sqrt{3} \Rightarrow \prod_{\text{cyc}} \tan A \geq 3\sqrt{3}$

$$\therefore \text{LHS} \stackrel{\text{AM-GM}}{\geq} 3 \cdot \sqrt[3]{\frac{4Rrs \cdot 3\sqrt{3}}{rs^2}} \stackrel{\text{Mitrinovic}}{\geq} 3 \cdot \sqrt[3]{4 \cdot \frac{2}{3\sqrt{3}} \cdot 3\sqrt{3}} = 6 \quad \forall \text{ acute } ABC,$$

" = " iff $\triangle ABC$ is equilateral (QED)

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4218.

In any ΔABC the following relationship holds :

$$\frac{a \cot \frac{A}{2}}{r_a} + \frac{b \cot \frac{B}{2}}{r_b} + \frac{c \cot \frac{C}{2}}{r_c} \geq 6$$

Proposed by Nguyen Hung Cuong-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \text{LHS} &\stackrel{\text{AM-GM}}{\geq} 3 \cdot \sqrt[3]{\frac{4Rrs \cdot s^3}{(r_a r_b r_c)^2}} = 3 \cdot \sqrt[3]{\frac{4Rrs^4}{r^2 s^4}} \stackrel{\text{Euler}}{\geq} 3 \cdot \sqrt[3]{\frac{8r}{r}} = 6 \quad \forall \Delta ABC, \\ &'' = '' \text{ iff } \Delta ABC \text{ is equilateral (QED)} \end{aligned}$$

4219. **Prove that in any ΔABC holds:**

$$\sin^6 \frac{A}{2} + \sin^6 \frac{B}{2} + \sin^6 \frac{C}{2} \geq \frac{3}{64}$$

Proposed by Nguyen Hung Cuong-Vietnam

Solution by Adgozel Adgozelov – Azerbaijan

Let A, B, C be the internal angles of ΔABC . Using the fundamental trigonometric identity:

$$\sum \sin^2 \frac{A}{2} = 1 - 2 \prod \sin \frac{A}{2}$$

By Euler's Inequality ($R \geq 2r$):

$$\prod \sin \frac{A}{2} = \frac{r}{4R} \stackrel{\text{Euler}}{\leq} \frac{1}{8}$$

Therefore:

$$\sum \sin^2 \frac{A}{2} = 1 - 2 \prod \sin \frac{A}{2} \stackrel{\text{Euler}}{\geq} 1 - 2 \left(\frac{1}{8} \right) = \frac{3}{4}$$

Now, applying the Power Mean Inequality:

$$\sum_{cyc} \sin^6 \frac{A}{2} \geq 3 \cdot \left(\frac{\sum_{cyc} \sin^2 \frac{A}{2}}{3} \right)^3 \geq 3 \cdot \frac{1}{27} \cdot \left(\frac{3}{4} \right)^3 = \frac{3}{64}$$

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Equality holds if and only if $A = B = C = 60^\circ$ ($\triangle ABC$ is equilateral).

4220. In $\triangle ABC$ the following relationship holds:

$$\frac{a}{r_b^2} + \frac{b}{r_c^2} + \frac{c}{r_a^2} \geq \frac{4\sqrt{3}}{3R}$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned} \frac{a}{r_b^2} + \frac{b}{r_c^2} + \frac{c}{r_a^2} &\geq 3 \sqrt[3]{\frac{abc}{(r_a r_b r_c)^2}} = 3 \sqrt[3]{\frac{abc}{\left(\frac{F}{s-a} \cdot \frac{F}{s-b} \cdot \frac{F}{s-c}\right)^2}} = 3 \sqrt[3]{\frac{abc}{\left(\frac{F^3 s}{F^2}\right)^2}} = \\ &= 3 \sqrt[3]{\frac{4RF}{(Fs)^2}} = 3 \sqrt[3]{\frac{4RF}{F^2 s^2}} = 3 \sqrt[3]{\frac{4R}{Fs^2}} = 3 \sqrt[3]{\frac{4R}{rs^3}} = \frac{3}{s} \sqrt[3]{\frac{4R}{r}} \stackrel{\text{EULER}}{\geq} \frac{3}{s} \sqrt[3]{\frac{8r}{r}} = \\ &= \frac{3}{s} \cdot \sqrt[3]{8} \stackrel{\text{MITRINOVIC}}{\geq} \frac{3}{\frac{3\sqrt{3}R}{2}} \cdot 2 = \frac{4}{\sqrt{3}R} = \frac{4\sqrt{3}}{3R} \end{aligned}$$

Equality holds for $a = b = c$.

4221. In $\triangle ABC$ the following relationship holds:

$$\frac{a^2}{w_b w_c} + \frac{b^2}{w_c w_a} + \frac{c^2}{w_a w_b} \geq 4$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned} \frac{a^2}{w_b w_c} + \frac{b^2}{w_c w_a} + \frac{c^2}{w_a w_b} &\geq 3 \sqrt[3]{\left(\frac{abc}{w_a w_b w_c}\right)^2} \geq 3 \sqrt[3]{\left(\frac{abc}{\sqrt{s(s-a)} \cdot \sqrt{s(s-b)} \cdot \sqrt{s(s-c)}}\right)^2} = \\ &= 3 \sqrt[3]{\left(\frac{abc}{sF}\right)^2} = 3 \sqrt[3]{\left(\frac{4RF}{sF}\right)^2} = 3 \sqrt[3]{\left(\frac{4R}{s}\right)^2} \stackrel{\text{MITRINOVIC}}{\geq} 3 \sqrt[3]{\left(\frac{4R}{\frac{3\sqrt{3}}{2}R}\right)^2} = 3 \sqrt[3]{\left(\frac{8}{3\sqrt{3}}\right)^2} = \\ &= 3 \sqrt[3]{\frac{64}{27}} = 3 \cdot \frac{4}{3} = 4. \text{ Equality holds for } a = b = c. \end{aligned}$$

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4222. In $\triangle ABC$ the following relationship holds:

$$\frac{a^2}{r_a r_b} + \frac{b^2}{r_b r_c} + \frac{c^2}{r_c r_a} \geq 4$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned} \frac{a^2}{r_a r_b} + \frac{b^2}{r_b r_c} + \frac{c^2}{r_c r_a} &\geq 3 \sqrt[3]{\left(\frac{abc}{r_a r_b r_c}\right)^2} = 3 \sqrt[3]{\left(\frac{4RF}{\frac{F}{s-a} \cdot \frac{F}{s-b} \cdot \frac{F}{s-c}}\right)^2} = \\ &= 3 \sqrt[3]{\left(\frac{4RF}{\frac{F^3 \cdot s}{s(s-a)(s-b)(s-c)}}\right)^2} = 3 \sqrt[3]{\left(\frac{4RF \cdot F^2}{F^3 s}\right)^2} = 3 \sqrt[3]{\left(\frac{4R}{s}\right)^2} \stackrel{\text{MITRINOVIC}}{\geq} \\ &\geq 3 \sqrt[3]{\left(\frac{4 \cdot \frac{2}{3\sqrt{3}} s}{s}\right)^2} = 3 \sqrt[3]{\left(\frac{8}{3\sqrt{3}}\right)^2} = 3 \sqrt[3]{\frac{64}{27}} = 3 \cdot \frac{4}{3} = 4 \end{aligned}$$

Equality holds for $a = b = c$.

4223. In $\triangle ABC$ the following relationship holds:

$$\frac{r_a^2}{h_b h_c} + \frac{r_b^2}{h_c h_a} + \frac{r_c^2}{h_a h_b} \geq 3$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\frac{r_a^2}{h_b h_c} + \frac{r_b^2}{h_c h_a} + \frac{r_c^2}{h_a h_b} \geq 3 \sqrt[3]{\left(\frac{r_a r_b r_c}{h_a h_b h_c}\right)^2} = 3 \sqrt[3]{\left(\frac{\frac{F}{s-a} \cdot \frac{F}{s-b} \cdot \frac{F}{s-c}}{\frac{2F}{a} \cdot \frac{2F}{b} \cdot \frac{2F}{c}}\right)^2} =$$

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$$\begin{aligned}
 &= \frac{3}{4} \sqrt[3]{\left(\frac{abc}{(s-a)(s-b)(s-c)}\right)^2} = \frac{3}{4} \sqrt[3]{\left(\frac{abcs}{s(s-a)(s-b)(s-c)}\right)^2} = \frac{3}{4} \sqrt[3]{\left(\frac{4RFs}{F^2}\right)^2} = \\
 &= \frac{3}{4} \sqrt[3]{\left(\frac{4Rs}{rs}\right)^2} = \frac{3}{4} \sqrt[3]{\left(\frac{4R}{r}\right)^2} \stackrel{EULER}{\geq} \frac{3}{4} \sqrt[3]{\left(\frac{8r}{r}\right)^2} = \frac{3}{4} \sqrt[3]{64} = \frac{3}{4} \cdot 4 = 3
 \end{aligned}$$

Equality holds for $a = b = c$.

4224. In $\triangle ABC$ the following relationship holds:

$$\frac{a}{w_b} + \frac{b}{w_c} + \frac{c}{w_a} \geq 2\sqrt{3}$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned}
 \frac{a}{w_b} + \frac{b}{w_c} + \frac{c}{w_a} &\stackrel{AM-GM}{\geq} 3 \cdot \sqrt[3]{\frac{abc}{w_a w_b w_c}} \geq 3 \sqrt[3]{\frac{4RF}{\sqrt{s(s-a)} \cdot \sqrt{s(s-b)} \cdot \sqrt{s(s-c)}}} = \\
 &= 3 \sqrt[3]{\frac{4RF}{s \cdot F}} = 3 \sqrt[3]{\frac{4R}{s}} \stackrel{MITRINOVIC}{\geq} 3 \sqrt[3]{\frac{4 \cdot \frac{2}{3\sqrt{3}} s}{s}} = 3 \sqrt[3]{\frac{8}{3\sqrt{3}}} = 3 \sqrt[3]{\left(\frac{2}{\sqrt{3}}\right)^2} = \\
 &= 3 \cdot \frac{2}{\sqrt{3}} = \frac{6}{\sqrt{3}} = \frac{6\sqrt{3}}{3} = 2\sqrt{3}
 \end{aligned}$$

Equality holds for $a = b = c$.

4225. In $\triangle ABC$ the following relationship holds:

$$\frac{a}{h_a \sin^2 \frac{A}{2}} + \frac{b}{h_b \sin^2 \frac{B}{2}} + \frac{c}{h_c \sin^2 \frac{C}{2}} \geq 8\sqrt{3}$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\frac{a}{h_a \sin^2 \frac{A}{2}} + \frac{b}{h_b \sin^2 \frac{B}{2}} + \frac{c}{h_c \sin^2 \frac{C}{2}} = \sum_{cyc} \frac{a}{h_a \cdot \sin^2 \frac{A}{2}} = \sum_{cyc} \frac{a}{\frac{2F}{a} \cdot \frac{(s-b)(s-c)}{bc}} =$$

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$$\begin{aligned}
 &= \frac{abc}{2F} \sum_{cyc} \frac{a}{(s-b)(s-c)} = \frac{4RF}{2F} \cdot \frac{1}{(s-a)(s-b)(s-c)} \sum_{cyc} a(s-a) = \\
 &= \frac{2Rs}{s(s-a)(s-b)(s-c)} \cdot 2r(4R+r) \stackrel{EULER}{\geq} \frac{2Rs}{F^2} \cdot 2r(8r+r) = \frac{4Rrs \cdot 9r}{F \cdot rs} = \\
 &= \frac{36Rr}{F} = \frac{36Rr}{rs} = \frac{36R}{s} \stackrel{MITRINOVIC}{\geq} \frac{36R}{\frac{3\sqrt{3}}{2}R} = \frac{72}{3\sqrt{3}} = \frac{24}{\sqrt{3}} = \frac{24\sqrt{3}}{3} = 8\sqrt{3}
 \end{aligned}$$

Equality holds for $a = b = c$.

4226. In $\triangle ABC$ the following relationship holds:

$$\frac{a}{h_a \sin^2 A} + \frac{b}{h_b \sin^2 B} + \frac{c}{h_c \sin^2 C} \geq \frac{8\sqrt{3}}{3}$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned}
 \frac{a}{h_a \sin^2 A} + \frac{b}{h_b \sin^2 B} + \frac{c}{h_c \sin^2 C} &= \sum_{cyc} \frac{a}{h_a \sin^2 A} = \sum_{cyc} \frac{a}{\frac{2F}{a} \cdot \left(\frac{a}{2R}\right)^2} = \sum_{cyc} \frac{a \cdot 4R^2}{2F \cdot a} = \\
 &= \frac{4R^2}{2F} \cdot 3 = \frac{12R^2}{2F} = \frac{6R^2}{rs} \stackrel{EULER}{\geq} \frac{6R \cdot 2r}{rs} = \frac{12R}{s} \stackrel{MITRINOVIC}{\geq} \frac{12R}{\frac{3\sqrt{3}R}{2}} = \frac{24}{3\sqrt{3}} = \frac{8}{\sqrt{3}} = \frac{8\sqrt{3}}{3}
 \end{aligned}$$

Equality holds for $a = b = c$.

4227. In any $\triangle ABC$ the following relationship holds :

$$\sin \frac{3A}{2} + \sin \frac{3B}{2} \leq 2 \cos \frac{A-B}{2}$$

Proposed by Nguyen Hung Cuong-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned}
 \sin \frac{3A}{2} + \sin \frac{3B}{2} &= 2 \sin \frac{3A+3B}{4} \cos \frac{3A-3B}{4} \leq 2 \cos \frac{3A-3B}{4} \\
 \left(\because 0 < \sin \frac{3A+3B}{4} \leq 1 \text{ as } 0 < \frac{3A+3B}{4} < \frac{3\pi}{4} \right) &\stackrel{?}{\leq} 2 \cos \frac{A-B}{2} = 2 \cos^2 \frac{A-B}{4} - 1 \\
 &\Leftrightarrow 4 \cos^3 \theta - 3 \cos \theta \stackrel{?}{\leq} 2 \cos^2 \theta - 1 \left(\theta = \frac{A-B}{4} \right)
 \end{aligned}$$

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$$\begin{aligned} \Leftrightarrow (t-1)(2t^2-1+2t^2+2t) &\stackrel{?}{\leq} 0 \quad (t = \cos \theta) \rightarrow \text{true} \because -\frac{\pi}{4} < \theta = \frac{A-B}{4} < \frac{\pi}{4} \\ \Rightarrow \frac{1}{\sqrt{2}} < t \leq 1 &\Rightarrow 2t^2-1 > 0 \therefore \sin \frac{3A}{2} + \sin \frac{3B}{2} \leq 2 \cos \frac{A-B}{2} \quad \forall \Delta ABC, \\ " = " \text{ iff } \cos \frac{A-B}{4} &= 1 \wedge \sin \frac{3A+3B}{4} = 1 \Rightarrow \text{iff } A = B \text{ and subsequently iff} \\ \sin \frac{3A}{2} = 1 \text{ and } \therefore 0 < \frac{3A}{2} &< \frac{3\pi}{2} \therefore \sin \frac{3A}{2} = 1 \text{ iff } \frac{3A}{2} = \frac{\pi}{2} \Rightarrow \text{iff } A = \frac{\pi}{3} \text{ and so,} \\ \text{in conclusion, " = " iff } A = B &= \frac{\pi}{3} \text{ (QED)} \end{aligned}$$

4228. In any acute ΔABC with $\tan A + \tan C = 2 \tan B$

the following relationship holds : $\cos A + \cos C \leq \frac{3\sqrt{2}}{4}$

Proposed by Nguyen Hung Cuong-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \tan A + \tan C = 2 \tan B &\Rightarrow \frac{\sin A}{\cos A} + \frac{\sin C}{\cos C} = 2 \tan B \Rightarrow \frac{\sin(A+C)}{\cos A \cos C} = 2 \tan B \\ \Rightarrow \frac{\sin B}{\cos A \cos C} &= \frac{2 \sin B}{\cos B} \Rightarrow 2 \cos A \cos C = \cos B \Rightarrow -\cos B + \cos(A-C) = \cos B \\ \Rightarrow 2 \cos^2 \frac{A-C}{2} &= 1 + 2 \cos B \text{ and so, } (\cos A + \cos C)^2 = \left(2 \sin^2 \frac{B}{2}\right) (1 + 2 \cos B) \\ = (1 - \cos B)(1 + 2 \cos B) &= \frac{9}{8} - \left(\frac{1}{8} - \cos B + 2 \cos^2 B\right) = \frac{9}{8} - \frac{(4 \cos B - 1)^2}{8} \leq \frac{9}{8} \\ \Rightarrow \boxed{\cos A + \cos C \leq \frac{3}{2\sqrt{2}} = \frac{3\sqrt{2}}{4}} &\left(\because 0 < A, C < \frac{\pi}{2} \Rightarrow \cos A + \cos C > 0\right) \\ \text{and " = " iff } \boxed{\cos B = \frac{1}{4}} &\text{ and consequently, iff } \cos(A-C) = \frac{1}{2}, \\ \text{that is iff } (A-C) = \frac{\pi}{3} \text{ or } (C-A) &= \frac{\pi}{3} \end{aligned}$$

$$\text{When } A - C = \frac{\pi}{3}, \text{ then : } \tan A + \tan C = 2 \tan B \Rightarrow \tan C + \frac{\sqrt{3} + \tan C}{1 - \sqrt{3} \tan C} = 2\sqrt{15}$$

$$\text{and solving this quadratic equation in "tan C", we get : } \boxed{\tan C = \frac{3\sqrt{5} - 6}{\sqrt{3}}}$$

$$\left(\because C < \frac{\pi}{2} - \frac{\pi}{3} = \frac{\pi}{6}\right) \text{ and consequently, via } \tan A + \tan C = 2\sqrt{15}, \text{ we get :}$$

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$$\boxed{\tan A = \frac{3\sqrt{5} + 6}{\sqrt{3}}} \text{ and similarly, if } C - A = \frac{\pi}{3}, \text{ we get :}$$

$$\tan C = \frac{3\sqrt{5} + 6}{\sqrt{3}} \text{ and } \tan A = \frac{3\sqrt{5} - 6}{\sqrt{3}} \text{ and so, } \cos A + \cos C \leq \frac{3\sqrt{2}}{4}$$

$\forall$ acute $\triangle ABC$ with $\tan A + \tan C = 2 \tan B$,

$$" = " \text{ iff } \left\{ \begin{array}{l} A = \tan^{-1} \frac{3\sqrt{5} + 6}{\sqrt{3}} \\ B = \cos^{-1} \frac{1}{4} \\ C = \tan^{-1} \frac{3\sqrt{5} - 6}{\sqrt{3}} \end{array} \right\} \text{ or } \left\{ \begin{array}{l} A = \tan^{-1} \frac{3\sqrt{5} - 6}{\sqrt{3}} \\ B = \cos^{-1} \frac{1}{4} \\ C = \tan^{-1} \frac{3\sqrt{5} + 6}{\sqrt{3}} \end{array} \right\} \text{ (QED)}$$

4229. In $\triangle ABC$ the following relationship holds:

$$\frac{m_a m_b}{r_c^2} + \frac{m_b m_c}{r_a^2} + \frac{m_c m_a}{r_b^2} \geq 3$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\frac{m_a m_b}{r_c^2} + \frac{m_b m_c}{r_a^2} + \frac{m_c m_a}{r_b^2} \stackrel{AM-GM}{\geq} 3 \cdot \sqrt[3]{\left(\frac{m_a m_b m_c}{r_a r_b r_c}\right)^2} \geq 3 \cdot \sqrt[3]{\left(\frac{r_a r_b r_c}{r_a r_b r_c}\right)^2} = 3$$

Equality holds for $a = b = c$.

4230. In $\triangle ABC$ the following relationship holds:

$$abc \leq 3\sqrt{3}R^3$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned} abc &= 4RF = 4Rrs \stackrel{EULER}{\leq} 4R \cdot \frac{R}{2}s = \\ &= 2R^2 \cdot s \stackrel{MITRINOVIC}{\leq} 2R^2 \cdot \frac{3\sqrt{3}}{2}R = 3\sqrt{3}R^3 \end{aligned}$$

Equality holds for $a = b = c$.

4231. In $\triangle ABC$ the following relationship holds:

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$$\frac{GA \cdot GB}{r_c^2} + \frac{GB \cdot GC}{r_a^2} + \frac{GC \cdot GA}{r_b^2} \geq \frac{4}{3}$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned} & \frac{GA \cdot GB}{r_c^2} + \frac{GB \cdot GC}{r_a^2} + \frac{GC \cdot GA}{r_b^2} \geq \\ & \geq 3 \cdot \sqrt[3]{\left(\frac{GA \cdot GB \cdot GC}{r_a r_b r_c}\right)^2} = 3 \sqrt[3]{\left(\frac{\frac{2}{3}m_a \cdot \frac{2}{3}m_b \cdot \frac{2}{3}m_c}{r_a r_b r_c}\right)^2} = \\ & = 3 \cdot \left(\frac{2}{3}\right)^2 \cdot \sqrt[3]{\left(\frac{m_a m_b m_c}{r_a r_b r_c}\right)^2} = 3 \cdot \frac{4}{9} \cdot \sqrt[3]{\left(\frac{r_a r_b r_c}{r_a r_b r_c}\right)^2} = \frac{4}{3} \end{aligned}$$

Equality holds for $a = b = c$.

4232. In $\triangle ABC$ the following relationship holds:

$$\frac{GA}{r_b} + \frac{GB}{r_c} + \frac{GC}{r_a} \geq 2$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned} & \frac{GA}{r_b} + \frac{GB}{r_c} + \frac{GC}{r_a} \geq 3 \sqrt[3]{\frac{GA \cdot GB \cdot GC}{r_a r_b r_c}} = \\ & = 3 \sqrt[3]{\frac{\frac{2}{3}m_a \cdot \frac{2}{3}m_b \cdot \frac{2}{3}m_c}{r_a r_b r_c}} = 3 \cdot \frac{2}{3} \sqrt[3]{\frac{m_a m_b m_c}{r_a r_b r_c}} \geq 2 \sqrt[3]{\frac{r_a r_b r_c}{r_a r_b r_c}} = 2 \end{aligned}$$

Equality holds for $a = b = c$.

4233. In any $\triangle ABC$ the following relationship holds :

$$\frac{r_a}{a} + \frac{r_b}{b} + \frac{r_c}{c} \leq \frac{3(r_a + r_b + r_c)}{a + b + c}$$

Proposed by Zaza Mzhavanadze-Georgia

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Solution by Soumava Chakraborty-Kolkata-India

$$\sum_{\text{cyc}} \frac{r_a}{a} = \sum_{\text{cyc}} \frac{s \tan \frac{A}{2}}{4R \tan \frac{A}{2} \cos^2 \frac{A}{2}} = \frac{s}{4R} \cdot \sum_{\text{cyc}} \sec^2 \frac{A}{2} = \frac{s}{4R} \cdot \frac{s^2 + (4R + r)^2}{s^2}$$

$$\stackrel{\text{Doucet}}{\leq} \frac{1}{4R} \cdot \frac{\frac{(4R + r)^2}{3} + (4R + r)^2}{s} \stackrel{\text{Euler}}{\leq} \frac{(4R + r)(9R)}{3R(a + b + c)} = \frac{3(r_a + r_b + r_c)}{a + b + c},$$

" = " iff ΔABC is equilateral (QED)

4234. In any ΔABC such that $r_a \neq r_b \neq$

r_c , the following relationship holds :

$$2s^2 < \frac{r_a^4}{(r_a - r_b)(r_a - r_c)} + \frac{r_b^4}{(r_b - r_c)(r_b - r_a)} + \frac{r_c^4}{(r_c - r_a)(r_c - r_b)} < \frac{27}{2}(3R^2 - 8r^2)$$

Proposed by Zaza Mzhavanadze-Georgia

Solution by Soumava Chakraborty-Kolkata-India

$$\text{For } x \neq y \neq z, \sum_{\text{cyc}} \frac{x^4}{(x - y)(x - z)}$$

$$= \frac{1}{(x - y)(y - z)(z - x)} \cdot (-x^4(y - z) - y^4(z - x) - z^4(x - y))$$

$$\therefore \sum_{\text{cyc}} \frac{x^4}{(x - y)(x - z)} = -\frac{x^4(y - z) + y^4(z - x) + z^4(x - y)}{(x - y)(y - z)(z - x)} \rightarrow \textcircled{1}$$

Now, $x^4(y - z) + y^4(z - x) + z^4(x - y) =$

$$x^4(y - z) - x(y - z)(y^3 + y^2z + yz^2 + z^3) + yz(y - z)(y^2 + yz + z^2)$$

$$= (y - z) \left(x(x^3 - y^3) - y^2z(x - y) - yz^2(x - y) - z^3(x - y) \right)$$

$$= (y - z)(x - y)(x^3 + x^2y + xy^2 - y^2z - yz^2 - z^3)$$

$$= (y - z)(x - y) \left((x - z)(x^2 + xz + z^2) + y(x - z)(x + z) + y^2(x - z) \right)$$

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$$\therefore \sum_{\text{cyc}} x^4(y-z) = -(x-y)(y-z)(z-x) \left(\sum_{\text{cyc}} x^2 + \sum_{\text{cyc}} xy \right) \rightarrow \textcircled{2}$$

$$\therefore \textcircled{1} \text{ and } \textcircled{2} \Rightarrow \sum_{\text{cyc}} \frac{x^4}{(x-y)(x-z)} = \sum_{\text{cyc}} x^2 + \sum_{\text{cyc}} xy \rightarrow \textcircled{3} \text{ and via}$$

$x \equiv r_a, y \equiv r_b, z \equiv r_c$, we get :

$$\frac{r_a^4}{(r_a - r_b)(r_a - r_c)} + \frac{r_b^4}{(r_b - r_c)(r_b - r_a)} + \frac{r_c^4}{(r_c - r_a)(r_c - r_b)} = \sum_{\text{cyc}} r_a^2 + \sum_{\text{cyc}} r_a r_b$$

$$= (4R + r)^2 - s^2 \stackrel{\text{Euler and Mitrinovic}}{<} 16R^2 + 4R^2 + r^2 - 27r^2 = \frac{81R^2}{2} - \frac{41R^2}{2} - 26r^2$$

$$\stackrel{\text{Euler}}{<} \frac{81R^2}{2} - \frac{41 \cdot 4r^2}{2} - 26r^2 = \frac{81R^2}{2} - 108r^2 = \frac{27}{2}(3R^2 - 8r^2)$$

(equality doesn't occur because $r_a \neq r_b \neq r_c \Rightarrow a \neq b \neq c$) and also,

$$\sum_{\text{cyc}} \frac{r_a^4}{(r_a - r_b)(r_a - r_c)} = (4R + r)^2 - s^2 \stackrel{\text{Doucet or Trucht}}{>} 3s^2 - s^2 = 2s^2 \text{ and so,}$$

$$2s^2 < \frac{r_a^4}{(r_a - r_b)(r_a - r_c)} + \frac{r_b^4}{(r_b - r_c)(r_b - r_a)} + \frac{r_c^4}{(r_c - r_a)(r_c - r_b)} < \frac{27}{2}(3R^2 - 8r^2) \forall \Delta ABC \text{ (QED)}$$

4235.

In any ΔABC such that $a \neq b \neq c$, the following relationship holds :

$$72r^2 < \frac{a^4}{(a-b)(a-c)} + \frac{b^4}{(b-c)(b-a)} + \frac{c^4}{(c-a)(c-b)} < 18R^2$$

Proposed by Zaza Mzhavanadze-Georgia

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} & \text{For } x \neq y \neq z, \sum_{\text{cyc}} \frac{x^4}{(x-y)(x-z)} \\ &= \frac{1}{(x-y)(y-z)(z-x)} \cdot (-x^4(y-z) - y^4(z-x) - z^4(x-y)) \end{aligned}$$

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$$\therefore \sum_{\text{cyc}} \frac{x^4}{(x-y)(x-z)} = -\frac{x^4(y-z) + y^4(z-x) + z^4(x-y)}{(x-y)(y-z)(z-x)} \rightarrow \textcircled{1}$$

$$\begin{aligned} \text{Now, } x^4(y-z) + y^4(z-x) + z^4(x-y) &= \\ x^4(y-z) - x(y-z)(y^3 + y^2z + yz^2 + z^3) + yz(y-z)(y^2 + yz + z^2) \\ &= (y-z) \left(x(x^3 - y^3) - y^2z(x-y) - yz^2(x-y) - z^3(x-y) \right) \\ &= (y-z)(x-y)(x^3 + x^2y + xy^2 - y^2z - yz^2 - z^3) \\ &= (y-z)(x-y) \left((x-z)(x^2 + xz + z^2) + y(x-z)(x+z) + y^2(x-z) \right) \end{aligned}$$

$$\therefore \sum_{\text{cyc}} x^4(y-z) = -(x-y)(y-z)(z-x) \left(\sum_{\text{cyc}} x^2 + \sum_{\text{cyc}} xy \right) \rightarrow \textcircled{2}$$

$$\therefore \textcircled{1} \text{ and } \textcircled{2} \Rightarrow \sum_{\text{cyc}} \frac{x^4}{(x-y)(x-z)} = \sum_{\text{cyc}} x^2 + \sum_{\text{cyc}} xy \rightarrow \textcircled{3} \text{ and via}$$

$x \equiv a, y \equiv b, z \equiv c$, we get :

$$\begin{aligned} \frac{a^4}{(a-b)(a-c)} + \frac{b^4}{(b-c)(b-a)} + \frac{c^4}{(c-a)(c-b)} &= \sum_{\text{cyc}} a^2 + \sum_{\text{cyc}} ab < \\ 2 \sum_{\text{cyc}} a^2 &\stackrel{\text{Leibnitz}}{<} 18R^2 \text{ and also, } \sum_{\text{cyc}} \frac{a^4}{(a-b)(a-c)} = \sum_{\text{cyc}} a^2 + \sum_{\text{cyc}} ab > 2 \sum_{\text{cyc}} ab \\ \stackrel{\text{Gordon}}{>} 8\sqrt{3}.rs &\stackrel{\text{Mitrinovic}}{>} 8\sqrt{3}.r.3\sqrt{3}.r = 72r^2 \text{ (equality doesn't occur because)} \\ &\quad a \neq b \neq c \\ \text{and so, } 72r^2 &< \frac{a^4}{(a-b)(a-c)} + \frac{b^4}{(b-c)(b-a)} + \frac{c^4}{(c-a)(c-b)} < 18R^2 \\ &\quad \forall \Delta ABC \text{ (QED)} \end{aligned}$$

4236. In $\triangle ABC$ the following relationship holds:

$$\frac{\sqrt{3}r^2}{R^3} \leq \frac{a}{(a+b)(a+c)} + \frac{b}{(b+c)(b+a)} + \frac{c}{(a+c)(b+c)} \leq \frac{\sqrt{3}R^2}{32r^3}$$

Proposed by Zaza Mzhavanadze-Georgia

Solution by Mirsadix Muzefferov-Azerbaijan

$$\begin{aligned} \frac{a}{(a+b)(a+c)} + \frac{b}{(b+c)(b+a)} + \frac{c}{(a+c)(b+c)} &= \\ \frac{a}{(2p-c)(2p-b)} + \frac{b}{(2p-a)(2p-c)} + \frac{c}{(2p-a)(2p-b)} &= \\ \frac{a(2p-a) + b(2p-b) + c(2p-c)}{(2p-a)(2p-b)(2p-c)} &= \frac{4p^2 - (a^2 + b^2 + c^2)}{(a+b)(b+c)(a+c)} \stackrel{\text{AM-GM}}{\leq} \\ \frac{4p^2 - 2(p^2 - r^2 - 4Rr)}{8abc} &= \frac{2p^2 + 2r^2 + 8Rr}{32prR} \stackrel{\text{Gerretsen, Mitrinovic, Euler}}{\leq} \end{aligned}$$

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$$\begin{aligned}
 & \frac{8R^2 + 8Rr + 6r^2 + 2r^2 + 8Rr}{32 \cdot 3\sqrt{3}r \cdot 2r \cdot r} = \frac{8(R^2 + 2rR + r^2)}{192\sqrt{3}r^3} \leq \\
 & \frac{(R+r)^2}{24\sqrt{3}r^3} \leq \frac{3R^2}{32\sqrt{3}r^3} = \frac{3\sqrt{3}R^2}{3 \cdot 32r^3} = \frac{\sqrt{3}R^2}{32r^3} \quad (RHS) \\
 & \sum_{cyc} \frac{a}{(a+b)(a+c)} = \frac{4p^2 - (a^2 + b^2 + c^2)}{(a+b)(b+c)(a+c)} = \\
 & \frac{2p^2 + 2r^2 + 8Rr}{(a+b)(b+c)(a+c)} \stackrel{AM-GM}{\geq} \frac{2p^2 + 2r^2 + 8Rr}{\left(\frac{(a+b) + (a+c) + (b+c)}{3}\right)^3} = \\
 & \frac{54(p^2 + r^2 + 4Rr)}{64p^3} \stackrel{Gerretsen, Mitrinović}{\geq} \frac{27(12Rr + 3r^2 + r^2 + 4Rr)}{32 \cdot \frac{81\sqrt{3}R^3}{8}} = \\
 & \frac{16Rr + 4r^2}{12\sqrt{3}R^3} \stackrel{Euler}{\geq} \frac{36r^2}{12\sqrt{3}R^3} = \frac{\sqrt{3}r^2}{R^3} \quad (LHS) \\
 & \text{Equality holds for : } a = b = c
 \end{aligned}$$

4237.

In any $\triangle ABC$ such that $a \neq b \neq c$, the following relationship holds :

$$\frac{(b+c)r_a}{(a-b)(a-c)} + \frac{(c+a)r_b}{(b-c)(b-a)} + \frac{(a+b)r_c}{(c-a)(c-b)} < \frac{3\sqrt{3}R}{2r}$$

Proposed by Zaza Mzhavanadze-Georgia

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned}
 & \frac{(b+c)r_a}{(a-b)(a-c)} + \frac{(c+a)r_b}{(b-c)(b-a)} + \frac{(a+b)r_c}{(c-a)(c-b)} \\
 & = \frac{-rs}{(a-b)(b-c)(c-a)r^2s} \cdot \sum_{cyc} ((b+c)(b-c)(s-b)(s-c)) \\
 & = \frac{-1}{(a-b)(b-c)(c-a)r} \cdot \sum_{cyc} ((b^2 - c^2)(-s^2 + sa + bc)) \\
 & = \frac{-1}{(a-b)(b-c)(c-a)r} \cdot \left(-s^2 \sum_{cyc} (b^2 - c^2) + s \sum_{cyc} (a(b^2 - c^2)) + \sum_{cyc} (bc(b^2 - c^2)) \right) \\
 & \therefore \frac{(b+c)r_a}{(a-b)(a-c)} + \frac{(c+a)r_b}{(b-c)(b-a)} + \frac{(a+b)r_c}{(c-a)(c-b)}
 \end{aligned}$$

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$$= \frac{-1}{(a-b)(b-c)(c-a)r} \cdot \left(s \sum_{\text{cyc}} (a(b^2 - c^2)) + \sum_{\text{cyc}} (bc(b^2 - c^2)) \right) \rightarrow \textcircled{1}$$

$$\begin{aligned} \text{Now, } \sum_{\text{cyc}} (a(b^2 - c^2)) &= ab(b-a) + c^2(b-a) - c(b+a)(b-a) \\ &= (b-a)(b(a-c) - c(a-c)) = (a-b)(b-c)(c-a) = \sum_{\text{cyc}} (a(b^2 - c^2)) \rightarrow \textcircled{2} \end{aligned}$$

$$\sum_{\text{cyc}} (bc(b^2 - c^2)) = bc(b-c)(b+c) - a(b-c)(b^2 + bc + c^2) + a^3(b-c)$$

$$\begin{aligned} &= (b-c)(b^2(c-a) + bc(c-a) - a(c-a)(c+a)) \\ &= (b-c)(c-a)((b+a)(b-a) + c(b-a)) = -2s(a-b)(b-c)(c-a) \\ &= \sum_{\text{cyc}} (bc(b^2 - c^2)) \rightarrow \textcircled{3} \text{ and so, } \textcircled{1}, \textcircled{2} \text{ and } \textcircled{3} \Rightarrow \text{LHS} = \end{aligned}$$

$$\frac{-1}{(a-b)(b-c)(c-a)r} \cdot (s(a-b)(b-c)(c-a) - 2s(a-b)(b-c)(c-a))$$

$$= \frac{s}{r} \stackrel{\text{Mitrinovic}}{<} \frac{3\sqrt{3}R}{2r}; \text{equality doesn't occur because } a \neq b \neq c \text{ and so,}$$

$$\frac{(b+c)r_a}{(a-b)(a-c)} + \frac{(c+a)r_b}{(b-c)(b-a)} + \frac{(a+b)r_c}{(c-a)(c-b)} < \frac{3\sqrt{3}R}{2r} \forall \Delta ABC \text{ (QED)}$$

4238. In any ΔABC such that $a \neq b \neq c$, the following relationship holds :

$$\frac{1}{27R^6} < \frac{1}{(a-b)(a-c)a^2bc} + \frac{1}{(b-c)(b-a)b^2ca} + \frac{1}{(c-a)(c-b)c^2ab} < \frac{1}{1728r^6}$$

Proposed by Zaza Mzhavanadze-Georgia

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \text{For } x \neq y \neq z, \sum_{\text{cyc}} \frac{1}{(x-y)(x-z)x^2yz} \\ &= \frac{1}{(x-y)(y-z)(z-x)x^2y^2z^2} \cdot (-yz(y-z) - zx(z-x) - xy(x-y)) \\ &= -\frac{1}{(x-y)(y-z)(z-x)x^2y^2z^2} \cdot (yz(y-z) - x(y-z)(y+z) + x^2(y-z)) \\ &= -\frac{1}{(x-y)(y-z)(z-x)x^2y^2z^2} \cdot (y-z)(y(z-x) - x(z-x)) \\ &= \frac{1}{(x-y)(y-z)(z-x)x^2y^2z^2} \cdot (y-z)(z-x)(x-y) \end{aligned}$$

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$$\begin{aligned} \therefore \sum_{\text{cyc}} \frac{1}{(x-y)(x-z)x^2yz} &= \frac{1}{x^2y^2z^2} \text{ and via } x \equiv a, y \equiv b, z \equiv c, \\ \frac{1}{(a-b)(a-c)a^2bc} + \frac{1}{(b-c)(b-a)b^2ca} + \frac{1}{(c-a)(c-b)c^2ab} &= \frac{1}{a^2b^2c^2} \\ &= \frac{1}{16R^2r^2s^2} \text{ and } \therefore \text{ via Mitrinovic and Euler,} \\ \frac{1}{16R^2 \cdot \frac{R^2}{4} \cdot \frac{27R^2}{4}} &< \frac{1}{16R^2r^2s^2} < \frac{1}{64r^2 \cdot r^2 \cdot 27r^2} \\ (\text{equality doesn't occur because } a \neq b \neq c) \therefore \frac{1}{27R^6} &< \\ \frac{1}{(a-b)(a-c)a^2bc} + \frac{1}{(b-c)(b-a)b^2ca} + \frac{1}{(c-a)(c-b)c^2ab} &< \frac{1}{1728r^6} \text{ (QED)} \end{aligned}$$

4239.

In any ΔABC such that $r_a \neq r_b \neq r_c$, the following relationship holds :

$$\frac{64}{729R^6} < \frac{1}{(r_a - r_b)(r_a - r_c)r_a^2r_br_c} + \frac{1}{(r_b - r_c)(r_b - r_a)r_b^2r_cr_a} + \frac{1}{(r_c - r_a)(r_c - r_b)r_c^2r_ar_b} < \frac{1}{729r^6}$$

Proposed by Zaza Mzhavanadze-Georgia

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \text{For } x \neq y \neq z, \sum_{\text{cyc}} \frac{1}{(x-y)(x-z)x^2yz} \\ &= \frac{1}{(x-y)(y-z)(z-x)x^2y^2z^2} \cdot (-yz(y-z) - zx(z-x) - xy(x-y)) \\ &= -\frac{1}{(x-y)(y-z)(z-x)x^2y^2z^2} \cdot (yz(y-z) - x(y-z)(y+z) + x^2(y-z)) \\ &= -\frac{1}{(x-y)(y-z)(z-x)x^2y^2z^2} \cdot (y-z)(y(z-x) - x(z-x)) \\ &= \frac{1}{(x-y)(y-z)(z-x)x^2y^2z^2} \cdot (y-z)(z-x)(x-y) \\ \therefore \sum_{\text{cyc}} \frac{1}{(x-y)(x-z)x^2yz} &= \frac{1}{x^2y^2z^2} \text{ and via } x \equiv r_a, y \equiv r_b, z \equiv r_c, \end{aligned}$$

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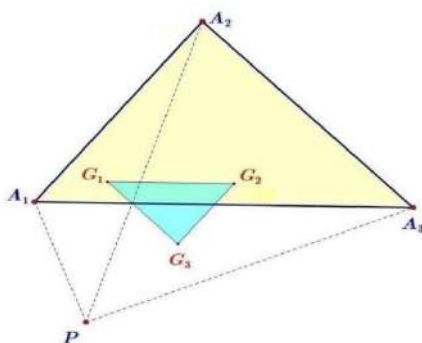
$$\begin{aligned}
 & \frac{1}{(r_a - r_b)(r_a - r_c)r_a^2 r_b r_c} + \frac{1}{(r_b - r_c)(r_b - r_a)r_b^2 r_c r_a} + \frac{1}{(r_c - r_a)(r_c - r_b)r_c^2 r_a r_b} \\
 &= \frac{1}{r_a^2 r_b^2 r_c^2} = \frac{1}{r^2 s^4} \text{ and } \therefore \text{ via Mitrinovic and Euler, } \frac{1}{\frac{R^2}{4} \cdot \frac{729R^4}{16}} < \frac{1}{r^2 s^4} < \frac{1}{r^2 \cdot 729r^4} \\
 & \quad (\text{equality doesn't occur because } r_a \neq r_b \neq r_c \Rightarrow a \neq b \neq c) \\
 & \therefore \frac{1}{64} < \frac{1}{(r_a - r_b)(r_a - r_c)r_a^2 r_b r_c} + \frac{1}{(r_b - r_c)(r_b - r_a)r_b^2 r_c r_a} + \\
 & \quad \frac{1}{(r_c - r_a)(r_c - r_b)r_c^2 r_a r_b} < \frac{1}{729r^6} \text{ (QED)}
 \end{aligned}$$

4240.

Let P, A_1, A_2, A_3 are any points on a plane and G_1, G_2, G_3 are the centroids of $PA_1A_2, PA_2A_3, PA_3A_1$ respectively. Prove that :

- 1) $G_1G_2 \parallel A_1A_3, G_2G_3 \parallel A_1A_2$ and $G_3G_1 \parallel A_2A_3$
- 2) $[\Delta A_1A_2A_3] = 9[\Delta G_1G_2G_3]$

Proposed by Jafar Nikpour-Iran



Solution by Mirsadix Muzefferov-Azerbaijan

Let's determine the coordinates of the centers of gravity G_1, G_2, G_3

$$G_1 \left(\frac{x_1 + x_2 + x_4}{3}; \frac{y_1 + y_2 + y_4}{3} \right),$$

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$$\begin{aligned}
 & G_2 \left(\frac{x_2 + x_3 + x_4}{3}, \frac{y_2 + y_3 + y_4}{3} \right), G_3 \left(\frac{x_1 + x_3 + x_4}{3}, \frac{y_1 + y_3 + y_4}{3} \right) \\
 & \overrightarrow{G_1 G_2} = \left(\frac{x_3 - x_1}{3}, \frac{y_3 - y_1}{3} \right), \overrightarrow{A_1 A_3} = (x_3 - x_1; y_3 - y_1) \Rightarrow G_1 G_2 \parallel A_1 A_3 \\
 & \overrightarrow{G_2 G_3} = \left(\frac{x_1 - x_2}{3}, \frac{y_1 - y_2}{3} \right), \overrightarrow{A_1 A_2} = (x_2 - x_1; y_2 - y_1) \Rightarrow G_2 G_3 \parallel A_1 A_2 \\
 & \overrightarrow{G_3 G_1} = \left(\frac{x_2 - x_3}{3}, \frac{y_2 - y_3}{3} \right), \overrightarrow{A_2 A_3} = (x_3 - x_2; y_3 - y_2) \Rightarrow G_3 G_1 \parallel A_2 A_3 \\
 & \left. \begin{aligned} G_1 G_2 &\parallel A_1 A_3 \\ G_2 G_3 &\parallel A_1 A_2 \\ G_3 G_1 &\parallel A_2 A_3 \end{aligned} \right\} \Rightarrow \Delta G_1 G_2 G_3 \sim \Delta A_1 A_2 A_3 \Rightarrow k = 3 \text{ here } k - \text{ is the ratio of similitude} \\
 & \text{Then } [\Delta A_1 A_2 A_3] \div [\Delta G_1 G_2 G_3] = k^2 = 9.
 \end{aligned}$$

4241. In a non – equilateral ΔABC with $\frac{2a}{R} = \frac{3\sqrt{3}b}{s} = \frac{s}{r}$ prove that:

$$R = \frac{14}{3} r$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Tapas Das-India

$$\begin{aligned}
 & \text{Let } \frac{2a}{R} = \frac{3\sqrt{3}b}{s} = \frac{s}{r} = k \text{ then } a = \frac{kR}{2}, b = \frac{ks}{3\sqrt{3}}, c = kr \\
 & abc = 4Rrs \text{ or, } \frac{kR}{2} \cdot \frac{ks}{3\sqrt{3}} \cdot kr = 4Rrs \Rightarrow k = 2\sqrt{3} \\
 & a + b + c = 2s \text{ or, } \frac{kR}{2} + \frac{ks}{3\sqrt{3}} + kr = 2s \text{ or } \sqrt{3}R + \frac{2s}{3} + 2\sqrt{3}r \stackrel{k=2\sqrt{3}}{=} 2s \\
 & \frac{4s}{3} = \sqrt{3}(R + 2r) \text{ or, } \frac{s}{r} = \frac{3\sqrt{3}}{4} \left(\frac{R}{r} + 2 \right) \quad (1) \\
 & ab = \frac{2\sqrt{3}}{3} Rs, bc = \frac{4\sqrt{3}}{3} rs, ca = 6Rr \\
 & ab + bc + ca = s^2 + r^2 + 4Rr \text{ or, } \frac{2\sqrt{3}}{3} Rs + \frac{4\sqrt{3}}{3} rs + 6Rr = s^2 + r^2 + 4Rr
 \end{aligned}$$

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$$\begin{aligned}
 & \text{or, } \frac{2\sqrt{3}}{3}xy + \frac{4\sqrt{3}}{3}y + 6x \\
 & = y^2 + 1 + 4x, \left(x = \frac{R}{r}, y = \frac{s}{r} \stackrel{(1)}{=} \frac{3\sqrt{3}}{4} \left(\frac{R}{r} + 2 \right) = \frac{3\sqrt{3}}{4}(x+2) \right) \\
 & \frac{2\sqrt{3}}{3}x \cdot \frac{3\sqrt{3}}{4}(x+2) + \frac{4\sqrt{3}}{3} \cdot \frac{3\sqrt{3}}{4}(x+2) + 6x = \left(\frac{3\sqrt{3}}{4}(x+2) \right)^2 + 1 + 4x \\
 & \frac{3}{2}x(x+2) + 3(x+2) + 6x = \frac{27}{16}(x+2)^2 + 1 + 4x \\
 & \frac{3}{2}x^2 + 12x + 6 = \frac{27}{16}x^2 + \frac{43x}{4} + \frac{31}{4} \text{ or } 3x^2 - 20x + 28 = 0 \\
 & (3x - 14)(x - 2) = 0 \\
 & x = \frac{14}{3} \left(\text{as } x = \frac{R}{r} \neq 2, \text{ since triangle is non-equilateral} \right) \text{ or } R = \frac{14}{3}r.
 \end{aligned}$$

4242. In any $\triangle ABC$ with $P \rightarrow$ an interior point,

the following relationship holds :

$$\sum_{\text{cyc}} \frac{PA^2}{a} \geq 2\sqrt{3}r$$

Proposed by Adgozel Adgozalov-Azerbaijan

Solution by Soumava Chakraborty-Kolkata-India

Via Murray S. Klamkin (1975), if x, y, z are real numbers, then :

$$(x + y + z)(x \cdot PA^2 + y \cdot PB^2 + z \cdot PC^2) \geq yza^2 + zxb^2 + xyc^2$$

$$\text{and via } x \equiv \frac{1}{a}, y \equiv \frac{1}{b}, z \equiv \frac{1}{c}, \text{ we get : } \left(\sum_{\text{cyc}} \frac{1}{a} \right) \left(\sum_{\text{cyc}} \frac{PA^2}{a} \right) \geq \sum_{\text{cyc}} \frac{a^2}{bc}$$

$$\Rightarrow \sum_{\text{cyc}} \frac{PA^2}{a} \geq \frac{\sum_{\text{cyc}} a^3}{\sum_{\text{cyc}} ab} \stackrel{\text{Chebyshev}}{\geq} \frac{(\sum_{\text{cyc}} a^2)(\sum_{\text{cyc}} a)}{3 \sum_{\text{cyc}} ab} \geq \frac{(\sum_{\text{cyc}} ab)(\sum_{\text{cyc}} a)}{3 \sum_{\text{cyc}} ab}$$

$$\stackrel{\text{Mitrinovic}}{\geq} \frac{6\sqrt{3}r}{3} \text{ and so, : } \sum_{\text{cyc}} \frac{PA^2}{a} \geq 2\sqrt{3}r \quad \forall \triangle ABC,$$

" = " iff $\triangle ABC$ is equilateral (QED)

4243. In $\triangle ABC$ the following relationship holds:

$$\frac{3R}{r} - 2 \geq \frac{a}{b} + \frac{b}{c} + \frac{c}{a} + \frac{3\sqrt[3]{abc}}{a+b+c} \geq 4$$

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Proposed by Alex Szoros-Romania

Solution by Tapas Das-India

Lemma: $\forall x, y, z > 0, \frac{x}{y} + \frac{y}{z} + \frac{z}{x} \geq \frac{(x+y+z)}{\sqrt[3]{xyz}}$

$$\begin{aligned}
 \text{Proof: } 3 \left(\frac{x}{y} + \frac{y}{z} + \frac{z}{x} \right) &= \left(\frac{x}{y} + \frac{x}{y} + \frac{y}{z} \right) + \left(\frac{y}{z} + \frac{y}{z} + \frac{z}{x} \right) + \left(\frac{z}{x} + \frac{z}{x} + \frac{x}{y} \right) \stackrel{AM-GM}{\geq} \\
 &\geq \sum \frac{3x}{\sqrt[3]{xyz}} = \frac{3(x+y+z)}{\sqrt[3]{xyz}} \text{ or } \frac{x}{y} + \frac{y}{z} + \frac{z}{x} \geq \frac{(x+y+z)}{\sqrt[3]{xyz}} \text{ (proof complete)} \\
 \frac{a}{b} + \frac{b}{c} + \frac{c}{a} + \frac{3\sqrt[3]{abc}}{a+b+c} &= \frac{2}{3} \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \right) + \frac{1}{3} \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \right) + \frac{3\sqrt[3]{abc}}{a+b+c} \geq \\
 \stackrel{AM-GM \text{ Lemma}}{\geq} \frac{2}{3} \times 3 + \frac{1}{3} \cdot \frac{a+b+c}{\sqrt[3]{abc}} + \frac{3\sqrt[3]{abc}}{a+b+c} &\stackrel{AM-GM}{\geq} 2 + 2 \sqrt{\frac{1}{3} \cdot \frac{a+b+c}{\sqrt[3]{abc}} \cdot \frac{3\sqrt[3]{abc}}{a+b+c}} = 4 \\
 \frac{3\sqrt[3]{abc}}{a+b+c} \stackrel{AM-GM}{\leq} \frac{a+b+c}{a+b+c} &= 1 \text{ \& } \frac{a}{b} + \frac{b}{c} + \frac{c}{a} \stackrel{CBS}{\leq} \\
 \leq \sqrt{\left(\sum a^2 \right) \left(\sum \frac{1}{a^2} \right)} &\stackrel{\text{Leibniz, Steining}}{\leq} \sqrt{\frac{9R^2}{4r^2}} = \frac{3R}{2r}
 \end{aligned}$$

We need to show: $1 + \frac{3R}{2r} \leq \frac{3R}{r} - 2$ or, $\frac{3R}{2r} \geq 3$ or, $R \geq 2r$ true by Euler.

Equality holds for an equilateral triangle.

4244. In any ΔABC the following relationship holds :

$$\sqrt{\frac{R}{2r} \left(\frac{R}{r} + \frac{1}{4} \right)} + \frac{3s}{4r} \geq \sum_{cyc} \frac{r_a}{a - \sqrt{4r^2 + (b-c)^2}}$$

Proposed by Bogdan Fuștei-Romania

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned}
 \frac{\sum_{cyc} n_a}{4R+r} &\stackrel{CBS}{\leq} \frac{\sqrt{3 \sum_{cyc} n_a^2}}{4R+r} \stackrel{\text{Bogdan Fustei}}{=} \frac{\sqrt{3 \sum_{cyc} \left(s^2 - \frac{r}{R} \cdot s^2 \cdot \sec^2 \frac{A}{2} \right)}}{4R+r} \\
 &= \frac{\sqrt{3 \left(\frac{(3R-r)s^2 - r(4R+r)^2}{R} \right)}}{4R+r} \stackrel{?}{\leq} \sqrt{\frac{R}{2r}}
 \end{aligned}$$

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$$\stackrel{\text{squaring}}{\Leftrightarrow} R^2(4R+r)^2 + 6r^2(4R+r)^2 \stackrel{?}{\geq} 6r(3R-r)s^2 \quad \boxed{? \text{ ABC } (*)}$$

$$\text{Now, } 6r(3R-r)s^2 \stackrel{\text{Rouche}}{\leq} 6r(3R-r) \left(2R^2 + 10Rr - r^2 + 2(R-2r) \cdot \sqrt{R^2 - 2Rr} \right) \\ \stackrel{?}{\leq} (R^2 + 6r^2)(4R+r)^2$$

$$\Leftrightarrow R(R-2r)(16R^2 + 4Rr - 63r^2) \stackrel{?}{\geq} 6r(3R-r) \cdot 2(R-2r) \cdot \sqrt{R^2 - 2Rr}$$

and $\because R-2r \stackrel{\text{Euler}}{\geq} 0 \therefore$ it suffices to prove following squaring :

$$R^2(16R^2 + 4Rr - 63r^2)^2 \stackrel{?}{\geq} 144r^2(3R-r)^2(R^2 - 2Rr)$$

$$\Leftrightarrow 256t^5 + 128t^4 - 3296t^3 + 2952t^2 + 2097t + 288 \stackrel{?}{\geq} 0 \quad \left(t = \frac{R}{r} \right)$$

$$\Leftrightarrow \frac{(4t+1)^2}{100} \left(\left(16t + \frac{336}{5} \right) (10t-21)^2 + \frac{2340(t-2) + 504}{5} \right) \stackrel{?}{\geq} 0 \rightarrow \text{true}$$

(strict inequality) $\because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow (*)$ is true

$$\begin{aligned} & \therefore \sqrt{\frac{R}{2r} \left(\frac{R}{r} + \frac{1}{4} \right)} + \frac{3s}{4r} - \sum_{\text{cyc}} \frac{r_a}{a - \sqrt{4r^2 + (b-c)^2}} \geq \\ & \frac{\sum_{\text{cyc}} n_a}{4r} + \frac{3s}{4r} - \sum_{\text{cyc}} \frac{r_a}{a - \sqrt{4r^2 + (b-c)^2}} \stackrel{\text{Bogdan Fustei}}{=} \sum_{\text{cyc}} \frac{n_a + s}{4r} - \sum_{\text{cyc}} \frac{r_a}{a - \frac{an_a}{s}} \\ & = \sum_{\text{cyc}} \frac{n_a + s}{4r} - \sum_{\text{cyc}} \frac{r_a(s + n_a)}{a(s - n_a)(s + n_a)} \stackrel{\text{Bogdan Fustei}}{=} \sum_{\text{cyc}} \frac{n_a + s}{4r} - \sum_{\text{cyc}} \frac{r_a(s + n_a)}{a \cdot 2h_a r_a} \\ & = \sum_{\text{cyc}} \frac{n_a + s}{4r} - \sum_{\text{cyc}} \frac{s + n_a}{4r} = 0 \text{ and so,} \end{aligned}$$

$$\sqrt{\frac{R}{2r} \left(\frac{R}{r} + \frac{1}{4} \right)} + \frac{3s}{4r} \geq \sum_{\text{cyc}} \frac{r_a}{a - \sqrt{4r^2 + (b-c)^2}} \quad \forall \text{ ABC,}$$

" = " iff $\Delta \text{ ABC}$ is equilateral (QED)

4245. In any $\Delta \text{ ABC}$ the following relationship holds :

$$\frac{p_a \cdot \sqrt{\frac{w_a}{g_a}} + p_b \cdot \sqrt{\frac{w_b}{g_b}} + p_c \cdot \sqrt{\frac{w_c}{g_c}}}{r_a + r_b + r_c} \leq \left(\frac{R}{2r} \right)^{\frac{1}{6}} \cdot \left(\frac{w_a w_b w_c}{h_a h_b h_c} \right)^{\frac{1}{3}} \cdot \frac{((h_a - r)(h_b - r)(h_c - r))^{\frac{1}{3}}}{2r}$$

Proposed by Bogdan Fuștei-Romania

Solution by Soumava Chakraborty-Kolkata-India

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$$\begin{aligned} & \left(\frac{R}{2r}\right) \cdot \left(\frac{w_a w_b w_c}{h_a h_b h_c}\right)^2 \cdot \frac{((h_a - r)(h_b - r)(h_c - r))^2}{64r^6} = \\ & = \frac{\left(\frac{R}{2r}\right)}{64r^6} \cdot \left(\frac{32Rr^2s^3}{(a+b)(b+c)(c+a)} \cdot \frac{R}{2r^2s^2} \cdot \frac{r^3(a+b)(b+c)(c+a)}{4Rrs}\right)^2 = \frac{R^3}{8r^3} \end{aligned}$$

$$\therefore \text{RHS} = \sqrt{\frac{R}{2r}} \rightarrow \textcircled{1} \text{ and } \therefore p_a \cdot \sqrt{\frac{w_a}{g_a}} \leq n_a \text{ and analogs}$$

(Reference : Solution to Inequality in Triangle – 118 by Bogdan Fustei;
published at www.ssmrmh.ro)

$$\begin{aligned} \therefore \frac{\sum_{\text{cyc}} \left(p_a \cdot \sqrt{\frac{w_a}{g_a}}\right)}{r_a + r_b + r_c} & \leq \frac{\sum_{\text{cyc}} n_a}{4R + r} \stackrel{\text{CBS}}{\leq} \frac{\sqrt{3 \sum_{\text{cyc}} n_a^2}}{4R + r} \stackrel{\text{Bogdan Fustei}}{=} \frac{\sqrt{3 \sum_{\text{cyc}} \left(s^2 - \frac{r}{R} \cdot s^2 \cdot \sec^2 \frac{A}{2}\right)}}{4R + r} \\ & = \frac{\sqrt{3 \left(\frac{(3R - r)s^2 - r(4R + r)^2}{R}\right)}}{4R + r} \stackrel{?}{\leq} \text{RHS} \stackrel{\text{via } \textcircled{1}}{=} \sqrt{\frac{R}{2r}} \end{aligned}$$

$$\begin{aligned} & \stackrel{\text{squaring}}{\Leftrightarrow} R^2(4R + r)^2 + 6r^2(4R + r)^2 \stackrel{?}{\geq} 6r(3R - r)s^2 \quad \boxed{\begin{matrix} ? \\ \wedge \\ (*) \end{matrix}} \end{aligned}$$

$$\begin{aligned} \text{Now, } 6r(3R - r)s^2 & \stackrel{\text{Rouche}}{\leq} 6r(3R - r) \left(2R^2 + 10Rr - r^2 + 2(R - 2r) \cdot \sqrt{R^2 - 2Rr}\right) \\ & \stackrel{?}{\leq} (R^2 + 6r^2)(4R + r)^2 \end{aligned}$$

$$\Leftrightarrow R(R - 2r)(16R^2 + 4Rr - 63r^2) \stackrel{?}{\geq} 6r(3R - r) \cdot 2(R - 2r) \cdot \sqrt{R^2 - 2Rr}$$

and $\therefore R - 2r \stackrel{\text{Euler}}{\geq} 0 \therefore$ it suffices to prove following squaring :

$$R^2(16R^2 + 4Rr - 63r^2)^2 \stackrel{?}{\geq} 144r^2(3R - r)^2(R^2 - 2Rr)$$

$$\Leftrightarrow 256t^5 + 128t^4 - 3296t^3 + 2952t^2 + 2097t + 288 \stackrel{?}{\geq} 0 \quad \left(t = \frac{R}{r}\right)$$

$$\Leftrightarrow \frac{(4t + 1)^2}{100} \left(\left(16t + \frac{336}{5}\right)(10t - 21)^2 + \frac{2340(t - 2) + 504}{5} \right) \stackrel{?}{\geq} 0 \rightarrow \text{true}$$

(strict inequality) $\therefore t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow (*)$ is true

$$\begin{aligned} \therefore \frac{p_a \cdot \sqrt{\frac{w_a}{g_a}} + p_b \cdot \sqrt{\frac{w_b}{g_b}} + p_c \cdot \sqrt{\frac{w_c}{g_c}}}{r_a + r_b + r_c} & \leq \left(\frac{R}{2r}\right)^{\frac{1}{6}} \cdot \left(\frac{w_a w_b w_c}{h_a h_b h_c}\right)^{\frac{1}{3}} \cdot \frac{((h_a - r)(h_b - r)(h_c - r))^{\frac{1}{3}}}{2r} \\ & \quad \forall \triangle ABC, " = " \text{ iff } \triangle ABC \text{ is equilateral (QED)} \end{aligned}$$

4246. In any $\triangle ABC$ the following relationship holds :

$$\frac{n_a + n_b + n_c}{r_a + r_b + r_c} \leq \left(\frac{R}{2r}\right)^{\frac{1}{6}} \cdot \left(\frac{w_a w_b w_c}{h_a h_b h_c}\right)^{\frac{1}{3}} \cdot \frac{((h_a - r)(h_b - r)(h_c - r))^{\frac{1}{3}}}{2r}$$

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Proposed by Bogdan Fuștei-Romania

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned}
 & \left(\frac{R}{2r}\right) \cdot \left(\frac{w_a w_b w_c}{h_a h_b h_c}\right)^2 \cdot \frac{((h_a - r)(h_b - r)(h_c - r))^2}{64r^6} = \\
 & = \frac{\left(\frac{R}{2r}\right)}{64r^6} \cdot \left(\frac{32Rr^2 s^3}{(a+b)(b+c)(c+a)} \cdot \frac{R}{2r^2 s^2} \cdot \frac{r^3(a+b)(b+c)(c+a)}{4Rrs}\right)^2 = \frac{R^3}{8r^3} \\
 & \therefore \text{RHS} = \sqrt{\frac{R}{2r}} \rightarrow \textcircled{1} \text{ and } \frac{\sum_{\text{cyc}} n_a}{4R+r} \stackrel{\text{CBS}}{\leq} \frac{\sqrt{3 \sum_{\text{cyc}} n_a^2}}{4R+r} \stackrel{\text{Bogdan Fustei}}{=} \\
 & \frac{\sqrt{3 \sum_{\text{cyc}} \left(s^2 - \frac{r}{R} \cdot s^2 \cdot \sec^2 \frac{A}{2}\right)}}{4R+r} = \frac{\sqrt{3 \left(\frac{(3R-r)s^2 - r(4R+r)^2}{R}\right)}}{4R+r} \stackrel{?}{\leq} \text{RHS} \stackrel{\text{via } \textcircled{1}}{=} \sqrt{\frac{R}{2r}} \\
 & \quad \Leftrightarrow \text{squaring} \quad R^2(4R+r)^2 + 6r^2(4R+r)^2 \stackrel{?}{\geq} 6r(3R-r)s^2 \\
 & \text{Now, } 6r(3R-r)s^2 \stackrel{\text{Rouche}}{\leq} 6r(3R-r) \left(2R^2 + 10Rr - r^2 + 2(R-2r) \cdot \sqrt{R^2 - 2Rr}\right) \\
 & \quad \stackrel{?}{\leq} (R^2 + 6r^2)(4R+r)^2 \\
 & \Leftrightarrow R(R-2r)(16R^2 + 4Rr - 63r^2) \stackrel{?}{\geq} 6r(3R-r) \cdot 2(R-2r) \cdot \sqrt{R^2 - 2Rr} \\
 & \text{and } \because R-2r \stackrel{\text{Euler}}{\geq} 0 \therefore \text{it suffices to prove following squaring :} \\
 & \quad R^2(16R^2 + 4Rr - 63r^2)^2 \stackrel{?}{\geq} 144r^2(3R-r)^2(R^2 - 2Rr) \\
 & \Leftrightarrow 256t^5 + 128t^4 - 3296t^3 + 2952t^2 + 2097t + 288 \stackrel{?}{\geq} 0 \quad \left(t = \frac{R}{r}\right) \\
 & \Leftrightarrow \frac{(4t+1)^2}{100} \left(\left(16t + \frac{336}{5}\right)(10t-21)^2 + \frac{2340(t-2) + 504}{5} \right) \stackrel{?}{\geq} 0 \rightarrow \text{true} \\
 & \quad (\text{strict inequality}) \because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow (*) \text{ is true} \\
 & \therefore \frac{n_a + n_b + n_c}{r_a + r_b + r_c} \leq \left(\frac{R}{2r}\right)^{\frac{1}{6}} \cdot \left(\frac{w_a w_b w_c}{h_a h_b h_c}\right)^{\frac{1}{3}} \cdot \frac{((h_a - r)(h_b - r)(h_c - r))^{\frac{1}{3}}}{2r} \quad \forall \text{ ABC,} \\
 & \quad \text{" = " iff } \Delta \text{ ABC is equilateral (QED)}
 \end{aligned}$$

4247. In any ΔABC the following relationship holds :

$$\sum_{\text{cyc}} \left(\frac{r_a - r}{w_a} \cdot \sqrt{\frac{h_a}{r_a}} \right) \geq \frac{\sum_{\text{cyc}} n_a + \sum_{\text{cyc}} \left(p_a \cdot \sqrt{\frac{w_a}{g_a}} \right)}{r_a + r_b + r_c}$$

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Proposed by Bogdan Fuștei-Romania

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned}
 \sum_{\text{cyc}} \left(\frac{r_a - r}{w_a} \cdot \sqrt{\frac{h_a}{r_a}} \right) &= \sum_{\text{cyc}} \left(\frac{rs \cdot a(b+c)}{s(s-a) \cdot 2bc \cos \frac{A}{2}} \cdot \sqrt{\frac{2rs}{4R \sin \frac{A}{2} \cos \frac{A}{2} \cdot s \tan \frac{A}{2}}} \right) \\
 &= \sqrt{\frac{r}{2R}} \cdot \sum_{\text{cyc}} \frac{ra(b+c)}{(s-a)bc \cdot 2 \cos \frac{A}{2} \sin \frac{A}{2}} = \sqrt{\frac{r}{2R}} \cdot \sum_{\text{cyc}} \frac{2Rr \cdot a(b+c)}{(s-a)abc} \\
 &= \sqrt{\frac{r}{2R}} \cdot \frac{2Rr}{4Rrs} \cdot \sum_{\text{cyc}} \frac{a(s+s-a)}{s-a} = \sqrt{\frac{r}{2R}} \cdot \frac{1}{2s} \cdot \left(s \sum_{\text{cyc}} \frac{a-s+s}{s-a} + 2s \right) \\
 &= \sqrt{\frac{r}{2R}} \cdot \frac{1}{2s} \cdot \left(s \left(-3 + \frac{s(4Rr+r^2)}{r^2s} \right) + 2s \right) = \sqrt{\frac{r}{2R}} \cdot \frac{1}{2s} \cdot s \cdot \frac{4R}{r} \\
 \Rightarrow \sum_{\text{cyc}} \left(\frac{r_a - r}{w_a} \cdot \sqrt{\frac{h_a}{r_a}} \right) &= \sqrt{\frac{2R}{r}} \rightarrow \textcircled{1} \text{ and again, } p_a \cdot \sqrt{\frac{w_a}{g_a}} \leq n_a \text{ and analogs} \\
 (\text{Reference : Solution to Inequality in Triangle - 118 by Bogdan Fustei;} & \\
 \text{published at www.ssmrmh.ro}) & \\
 \Rightarrow \frac{\sum_{\text{cyc}} n_a + \sum_{\text{cyc}} \left(p_a \cdot \sqrt{\frac{w_a}{g_a}} \right)}{r_a + r_b + r_c} &\leq \frac{2 \sum_{\text{cyc}} n_a}{4R+r} \stackrel{\text{CBS}}{\leq} \frac{2 \cdot \sqrt{3 \sum_{\text{cyc}} n_a^2}}{4R+r} \stackrel{\text{Bogdan Fustei}}{=} \\
 \frac{2 \cdot \sqrt{3 \sum_{\text{cyc}} \left(s^2 - \frac{r}{R} \cdot s^2 \cdot \sec^2 \frac{A}{2} \right)}}{4R+r} &= \frac{2 \cdot \sqrt{3 \left(\frac{(3R-r)s^2 - r(4R+r)^2}{R} \right)}}{4R+r} \stackrel{?}{\leq} \sum_{\text{cyc}} \left(\frac{r_a - r}{w_a} \cdot \sqrt{\frac{h_a}{r_a}} \right) \\
 \stackrel{\text{via } \textcircled{1}}{=} \sqrt{\frac{2R}{r}} &\stackrel{\text{squaring}}{\Leftrightarrow} R^2(4R+r)^2 + 6r^2(4R+r)^2 \stackrel{?}{\geq} 6r(3R-r)s^2 \\
 \text{Now, } 6r(3R-r)s^2 &\stackrel{\text{Rouche}}{\leq} 6r(3R-r) \left(2R^2 + 10Rr - r^2 + 2(R-2r) \cdot \sqrt{R^2 - 2Rr} \right) \\
 &\stackrel{?}{\leq} (R^2 + 6r^2)(4R+r)^2 \\
 \Leftrightarrow R(R-2r)(16R^2 + 4Rr - 63r^2) &\stackrel{?}{\geq} 6r(3R-r) \cdot 2(R-2r) \cdot \sqrt{R^2 - 2Rr} \\
 \text{and } \because R-2r &\stackrel{\text{Euler}}{\geq} 0 \therefore \text{it suffices to prove following squaring :} \\
 R^2(16R^2 + 4Rr - 63r^2)^2 &\stackrel{?}{\geq} 144r^2(3R-r)^2(R^2 - 2Rr) \\
 \Leftrightarrow 256t^5 + 128t^4 - 3296t^3 + 2952t^2 + 2097t + 288 &\stackrel{?}{\geq} 0 \left(t = \frac{R}{r} \right) \\
 \Leftrightarrow \frac{(4t+1)^2}{100} \left(\left(16t + \frac{336}{5} \right) (10t-21)^2 + \frac{2340(t-2) + 504}{5} \right) &\stackrel{?}{\geq} 0 \rightarrow \text{true}
 \end{aligned}$$

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(strict inequality) $\therefore t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow (*)$ is true

$$\therefore \sum_{\text{cyc}} \left(\frac{r_a - r}{w_a} \cdot \sqrt{\frac{h_a}{r_a}} \right) \geq \frac{\sum_{\text{cyc}} n_a + \sum_{\text{cyc}} \left(p_a \cdot \sqrt{\frac{w_a}{g_a}} \right)}{r_a + r_b + r_c} \quad \forall \triangle ABC,$$

" = " iff $\triangle ABC$ is equilateral (QED)

4248. In any $\triangle ABC$ the following relationship holds :

$$\sqrt{\frac{R}{2r}} \geq \frac{r_a + r_b + r_c + l_a + l_b + l_c + n_a + n_b + n_c}{h_a + h_b + h_c + m_a + m_b + m_c + r_a + r_b + r_c}$$

Proposed by Bogdan Fuștei-Romania

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \sum_{\text{cyc}} n_a &\stackrel{\text{CBS}}{\leq} \sqrt{3 \sum_{\text{cyc}} n_a^2} \stackrel{\text{Bogdan Fuștei}}{=} \sqrt{3 \sum_{\text{cyc}} \left(s^2 - \frac{r}{R} \cdot s^2 \cdot \sec^2 \frac{A}{2} \right)} \\ &= \sqrt{3 \left(\frac{(3R - r)s^2 - r(4R + r)^2}{R} \right)} \therefore s\sqrt{3} + n_a + n_b + n_c \stackrel{\text{CBS}}{\leq} \sqrt{2} \cdot \sqrt{3s^2 + \left(\sum_{\text{cyc}} n_a \right)^2} \\ &\leq \sqrt{2} \cdot \sqrt{3s^2 + 3 \left(\frac{(3R - r)s^2 - r(4R + r)^2}{R} \right)} \text{ and so, it suffices to prove :} \\ \frac{R}{2r} &\stackrel{?}{\geq} \frac{6s^2 + 6 \left(\frac{(3R - r)s^2 - r(4R + r)^2}{R} \right)}{\left(\frac{s^2 + 4Rr + r^2}{2R} + 4R + r \right)^2} \Leftrightarrow s^4 + \end{aligned}$$

$$(16R^2 - 180Rr + 50r^2)s^2 + 64R^4 + 96R^3r + 820R^2r^2 + 396Rr^3 + 49r^4 \stackrel{?}{\geq} 0$$

and $\therefore (s^2 - 16Rr + 5r^2)^2 \stackrel{\text{Gerretsen}}{\geq} 0 \therefore$ in order to prove ①, it suffices to prove :

$$\begin{aligned} \text{LHS of ①} &\stackrel{?}{\geq} (s^2 - 16Rr + 5r^2)^2 \Leftrightarrow (4R^2 - 37Rr + 10r^2)s^2 + \\ &16R^4 + 24R^3r + 141R^2r^2 + 139Rr^3 + 6r^4 \stackrel{?}{\geq} 0 \text{ and it's trivially true if :} \end{aligned}$$

$$4R^2 - 37Rr + 10r^2 \geq 0 \text{ and when : } 4R^2 - 37Rr + 10r^2 < 0, \text{ then :}$$

$$\text{LHS of ②} \stackrel{\text{Blundon-Gerretsen}}{\geq}$$

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$$(4R^2 - 37Rr + 10r^2) \cdot \frac{R(4R + r)^2}{4R - 2r} + 16R^4 + 24R^3r + 141R^2r^2 + 139Rr^3 + 6r^4 \stackrel{?}{\geq} 0$$

$$\Leftrightarrow 128t^5 - 496t^4 + 384t^3 + 317t^2 - 244t - 12 \stackrel{?}{\geq} 0 \left(t = \frac{R}{r} \right)$$

$$\Leftrightarrow (t - 2)(4t + 3)(21t^2 + 10t(t - 2) + (t^2 - 4) + 3) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2$$

$$\Rightarrow \textcircled{2} \Rightarrow \textcircled{1} \text{ is true } \forall \Delta ABC \because \sqrt{\frac{R}{2r}} \geq \frac{s\sqrt{3} + n_a + n_b + n_c}{h_a + h_b + h_c + r_a + r_b + r_c} \forall \Delta ABC \rightarrow \textcircled{i}$$

$$\begin{aligned} \text{and now, } (b + c)^2 &\stackrel{?}{\geq} 32Rr \cdot \cos^2 \frac{A}{2} = 8r(r_b + r_c) = 8r^2 s \left(\frac{1}{s - b} + \frac{1}{s - c} \right) \\ &= 8(s - a)(s - b)(s - c) \cdot \frac{a}{(s - b)(s - c)} = 4a(b + c - a) \end{aligned}$$

$$\Leftrightarrow (b + c)^2 + 4a^2 - 4a(b + c) \stackrel{?}{\geq} 0 \Leftrightarrow (b + c - 2a)^2 \stackrel{?}{\geq} 0$$

$$\rightarrow \text{true} \because b + c \geq \sqrt{32Rr} \cdot \cos \frac{A}{2} \Rightarrow m_a \stackrel{\text{Lascu}}{\geq} \frac{b + c}{2} \cdot \cos \frac{A}{2} \geq \sqrt{8Rr} \cdot \cos^2 \frac{A}{2}$$

$$\text{and analogs} \Rightarrow \sum_{\text{cyc}} m_a \geq \sqrt{8Rr} \cdot \frac{4R + r}{2R} = \sqrt{\frac{2r}{R}} \cdot (4R + r)$$

$$\therefore \sqrt{\frac{R}{2r}} \cdot (m_a + m_b + m_c) \geq r_a + r_b + r_c \rightarrow \textcircled{ii} \text{ and finally,}$$

$$l_a + l_b + l_c \stackrel{\text{AM-GM}}{\leq} \sum_{\text{cyc}} \sqrt{s(s - a)} \stackrel{\text{CBS}}{\leq} \sqrt{3s} \cdot \sqrt{\sum_{\text{cyc}} (s - a)} \Rightarrow l_a + l_b + l_c \leq s\sqrt{3} \rightarrow \textcircled{iii}$$

$$\begin{aligned} \therefore \textcircled{iii} &\Rightarrow \frac{r_a + r_b + r_c + l_a + l_b + l_c + n_a + n_b + n_c}{h_a + h_b + h_c + m_a + m_b + m_c + r_a + r_b + r_c} \leq \\ &\frac{(s\sqrt{3} + n_a + n_b + n_c) + r_a + r_b + r_c}{h_a + h_b + h_c + m_a + m_b + m_c + r_a + r_b + r_c} \stackrel{\text{via (i)}}{\leq} \end{aligned}$$

$$\frac{\left(\sqrt{\frac{R}{2r}} \cdot (h_a + h_b + h_c + r_a + r_b + r_c) \right) + (r_a + r_b + r_c)}{h_a + h_b + h_c + r_a + r_b + r_c + m_a + m_b + m_c} \stackrel{?}{\leq} \sqrt{\frac{R}{2r}}$$

$$\Leftrightarrow \sqrt{\frac{R}{2r}} \cdot (m_a + m_b + m_c) \stackrel{?}{\geq} r_a + r_b + r_c \rightarrow \text{true via (ii) and so,}$$

$$\sqrt{\frac{R}{2r}} \geq \frac{r_a + r_b + r_c + l_a + l_b + l_c + n_a + n_b + n_c}{h_a + h_b + h_c + m_a + m_b + m_c + r_a + r_b + r_c} \forall \Delta ABC,$$

" = " iff ΔABC is equilateral (QED)

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4249. In any ΔABC the following relationship holds :

$$\sqrt{\frac{2R}{r}} \geq \frac{s\sqrt{3} + l_a + l_b + l_c + 2(n_a + n_b + n_c + r_a + r_b + r_c)}{h_a + h_b + h_c + m_a + m_b + m_c + r_a + r_b + r_c}$$

Proposed by Bogdan Fuștei-Romania

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \sum_{\text{cyc}} n_a &\stackrel{\text{CBS}}{\leq} \sqrt{3 \sum_{\text{cyc}} n_a^2} \stackrel{\text{Bogdan Fustei}}{=} \sqrt{3 \sum_{\text{cyc}} \left(s^2 - \frac{r}{R} \cdot s^2 \cdot \sec^2 \frac{A}{2} \right)} \\ &= \sqrt{3 \left(\frac{(3R-r)s^2 - r(4R+r)^2}{R} \right)} \therefore s\sqrt{3} + n_a + n_b + n_c \stackrel{\text{CBS}}{\leq} \sqrt{2} \cdot \sqrt{3s^2 + \left(\sum_{\text{cyc}} n_a \right)^2} \\ &\leq \sqrt{2} \cdot \sqrt{3s^2 + 3 \left(\frac{(3R-r)s^2 - r(4R+r)^2}{R} \right)} \text{ and so, it suffices to prove :} \\ \frac{R}{2r} &\stackrel{?}{\geq} \frac{6s^2 + 6 \left(\frac{(3R-r)s^2 - r(4R+r)^2}{R} \right)}{\left(\frac{s^2 + 4Rr + r^2}{2R} + 4R + r \right)^2} \Leftrightarrow s^4 + \end{aligned}$$

$$(16R^2 - 180Rr + 50r^2)s^2 + 64R^4 + 96R^3r + 820R^2r^2 + 396Rr^3 + 49r^4 \stackrel{?}{\geq} 0$$

and $\therefore (s^2 - 16Rr + 5r^2)^2 \stackrel{\text{Gerretsen}}{\geq} 0 \therefore$ in order to prove ①, it suffices to prove :

$$\begin{aligned} \text{LHS of ①} &\stackrel{?}{\geq} (s^2 - 16Rr + 5r^2)^2 \Leftrightarrow (4R^2 - 37Rr + 10r^2)s^2 + \\ &16R^4 + 24R^3r + 141R^2r^2 + 139Rr^3 + 6r^4 \stackrel{?}{\geq} 0 \text{ and it's trivially true if :} \end{aligned}$$

$$4R^2 - 37Rr + 10r^2 \geq 0 \text{ and when : } 4R^2 - 37Rr + 10r^2 < 0, \text{ then :}$$

$$\begin{aligned} \text{LHS of ②} &\stackrel{\text{Blundon-Gerretsen}}{\geq} (4R^2 - 37Rr + 10r^2) \cdot \frac{R(4R+r)^2}{4R-2r} + 16R^4 + 24R^3r + 141R^2r^2 + 139Rr^3 + 6r^4 \stackrel{?}{\geq} 0 \\ &\Leftrightarrow 128t^5 - 496t^4 + 384t^3 + 317t^2 - 244t - 12 \stackrel{?}{\geq} 0 \left(t = \frac{R}{r} \right) \\ &\Leftrightarrow (t-2)(4t+3)(21t^2 + 10t(t-2) + (t^2-4) + 3) \stackrel{?}{\geq} 0 \rightarrow \text{true} \therefore t \stackrel{\text{Euler}}{\geq} 2 \\ &\Rightarrow ② \Rightarrow ① \text{ is true } \forall \Delta ABC \therefore \sqrt{\frac{R}{2r}} \geq \frac{s\sqrt{3} + n_a + n_b + n_c}{h_a + h_b + h_c + r_a + r_b + r_c} \forall ABC \rightarrow \text{(i)} \end{aligned}$$

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$$\text{and now, } (b+c)^2 \stackrel{?}{\geq} 32Rr \cdot \cos^2 \frac{A}{2} = 8r(r_b + r_c) = 8r^2 s \left(\frac{1}{s-b} + \frac{1}{s-c} \right) \\ = 8(s-a)(s-b)(s-c) \cdot \frac{a}{(s-b)(s-c)} = 4a(b+c-a)$$

$$\Leftrightarrow (b+c)^2 + 4a^2 - 4a(b+c) \stackrel{?}{\geq} 0 \Leftrightarrow (b+c-2a)^2 \stackrel{?}{\geq} 0$$

$$\rightarrow \text{true} \therefore b+c \geq \sqrt{32Rr} \cdot \cos \frac{A}{2} \Rightarrow m_a \stackrel{\text{Lascu}}{\geq} \frac{b+c}{2} \cdot \cos \frac{A}{2} \geq \sqrt{8Rr} \cdot \cos^2 \frac{A}{2}$$

$$\text{and analogs} \Rightarrow \sum_{\text{cyc}} m_a \geq \sqrt{8Rr} \cdot \frac{4R+r}{2R} = \sqrt{\frac{2r}{R}} \cdot (4R+r)$$

$$\therefore \sqrt{\frac{R}{2r}} \cdot (m_a + m_b + m_c) \geq r_a + r_b + r_c \rightarrow \text{(ii) and finally,}$$

$$l_a + l_b + l_c \stackrel{\text{AM-GM}}{\leq} \sum_{\text{cyc}} \sqrt{s(s-a)} \stackrel{\text{CBS}}{\leq} \sqrt{3s} \cdot \sqrt{\sum_{\text{cyc}} (s-a)} \Rightarrow l_a + l_b + l_c \leq s\sqrt{3} \rightarrow \text{(iii)}$$

$$\therefore \text{(iii)} \Rightarrow \frac{s\sqrt{3} + l_a + l_b + l_c + 2(n_a + n_b + n_c + r_a + r_b + r_c)}{h_a + h_b + h_c + m_a + m_b + m_c + r_a + r_b + r_c} \leq \\ \frac{2((s\sqrt{3} + n_a + n_b + n_c) + r_a + r_b + r_c)}{h_a + h_b + h_c + m_a + m_b + m_c + r_a + r_b + r_c} \stackrel{\text{via (i)}}{\leq}$$

$$\frac{2\left(\sqrt{\frac{R}{2r}} \cdot (h_a + h_b + h_c + r_a + r_b + r_c)\right) + 2(r_a + r_b + r_c)}{h_a + h_b + h_c + r_a + r_b + r_c + m_a + m_b + m_c} \stackrel{?}{\leq} \sqrt{\frac{2R}{r}}$$

$$\Leftrightarrow \sqrt{\frac{2R}{r}} \cdot (m_a + m_b + m_c) \stackrel{?}{\geq} 2(r_a + r_b + r_c) \rightarrow \text{true via (ii) and so,}$$

$$\sqrt{\frac{2R}{r}} \geq \frac{s\sqrt{3} + l_a + l_b + l_c + 2(n_a + n_b + n_c + r_a + r_b + r_c)}{h_a + h_b + h_c + m_a + m_b + m_c + r_a + r_b + r_c} \quad \forall \Delta ABC,$$

" = " iff ΔABC is equilateral (QED)

4250. In any ΔABC the following relationship holds :

$$\sqrt{\frac{R}{2r}} \geq \frac{s\sqrt{3} + n_a + n_b + n_c}{h_a + h_b + h_c + r_a + r_b + r_c}$$

Proposed by Bogdan Fuștei-Romania

Solution by Soumava Chakraborty-Kolkata-India

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$$\begin{aligned} \sum_{\text{cyc}} n_a &\stackrel{\text{CBS}}{\leq} \sqrt{3 \sum_{\text{cyc}} n_a^2} \stackrel{\text{Bogdan Fustei}}{=} \sqrt{3 \sum_{\text{cyc}} \left(s^2 - \frac{r}{R} \cdot s^2 \cdot \sec^2 \frac{A}{2} \right)} \\ &= \sqrt{3 \left(\frac{(3R-r)s^2 - r(4R+r)^2}{R} \right)} \therefore s\sqrt{3} + n_a + n_b + n_c \stackrel{\text{CBS}}{\leq} \sqrt{2} \cdot \sqrt{3s^2 + \left(\sum_{\text{cyc}} n_a \right)^2} \\ &\leq \sqrt{2} \cdot \sqrt{3s^2 + 3 \left(\frac{(3R-r)s^2 - r(4R+r)^2}{R} \right)} \text{ and so, it suffices to prove :} \\ \frac{R}{2r} &\stackrel{?}{\geq} \frac{6s^2 + 6 \left(\frac{(3R-r)s^2 - r(4R+r)^2}{R} \right)}{\left(\frac{s^2 + 4Rr + r^2}{2R} + 4R + r \right)^2} \Leftrightarrow s^4 + \end{aligned}$$

$$(16R^2 - 180Rr + 50r^2)s^2 + 64R^4 + 96R^3r + 820R^2r^2 + 396Rr^3 + 49r^4 \stackrel{?}{\geq} 0 \quad \text{①}$$

and $\therefore (s^2 - 16Rr + 5r^2)^2 \stackrel{\text{Gerretsen}}{\geq} 0 \therefore$ in order to prove ①, it suffices to prove :

$$\begin{aligned} \text{LHS of ①} &\stackrel{?}{\geq} (s^2 - 16Rr + 5r^2)^2 \Leftrightarrow (4R^2 - 37Rr + 10r^2)s^2 + \\ &16R^4 + 24R^3r + 141R^2r^2 + 139Rr^3 + 6r^4 \stackrel{?}{\geq} 0 \text{ and it's trivially true if :} \end{aligned}$$

$$4R^2 - 37Rr + 10r^2 \geq 0 \text{ and when : } 4R^2 - 37Rr + 10r^2 < 0, \text{ then :}$$

$$\begin{aligned} \text{LHS of ②} &\stackrel{\text{Blundon-Gerretsen}}{\geq} \\ (4R^2 - 37Rr + 10r^2) \cdot \frac{R(4R+r)^2}{4R-2r} &+ 16R^4 + 24R^3r + 141R^2r^2 + 139Rr^3 + 6r^4 \stackrel{?}{\geq} 0 \end{aligned}$$

$$\Leftrightarrow 128t^5 - 496t^4 + 384t^3 + 317t^2 - 244t - 12 \stackrel{?}{\geq} 0 \quad \left(t = \frac{R}{r} \right)$$

$$\Leftrightarrow (t-2)(4t+3)(21t^2 + 10t(t-2) + (t^2-4) + 3) \stackrel{?}{\geq} 0 \rightarrow \text{true} \therefore t \stackrel{\text{Euler}}{\geq} 2$$

$$\Rightarrow \text{②} \Rightarrow \text{① is true } \forall \Delta ABC \therefore \sqrt{\frac{R}{2r}} \geq \frac{s\sqrt{3} + n_a + n_b + n_c}{h_a + h_b + h_c + r_a + r_b + r_c} \forall ABC,$$

" = " iff ΔABC is equilateral (QED)

4251. In any ΔABC the following relationship holds :

$$\frac{R}{2r} \geq \frac{s\sqrt{3} \cdot (n_a + n_b + n_c)}{(r_a + r_b + r_c)(h_a + h_b + h_c)}$$

Proposed by Bogdan Fuștei-Romania

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Solution by Soumava Chakraborty-Kolkata-India

$$\sum_{\text{cyc}} n_a \stackrel{\text{CBS}}{\leq} \sqrt{3 \sum_{\text{cyc}} n_a^2} \stackrel{\text{Bogdan Fustei}}{=} \sqrt{3 \sum_{\text{cyc}} \left(s^2 - \frac{r}{R} \cdot s^2 \cdot \sec^2 \frac{A}{2} \right)}$$

$$= \sqrt{3 \left(\frac{(3R-r)s^2 - r(4R+r)^2}{R} \right)} \text{ and so,}$$

it suffices to prove : $\frac{R^2}{4r^2} \stackrel{?}{\geq} \frac{3s^2 \left(3 \left(\frac{(3R-r)s^2 - r(4R+r)^2}{R} \right) \right)}{(4R+r)^2 (s^2 + 4Rr + r^2)^2} \cdot 4R^2$

$$\Leftrightarrow (16R^3 + 8R^2r - 431Rr^2 + 144r^3)s^4 +$$

$$r(128R^4 + 96R^3r + 2328R^2r^2 + 1154Rr^3 + 144r^4)s^2 + Rr^2(4R+r)^4 \stackrel{?}{\geq} 0$$

Now, Rouché $\Rightarrow s^2 - (m-n) \geq 0$ and $s^2 - (m+n) \leq 0$, where $m = 2R^2 + 10Rr - r^2$ & $n = 2(R-2r)\sqrt{R^2 - 2Rr} \therefore (s^2 - (m+n))(s^2 - (m-n)) \leq 0$

$$\Rightarrow s^4 - s^2(2m) + m^2 - n^2 \leq 0 \Rightarrow s^4 - s^2(4R^2 + 20Rr - 2r^2) + r(4R+r)^3 \stackrel{(*)}{\leq} 0$$

① is trivially true if : $16R^3 + 8R^2r - 431Rr^2 + 144r^3 \geq 0$ and when : $16R^3 + 8R^2r - 431Rr^2 + 144r^3 < 0$, then via (*), in order to prove ①,

it suffices to prove : LHS of ① $\stackrel{?}{\geq}$

$$(16R^3 + 8R^2r - 431Rr^2 + 144r^3)(s^4 - s^2(4R^2 + 20Rr - 2r^2) + r(4R+r)^3)$$

$$\Leftrightarrow (16R^5 + 120R^4r - 375R^3r^2 - 1433R^2r^3 + 1224Rr^4 - 36r^5)s^2 \stackrel{?}{\geq} 0$$

$$r(256R^6 + 256R^5r - 6816R^4r^2 - 2864R^3r^3 + 433R^2r^4 + 324Rr^5 + 36r^6)$$

Case 1 $X = 16R^5 + 120R^4r - 375R^3r^2 - 1433R^2r^3 + 1224Rr^4 - 36r^5 \geq 0$

and then : LHS of ② $\stackrel{\text{Gerretsen}}{\geq} X(16Rr - 5r^2) \stackrel{?}{\geq}$ RHS of ②

$$\Leftrightarrow 176t^5 + 24t^4 - 2021t^3 + 2924t^2 - 780t + 16 \stackrel{?}{\geq} 0 \left(t = \frac{R}{r} \right)$$

$$\Leftrightarrow (t-2) \left(176t^2(t^2-4) + 376t^2(t-2) + 187t^2 + 364t + 4(t-2) \right) \stackrel{?}{\geq} 0$$

$$\rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2$$

Case 2 $X < 0$ and then : LHS of ② $\stackrel{\text{Blundon-Gerretsen}}{\geq} X \cdot \frac{R(4R+r)^2}{4R-2r} \stackrel{?}{\geq}$ RHS of ②

$$\Leftrightarrow 256t^8 + 1024t^7 - 5536t^6 + 1968t^5 + 5569t^4 + 323t^3 + 506t^2 + 468t +$$

$$72 \stackrel{?}{\geq} 0 \Leftrightarrow (t-2)(4t+1)^2(16t^4 + 120t^3 + 36t^2 + 5t(t-2) + t+18) \stackrel{?}{\geq} 0$$

$\rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow$ ② is true $\therefore$ combining both cases, ② $\Rightarrow$ ① is true $\forall \Delta ABC$

$$\therefore \frac{R}{2r} \geq \frac{s\sqrt{3} \cdot (n_a + n_b + n_c)}{(r_a + r_b + r_c)(h_a + h_b + h_c)} \forall \Delta ABC, " = " \text{ iff } \Delta ABC \text{ is equilateral (QED)}$$

4252. In any $\triangle ABC$ the following relationship holds :

$$\frac{2g_b g_c}{h_a} \leq \frac{w_a \cdot \sqrt{4r^2 + (b-c)^2}}{n_a - \sqrt{4r^2 + (b-c)^2}}$$

Proposed by Bogdan Fuștei-Romania

Solution by Soumava Chakraborty-Kolkata-India

Let $x = s - a, y = s - b, z = s - c$ and then : $a = y + z, b = z + x, c = x + y$ and $s = x + y + z$ and furthermore, we denote : $\frac{y+z}{x} = m$ and $\frac{yz}{x^2} = n$ and then, we have the following **set "S" of relations** : $y^2 + z^2 = x^2(m^2 - 2n)$, squaring

$$\begin{aligned} & \text{and via Bogdan Fustei} \\ & y^3 + z^3 = x^3(m^3 - 3mn), \text{ and now, } g_b g_c \stackrel{?}{\leq} r_a w_a \Leftrightarrow \\ & \left((s-b)^2 + \frac{4(s-a)(s-b)(s-c)}{b} \right) \left((s-c)^2 + \frac{4(s-a)(s-b)(s-c)}{c} \right) \stackrel{?}{\leq} \\ & \frac{s(s-b)(s-c)}{s-a} \cdot \frac{4bc}{(b+c)^2} \cdot s(s-a) \end{aligned}$$

$$\begin{aligned} & \Leftrightarrow 4(z+x)^2(x+y)^2(x+y+z)^2 \stackrel{?}{\geq} (4zx + xy + yz)(4xy + zx + yz)(2x + y + z)^2 \\ & \Leftrightarrow 4x^6 + 16x^5(y+z) + 8x^4(y^2+z^2) - 12x^4 \cdot yz - 32x^3 \cdot yz(y+z) - \\ & 5x^2 \cdot yz(y+z)^2 + 3x \cdot yz(y^3+z^3) + 13x \cdot y^2z^2(y+z) + 3y^2z^2(y+z)^2 \stackrel{?}{\geq} 0 \text{ and via } \boxed{\text{M3} \textcircled{1}} \end{aligned}$$

set of relations "S", to prove $\textcircled{1}$, it suffices to prove, following simplification :

$$\overbrace{(3m^2 + 4m)}^{\Omega_1} n^2 + \overbrace{(3m^3 - 5m^2 - 32m - 28)}^{\Omega_2} n + \overbrace{(8m^2 + 16m + 4)}^{\Omega_3} + \boxed{\text{M3} \textcircled{2}} 0$$

and it's trivially true when : $\Omega_2 \geq 0$ and when : $\Omega_2 < 0$, then :

$$3m^3 - 5m^2 - 32m - 28 = (m-5)(3m^2 + 10m + 18) + 62 < 0$$

$$\Rightarrow (m-5)(3m^2 + 10m + 18) < -62 < 0 \Rightarrow m < 5 \rightarrow \text{(i)}$$

Now, LHS of $\textcircled{2}$ is a quadratic polynomial in "n" with discriminant, $\boxed{\delta} =$

$$\sigma_2^2 - 4\sigma_1\sigma_3 = (m+1)(m+2)^2(9m^3 - 75m^2 + 40m + 196) \text{ and when : } 9m^3 - 75m^2 + 40m + 196 \leq 0, \text{ then } \delta \leq 0 \Rightarrow \textcircled{2} \text{ is trivially true and when :}$$

$$9m^3 - 75m^2 + 40m + 196 > 0, \text{ then : } 9m^3 - 75m^2 + 40m + 196$$

$$= \left(3m(m-5) - 3m - \frac{86}{3} \right) (3m-7) - \frac{14}{3} > 0$$

$$\Rightarrow \left(3m(m-5) - 3m - \frac{86}{3} \right) (3m-7) > \frac{14}{3} > 0 \text{ and } \therefore m \stackrel{\text{via (i)}}{\leq} 5$$

$$\Rightarrow 3m(m-5) - 3m - \frac{86}{3} < 0 \therefore m < \frac{7}{3} \rightarrow \text{(ii)} \text{ and so, when : } \delta > 0,$$

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then it suffices to prove : $2\Omega_1 \cdot n \stackrel{?}{\leq} -\Omega_2 - \sqrt{\delta} \Leftrightarrow$ and $\because n \stackrel{\text{AM-GM}}{\leq} \frac{m^2}{4}$

$\therefore$ suffices to prove : $\Omega_1 \cdot \frac{m^2}{2} \stackrel{?}{\leq} -\Omega_2 - \sqrt{\delta} \Leftrightarrow -(m+2)^2(3m^2-2m-14) \stackrel{?}{\geq} 2\sqrt{\delta}$

and $\because 3m^2-2m-14 = \left(m+\frac{5}{3}\right)(3m-7) - \frac{7}{3} \stackrel{\text{via (ii)}}{<} 0 \therefore$ it suffices to prove :

$(m+2)^4(3m^2-2m-14)^2 \stackrel{?}{\geq} 4(m+1)(m+2)^2(9m^3-75m^2+40m+196)$

$\Leftrightarrow \boxed{m(m+2)^2(m-2)^2(3m+4)(3m^2+16m+4) \stackrel{?}{\geq} 0} \therefore g_b g_c \leq r_a w_a$

$\Rightarrow h_a \cdot \frac{w_a \cdot \sqrt{4r^2 + (b-c)^2}}{n_a - \sqrt{4r^2 + (b-c)^2}} \stackrel{\text{Bogdan Fustei}}{=} \frac{2rs}{a} \cdot \frac{w_a}{\left(\frac{an_a}{s}\right) - 1} = \frac{2rs}{a} \cdot \frac{aw_a}{s-a} = \frac{2rs}{s-a} \cdot w_a$

$= 2r_a w_a \geq 2g_b g_c$ and so, $\frac{2g_b g_c}{h_a} \leq \frac{w_a \cdot \sqrt{4r^2 + (b-c)^2}}{n_a - \sqrt{4r^2 + (b-c)^2}} \forall \Delta ABC,$

" = " iff ΔABC is equilateral (QED)

4253. In any ΔABC the following relationship holds :

$$\frac{g_b g_c}{r} \leq \frac{n_a w_a}{n_a - \sqrt{4r^2 + (b-c)^2}}$$

Proposed by Bogdan Fuștei-Romania

Solution by Soumava Chakraborty-Kolkata-India

Let $x = s - a, y = s - b, z = s - c$ and then : $a = y + z, b = z + x, c = x + y$ and $s = x + y + z$ and furthermore, we denote : $\frac{y+z}{x} = m$ and $\frac{yz}{x^2} = n$ and then, we have the following **set "S" of relations** : $y^2 + z^2 = x^2(m^2 - 2n)$,

squaring
and via Bogdan Fustei

$$y^3 + z^3 = x^3(m^3 - 3nn), \text{ and now, } g_b g_c \stackrel{?}{\leq} r_a w_a \Leftrightarrow$$

$$\left((s-b)^2 + \frac{4(s-a)(s-b)(s-c)}{b} \right) \left((s-c)^2 + \frac{4(s-a)(s-b)(s-c)}{c} \right) \stackrel{?}{\leq}$$

$$\frac{s(s-b)(s-c)}{s-a} \cdot \frac{4bc}{(b+c)^2} \cdot s(s-a)$$

$$\Leftrightarrow 4(z+x)^2(x+y)^2(x+y+z)^2 \stackrel{?}{\geq} (4zx + xy + yz)(4xy + zx + yz)(2x + y + z)^2$$

$$\Leftrightarrow 4x^6 + 16x^5(y+z) + 8x^4(y^2+z^2) - 12x^4 \cdot yz - 32x^3 \cdot yz(y+z) -$$

$$5x^2 \cdot yz(y+z)^2 + 3x \cdot yz(y^3+z^3) + 13x \cdot y^2 z^2(y+z) + 3y^2 z^2(y+z)^2 \stackrel{?}{\geq} 0 \text{ and via}$$

set of relations "S", to prove ①, it suffices to prove, following simplification :

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$$\overbrace{(3m^2 + 4m)}^{\Omega_1} n^2 + \overbrace{(3m^3 - 5m^2 - 32m - 28)}^{\Omega_2} n + \overbrace{(8m^2 + 16m + 4)}^{\Omega_3} + \boxed{? \sqrt{3} \textcircled{2}} 0$$

and it's trivially true when : $\Omega_2 \geq 0$ and when : $\Omega_2 < 0$, then :

$$3m^3 - 5m^2 - 32m - 28 = (m - 5)(3m^2 + 10m + 18) + 62 < 0$$

$$\Rightarrow (m - 5)(3m^2 + 10m + 18) < -62 < 0 \Rightarrow m < 5 \rightarrow \text{(i)}$$

Now, LHS of $\textcircled{2}$ is a quadratic polynomial in "n" with discriminant, $\boxed{\delta} =$

$\sigma_2^2 - 4\sigma_1\sigma_3 = (m + 1)(m + 2)^2(9m^3 - 75m^2 + 40m + 196)$ and when :

$9m^3 - 75m^2 + 40m + 196 \leq 0$, then $\delta \leq 0 \Rightarrow \textcircled{2}$ is trivially true and when :

$$9m^3 - 75m^2 + 40m + 196 > 0, \text{ then : } 9m^3 - 75m^2 + 40m + 196$$

$$= \left(3m(m - 5) - 3m - \frac{86}{3}\right)(3m - 7) - \frac{14}{3} > 0$$

$$\Rightarrow \left(3m(m - 5) - 3m - \frac{86}{3}\right)(3m - 7) > \frac{14}{3} > 0 \text{ and } \therefore m \stackrel{\text{via (i)}}{\leq} 5$$

$$\Rightarrow 3m(m - 5) - 3m - \frac{86}{3} < 0 \therefore m < \frac{7}{3} \rightarrow \text{(ii) and so, when : } \delta > 0,$$

$$\text{then it suffices to prove : } 2\Omega_1 \cdot n \stackrel{?}{\leq} -\Omega_2 - \sqrt{\delta} \Leftrightarrow \text{and } \therefore n \stackrel{\text{AM-GM}}{\leq} \frac{m^2}{4}$$

$$\therefore \text{ suffices to prove : } \Omega_1 \cdot \frac{m^2}{2} \stackrel{?}{\leq} -\Omega_2 - \sqrt{\delta} \Leftrightarrow -(m + 2)^2(3m^2 - 2m - 14) \stackrel{?}{\geq} 2\sqrt{\delta}$$

$$\text{and } \therefore 3m^2 - 2m - 14 = \left(m + \frac{5}{3}\right)(3m - 7) - \frac{7}{3} \stackrel{\text{via (ii)}}{<} 0 \therefore \text{ it suffices to prove :}$$

$$(m + 2)^4(3m^2 - 2m - 14)^2 \stackrel{?}{\geq} 4(m + 1)(m + 2)^2(9m^3 - 75m^2 + 40m + 196)$$

$$\Leftrightarrow \boxed{m(m + 2)^2(m - 2)^2(3m + 4)(3m^2 + 16m + 4) \stackrel{?}{\geq} 0} \therefore g_b g_c \leq r_a w_a$$

$$\Rightarrow r \cdot \frac{n_a w_a}{n_a - \sqrt{4r^2 + (b - c)^2}} \stackrel{\text{Bogdan Fustei}}{=} r \cdot \frac{n_a w_a}{n_a - \frac{an_a}{s}} = \frac{rs}{s - a} \cdot w_a = r_a w_a \geq g_b g_c$$

$$\text{and so, } \frac{g_b g_c}{r} \leq \frac{n_a w_a}{n_a - \sqrt{4r^2 + (b - c)^2}} \quad \forall \Delta ABC,$$

" = " iff ΔABC is equilateral (QED)

4254. In ΔABC the following relationship holds:

$$\frac{2r_a}{h_b + h_c} + \frac{m_b + m_c}{2r_a} \leq \frac{R}{r}$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Tapas Das-India

We will show : $a^2 - a(b + c) + 4bc > 0$ in any ΔABC (1)

Proof: we know that $a > |b - c|$ then $a^2 > (b - c)^2$

$$a^2 - a(b + c) + 4bc > (b - c)^2 - a(b + c) + 4bc = b^2 + 2bc + c^2 - a(b + c)$$

$$= (b + c)^2 - a(b + c) = (b + c)(b + c - a) > 0$$

as in ΔABC , $b + c > a$ (proof complete)

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$$\frac{m_b + m_c}{2r_a} \stackrel{\text{Pana itopol}}{\leq} \frac{R}{4r} \left(\frac{h_b + h_c}{r_a} \right)$$

we will show: $\frac{2r_a}{h_b + h_c} + \frac{m_b + m_c}{2r_a} \leq \frac{R}{r}$ or, $\frac{2r_a}{h_b + h_c} + \frac{R}{4r} \left(\frac{h_b + h_c}{r_a} \right) \leq \frac{R}{r}$ (2)

$$\text{let } x = \frac{2r_a}{h_b + h_c} = \frac{\frac{2F}{s-a}}{\frac{2F}{b} + \frac{2F}{c}} = \frac{bc}{(b+c)(s-a)} \text{ then } \frac{h_b + h_c}{r_a} = \frac{2}{x}$$

$$\text{from (2) we get, } x + \frac{R}{4r} \left(\frac{2}{x} \right) \leq \frac{R}{r} \text{ or, } \frac{2r}{R} x^2 - 2x + 1 \leq 0 \quad (3)$$

$$\frac{r}{R} = \frac{4F^2}{abcs} = \frac{4(s-a)(s-b)(s-c)}{abc}$$

putting the value of x and $\frac{R}{r}$ in (3) we get

$$2 \left(\frac{4(s-a)(s-b)(s-c)}{abc} \right) \left(\frac{bc}{(b+c)(s-a)} \right)^2 - 2 \frac{bc}{(b+c)(s-a)} + 1 \leq 0$$

$$\text{or, } 8bc(s-b)(s-c) - 2abc(b+c) + a(b+c)^2(s-a) \leq 0$$

$$\text{or, } 2bc(a^2 - (b-c)^2) - 2abc(b+c) + a(b+c)^2(s-a) \leq 0$$

$$\text{or, } 4bc(a^2 - (b-c)^2) - 4abc(b+c) + a(b+c)^2(2s-2a) \leq 0 \text{ (Multiply by 2)}$$

$$\text{or, } 4bc(a^2 - (b-c)^2) - 4abc(b+c) + a(b+c)^2(b+c-a) \leq 0$$

$$\text{or, } a^2(4bc - (b+c)^2) + ((b+c)^3 - 4bc(b+c))a - 4bc(b-c)^2 \leq 0$$

$$\text{or, } -a^2(b-c)^2 + a(b+c)(b-c)^2 - 4bc(b-c)^2 \leq 0$$

$$\text{or, } -(b-c)^2(a^2 - a(b+c) + 4bc) \leq 0 \text{ true by (1)}$$

Equality holds for $b=c$

4255. In any $\triangle ABC$ the following relationship holds :

$$m_a \leq \sqrt{\frac{R+2r}{16r}} \cdot (r_b + r_c)$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

Let $x = s - a, y = s - b, z = s - c$ and then : $a = y + z, b = z + x,$

$c = x + y$ and $s = x + y + z$ and furthermore, we denote : $\frac{y+z}{x} = m$ and $\frac{yz}{x^2} = n$

and then, we have the following set "S" of relations : $y^2 + z^2 = x^2(m^2 - 2n),$

$$y^3 + z^3 = x^3(m^3 - 3nn), y^4 + z^4 = x^4((m^2 - 2n)^2 - 2n^2),$$

$$y^5 + z^5 = x^5 \left(m((m^2 - 2n)^2 + n^2 - nm^2) \right), \text{ and now, } m_a \leq \sqrt{\frac{R+2r}{16r}} \cdot (r_b + r_c)$$

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$$\Leftrightarrow (b-c)^2 + 4s(s-a) \stackrel{?}{\leq} \left(\frac{R}{4r} + \frac{1}{2}\right) \cdot \frac{16R^2 s^2 (s-a)^2 a^2}{16R^2 \cdot s(s-a)(s-b)(s-c)}$$

$$\Leftrightarrow (y-z)^2 + 4x(x+y+z) \stackrel{?}{\leq} \frac{(y+z)(z+x)(x+y) + 8xyz}{16xyz} \cdot \frac{x(x+y+z)(y+z)^2}{yz}$$

$$\Leftrightarrow x^3(y+z)^3 + 2x^2(y^4+z^4) + 16x^2 \cdot yz(y^2+z^2) - 36x^2 \cdot y^2z^2 + x(y^5+z^5) + 14x \cdot yz(y^3+z^3) - 27x \cdot y^2z^2(y+z) + yz(y^4+z^4) - 12y^2z^2(y^2+z^2) + 38y^3z^3$$

? 13 2 0 and via set of relations "S", in order to prove ①, it suffices to prove,

following simplification : $m^5 + m^4n + 2m^4 + 9m^3n + m^3 + 8m^2n - 64mn^2 - 64n^2 + 16n^2(4n - m^2) \stackrel{?}{\geq} 0$ and $\therefore 16n^2(4n - m^2) \geq 4nm^2(4n - m^2)$
 $\therefore$ it suffices to prove :

$$m^5 + m^4n + 2m^4 + 9m^3n + m^3 + 8m^2n - 64mn^2 - 64n^2 + 4nm^2(4n - m^2) \stackrel{?}{\geq} 0$$

$$\Leftrightarrow \overbrace{(16m^2 - 64m - 64)}^{\Omega_1} n^2 - \overbrace{(3m^4 - 9m^3 - 8m^2)}^{\Omega_2} n + \overbrace{m^3(m+1)^2}^{\Omega_3} \stackrel{?}{\geq} 0$$

Case 1 $m^2 - 4m - 4 > 0$ and now, LHS of ② is a quadratic polynomial in "n" with discriminant, $\delta = \Omega_2^2 - 4\Omega_1 \cdot \Omega_3 =$

$$m^3(9m^5 - 118m^4 + 161m^3 + 848m^2 + 832m + 256) \text{ and when } \delta \leq 0, \text{ then ② is trivially true and when : } \delta > 0, \text{ then it suffices to prove :}$$

$$2\Omega_1 \cdot n \stackrel{?}{\leq} \Omega_2 - \sqrt{\delta} \text{ and } \therefore n \stackrel{\text{AM-GM}}{\leq} \frac{m^2}{4} \therefore \text{it suffices to prove : } m^2 \cdot \Omega_1 \stackrel{?}{\leq} 2\Omega_2 - 2\sqrt{\delta}$$

$$\Leftrightarrow 3m^4 - 9m^3 - 16m^2 + 32m + 32 \stackrel{?}{\geq} \sqrt{\delta} \text{ and } \therefore m^2 - 4m > 4 > 0 \therefore \boxed{m > 4}$$

$$\Rightarrow 3m^4 - 9m^3 - 16m^2 + 32m + 32 =$$

$$(m-4)(3m^3 + 2m^2 + m(m-4) + 16) + 96 > 0 \therefore \text{it suffices to prove :}$$

$$(3m^4 - 9m^3 - 16m^2 + 32m + 32)^2 \stackrel{?}{\geq} m^3 \left(\frac{9m^5 - 118m^4 + 161m^3 + 848m^2 + 832m + 256}{848m^2 + 832m + 256} \right)$$

$$\Leftrightarrow \boxed{64(m+1)(m^2 - 4m - 4) \left(4m^4 + m^3 + 11m^2 + (m-4)(m+4) \right) \stackrel{?}{\geq} 0}$$

$\rightarrow$ true (strict inequality) $\Rightarrow$ ② $\Rightarrow$ ① is true

Case 2 $m^2 - 4m - 4 < 0$ and then, ② can be re-written as :

$$\overbrace{(64 + 64m - 16m^2)}^{-\Omega_1} n^2 + \overbrace{(3m^4 - 9m^3 - 8m^2)}^{\Omega_2} n - \overbrace{m^3(m+1)^2}^{\Omega_3} \stackrel{?}{\geq} 0$$

Discriminant of LHS of ③ is again, $\delta = \Omega_2^2 - 4(-\Omega_1) \cdot (-\Omega_3)$

$$= m^3(9m^5 - 118m^4 + 161m^3 + 848m^2 + 832m + 256)$$

$$= \frac{(m^3(9m - 44) - 30m^3)(9m - 44)}{9} - \left(\frac{1807m^2}{81} + \frac{10820m}{729} \right) (9m - 44) +$$

$$178m + \frac{686m}{729} + 256 > 0 \left(\because m^2 - 4m - 4 < 0 \Rightarrow 0 < m < 2 + 2\sqrt{2} < \frac{44}{9} \right)$$

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$\therefore$ it suffices to prove : $2(-\Omega_1) \cdot n \stackrel{?}{\geq} -\Omega_2 + \sqrt{\delta}$ AND $2(-\Omega_1) \cdot n \stackrel{?}{\geq} -\Omega_2 - \sqrt{\delta}$

Now, $2(-\Omega_1) \cdot n \leq \frac{(-\Omega_1) \cdot m^2}{2} \stackrel{?}{\leq} -\Omega_2 + \sqrt{\delta} \Leftrightarrow m^2(24 + 23m - 5m^2) \stackrel{?}{\leq} \sqrt{\delta}$ and

$$\therefore 24 + 23m - 5m^2 = (5 - m)(5m + 2) + 14 > 0 \quad (\because m < 2 + 2\sqrt{2} < 5)$$

$\therefore$ it suffices to prove :

$$m^3(9m^5 - 118m^4 + 161m^3 + 848m^2 + 832m + 256) \stackrel{?}{\geq} m^4(24 + 23m - 5m^2)^2$$

$$\Leftrightarrow \boxed{16m^3(m+1)(m-2)^2(4+4m-m^2)} \stackrel{?}{\geq} 0 \rightarrow \text{true} \Rightarrow (*) \text{ is true}$$

$$\text{and } 2(-\Omega_1) \cdot n + \sqrt{\delta} > \sqrt{\delta} = \sqrt{\Omega_2^2 + 4(-\Omega_1) \cdot \Omega_3} \stackrel{-\Omega_1 > 0}{>} \sqrt{\Omega_2^2} = |\Omega_2| \geq -\Omega_2$$

$\Rightarrow (**) \text{ is true and so, } (3) \Rightarrow (2) \Rightarrow (1) \text{ is true}$

$$\therefore m_a \leq \sqrt{\frac{R+2r}{16r}} \cdot (r_b + r_c) \quad \forall \Delta ABC, '' = '' \text{ iff } \Delta ABC \text{ is equilateral (QED)}$$

4256. In any ΔABC the following relationship holds :

$$\left(\sum_{cyc} h_a \right) \left(\sum_{cyc} w_a \right) \left(\sum_{cyc} r_a \right) \leq \prod_{cyc} (r_a + r_b + h_c)$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \prod_{cyc} \left(4R \cos^2 \frac{A}{2} + h_a \right) &= 64R^3 \cdot \frac{s^2}{16R^2} + \frac{2r^2 s^2}{R} + \\ 16R^2 \cdot \sum_{cyc} \left(\frac{s(s-b)}{ca} \cdot \frac{s(s-c)}{ab} \cdot \frac{bc}{2R} \cdot \frac{b^2 c^2}{b^2 c^2} \right) &+ 4R \cdot \sum_{cyc} \left(\frac{s(s-a)}{bc} \cdot \frac{ca}{2R} \cdot \frac{ab}{2R} \right) \\ &= 4Rs^2 + \frac{2r^2 s^2}{R} + \\ \frac{1}{2Rr^2} \left(-s^2((s^2 + 4Rr + r^2)^2 - 16Rrs^2) + (s^2 + 4Rr + r^2)^3 - \right) &+ \\ \frac{s}{R} \left(2s(s^2 - 4Rr - r^2) - 2s(s^2 - 6Rr - 3r^2) \right) &\stackrel{?}{\geq} \\ \frac{(s^2 + 4Rr + r^2)(4R + r) \cdot \sqrt{s^2 + 21Rr + 12r^2}}{2R} &\stackrel{\text{squaring}}{\Leftrightarrow} s^8 + 27r^2 s^6 + \\ (64R^4 - 272R^3 r - 120R^2 r^2 - 5Rr^3 + 184r^4) s^4 &+ \\ r(1024R^5 - 1664R^4 r - 1440R^3 r^2 - 296R^2 r^3 - 2Rr^4 + 3r^5) s^2 &- \end{aligned}$$

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$$r^2 \left(\frac{4096R^6 + 768R^5r - 4608R^4r^2 - 3808R^3r^3 - 1248R^2r^4 - 189Rr^5 - 11r^6}{189Rr^5 - 11r^6} \right) \stackrel{?}{\geq} 0 \quad \text{①}$$

Now, Rouché $\Rightarrow s^2 - (m - n) \geq 0$ and $s^2 - (m + n) \leq 0$, where $m = 2R^2 + 10Rr - r^2$ & $n = 2(R - 2r)\sqrt{R^2 - 2Rr} \therefore (s^2 - (m + n))(s^2 - (m - n)) \leq 0$
 $\Rightarrow s^4 - s^2(2m) + m^2 - n^2 \leq 0 \Rightarrow s^4 - s^2(4R^2 + 20Rr - 2r^2) + r(4R + r)^3 \leq 0$

$\therefore$ in order to prove ①, it suffices to prove :

$$\text{LHS of ①} \stackrel{?}{\geq} (s^4 - s^2(4R^2 + 20Rr - 2r^2) + r(4R + r)^3)^2 \Leftrightarrow$$

$$(8R^2 + 40Rr + 23r^2)s^6 + (48R^4 - 560R^3r - 600R^2r^2 + 51Rr^3 + 178r^4)s^4 +$$

$$r(1536R^5 + 1280R^4r + 320R^3r^2 - 10Rr^4 - r^5)s^2 -$$

$$r^3(5376R^5 + 8448R^4r + 5088R^3r^2 + 1488R^2r^3 + 213Rr^4 + 12r^5) \stackrel{?}{\geq} 0 \text{ and } \therefore \quad \text{②}$$

$$(s^2 - 16Rr + 5r^2)^3 \stackrel{\text{Gerretsen}}{\geq} 0 \therefore \text{in order to prove ②,}$$

it suffices to prove : LHS of ② $\stackrel{?}{\geq} (8R^2 + 40Rr + 23r^2)(s^2 - 16Rr + 5r^2)^3$

$$\Leftrightarrow (48R^4 - 176R^3r + 1200R^2r^2 + 555Rr^3 - 167r^4)s^4 +$$

$$r(1536R^5 - 4864R^4r - 26560R^3r^2 + 936R^2r^3 + 8030Rr^4 - 1726r^5)s^2 +$$

$$r^3 \left(64(428R^5 + 1948R^4r - 858R^3r^2 - 669R^2r^3 + 350Rr^4 - 45r^5) \right. \stackrel{?}{\geq} 0 \text{ and } \therefore \quad \text{③}$$

$$\left. + 32R^3r^2 + 8R^2r^3 - 13Rr^4 - 7r^5 \right)$$

$$P = (48R^4 - 176R^3r + 1200R^2r^2 + 555Rr^3 - 167r^4)(s^2 - 16Rr + 5r^2)^2$$

$$\stackrel{\text{Gerretsen}}{\geq} 0 \therefore \text{in order to prove ③, it suffices to prove : LHS of ③} \stackrel{?}{\geq} P$$

$$\Leftrightarrow (384R^5 - 1372R^4r + 1700R^3r^2 + 837R^2r^3 - 358Rr^4 - 7r^5)s^2 \stackrel{?}{\geq} 0 \quad \text{④}$$

$$r(1536R^6 - 10016R^5r + 26486R^4r^2 + 70R^3r^3 - 7343R^2r^4 + 2276Rr^5 - 161r^6)$$

$$\text{and finally, LHS of ④} \stackrel{\text{Gerretsen}}{\geq} (384R^5 - 1372R^4r + 1700R^3r^2 + 837R^2r^3 - 358Rr^4 - 7r^5)(16Rr - 5r^2) \stackrel{?}{\geq} \text{RHS}_{④}$$

$$\Leftrightarrow 2304t^6 - 6928t^5 + 3787t^4 + 2411t^3 - 1285t^2 - 299t + 98 \stackrel{?}{\geq} 0 \left(t = \frac{R}{r} \right)$$

$$\Leftrightarrow (t - 2)(2304t^5 - 2320t^4 - 853t^3 + 705t^2 + 125t - 49) \stackrel{?}{\geq} 0 \rightarrow \text{true} \therefore t \stackrel{\text{Euler}}{\geq} 2$$

$\Rightarrow ④ \Rightarrow ③ \Rightarrow ② \Rightarrow ①$ is true

$$\therefore \prod_{\text{cyc}} (r_a + r_b + h_c) \geq \frac{(s^2 + 4Rr + r^2)(4R + r) \cdot \sqrt{s^2 + 21Rr + 12r^2}}{2R}$$

$$\stackrel{\text{Dang Ngoc Minh}}{\geq} \left(\sum_{\text{cyc}} h_a \right) \left(\sum_{\text{cyc}} r_a \right) \left(\sum_{\text{cyc}} w_a \right)$$

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(Reference : Inequality in Triangle by Dang Ngoc Minh – 90;
published at www.ssmrmh.ro) and so,

$$\left(\sum_{\text{cyc}} h_a\right)\left(\sum_{\text{cyc}} w_a\right)\left(\sum_{\text{cyc}} r_a\right) \leq \prod_{\text{cyc}} (r_a + r_b + h_c) \quad \forall ABC,$$

" = " iff $\triangle ABC$ is equilateral (QED)

4257. In $\triangle ABC$ holds :

$$\frac{3 \sum_{\text{cyc}} (23a^4 - 14b^2c^2)}{16 \sum_{\text{cyc}} a^2} \geq \left(\sum_{\text{cyc}} \frac{m_a^2}{m_b + m_c} \right)^2 \geq \frac{3 \sum_{\text{cyc}} (8a^4 + b^2c^2)}{16 \sum_{\text{cyc}} a^2}$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \sum_{\text{cyc}} \frac{a^2}{b+c} &= \frac{(\sum_{\text{cyc}} a^2)(\sum_{\text{cyc}} ab) + 2 \sum_{\text{cyc}} a^2b^2 - 16r^2s^2}{2s(s^2 + 2Rr + r^2)} \\ &\Rightarrow \left(4 \sum_{\text{cyc}} a^2\right) \left(\sum_{\text{cyc}} \frac{a^2}{b+c}\right)^2 \\ &= \frac{8(s^2 + 4Rr + r^2)(s^4 - (4Rr + r^2)^2 + (s^2 + 4Rr + r^2)^2 - 16Rrs^2 - 8r^2s^2)^2}{s^2(s^2 + 2Rr + r^2)^2} \stackrel{?}{\geq} \\ &\quad 17 \sum_{\text{cyc}} a^2b^2 - 128r^2s^2 = 17((s^2 + 4Rr + r^2)^2 - 16Rrs^2) - 128r^2s^2 \\ &\Leftrightarrow 15s^8 - (316Rr + 164r^2)s^6 + r^2(1740R^2 - 2236Rr - 634r^2)s^4 - \\ &\quad r^3(2592R^3 + 3752R^2r + 1748Rr^2 + 228r^3)s^2 - \\ &\quad r^4(1088R^4 + 1632R^3r + 884R^2r^2 + 204Rr^3 + 17r^4) \stackrel{?}{\geq} 0 \text{ and} \end{aligned}$$

$\therefore 15(s^2 - 16Rr + 5r^2)^4 \stackrel{\text{Gerretsen}}{\geq} 0 \therefore$ in order to prove ①, it suffices to prove :

$$\begin{aligned} \text{LHS of ①} &\stackrel{?}{\geq} 15(s^2 - 16Rr + 5r^2)^4 \\ &\Leftrightarrow (161R - 116r)s^6 - r(5325R^2 - 4159Rr + 404r^2)s^4 + \\ &\quad r^2(32(1899R^3 - 1830R^2r + 549Rr^2 - 60r^3) + 24R^3 + 22R^2r - 5Rr^2 - 12r^3)s^2 \\ &\quad - r^3 \left(64(3844R^4 - 4794R^3r + 2254R^2r^2 - 468Rr^3 + 36r^4) + \right. \\ &\quad \left. 16R^4 + 24R^3r - 35R^2r^2 + 3Rr^3 + 44r^4 \right) \stackrel{?}{\geq} 0 \text{ and} \therefore \end{aligned}$$

$$\begin{aligned} P &= (161R - 116r)(s^2 - 16Rr + 5r^2)^3 + \\ &\quad r(2403R^2 - 3824Rr + 1336r^2)(s^2 - 16Rr + 5r^2)^2 \stackrel{\text{Gerretsen}}{\geq} 0 \therefore \text{to prove ②,} \end{aligned}$$

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suffices to prove : LHS of ② $\stackrel{?}{\geq} P \Leftrightarrow (1755R^3 - 4821R^2r + 3850Rr^2 - 824r^3)s^2$
 $\stackrel{?}{\geq} r \left(\frac{32(788R^4 - 22535R^3r + 2029R^2r^2 - 703Rr^3 + 83r^4)}{2R^4 + 15R^3r + 11R^2r^2 - 2Rr^3} \right)$; Finally, LHS of ③

$$\stackrel{\text{Rouche+Euler}}{\geq} (1755R^3 - 4821R^2r + 3850Rr^2 - 824r^3) \left(16Rr - 5r^2 + \frac{r^2(R - 2r)}{R - r} \right)$$

$$\stackrel{?}{\geq} \text{RHS}_{\text{③}} \Leftrightarrow 2862t^5 - 14913t^4 + 26241t^3 - 17210t^2 + 2876t + 184 \stackrel{?}{\geq} 0 \left(t = \frac{R}{r} \right)$$

$$\Leftrightarrow (t - 2) \left((t - 2)(2862t^3 - 3465t^2 + 933t + 382) + 672 \right) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2$$

$$\therefore \left(\sum_{\text{cyc}} \frac{a^2}{b + c} \right)^2 \geq \frac{17 \sum_{\text{cyc}} a^2 b^2 - 128r^2 s^2}{4 \sum_{\text{cyc}} a^2} \text{ \& implementing it on } \Delta XYZ \text{ with sides}$$

$$\frac{2m_a}{3}, \frac{2m_b}{3}, \frac{2m_c}{3} \text{ whose medians are } \frac{a}{2}, \frac{b}{2}, \frac{c}{2} \text{ \& area } \frac{F}{3}, \text{ we get : } \frac{4}{9} \left(\sum_{\text{cyc}} \frac{m_a^2}{m_b + m_c} \right)^2$$

$$\geq \frac{17 \sum_{\text{cyc}} a^2 b^2 - 128F^2}{12 \sum_{\text{cyc}} a^2} \left(\because \sum_{\text{cyc}} m_a^2 m_b^2 = \frac{9 \sum_{\text{cyc}} a^2 b^2}{16} \text{ and } \sum_{\text{cyc}} m_a^2 = \frac{3 \sum_{\text{cyc}} a^2}{4} \right)$$

$$= \frac{17 \sum_{\text{cyc}} a^2 b^2 - 8(2 \sum_{\text{cyc}} a^2 b^2 - \sum_{\text{cyc}} a^4)}{12 \sum_{\text{cyc}} a^2} \Rightarrow \left(\sum_{\text{cyc}} \frac{m_a^2}{m_b + m_c} \right)^2 \geq$$

$$\frac{3 \sum_{\text{cyc}} (8a^4 + b^2 c^2)}{16 \sum_{\text{cyc}} a^2} \text{ \& also, } \frac{2 \sum_{\text{cyc}} a^2 b^2 - 23F^2}{\sum_{\text{cyc}} a^2} \stackrel{?}{\geq} \frac{1}{4} \left(\sum_{\text{cyc}} \frac{a^2}{b + c} \right)^2 \Leftrightarrow (16R - r)s^6 -$$

$$r(120R^2 + 196Rr + 64r^2)s^4 + r^2(192R^3 + 212R^2r + 68Rr^2 + 3r^3)s^2 +$$

$$r^3(128R^4 + 192R^3r + 104R^2r^2 + 24Rr^3 + 2r^4) \stackrel{?}{\geq} 0 \text{ and } \therefore Q =$$

$$(16R - r)(s^2 - 16Rr + 5r^2)^3 + r(648R^2 - 484Rr - 49r^2)(s^2 - 16Rr + 5r^2)^2$$

$$\stackrel{\text{Gerretsen}}{\geq} 0 \therefore \text{in order to prove ④, it suffices to prove : LHS of ④} \stackrel{?}{\geq} Q$$

$$\Leftrightarrow \left(\frac{2160R^3 - 3327R^2r + 415Rr^2 + 142r^3}{142r^3} \right) s^2 \stackrel{?}{\geq} r \left(\frac{25056R^4 - 40560R^3r + 14488R^2r^2 - 271Rr^3 - 338r^4}{142r^3} \right)$$

$$\text{Finally, LHS}_{\text{⑤}} \stackrel{\text{Gerretsen}}{\geq} (2160R^3 - 3327R^2r + 415Rr^2 + 142r^3)(16Rr - 5r^2)$$

$$\stackrel{?}{\geq} \text{RHS of ⑤} \Leftrightarrow 3168t^4 - 7824t^3 + 2929t^2 + 156t - 124 \stackrel{?}{\geq} 0 \Leftrightarrow$$

$$(t - 2)(3168t^3 - 1488t^2 - 47t + 62) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \therefore \frac{1}{4} \left(\sum_{\text{cyc}} \frac{a^2}{b + c} \right)^2 \leq$$

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$$\frac{2 \sum_{\text{cyc}} a^2 b^2 - 23F^2}{\sum_{\text{cyc}} a^2} \text{ \& invoking on } \Delta XYZ \text{ using "}\sigma\text{" \& } 2 \sum_{\text{cyc}} a^2 b^2 - \sum_{\text{cyc}} a^4 = 16F^2,$$

$$\left(\sum_{\text{cyc}} \frac{m_a^2}{m_b + m_c} \right)^2 \leq \frac{3 \sum_{\text{cyc}} (23a^4 - 14b^2 c^2)}{16 \sum_{\text{cyc}} a^2}, " = " \text{ iff } \Delta ABC \text{ is equilateral (QED)}$$

4258. In any ΔABC the following relationship holds :

$$r_b + r_c \geq \max \left\{ \frac{m_b}{m_c} \cdot r_b + \frac{m_c}{m_b} \cdot r_c; \frac{w_b}{w_c} \cdot r_b + \frac{w_c}{w_b} \cdot r_c; \frac{h_b}{h_c} \cdot r_b + \frac{h_c}{h_b} \cdot r_c \right\}$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

$$r_b + r_c \stackrel{?}{\geq} \frac{m_b}{m_c} \cdot r_b + \frac{m_c}{m_b} \cdot r_c \stackrel{\text{squaring}}{\Leftrightarrow} r_b^2 \left(1 - \frac{m_b^2}{m_c^2} \right) \stackrel{?}{\geq} r_c^2 \left(\frac{m_c^2}{m_b^2} - 1 \right)$$

$$\Leftrightarrow \frac{(m_c^2 - m_b^2)(r_b^2 m_b^2 - r_c^2 m_c^2)}{m_b^2 m_c^2} \stackrel{?}{\geq} 0$$

WLOG we may assume : $b \geq c$ and then : $m_c \geq m_b$ and so, it remains to prove :

$$(s - c)^2 \left(2 \sum_{\text{cyc}} a^2 - 3b^2 \right) \stackrel{?}{\geq} (s - b)^2 \left(2 \sum_{\text{cyc}} a^2 - 3c^2 \right)$$

$$\Leftrightarrow \left(2 \sum_{\text{cyc}} a^2 \right) (b - c)a \stackrel{?}{\geq} 3(b(s - c) + c(s - b)) \cdot s(b - c) \text{ and } \because b \geq c$$

$\therefore$ it remains to prove :

$$2((y + z)^2 + (z + x)^2 + (x + y)^2)(y + z) \stackrel{?}{\geq} 3(x + y + z)(z(z + x) + y(x + y))$$

(where $x = s - a, y = s - b, z = s - c$ and then :
 $a = y + z, b = z + x, c = x + y$ and $s = x + y + z$)

$$\Leftrightarrow 3xy(x + y) + 2x(y + z)^2 + 2xyz + 3(y^3 + z^3) + 7yz(y + z) \stackrel{?}{\geq} 0$$

$$\rightarrow \text{true } \because x, y, z > 0 \text{ (strict inequality) } \therefore \boxed{r_b + r_c \geq \frac{m_b}{m_c} \cdot r_b + \frac{m_c}{m_b} \cdot r_c}$$

$$\text{Again, } r_b + r_c \stackrel{?}{\geq} \frac{w_b}{w_c} \cdot r_b + \frac{w_c}{w_b} \cdot r_c \stackrel{\text{squaring}}{\Leftrightarrow} r_b^2 \left(1 - \frac{w_b^2}{w_c^2} \right) \stackrel{?}{\geq} r_c^2 \left(\frac{w_c^2}{w_b^2} - 1 \right)$$

$$\Leftrightarrow \frac{(w_c^2 - w_b^2)(r_b^2 w_b^2 - r_c^2 w_c^2)}{w_b^2 w_c^2} \stackrel{?}{\geq} 0$$

WLOG we may assume : $b \geq c$ and then : $w_c \geq w_b$ and so, it remains to prove :

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$$\frac{s}{s-b} \cdot \frac{4ca}{(c+a)^2} \stackrel{?}{\geq} \frac{s}{s-c} \cdot \frac{4ab}{(a+b)^2} \text{ and } \because (a+b)^2 \geq (c+a)^2$$

$\therefore$ it suffices to prove : $c(s-c) \stackrel{?}{\geq} b(s-b) \Leftrightarrow (b+c)(b-c) \stackrel{?}{\geq} s(b-c)$

$$\Leftrightarrow (2s-a-s)(b-c) \stackrel{?}{\geq} 0 \Leftrightarrow (s-a)(b-c) \stackrel{?}{\geq} 0 \rightarrow \text{true}$$

$$\therefore \boxed{r_b + r_c \geq \frac{w_b}{w_c} \cdot r_b + \frac{w_c}{w_b} \cdot r_c} \text{ and finally, } r_b + r_c \stackrel{?}{\geq} \frac{h_b}{h_c} \cdot r_b + \frac{h_c}{h_b} \cdot r_c$$

$$\text{squaring} \Leftrightarrow r_b^2 \left(1 - \frac{h_b^2}{h_c^2}\right) \stackrel{?}{\geq} r_c^2 \left(\frac{h_c^2}{h_b^2} - 1\right) \Leftrightarrow \frac{(h_c^2 - h_b^2)(r_b^2 h_b^2 - r_c^2 h_c^2)}{h_b^2 h_c^2} \stackrel{?}{\geq} 0$$

WLOG we may assume : $b \geq c$ and then : $h_c \geq h_b$ and so, it remains to prove :

$$r_b h_b \stackrel{?}{\geq} r_c h_c \Leftrightarrow \frac{r \cdot s^2}{2R} \cdot \sec^2 \frac{B}{2} \stackrel{?}{\geq} \frac{r \cdot s^2}{2R} \cdot \sec^2 \frac{C}{2} \rightarrow \text{true } \because f(x) = \sec \frac{x}{2} \text{ is } \uparrow \text{ on } (0, \pi) \text{ and}$$

$$\because b \geq c \therefore \boxed{r_b + r_c \geq \frac{h_b}{h_c} \cdot r_b + \frac{h_c}{h_b} \cdot r_c} \text{ and so, from the boxed relations,}$$

$$\text{it's clear that : } r_b + r_c \geq \max \left\{ \frac{m_b}{m_c} \cdot r_b + \frac{m_c}{m_b} \cdot r_c; \frac{w_b}{w_c} \cdot r_b + \frac{w_c}{w_b} \cdot r_c; \frac{h_b}{h_c} \cdot r_b + \frac{h_c}{h_b} \cdot r_c \right\}$$

$\forall ABC, " = " \text{ iff } b = c \text{ (QED)}$

4259. In any $\triangle ABC$ the following relationship holds :

$$\sum_{cyc} \frac{r_a}{w_a} \geq \sum_{cyc} \frac{r_b + r_c}{h_b + h_c} \geq \sum_{cyc} \frac{m_a}{h_a}$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \sum_{cyc} \frac{r_b + r_c}{h_b + h_c} &= \frac{4R}{2rs} \cdot \sum_{cyc} \left(\frac{s(s-a)}{bc} \cdot \frac{bc}{b+c} \right) \\ &= \frac{2R}{r \cdot 2s(s^2 + 2Rr + r^2)} \cdot \sum_{cyc} \left((s-a) \left(a^2 + \sum_{cyc} ab \right) \right) \\ &= \frac{R(2s(s^2 - 4Rr - r^2) - 2s(s^2 - 6Rr - 3r^2) + s(s^2 + 4Rr + r^2))}{r \cdot s(s^2 + 2Rr + r^2)} \\ &= \frac{R(s^2 + 8Rr + 5r^2)}{r(s^2 + 2Rr + r^2)} \stackrel{(i)}{=} \sum_{cyc} \frac{r_b + r_c}{h_b + h_c} \end{aligned}$$

$$\text{Now, } \left(\sum_{cyc} \frac{m_a}{h_a} \right)^2 = \frac{1}{4r^2 s^2} \left(\sum_{cyc} \left(\frac{a^2}{4} \left(2 \sum_{cyc} a^2 - 3a^2 \right) \right) + \sum_{cyc} \left(bc \cdot \frac{2a^2 + bc}{2} \right) \right)$$

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$$\sum_{\text{cyc}} \frac{r_a}{w_a} \geq \frac{29R^2 - 2s^2 + 10Rr + 14r^2}{16Rr} \quad \left(\begin{array}{l} \text{Inequality in Triangle - 228 by Dang} \\ \text{Ngoc Minh; published at www.ssmrmh.ro} \end{array} \right)$$

$$\stackrel{?}{\geq} \frac{R(s^2 + 8Rr + 5r^2)}{r(s^2 + 2Rr + r^2)} \Leftrightarrow -2s^4 + (13R^2 + 6Rr + 12r^2)s^2 -$$

$$r(70R^3 + 31R^2r - 38Rr^2 - 14r^3) \stackrel{?}{\geq} 0 \text{ and it suffices to prove : LHS of } \textcircled{5} \stackrel{?}{\geq} -2T$$

$$\Leftrightarrow (5R^2 - 34Rr + 16r^2)s^2 + r(58R^3 + 65R^2r + 62Rr^2 + 16r^3) \stackrel{?}{\geq} 0 \text{ and it's}$$

trivially true when : $5R^2 - 34Rr + 16r^2 \geq 0$ and when : $5R^2 - 34Rr + 16r^2 < 0$,

$$\begin{aligned} \text{then : LHS of } \textcircled{6} &\stackrel{\text{Gerretsen}}{\geq} (5R^2 - 34Rr + 16r^2)(4R^2 + 4Rr + 3r^2) + \\ &r(58R^3 + 65R^2r + 62Rr^2 + 16r^3) \stackrel{?}{\geq} 0 \Leftrightarrow 10t^4 - 29t^3 + 4t^2 + 12t + 32 \stackrel{?}{\geq} 0 \\ &\Leftrightarrow (t-2)^2(10t^2 + 11t + 8) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow \textcircled{6} \Rightarrow \textcircled{5} \text{ is true; so} \\ &\sum_{\text{cyc}} \frac{r_a}{w_a} \geq \sum_{\text{cyc}} \frac{r_b + r_c}{h_b + h_c} \geq \sum_{\text{cyc}} \frac{m_a}{h_a} \quad \forall \text{ ABC, " = " iff } \Delta \text{ ABC is equilateral (QED)} \end{aligned}$$

4260. In $\triangle ABC$ the following relationship holds:

$$r_b + r_c \geq \max \left\{ \frac{m_b}{m_c} r_b + \frac{m_c}{m_b} r_c; \frac{w_b}{w_c} r_b + \frac{w_c}{w_b} r_c; \frac{h_b}{h_c} r_b + \frac{h_c}{h_b} r_c \right\}$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Jenish Rijal-Bardiya-Nepal

Let $J \in \{m, w, h\}$ represent the median, angle bisector or the altitude.

It suffices to prove that:

$$r_b + r_c \geq \frac{J_b}{J_c} r_b + \frac{J_c}{J_b} r_c$$

WLOG, assume $b \geq c$.

Also let $(a, b, c) = (y + z, z + x, x + y)$ so that $z + x \geq x + y \therefore z \geq y$

$$\text{We know, } b \geq c \Rightarrow J_b \leq J_c \Leftrightarrow \frac{1}{J_b} \geq \frac{1}{J_c}.$$

Lemma: $r_b J_b \geq r_c J_c$

Proof of the lemma:

1.) For h , we have to prove that: $r_b h_b \geq r_c h_c \Leftrightarrow$

$$\frac{\Delta}{s-b} \cdot \frac{2\Delta}{b} \geq \frac{\Delta}{s-c} \cdot \frac{2\Delta}{c} \Leftrightarrow \frac{1}{y} \cdot \frac{1}{z+x} \geq \frac{1}{z} \cdot \frac{1}{x+y} \Leftrightarrow$$

$$\Leftrightarrow zx + yz \geq yz + xy \Leftrightarrow zx \geq xy \text{ which is true since } z \geq y.$$

2.) For w , we have to prove that: $r_b w_b \geq r_c w_c \Leftrightarrow$

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$$\begin{aligned} \frac{\Delta}{s-b} \cdot \frac{2}{a+c} \sqrt{acs(s-b)} &\geq \frac{\Delta}{s-c} \cdot \frac{2}{a+b} \sqrt{abs(s-c)} \quad \text{Squaring and simplifying} \\ &\Leftrightarrow \frac{c}{s-b} \cdot \frac{1}{(a+c)^2} \geq \frac{b}{s-c} \cdot \frac{1}{(a+b)^2} \\ \Leftrightarrow \frac{c(s-c)}{(a+c)^2} &\geq \frac{b(s-b)}{(a+b)^2} \Leftrightarrow \frac{xz+yz}{(x+2y+z)^2} \geq \frac{xy+yz}{(x+y+2z)^2} \text{ which is true since } z \geq y. \\ 3.) \text{ For } m, \text{ we have to prove that: } r_b m_b &\geq r_c m_c \Leftrightarrow \\ \frac{\Delta^2}{(s-b)^2} \left(\frac{2a^2 + 2c^2 - b^2}{4} \right) &\geq \frac{\Delta^2}{(s-c)^2} \left(\frac{2a^2 + 2b^2 - c^2}{4} \right) \\ \Leftrightarrow \frac{2(y+z)^2 + 2(x+y)^2 - (z+x)^2}{y^2} &\geq \frac{2(y+z)^2 + 2(z+x)^2 - (x+y)^2}{z^2} \end{aligned}$$

which is equivalent to:

$$\frac{(z-y)}{y^2 z^2} \left[(y+z) \left(x - \frac{y^2 - yz + z^2}{y+z} \right)^2 + \frac{yz(8y^2 + 7yz + 8z^2)}{y+z} \right] \geq 0$$

which is also true since $z \geq y$.

Thus, the lemma is now proven!

We can notice that $\left(\frac{1}{J_b}, \frac{1}{J_c}\right)$ and $(r_b J_b, r_c J_c)$ are similarly sorted.

Hence, by Rearrangement Inequality we have:

$$\begin{aligned} \frac{1}{J_b} (r_b J_b) + \frac{1}{J_c} (r_c J_c) &\geq \frac{1}{J_c} (r_b J_b) + \frac{1}{J_b} (r_c J_c) \\ \Leftrightarrow r_b + r_c &\geq \frac{J_b}{J_c} r_b + \frac{J_c}{J_b} r_c \end{aligned}$$

Therefore, $r_b + r_c \geq \max \left\{ \frac{m_b}{m_c} r_b + \frac{m_c}{m_b} r_c; \frac{w_b}{w_c} r_b + \frac{w_c}{w_b} r_c; \frac{h_b}{h_c} r_b + \frac{h_c}{h_b} r_c \right\}$

Equality holds if the triangle is isosceles ($b = c$)

4261. In $\triangle ABC$ the following relationship holds:

$$\frac{1}{r_a} + \frac{1}{m_a} \leq \frac{4}{h_b + h_c}$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Tapas Das-India

Let $x = s - a, y = s - b, z = s - c$ then:

$a = y + z, b = z + x, c = x + y$ & $s = x + y + z$

$$F^2 = s(s-a)(s-b)(s-c) = sxyz, \quad \frac{1}{r_a} = \frac{s-a}{F} = \frac{x}{F} \quad (1)$$

$$m_a^2 = \frac{2b^2 + 2c^2 - a^2}{4}$$

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$$m_a^2 = \frac{2b^2 + 2c^2 - a^2}{4} = \frac{4x^2 + 4xy + 4xz + (y-z)^2}{4} = \frac{4xs + (y-z)^2}{4} \&$$

$$\frac{4}{h_b + h_c} = \frac{2bc}{F(b+c)}$$

We need to show:

$$\frac{1}{r_a} + \frac{1}{m_a} \leq \frac{4}{h_b + h_c} \text{ or } \frac{F}{r_a} + \frac{F}{m_a} \leq \frac{4F}{h_b + h_c}$$

$$x + \frac{F}{m_a} \leq \frac{(1) 2(x+y)(x+z)}{2x+y+z} \text{ or, } \frac{F}{m_a} \leq \frac{2(x+y)(x+z)}{2x+y+z} - x$$

$$\frac{F}{m_a} \leq \frac{x(y+z) + 2yz}{2x+y+z} \text{ or } \frac{F^2}{m_a^2} \leq \left(\frac{x(y+z) + 2yz}{2x+y+z} \right)^2$$

$$\frac{4sxyz}{4xs + (y-z)^2} \leq \left(\frac{x(y+z) + 2yz}{2x+y+z} \right)^2$$

$$(x(y+z) + 2yz)^2(4xs + (y-z)^2) - 4sxyz(2x+y+z)^2 \geq 0$$

$$(xy + xz + 2yz)^2(4x^2 + 4xy + 4xz + y^2 - 2yz + z^2) - 4xyz(x+y+z)(2x+y+z)^2 \geq 0$$

(putting the value of $s = x + y + z$)

$$4x^4y^2 + 4x^4z^2 + 8x^4yz + 4x^3y^3 + 4x^3z^3 - 4x^4yz - 4x^3y^2z - 4x^3yz^2 + x^2y^4 + x^2z^4 + 8x^2y^3z + 8x^2yz^3 + 10x^2y^2z^2 + 4y^4z^2 - 4y^3z^3 + 4y^2z^4 \geq 0$$

$$\text{or, } (y-z)^2(4x^4 + 4x^3(y+z) + x^2(y-z)^2 + 4y^2z^2) \geq 0 \text{ true}$$

Equality holds for $y = z$ or $b = c$

4262. In any $\triangle ABC$ the following relationship holds :

$$\sin \frac{A}{2} \cdot m_a + \sin \frac{B}{2} \cdot m_b + \sin \frac{B}{2} \cdot m_b \leq \frac{\sqrt{3}}{2} \cdot s$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

$$\sum_{\text{cyc}} \left(\sin \frac{A}{2} \cdot m_a \right) = \sum_{\text{cyc}} \frac{\sqrt{a(s-b)(s-c)} \cdot m_a}{\sqrt{4Rrs}} \stackrel{\text{CBS}}{\leq}$$

$$\leq \frac{1}{\sqrt{4Rrs}} \cdot \sqrt{\sum_{\text{cyc}} ((s-b)(s-c))} \cdot \sqrt{\frac{1}{4} \sum_{\text{cyc}} \left(a \left(2 \sum_{\text{cyc}} a^2 - 3a^2 \right) \right)} =$$

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$$\text{then } \sum \frac{m_a}{a(b+c)} \leq \frac{3}{8r} \text{ \& } \frac{1}{12} \sum_{cyc} m_a(h_a + h_b)(h_a + h_c) \leq \frac{1}{8} \prod_{cyc} (r_a + h_a) \quad (A)$$

$$\begin{aligned} \frac{1}{8} \prod_{cyc} (r_a + h_a) &= \frac{F^3}{8} \frac{(a+b)(b+c)(c+a)}{abc(s-a)(s-b)(s-c)} = \frac{Fs(a+b)(b+c)(c+a)}{8abc} \\ &= \frac{Fs(a+b)(b+c)(c+a)}{8 \times 4RF} = \frac{32R}{b+c} \times \frac{a+c}{2} \cos \frac{A}{2} \times \frac{b+a}{2} \cos \frac{B}{2} \times \frac{c}{2} \cos \frac{C}{2} \\ &= \frac{(a+b)(b+c)(c+a)}{8} \prod \cos \left(\frac{A}{2} \right) = \\ &= \frac{(a+b)(b+c)(c+a)}{8} \frac{s}{4R} = \frac{s(a+b)(b+c)(c+a)}{32R} \\ \frac{1}{8} \prod_{cyc} (r_a + h_a) &\leq m_a m_b m_c \quad (B) \end{aligned}$$

From (A) & (B) we get:

$$\frac{1}{12} \sum_{cyc} m_a(h_a + h_b)(h_a + h_c) \leq \frac{1}{8} \prod_{cyc} (r_a + h_a) \leq m_a m_b m_c$$

Equality holds for an equilateral triangle.

4264. In any $\triangle ABC$ the following relationship holds:

$$\frac{r_a}{h_a + h_b} + \frac{r_b}{h_c + h_b} + \frac{r_c}{h_a + h_c} \geq \frac{20R^2 - Rr + 3r^2}{18r(R+r)}$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Mirsadix Muzefferov-Azerbaijan

$$\begin{aligned} \frac{r_a}{h_a + h_b} + \frac{r_b}{h_c + h_b} + \frac{r_c}{h_a + h_c} &\leq \frac{r_a}{4} \left(\frac{1}{h_a} + \frac{1}{h_b} \right) + \frac{r_b}{4} \left(\frac{1}{h_c} + \frac{1}{h_b} \right) + \frac{r_c}{4} \left(\frac{1}{h_a} + \frac{1}{h_c} \right) = \\ &= \frac{1}{4} \left(r_a \left(\frac{1}{r} - \frac{1}{h_c} \right) + r_b \left(\frac{1}{r} - \frac{1}{h_a} \right) + r_c \left(\frac{1}{r} - \frac{1}{h_b} \right) \right) = \frac{1}{4} \left(\frac{(r_a + r_b + r_c)}{r} - \left(\frac{r_a}{h_c} + \frac{r_b}{h_a} + \frac{r_c}{h_b} \right) \right) \\ &= \frac{1}{4r} (r_a + r_b + r_c) - \frac{1}{4} \left(\frac{r_a}{h_c} + \frac{r_b}{h_a} + \frac{r_c}{h_b} \right) = \frac{R}{r} + \frac{1}{4} - \frac{1}{4} \left(\frac{r_a}{h_c} + \frac{r_b}{h_a} + \frac{r_c}{h_b} \right) \\ &\quad \frac{r_a}{h_c} + \frac{r_b}{h_a} + \frac{r_c}{h_b} \stackrel{AM-GM}{\geq} 3 \sqrt[3]{\frac{r_a r_b r_c}{h_a h_b h_c}} = 3 \sqrt[3]{\frac{R}{2r}} \\ &\quad \frac{r_a}{h_a + h_b} + \frac{r_b}{h_c + h_b} + \frac{r_c}{h_a + h_c} \leq \frac{R}{r} + \frac{1}{4} - \frac{3}{4} \sqrt[3]{\frac{R}{2r}} \end{aligned}$$

Let's prove that :

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$$\frac{R}{r} + \frac{1}{4} - \frac{3}{4} \sqrt[3]{\frac{R}{2r}} \leq \frac{20R^2 - Rr + 3r^2}{18r(R+r)}$$

$$\text{Let : } \sqrt[3]{\frac{R}{2r}} = x \geq 1 \quad (R \geq 2r)$$

$$\text{Then: } 2x^3 - \frac{1}{4} - \frac{3}{4}x \leq \frac{80x^6 - 2x^3 + 3}{18(2x^3 + 1)} \Leftrightarrow \frac{8x^3 - 3x + 1}{4} \leq \frac{80x^6 - 2x^3 + 3}{18(2x^3 + 1)}$$

$$(8x^3 - 3x + 1)(18x^3 + 9) \leq 160x^6 - 4x^3 + 6$$

$$16x^6 + 54x^4 - 94x^3 + 27x - 3 \geq 0$$

$$(x-1)(16x^5 + 16x^4 + 70x^3 - 24x^2 - 24x + 3) \geq 0 \quad - \text{ to prove}$$

$$(x-1) \geq 0 \rightarrow x \geq 1 \rightarrow \sqrt[3]{\frac{R}{2r}} \geq 1 \rightarrow R \geq 2r \quad (\text{True})$$

Remains to prove: $16x^5 + 16x^4 + 70x^3 - 24x^2 - 24x + 3 > 0$

$$16x^5 + 16x^4 + 24x^2(x-1) + 24x(x^2-1) + 22x^3 + 3 > 0 \quad (\text{True})$$

Equality holds for : $a = b = c$

4265.

In any $\triangle ABC$ the following relationship holds :

$$\frac{2m_a}{r_b + r_c} + \frac{r_b + r_c}{2m_a} \leq \sqrt{\frac{R + 6r}{2r}}$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

$$\frac{2m_a}{r_b + r_c} = x \text{ (say) and we are to prove : } x + \frac{1}{x} \stackrel{?}{\leq} \sqrt{\frac{R + 6r}{2r}} = t \text{ (say)}$$

$$\Leftrightarrow x^2 - xt + 1 \stackrel{?}{\leq} 0 \Leftrightarrow 2x \boxed{\begin{matrix} ? \\ \geq \\ 1 \end{matrix}} t + \sqrt{t^2 - 4} \text{ AND } 2x \boxed{\begin{matrix} ? \\ \geq \\ 2 \end{matrix}} t - \sqrt{t^2 - 4}$$

$$\left(\because t^2 - 4 = \frac{R - 2r}{2r} \stackrel{\text{Euler}}{\geq} 0 \right)$$

$$\text{Now, } (b+c)^2 \stackrel{?}{\geq} 32Rr \cdot \cos^2 \frac{A}{2} = 8r(r_b + r_c) = 8r^2 s \left(\frac{1}{s-b} + \frac{1}{s-c} \right)$$

$$= 8(s-a)(s-b)(s-c) \cdot \frac{a}{(s-b)(s-c)} = 4a(b+c-a)$$

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$$\begin{aligned}
 &\Leftrightarrow (b+c)^2 + 4a^2 - 4a(b+c) \stackrel{?}{\geq} 0 \Leftrightarrow (b+c-2a)^2 \stackrel{?}{\geq} 0 \rightarrow \text{true} \\
 &\therefore b+c \geq \sqrt{32Rr} \cdot \cos \frac{A}{2} \Rightarrow m_a \stackrel{\text{Lascu}}{\geq} \frac{b+c}{2} \cdot \cos \frac{A}{2} \geq \sqrt{8Rr} \cdot \cos^2 \frac{A}{2} \\
 &\Rightarrow \frac{2m_a}{r_b+r_c} \geq \frac{4 \cdot \sqrt{2Rr} \cdot \cos^2 \frac{A}{2}}{4R \cdot \cos^2 \frac{A}{2}} = \sqrt{\frac{2r}{R}} \Rightarrow 2x \geq 2 \cdot \sqrt{\frac{2r}{R}} \stackrel{?}{\geq} t - \sqrt{t^2 - 4} \\
 &= \sqrt{\frac{R+6r}{2r}} - \sqrt{\frac{R-2r}{2r}} \Leftrightarrow \frac{8r}{R} \stackrel{?}{\geq} \frac{R+6r}{2r} + \frac{R-2r}{2r} - 2 \cdot \sqrt{\frac{R+6r}{2r}} \cdot \sqrt{\frac{R-2r}{2r}} \\
 &\Leftrightarrow 2 \cdot \sqrt{\frac{R+6r}{2r}} \cdot \sqrt{\frac{R-2r}{2r}} \stackrel{?}{\geq} \frac{R^2 + 2Rr - 8r^2}{Rr} \\
 &\Leftrightarrow \frac{(R+6r)(R-2r)}{r^2} \stackrel{?}{\geq} \frac{(R^2 + 2Rr - 8r^2)^2}{R^2 r^2} \\
 &\left(\because R^2 + 2Rr - 8r^2 = R^2 - 4r^2 + 2r(R-2r) \stackrel{\text{Euler}}{\geq} 0 \right) \Leftrightarrow 32r^3(R-2r) \stackrel{?}{\geq} 0
 \end{aligned}$$

$\rightarrow \text{true via Euler} \Rightarrow \boxed{\textcircled{2} \text{ is true}}$

$$\text{Again, } 2x \stackrel{\text{Dang Ngoc Minh}}{\leq} \sqrt{\frac{R+2r}{r}}$$

(Reference : Inequality in Triangle by Dang Ngoc Minh – 352;
published at www.ssmrmh.ro)

$$\begin{aligned}
 &\stackrel{?}{\leq} t + \sqrt{t^2 - 4} = \sqrt{\frac{R+6r}{2r}} + \sqrt{\frac{R-2r}{2r}} \\
 &\Leftrightarrow \frac{R+2r}{r} \stackrel{?}{\leq} \frac{R+6r}{2r} + \frac{R-2r}{2r} + 2 \cdot \sqrt{\frac{R+6r}{2r}} \cdot \sqrt{\frac{R-2r}{2r}} \Leftrightarrow 2 \cdot \sqrt{\frac{R+6r}{2r}} \cdot \sqrt{\frac{R-2r}{2r}} \stackrel{?}{\geq} 0
 \end{aligned}$$

$\rightarrow \text{true via Euler} \Rightarrow \boxed{\textcircled{1} \text{ is true}} \therefore \text{both } \textcircled{1} \text{ and } \textcircled{2} \text{ are true and so,}$

$$\frac{2m_a}{r_b+r_c} + \frac{r_b+r_c}{2m_a} \leq \sqrt{\frac{R+6r}{2r}} \quad \forall \Delta ABC, " = " \text{ iff } \Delta ABC \text{ is equilateral (QED)}$$

**4266. In any ΔABC with $a \geq b \geq c$ and $d, e, f \geq 0, e = \text{mid}\{d, e, f\}$,
the following relationship holds :**

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$$d. (r_a h_a - h_b h_c) + e. (r_b h_b - h_c h_a) + f. (r_c h_c - h_a h_b) \geq 0$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} r_a h_a - h_b h_c &= \frac{2r^2 s^2}{a(s-a)} - \frac{4r^2 s^2}{bc} = 2r^2 s^2 \cdot \frac{(bc - 2a(s-a))(s-b)(s-c)}{abc(s-a)(s-b)(s-c)} \\ &= 2r^2 s^2 \cdot \frac{(a^2 + bc - ab - ac)(s-b)(s-c)}{abc(s-a)(s-b)(s-c)} = 2r^2 s^2 \cdot \frac{(a-b)(a-c)(s-b)(s-c)}{abc(s-a)(s-b)(s-c)} \\ \therefore r_a h_a - h_b h_c &= 2r^2 s^2 \cdot \frac{yz(x-y)(x-z)}{abc(s-a)(s-b)(s-c)} \text{ and analogs} \\ (x = s-a, y = s-b, z = s-c \text{ and then : } a = y+z, b = z+x, c = x+y) &\Rightarrow \text{LHS} \\ \text{and } s = x+y+z \\ &\geq \frac{2r^2 s^2}{abcr^2 s} \left(\frac{d \cdot yz(x-y)(x-z) + e \cdot zx(y-z)(y-x) + f \cdot xy(z-x)(z-y)}{M} \right) \rightarrow \textcircled{1} \end{aligned}$$

Case 1 $d \geq e \geq f$ and then, we can assign : $e = f + m$ and $d = f + m + n$ (where $m, n \geq 0$) and then, following simplification :

$$\therefore \textcircled{1}, \textcircled{2} \Rightarrow d. (r_a h_a - h_b h_c) + e. (r_b h_b - h_c h_a) + f. (r_c h_c - h_a h_b) \geq 0$$

Case 2 $f \geq e \geq d$ and then, we can assign : $e = d + m'$ and $f = d + m' + n'$ (where $m', n' \geq 0$) and then, following simplification :

$$M = n'yz(x-y)(x-z) + m'z^2(x-y)^2 + f \left(\sum_{\text{cyc}} x^2 y^2 - xyz \left(\sum_{\text{cyc}} x \right) \right) \geq 0$$

$$\left(\because m', n', f \geq 0 \text{ and } \because a \geq b \geq c \Rightarrow z \geq y \geq x \Rightarrow (x-y)(x-z) \geq 0 \right) \therefore M \geq 0 \rightarrow \textcircled{3}$$

$\therefore \textcircled{1}, \textcircled{3} \Rightarrow d. (r_a h_a - h_b h_c) + e. (r_b h_b - h_c h_a) + f. (r_c h_c - h_a h_b) \geq 0$ and combining both cases, $d. (r_a h_a - h_b h_c) + e. (r_b h_b - h_c h_a) + f. (r_c h_c - h_a h_b) \geq 0$

$\forall \Delta ABC$ with $a \geq b \geq c$ and $d, e, f \geq 0 \mid e = \text{mid}\{d, e, f\}$,

" = " iff ΔABC is equilateral (QED)

4267. In any ΔABC with $a \geq b \geq c$ and $d, e, f \geq 0, e = \text{mid}\{d, e, f\}$,

the following relationship holds :

$$d. \left(r_a - \frac{w_b w_c}{w_a} \right) + e. \left(r_b - \frac{w_c w_a}{w_b} \right) + f. \left(r_c - \frac{w_a w_b}{w_c} \right) \geq 0$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

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$$\begin{aligned}
 r_a - \frac{w_b w_c}{w_a} &= \frac{s \tan \frac{A}{2} \cdot \frac{2bc}{b+c} \cdot \cos \frac{A}{2} - \frac{2ca}{c+a} \cos \frac{B}{2} \cdot \frac{2ab}{a+b} \cdot \cos \frac{C}{2}}{w_a} \\
 &= \frac{2bc}{w_a} \left(\frac{s \sin \frac{A}{2}}{b+c} - \frac{2a^2 \cdot s}{4R(c+a)(a+b) \cos \frac{A}{2}} \right) \\
 &= \frac{2abcs}{w_a} \left(\frac{(c+a)(a+b) - 2a(b+c)}{(a+b)(b+c)(c+a) \cdot 4R \cos \frac{A}{2}} \right) \\
 &= \frac{2abcs(a-b)(a-c)}{(a+b)(b+c)(c+a) \cdot 4R \cdot \frac{2bc}{b+c} \cdot \frac{s(s-a)}{bc}} \\
 &= \frac{2abcs(s+s-a)(s-b)(s-c)(x-y)(x-z)}{(a+b)(b+c)(c+a)(s-a)(s-b)(s-c) \cdot 4R \cdot 2s} \\
 &\quad \left(x = s-a, y = s-b, z = s-c \text{ and then : } \mathbf{a = y+z, b = z+x, c = x+y} \right. \\
 &\quad \left. \text{and } s = x+y+z \right) \\
 \therefore r_a - \frac{w_b w_c}{w_a} &= \frac{abc(s+x)yz(x-y)(x-z)}{(a+b)(b+c)(c+a)(s-a)(s-b)(s-c) \cdot 4R} \cdot \text{and analogs} \\
 &\Rightarrow d \cdot \left(r_a - \frac{w_b w_c}{w_a} \right) + e \cdot \left(r_b - \frac{w_c w_a}{w_b} \right) + f \cdot \left(r_c - \frac{w_a w_b}{w_c} \right) \\
 &= \frac{abc(d \cdot (s+x)yz(x-y)(x-z) + e \cdot (s+y)zx(y-z)(y-x) + f \cdot (s+z)xy(z-x)(z-y))}{(a+b)(b+c)(c+a)(s-a)(s-b)(s-c) \cdot 4R} \\
 &= \frac{abc \left(s \left(\overbrace{d \cdot yz(x-y)(x-z) + e \cdot zx(y-z)(y-x) + f \cdot xy(z-x)(z-y)}^M \right) + \right. \\
 &\quad \left. xyz \left(\overbrace{d \cdot (x-y)(x-z) + e \cdot (y-z)(y-x) + f \cdot (z-x)(z-y)}^N \right) \right)}{(a+b)(b+c)(c+a)(s-a)(s-b)(s-c) \cdot 4R}
 \end{aligned}$$

= LHS $\rightarrow$ ①

Case 1 $d \geq e \geq f$ and then, we can assign : $e = f + m$ and $d = f + m + n$ (where $m, n \geq 0$) and then, following simplification :

$$M = nyz(x-y)(x-z) + mz^2(x-y)^2 + f \left(\sum_{cyc} x^2 y^2 - xyz \left(\sum_{cyc} x \right) \right) \geq 0$$

($\because m, n, f \geq 0$ and $\because a \geq b \geq c \Rightarrow z \geq y \geq x \Rightarrow (x-y)(x-z) \geq 0$) $\therefore M \geq 0 \rightarrow$ ②

$$\text{Also, } N = n(x-y)(x-z) + m(x-y)^2 + f \left(\sum_{cyc} x^2 - \sum_{cyc} xy \right) \geq 0$$

($\because m, n, f \geq 0$ and $\because a \geq b \geq c \Rightarrow z \geq y \geq x \Rightarrow (x-y)(x-z) \geq 0$) $\therefore N \geq 0 \rightarrow$ ③

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$$\therefore \textcircled{1}, \textcircled{2}, \textcircled{3} \Rightarrow d \cdot \left(r_a - \frac{w_b w_c}{w_a} \right) + e \cdot \left(r_b - \frac{w_c w_a}{w_b} \right) + f \cdot \left(r_c - \frac{w_a w_b}{w_c} \right) \geq 0$$

Case 2 $f \geq e \geq d$ and then, we can assign : $e = d + m'$ and $f = d + m' + n'$ (where $m', n' \geq 0$) and then, following simplification :

$$M = n' yz(x-y)(x-z) + m' z^2 (x-y)^2 + f \left(\sum_{\text{cyc}} x^2 y^2 - xyz \left(\sum_{\text{cyc}} x \right) \right) \geq 0$$

$$\left(\because m', n', f \geq 0 \text{ and } \because a \geq b \geq c \Rightarrow z \geq y \geq x \Rightarrow (x-y)(x-z) \geq 0 \right) \therefore M \geq 0 \rightarrow \textcircled{4}$$

$$\text{Also, } N = n'(x-y)(x-z) + m'(x-y)^2 + f \left(\sum_{\text{cyc}} x^2 - \sum_{\text{cyc}} xy \right) \geq 0$$

$$\left(\because m', n', f \geq 0 \text{ and } \because a \geq b \geq c \Rightarrow z \geq y \geq x \Rightarrow (x-y)(x-z) \geq 0 \right) \therefore N \geq 0 \rightarrow \textcircled{5} \therefore \textcircled{1}, \textcircled{4}, \textcircled{5} \Rightarrow$$

$$d \cdot \left(r_a - \frac{w_b w_c}{w_a} \right) + e \cdot \left(r_b - \frac{w_c w_a}{w_b} \right) + f \cdot \left(r_c - \frac{w_a w_b}{w_c} \right) \geq 0 \text{ and combining}$$

$$\text{both cases, } d \cdot \left(r_a - \frac{w_b w_c}{w_a} \right) + e \cdot \left(r_b - \frac{w_c w_a}{w_b} \right) + f \cdot \left(r_c - \frac{w_a w_b}{w_c} \right) \geq 0$$

$\forall \Delta ABC$ with $a \geq b \geq c$ and $d, e, f \geq 0 \mid e = \text{mid}\{d, e, f\}$,

" = " iff ΔABC is equilateral (QED)

4268. In any ΔABC the following relationship holds :

$$r_a w_b w_c + r_b w_c w_a + r_c w_a w_b \geq \frac{9\sqrt{3}}{8} \cdot abc$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

$$\text{LHS} = \frac{16Rr^2 s^2}{s^2 + 2Rr + r^2} \cdot \sum_{\text{cyc}} \frac{r_a}{w_a} \geq \frac{16Rr^2 s^2}{s^2 + 2Rr + r^2} \cdot \frac{29R^2 - 2s^2 + 10Rr + 14r^2}{16Rr}$$

(Reference : Inequality in Triangle – 228 by Dang Ngoc Minh;) $\geq \frac{9\sqrt{3}}{8} \cdot abc$
published at www.ssmrmh.ro

$$= \frac{9\sqrt{3} \cdot Rrs}{2} \stackrel{\text{squaring}}{\Leftrightarrow} 16s^6 - (707R^2 + 160Rr + 224r^2)s^4 + (3364R^4 + 1348R^3r + 3162R^2r^2 + 1120Rr^3 + 784r^4)s^2 -$$

$$243R^2r^2(2R+r)^2 \stackrel{?}{\geq} 0 \text{ and } \because (s^2 - 16Rr + 5r^2)^3 \stackrel{\text{Gerretsen}}{\geq} 0 \therefore \text{to prove } \textcircled{1},$$

$\stackrel{?}{\geq} \textcircled{1}$

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$$\begin{aligned} \text{it suffices to prove : LHS of } \textcircled{1} &\stackrel{?}{\geq} 16(s^2 - 16Rr + 5r^2)^3 \\ &\Leftrightarrow -(707R^2 - 608Rr + 464r^2)s^4 \\ &+ (3364R^4 + 1348R^3r - 9126R^2r^2 + 8800Rr^3 - 416r^4)s^2 - \\ &r^2(972R^4 - 64564R^3r + 61683R^2r^2 - 19200Rr^3 + 2000r^4) \stackrel{?}{\geq} 0 \end{aligned}$$

$$\begin{aligned} \text{Now, Rouche} \Rightarrow s^2 - (m - n) &\geq 0 \text{ and } s^2 - (m + n) \leq 0, \text{ where } m = \\ 2R^2 + 10Rr - r^2 \text{ \& } n &= 2(R - 2r)\sqrt{R^2 - 2Rr} \therefore (s^2 - (m + n))(s^2 - (m - n)) \leq 0 \\ \Rightarrow s^4 - s^2(2m) + m^2 - n^2 &\leq 0 \Rightarrow s^4 - s^2(4R^2 + 20Rr - 2r^2) + r(4R + r)^3 \leq 0 \end{aligned}$$

$$\begin{aligned} \therefore \text{ in order to prove } \textcircled{2}, \text{ it suffices to prove : LHS of } \textcircled{2} &\stackrel{?}{\geq} \\ -(707R^2 - 608Rr + 464r^2)(s^4 - s^2(4R^2 + 20Rr - 2r^2) + r(4R + r)^3) \\ \Leftrightarrow (134R^4 - 2590R^3r + 648R^2r^2 - 424Rr^3 + 128r^4)s^2 + \\ r(11312R^5 - 1487R^4r + 18390R^3r^2 - 11500R^2r^3 + 6040Rr^4 - 384r^5) \stackrel{?}{\geq} 0 \end{aligned}$$

$$\begin{aligned} \text{and } \because R &\stackrel{\text{Euler}}{\geq} 2r \therefore \textcircled{3} \text{ is trivially true if :} \\ 134R^4 - 2590R^3r + 648R^2r^2 - 424Rr^3 + 128r^4 &\geq 0 \text{ and if :} \\ 134R^4 - 2590R^3r + 648R^2r^2 - 424Rr^3 + 128r^4 < 0, \text{ then LHS of } \textcircled{3} &\stackrel{\text{Gerretsen}}{\geq} \\ (134R^4 - 2590R^3r + 648R^2r^2 - 424Rr^3 + 128r^4)(4R^2 + 4Rr + 3r^2) + \\ r(11312R^5 - 1487R^4r + 18390R^3r^2 - 11500R^2r^3 + 6040Rr^4 - 384r^5) &\stackrel{?}{\geq} 0 \\ \Leftrightarrow 536t^5 + 1488t^4 - 8853t^3 + 11516t^2 - 10740t + 5280 &\stackrel{?}{\geq} 0 \left(t = \frac{R}{r} \right) \\ \Leftrightarrow (t - 2)(536t^4 + 2560t^3 - 3733t^2 + 4050t - 2640) &\stackrel{?}{\geq} 0 \rightarrow \text{true } \because t \stackrel{\text{Euler}}{\geq} 2 \\ \Rightarrow \textcircled{3} \Rightarrow \textcircled{2} \Rightarrow \textcircled{1} \text{ is true } \forall \Delta ABC \text{ \& so, } r_a w_b w_c + r_b w_c w_a + r_c w_a w_b &\geq \frac{9\sqrt{3}}{8} \cdot abc \\ \forall ABC, " = " \text{ iff } \Delta ABC \text{ is equilateral (QED)} \end{aligned}$$

4269. In any ΔABC the following relationship holds :

$$\frac{1}{h_a + r_b} + \frac{1}{h_a + r_c} \geq \frac{1}{2h_a} + \frac{1}{r_b + r_c} \geq \frac{1}{\sqrt{r_b r_c}}$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \frac{1}{h_a + r_b} + \frac{1}{h_a + r_c} &\stackrel{?}{\geq} \frac{1}{2h_a} + \frac{1}{r_b + r_c} \\ \Leftrightarrow \frac{a(s-b)}{rs(a+2(s-b))} + \frac{a(s-c)}{rs(a+2(s-c))} &\stackrel{?}{\geq} \frac{a}{4rs} + \frac{(s-b)(s-c)}{rsa} \end{aligned}$$

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$$\begin{aligned}
 &\Leftrightarrow \frac{a^2((s-b) + (s-c)) + 4a(s-b)(s-c)}{(a+2(s-b))(a+2(s-c))} \stackrel{?}{\geq} \frac{a^2 + 4(s-b)(s-c)}{4a} \\
 &\Leftrightarrow \frac{a^3 + 4a(s-b)(s-c)}{(a+2(s-b))(a+2(s-c))} \stackrel{?}{\geq} \frac{a^2 + 4(s-b)(s-c)}{4a} \\
 &\Leftrightarrow 4a^2 \stackrel{?}{\geq} a^2 + 4(s-b)(s-c) + 2a((s-b) + (s-c)) \\
 &\Leftrightarrow 4a^2 \stackrel{?}{\geq} a^2 + 4(s-b)(s-c) + 2a^2 \Leftrightarrow a^2 \stackrel{?}{\geq} a^2 - (b-c)^2 \Leftrightarrow (b-c)^2 \stackrel{?}{\geq} 0 \\
 &\quad \rightarrow \text{true and again, } \frac{1}{2h_a} + \frac{1}{r_b + r_c} \stackrel{?}{\geq} \frac{1}{\sqrt{r_b r_c}} \\
 &\Leftrightarrow \frac{a^2 + 4(s-b)(s-c)}{4a \cdot rs} \stackrel{?}{\geq} \frac{\sqrt{(s-b)(s-c)}}{rs} \\
 &\Leftrightarrow a^2 - 4a \cdot \sqrt{(s-b)(s-c)} + 4(s-b)(s-c) \stackrel{?}{\geq} 0 \\
 &\Leftrightarrow \left(a - 2\sqrt{(s-b)(s-c)}\right)^2 \stackrel{?}{\geq} 0 \rightarrow \text{true} \\
 &\therefore \frac{1}{h_a + r_b} + \frac{1}{h_a + r_c} \geq \frac{1}{2h_a} + \frac{1}{r_b + r_c} \geq \frac{1}{\sqrt{r_b r_c}} \quad \forall ABC, '' = '' \text{ iff } b = c \text{ (QED)}
 \end{aligned}$$

4270. In any $\triangle ABC$ the following relationship holds :

$$\frac{21}{16} \cdot \sum_{\text{cyc}} b^2 c^2 + 8 \cdot \frac{m_a^2 m_b^2 m_c^2}{\sum_{\text{cyc}} a^2} \geq (m_a m_b + m_b m_c + m_c m_a)^2 \geq \frac{9}{32} \cdot \sum_{\text{cyc}} a^4 + 30 \cdot \frac{m_a^2 m_b^2 m_c^2}{\sum_{\text{cyc}} a^2}$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned}
 &\text{Firstly, we seek to prove : } 2 \sum_{\text{cyc}} a^2 b^2 + \frac{9a^2 b^2 c^2}{\sum_{\text{cyc}} a^2} \stackrel{?}{\geq} 3abc \left(\sum_{\text{cyc}} a \right) \\
 &\Leftrightarrow 2((s^2 + 4Rr + r^2)^2 - 16Rrs^2) + \frac{72R^2 r^2 s^2}{s^2 - 4Rr - r^2} \stackrel{?}{\geq} 24Rrs^2 \\
 &\Leftrightarrow s^6 - (24Rr - r^2)s^4 + r^2(132R^2 + 20Rr - r^2)s^2 - r^3(4R + r)^3 \stackrel{?}{\geq} 0 \text{ and } \therefore \\
 &\quad \text{Gerretsen} \quad (s^2 - 16Rr + 5r^2)^3 \stackrel{?}{\geq} 0 \therefore \text{ in order to prove } \textcircled{1}, \text{ it suffices to prove :} \\
 &\quad \text{LHS of } \textcircled{1} \stackrel{?}{\geq} (s^2 - 16Rr + 5r^2)^3 \Leftrightarrow (12R - 7r)s^4 -
 \end{aligned}$$

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$$r(318R^2 - 250Rr + 38r^2)s^2 + r^2(2016R^3 - 1944R^2r + 594Rr^2 - 63r^3) \stackrel{?}{\geq} 0 \quad (2)$$

$$\text{and } \because P = (12R - 7r) \left((s^2 - 16Rr + 5r^2)(R - r) - r^2(R - 2r) \right)^2 \stackrel{\text{Rouche + Euler}}{\geq} 0$$

$\therefore$ in order to prove (2), it suffices to prove : $(R - r)^2 \cdot \text{LHS of (2)} \stackrel{?}{\geq} P$

$$\Leftrightarrow (66R^4 - 202R^3r + 200R^2r^2 - 68Rr^3 + 4r^4)s^2 \stackrel{?}{\geq} P \quad (3)$$

$$r(1056R^5 - 3496R^4r + 3934R^3r^2 - 1717R^2r^3 + 228Rr^4)$$

$$\text{Now } \because 66R^4 - 202R^3r + 200R^2r^2 - 68Rr^3 + 4r^4 =$$

$$(R - 2r)(66R^3 - 70R^2r + 60Rr^2 + 52r^3) + 108r^3 \stackrel{\text{Euler}}{\geq} 108r^3 > 0 \therefore \text{LHS of (3)}$$

$$\stackrel{\text{Rouche + Euler}}{\geq} (66R^4 - 202R^3r + 200R^2r^2 - 68Rr^3 + 4r^4) \left(\frac{16Rr - 5r^2 + r^2(R - 2r)}{R - r} \right)$$

$$\stackrel{?}{\geq} \text{RHS of (3)} \Leftrightarrow 8t^4 - 43t^3 + 79t^2 - 56t + 12 \stackrel{?}{\geq} 0 \left(t = \frac{R}{r} \right)$$

$$\Leftrightarrow (t - 2)^2(8t^2 - 11t + 3) \stackrel{?}{\geq} 0 \rightarrow \text{true } \because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow (3) \Rightarrow (2) \Rightarrow (1) \text{ is true}$$

$$\therefore 2 \sum_{\text{cyc}} a^2b^2 + \frac{9a^2b^2c^2}{\sum_{\text{cyc}} a^2} \geq 3abc \left(\sum_{\text{cyc}} a \right); \text{ implementing it on } \Delta XYZ \text{ with sides}$$

$$\frac{2m_a}{3}, \frac{2m_b}{3}, \frac{2m_c}{3}, \text{ whose medians \& area are } \frac{a}{2}, \frac{b}{2}, \frac{c}{2} \text{ and } \frac{F}{3} \text{ respectively, we get :}$$

$$\begin{aligned} & 2 \cdot \frac{16}{81} \cdot \sum_{\text{cyc}} m_a^2 m_b^2 + 9 \cdot \frac{\frac{64}{729} \cdot m_a^2 m_b^2 m_c^2}{\frac{4}{9} \cdot \sum_{\text{cyc}} m_a^2} \geq 3 \cdot \frac{8}{27} m_a m_b m_c \cdot \frac{2}{3} \cdot \left(\sum_{\text{cyc}} m_a \right) \\ \Rightarrow & 2 \cdot \frac{16}{81} \cdot \frac{9}{16} \cdot \sum_{\text{cyc}} b^2 c^2 + 9 \cdot \frac{\frac{64}{729} \cdot m_a^2 m_b^2 m_c^2}{\frac{4}{9} \cdot \frac{3}{4} \cdot \sum_{\text{cyc}} a^2} \geq 3 \cdot \frac{8}{27} m_a m_b m_c \cdot \frac{2}{3} \cdot \left(\sum_{\text{cyc}} m_a \right) \\ \Rightarrow & \frac{2}{9} \cdot \sum_{\text{cyc}} b^2 c^2 + \frac{8}{27} \cdot \frac{9}{16} \cdot \sum_{\text{cyc}} b^2 c^2 + \frac{64}{27} \cdot \frac{m_a^2 m_b^2 m_c^2}{\sum_{\text{cyc}} a^2} \geq \\ & \frac{8}{27} \left(2m_a m_b m_c \left(\sum_{\text{cyc}} m_a \right) + \sum_{\text{cyc}} m_a^2 m_b^2 \right) \end{aligned}$$

$$\Rightarrow \frac{21}{16} \cdot \sum_{\text{cyc}} b^2 c^2 + 8 \cdot \frac{m_a^2 m_b^2 m_c^2}{\sum_{\text{cyc}} a^2} \geq (m_a m_b + m_b m_c + m_c m_a)^2$$

$$\text{We now seek to prove : } \left(\sum_{\text{cyc}} ab \right)^2 \stackrel{?}{\geq} \sum_{\text{cyc}} a^2 b^2 + \frac{45a^2 b^2 c^2}{32 \sum_{\text{cyc}} a^2} - \frac{F^2}{2} \stackrel{?}{\geq} 0 \Leftrightarrow$$

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$$(4R + 2r) \boxed{\text{?}} r(61R^2 + 12Rr + 2r^2); \& \text{LHS}_{\text{Gerretsen}} \geq (4R + 2r)(16Rr - 5r^2)$$

$$\stackrel{?}{\geq} \text{RHS of } (4) \Leftrightarrow R^2 - 4r^2 \stackrel{?}{\geq} 0 \rightarrow \text{true via Euler} \therefore \frac{1}{16} \cdot \left(\sum_{\text{cyc}} ab \right)^2 \geq$$

$$\frac{1}{16} \cdot \sum_{\text{cyc}} a^2 b^2 + \frac{45a^2 b^2 c^2}{32 \sum_{\text{cyc}} a^2} - \frac{F^2}{2} \text{ and implementing it on a triangle XYZ, we get :}$$

$$\frac{1}{16} \cdot \frac{16}{81} \left(\sum_{\text{cyc}} m_a m_b \right)^2 \geq \frac{1}{16} \cdot \frac{16}{81} \cdot \frac{9}{32} \left(\sum_{\text{cyc}} a^4 + 16F^2 \right) + \frac{45 \cdot \frac{64}{729} \cdot m_a^2 m_b^2 m_c^2}{32 \cdot \frac{4}{9} \cdot \frac{3}{4} \cdot \sum_{\text{cyc}} a^2} - \frac{F^2}{18} \Rightarrow$$

$$\boxed{(m_a m_b + m_b m_c + m_c m_a)^2 \geq \frac{9}{32} \cdot \sum_{\text{cyc}} a^4 + 30 \cdot \frac{m_a^2 m_b^2 m_c^2}{\sum_{\text{cyc}} a^2}} \text{ '' = '' iff } a = b = c \text{ (QED)}$$

4271. In any $\triangle ABC$ the following relationship holds :

$$\max \left\{ \frac{1}{r_a + r_b} + \frac{1}{r_a + r_c}, \frac{1}{2r_a} + \frac{1}{r_b + r_c} \right\} \leq \frac{2}{h_b + h_c}$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

Let $x = s - a, y = s - b, z = s - c$ and then : $a = y + z, b = z + x,$

$c = x + y$ and $s = x + y + z$ and now : $\frac{1}{r_a + r_b} + \frac{1}{r_a + r_c} \stackrel{?}{\leq} \frac{2}{h_b + h_c}$

$$\Leftrightarrow \frac{(s-a)(s-b)}{rsc} + \frac{(s-a)(s-c)}{rsb} \stackrel{?}{\leq} \frac{2bc}{2rs(b+c)}$$

$$\Leftrightarrow (z+x)^2(x+y)^2 \stackrel{?}{\geq} (xy(z+x) + zx(x+y))(2x+y+z)$$

$$\text{expanding and simplifying} \Leftrightarrow x^4 - 2x^2yz + y^2z^2 \stackrel{?}{\geq} 0 \Leftrightarrow (x^2 - yz)^2 \stackrel{?}{\geq} 0 \rightarrow \text{true}$$

$$\text{and again, } \frac{1}{2r_a} + \frac{1}{r_b + r_c} \stackrel{?}{\leq} \frac{2}{h_b + h_c} \Leftrightarrow \frac{s-a}{2rs} + \frac{(s-b)(s-c)}{rsa} \stackrel{?}{\leq} \frac{2bc}{2rs(b+c)}$$

$$\Leftrightarrow (2x+y+z)(x(y+z) + 2yz) \stackrel{?}{\geq} 2(y+z)(z+x)(x+y)$$

$$\text{expanding and simplifying} \Leftrightarrow x(y^2 - 2yz + z^2) \stackrel{?}{\geq} 0 \Leftrightarrow x(y-z)^2 \stackrel{?}{\geq} 0 \rightarrow \text{true}$$

$$\therefore \frac{1}{r_a + r_b} + \frac{1}{r_a + r_c}, \frac{1}{2r_a} + \frac{1}{r_b + r_c} \leq \frac{2}{h_b + h_c}$$

$$\Rightarrow \max \left\{ \frac{1}{r_a + r_b} + \frac{1}{r_a + r_c}, \frac{1}{2r_a} + \frac{1}{r_b + r_c} \right\} \leq \frac{2}{h_b + h_c} \quad \forall ABC,$$

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" = " iff ΔABC is equilateral (QED)

4272. In any ΔABC the following relationship holds :

$$(m_a + m_b + m_c)^4 \leq 16 \sum_{cyc} b^2 c^2 - \frac{117a^2 b^2 c^2}{16 \sum_{cyc} a^2}$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

We seek to prove : $\frac{1}{16} \left(\sum_{cyc} a \right)^4 \stackrel{?}{\leq} \frac{16}{9} \sum_{cyc} a^2 b^2 - \frac{52}{27} \cdot \frac{m_a^2 m_b^2 m_c^2}{\sum_{cyc} a^2}$ and since :

$$m_a^2 m_b^2 m_c^2 = \frac{s^6 - s^4(12Rr - 33r^2) - s^2(60R^2 r^2 + 120Rr^3 + 33r^4) - r^3(4R + r)^3}{16}$$

(Reference : Solution to Inequality in Triangle – 124 by Dang Ngoc Minh; published at www.ssmrmh.ro)

$\therefore$ the inequality becomes : $s^4 \stackrel{?}{\leq} \frac{16}{9} ((s^2 + 4Rr + r^2)^2 - 16Rrs^2) - \frac{52}{27} \frac{s^6 - s^4(12Rr - 33r^2) - s^2(60R^2 r^2 + 120Rr^3 + 33r^4) - r^3(4R + r)^3}{32(s^2 - 4Rr - r^2)}$

$$\Leftrightarrow 155s^6 - (3588Rr - 171r^2)s^4 + r^2(19212R^2 + 4632Rr + 45r^2)s^2 - r^3(23744R^3 + 17808R^2 r + 4452Rr^2 + 371r^3) \stackrel{?}{\geq} 0 \text{ and } \therefore (s^2 - 16Rr + 5r^2)^3$$

Gerretsen $\geq 0 \therefore$ to prove ①, it suffices to prove : LHS of ① $\stackrel{?}{\geq} 155(s^2 - 16Rr + 5r^2)^3$

$$\Leftrightarrow (642R - 359r)s^4 - r(16638R^2 - 13172Rr + 1930r^2)s^2 + r^2(32(3183R^3 - 3193R^2 r + 945Rr^2 - 103r^3) + 8R^2 r + 18Rr^2 + 5r^3) \stackrel{?}{\geq} 0 \text{ and}$$

$\therefore (642R - 359r)(s^2 - 16Rr + 5r^2)^2 \stackrel{Gerretsen}{\geq} 0 \therefore$ to prove ②, suffices to prove :

$$\text{LHS of ②} \stackrel{?}{\geq} (642R - 359r)(s^2 - 16Rr + 5r^2)^2$$

$$\Leftrightarrow (1953R^2 - 2368Rr + 830r^2)s^2 \stackrel{?}{\geq}$$

$$r(31248R^3 - 46228R^2 r + 21616Rr^2 - 2842r^3)$$

Finally, $(1953R^2 - 2368Rr + 830r^2)s^2 \stackrel{Rouche + Euler}{\geq}$

$$(1953R^2 - 2368Rr + 830r^2) \left(16Rr - 5r^2 + \frac{r^2(R - 2r)}{R - r} \right) \stackrel{?}{\geq} \text{RHS of ③}$$

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$$\Leftrightarrow 528t^3 - 1345t^2 + 754t - 352 \stackrel{?}{\geq} 0 \left(t = \frac{R}{r} \right)$$

$$\Leftrightarrow (t-2)(528t^2 - 289t + 176) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow \textcircled{3} \Rightarrow \textcircled{2} \Rightarrow \textcircled{1} \text{ is true}$$

$$\therefore \frac{1}{16} \left(\sum_{\text{cyc}} a \right)^4 \leq \frac{16}{9} \cdot \sum_{\text{cyc}} a^2 b^2 - \frac{52}{27} \cdot \frac{m_a^2 m_b^2 m_c^2}{\sum_{\text{cyc}} a^2} \text{ and implementing it on a triangle}$$

with sides $\frac{2m_a}{3}, \frac{2m_b}{3}, \frac{2m_c}{3}$, whose medians as a consequence of trivial calculations

are $\frac{a}{2}, \frac{b}{2}, \frac{c}{2}$ respectively, we arrive at :

$$\frac{1}{16} \cdot \frac{16}{81} \left(\sum_{\text{cyc}} m_a \right)^4 \leq \frac{16}{9} \cdot \frac{16}{81} \cdot \sum_{\text{cyc}} m_a^2 m_b^2 - \frac{52}{27} \cdot \frac{1}{64} \cdot \frac{a^2 b^2 c^2}{\frac{4}{9} \cdot \sum_{\text{cyc}} m_a^2}$$

$$= \frac{16}{9} \cdot \frac{16}{81} \cdot \frac{9}{16} \cdot \sum_{\text{cyc}} a^2 b^2 - \frac{52}{27} \cdot \frac{1}{64} \cdot \frac{a^2 b^2 c^2}{\frac{4}{9} \cdot \frac{3}{4} \cdot \sum_{\text{cyc}} a^2}$$

$$\Rightarrow (m_a + m_b + m_c)^4 \leq 16 \sum_{\text{cyc}} b^2 c^2 - \frac{117 a^2 b^2 c^2}{16 \sum_{\text{cyc}} a^2} \quad \forall ABC,$$

" = " iff ΔABC is equilateral (QED)

4273. In ΔABC the following relationship holds:

$$m_a h_b h_c + m_b h_c h_a + m_c h_a h_b \leq 3r_a r_b r_c$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Tapas Das-India

$$4m_a \sqrt{a^2 + b^2 + c^2} = 2\sqrt{2b^2 + 2c^2 - a^2} \sqrt{a^2 + b^2 + c^2} \stackrel{AM-GM}{\leq} 3(b^2 + c^2)$$

$$m_a \leq \frac{3(b^2 + c^2)}{4\sqrt{a^2 + b^2 + c^2}} \quad (1)$$

$$m_a h_b h_c + m_b h_c h_a + m_c h_a h_b = 4F^2 \left(\frac{m_a}{bc} + \frac{m_b}{ca} + \frac{m_c}{ab} \right) = \frac{4F^2}{abc} (am_a + bm_b + cm_c) =$$

$$= \frac{F}{R} (am_a + bm_b + cm_c) \stackrel{(1)}{\leq} \frac{F}{R} \sum \frac{3a(b^2 + c^2)}{4\sqrt{a^2 + b^2 + c^2}} = \frac{F}{4R} \frac{3}{\sqrt{a^2 + b^2 + c^2}} \sum a(b^2 + c^2)$$

$\leq$

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$$\begin{aligned} &\stackrel{CBS}{\leq} \frac{F}{R} \frac{3}{4\sqrt{a^2+b^2+c^2}} \cdot \frac{1}{3} \sum a \cdot \left(\sum b^2 + c^2 \right) = \frac{F}{R} \frac{3}{4\sqrt{a^2+b^2+c^2}} \cdot \frac{1}{3} \sum a \cdot \left(2 \sum b^2 \right) \\ &= \frac{F}{4R} 2s \cdot 2\sqrt{a^2+b^2+c^2} \stackrel{Leibniz}{\leq} \frac{F}{4R} 4s \cdot \sqrt{9R^2} = 3Rs \cdot \frac{F}{R} = 3Fs = 3r_a r_b r_c. \end{aligned}$$

Equality holds for an equilateral triangle.

4274. In any $\triangle ABC$ the following relationship holds :

$$8m_b m_c \geq \max \left\{ 3a^2 - 12Rr + 60r^2, 4a^2 + b^2 + c^2 - \frac{9b^2 c^2 (b-c)^2}{16F^2} \right\}$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata India

$$\begin{aligned} (m_b - m_c)^2 &\leq \frac{s^2 + 2Rr - 31r^2}{2} \\ \text{(Reference : Inequality in Triangle - 345 by Dang Ngoc Minh;)} \\ &\quad \text{published at www.ssmrmh.ro} \\ &\Rightarrow 4m_b^2 + 4m_c^2 - 8m_b m_c \leq 2s^2 + 4Rr - 62r^2 \\ &\Rightarrow 8m_b m_c \geq 2c^2 + 2a^2 - b^2 + 2a^2 + 2b^2 - c^2 - 2s^2 - 4Rr + 62r^2 \\ &= 4a^2 + b^2 + c^2 - 2s^2 - 4Rr + 62r^2 = 3a^2 + \sum_{cyc} a^2 - 2s^2 - 4Rr + 62r^2 \\ &= 3a^2 + 2(s^2 - 4Rr - r^2) - 2s^2 - 4Rr + 62r^2 = 3a^2 - 12Rr + 60r^2 \\ &\therefore \boxed{8m_b m_c \geq 3a^2 - 12Rr + 60r^2, '' = '' \text{ iff } a = b = c} \text{ and again,} \\ &\quad 8m_b m_c \stackrel{?}{\geq} 4a^2 + b^2 + c^2 - \frac{9b^2 c^2 (b-c)^2}{16F^2} \\ &\Leftrightarrow 8m_b m_c \stackrel{?}{\geq} 4m_b^2 + 4m_c^2 - \frac{9b^2 c^2 (b-c)^2}{16F^2} \Leftrightarrow \frac{9b^2 c^2 (b-c)^2}{16F^2} \stackrel{?}{\geq} 4(m_b - m_c)^2 \\ &= \frac{4(m_b^2 - m_c^2)^2}{(m_b + m_c)^2} = \frac{\left((2c^2 + 2a^2 - b^2) - (2a^2 + 2b^2 - c^2) \right)^2}{4(m_b + m_c)^2} = \frac{9(b-c)^2(b+c)^2}{4(m_b + m_c)^2} \\ &\Leftrightarrow \frac{bc}{2F} \cdot (m_b + m_c) \stackrel{?}{\geq} b + c \left(\because (b-c)^2 \geq 0 \right) \rightarrow \text{true} \\ &\therefore \frac{bc}{2F} \cdot (m_b + m_c) \geq \frac{bc}{2F} \cdot (h_b + h_c) = \frac{abc(b+c)}{2F \cdot 2R} = \frac{4RF(b+c)}{4RF} = b + c \\ &\therefore \boxed{8m_b m_c \geq 4a^2 + b^2 + c^2 - \frac{9b^2 c^2 (b-c)^2}{16F^2}, '' = '' \text{ iff } a = b = c} \text{ and so,} \\ &8m_b m_c \geq \max \left\{ 3a^2 - 12Rr + 60r^2, 4a^2 + b^2 + c^2 - \frac{9b^2 c^2 (b-c)^2}{16F^2} \right\} \forall ABC, \end{aligned}$$

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" = " iff ΔABC is equilateral (QED)

4275. In any acute ΔABC following relationship holds:

$$\frac{r_b + r_c}{\sqrt{2(b^2 + c^2)}} \geq \cos \frac{A}{2} \geq \frac{2h_a + r_b + r_c}{2(b + c)}$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Tapas Das-India

(1st Part)

Let $x = s - a, y = s - b, z = s - c$ then

$a = y + z, b = z + x, c = x + y$ & $s = x + y + z$

$$r_b = \frac{F}{s - b} = \frac{F}{y}, r_c = \frac{F}{s - c} = \frac{F}{z} \text{ \& } r_b + r_c = \frac{F(y + z)}{yz}$$

$$F^2 = s(s - a)(s - b)(s - c) = sxyz$$

$$\cos \frac{A}{2} = \sqrt{\frac{s(s - a)}{bc}} = \sqrt{\frac{x(x + y + z)}{(x + z)(x + y)}}$$

$$\text{We need to show: } \frac{r_b + r_c}{\sqrt{2(b^2 + c^2)}} \geq \cos \frac{A}{2} \text{ or } \frac{(r_b + r_c)^2}{2(b^2 + c^2)} \geq \cos^2 \frac{A}{2}$$

$$\frac{\left(\frac{F(y + z)}{yz}\right)^2}{2((x + z)^2 + (x + y)^2)} \geq \frac{x(x + y + z)}{(x + z)(x + y)}$$

$$\frac{\frac{sxyz(y + z)^2}{(yz)^2}}{2((x + z)^2 + (x + y)^2)} \geq \frac{x(x + y + z)}{(x + z)(x + y)}$$

$$(y + z)^2(x + z)(x + y) \geq 2yz((x + z)^2 + (x + y)^2)$$

$$x^2y^2 + x^2z^2 - 2x^2yz + xy^3 - xy^2z - xyz^2 + xz^3 - y^3z + 3y^2z^2 - yz^3 \geq 0$$

$$x^2(y - z)^2 + x(y - z)^2(y + z) - yz(y - z)^2 \geq 0$$

$$(y - z)^2(x^2 + x(y + z) - yz) \geq 0 \text{ true}$$

$$\left(\begin{array}{l} \text{as triangle is acute then } a^2 < b^2 + c^2 \text{ or} \\ (y + z)^2 < (x + z)^2 + (x + y)^2 \text{ or, } x^2 + x(y + z) - yz > 0 \end{array} \right)$$

(2nd Part)

acute triangle, $a^2 + c^2 > b^2$ or

$$(y + x)^2 + (z + y)^2 > (x + z)^2 \text{ or, } xy + y^2 + yz - xz > 0$$

$$a^2 + b^2 > c^2 \text{ or, } (y + z)^2 + (z + x)^2 > (x + y)^2 \text{ or, } xz + yz + z^2 - xy > 0$$

$$\text{using above we get } (x(y - z) + y^2 + 3yz) = (xy + yz + y^2 - xz) + 2yz > 0 \text{ (A)}$$

and

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$$(x(y-z) - 3yz - z^2) = xy - yz - 3yz - z^2 = -(xz + z^2 + yz - xy) - 2yz < 0(B)$$

$$\frac{2h_a + r_b + r_c}{2(b+c)} = \frac{\frac{4F}{a} + \frac{F}{s-b} + \frac{F}{s-c}}{2(b+c)} = \frac{F\left(\frac{4}{y+z} + \frac{1}{y} + \frac{1}{z}\right)}{2(2x+y+z)} = \frac{F(y^2 + 6yz + z^2)}{2yz(y+z)(2x+y+z)}$$

We need to show :

$$\begin{aligned} \frac{2h_a + r_b + r_c}{2(b+c)} &\leq \cos \frac{A}{2} \\ \frac{F(y^2 + 6yz + z^2)}{2yz(y+z)(2x+y+z)} &\leq \sqrt{\frac{x(x+y+z)}{(x+z)(x+y)}} \\ \frac{sx yz(y^2 + 6yz + z^2)^2}{4y^2 z^2 (y+z)^2 (2x+y+z)^2} &\leq \frac{x(x+y+z)}{(x+z)(x+y)} \end{aligned}$$

$$4yz(y+z)^2(2x+y+z)^2 - (x+y)(x+z)(y^2 + 6yz + z^2) \leq 0$$

$$-(y-z)^2(x(y-z) + y^2 + 3yz)(x(y-z) - 3yz - z^2) \geq 0 \text{ true by (A) \& (B)}$$

Equality holds for an equilateral triangle.

4276. In any ΔABC following relationship holds:

$$2m_a + r_a \leq (2\sqrt{2} + 2)R - (4\sqrt{2} - 5)r$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Tapas Das-India

$$\text{Let } x = \sin \frac{A}{2} \text{ \& } t = \cos \frac{B-C}{2} \text{ \& } \sin A = 2 \sin \frac{A}{2} \cos \frac{A}{2} = 2x\sqrt{1-x^2}$$

$$\text{now } 0 < x < 1 \text{ and } \left| \frac{B-C}{2} \right| < \frac{B+C}{2} = \frac{\pi}{2} - \frac{A}{2} \text{ \& }$$

$$t = \cos \frac{B-C}{2} > \cos \left(\frac{\pi}{2} - \frac{A}{2} \right) = \sin \frac{A}{2} = x$$

so $x < t < 1$

$$r = 4R \sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2} \text{ \& } A + B + C = \pi$$

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$$\begin{aligned}
 2 \sin \frac{B}{2} \sin \frac{C}{2} &= \cos \frac{B-C}{2} - \cos \frac{B+C}{2} = \cos \frac{B-C}{2} - \sin \frac{A}{2} = t - x \\
 \sin \frac{B}{2} \sin \frac{C}{2} &= \frac{t-x}{2} \\
 r_a = r &= 4R \sin \frac{A}{2} \cos \frac{B}{2} \cos \frac{C}{2} \quad \& \quad 2 \cos \frac{B}{2} \cos \frac{C}{2} = \cos \frac{B+C}{2} + \cos \frac{B-C}{2} = \\
 &= \sin \frac{A}{2} + \cos \frac{B-C}{2} = t + x \text{ so,} \\
 \cos \frac{B}{2} \cos \frac{C}{2} &= \frac{(t+x)}{2}
 \end{aligned}$$

$$\begin{aligned}
 m_a^2 &= \frac{2b^2 + 2c^2 - a^2}{4} = \frac{4R^2(2 \sin^2 B + 2 \sin^2 C - \sin^2 A)}{4} \text{ then} \\
 \frac{m_a^2}{R^2} &= 2 \sin^2 C + 2 \sin^2 B - \sin^2 A = 2(1 - \cos(B+C) \cos(B-C)) - \sin^2 A \\
 &= 2(1 + \cos A \cos(B-C)) - \sin^2 A =
 \end{aligned}$$

$$\begin{aligned}
 &= 2 \left(1 + \left(1 - 2 \sin^2 \frac{A}{2} \right) \left(2 \cos^2 \frac{B-C}{2} - 1 \right) \right) - \sin^2 A = \\
 &= 2 \left(1 - (2x^2 - 1)(2t^2 - 1) \right) - 4x^2(1 - x^2) = 4t^2 - 8x^2t^2 + 4x^4
 \end{aligned}$$

$$\text{Then } \frac{2m_a}{R} = 4\sqrt{t^2 - 2x^2t^2 + x^4}, \frac{r_a}{R} = 2x(t+x), \frac{r}{R} = 2x(t-x)$$

Using above result we need to show:

$$2m_a + r_a \leq (2\sqrt{2} + 2)R - (4\sqrt{2} - 5)r$$

$$\frac{2m_a}{R} + \frac{r_a}{R} + (4\sqrt{2} - 5) \frac{r}{R} \leq (2\sqrt{2} + 2)$$

$$4\sqrt{t^2 - 2x^2t^2 + x^4} + 2x(t+x) + 2x(t-x)(4\sqrt{2} - 5) \leq (2\sqrt{2} + 2)$$

$$4\sqrt{(t-x^2)^2} + 2x(t+x) + 2x(t-x)(4\sqrt{2} - 5) \leq (2\sqrt{2} + 2)$$

$$4\sqrt{(1-x^2)^2} + 2x(1+x) + 2x(1-x)(4\sqrt{2} - 5) \stackrel{x < t < 1}{\leq} (2\sqrt{2} + 2)$$

$$4(1-x^2) + 2x(1+x) + 2x(1-x)(4\sqrt{2} - 5) \stackrel{x < t < 1}{\leq} (2\sqrt{2} + 2)$$

$$4 + 8(\sqrt{2} - 1)x(1-x) - (2\sqrt{2} + 2) \leq 0 \text{ or, } (\sqrt{2} - 1)(2x-1)^2 \geq 0$$

Equality holds for an equilateral triangle.

4277. In $\triangle ABC$ the following relationship holds:

$$m_a w_a < bc$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Tapas Das-India

$$\begin{aligned} m_a^2 - \frac{(b+c)^2}{4} &= \frac{2b^2 + 2c^2 - a^2 - b^2 - c^2 - 2bc}{4} = \frac{(b-c)^2 - a^2}{4} \\ &= \frac{(b-c+a)(b-c-a)}{4} < 0 \text{ so } m_a < \frac{b+c}{2} \\ w_a &= \frac{2bc}{b+c} \cos \frac{A}{2} \leq \frac{2bc}{b+c} \text{ as } \cos \frac{A}{2} \leq 1 \\ \text{now } m_a w_a &< \frac{2bc}{b+c} \cdot \frac{b+c}{2} = bc \end{aligned}$$

4278. In any $\triangle ABC$ with $a \geq b \geq c$ and

$0 \leq d \leq e \leq f$ the following relationship holds :

$$d(3bc - 4w_a r_a) + e(3ca - 4w_b r_b) + f(3ab - 4w_c r_c) \geq 0$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

Since $a \geq b \geq c \Rightarrow 3bc \leq 3ca \therefore$ in order to prove :

$3bc - 4w_a r_a \stackrel{?}{\leq} 3ca - 4w_b r_b$, it suffices to prove :

$$\begin{aligned} &\frac{2ca}{c+a} \cdot \cos \frac{B}{2} \cdot \sec \frac{B}{2} \stackrel{?}{\leq} \frac{2bc}{b+c} \cdot \cos \frac{A}{2} \cdot \sec \frac{A}{2} \\ \Leftrightarrow \frac{a^2}{(c+a)^2} \cdot \frac{(s-c)(s-a)}{ca} &\stackrel{?}{\leq} \frac{b^2}{(b+c)^2} \cdot \frac{(s-b)(s-c)}{bc} \text{ and } \therefore \frac{1}{c+a} \leq \frac{1}{b+c} \\ \therefore \text{it suffices to prove : } a(s-a) &\stackrel{?}{\leq} b(s-b) \Leftrightarrow (a+b)(a-b) \stackrel{?}{\geq} s(a-b) \\ \Leftrightarrow (a-b)(2s-c-s) &\stackrel{?}{\geq} 0 \Leftrightarrow (a-b)(s-c) \stackrel{?}{\geq} 0 \rightarrow \text{true } \therefore a \geq b \\ \therefore 3bc - 4w_a r_a &\stackrel{\textcircled{1}}{\leq} 3ca - 4w_b r_b \text{ and again, since } a \geq b \geq c \Rightarrow 3ca \leq 3ab \\ \therefore \text{in order to prove : } 3ca - 4w_b r_b &\stackrel{?}{\leq} 3ab - 4w_c r_c, \text{ it suffices to prove :} \end{aligned}$$

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$$\Leftrightarrow \frac{b^2}{(a+b)^2} \cdot \frac{(s-a)(s-b)}{ab} \stackrel{?}{\leq} \frac{c^2}{(c+a)^2} \cdot \frac{(s-c)(s-a)}{ca} \text{ and } \because \frac{1}{a+b} \leq \frac{1}{c+a}$$

$\therefore$ it suffices to prove : $b(s-b) \stackrel{?}{\leq} c(s-c) \Leftrightarrow (b+c)(b-c) \stackrel{?}{\geq} s(b-c)$

$$\Leftrightarrow (b-c)(2s-a-s) \stackrel{?}{\geq} 0 \Leftrightarrow (b-c)(s-a) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because b \geq c$$

$$\therefore 3ca - 4w_b r_b \stackrel{②}{\leq} 3ab - 4w_c r_c \because ① \text{ and } ② \Rightarrow$$

$$d \leq e \leq f \text{ and } 3bc - 4w_a r_a \leq 3ca - 4w_b r_b \leq 3ab - 4w_c r_c$$

$$\therefore d \cdot (3bc - 4w_a r_a) + e \cdot (3ca - 4w_b r_b) + f \cdot (3ab - 4w_c r_c) \stackrel{\text{Chebyshev}}{\geq}$$

$$\frac{1}{3}(d+e+f) \cdot \sum_{\text{cyc}} (3bc - 4w_a r_a) \rightarrow (*)$$

$$\text{Now, } 4 \sum_{\text{cyc}} w_a r_a \stackrel{\text{AM-GM}}{\leq} 4 \cdot \sum_{\text{cyc}} \left(\sqrt{s(s-a)} \cdot \frac{\sqrt{s(s-a)(s-b)(s-c)}}{s-a} \right) \stackrel{\text{CBS}}{\leq}$$

$$4s \cdot \sqrt{3 \sum_{\text{cyc}} ((s-b)(s-c))} = 4s \cdot \sqrt{3(4Rr + r^2)} \stackrel{?}{\leq} 3 \sum_{\text{cyc}} bc = 3(s^2 + 4Rr + r^2)$$

$$\stackrel{\text{squaring}}{\Leftrightarrow} 3s^4 - (40Rr + 10r^2)s^2 + 3r^2(4R + r)^2 \stackrel{?}{\geq} 0 \text{ and } \because$$

$$3(s^2 - 16Rr + 5r^2)^2 \stackrel{\text{Gerretsen}}{\geq} 0 \therefore \text{in order to prove } (*), \text{ it suffices to prove :}$$

$$\text{LHS of } (*) \stackrel{?}{\geq} 3(s^2 - 16Rr + 5r^2)^2$$

$$\Leftrightarrow (7R - 5r)s^2 \stackrel{?}{\geq} r(90R^2 - 63Rr + 9r^2); \text{ and finally, } (7R - 5r)s^2 \stackrel{\text{Gerretsen}}{\geq}$$

$$(7R - 5r)(16Rr - 5r^2) \stackrel{?}{\geq} r(90R^2 - 63Rr + 9r^2) \Leftrightarrow 2r(11R - 4r)(R - 2r) \stackrel{?}{\geq} 0$$

$$\rightarrow \text{true} \because R \stackrel{\text{Euler}}{\geq} 2r \Rightarrow (**) \Rightarrow (*) \text{ is true} \therefore \sum_{\text{cyc}} (3bc - 4w_a r_a) \geq 0 \rightarrow (**) \text{ and } \because$$

$$d, e, f \geq 0 \Rightarrow d + e + f \geq 0 \therefore (*) \text{ and } (**) \Rightarrow$$

$$d \cdot (3bc - 4w_a r_a) + e \cdot (3ca - 4w_b r_b) + f \cdot (3ab - 4w_c r_c) \geq 0 \forall \Delta ABC$$

with $a \geq b \geq c$ and $0 \leq d \leq e \leq f$, " = " iff ΔABC is equilateral (QED)

4279. In any ΔABC with $a \geq b \geq c$ and

$0 \leq d \leq e \leq f$ the following relationship holds :

$$d(4r_b r_c - 3bc) + e(4r_c r_a - 3ca) + f(4r_a r_b - 3ab) \geq 0$$

Proposed by Dang Ngoc Minh-Vietnam

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Solution by Soumava Charaborty-Kolkata-India

$$\begin{aligned}
 4r_b r_c - 3bc &\stackrel{?}{\leq} 4r_c r_a - 3ca \Leftrightarrow 3c(a-b) \stackrel{?}{\leq} 4s((s-b) - (s-a)) \\
 \Leftrightarrow (4(s-c) + c)(a-b) &\stackrel{?}{\geq} 0 \rightarrow \text{true} \because a \geq b \therefore 4r_b r_c - 3bc \stackrel{\textcircled{1}}{\leq} 4r_c r_a - 3ca \\
 \text{Also, } 4r_c r_a - 3ca &\stackrel{?}{\leq} 4r_a r_b - 3ab \Leftrightarrow 3a(b-c) \stackrel{?}{\leq} 4s((s-c) - (s-b)) \\
 \Leftrightarrow (4(s-a) + a)(b-c) &\stackrel{?}{\geq} 0 \rightarrow \text{true} \because b \geq c \therefore 4r_c r_a - 3ca \stackrel{\textcircled{1}}{\leq} 4r_a r_b - 3ab \\
 \therefore \textcircled{1} \text{ and } \textcircled{2} \Rightarrow d \leq e \leq f &\text{ and } 4r_b r_c - 3bc \leq 4r_c r_a - 3ca \leq 4r_a r_b - 3ab \\
 &\quad \text{Chebyshev} \\
 \therefore d \cdot (4r_b r_c - 3bc) + e \cdot (4r_c r_a - 3ca) + f \cdot (4r_a r_b - 3ab) &\geq \\
 \frac{1}{3}(d+e+f) \cdot \sum_{\text{cyc}} (4s(s-a) - 3bc) &= \frac{1}{3}(d+e+f) \cdot (4s^2 - 3(s^2 + 4Rr + r^2)) \\
 &\quad \text{Gerretsen and Euler} \\
 = \frac{1}{3}(d+e+f) \cdot (s^2 - 16Rr + 5r^2 + 4r(R-2r)) &\geq 0 \\
 (\because d, e, f \geq 0 \Rightarrow d+e+f \geq 0) \text{ and so,} \\
 d \cdot (4r_b r_c - 3bc) + e \cdot (4r_c r_a - 3ca) + f \cdot (4r_a r_b - 3ab) &\geq 0 \forall \Delta ABC \\
 \text{with } a \geq b \geq c \text{ and } 0 \leq d \leq e \leq f, " = " \text{ iff } \Delta ABC \text{ is equilateral (QED)}
 \end{aligned}$$

4280. In ΔABC the following relationship holds:

$$\frac{\sqrt{a} + \sqrt{b}}{\sqrt{h_c}} + \frac{\sqrt{b} + \sqrt{c}}{\sqrt{h_a}} + \frac{\sqrt{c} + \sqrt{a}}{\sqrt{h_b}} \geq 2^4 \sqrt{108}$$

Proposed by Nguyen Hung Cuong-Vietnam

Solution by Tapas Das-India

$$\begin{aligned}
 s^2 &\stackrel{\text{Mitrinovic}}{\leq} \frac{27}{4} R^2 \text{ or, } \frac{R}{s} \geq \frac{2}{3\sqrt{3}} \quad (1) \\
 \frac{\sqrt{a} + \sqrt{b}}{\sqrt{h_c}} + \frac{\sqrt{b} + \sqrt{c}}{\sqrt{h_a}} + \frac{\sqrt{c} + \sqrt{a}}{\sqrt{h_b}} &= \sum \frac{\sqrt{a} + \sqrt{b}}{\sqrt{h_c}} = \sum \frac{\sqrt{a} + \sqrt{b}}{\sqrt{\frac{ab}{2R}}} = \sqrt{2R} \sum \left(\frac{1}{\sqrt{b}} + \frac{1}{\sqrt{a}} \right) = \\
 &= 2\sqrt{2R} \sum \frac{1}{\sqrt{a}} = 2\sqrt{2R} \sum \frac{1^{\frac{3}{2}}}{\sqrt{a}} \stackrel{\text{Radon}}{\geq} 2\sqrt{2R} \frac{(1+1+1)^{\frac{3}{2}}}{\sqrt{a+b+c}} = 2\sqrt{2R} \frac{(1+1+1)^{\frac{3}{2}}}{\sqrt{2s}} = \\
 &= 2 \sqrt{\frac{R}{s}} 3\sqrt{3} \geq 2 \sqrt{\frac{2}{3\sqrt{3}}} \times 3\sqrt{3} = 2\sqrt{6\sqrt{3}} = 2^4 \sqrt{36 \times 3} = 2^4 \sqrt{108}
 \end{aligned}$$

Equality holds for an equilateral triangle.

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4281. In any $\triangle ABC$ such that $a \neq b \neq c$,

the following relationship holds :

$$\frac{1}{\cot \frac{A}{2} (\cot \frac{A}{2} - \cot \frac{B}{2}) (\cot \frac{A}{2} - \cot \frac{C}{2})} + \frac{1}{\cot \frac{B}{2} (\cot \frac{B}{2} - \cot \frac{C}{2}) (\cot \frac{B}{2} - \cot \frac{A}{2})} + \frac{1}{\cot \frac{C}{2} (\cot \frac{C}{2} - \cot \frac{A}{2}) (\cot \frac{C}{2} - \cot \frac{B}{2})} < \frac{1}{3\sqrt{3}}$$

Proposed by Zaza Mzhavanadze-Georgia

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} & \text{For } x \neq y \neq z, \sum_{\text{cyc}} \frac{1}{x(x-y)(x-z)} \\ &= \frac{1}{xyz(x-y)(y-z)(z-x)} \cdot (-yz(y-z) - zx(z-x) - xy(x-y)) \\ &= -\frac{1}{xyz(x-y)(y-z)(z-x)} \cdot (yz(y-z) - x(y-z)(y+z) + x^2(y-z)) \\ &= -\frac{1}{xyz(x-y)(y-z)(z-x)} \cdot (y-z)(y(z-x) - x(z-x)) \\ &= \frac{1}{xyz(x-y)(y-z)(z-x)} \cdot (y-z)(z-x)(x-y) \\ &\therefore \sum_{\text{cyc}} \frac{1}{x(x-y)(x-z)} = \frac{1}{xyz} \text{ and via } x \equiv \cot \frac{A}{2}, y \equiv \cot \frac{B}{2}, z \equiv \cot \frac{C}{2}, \\ &\frac{1}{\cot \frac{A}{2} (\cot \frac{A}{2} - \cot \frac{B}{2}) (\cot \frac{A}{2} - \cot \frac{C}{2})} + \frac{1}{\cot \frac{B}{2} (\cot \frac{B}{2} - \cot \frac{C}{2}) (\cot \frac{B}{2} - \cot \frac{A}{2})} + \frac{1}{\cot \frac{C}{2} (\cot \frac{C}{2} - \cot \frac{A}{2}) (\cot \frac{C}{2} - \cot \frac{B}{2})} \\ &= \frac{1}{\cot \frac{A}{2} \cot \frac{B}{2} \cot \frac{C}{2}} = \frac{r_a r_b r_c}{s^3} = \frac{s^2 r}{s^3} = \frac{r}{s} \\ &\stackrel{\text{Mitrinovic}}{<} \frac{1}{3\sqrt{3}} \text{ (equality doesn't occur because } a \neq b \neq c) \\ &\therefore \frac{1}{\cot \frac{A}{2} (\cot \frac{A}{2} - \cot \frac{B}{2}) (\cot \frac{A}{2} - \cot \frac{C}{2})} + \frac{1}{\cot \frac{B}{2} (\cot \frac{B}{2} - \cot \frac{C}{2}) (\cot \frac{B}{2} - \cot \frac{A}{2})} + \frac{1}{\cot \frac{C}{2} (\cot \frac{C}{2} - \cot \frac{A}{2}) (\cot \frac{C}{2} - \cot \frac{B}{2})} < \frac{1}{3\sqrt{3}} \forall \triangle ABC \text{ (QED)} \end{aligned}$$

4282.

In any $\triangle ABC$ such that $a \neq b \neq c$, the following relationship holds :

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$$\frac{1}{\sin \frac{A}{2} \left(\sin \frac{A}{2} - \sin \frac{B}{2} \right) \left(\sin \frac{A}{2} - \sin \frac{C}{2} \right)} + \frac{1}{\sin \frac{B}{2} \left(\sin \frac{B}{2} - \sin \frac{C}{2} \right) \left(\sin \frac{B}{2} - \sin \frac{A}{2} \right)} + \frac{1}{\sin \frac{C}{2} \left(\sin \frac{C}{2} - \sin \frac{A}{2} \right) \left(\sin \frac{C}{2} - \sin \frac{B}{2} \right)} > 8$$

Proposed by Zaza Mzhavanadze-Georgia

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} & \text{For } x \neq y \neq z, \sum_{\text{cyc}} \frac{1}{x(x-y)(x-z)} \\ &= \frac{1}{xyz(x-y)(y-z)(z-x)} \cdot (-yz(y-z) - zx(z-x) - xy(x-y)) \\ &= -\frac{1}{xyz(x-y)(y-z)(z-x)} \cdot (yz(y-z) - x(y-z)(y+z) + x^2(y-z)) \\ &= -\frac{1}{xyz(x-y)(y-z)(z-x)} \cdot (y-z)(y(z-x) - x(z-x)) \\ &= \frac{1}{xyz(x-y)(y-z)(z-x)} \cdot (y-z)(z-x)(x-y) \\ &\therefore \sum_{\text{cyc}} \frac{1}{x(x-y)(x-z)} = \frac{1}{xyz} \text{ and via } x \equiv \sin \frac{A}{2}, y \equiv \sin \frac{B}{2}, z \equiv \sin \frac{C}{2}, \\ &\frac{1}{\sin \frac{A}{2} \left(\sin \frac{A}{2} - \sin \frac{B}{2} \right) \left(\sin \frac{A}{2} - \sin \frac{C}{2} \right)} + \frac{1}{\sin \frac{B}{2} \left(\sin \frac{B}{2} - \sin \frac{C}{2} \right) \left(\sin \frac{B}{2} - \sin \frac{A}{2} \right)} + \\ &\frac{1}{\sin \frac{C}{2} \left(\sin \frac{C}{2} - \sin \frac{A}{2} \right) \left(\sin \frac{C}{2} - \sin \frac{B}{2} \right)} = \frac{1}{\sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2}} = \frac{4R}{r} \stackrel{\text{Euler}}{=} > 8 \\ &\quad \text{(equality doesn't occur because } a \neq b \neq c) \\ &\therefore \frac{1}{\sin \frac{A}{2} \left(\sin \frac{A}{2} - \sin \frac{B}{2} \right) \left(\sin \frac{A}{2} - \sin \frac{C}{2} \right)} + \frac{1}{\sin \frac{B}{2} \left(\sin \frac{B}{2} - \sin \frac{C}{2} \right) \left(\sin \frac{B}{2} - \sin \frac{A}{2} \right)} + \\ &\frac{1}{\sin \frac{C}{2} \left(\sin \frac{C}{2} - \sin \frac{A}{2} \right) \left(\sin \frac{C}{2} - \sin \frac{B}{2} \right)} > 8 \forall \triangle ABC \text{ (QED)} \end{aligned}$$

4283. In $\triangle ABC$ the following relationship holds:

$$\sum_{\text{cyc}} \frac{a^4}{a+3c} \geq 18\sqrt{3}r^3$$

Proposed by Adgozel Adgozalov-Azerbaijan

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Solution by Daniel Sitaru-Romania

$$\begin{aligned} \frac{a^4}{a+3c} + \frac{b^4}{b+3a} + \frac{c^4}{c+3b} &\stackrel{\text{HOLDER}}{\geq} \frac{(a+b+c)^4}{9(a+3c+b+3a+c+3b)} = \\ &= \frac{(2s)^4}{9 \cdot 8s} = \frac{2s^3}{9} \stackrel{\text{MITRINOVICI}}{\geq} \frac{2 \cdot (3\sqrt{3}r)^3}{9} = \frac{2 \cdot 27 \cdot 3\sqrt{3}r^3}{9} = 18\sqrt{3}r^3 \end{aligned}$$

Equality holds for $a = b = c$.

4284.

In any ΔABC the following relationship holds :

$$\sqrt{\frac{2R}{r}} \cdot \left(\max(r_a, r_b, r_c) + \frac{h_a + h_b + h_c}{2} \right) \geq 2(n_a + n_b + n_c) - \sum_{\text{cyc}} \sqrt{(b-c)^2 + r^2}$$

Proposed by Bogdan Fuștei-Romania

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \frac{\sum_{\text{cyc}} n_a}{4R+r} &\stackrel{\text{CBS}}{\leq} \frac{\sqrt{3 \sum_{\text{cyc}} n_a^2}}{4R+r} \stackrel{\text{Bogdan Fustei}}{=} \frac{\sqrt{3 \sum_{\text{cyc}} \left(s^2 - \frac{r}{R} \cdot s^2 \cdot \sec^2 \frac{A}{2} \right)}}{4R+r} \\ &= \frac{\sqrt{3 \left(\frac{(3R-r)s^2 - r(4R+r)^2}{R} \right)}}{4R+r} \stackrel{?}{\leq} \sqrt{\frac{R}{2r}} \stackrel{\text{squaring}}{\Leftrightarrow} \\ &\quad R^2(4R+r)^2 + 6r^2(4R+r)^2 \stackrel{?}{\geq} 6r(3R-r)s^2 \end{aligned}$$

$$\begin{aligned} \text{Now, } 6r(3R-r)s^2 &\stackrel{\text{Rouche}}{\leq} 6r(3R-r) \left(2R^2 + 10Rr - r^2 + 2(R-2r) \cdot \sqrt{R^2 - 2Rr} \right) \\ &\stackrel{?}{\leq} (R^2 + 6r^2)(4R+r)^2 \end{aligned}$$

$$\Leftrightarrow R(R-2r)(16R^2 + 4Rr - 63r^2) \stackrel{?}{\geq} 6r(3R-r) \cdot 2(R-2r) \cdot \sqrt{R^2 - 2Rr}$$

and $\because R-2r \stackrel{\text{Euler}}{\geq} 0 \therefore$ it suffices to prove following squaring :

$$R^2(16R^2 + 4Rr - 63r^2)^2 \stackrel{?}{\geq} 144r^2(3R-r)^2(R^2 - 2Rr)$$

$$\Leftrightarrow 256t^5 + 128t^4 - 3296t^3 + 2952t^2 + 2097t + 288 \stackrel{?}{\geq} 0 \quad \left(t = \frac{R}{r} \right)$$

$$\Leftrightarrow \frac{(4t+1)^2}{100} \left(\left(16t + \frac{336}{5} \right) (10t-21)^2 + \frac{2340(t-2) + 504}{5} \right) \stackrel{?}{\geq} 0$$

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→ true (strict inequality) $\because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow (*)$ is true $\therefore \sum_{\text{cyc}} n_a \leq \sqrt{\frac{R}{2r}} \cdot (4R + r) \rightarrow \textcircled{1}$

and also, $\sum_{\text{cyc}} n_a \leq \sum_{\text{cyc}} AI + \sum_{\text{cyc}} \sqrt{(b-c)^2 + r^2} \rightarrow \textcircled{2}$

(Reference : Inequality in Triangle by Bogdan Fustei – 103;)
published at www.ssmrmh.ro $\therefore \textcircled{1} + \textcircled{2} \Rightarrow$

$$2 \sum_{\text{cyc}} n_a - \sum_{\text{cyc}} \sqrt{(b-c)^2 + r^2} \leq \sqrt{\frac{R}{2r}} \cdot (4R + r) + \sum_{\text{cyc}} AI \stackrel{?}{\leq} \sqrt{\frac{2R}{r}} \cdot \left(2R + \frac{h_a + h_b + h_c}{2} - r \right) = \sqrt{\frac{R}{2r}} \cdot \left(4R - 2r + \frac{s^2 + 4Rr + r^2}{2R} \right)$$

$$\Leftrightarrow \sum_{\text{cyc}} AI \stackrel{?}{\geq} \sqrt{\frac{R}{2r}} \cdot \left(\frac{s^2 - 2Rr + r^2}{2R} \right) \text{ and we have :}$$

$$\sum_{\text{cyc}} AI = r \cdot \sum_{\text{cyc}} \sqrt{\frac{bc(s-a)}{(s-a)(s-b)(s-c)}} \stackrel{\text{CBS}}{\leq} \frac{r}{r \cdot \sqrt{s}} \cdot \sqrt{\sum_{\text{cyc}} ab} \cdot \sqrt{\sum_{\text{cyc}} (s-a)}$$

$$= \sqrt{s^2 + 4Rr + r^2} \stackrel{?}{\leq} \sqrt{\frac{R}{2r}} \cdot \left(\frac{s^2 - 2Rr + r^2}{2R} \right)$$

$$\Leftrightarrow (s^2 - 2Rr + r^2)^2 \stackrel{?}{\geq} 8Rr(s^2 + 4Rr + r^2)$$

$$\Leftrightarrow s^4 - (12Rr - 2r^2)s^2 - r^2(28R^2 + 12Rr - r^2) \stackrel{?}{\geq} 0 \text{ and via Gerretsen,}$$

$$\text{LHS of } (*) \geq (4Rr - 3r^2)s^2 - r^2(28R^2 + 12Rr - r^2) \stackrel{\text{Gerretsen}}{\geq}$$

$$(4Rr - 3r^2)(16Rr - 5r^2) - r^2(28R^2 + 12Rr - r^2) = 4r^2(R - 2r)(9R - 2r) \stackrel{\text{Euler}}{\geq} 0$$

$\Rightarrow (*) \Rightarrow (\blacksquare)$ is true and so,

$$\sqrt{\frac{2R}{r}} \cdot \left(2R + \frac{h_a + h_b + h_c}{2} - r \right) \geq 2(n_a + n_b + n_c) - \sum_{\text{cyc}} \sqrt{(b-c)^2 + r^2} \rightarrow \textcircled{m}$$

$$\text{and now, } \max(r_a, r_b, r_c) \geq \sqrt{4R^2 - 7r^2}$$

(Reference : Inequality in Triangle by Dang Ngoc Minh – 329;)
published at www.ssmrmh.ro $\stackrel{?}{\geq} 2R - r$

$$\Leftrightarrow 4R^2 - 7r^2 \stackrel{?}{\geq} (2R - r)^2 = 4R^2 - 4Rr + r^2 \Leftrightarrow 4Rr \stackrel{?}{\geq} 8r^2 \rightarrow \text{true via Euler}$$

$$\therefore \max(r_a, r_b, r_c) \geq 2R - r \rightarrow \textcircled{n} \therefore \textcircled{m} \text{ and } \textcircled{n} \Rightarrow$$

$$\sqrt{\frac{2R}{r}} \cdot \left(\max(r_a, r_b, r_c) + \frac{h_a + h_b + h_c}{2} \right) \geq 2(n_a + n_b + n_c) - \sum_{\text{cyc}} \sqrt{(b-c)^2 + r^2}$$

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$\forall \triangle ABC, '' = ''$ iff $\triangle ABC$ is equilateral (QED)

4285. In any $\triangle ABC$ the following relationship holds :

$$\sqrt{\frac{2R}{r}} \cdot \left(2R + \frac{h_a + h_b + h_c}{2} - r \right) \geq 2(n_a + n_b + n_c) - \sum_{cyc} \sqrt{(b-c)^2 + r^2}$$

Proposed by Bogdan Fuștei-Romania

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \frac{\sum_{cyc} n_a}{4R+r} &\stackrel{CBS}{\leq} \frac{\sqrt{3 \sum_{cyc} n_a^2}}{4R+r} \stackrel{Bogdan Fustei}{=} \frac{\sqrt{3 \sum_{cyc} \left(s^2 - \frac{r}{R} \cdot s^2 \cdot \sec^2 \frac{A}{2} \right)}}{4R+r} \\ &= \frac{\sqrt{3 \left(\frac{(3R-r)s^2 - r(4R+r)^2}{R} \right)}}{4R+r} \stackrel{?}{\leq} \sqrt{\frac{R}{2r}} \stackrel{\text{squaring}}{\Leftrightarrow} \end{aligned}$$

$$R^2(4R+r)^2 + 6r^2(4R+r)^2 \stackrel{?}{\geq} 6r(3R-r)s^2 \quad (*)$$

$$\begin{aligned} \text{Now, } 6r(3R-r)s^2 &\stackrel{\text{Rouche}}{\leq} 6r(3R-r) \left(2R^2 + 10Rr - r^2 + 2(R-2r) \cdot \sqrt{R^2 - 2Rr} \right) \\ &\stackrel{?}{\leq} (R^2 + 6r^2)(4R+r)^2 \end{aligned}$$

$$\Leftrightarrow R(R-2r)(16R^2 + 4Rr - 63r^2) \stackrel{?}{\geq} 6r(3R-r) \cdot 2(R-2r) \cdot \sqrt{R^2 - 2Rr}$$

and $\because R-2r \stackrel{\text{Euler}}{\geq} 0 \therefore$ it suffices to prove following squaring :

$$R^2(16R^2 + 4Rr - 63r^2)^2 \stackrel{?}{\geq} 144r^2(3R-r)^2(R^2 - 2Rr)$$

$$\Leftrightarrow 256t^5 + 128t^4 - 3296t^3 + 2952t^2 + 2097t + 288 \stackrel{?}{\geq} 0 \quad \left(t = \frac{R}{r} \right)$$

$$\Leftrightarrow \frac{(4t+1)^2}{100} \left(\left(16t + \frac{336}{5} \right) (10t-21)^2 + \frac{2340(t-2) + 504}{5} \right) \stackrel{?}{\geq} 0$$

$$\rightarrow \text{true (strict inequality)} \because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow (*) \text{ is true } \therefore \sum_{cyc} n_a \leq \sqrt{\frac{R}{2r}} \cdot (4R+r) \rightarrow \textcircled{1}$$

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$$\text{and also, } \sum_{\text{cyc}} n_a \leq \sum_{\text{cyc}} AI + \sum_{\text{cyc}} \sqrt{(b-c)^2 + r^2} \rightarrow \textcircled{2}$$

(Reference : Inequality in Triangle by Bogdan Fustei – 103;)
published at www.ssmrmh.ro $\therefore \textcircled{1} + \textcircled{2} \Rightarrow$

$$2 \sum_{\text{cyc}} n_a - \sum_{\text{cyc}} \sqrt{(b-c)^2 + r^2} \leq \sqrt{\frac{R}{2r}} \cdot (4R + r) + \sum_{\text{cyc}} AI \stackrel{?}{\leq}$$

$$\sqrt{\frac{2R}{r}} \cdot \left(2R + \frac{h_a + h_b + h_c}{2} - r \right) = \sqrt{\frac{R}{2r}} \cdot \left(4R - 2r + \frac{s^2 + 4Rr + r^2}{2R} \right)$$

$$\Leftrightarrow \sum_{\text{cyc}} AI \stackrel{?}{\geq} \sqrt{\frac{R}{2r}} \cdot \left(\frac{s^2 - 2Rr + r^2}{2R} \right) \text{ and we have :}$$

$$\sum_{\text{cyc}} AI = r \cdot \sum_{\text{cyc}} \sqrt{\frac{bc(s-a)}{(s-a)(s-b)(s-c)}} \stackrel{\text{CBS}}{\leq} \frac{r}{r \cdot \sqrt{s}} \cdot \sqrt{\sum_{\text{cyc}} ab} \cdot \sqrt{\sum_{\text{cyc}} (s-a)}$$

$$= \sqrt{s^2 + 4Rr + r^2} \stackrel{?}{\leq} \sqrt{\frac{R}{2r}} \cdot \left(\frac{s^2 - 2Rr + r^2}{2R} \right)$$

$$\Leftrightarrow (s^2 - 2Rr + r^2)^2 \stackrel{?}{\geq} 8Rr(s^2 + 4Rr + r^2)$$

$$\Leftrightarrow s^4 - (12Rr - 2r^2)s^2 - r^2(28R^2 + 12Rr - r^2) \stackrel{?}{\geq} 0 \text{ and via Gerretsen,}$$

$$\text{LHS of } (\bullet) \geq (4Rr - 3r^2)s^2 - r^2(28R^2 + 12Rr - r^2) \stackrel{\text{Gerretsen}}{\geq}$$

$$(4Rr - 3r^2)(16Rr - 5r^2) - r^2(28R^2 + 12Rr - r^2) = 4r^2(R - 2r)(9R - 2r) \stackrel{\text{Euler}}{\geq} 0$$

$\Rightarrow (\bullet) \Rightarrow (\blacksquare)$ is true and so,

$$\sqrt{\frac{2R}{r}} \cdot \left(2R + \frac{h_a + h_b + h_c}{2} - r \right) \geq 2(n_a + n_b + n_c) - \sum_{\text{cyc}} \sqrt{(b-c)^2 + r^2} \quad \forall ABC,$$

" = " iff ΔABC is equilateral (QED)

4286. In any $\triangle ABC$ the following relationship holds :

$$\frac{n_a}{h_a} \geq \frac{1}{2} \left(\frac{g_c}{l_b} + \frac{g_b}{l_c} \right)$$

Proposed by Bogdan Fuștei-Romania

Solution by Soumava Chakraborty-Kolkata-India

Let $x = s - a, y = s - b, z = s - c$ and then : $a = y + z, b = z + x, c = x + y$ and $s = x + y + z$ and furthermore, we denote : $\frac{y+z}{x} = m$ and $\frac{yz}{x^2} = n$ and then, we have the following set "S" of relations : $y^2 + z^2 = x^2(m^2 - 2n)$,

$$\begin{aligned} & \text{squaring and via Bogdan Fustei} \\ & y^3 + z^3 = x^3(m^3 - 3mn), \text{ and now, } g_b g_c \leq r_a w_a \Leftrightarrow \\ & \left((s-b)^2 + \frac{4(s-a)(s-b)(s-c)}{b} \right) \left((s-c)^2 + \frac{4(s-a)(s-b)(s-c)}{c} \right) \leq \\ & \quad \frac{s(s-b)(s-c)}{s-a} \cdot \frac{4bc}{(b+c)^2} \cdot s(s-a) \\ & \Leftrightarrow 4(z+x)^2(x+y)^2(x+y+z)^2 \geq (4zx + xy + yz)(4xy + zx + yz)(2x + y + z)^2 \\ & \Leftrightarrow 4x^6 + 16x^5(y+z) + 8x^4(y^2+z^2) - 12x^4 \cdot yz - 32x^3 \cdot yz(y+z) - \\ & 5x^2 \cdot yz(y+z)^2 + 3x \cdot yz(y^3+z^3) + 13x \cdot y^2z^2(y+z) + 3y^2z^2(y+z)^2 \geq 0 \text{ and via} \end{aligned}$$

set of relations "S", to prove ①, it suffices to prove, following simplification :

$$\overbrace{(3m^2 + 4m)}^{\Omega_1} n^2 + \overbrace{(3m^3 - 5m^2 - 32m - 28)}^{\Omega_2} n + \overbrace{(8m^2 + 16m + 4)}^{\Omega_3} + \geq 0$$

and it's trivially true when : $\Omega_2 \geq 0$ and when : $\Omega_2 < 0$, then :

$$3m^3 - 5m^2 - 32m - 28 = (m-5)(3m^2 + 10m + 18) + 62 < 0$$

$$\Rightarrow (m-5)(3m^2 + 10m + 18) < -62 < 0 \Rightarrow m < 5 \rightarrow \text{(i)}$$

Now, LHS of ② is a quadratic polynomial in "n" with discriminant, $\delta =$

$$\sigma_2^2 - 4\sigma_1\sigma_3 = (m+1)(m+2)^2(9m^3 - 75m^2 + 40m + 196) \text{ and when : } 9m^3 - 75m^2 + 40m + 196 \leq 0, \text{ then } \delta \leq 0 \Rightarrow \text{② is trivially true and when :}$$

$$9m^3 - 75m^2 + 40m + 196 > 0, \text{ then : } 9m^3 - 75m^2 + 40m + 196$$

$$= \left(3m(m-5) - 3m - \frac{86}{3} \right) (3m-7) - \frac{14}{3} > 0$$

$$\Rightarrow \left(3m(m-5) - 3m - \frac{86}{3} \right) (3m-7) > \frac{14}{3} > 0 \text{ and } \therefore m \leq 5 \text{ via (i)}$$

$$\Rightarrow 3m(m-5) - 3m - \frac{86}{3} < 0 \therefore m < \frac{7}{3} \rightarrow \text{(ii) and so, when : } \delta > 0,$$

$$\text{then it suffices to prove : } 2\Omega_1 \cdot n \leq -\Omega_2 - \sqrt{\delta} \Leftrightarrow \text{and } \therefore n \leq \frac{AM-GM}{4} m^2$$

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$\therefore$ suffices to prove : $\Omega_1 \cdot \frac{m^2}{2} \stackrel{?}{\leq} -\Omega_2 - \sqrt{\delta} \Leftrightarrow -(m+2)^2(3m^2 - 2m - 14) \stackrel{?}{\geq} 2\sqrt{\delta}$

and $\because 3m^2 - 2m - 14 = \left(m + \frac{5}{3}\right)(3m - 7) - \frac{7}{3} \stackrel{\text{via (ii)}}{<} 0 \therefore$ it suffices to prove :

$$(m+2)^4(3m^2 - 2m - 14)^2 \stackrel{?}{\geq} 4(m+1)(m+2)^2(9m^3 - 75m^2 + 40m + 196)$$

$$\Leftrightarrow \boxed{m(m+2)^2(m-2)^2(3m+4)(3m^2+16m+4) \stackrel{?}{\geq} 0} \therefore g_b g_c \leq r_a w_a$$

and analogously, $\boxed{g_c g_a \leq r_b l_b} \rightarrow (*)$ and $\boxed{g_a g_b \leq r_c l_c} \rightarrow (**)$

$$\text{Now, } n_a \geq \frac{m_a l_a}{g_a} \Rightarrow \frac{2n_a}{h_a} \stackrel{\text{Bogdan Fustei}}{\geq} \frac{2m_a l_a}{h_a g_a} \stackrel{\text{Lascu} + \text{AM-GM}}{\geq} 4R \cdot \frac{s(s-a)}{bc} \cdot \frac{1}{g_a}$$

$$= 4R \cos^2 \frac{A}{2} \cdot \frac{1}{g_a} = \frac{r_b + r_c}{g_a} \stackrel{?}{\geq} \frac{g_c}{l_b} + \frac{g_b}{l_c} \Leftrightarrow r_b + r_c \stackrel{?}{\geq} \frac{g_c g_a}{l_b} + \frac{g_a g_b}{l_c} \rightarrow \text{true}$$

$$\therefore \frac{g_c g_a}{l_b} + \frac{g_a g_b}{l_c} \stackrel{\text{via } (*) \text{ and } (**)}{\leq} \frac{r_b l_b}{l_b} + \frac{r_c l_c}{l_c} = r_b + r_c \therefore \frac{n_a}{h_a} \geq \frac{1}{2} \left(\frac{g_c}{l_b} + \frac{g_b}{l_c} \right) \forall \Delta ABC,$$

" = " iff ΔABC is equilateral (QED)

4287. In any ΔABC the following relationship holds :

$$\sum_{\text{cyc}} \left(\tan \frac{A}{2} \cdot \sqrt{\frac{1}{3} \left(\tan^2 \frac{B}{2} + \tan \frac{B}{2} \tan \frac{C}{2} + \tan^2 \frac{C}{2} \right)} \right) \geq 1$$

Proposed by Neculai Stanciu, Viorel Ovidiu Ignatescu-Romania

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \text{LHS} &\geq \sum_{\text{cyc}} \left(\tan \frac{A}{2} \cdot \sqrt{\frac{1}{3} \cdot \frac{3}{4} \cdot \left(\tan \frac{B}{2} + \tan \frac{C}{2} \right)^2} \right) = \\ &= \frac{1}{2} \sum_{\text{cyc}} \left(\tan \frac{A}{2} \left(\tan \frac{B}{2} + \tan \frac{C}{2} \right) \right) = \sum_{\text{cyc}} \left(\tan \frac{A}{2} \tan \frac{B}{2} \right) = 1 \\ \therefore \sum_{\text{cyc}} \left(\tan \frac{A}{2} \cdot \sqrt{\frac{1}{3} \left(\tan^2 \frac{B}{2} + \tan \frac{B}{2} \tan \frac{C}{2} + \tan^2 \frac{C}{2} \right)} \right) &\geq 1 \forall \Delta ABC, \\ &\text{" = " iff } \Delta ABC \text{ is equilateral (QED)} \end{aligned}$$

4288. In ΔABC the following relationship holds:

$$\sqrt{\sum_{\text{cyc}} \frac{1}{(r_a + r_b) \sin(A) \sin(B)}} \geq \frac{3\sqrt{R}}{s}$$

Proposed by Neculai Stanciu-Romania

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Solution by Mirsadix Muzefferov-Azerbaijan

$$\begin{aligned}
 & \frac{1}{(r_a + r_b) \sin(A) \sin(B)} = \frac{4R^2}{(r_a + r_b)ab} = \frac{4R^2 \cdot c^2}{(r_a + r_b)abc \cdot c} = \\
 & = \frac{4R^2 \cdot c^2}{4R^2 \cdot c^2} = \frac{R \cdot c^2}{(r_a + r_b)4RF \cdot c} = \frac{(r_a + r_b)F \cdot c}{(r_a + r_b)4RF \cdot c} = \\
 & \sum_{cyc} \frac{R \cdot c^2}{(r_a + r_b)F \cdot c} \stackrel{\text{Bergstrom}}{\geq} \frac{R}{F} \cdot \frac{(\sum_{cyc} c)^2}{\sum_{cyc} (r_a + r_b) \cdot c} = \frac{R}{F} \cdot \frac{4s^2}{4s(R+r)} = \\
 & = \frac{R}{sr} \cdot \frac{4s^2}{4s(R+r)} = \frac{R}{Rr+r^2} \geq \frac{R}{s^2} = \frac{9R}{s^2} \text{ because: } \therefore Rr+r^2 \leq \frac{2s^2}{27} + \frac{s^2}{27} = \frac{s^2}{9} \\
 & \sqrt{\sum_{cyc} \frac{1}{(r_a + r_b) \sin(A) \sin(B)}} \geq \sqrt{\frac{9R}{s^2}} = \frac{3\sqrt{R}}{s} \\
 & \text{Equality holds for : } a = b = c.
 \end{aligned}$$

4289. In $\triangle ABC$ the following relationship holds:

$$\frac{\sqrt{a} + \sqrt{b}}{\sqrt{r_a}} + \frac{\sqrt{c} + \sqrt{b}}{\sqrt{r_b}} + \frac{\sqrt{a} + \sqrt{c}}{\sqrt{r_c}} \geq 2\sqrt[4]{108}$$

Proposed by Nguyen Hung Cuong-Vietnam

Solution by Mirsadix Muzefferov-Azerbaijan

$$\begin{aligned}
 & \frac{\sqrt{a} + \sqrt{b}}{\sqrt{r_a}} + \frac{\sqrt{c} + \sqrt{b}}{\sqrt{r_b}} + \frac{\sqrt{a} + \sqrt{c}}{\sqrt{r_c}} \stackrel{AM-GM}{\geq} \\
 & \geq \frac{2\sqrt[4]{ab}}{\sqrt{r_a}} + \frac{2\sqrt[4]{bc}}{\sqrt{r_b}} + \frac{2\sqrt[4]{ac}}{\sqrt{r_c}} \stackrel{AM-GM}{\geq} 3 \sqrt[3]{\frac{2\sqrt[4]{ab} \cdot 2\sqrt[4]{bc} \cdot 2\sqrt[4]{ac}}{\sqrt{r_a} \cdot \sqrt{r_b} \cdot \sqrt{r_c}}} = \\
 & = 6 \sqrt[6]{\frac{abc}{r_a \cdot r_b \cdot r_c}} = 6 \sqrt[6]{\frac{4R \cdot F}{s^2 \cdot r}} = 6 \sqrt[6]{\frac{4R \cdot sr}{s^2 \cdot r}} = 6 \sqrt[6]{\frac{4R}{s}} \stackrel{\text{Mitrinovic}}{\geq} \\
 & \geq 6 \sqrt[6]{\frac{4}{s} \cdot \frac{2s}{3\sqrt{3}}} = 6 \sqrt[6]{\left(\frac{2^3}{\sqrt{27}}\right)} = 6 \sqrt[6]{\frac{2}{\sqrt{3}}} = 2\sqrt[4]{108}
 \end{aligned}$$

Equality holds for : $a = b = c$

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4290. In $\triangle ABC$ the following relationship holds:

$$\frac{a \cot \frac{A}{2}}{h_a} + \frac{b \cot \frac{B}{2}}{h_b} + \frac{c \cot \frac{C}{2}}{h_c} \geq 6$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned} \frac{a \cot \frac{A}{2}}{h_a} + \frac{b \cot \frac{B}{2}}{h_b} + \frac{c \cot \frac{C}{2}}{h_c} &= \sum_{cyc} \frac{a \cot \frac{A}{2}}{h_a} = \sum_{cyc} \frac{a}{\frac{2F}{a} \cdot \tan \frac{A}{2}} = \frac{1}{2F} \sum_{cyc} \frac{a^2}{\tan \frac{A}{2}} \stackrel{AM-GM}{\geq} \\ &\geq \frac{1}{2F} \cdot 3^3 \sqrt[3]{\frac{(abc)^2}{\tan \frac{A}{2} \tan \frac{B}{2} \tan \frac{C}{2}}} = \frac{3}{2F} \sqrt[3]{\frac{(4Rrs)^2}{\frac{r}{s}}} = \frac{3}{2F} \cdot \sqrt[3]{\frac{16R^2 r^2 s^2 \cdot s}{r}} = \frac{3s}{2F} \cdot 2^3 \sqrt[3]{2R^2 r} \geq \\ &\stackrel{EULER}{\geq} \frac{6s}{2rs} \sqrt[3]{2 \cdot (2r)^2 \cdot r} = \frac{3}{r} \cdot 2r = 6 \end{aligned}$$

Equality holds for $a = b = c$.

4291. In $\triangle ABC$ the following relationship holds:

$$\sin A \sin B \sin C \geq \frac{3\sqrt{3}r^3}{R^3}$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned} \sin A \sin B \sin C &= \frac{a}{2R} \cdot \frac{b}{2R} \cdot \frac{c}{2R} = \frac{abc}{8R^3} \geq \frac{3\sqrt{3}r^3}{R^3} \\ \Leftrightarrow abc &\geq 24\sqrt{3}r^3 \Leftrightarrow 4Rrs \geq 24\sqrt{3}r^3 \Leftrightarrow Rs \geq 6\sqrt{3}r^2 \text{ (to prove)} \\ Rs &\stackrel{EULER}{\geq} 2r \cdot s \stackrel{MITRINOVIC}{\geq} 2r \cdot 3\sqrt{3}r = 6\sqrt{3}r^2 \end{aligned}$$

4292. In $\triangle ABC$ the following relationship holds:

$$\cos A \cos B \cos C \leq \frac{r}{4R}$$

Proposed by Nguyen Hung Cuong – Vietnam

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Solution by Daniel Sitaru – Romania

$$\begin{aligned}\cos A \cos B \cos C &= \frac{s^2 - (2R + r)^2}{4R^2} \leq \frac{r}{4R} \Leftrightarrow \\ &\Leftrightarrow s^2 - (4R^2 + 4Rr + r^2) \leq Rr \\ s^2 &\leq 4R^2 + 4Rr + r^2 + Rr = 4R^2 + 5Rr + r^2 \\ s^2 &\stackrel{\text{GERRETSEN}}{\leq} 4R^2 + 4Rr + 3r^2 \leq 4R^2 + 5Rr + r^2 \Leftrightarrow 2r^2 \leq Rr \Leftrightarrow R \geq 2r \quad (\text{Euler})\end{aligned}$$

Equality holds for $A = B = C$.

4293. In any $\triangle ABC$ the following relationship holds :

$$\begin{aligned}&\frac{1}{\sin^2 \frac{A}{2} + \sin \frac{A}{2} \sin \frac{B}{2} + \sin^2 \frac{B}{2}} + \frac{1}{\sin^2 \frac{B}{2} + \sin \frac{B}{2} \sin \frac{C}{2} + \sin^2 \frac{C}{2}} + \\ &\frac{1}{\sin^2 \frac{C}{2} + \sin \frac{C}{2} \sin \frac{A}{2} + \sin^2 \frac{A}{2}} \geq 4\end{aligned}$$

Proposed by Zaza Mzhavanadze-Georgia

Solution by Soumava Chakraborty-Kolkata-India

We shall first prove :

$$\frac{s^2 \left((s^2 - 8Rr - 2r^2)^2 + (4Rr + r^2)^2 + (s^2 - 8Rr - 2r^2)(4Rr + r^2) \right)}{(s^2 - 8Rr - 2r^2)r^2((4R + r)^2 - 2s^2) + r^2s(s^3 - 12Rrs) + (4Rr + r^2)^3 - 12Rr^3s^2 + 2r^2s^2(4Rr + r^2) - 6r^4s^2} \stackrel{?}{\geq} 9$$

$$\Leftrightarrow s^6 - (12Rr - 6r^2)s^4 - r^2(4R + r)^2s^2 + 9r^3(4R + r)^3 \stackrel{?}{\geq} 0 \text{ and } \therefore$$

$$P = (s^2 - 16Rr + 5r^2)^3 \stackrel{\text{Gerretsen}}{\geq} 0 \therefore \text{to prove } \textcircled{1}, \text{ it suffices to prove : } \text{LHS}_{\textcircled{1}} \stackrel{?}{\geq} P$$

$$\Leftrightarrow (36R - 9r)s^4 - r(864R^2 - 432Rr + 81r^2)s^2 +$$

$$4r^2(1168R^3 - 852R^2r + 327Rr^2 - 29r^3) \stackrel{?}{\geq} 0$$

$$\text{and } \therefore (36R - 9r)(s^2 - 16Rr + 5r^2)^2 \stackrel{\text{Gerretsen}}{\geq} 0 \therefore \text{to prove } \textcircled{2}, \text{ suffices to prove :}$$

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$$\text{LHS of } \textcircled{2} \stackrel{?}{\geq} (36R - 9r)(s^2 - 16Rr + 5r^2)^2 \Leftrightarrow (288R^2 - 216Rr + 9r^2)s^2$$

$$\boxed{\textcircled{3}} \quad r(4544R^3 - 4656R^2r + 1032Rr^2 - 109r^3)$$

$$\text{Finally, LHS of } \textcircled{3} \stackrel{\text{Gerretsen}}{\geq} (288R^2 - 216Rr + 9r^2)(16Rr - 5r^2) \stackrel{?}{\geq} \text{RHS of } \textcircled{3}$$

$$\Leftrightarrow 4t^3 - 15t^2 + 12t + 4 \stackrel{?}{\geq} 0 \left(t = \frac{R}{r} \right) \Leftrightarrow (t - 2)^2(4t + 1) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2$$

$$\Rightarrow \textcircled{3} \Rightarrow \textcircled{2} \Rightarrow \textcircled{1} \Rightarrow \boxed{(*) \text{ is true}} \text{ and now, since } 1 \stackrel{\text{Jensen}}{\geq} \frac{4}{9} \left(\sum_{\text{cyc}} \sin \frac{A}{2} \right)^2$$

$$\therefore \text{ in order to prove : } \sum_{\text{cyc}} \frac{1}{\sin^2 \frac{B}{2} + \sin \frac{B}{2} \sin \frac{C}{2} + \sin^2 \frac{C}{2}} \stackrel{?}{\geq} 4, \text{ it suffices to prove :}$$

$$\left(\sum_{\text{cyc}} \sin \frac{A}{2} \right)^2 \cdot \sum_{\text{cyc}} \frac{1}{\sin^2 \frac{B}{2} + \sin \frac{B}{2} \sin \frac{C}{2} + \sin^2 \frac{C}{2}} \stackrel{?}{\geq} 9$$

$$\Leftrightarrow \left(\sum_{\text{cyc}} x \right)^2 \cdot \sum_{\text{cyc}} \frac{(z^2 + zx + x^2)(x^2 + xy + y^2)}{(x^2 + xy + y^2)(y^2 + yz + z^2)(z^2 + zx + x^2)} \stackrel{?}{\geq} 9 \left(\begin{array}{l} x = \sin \frac{A}{2}, y = \sin \frac{B}{2}, \\ z = \sin \frac{C}{2} \end{array} \right)$$

$$\Leftrightarrow \left(\sum_{\text{cyc}} x \right)^2 \cdot \frac{(\sum_{\text{cyc}} x^2)^2 + (\sum_{\text{cyc}} xy)^2 + (\sum_{\text{cyc}} x^2)(\sum_{\text{cyc}} xy)}{\left((\sum_{\text{cyc}} x^2)(\sum_{\text{cyc}} x^2 y^2) + xyz(\sum_{\text{cyc}} x^3) + \sum_{\text{cyc}} x^3 y^3 + \right)} \boxed{\textcircled{3}} 9$$

$$\text{Assigning } y + z = X, z + x = Y, x + y = Z \Rightarrow X + Y - Z = 2z > 0, Y + Z - X = 2x$$

$$> 0 \text{ and } Z + X - Y = 2y > 0 \Rightarrow X, Y, Z \text{ form sides of a triangle} \Rightarrow X + Y > Z,$$

$$Y + Z > X, Z + X > Y \text{ with semiperimeter, circumradius \& inradius} = s', R, r' \text{ (say)}$$

$$\text{and then : } \sum_{\text{cyc}} x = s', xyz = r'^2 s' \sum_{\text{cyc}} xy = 4R' r' + r'^2, \sum_{\text{cyc}} x^2 = s'^2 - 8R' r' - 2r'^2,$$

$$\sum_{\text{cyc}} x^3 = s'^3 - 12R' r' s', \sum_{\text{cyc}} x^2 y^2 = r'^2 ((4R' + r')^2 - 2s'^2) \text{ and}$$

$$\sum_{\text{cyc}} x^3 y^3 = (4R' r' + r'^2)^3 - 12R' r'^3 s'^2 \text{ and so, } (*) \Leftrightarrow$$

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$$\frac{s'^2 \left((s'^2 - 8R'r' - 2r'^2)^2 + (4R'r' + r'^2)^2 + (s'^2 - 8R'r' - 2r'^2)(4R'r' + r'^2) \right)}{(s'^2 - 8R'r' - 2r'^2)r'^2((4R'r' + r'^2)^2 - 2s'^2) + r'^2s'(s'^3 - 12R'r's') + (4R'r' + r'^2)^3 - 12R'r'^3s'^2 + 2r'^2s'^2(4R'r' + r'^2) - 6r'^4s'^2} \boxed{?} \geq 9$$

→ true via (*) ⇒ (*) is true and so,

$$\frac{1}{\sin^2 \frac{A}{2} + \sin \frac{A}{2} \sin \frac{B}{2} + \sin^2 \frac{B}{2}} + \frac{1}{\sin^2 \frac{B}{2} + \sin \frac{B}{2} \sin \frac{C}{2} + \sin^2 \frac{C}{2}} + \frac{1}{\sin^2 \frac{C}{2} + \sin \frac{C}{2} \sin \frac{A}{2} + \sin^2 \frac{A}{2}} \geq 4 \quad \forall \text{ } \triangle ABC, " = " \text{ iff } \triangle ABC \text{ is equilateral (QED)}$$

4294. In any $\triangle ABC$ the following relationship holds :

$$\frac{r_a^3}{r_b^2 - r_b r_c + r_c^2} + \frac{r_b^3}{r_c^2 - r_c r_a + r_a^2} + \frac{r_c^3}{r_a^2 - r_a r_b + r_b^2} \geq 9r$$

Proposed by Zaza Mzhavanadze-Georgia

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \sum_{\text{cyc}} \frac{r_a^3}{r_b^2 - r_b r_c + r_c^2} &= \sum_{\text{cyc}} \frac{r_a^4}{r_a r_b^2 - r_a r_b r_c + r_c^2 r_a} \stackrel{\text{Bergstrom}}{\geq} \frac{(\sum_{\text{cyc}} r_a^2)^2}{(\sum_{\text{cyc}} r_a)(\sum_{\text{cyc}} r_a r_b) - 6r_a r_b r_c} \stackrel{?}{=} \frac{((4R + r)^2 - 2s^2)^2}{(4R + r)s^2 - 6rs^2} \stackrel{?}{\geq} 9r \\ &\Leftrightarrow (4R + r)^4 + 4s^4 - (64R^2 + 68Rr - 41r^2)s^2 \stackrel{?}{\geq} 0 \quad (*) \\ \therefore 4(s^2 - 16Rr + 5r^2)^2 &\stackrel{\text{Gerretsen}}{\geq} 0 \therefore \text{in order to prove } (*), \text{ it suffices to prove :} \\ \text{LHS of } (*) &\stackrel{?}{\geq} 4(s^2 - 16Rr + 5r^2)^2 \Leftrightarrow \\ 256R^4 + 256R^3r - 928R^2r^2 + 656Rr^3 - 99r^4 &\stackrel{?}{\geq} (64R^2 - 60Rr - r^2)s^2 \quad (**) \\ \text{Finally, } (64R^2 - 60Rr - r^2)s^2 &\stackrel{\text{Gerretsen}}{\leq} (64R^2 - 60Rr - r^2)(4R^2 + 4Rr + 3r^2) \stackrel{?}{\leq} \\ \text{LHS of } (**) &\Leftrightarrow 20t^3 - 73t^2 + 70t - 8 \stackrel{?}{\geq} 0 \left(t = \frac{R}{r} \right) \Leftrightarrow (t - 2)(20t^2 - 33t + 4) \stackrel{?}{\geq} 0 \\ &\rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow (**) \Rightarrow (*) \text{ is true} \\ \therefore \frac{r_a^3}{r_b^2 - r_b r_c + r_c^2} + \frac{r_b^3}{r_c^2 - r_c r_a + r_a^2} + \frac{r_c^3}{r_a^2 - r_a r_b + r_b^2} &\geq 9r \quad \forall \triangle ABC, \\ " = " \text{ iff } \triangle ABC \text{ is equilateral (QED)} \end{aligned}$$

4295. In any ΔABC the following relationship holds :

$$\begin{aligned} & \frac{\tan \frac{A}{2}}{\left(\tan \frac{A}{2} + \tan \frac{B}{2}\right)\left(\tan \frac{A}{2} + \tan \frac{C}{2}\right)} + \frac{\tan \frac{B}{2}}{\left(\tan \frac{B}{2} + \tan \frac{C}{2}\right)\left(\tan \frac{B}{2} + \tan \frac{A}{2}\right)} + \\ & + \frac{\tan \frac{C}{2}}{\left(\tan \frac{C}{2} + \tan \frac{A}{2}\right)\left(\tan \frac{C}{2} + \tan \frac{B}{2}\right)} \geq \frac{54}{\left(\frac{a}{r_a} + \frac{b}{r_b} + \frac{c}{r_c}\right)^3} \end{aligned}$$

Proposed by Zaza Mzhavanadze-Georgia

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \sum_{\text{cyc}} \frac{a}{r_a} &= \sum_{\text{cyc}} \frac{4R \tan \frac{A}{2} \cos^2 \frac{A}{2}}{s \tan \frac{A}{2}} = \frac{4R}{s} \cdot \frac{4R+r}{2R} \\ &\therefore \left(\sum_{\text{cyc}} \frac{a}{r_a}\right)^3 \cdot \sum_{\text{cyc}} \frac{\tan \frac{A}{2}}{\left(\tan \frac{A}{2} + \tan \frac{B}{2}\right)\left(\tan \frac{A}{2} + \tan \frac{C}{2}\right)} \\ &= \frac{8(4R+r)^3}{s^3} \cdot s \sum_{\text{cyc}} \frac{r_a(r_b+r_c)}{(r_a+r_b)(r_b+r_c)(r_c+r_a)} = \frac{8(4R+r)^3}{s^2} \cdot \frac{2s^2}{\prod_{\text{cyc}} \left(4R \cos^2 \frac{A}{2}\right)} \\ &= \frac{16(4R+r)^3}{64R^3 \cdot \frac{s^2}{16R^2}} = \frac{4(4R+r)^3}{Rs^2} \stackrel{\text{Gerretsen}}{\geq} \frac{4(4R+r)^3}{R(4R^2+4Rr+3r^2)} \stackrel{?}{\geq} 54 \\ &\Leftrightarrow 20t^3 - 12t^2 - 57t + 2 \stackrel{?}{\geq} 0 \left(t = \frac{R}{r}\right) \Leftrightarrow (t-2)(20t^2+28t-1) \stackrel{?}{\geq} 0 \\ &\rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \therefore \sum_{\text{cyc}} \frac{\tan \frac{A}{2}}{\left(\tan \frac{A}{2} + \tan \frac{B}{2}\right)\left(\tan \frac{A}{2} + \tan \frac{C}{2}\right)} \geq \frac{54}{\left(\frac{a}{r_a} + \frac{b}{r_b} + \frac{c}{r_c}\right)^3} \forall ABC, \\ &\quad \text{" = " iff } \Delta ABC \text{ is equilateral (QED)} \end{aligned}$$

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4296. In any $\triangle ABC$ the following relationship holds :

$$\sqrt{\frac{R}{2r}} \cdot (h_a + h_b + h_c) \geq \frac{g_b g_c}{r_a} + \frac{g_c g_a}{r_b} + \frac{g_a g_b}{r_c}$$

Proposed by Bogdan Fuștei-Romania

Solution by Soumava Chakraborty-Kolkata-India

Let $x = s - a, y = s - b, z = s - c$ and then : $a = y + z, b = z + x, c = x + y$ and $s = x + y + z$ and furthermore, we denote : $\frac{y+z}{x} = m$ and $\frac{yz}{x^2} = n$ and then, we have the following set "S" of relations : $y^2 + z^2 = x^2(m^2 - 2n)$,

$$\begin{aligned} & \text{and via Bogdan Fustei} \\ & y^3 + z^3 = x^3(m^3 - 3nn), \text{ and now, } g_b g_c \leq r_a w_a \Leftrightarrow \\ & \left((s-b)^2 + \frac{4(s-a)(s-b)(s-c)}{b} \right) \left((s-c)^2 + \frac{4(s-a)(s-b)(s-c)}{c} \right) \leq \\ & \frac{s(s-b)(s-c)}{s-a} \cdot \frac{4bc}{(b+c)^2} \cdot s(s-a) \\ & \Leftrightarrow 4(z+x)^2(x+y)^2(x+y+z)^2 \geq (4zx+xy+yz)(4xy+zx+yz)(2x+y+z)^2 \\ & \Leftrightarrow 4x^6 + 16x^5(y+z) + 8x^4(y^2+z^2) - 12x^4 \cdot yz - 32x^3 \cdot yz(y+z) - \\ & 5x^2 \cdot yz(y+z)^2 + 3x \cdot yz(y^3+z^3) + 13x \cdot y^2 z^2(y+z) + 3y^2 z^2(y+z)^2 \geq 0 \text{ and via} \end{aligned}$$

set of relations "S", to prove ①, it suffices to prove, following simplification :

$$\overbrace{(3m^2 + 4m)}^{\Omega_1} n^2 + \overbrace{(3m^3 - 5m^2 - 32m - 28)}^{\Omega_2} n + \overbrace{(8m^2 + 16m + 4)}^{\Omega_3} + \geq 0$$

and it's trivially true when : $\Omega_2 \geq 0$ and when : $\Omega_2 < 0$, then :

$$3m^3 - 5m^2 - 32m - 28 = (m-5)(3m^2 + 10m + 18) + 62 < 0$$

$$\Rightarrow (m-5)(3m^2 + 10m + 18) < -62 < 0 \Rightarrow m < 5 \rightarrow \text{(i)}$$

Now, LHS of ② is a quadratic polynomial in "n" with discriminant, $\delta =$

$$\sigma_2^2 - 4\sigma_1\sigma_3 = (m+1)(m+2)^2(9m^3 - 75m^2 + 40m + 196) \text{ and when : } 9m^3 - 75m^2 + 40m + 196 \leq 0, \text{ then } \delta \leq 0 \Rightarrow \text{② is trivially true and when :}$$

$$9m^3 - 75m^2 + 40m + 196 > 0, \text{ then : } 9m^3 - 75m^2 + 40m + 196$$

$$= \left(3m(m-5) - 3m - \frac{86}{3} \right) \left(3m-7 \right) - \frac{14}{3} > 0$$

$$\Rightarrow \left(3m(m-5) - 3m - \frac{86}{3} \right) (3m-7) > \frac{14}{3} > 0 \text{ and } \therefore m \leq 5 \text{ via (i)}$$

$$\Rightarrow 3m(m-5) - 3m - \frac{86}{3} < 0 \therefore m < \frac{7}{3} \rightarrow \text{(ii) and so, when : } \delta > 0,$$

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then it suffices to prove : $2\Omega_1 \cdot n \stackrel{?}{\leq} -\Omega_2 - \sqrt{\delta} \Leftrightarrow$ and $\therefore n \stackrel{\text{AM-GM}}{\leq} \frac{m^2}{4}$

$\therefore$ suffices to prove : $\Omega_1 \cdot \frac{m^2}{2} \stackrel{?}{\leq} -\Omega_2 - \sqrt{\delta} \Leftrightarrow -(m+2)^2(3m^2-2m-14) \stackrel{?}{\geq} 2\sqrt{\delta}$

and $\therefore 3m^2-2m-14 = \left(m+\frac{5}{3}\right)(3m-7) - \frac{7}{3} \stackrel{\text{via (ii)}}{<} 0 \therefore$ it suffices to prove :

$(m+2)^4(3m^2-2m-14)^2 \stackrel{?}{\geq} 4(m+1)(m+2)^2(9m^3-75m^2+40m+196)$

$\Leftrightarrow \boxed{m(m+2)^2(m-2)^2(3m+4)(3m^2+16m+4) \stackrel{?}{\geq} 0}$

$\therefore g_b g_c \leq r_a w_a$ and analogs $\rightarrow (*)$ and now, $(b+c)^2 \stackrel{?}{\geq} 32Rr \cdot \cos^2 \frac{A}{2}$

$= 8r(r_b + r_c) = 8r^2 s \left(\frac{1}{s-b} + \frac{1}{s-c} \right) = 8(s-a)(s-b)(s-c) \cdot \frac{a}{(s-b)(s-c)}$

$= 4a(b+c-a) \Leftrightarrow (b+c)^2 + 4a^2 - 4a(b+c) \stackrel{?}{\geq} 0 \Leftrightarrow (b+c-2a)^2 \stackrel{?}{\geq} 0 \rightarrow \text{true}$

$\therefore b+c \geq \sqrt{32Rr} \cdot \cos \frac{A}{2}$ and analogs $\rightarrow (**)$ $\Rightarrow \frac{g_b g_c}{r_a} \stackrel{\text{via } (*)}{\leq} \frac{r_a w_a}{r_a} = h_a \cdot \frac{w_a}{h_a}$

$= h_a \cdot \frac{2R \cdot 2bc \cdot \cos \frac{A}{2}}{(b+c)bc} \stackrel{\text{via } (**)}{\leq} h_a \cdot \frac{4R \cdot \cos \frac{A}{2}}{\sqrt{32Rr} \cdot \cos \frac{A}{2}} = h_a \cdot \sqrt{\frac{R}{2r}}$

$\therefore \frac{g_b g_c}{r_a} \leq \sqrt{\frac{R}{2r}} \cdot h_a$ and analogs $\Rightarrow \frac{g_b g_c}{r_a} + \frac{g_c g_a}{r_b} + \frac{g_a g_b}{r_c} \leq \sqrt{\frac{R}{2r}} \cdot (h_a + h_b + h_c)$

$\forall \Delta ABC, '' = ''$ iff ΔABC is equilateral (QED)

4297. In any ΔABC the following relationship holds :

$$\sqrt{\frac{R}{2r}} \cdot (r_a + r_b + r_c) \geq \frac{g_b g_c}{h_a} + \frac{g_c g_a}{h_b} + \frac{g_a g_b}{h_c}$$

Proposed by Bogdan Fuștei-Romania

Solution by Soumava Chakraborty-Kolkata-India

Let $x = s - a, y = s - b, z = s - c$ and then : $a = y + z, b = z + x, c = x + y$ and $s = x + y + z$ and furthermore, we denote : $\frac{y+z}{x} = m$ and $\frac{yz}{x^2} = n$ and then, we have the following set "S" of relations : $y^2 + z^2 = x^2(m^2 - 2n)$,

squaring
and via Bogdan Fustei

$$y^3 + z^3 = x^3(m^3 - 3nn), \text{ and now, } g_b g_c \stackrel{?}{\leq} r_a w_a \Leftrightarrow$$

$$\left((s-b)^2 + \frac{4(s-a)(s-b)(s-c)}{b} \right) \left((s-c)^2 + \frac{4(s-a)(s-b)(s-c)}{c} \right) \stackrel{?}{\leq}$$

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$$\frac{s(s-b)(s-c)}{s-a} \cdot \frac{4bc}{(b+c)^2} \cdot s(s-a)$$

$$\Leftrightarrow 4(z+x)^2(x+y)^2(x+y+z)^2 \stackrel{?}{\geq} (4zx+xy+yz)(4xy+zx+yz)(2x+y+z)^2$$

$$\Leftrightarrow 4x^6 + 16x^5(y+z) + 8x^4(y^2+z^2) - 12x^4.yz - 32x^3.yz(y+z) -$$

$$5x^2.yz(y+z)^2 + 3x.yz(y^3+z^3) + 13x.y^2z^2(y+z) + 3y^2z^2(y+z)^2 \stackrel{?}{\geq} 0 \text{ and via } \textcircled{1}$$

set of relations "S", to prove $\textcircled{1}$, it suffices to prove, following simplification :

$$\overbrace{(3m^2+4m)}^{\Omega_1} n^2 + \overbrace{(3m^3-5m^2-32m-28)}^{\Omega_2} n + \overbrace{(8m^2+16m+4)}^{\Omega_3} + \stackrel{?}{\geq} 0 \quad \textcircled{2}$$

and it's trivially true when : $\Omega_2 \geq 0$ and when : $\Omega_2 < 0$, then :

$$3m^3 - 5m^2 - 32m - 28 = (m-5)(3m^2 + 10m + 18) + 62 < 0$$

$$\Rightarrow (m-5)(3m^2 + 10m + 18) < -62 < 0 \Rightarrow m < 5 \rightarrow \text{(i)}$$

Now, LHS of $\textcircled{2}$ is a quadratic polynomial in "n" with discriminant, $\delta =$

$$\sigma_2^2 - 4\sigma_1\sigma_3 = (m+1)(m+2)^2(9m^3 - 75m^2 + 40m + 196) \text{ and when :}$$

$$9m^3 - 75m^2 + 40m + 196 \leq 0, \text{ then } \delta \leq 0 \Rightarrow \textcircled{2} \text{ is trivially true and when :}$$

$$9m^3 - 75m^2 + 40m + 196 > 0, \text{ then : } 9m^3 - 75m^2 + 40m + 196$$

$$= \left(3m(m-5) - 3m - \frac{86}{3}\right) \left(3m-7\right) - \frac{14}{3} > 0$$

$$\Rightarrow \left(3m(m-5) - 3m - \frac{86}{3}\right) (3m-7) > \frac{14}{3} > 0 \text{ and } \therefore m \stackrel{\text{via (i)}}{\leq} 5$$

$$\Rightarrow 3m(m-5) - 3m - \frac{86}{3} < 0 \therefore m < \frac{7}{3} \rightarrow \text{(ii)} \text{ and so, when : } \delta > 0,$$

$$\text{then it suffices to prove : } 2\Omega_1 \cdot n \stackrel{?}{\leq} -\Omega_2 - \sqrt{\delta} \Leftrightarrow \text{and } \therefore n \stackrel{\text{AM-GM}}{\leq} \frac{m^2}{4}$$

$$\therefore \text{ suffices to prove : } \Omega_1 \cdot \frac{m^2}{2} \stackrel{?}{\leq} -\Omega_2 - \sqrt{\delta} \Leftrightarrow -(m+2)^2(3m^2-2m-14) \stackrel{?}{\geq} 2\sqrt{\delta}$$

$$\text{and } \therefore 3m^2 - 2m - 14 = \left(m + \frac{5}{3}\right) (3m-7) - \frac{7}{3} \stackrel{\text{via (ii)}}{<} 0 \therefore \text{ it suffices to prove :}$$

$$(m+2)^4(3m^2-2m-14)^2 \stackrel{?}{\geq} 4(m+1)(m+2)^2(9m^3-75m^2+40m+196)$$

$$\Leftrightarrow m(m+2)^2(m-2)^2(3m+4)(3m^2+16m+4) \stackrel{?}{\geq} 0$$

$$\therefore g_b g_c \leq r_a w_a \text{ and analogs } \rightarrow (*) \text{ and now, } (b+c)^2 \stackrel{?}{\geq} 32Rr \cdot \cos^2 \frac{A}{2}$$

$$= 8r(r_b + r_c) = 8r^2 s \left(\frac{1}{s-b} + \frac{1}{s-c} \right) = 8(s-a)(s-b)(s-c) \cdot \frac{a}{(s-b)(s-c)}$$

$$= 4a(b+c-a) \Leftrightarrow (b+c)^2 + 4a^2 - 4a(b+c) \stackrel{?}{\geq} 0 \Leftrightarrow (b+c-2a)^2 \stackrel{?}{\geq} 0 \rightarrow \text{true}$$

$$\therefore b+c \geq \sqrt{32Rr \cdot \cos \frac{A}{2}} \text{ and analogs } \rightarrow (**) \Rightarrow \frac{g_b g_c}{h_a} \stackrel{\text{via } (*)}{\leq} \frac{r_a w_a}{h_a}$$

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$$= r_a \cdot \frac{2R \cdot 2bc \cdot \cos \frac{A}{2}}{(b+c)bc} \stackrel{\text{via (**)}}{\leq} r_a \cdot \frac{4R \cdot \cos \frac{A}{2}}{\sqrt{32Rr} \cdot \cos \frac{A}{2}} = r_a \cdot \sqrt{\frac{R}{2r}} \therefore \frac{g_b g_c}{h_a} \leq \sqrt{\frac{R}{2r}} \cdot r_a \text{ and analogs}$$

$$\Rightarrow \frac{g_b g_c}{h_a} + \frac{g_c g_a}{h_b} + \frac{g_a g_b}{h_c} \leq \sqrt{\frac{R}{2r}} \cdot (r_a + r_b + r_c) \forall \Delta ABC,$$

" = " iff ΔABC is equilateral (QED)

4298.

In any ΔABC with $a \geq b \geq c$ and $0 \leq d \leq e \leq f$ the following relationship holds :

$$d(r_b + r_c - 2m_a) + e(r_c + r_a - 2m_b) + f(r_a + r_b - 2m_c) \geq 0$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

We shall first prove : $b(s-b) \stackrel{?}{\geq} 2r \cdot m_b$ and $c(s-c) \stackrel{?}{\geq} 2r \cdot m_c$;

whenever : $a \geq b \geq c$; Let $x = s-a, y = s-b, z = s-c$ and then : $a = y+z,$

$b = z+x, c = x+y$ and $s = x+y+z$ and so, $a \geq b \geq c \Rightarrow$

$y+z \geq z+x \geq x+y \Rightarrow z \geq y \geq x$ and so, we can assign :

$$y = x+g \text{ and } z = x+g+h \text{ (g, h} \geq 0)$$

Also, $d \leq e \leq f \Rightarrow$ we can assign : $e = d+m$ and $f = d+m+n$ ($m, n \geq 0$)

$$\text{Now, } \textcircled{1} \Leftrightarrow (z+x)^2 y^2 \stackrel{?}{\geq} \frac{xyz}{x+y+z} \cdot (4y(x+y+z) + (z-x)^2)$$

$$\Leftrightarrow (x+g+h+x)^2 (x+g)(x+x+g+x+g+h) \stackrel{?}{\geq}$$

$$x(x+g+h)(4(x+g)(x+x+g+x+g+h) + (g+h)^2)$$

$$\Leftrightarrow 2g^4 + 5g^3h + 4g^3x + 4g^2h^2 + 8g^2hx + 2g^2x^2 + gh^3 + 4gh^2x + 4ghx^2 + 2h^2x^2$$

$$\stackrel{?}{\geq} 0 \rightarrow \text{true} \because g, h \geq 0 \Rightarrow \textcircled{1} \text{ is true and again, } \textcircled{2} \Leftrightarrow$$

$$(x+y)^2 z^2 \stackrel{?}{\geq} \frac{xyz}{x+y+z} \cdot (4z(x+y+z) + (x-y)^2)$$

$$\Leftrightarrow (x+x+g)^2 (x+g+h)(x+x+g+x+g+h) \stackrel{?}{\geq}$$

$$x(x+g)(4(x+g+h)(x+x+g+x+g+h) + g^2)$$

$$\Leftrightarrow 2g^4 + 3g^3h + 4g^3xg^2h^2 + 4g^2hx + 2g^2x^2 \stackrel{?}{\geq} 0 \rightarrow \text{true} \because g, h \geq 0 \Rightarrow \textcircled{2} \text{ is true}$$

$$\text{We have : } r_b + r_c - 2m_a = \frac{rs \cdot a(s-a)}{r^2 s} - 2m_a = \frac{a(s-a) - 2r \cdot m_a}{r} \text{ and analogs}$$

$$\therefore \text{proposed inequality becomes : } d(a(s-a) - 2r \cdot m_a) +$$

$$(d+m)(b(s-b) - 2r \cdot m_b) + (d+m+n)(c(s-c) - 2r \cdot m_c) \stackrel{?}{\geq} 0$$

$$\Leftrightarrow d(x(y+z) - 2r \cdot m_a) + (d+m)(y(z+x) - 2r \cdot m_b) +$$

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$$\begin{aligned}
 & (d + m + n)(z(x + y) - 2r \cdot m_c) \stackrel{?}{\geq} 0 \\
 \Leftrightarrow & 2d \left(\sum_{\text{cyc}} xy - r \left(\sum_{\text{cyc}} m_a \right) \right) + m \left(((xy + yz) - 2r \cdot m_b) + ((xz + yz) - 2r \cdot m_c) \right) \\
 & + n((xz + yz) - 2r \cdot m_c) \stackrel{?}{\geq} 0 \\
 \Leftrightarrow & 2d \left(r(4R + r) - r \left(\sum_{\text{cyc}} m_a \right) \right) + m((b(s - b) - 2r \cdot m_b) + (c(s - c) - 2r \cdot m_c)) \\
 & + n(c(s - c) - 2r \cdot m_c) \stackrel{?}{\geq} 0 \rightarrow \text{true via } \textcircled{1} \text{ and } \textcircled{2} \text{ combined with :} \\
 & \sum_{\text{cyc}} m_a \leq 4R + r \text{ and } \because d, m, n \geq 0 \text{ and so,} \\
 & d \cdot (r_b + r_c - 2m_a) + e \cdot (r_c + r_a - 2m_b) + f \cdot (r_a + r_b - 2m_c) \geq 0 \\
 & \forall \Delta ABC \text{ with } a \geq b \geq c \text{ and } 0 \leq d \leq e \leq f, " = " \text{ iff } \Delta ABC \text{ is equilateral (QED)}
 \end{aligned}$$

4299.

In any ΔABC with $a \geq b \geq c$ and $d \geq e \geq f \geq 0$, the following relationship holds :

$$d(3Rm_a - 2r_b r_c) + e(3Rm_b - 2r_c r_a) + f(3Rm_c - 2r_a r_b) \geq 0$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned}
 & \text{Since } d \geq e \geq f \geq 0 \therefore \text{ we can assign :} \\
 & \boxed{e = f + g} \text{ and } \boxed{d = f + g + h} \ (g, h \geq 0) \ \& \ \text{via such substitutions,} \\
 & d \cdot (3Rm_a - 2r_b r_c) + e \cdot (3Rm_b - 2r_c r_a) + f \cdot (3Rm_c - 2r_a r_b) \stackrel{?}{\geq} 0 \\
 \Leftrightarrow & f \cdot \left(3R \sum_{\text{cyc}} m_a - 2s \sum_{\text{cyc}} (s - a) \right) + g \cdot \left(3R(m_a + m_b) - 2s((s - a) + (s - b)) \right) + \\
 & h \cdot (3Rm_a - 2s(s - a)) \stackrel{?}{\geq} 0 \quad (*)
 \end{aligned}$$

$$\text{Firstly, } 3R(m_a + m_b) - 2s((s - a) + (s - b)) \stackrel{\text{Tereshin}}{\geq} \frac{3(b^2 + 2c^2 + a^2)}{4} - 2sc \stackrel{?}{\geq} 0$$

$$\begin{aligned}
 & \Leftrightarrow 3((z + x)^2 + 2(x + y)^2 + (y + z)^2) \stackrel{?}{\geq} 8(x + y + z)(x + y) \\
 & \left(\begin{array}{l} x = s - a, y = s - b, z = s - c \Rightarrow a = y + z, b = z + x, c = x + y \text{ and} \\ s = x + y + z \end{array} \right)
 \end{aligned}$$

$$\begin{aligned}
 \Leftrightarrow & x^2 - 4xy - 2zx + y^2 - 2yz + 6z^2 \stackrel{?}{\geq} 0 \Leftrightarrow (y - z)^2 + (z - x)^2 + 4(z^2 - xy) \stackrel{?}{\geq} 0 \\
 & \rightarrow \text{true } \because z^2 \stackrel{?}{\geq} xy (\because a \geq b \geq c \Rightarrow z \geq y \geq x)
 \end{aligned}$$

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$$\therefore 3R(m_a + m_b) - 2s((s-a) + (s-b)) \stackrel{\textcircled{1}}{\geq} 0$$

$$\text{Now, } (3Rm_a)^2 \stackrel{\text{Leibnitz and Lascu + AM-GM}}{\geq} \left(\sum_{\text{cyc}} a^2 \right) s(s-a) \stackrel{?}{\geq} 4s^2(s-a)^2$$

$$\Leftrightarrow (y+z)^2 + (z+x)^2 + (x+y)^2 \stackrel{?}{\geq} 4x(x+y+z)$$

$$\Leftrightarrow (y^2 - x^2) + y(z-x) + z(z-x) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because z \geq y \geq x$$

$$\therefore 3Rm_a - 2s(s-a) \stackrel{\textcircled{2}}{\geq} 0 \text{ and finally, } 3R \sum_{\text{cyc}} m_a - 2s \sum_{\text{cyc}} (s-a) \stackrel{\text{Terezhin}}{\geq}$$

$$\frac{3}{2} \cdot \sum_{\text{cyc}} a^2 - 2s^2 = 3 \sum_{\text{cyc}} a^2 - \left(\sum_{\text{cyc}} a \right)^2 \geq 0 \therefore 3R \sum_{\text{cyc}} m_a - 2s \sum_{\text{cyc}} (s-a) \stackrel{\textcircled{3}}{\geq} 0$$

$\therefore \textcircled{1}, \textcircled{2} \text{ and } \textcircled{3} \text{ combined with } f, g, h \geq 0 \Rightarrow (*) \text{ is true}$

$\therefore d.(3Rm_a - 2r_b r_c) + e.(3Rm_b - 2r_c r_a) + f.(3Rm_c - 2r_a r_b) \geq 0 \forall \Delta ABC \text{ with } a \geq b \geq c \text{ and } d \geq e \geq f \geq 0, " = " \text{ iff } \Delta ABC \text{ is equilateral (QED)}$

4300.

In any ΔABC with $a \geq b \geq c$ and $d \geq e \geq f \geq 0$, the following relationships hold :

$$d(h_b h_c - 3rh_a) + e(h_c h_a - 3rh_b) + f(h_a h_b - 3rh_c) \geq 0$$

$$f(3rm_a - h_b h_c) + e(3rm_b - h_c h_a) + d(3rm_c - h_a h_b) \geq 0$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

Since $a \geq b \geq c$, $\therefore h_b h_c \geq h_c h_a \geq h_a h_b$ and $-3rh_a \geq -3rh_b \geq -3rh_c$

$\therefore h_b h_c - 3rh_a \geq h_c h_a - 3rh_b \geq h_a h_b - 3rh_c$ and $\therefore d \geq e \geq f \geq 0$

$\therefore d.(h_b h_c - 3rh_a) + e.(h_c h_a - 3rh_b) + f.(h_a h_b - 3rh_c) \stackrel{\text{Chebyshev}}{\geq}$

$$\frac{1}{3}(d+e+f) \left(\sum_{\text{cyc}} (h_b h_c - 3rh_a) \right) = \frac{1}{3}(d+e+f) \left(\frac{2rs^2}{R} - \frac{3r}{2R} \cdot \sum_{\text{cyc}} ab \right)$$

$$= \frac{1}{3}(d+e+f) \left(\frac{r}{2R} \right) \left(\left(\sum_{\text{cyc}} a \right)^2 - 3 \sum_{\text{cyc}} ab \right) \geq 0$$

$(\because d \geq e \geq f \geq 0 \Rightarrow d+e+f \geq 0)$

$\therefore d.(h_b h_c - 3rh_a) + e.(h_c h_a - 3rh_b) + f.(h_a h_b - 3rh_c) \geq 0$

Again, Since $a \geq b \geq c$, $\therefore -h_b h_c \leq -h_c h_a \leq -h_a h_b$ and $3rm_a \leq 3rm_b \leq 3rm_c$

$\therefore 3rm_a - h_b h_c \leq 3rm_b - h_c h_a \leq 3rm_c - h_a h_b$ and $\therefore 0 \leq f \leq e \leq d$

$\therefore f.(3rm_a - h_b h_c) + e.(3rm_b - h_c h_a) + d.(3rm_c - h_a h_b) \stackrel{\text{Chebyshev}}{\geq}$

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$$\frac{1}{3}(d+e+f)\left(\sum_{\text{cyc}}(3rm_a - h_b h_c)\right) \stackrel{\text{Terezhin}}{\geq} \frac{1}{3}(d+e+f)\left(3r\sum_{\text{cyc}}\frac{b^2+c^2}{4R} - \frac{2rs^2}{R}\right)$$

$$= \frac{1}{3}(d+e+f)\left(\frac{r}{2R}\right)\left(3\sum_{\text{cyc}}a^2 - \left(\sum_{\text{cyc}}a\right)^2\right) \geq 0$$

($\because d \geq e \geq f \geq 0 \Rightarrow d+e+f \geq 0$)

$\therefore f \cdot (3rm_a - h_b h_c) + e \cdot (3rm_b - h_c h_a) + d \cdot (3rm_c - h_a h_b) \geq 0$ and so,
 $d \cdot (h_b h_c - 3rh_a) + e \cdot (h_c h_a - 3rh_b) + f \cdot (h_a h_b - 3rh_c) \geq 0$ and
 $f \cdot (3rm_a - h_b h_c) + e \cdot (3rm_b - h_c h_a) + d \cdot (3rm_c - h_a h_b) \geq 0 \forall \Delta ABC$ with
 $a \geq b \geq c$ and $d \geq e \geq f \geq 0$, " = " iff ΔABC is equilateral (QED)

It's nice to be important but more important it's to be nice.

At this paper works a TEAM.

This is RMM TEAM.

To be continued!

Daniel Sitaru