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4101. In $\triangle ABC$ the following relationship holds:

$$\frac{a^4 + b^4}{r_c} + \frac{b^4 + c^4}{r_a} + \frac{c^4 + a^4}{r_b} \geq 288r^3$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned} r_a r_b r_c &= \frac{F}{s-a} \cdot \frac{F}{s-b} \cdot \frac{F}{s-c} = \frac{F^3 s}{s(s-a)(s-b)(s-c)} = \frac{F^3 s}{F^2} = Fs \\ \frac{a^4 + b^4}{r_c} + \frac{b^4 + c^4}{r_a} + \frac{c^4 + a^4}{r_b} &= \sum_{cyc} \frac{a^4 + b^4}{r_c} \stackrel{AM-GM}{\geq} \\ &\geq 2 \sum_{cyc} \frac{a^2 b^2}{r_c} \stackrel{AM-GM}{\geq} 2 \cdot 3 \cdot \sqrt[3]{\frac{(abc)^4}{r_a r_b r_c}} = 6abc \cdot \sqrt[3]{\frac{abc}{Fs}} = 6 \cdot 4RF \cdot \sqrt[3]{\frac{4RF}{Fs}} = \\ &= 24RF \sqrt[3]{\frac{4R}{s}} \stackrel{MITRINOVIC}{\geq} 24RF \cdot \sqrt[3]{\frac{4}{s} \cdot \frac{2}{3\sqrt{3}}} s = \\ &= 24Rrs \cdot \frac{2}{\sqrt{3}} \stackrel{MITRINOVIC}{\geq} 24R \cdot 3\sqrt{3}r \cdot \frac{2}{\sqrt{3}} = 24 \cdot 6Rr \stackrel{EULER}{\geq} 144 \cdot 2r \cdot r = 288r^3 \end{aligned}$$

Equality holds for $a = b = c$.

4102. In $\triangle ABC$ the following relationship holds:

$$\sum_{cyc} \frac{a}{\sqrt{r_a}} \leq \sum_{cyc} \frac{a}{\sqrt{h_a}}$$

Proposed by Nguyen Hung Cuong-Vietnam

Solution by Jenish Rijal-Nepal

WLOG let's assume that $a \geq b \geq c \Rightarrow \frac{1}{\sqrt{r_a}} \leq \frac{1}{\sqrt{r_b}} \leq \frac{1}{\sqrt{r_c}}$ and $\frac{1}{\sqrt{h_a}} \geq \frac{1}{\sqrt{h_b}} \geq \frac{1}{\sqrt{h_c}}$

$$\begin{aligned} \frac{1}{\sqrt{h_a}} &= \sqrt{\frac{\frac{1}{r_b} + \frac{1}{r_c}}{2}} \stackrel{\text{Power Mean}}{\geq} \frac{1}{2} \left(\frac{1}{\sqrt{r_b}} + \frac{1}{\sqrt{r_c}} \right) \Leftrightarrow \sum_{cyc} \frac{1}{\sqrt{r_a}} \leq \sum_{cyc} \frac{1}{\sqrt{h_a}} \\ \sum_{cyc} \left(a \cdot \frac{1}{\sqrt{r_a}} \right) &\stackrel{\text{Chebyshev}}{\geq} \frac{1}{3} \cdot \sum_{cyc} (a) \cdot \sum_{cyc} \left(\frac{1}{\sqrt{r_a}} \right) \leq \frac{1}{3} \cdot \sum_{cyc} (a) \cdot \sum_{cyc} \left(\frac{1}{\sqrt{h_a}} \right) \\ &\leq \sum_{cyc} \left(a \cdot \frac{1}{\sqrt{h_a}} \right) \end{aligned}$$

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$$\therefore \sum_{cyc} \frac{a}{\sqrt{r_a}} \leq \sum_{cyc} \frac{a}{\sqrt{h_a}}$$

Equality holds if and only if the triangle is equilateral.

4103. In $\triangle ABC$ the following relationship holds:

$$\sum_{cyc} \sqrt{\frac{a^3}{r_a}} \leq \sum_{cyc} \sqrt{\frac{a^3}{h_a}}$$

Proposed by Nguyen Hung Cuong-Vietnam

Solution by Jenish Rijal-Nepal

$$\begin{aligned} & \text{WLOG let's assume that } a \geq b \geq c \Rightarrow \\ & \sqrt{a^3} \geq \sqrt{b^3} \geq \sqrt{c^3} \Rightarrow \frac{1}{\sqrt{r_a}} \leq \frac{1}{\sqrt{r_b}} \leq \frac{1}{\sqrt{r_c}} \text{ and } \frac{1}{\sqrt{h_a}} \geq \frac{1}{\sqrt{h_b}} \geq \frac{1}{\sqrt{h_c}}. \\ & \frac{1}{\sqrt{h_a}} = \sqrt{\frac{\frac{1}{r_b} + \frac{1}{r_c}}{2}} \stackrel{\text{Power Mean}}{\geq} \frac{1}{2} \left(\frac{1}{\sqrt{r_b}} + \frac{1}{\sqrt{r_c}} \right) \Leftrightarrow \sum_{cyc} \frac{1}{\sqrt{r_a}} \leq \sum_{cyc} \frac{1}{\sqrt{h_a}} \\ & \sum_{cyc} \left(\sqrt{a^3} \cdot \frac{1}{\sqrt{r_a}} \right) \stackrel{\text{Chebyshev}}{\leq} \frac{1}{3} \cdot \sum_{cyc} (\sqrt{a^3}) \cdot \sum_{cyc} \left(\frac{1}{\sqrt{r_a}} \right) \leq \\ & \leq \frac{1}{3} \cdot \sum_{cyc} (\sqrt{a^3}) \cdot \sum_{cyc} \left(\frac{1}{\sqrt{h_a}} \right) \leq \sum_{cyc} \left(\sqrt{a^3} \cdot \frac{1}{\sqrt{h_a}} \right) \\ & \therefore \sum_{cyc} \sqrt{\frac{a^3}{r_a}} \leq \sum_{cyc} \sqrt{\frac{a^3}{h_a}} \end{aligned}$$

Equality holds if and only if the triangle is equilateral.

4104. In $\triangle ABC$ the following relationship holds:

$$\sum_{cyc} \frac{a^2}{\sqrt{r_a}} \leq \sum_{cyc} \frac{a^2}{\sqrt{h_a}}$$

Proposed by Nguyen Hung Cuong-Vietnam

Solution by Jenish Rijal-Nepal

$$\begin{aligned} & \text{WLOG let's assume that } a \geq b \geq c \Rightarrow \\ & a^2 \geq b^2 \geq c^2 \Rightarrow \frac{1}{\sqrt{r_a}} \leq \frac{1}{\sqrt{r_b}} \leq \frac{1}{\sqrt{r_c}} \text{ and } \frac{1}{\sqrt{h_a}} \geq \frac{1}{\sqrt{h_b}} \geq \frac{1}{\sqrt{h_c}} \end{aligned}$$

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$$\begin{aligned} \frac{1}{\sqrt{h_a}} &= \sqrt{\frac{\frac{1}{r_b} + \frac{1}{r_c}}{2}} \stackrel{\text{Power Mean}}{\geq} \frac{1}{2} \left(\frac{1}{\sqrt{r_b}} + \frac{1}{\sqrt{r_c}} \right) \Leftrightarrow \sum_{cyc} \frac{1}{\sqrt{r_a}} \leq \sum_{cyc} \frac{1}{\sqrt{h_a}} \\ \sum_{cyc} \left(a^2 \cdot \frac{1}{\sqrt{r_a}} \right) &\stackrel{\text{Chebyshev}}{\leq} \frac{1}{3} \cdot \sum_{cyc} (a^2) \cdot \sum_{cyc} \left(\frac{1}{\sqrt{r_a}} \right) \leq \\ &\leq \frac{1}{3} \cdot \sum_{cyc} (a^2) \cdot \sum_{cyc} \left(\frac{1}{\sqrt{h_a}} \right) \leq \sum_{cyc} \left(a^2 \cdot \frac{1}{\sqrt{h_a}} \right) \\ &\therefore \sum_{cyc} \frac{a^2}{\sqrt{r_a}} \leq \sum_{cyc} \frac{a^2}{\sqrt{h_a}} \end{aligned}$$

Equality holds if and only if the triangle is equilateral.

4105. In $\triangle ABC$ the following relationship holds:

$$\sum_{cyc} \frac{\sqrt{a}}{r_a} \leq \sum_{cyc} \frac{\sqrt{a}}{h_a}$$

Proposed by Nguyen Hung Cuong-Vietnam

Solution by Jenish Rijal-Nepal

WLOG let's assume that $a \geq b \geq c \Rightarrow \sqrt{a} \geq \sqrt{b} \geq \sqrt{c} \Rightarrow$

$$\frac{1}{r_a} \leq \frac{1}{r_b} \leq \frac{1}{r_c} \text{ and } \frac{1}{h_a} \geq \frac{1}{h_b} \geq \frac{1}{h_c}.$$

$$\begin{aligned} \sum_{cyc} \left(\sqrt{a} \cdot \frac{1}{r_a} \right) &\stackrel{\text{Chebyshev}}{\leq} \frac{1}{3} \cdot \sum_{cyc} (\sqrt{a}) \cdot \sum_{cyc} \left(\frac{1}{r_a} \right) \stackrel{\sum \frac{1}{r_a} = \sum \frac{1}{h_a}}{\leq} \\ &\leq \frac{1}{3} \cdot \sum_{cyc} (\sqrt{a}) \cdot \sum_{cyc} \left(\frac{1}{h_a} \right) \stackrel{\text{Chebyshev}}{\leq} \sum_{cyc} \left(\sqrt{a} \cdot \frac{1}{h_a} \right) \\ &\therefore \sum_{cyc} \frac{\sqrt{a}}{r_a} \leq \sum_{cyc} \frac{\sqrt{a}}{h_a} \end{aligned}$$

Equality holds if and only if the triangle is equilateral.

4106. In any $\triangle ABC$ the following relationship holds :

$$\sum_{cyc} \frac{\sin^2 B + \sin^2 C}{(\sin A \sin B)(\sin A \sin C + \sin^2 B)} \geq 4$$

Proposed by Zaza Mzhavanadze-Georgia

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Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \text{LHS} &\stackrel{\text{CBS}}{\geq} \sum_{\text{cyc}} \frac{\sin^2 B + \sin^2 C}{(\sin A \sin B) \left(\sqrt{(\sin^2 A + \sin^2 B)(\sin^2 B + \sin^2 C)} \right)} \stackrel{\text{AM-GM}}{\geq} \\ &\frac{3}{(\sqrt[3]{\sin A \sin B \sin C})^2} \stackrel{\text{AM-GM}}{\geq} \frac{3}{\left(\frac{\sum_{\text{cyc}} \sin A}{3} \right)^2} = \frac{27R^2}{s^2} \stackrel{\text{Mitrinovic}}{\geq} 4 \forall \Delta ABC, \\ &\quad \text{"=" iff } \Delta ABC \text{ is equilateral (QED)} \end{aligned}$$

4107. In ΔABC the following relationship holds:

$$\sum_{\text{cyc}} \frac{r_b \sqrt{r_c}}{r_a^2} \geq \sqrt{\frac{3}{r}}$$

Proposed by Marin Chirciu-Romania

Solution by Jenish Rijal-Nepal

$$\text{Let } r_a = \frac{1}{x}, r_b = \frac{1}{y}, \text{ and } r_c = \frac{1}{z}.$$

$$\text{Using the identity } \sum_{\text{cyc}} \frac{1}{r_a} = \frac{1}{r}, \text{ we have } x + y + z = \frac{1}{r}.$$

$$\text{Substituting these into the LHS: } \text{LHS} = \sum_{\text{cyc}} \frac{r_b \sqrt{r_c}}{r_a^2} = \sum_{\text{cyc}} \frac{\frac{1}{y} \sqrt{\frac{1}{z}}}{\frac{1}{x^2}} = \sum_{\text{cyc}} \frac{x^2}{y\sqrt{z}}$$

$$\text{Now, } \sum_{\text{cyc}} \frac{x^2}{y\sqrt{z}} \stackrel{\text{BERGSTROM}}{\geq} \frac{(x+y+z)^2}{\sum_{\text{cyc}} y\sqrt{z}} \mapsto \textcircled{1}$$

Again by Cauchy's Inequality,

$$\begin{aligned} \left(\sum_{\text{cyc}} \sqrt{y} \cdot \sqrt{yz} \right)^2 &= \left(\sum_{\text{cyc}} y\sqrt{z} \right)^2 \leq (x+y+z)(xy+yz+zx) \Rightarrow \\ \sum_{\text{cyc}} y\sqrt{z} &\leq \sqrt{(x+y+z)(xy+yz+zx)} \end{aligned}$$

Substituting this bound back into $\textcircled{1}$:

$$\sum_{\text{cyc}} \frac{x^2}{y\sqrt{z}} \geq \frac{(x+y+z)^2}{\sqrt{(x+y+z)(xy+yz+zx)}} = \sqrt{\frac{(x+y+z)^3}{(xy+yz+zx)}}$$

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Since $(a + b + c)^2 \geq 3(ab + bc + ac)$, it follows that:

$$\sum_{cyc} \frac{h_b \sqrt{h_c}}{h_a^2} = \sum_{cyc} \frac{x^2}{y\sqrt{z}} \geq \sqrt{\frac{(x+y+z)^3}{(xy+yz+zx)}} \geq \sqrt{3(x+y+z)} = \sqrt{3 \cdot \frac{1}{r}}$$

$$\therefore \sum_{cyc} \frac{r_b \sqrt{r_c}}{r_a^2} \geq \sqrt{\frac{3}{r}}$$

Equality holds if and only if the triangle is equilateral.

4108. In $\triangle ABC$ the following relationship holds:

$$\sum_{cyc} \left(\frac{1}{r_a} + \frac{1}{r_b} \right) (\sqrt{r_a} + \sqrt{r_b})^2 \leq \frac{12R}{r}$$

Proposed by Marin Chirciu-Romania

Solution by Mirsadix Muzefferov-Azerbaijan

$$WLOG: a \leq b \leq c ; r_a \leq r_b \leq r_c ; \sqrt{r_a} \leq \sqrt{r_b} \leq \sqrt{r_c} ; \frac{1}{r_a} \geq \frac{1}{r_b} \geq \frac{1}{r_c}$$

$$\begin{aligned} \sum_{cyc} \left(\frac{1}{r_a} + \frac{1}{r_b} \right) (\sqrt{r_a} + \sqrt{r_b})^2 &\stackrel{Chebyshev}{\leq} \frac{1}{3} \sum_{cyc} \left(\frac{1}{r_a} + \frac{1}{r_b} \right) \cdot \sum_{cyc} (\sqrt{r_a} + \sqrt{r_b})^2 = \\ &= \frac{1}{3} \cdot 2 \left(\sum_{cyc} \frac{1}{r_a} \right) \cdot 2 \left(\sum_{cyc} r_a + \sum_{cyc} \sqrt{r_a \cdot r_b} \right) \stackrel{A-G}{\leq} \frac{4}{3r} ((4R + r) + (4R + r)) \stackrel{Euler}{\leq} \\ &\leq \frac{4}{3r} \cdot \frac{9R}{2} \cdot 2 = \frac{12R}{r} \end{aligned}$$

Equality holds for : $a = b = c$

4109.

In any $\triangle ABC$ the following relationship holds :

$$\left(\frac{r_b}{r_a} + \frac{r_c}{r_b} + \frac{r_a}{r_c} \right)^2 \geq \frac{r_a + r_b + r_c}{r}$$

Proposed by Marin Chirciu-Romania

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Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \left(\sum_{\text{cyc}} \frac{x}{y} \right)^2 &\stackrel{?}{\geq} \frac{1}{xyz} \left(3xyz + \sum_{\text{cyc}} (xy(x+y)) \right) = 3 + \sum_{\text{cyc}} \frac{x+y}{z} \\ &= 3 + \sum_{\text{cyc}} \frac{y}{x} + \sum_{\text{cyc}} \frac{x}{y} \Leftrightarrow \sum_{\text{cyc}} \frac{x^2}{y^2} + \sum_{\text{cyc}} \frac{y}{x} \stackrel{?}{\geq} 3 + \sum_{\text{cyc}} \frac{x}{y} \quad \textcircled{1} \\ \text{Now, } \sum_{\text{cyc}} \frac{x^2}{y^2} &\geq \frac{1}{3} \left(\sum_{\text{cyc}} \frac{x}{y} \right)^2 \stackrel{\text{AM-GM}}{\geq} \frac{1}{3} \cdot 3 \cdot \sum_{\text{cyc}} \frac{x}{y} \Rightarrow \sum_{\text{cyc}} \frac{x^2}{y^2} \geq \sum_{\text{cyc}} \frac{x}{y} \text{ and } \therefore \sum_{\text{cyc}} \frac{y}{x} \stackrel{\text{AM-GM}}{\geq} 3 \\ \therefore \sum_{\text{cyc}} \frac{x^2}{y^2} + \sum_{\text{cyc}} \frac{y}{x} &\geq \sum_{\text{cyc}} \frac{x}{y} + 3 \Rightarrow \textcircled{1} \text{ is true} \\ \therefore \left(\sum_{\text{cyc}} \frac{x}{y} \right)^2 &\geq \frac{1}{xyz} \left(3xyz + \sum_{\text{cyc}} (xy(x+y)) \right) = \frac{1}{xyz} \left(\sum_{\text{cyc}} x \right) \left(\sum_{\text{cyc}} xy \right) \text{ and with} \\ x \equiv r_b, y \equiv r_a, z \equiv r_c, \left(\frac{r_b}{r_a} + \frac{r_a}{r_c} + \frac{r_c}{r_b} \right)^2 &\geq \frac{1}{r_a r_b r_c} \left(\sum_{\text{cyc}} r_a \right) \left(\sum_{\text{cyc}} r_a r_b \right) \\ = \frac{1}{s^2 r} \left(\sum_{\text{cyc}} r_a \right) \cdot s^2 = \frac{r_a + r_b + r_c}{r} \text{ and so, } \left(\frac{r_b}{r_a} + \frac{r_c}{r_b} + \frac{r_a}{r_c} \right)^2 &\geq \frac{r_a + r_b + r_c}{r} \\ \forall \Delta ABC, " = " \text{ iff } \Delta ABC \text{ is equilateral (QED)} \end{aligned}$$

4110. In ΔABC the following relationship holds:

$$\frac{27r}{s} \leq \sum_{\text{cyc}} \frac{\cos^2 \frac{B}{2} + \cos^2 \frac{C}{2}}{\sin A} \leq \frac{27R^2}{4rs}$$

Proposed by Marin Chirciu-Romania

Solution by Jenish Rijal-Nepal

$$\begin{aligned} \sum_{\text{cyc}} \frac{\cos^2 \frac{B}{2} + \cos^2 \frac{C}{2}}{\sin A} &= \sum_{\text{cyc}} \frac{\frac{s(s-b)}{ac} + \frac{s(s-c)}{ab}}{\frac{2rs}{bc}} = \\ &= \sum_{\text{cyc}} \frac{s(s-b) \cdot b + s(s-c) \cdot c}{2ars} = \sum_{\text{cyc}} \frac{b(s-b) + c(s-c)}{2ar} \\ &= \sum_{\text{cyc}} \frac{b(a+c-b) + c(a+b-c)}{4ar} = \end{aligned}$$

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$$\begin{aligned}
 &= \sum_{cyc} \frac{ab + ca + 2bc - (b^2 + c^2)}{4ar} = \sum_{cyc} \frac{a(b+c) - (b-c)^2}{4ar} = \\
 &= \sum_{cyc} \left[\frac{(b+c)}{4r} - \frac{(b-c)^2}{4ar} \right] = \frac{s}{r} - \sum_{cyc} \frac{(b-c)^2}{4ar} \leq \frac{s}{r} \quad \because \sum_{cyc} \frac{(b-c)^2}{4ar} \geq 0 \\
 &\sum_{cyc} \frac{\cos^2 \frac{B}{2} + \cos^2 \frac{C}{2}}{\sin A} \leq \frac{s}{r} = \frac{(2s)^2}{4rs} \stackrel{\text{Mitrinovic}}{\leq} \frac{(3\sqrt{3}R)^2}{4rs} = \frac{27R^2}{4rs} \\
 &\sum_{cyc} \frac{\cos^2 \frac{B}{2} + \cos^2 \frac{C}{2}}{\sin A} \stackrel{\text{AM-GM}}{\geq} \sum_{cyc} \frac{2 \cos \frac{B}{2} \cos \frac{C}{2}}{\sin A} = \\
 &= \sum_{cyc} \frac{2 \cos \frac{B}{2} \cos \frac{C}{2}}{2 \sin \frac{A}{2} \cos \frac{A}{2}} \stackrel{\text{AM-GM}}{\geq} \sqrt[3]{\frac{8 \cos^2 \frac{A}{2} \cos^2 \frac{B}{2} \cos^2 \frac{C}{2}}{8 \prod \left(\sin \frac{A}{2} \cos \frac{A}{2} \right)}} = \\
 &\sqrt[3]{\cot \frac{A}{2} \cot \frac{B}{2} \cot \frac{C}{2}} = \sqrt[3]{\cot \frac{A}{2} + \cot \frac{B}{2} + \cot \frac{C}{2}} \stackrel{\text{Jensen}}{\geq} \\
 &\geq \sqrt[3]{\cot \left(\frac{\frac{A}{2} + \frac{B}{2} + \frac{C}{2}}{3} \right)} = \sqrt[3]{3\sqrt{3}} = 3\sqrt{3} = \frac{27}{3\sqrt{3}} \\
 &\sum_{cyc} \frac{\cos^2 \frac{B}{2} + \cos^2 \frac{C}{2}}{\sin A} \geq \frac{27}{3\sqrt{3}} = 27 \cdot \frac{1}{3\sqrt{3}} \stackrel{\text{Mitrinovic}}{\geq} 27 \cdot \frac{r}{s} = \frac{27r}{s} \\
 &\therefore \frac{27r}{s} \leq \sum_{cyc} \frac{\cos^2 \frac{B}{2} + \cos^2 \frac{C}{2}}{\sin A} \leq \frac{27R^2}{4rs}
 \end{aligned}$$

Equality holds if and only if the triangle is equilateral.

4111. In any $\triangle ABC$ the following relationship holds :

$$\left(\frac{h_b}{h_a} + \frac{h_c}{h_b} + \frac{h_a}{h_c} \right)^2 \geq \frac{h_a + h_b + h_c}{r}$$

Proposed by Marin Chirciu-Romania

Solution by Soumava Chakraborty-Kolkata-India

$$\left(\sum_{cyc} \frac{x}{y} \right)^2 \stackrel{?}{\geq} \frac{1}{xyz} \left(3xyz + \sum_{cyc} (xy(x+y)) \right) = 3 + \sum_{cyc} \frac{x+y}{z}$$

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$$= 3 + \sum_{\text{cyc}} \frac{y}{x} + \sum_{\text{cyc}} \frac{x}{y} \Leftrightarrow \sum_{\text{cyc}} \frac{x^2}{y^2} + \sum_{\text{cyc}} \frac{y}{x} \stackrel{?}{\geq} 3 + \sum_{\text{cyc}} \frac{x}{y} \quad (1)$$

$$\text{Now, } \sum_{\text{cyc}} \frac{x^2}{y^2} \geq \frac{1}{3} \left(\sum_{\text{cyc}} \frac{x}{y} \right)^2 \stackrel{\text{AM-GM}}{\geq} \frac{1}{3} \cdot 3 \cdot \sum_{\text{cyc}} \frac{x}{y} \Rightarrow \sum_{\text{cyc}} \frac{x^2}{y^2} \geq \sum_{\text{cyc}} \frac{x}{y} \text{ and } \sum_{\text{cyc}} \frac{y}{x} \stackrel{\text{AM-GM}}{\geq} 3$$

$$\therefore \sum_{\text{cyc}} \frac{x^2}{y^2} + \sum_{\text{cyc}} \frac{y}{x} \geq \sum_{\text{cyc}} \frac{x}{y} + 3 \Rightarrow (1) \text{ is true}$$

$$\therefore \left(\sum_{\text{cyc}} \frac{x}{y} \right)^2 \geq \frac{1}{xyz} \left(3xyz + \sum_{\text{cyc}} (xy(x+y)) \right) = \frac{1}{xyz} \left(\sum_{\text{cyc}} x \right) \left(\sum_{\text{cyc}} xy \right) \text{ and with}$$

$$x \equiv h_b, y \equiv h_a, z \equiv h_c, \left(\frac{h_b}{h_a} + \frac{h_a}{h_c} + \frac{h_c}{h_b} \right)^2 \geq \frac{1}{h_a h_b h_c} \left(\sum_{\text{cyc}} h_a \right) \left(\sum_{\text{cyc}} h_a h_b \right)$$

$$= \frac{1}{s^2 r} \left(\sum_{\text{cyc}} h_a \right) \cdot s^2 = \frac{h_a + h_b + h_c}{r} \text{ and so, } \left(\frac{h_b}{h_a} + \frac{h_c}{h_b} + \frac{h_a}{h_c} \right)^2 \geq \frac{h_a + h_b + h_c}{r}$$

$\forall \Delta ABC, '' = ''$ iff ΔABC is equilateral (QED)

4112.

In any ΔABC the following relationship holds

$$\frac{s}{r} + \sqrt{2 \left(\frac{2R-r}{r} + \sum_{\text{cyc}} \frac{l_b + l_c}{h_a} \right)} \geq \frac{(n_a + n_b + n_c)^2}{s(h_a + h_b + h_c) - (h_a \cdot \sqrt{2r_a h_a} + h_b \cdot \sqrt{2r_b h_b} + h_c \cdot \sqrt{2r_c h_c})}$$

Proposed by Bogdan Fuștei-Romania

Solution by Soumava Chakraborty-Kolkata-India

$$s(h_a + h_b + h_c) - (h_a \cdot \sqrt{2r_a h_a} + h_b \cdot \sqrt{2r_b h_b} + h_c \cdot \sqrt{2r_c h_c})$$

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$$\begin{aligned}
 &= \sum_{\text{cyc}} \frac{h_a(s^2 - 2r_a h_a)}{s + \sqrt{2r_a h_a}} \stackrel{\text{Bogdan Fustei}}{=} \sum_{\text{cyc}} \frac{n_a^2}{\frac{s}{h_a} + \sqrt{\frac{2r_a}{h_a}}} \stackrel{\text{Bergstrom}}{\geq} \frac{(n_a + n_b + n_c)^2}{\frac{s}{r} + \sum_{\text{cyc}} \sqrt{\frac{4R \cos \frac{A}{2} \sin \frac{A}{2}}{4R \cos \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2}}}} \\
 &= \frac{(n_a + n_b + n_c)^2}{\frac{s}{r} + \sum_{\text{cyc}} \sqrt{\frac{\sin^2 \frac{A}{2}}{\frac{r}{4R}}}} \Rightarrow s(h_a + h_b + h_c) - (h_a \cdot \sqrt{2r_a h_a} + h_b \cdot \sqrt{2r_b h_b} + h_c \cdot \sqrt{2r_c h_c}) \\
 &\stackrel{\textcircled{1}}{\geq} \frac{(n_a + n_b + n_c)^2}{\frac{s}{r} + \sqrt{\frac{4R}{r}} \cdot (\sum_{\text{cyc}} \sin \frac{A}{2})} \text{ and again, } \sum_{\text{cyc}} \frac{l_b + lc}{h_a} = \sum_{\text{cyc}} \left(l_a \left(\frac{1}{h_b} + \frac{1}{h_c} \right) \right) \\
 &= \sum_{\text{cyc}} \left(\frac{2bc}{b+c} \cdot \cos \frac{A}{2} \cdot \left(\frac{b+c}{2rs} \right) \right) = \frac{4Rrs}{rs} \cdot \sum_{\text{cyc}} \frac{\cos \frac{A}{2}}{4R \cos \frac{A}{2} \sin \frac{A}{2}} = \sum_{\text{cyc}} \operatorname{cosec} \frac{A}{2} \\
 &\Rightarrow \frac{s}{r} + \sqrt{2 \left(\frac{2R-r}{r} + \sum_{\text{cyc}} \frac{l_b + lc}{h_a} \right)} \stackrel{\textcircled{2}}{=} \frac{s}{r} + \sqrt{2 \left(\frac{2R-r}{r} + \sum_{\text{cyc}} \operatorname{cosec} \frac{A}{2} \right)} \\
 &\quad \text{Now, } \textcircled{1} \text{ and } \textcircled{2} \\
 &\Rightarrow \left(\frac{s}{r} + \sqrt{2 \left(\frac{2R-r}{r} + \sum_{\text{cyc}} \frac{l_b + lc}{h_a} \right)} \right) \left((h_a \cdot \sqrt{2r_a h_a} + h_b \cdot \sqrt{2r_b h_b} + h_c \cdot \sqrt{2r_c h_c}) \right) \geq \\
 &\quad \left(\frac{(n_a + n_b + n_c)^2}{\frac{s}{r} + \sqrt{\frac{4R}{r}} \cdot (\sum_{\text{cyc}} \sin \frac{A}{2})} \right) \cdot \left(\frac{s}{r} + \sqrt{2 \left(\frac{2R-r}{r} + \sum_{\text{cyc}} \operatorname{cosec} \frac{A}{2} \right)} \right) \stackrel{?}{=} (n_a + n_b + n_c)^2 \\
 &\Leftrightarrow 2 \left(\frac{2R-r}{r} + \sum_{\text{cyc}} \operatorname{cosec} \frac{A}{2} \right) \stackrel{?}{=} \frac{4R}{r} \left(\frac{2R-r}{2R} + 2 \cdot \frac{r}{4R} \cdot \sum_{\text{cyc}} \operatorname{cosec} \frac{A}{2} \right) \rightarrow \text{true} \\
 &\quad \therefore \frac{s}{r} + \sqrt{2 \left(\frac{2R-r}{r} + \sum_{\text{cyc}} \frac{l_b + lc}{h_a} \right)} \geq \frac{(n_a + n_b + n_c)^2}{s(h_a + h_b + h_c) - (h_a \cdot \sqrt{2r_a h_a} + h_b \cdot \sqrt{2r_b h_b} + h_c \cdot \sqrt{2r_c h_c})} \\
 &\quad \forall \Delta ABC, " = " \text{ iff } \Delta ABC \text{ is equilateral (QED)}
 \end{aligned}$$

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4113. In any $\triangle ABC$ the following relationship holds :

$$\max\{a, b, c\} \geq 2s \cdot \frac{R-r}{2R-r} \geq \frac{3abc}{ab+bc+ca} \geq \min\{a, b, c\}$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

Let $x = s - a, y = s - b, z = s - c$ and then : $a = y + z, b = z + x,$

$c = x + y$ & $s = x + y + z$ and furthermore, for proving $\max\{a, b, c\} \geq 2s \cdot \frac{R-r}{2R-r},$

we assume WLOG $a = \max\{a, b, c\} \therefore a \geq b, c \Rightarrow a \geq b, c \Rightarrow y + z \geq z + x, x + y$

$$\Rightarrow \boxed{y, z \geq x} \text{ and then : } \max\{a, b, c\} \stackrel{?}{\geq} 2s \cdot \frac{R-r}{2R-r}$$

$$\Leftrightarrow y + z \stackrel{?}{\geq} \frac{(x+y+z)((y+z)(z+x)(x+y) - 4xyz)}{(y+z)(z+x)(x+y) - 2xyz}$$

$$\Leftrightarrow (x^2yz - x^3y) + (x^2yz - x^3z) + (xy^2z - x^2y^2) + (xyz^2 - x^2z^2) \stackrel{?}{\geq} 0$$

$$\Leftrightarrow x^2y(z-x) + x^2z(y-x) + xy^2(z-x) + xz^2(y-x) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because y, z \geq x$$

$$\therefore \boxed{\max\{a, b, c\} \geq 2s \cdot \frac{R-r}{2R-r}} \text{ and now, for proving } \frac{3abc}{ab+bc+ca} \stackrel{?}{\geq} \min\{a, b, c\},$$

we assume WLOG $a = \min\{a, b, c\} \therefore a \leq b, c \Rightarrow y + z \leq z + x, x + y$

$$\Rightarrow \boxed{y, z \leq x} \text{ and then : } \frac{3abc}{ab+bc+ca} \stackrel{?}{\geq} \min\{a, b, c\}$$

$$\Leftrightarrow \frac{3(y+z)(z+x)(x+y)}{(y+z)(z+x) + (z+x)(x+y) + (x+y)(y+z)} \stackrel{?}{\geq} y + z \Leftrightarrow 2x^2 \stackrel{?}{\geq} y^2 + z^2$$

$$\Leftrightarrow (x^2 - y^2) + (x^2 - z^2) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because x \geq y, z \therefore \boxed{\frac{3abc}{ab+bc+ca} \geq \min\{a, b, c\}}$$

$$\text{and finally, } \frac{3abc}{ab+bc+ca} \stackrel{\text{Gerretsen}}{\leq} \frac{12Rrs}{20Rr - 4r^2} \stackrel{?}{\leq} 2s \cdot \frac{R-r}{2R-r}$$

$$\Leftrightarrow (4R-r)(R-2r) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because R \stackrel{\text{Euler}}{\geq} 2r \therefore \boxed{2s \cdot \frac{R-r}{2R-r} \geq \frac{3abc}{ab+bc+ca}} \text{ and so,}$$

$$\max\{a, b, c\} \geq 2s \cdot \frac{R-r}{2R-r} \geq \frac{3abc}{ab+bc+ca} \geq \min\{a, b, c\} \forall \triangle ABC,$$

" = " iff $\triangle ABC$ is equilateral (QED)

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4114. In any ΔABC the following relationship holds :

$$\frac{h_a}{r_a + r_b} + \frac{h_b}{r_b + r_c} + \frac{h_c}{r_c + r_a} \leq \frac{2R^2 + r^2}{R(R + r)}$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} & \frac{h_a}{r_a + r_b} + \frac{h_b}{r_b + r_c} + \frac{h_c}{r_c + r_a} = \\ &= \frac{1}{\prod_{\text{cyc}} \left(4R \cos^2 \frac{A}{2}\right)} \cdot \sum_{\text{cyc}} \frac{2rs \cdot \left(4R \cos^2 \frac{A}{2}\right) \left(4R \cos^2 \frac{B}{2}\right)}{4R \left(\cos^2 \frac{A}{2}\right) \left(\tan \frac{A}{2}\right)} = \\ &= \frac{4R}{64R^3 \cdot \frac{s^2}{16R^2}} \cdot \sum_{\text{cyc}} \left(\frac{2r_a r_b r_c}{r_a} \cdot \frac{sb(s-b)}{abc} \right) = \frac{2s^2}{abcs^2} \sum_{\text{cyc}} (b(s-a)(s-b)) = \\ & \frac{2}{(y+z)(z+x)(x+y)} \cdot \sum_{\text{cyc}} (xy(z+x)) \quad \left(\begin{array}{l} x = s-a, y = s-b, z = s-c \text{ and then :} \\ a = y+z, b = z+x, c = x+y \end{array} \right) \\ & \stackrel{?}{\leq} \frac{2R^2 + r^2}{R(R+r)} = \frac{\frac{2R^2}{r^2} + 1}{\frac{R^2}{r^2} + \frac{R}{r}} = \frac{\frac{(y+z)^2(z+x)^2(x+y)^2}{8x^2y^2z^2} + 1}{\frac{(y+z)^2(z+x)^2(x+y)^2}{16x^2y^2z^2} + \frac{(y+z)(z+x)(x+y)}{4xyz}} \\ & \Leftrightarrow xyz \sum_{\text{cyc}} x^3 + \sum_{\text{cyc}} x^2y^4 + xyz \sum_{\text{cyc}} xy^2 \stackrel{?}{\geq} 3xyz \sum_{\text{cyc}} x^2y \\ & \text{Now, } m^2 + n^2 + p^2 \geq mn + np + pm \text{ and choosing } m \equiv xy^2, n \equiv yz^2, p \equiv zx^2, \\ & \text{we get : } \sum_{\text{cyc}} x^2y^4 \geq xyz \sum_{\text{cyc}} x^2y \text{ and since : } \sum_{\text{cyc}} x^3 + \sum_{\text{cyc}} xy^2 \stackrel{\text{AM-GM}}{\geq} 2 \sum_{\text{cyc}} x^2y \\ & \therefore \text{LHS of } (*) \geq 2xyz \sum_{\text{cyc}} x^2y + xyz \sum_{\text{cyc}} x^2y \Rightarrow (*) \text{ is true} \\ & \therefore \frac{h_a}{r_a + r_b} + \frac{h_b}{r_b + r_c} + \frac{h_c}{r_c + r_a} \leq \frac{2R^2 + r^2}{R(R+r)} \quad \forall \Delta ABC, \\ & \quad \quad \quad \text{"=" iff } \Delta ABC \text{ is equilateral (QED)} \end{aligned}$$

4115. In any ΔABC the following relationship holds :

$$\max\{a, b, c\} \geq 2s \cdot \frac{R-r}{2R-r} \geq \frac{3abc}{ab+bc+ca} \geq \min\{a, b, c\}$$

Proposed by Dang Ngoc Minh-Vietnam

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Solution by Soumava Chakraborty-Kolkata-India

Let $x = s - a, y = s - b, z = s - c$ and then : $a = y + z, b = z + x, c = x + y$ & $s = x + y + z$ and furthermore, for proving $\max\{a, b, c\} \geq 2s \cdot \frac{R-r}{2R-r}$, we assume WLOG $a = \max\{a, b, c\} \therefore a \geq b, c \Rightarrow a \geq b, c \Rightarrow y + z \geq z + x, x + y$

$$\Rightarrow \boxed{y, z \geq x} \text{ and then : } \max\{a, b, c\} \stackrel{?}{\geq} 2s \cdot \frac{R-r}{2R-r}$$

$$\Leftrightarrow y + z \stackrel{?}{\geq} \frac{(x+y+z)((y+z)(z+x)(x+y) - 4xyz)}{(y+z)(z+x)(x+y) - 2xyz}$$

$$\Leftrightarrow (x^2yz - x^3y) + (x^2yz - x^3z) + (xy^2z - x^2y^2) + (xyz^2 - x^2z^2) \stackrel{?}{\geq} 0$$

$$\Leftrightarrow x^2y(z-x) + x^2z(y-x) + xy^2(z-x) + xz^2(y-x) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because y, z \geq x$$

$$\therefore \boxed{\max\{a, b, c\} \geq 2s \cdot \frac{R-r}{2R-r}} \text{ and now, for proving } \frac{3abc}{ab+bc+ca} \stackrel{?}{\geq} \min\{a, b, c\},$$

we assume WLOG $a = \min\{a, b, c\} \therefore a \leq b, c \Rightarrow y + z \leq z + x, x + y$

$$\Rightarrow \boxed{y, z \leq x} \text{ and then : } \frac{3abc}{ab+bc+ca} \stackrel{?}{\geq} \min\{a, b, c\}$$

$$\Leftrightarrow \frac{3(y+z)(z+x)(x+y)}{(y+z)(z+x) + (z+x)(x+y) + (x+y)(y+z)} \stackrel{?}{\geq} y + z \Leftrightarrow 2x^2 \stackrel{?}{\geq} y^2 + z^2$$

$$\Leftrightarrow (x^2 - y^2) + (x^2 - z^2) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because x \geq y, z \therefore \boxed{\frac{3abc}{ab+bc+ca} \geq \min\{a, b, c\}}$$

and finally, $\frac{3abc}{ab+bc+ca} \stackrel{\text{Gerretsen}}{\leq} \frac{12Rs}{20Rr - 4r^2} \stackrel{?}{\leq} 2s \cdot \frac{R-r}{2R-r}$

$$\Leftrightarrow (4R-r)(R-2r) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because R \stackrel{\text{Euler}}{\geq} 2r \therefore \boxed{2s \cdot \frac{R-r}{2R-r} \geq \frac{3abc}{ab+bc+ca}} \text{ and so,}$$

$$\max\{a, b, c\} \geq 2s \cdot \frac{R-r}{2R-r} \geq \frac{3abc}{ab+bc+ca} \geq \min\{a, b, c\} \forall \Delta ABC,$$

"=" iff ΔABC is equilateral (QED)

4116. In any ΔABC the following relationship holds :

$$\max\{r_a, r_b, r_c\} \geq \sqrt{4R^2 - 7r^2} \geq \frac{r(s^2 + 4Rr + r^2)}{s^2 - 8Rr + r^2} \geq \min\{r_a, r_b, r_c\}$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

Let $x = s - a, y = s - b, z = s - c$ and then : $a = y + z, b = z + x, c = x + y$ & $s = x + y + z$; furthermore, for proving $\max\{r_a, r_b, r_c\} \geq \sqrt{4R^2 - 7r^2}$, we assume WLOG $r_a = \max\{r_a, r_b, r_c\} \therefore r_a \geq r_b, r_c \Rightarrow a \geq b, c$

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$\Rightarrow y + z \geq z + x, x + y \Rightarrow \boxed{y, z \geq x}$ and hence, we can assign :

$y = x + m$ and $z = x + n$ ($m, n \geq 0$) and then : $\max\{r_a, r_b, r_c\} \stackrel{?}{\geq} \sqrt{4R^2 - 7r^2}$

$$\Leftrightarrow \frac{s^2}{(s-a)^2} \stackrel{?}{\geq} \frac{4R^2}{r^2} - 7 \Leftrightarrow \frac{(x+y+z)^2}{x^2} \stackrel{?}{\geq} \frac{(y+z)^2(z+x)^2(x+y)^2}{4x^2y^2z^2} - 7$$

$$\Leftrightarrow 4(x+m)^2(x+n)^2(3x+m+n)^2 + 28x^2(x+m)^2(x+n)^2 -$$

$$(3x+m+n)^2(2x+m)^2 2(x+n)^2 \stackrel{?}{\geq} 0$$

$$\Leftrightarrow 3m^4n^2 + 4m^4nx + 6m^3n^3 + 32m^3n^2x + 32m^3nx^2 + 3m^2n^4 + 32m^2n^3x +$$

$$124m^2n^2x + 128m^2nx^3 + 20m^2x^4 + 4mn^4x + 32mn^3x^2 + 128mn^2x^3 +$$

$$136mnx^4 + 24mx^5 + 20n^2x^4 + 24nx^5 \stackrel{?}{\geq} 0 \rightarrow \text{true} \because m, n \geq 0$$

$\therefore \boxed{\max\{r_a, r_b, r_c\} \geq \sqrt{4R^2 - 7r^2}}$ and now, for proving $\frac{r(s^2 + 4Rr + r^2)}{s^2 - 8Rr + r^2} \stackrel{?}{\geq} \min\{r_a, r_b, r_c\}$,

we assume WLOG $r_a = \min\{r_a, r_b, r_c\} \therefore r_a \leq r_b, r_c \Rightarrow a \leq b, c$

$\Rightarrow y + z \leq z + x, x + y \Rightarrow \boxed{y, z \leq x}$ and then : $\frac{r(s^2 + 4Rr + r^2)}{s^2 - 8Rr + r^2} \stackrel{?}{\geq} \min\{r_a, r_b, r_c\}$

$$\Leftrightarrow \frac{r((\sum_{\text{cyc}} x)^2 + (y+z)(z+x)(x+y) + xyz)}{(\sum_{\text{cyc}} x)^2 - 2(y+z)(z+x)(x+y) + xyz} \stackrel{?}{\geq} \frac{r(x+y+z)}{x}$$

$$\Leftrightarrow 2x^3(y+z) + 2x^2(y^2+z^2+2yz) - x(y^3+z^3+y^2z+yz^2) -$$

$$y^4 - z^4 - 2y^2z^2 - 2y^3z - 2yz^3 \stackrel{?}{\geq} 0$$

$$\Leftrightarrow 2y(x^3 - z^3) + 2z(x^3 - y^3) + y^2(x^2 - y^2) + z^2(x^2 - z^2) +$$

$$2yz(x^2 - yz) + x^2(y+z)^2 - x(y+z)(y^2+z^2) \stackrel{?}{\geq} 0$$

$$\Leftrightarrow 2y(x^3 - z^3) + 2z(x^3 - y^3) + y^2(x^2 - y^2) + z^2(x^2 - z^2) + 2yz(x^2 - yz) +$$

$$x(y+z)(y(x-y) + z(x-z)) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because x \geq y, z$$

$\therefore \boxed{\frac{r(s^2 + 4Rr + r^2)}{s^2 - 8Rr + r^2} \geq \min\{r_a, r_b, r_c\}}$ and finally, $\frac{r(s^2 + 4Rr + r^2)}{s^2 - 8Rr + r^2} \stackrel{\text{Gerretsen}}{\leq}$

$$\frac{r(4R^2 + 8Rr + 4r^2)}{8Rr - 4r^2} \stackrel{?}{\leq} \sqrt{4R^2 - 7r^2} \Leftrightarrow 15t^4 - 20t^3 - 30t^2 + 24t - 8 \stackrel{?}{\geq} 0 \left(t = \frac{R}{r} \right)$$

$$\Leftrightarrow (t-2)(15t^3 + 10t^2 - 10t + 4) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2$$

$$\therefore \boxed{\sqrt{4R^2 - 7r^2} \geq \frac{r(s^2 + 4Rr + r^2)}{s^2 - 8Rr + r^2}} \text{ and so,}$$

$$\max\{r_a, r_b, r_c\} \geq \sqrt{4R^2 - 7r^2} \geq \frac{r(s^2 + 4Rr + r^2)}{s^2 - 8Rr + r^2} \geq \min\{r_a, r_b, r_c\} \quad \forall \Delta ABC,$$

" = " iff ΔABC is equilateral (QED)

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4117. In any $\triangle ABC$ the following relationship holds :

$$\sqrt{g_a m_a} \leq \sqrt{\frac{3R - r}{5r}} \cdot h_a$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

Let $x = s - a, y = s - b, z = s - c$ and then : $a = y + z, b = z + x, c = x + y$ and $s = x + y + z$ and furthermore, we denote : $\frac{y+z}{x} = m$ and $\frac{yz}{x^2} = n$ and then, we have the following set "S" of relations : $y^2 + z^2 = x^2(m^2 - 2n), y^3 + z^3 = x^3(m^3 - 3nn), y^4 + z^4 = x^4((m^2 - 2n)^2 - 2n^2), y^5 + z^5 = x^5(m((m^2 - 2n)^2 + n^2 - nm^2)), y^6 + z^6 = x^6((m^3 - 3nn)^2 - 2n^3),$

$$\text{and now, } \sqrt{g_a m_a} \stackrel{?}{\leq} \sqrt{\frac{3R - r}{5r}} \cdot h_a \quad \text{via Bogdan Fustei} \quad \Leftrightarrow$$

$$\left((s-a)^2 + \frac{4(s-a)(s-b)(s-c)}{a} \right) \left(s(s-a) + \frac{(b-c)^2}{4} \right) \stackrel{?}{\leq}$$

$$\left(\frac{3}{5} \cdot \frac{(y+z)(z+x)(x+y)}{4xyz} - \frac{1}{5} \right)^2 \cdot \frac{16(x+y+z)^2 x^2 y^2 z^2}{(y+z)^4}$$

$$\Leftrightarrow (x^2(y+z) + 4xyz) \left(\frac{4x(x+y+z) + (y-z)^2}{4} \right) \stackrel{?}{\leq}$$

$$\frac{(3(y+z)(z+x)(x+y) - 4xyz)^2}{400} \cdot \frac{16(x+y+z)^2}{(y+z)^3}$$

$$\Leftrightarrow 36x^6(y+z)^2 + 144x^5(y^3+z^3) + 336x^5.yz(y+z) + 116x^4(y^4+z^4) + 248x^4.yz(y^2+z^2) + 328x^4.y^2z^2 + 44x^3(y^5+z^5) - 252x^3.yz(y^3+z^3) - 944x^3.y^2z^2(y+z) + 11x^2(y^6+z^6) - 114x^2.yz(y^4+z^4) - 647x^2.y^2z^2(y^2+z^2) - 1044x^2.y^3z^3 - 8x.yz(y^5+z^5) + 236x.y^2z^2(y^3+z^3) + 848x.y^3z^3(y+z) +$$

$$36y^2z^2(y+z)^2 \stackrel{?}{\geq} 0 \text{ and via set of relations "S", in order to prove } \textcircled{1},$$

$$\text{suffices to prove, via simplification : } \overbrace{(36m^4 + 376m^3 - 92m^2 + 32m + 64)}^{\sigma_1} n^2 -$$

$$\overbrace{(28m^5 + 180m^4 + 472m^3 + 216m^2 + 96m)}^{\sigma_2} n +$$

$$\overbrace{(11m^6 + 44m^5 + 116m^4 + 144m^3 + 36m^2)}^{\sigma_3} + \stackrel{?}{\geq} 0$$

$$\text{Now, discriminant of : } 376m^2 - 92m + 32 = (92)^2 - (128)(376) < 0$$

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$\Rightarrow 376m^3 - 92m^2 + 32m > 0 \Rightarrow \sigma_1 > 0$ and $\therefore$ LHS of ② is a quadratic polynomial in "n" with discriminant, $\delta = \sigma_2^2 - 4\sigma_1\sigma_3 = -800m^4(m+1)^2(m^4 + 14m^3 - 4m^2 - 8m - 128)$, $\therefore$ ② is trivially true if : $m^4 + 14m^3 - 4m^2 - 8m - 128 \geq 0$ (making $\delta \leq 0$) and **when** :

$$\boxed{m^4 + 14m^3 - 4m^2 - 8m - 128 < 0}^{(*)} \quad (\delta > 0), \text{ then, in order to prove ②,}$$

it suffices to prove : $2\sigma_1 \cdot n \stackrel{?}{\leq} \sigma_2 - \sqrt{\delta}$ & since $n \stackrel{AM-GM}{\leq} \frac{m^2}{4} \therefore$ it suffices to prove :

$$\sigma_1 \cdot \frac{m^2}{2} \stackrel{?}{\leq} \sigma_2 - \sqrt{\delta} \Leftrightarrow -2m(m+1)(9m^4 + 71m^3 - 184m^2 - 44m - 48) \stackrel{?}{\geq} 0 \quad \boxed{\text{③}}$$

$$\begin{aligned} & \sqrt{-800m^4(m+1)^2(m^4 + 14m^3 - 4m^2 - 8m - 128)} \\ \text{Now, } & m^4 + 14m^3 - 4m^2 - 8m - 128 < 0 \text{ (we are considering)} \Rightarrow \\ & \frac{1}{4} \left(m^3 + \frac{65m^2}{4} + \frac{521m}{16} + \frac{4177}{64} \right) (4m - 9) + \frac{4825}{256} < 0 \\ \Rightarrow & \frac{1}{4} \left(m^3 + \frac{65m^2}{4} + \frac{521m}{16} + \frac{4177}{64} \right) (4m - 9) < -\frac{4825}{256} < 0 \Rightarrow \mathbf{4m - 9 < 0} \rightarrow (\bullet) \end{aligned}$$

$$\begin{aligned} & \text{We have : } 9m^4 + 71m^3 - 184m^2 - 44m - 48 = \\ & \left(\frac{4m-9}{4} \right) \left(9m^3 + \frac{365m^2}{4} + \frac{341m}{16} + \frac{253}{64} \right) - \frac{10011}{64} \stackrel{\text{via } (*)}{<} -\frac{10011}{64} < 0 \end{aligned}$$

$$\Rightarrow \boxed{-2m(m+1)(9m^4 + 71m^3 - 184m^2 - 44m - 48) > 0}^{(**)}$$

$\therefore (*)$ and $(**)$ $\Rightarrow$ in order to prove ③, it suffices to prove :

$$\begin{aligned} & 4m^2(m+1)^2(9m^4 + 71m^3 - 184m^2 - 44m - 48)^2 \stackrel{?}{\geq} \\ & -800m^4(m+1)^2(m^4 + 14m^3 - 4m^2 - 8m - 128) \\ \Leftrightarrow & \boxed{12m^2(m+1)^2(m-2)^2(9m+4)(3m^5 + 58m^4 + 271m^3 - 64m^2 + 28m + 48) \stackrel{?}{\geq} 0} \end{aligned}$$

$$\begin{aligned} & \rightarrow \text{true } \because \text{discriminant of : } 271m^2 - 64m + 28 = (64)^2 - (112)(271) < 0 \\ \Rightarrow & 271m^3 - 64m^2 + 28m > 0 \Rightarrow 3m^5 + 58m^4 + 271m^3 - 64m^2 + 28m + 48 > 0 \end{aligned}$$

$$\Rightarrow \text{③} \Rightarrow \text{②} \Rightarrow \text{① is true } \because \sqrt{g_a m_a} \leq \sqrt{\frac{3R-r}{5r}} \cdot h_a \quad \forall \Delta ABC,$$

" = " iff $b = c$ and $b + c = 2a \Rightarrow$ " = " iff ΔABC is equilateral (QED)

4118. In any ΔABC the following relationship holds :

$$\sqrt{w_a m_a} \leq \sqrt{\frac{R}{r} - 1} \cdot h_a$$

Proposed by Dang Ngoc Minh-Vietnam

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Solution by Soumava Chakraborty-Kolkata-India

Let $x = s - a, y = s - b, z = s - c$ and then : $a = y + z, b = z + x, c = x + y$ and $s = x + y + z$ and furthermore, we denote : $\frac{y+z}{x} = m$ and $\frac{yz}{x^2} = n$

and then, we have the following set "S" of relations :

$$y^2 + z^2 = x^2(m^2 - 2n), y^3 + z^3 = x^3(m^3 - 3nn),$$

$$y^4 + z^4 = x^4((m^2 - 2n)^2 - 2n^2), y^5 + z^5 = x^5(m((m^2 - 2n)^2 + n^2 - nm^2)),$$

$$y^6 + z^6 = x^6((m^3 - 3nn)^2 - 2n^3), \text{ and now, } w_a m_a \leq w_a \frac{\sqrt{s^2 - 11r^2}}{4r} \cdot h_a$$

(Reference : Inequality in Triangle by Dang Ngoc Minh - 77; published at www.ssmrmh.ro) $\leq \left(\frac{R}{r} - 1\right) h_a^2$

$$\Leftrightarrow \frac{1}{\cos^2 \frac{B-C}{2}} \leq \frac{16(s-a)(s-b)(s-c)((y+z)(z+x)(x+y) - 4xyz)^2}{(s^3 - 11(s-a)(s-b)(s-c)) \cdot 16x^2y^2z^2}$$

$$\Leftrightarrow \frac{(y+z)^2(z+x)(x+y)}{(2x+y+z)^2yz} \leq \frac{((y+z)(z+x)(x+y) - 4xyz)^2}{((x+y+z)^3 - 11xyz) \cdot xyz}$$

$$\Leftrightarrow 3x^6(y+z)^2 + 8x^5(y^3+z^3) - 8x^5 \cdot yz(y+z) + 7x^4(y^4+z^4) + 14x^4 \cdot y^2z^2 - 18x^4 \cdot yz(y^2+z^2) + 2x^3(y^5+z^5) - 6x^3 \cdot yz(y^3+z^3) + 4x^3 \cdot y^2z^2(y+z) - x^2 \cdot yz(y^4+z^4) - 5x^2 \cdot y^2z^2(y^2+z^2) - 8x^2 \cdot y^3z^3 + x \cdot yz(y^5+z^5) + x \cdot y^2z^2(y^3+z^3) - 2x \cdot y^3z^3(y+z) + y^2z^2(y+z)^4 \geq 0 \text{ and via}$$

set of relations "S", to prove ①, it suffices to prove, following simplification :

$$\overbrace{(m^4 - 4m^3 - m^2 + 32m + 64)}^{\Omega_1} n^2 + \overbrace{(m^5 - m^4 - 16m^3 - 46m^2 - 32m)}^{\Omega_2} n + \overbrace{(2m^5 + 7m^4 + 8m^3 + 3m^2)}^{\Omega_3} \geq 0$$

Now, $\Omega_1 = \frac{(m^2 - 4m)^2 + (m^2 - 9)^2 + 64m + 47}{2} \geq 0$ and furthermore,

we observe that, if : $\Omega_2 \geq 0$, then ② is trivially true and so, we now focus on :

$$\Omega_2 < 0 \text{ and then : } \Omega_2 = (m^4 + 5m^3 + 14m^2 + 38m + 196)(m - 6) + 1176 < 0$$

$$\Rightarrow (m^4 + 5m^3 + 14m^2 + 38m + 196)(m - 6) < -1176 < 0 \Rightarrow m < 6 \rightarrow (*);$$

also LHS of ② is a quadratic polynomial in "n" with discriminant, $\delta =$

$$\Omega_2^2 - 4\Omega_1 \cdot \Omega_3 = m^2(m+1)^2(m^6 - 12m^5 - 4m^4 + 48m^3 + 80m^2 + 256)$$

and so, when : $m^6 - 12m^5 - 4m^4 + 48m^3 + 80m^2 + 256 \leq 0$, then : $\delta \leq 0$

and ② is trivially true and so, we now focus on : P =

$$m^6 - 12m^5 - 4m^4 + 48m^3 + 80m^2 + 256 > 0 \quad (\delta > 0)$$

$$\Rightarrow (m^5 - 9m^4 - 31m^3 - 45m^2 - 55m - 165)(m - 3) > 239 > 0 \rightarrow (\bullet)$$

$$m^5 - 9m^4 - 31m^3 - 45m^2 - 55m - 165 =$$

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$$m^4(m-6-3) - 31m^3 - 45m^2 - 55m - 165 \stackrel{\text{via } (*)}{<} 0 \stackrel{\text{via } (*)}{\Rightarrow} \boxed{m < 3} \rightarrow (**)$$

Now, in order to prove ②, it suffices to prove : $2\Omega_1 \cdot n \stackrel{?}{\leq} -\Omega_2 - \sqrt{\delta}$ and :

$$n \stackrel{\text{AM-GM}}{\leq} \frac{m^2}{4} \therefore \text{it suffices to prove : } m^2 \Omega_1 \stackrel{?}{\leq} -2\Omega_2 - 2\sqrt{\delta}$$

$$\Leftrightarrow 2\sqrt{\delta} \stackrel{?}{\geq} m(-m^5 + 2m^4 + 3m^3 + 28m + 64) \text{ and now,}$$

$$\frac{-m^5 + 2m^4 + 3m^3 + 28m + 64}{4} = \frac{m^4(8-m)}{4} + \frac{m^3(12-m^2)}{4} + \frac{m(112-m^4)}{4} + \frac{256-m^5}{4} \stackrel{m < 3, \text{via } (**)}{>} 0$$

$\therefore$ in order to prove ③, it suffices to prove :

$$m^2(-m^5 + 2m^4 + 3m^3 + 28m + 64) \stackrel{?}{\geq} 4m^2(m+1)^2 \left(\frac{m^6 - 12m^5 - 4m^4 +}{48m^3 + 80m^2 + 256} \right) \Leftrightarrow$$

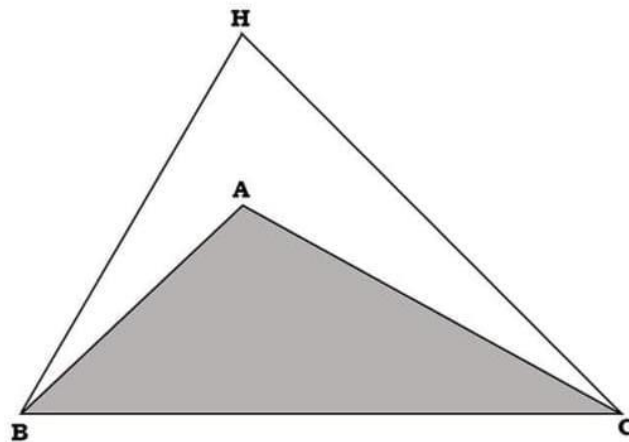
$$\boxed{m^2(m+2)^2(m-2)^2(2m^3(10-m^2) + 2m^2(30-m^3) + m^6 + 2m^4 + m^2 + 96m + 192) \stackrel{?}{\geq} 0}$$

$$\rightarrow \text{true} \because m < 3, \text{via } (**) \Rightarrow \textcircled{3} \Rightarrow \textcircled{2} \Rightarrow \textcircled{1} \text{ is true} \therefore \sqrt{w_a m_a} \leq \sqrt{\frac{R}{r} - 1} \cdot h_a$$

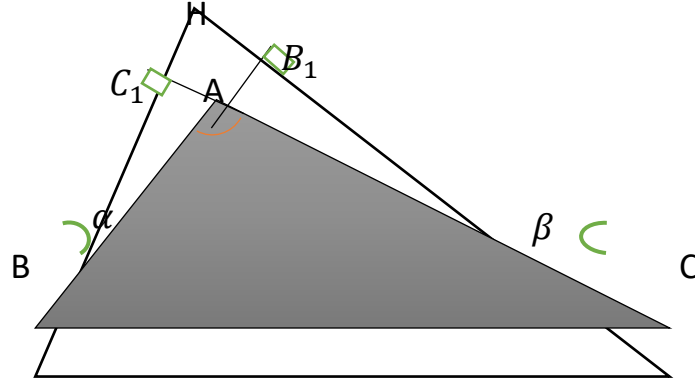
$\forall \Delta ABC, " = " \text{ iff } \Delta ABC \text{ is equilateral (QED)}$

4119. In the figure below ,the point H is the orthocenter of the triangle ABC ,whose sides fulfill the condition :

$$\frac{AC}{AB} = \frac{BC}{AC} = \sqrt{2} . \text{That said , show that } \frac{[HBAC]}{[ABC]} = \frac{8}{7}$$



Proposed by Rachid Iksi-Morocco



$$\text{In } \triangle ABC \text{ law cosine : } \cos \theta = \frac{AB^2 + AC^2 - BC^2}{2AB \cdot AC} = \frac{\frac{BC^2}{4} + \frac{BC^2}{2} - BC^2}{2 \cdot \frac{BC}{\sqrt{2}} \cdot \frac{BC}{2}}$$

$$AB = \frac{AC}{\sqrt{2}}, AC = \frac{BC}{\sqrt{2}}, AB = \frac{BC}{2}$$

$$\cos \theta = \frac{(1 + 2 - 4)\sqrt{2}}{4} = -\frac{\sqrt{2}}{4}$$

$$S(ABC) = \frac{1}{2} BC^2 \cdot \frac{\sin \alpha \sin \beta}{\sin(\alpha + \beta)} = \frac{1}{2} BC^2 \frac{\sin \alpha \sin \beta}{\sin \theta}$$

$$S(HBC) = \frac{1}{2} BC^2 \frac{\sin(\frac{\pi}{2} - \beta) \sin(\frac{\pi}{2} - \alpha)}{\sin(\pi - (\alpha + \beta))} = \frac{1}{2} BC^2 \frac{\cos \alpha \cdot \cos \beta}{\sin \theta}$$

$$\frac{S(HBAC)}{S(ABC)} = \frac{\frac{1}{2} BC^2 \frac{\cos \alpha \cdot \cos \beta}{\sin \theta} - \frac{1}{2} BC^2 \frac{\sin \alpha \sin \beta}{\sin \theta}}{\frac{1}{2} BC^2 \frac{\sin \alpha \sin \beta}{\sin \theta}} = \frac{\cos(\alpha + \beta)}{\sin \alpha \sin \beta} = -\frac{\cos \theta}{\sin \alpha \sin \beta}$$

$$\text{In } \triangle ABC \text{ law sine : } \frac{BC}{\sin \theta} = \frac{AC}{\sin \alpha} \Rightarrow \frac{BC}{AC} = \frac{\sin \theta}{\sin \alpha} = \sqrt{2} \Rightarrow \sin \alpha = \frac{\sin \theta}{\sqrt{2}}$$

$$\frac{AC}{\sin \alpha} = \frac{AB}{\sin \beta} \Rightarrow \frac{AC}{AB} = \frac{\sin \alpha}{\sin \beta} = \sqrt{2} \Rightarrow \sin \beta = \frac{\sin \alpha}{\sqrt{2}} = \frac{\sin \theta}{2}$$

$$\frac{S(HBAC)}{S(ABC)} = -\frac{\cos \theta}{\frac{\sin \theta}{\sqrt{2}} \cdot \frac{\sin \theta}{2}} = -2\sqrt{2} \cdot \frac{\cos \theta}{\sin^2 \theta} = -2\sqrt{2} \cdot \frac{-\frac{\sqrt{2}}{4}}{\frac{7}{8}} = \frac{8}{7}$$

$$\sin^2 \theta = 1 - \cos^2 \theta = 1 - \frac{2}{16} = \frac{7}{8}$$

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4120. In any $\triangle ABC$ the following relationship holds :

$$7 \geq \sum_{\text{cyc}} \left(\left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right) \cdot \sqrt[4]{\frac{1}{2} \left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right)} \cdot \sqrt[4]{\frac{1}{2} \left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right)} \cdot \sqrt[4]{\frac{1}{2} \left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right)} \cdot \sqrt[4]{\frac{p_a}{l_a}} \right) \\ + \sum_{\text{cyc}} \frac{g_a - \sqrt{(b-c)^2 + r^2} - r}{l_a}$$

Proposed by Bogdan Fuștei-Romania

Solution by Soumava Chakraborty-Kolkata-India

Triangle inequality $\Rightarrow g_a \leq AI + r \leq l_a \Leftrightarrow \frac{r}{\sin \frac{A}{2}} + r \leq \frac{2abc \cos \frac{A}{2}}{a(b+c)}$

$$\Leftrightarrow \frac{r}{\sin \frac{A}{2}} + r \leq \frac{8Rrs \cos \frac{A}{2}}{4R(b+c) \sin \frac{A}{2} \cos \frac{A}{2}} \Leftrightarrow \frac{1}{\sin \frac{A}{2}} + 1 \leq \frac{a+b+c}{(b+c) \sin \frac{A}{2}}$$

$$\Leftrightarrow \frac{1}{\sin \frac{A}{2}} + 1 \leq \frac{a}{(b+c) \sin \frac{A}{2}} + \frac{1}{\sin \frac{A}{2}} \Leftrightarrow (b+c) \sin \frac{A}{2} \leq a$$

$$\Leftrightarrow 4R \cos \frac{A}{2} \cos \frac{B-C}{2} \sin \frac{A}{2} \leq 4R \sin \frac{A}{2} \cos \frac{A}{2} \Leftrightarrow \frac{B-C}{2} \leq \frac{A}{2} \rightarrow \text{true} \therefore l_a \geq g_a \rightarrow \textcircled{1}$$

Again, $\sum_{\text{cyc}} \frac{AI}{l_a} = \sum_{\text{cyc}} \frac{r(b+c)}{\sin \frac{A}{2} \cdot 2bc \cos \frac{A}{2}} = \sum_{\text{cyc}} \frac{2R \cdot r(b+c)}{abc}$

$$= \frac{2Rr}{4Rrs} \cdot \sum_{\text{cyc}} (b+c) = \frac{8Rrs}{4Rrs} = 2 \therefore \sum_{\text{cyc}} \frac{AI}{l_a} = 2 \rightarrow \textcircled{2}$$

Now, $\sum_{\text{cyc}} \frac{\sqrt{(b-c)^2 + r^2} + r - g_a}{l_a} \stackrel{\text{Bogdan Fustei}}{\geq} \sum_{\text{cyc}} \frac{n_a - AI + r - g_a}{l_a}$

(Reference : Inequality in Triangle by Bogdan Fustei – 103; published at www.ssmrmh.ro)

Triangle inequality $\geq \sum_{\text{cyc}} \frac{n_a - AI + r - AI - r}{l_a} = \sum_{\text{cyc}} \frac{n_a}{l_a} - \sum_{\text{cyc}} \frac{2AI}{l_a} \stackrel{\text{via } \textcircled{2}}{=} \sum_{\text{cyc}} \frac{n_a}{l_a} - 4$

$$\Rightarrow 7 + \sum_{\text{cyc}} \frac{\sqrt{(b-c)^2 + r^2} + r - g_a}{l_a} \geq 3 + \sum_{\text{cyc}} \frac{n_a}{l_a} = \sum_{\text{cyc}} \frac{n_a + l_a}{l_a}$$

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$$\text{via } \textcircled{1} \text{ and analogs} \sum_{\text{cyc}} \frac{n_a + g_a}{l_a} \stackrel{\text{Bogdan Fustei (2019)}}{\geq} \sum_{\text{cyc}} \frac{2m_a}{l_a} \rightarrow (*)$$

$$\text{Also, } \frac{2m_a}{l_a} \stackrel{\text{Lascu}}{\geq} \frac{(b+c) \cos \frac{A}{2}}{\frac{2bc \cos \frac{A}{2}}{b+c}} = \frac{(b+c)^2}{2bc} \Rightarrow \frac{m_a}{l_a} \stackrel{(**)}{\geq} \left(\frac{1}{2} \left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right) \right)^2 = \sigma^2 \text{ (say)}$$

$$\begin{aligned} p_a^2 l_a^2 &\stackrel{\text{Fustei and Ben Ajiba}}{=} \left(s(s-a) + \frac{s(3s+a)}{(2s+a)^2} (b-c)^2 \right) \left(s(s-a) - \frac{s(s-a)}{(2s-a)^2} (b-c)^2 \right) \\ &\stackrel{?}{\leq} m_a^4 = s^2(s-a)^2 + \frac{(b-c)^4}{16} + \frac{s(s-a)(b-c)^2}{2} \Leftrightarrow \end{aligned}$$

$$\left(\frac{1}{16} + \frac{s^2(3s+a)(s-a)}{(4s^2-a^2)^2} \right) \cdot (b-c)^2 + \frac{s(s-a)a((s-a)(16s^2+4sa)+a^3)}{2(4s^2-a^2)^2}$$

$$\stackrel{?}{\geq} 0 \rightarrow \text{true} \because s > a \Rightarrow p_a l_a \leq m_a^2 \Rightarrow \sqrt[4]{\frac{p_a}{l_a}} \leq \sqrt{\frac{m_a}{l_a}} \therefore \text{in order to prove : } \frac{2m_a}{l_a} \stackrel{?}{\geq} \sigma^2 \quad \text{AB} \quad (***)$$

$$\left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right) \cdot \sqrt[4]{\frac{1}{2} \left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right)} \cdot \sqrt[4]{\frac{1}{2} \left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right)} \cdot \sqrt[4]{\frac{1}{2} \left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right)} \cdot \sqrt[4]{\frac{1}{2} \left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right)} \cdot \sqrt{\frac{p_a}{l_a}}, \text{ suffices}$$

$$\frac{2m_a}{l_a} \stackrel{?}{\geq} \left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right) \cdot \sqrt[4]{\frac{1}{2} \left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right)} \cdot \sqrt[4]{\frac{1}{2} \left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right)} \cdot \sqrt[4]{\frac{1}{2} \left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right)} \cdot \sqrt[4]{\frac{1}{2} \left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right)} \cdot \sqrt{\frac{m_a}{l_a}}$$

$$\Leftrightarrow \left(\frac{m_a}{l_a} \right)^{\frac{127}{128}} \stackrel{?}{\geq} \sigma^{\frac{85}{64}} \text{ and via } (**), \text{ it suffices to prove : } \sigma^{\frac{127}{64}} \stackrel{?}{\geq} \sigma^{\frac{85}{64}} \Leftrightarrow \sigma^{\frac{42}{64}} \stackrel{?}{\geq} 1 \rightarrow \text{true}$$

$$\therefore \sigma = \frac{1}{2} \left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right) \stackrel{\text{AM-GM}}{\geq} 1 \stackrel{\text{summation \& } (*), (***)}{\Rightarrow} 7 + \sum_{\text{cyc}} \frac{\sqrt{(b-c)^2 + r^2} + r - g_a}{l_a} \geq$$

$$\sum_{\text{cyc}} \left(\left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right) \cdot \sqrt[4]{\frac{1}{2} \left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right)} \cdot \sqrt[4]{\frac{1}{2} \left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right)} \cdot \sqrt[4]{\frac{1}{2} \left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right)} \cdot \sqrt[4]{\frac{1}{2} \left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right)} \cdot \sqrt{\frac{p_a}{l_a}} \right)$$

$\forall \Delta ABC, '' = ''$ iff ΔABC is equilateral (QED)

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4121. In any $\triangle ABC$ prove that the following relationship holds:

$$\tan \frac{A}{4} + \tan \frac{B}{4} + \tan \frac{C}{4} \geq \frac{n_a + n_b + n_c - s - \sum_{cyc} \sqrt{(b-c)^2 + r^2}}{r}$$

Proposed by Bogdan Fuștei-Romania

Solution by Jenish Rijal-Nepal

Let I be the incenter, D be the projection of I on BC , and T_a be the A -excircle tangency point on BC . Then: $ID = r$, $BD = s - b$, $BT_a = s - c$, and $AT_a = n_a$.

Since $DT_a = |(s - c) - (s - b)| = |b - c|$, Pythagoras on $\triangle IDT_a$ yields:

$$IT_a = \sqrt{r^2 + (b - c)^2}$$

By the triangle inequality on $\triangle AIT_a$, we have:

$$n_a \leq AI + IT_a \Rightarrow n_a - \sqrt{(b - c)^2 + r^2} \leq AI$$

Summing cyclically for all three vertices, we have:

$$\sum_{cyc} n_a - \sum_{cyc} \sqrt{(b - c)^2 + r^2} \stackrel{\textcircled{1}}{\leq} \sum_{cyc} AI$$

$$\text{Via } AI = \frac{r}{\sin \frac{A}{2}} \text{ \& } s = r \sum_{cyc} \cot \frac{A}{2} \text{ and we also}$$

subtract s from both sides of $\textcircled{1}$ & divide by r :

$$\frac{\sum_{cyc} n_a - s - \sum_{cyc} \sqrt{(b - c)^2 + r^2}}{r} \leq \sum_{cyc} \left(\frac{1}{\sin \frac{A}{2}} - \cot \frac{A}{2} \right)$$

$$\text{Via half - angle identity } \frac{1}{\sin \frac{A}{2}} - \cot \frac{A}{2} = \tan \frac{A}{4}, \text{ we have:}$$

$$\frac{n_a + n_b + n_c - s - \sum_{cyc} \sqrt{(b - c)^2 + r^2}}{r} \leq \tan \frac{A}{4} + \tan \frac{B}{4} + \tan \frac{C}{4}$$

Equality holds if and only if the triangle is equilateral.

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4122. In any $\triangle ABC$ the following relationship holds :

$$7 \geq \sum_{\text{cyc}} \left(\left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right) \cdot \sqrt{\frac{1}{2} \left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right)} \right) + \sum_{\text{cyc}} \frac{g_a - \sqrt{(b-c)^2 + r^2} - r}{l_a}$$

Proposed by Bogdan Fuștei-Romania

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \text{Triangle inequality} \Rightarrow g_a &\leq AI + r \stackrel{?}{\leq} l_a \Leftrightarrow \frac{r}{\sin \frac{A}{2}} + r \stackrel{?}{\leq} \frac{2abc \cos \frac{A}{2}}{a(b+c)} \\ &\Leftrightarrow \frac{r}{\sin \frac{A}{2}} + r \stackrel{?}{\leq} \frac{8Rrs \cos \frac{A}{2}}{4R(b+c) \sin \frac{A}{2} \cos \frac{A}{2}} \Leftrightarrow \frac{1}{\sin \frac{A}{2}} + 1 \stackrel{?}{\leq} \frac{a+b+c}{(b+c) \sin \frac{A}{2}} \\ &\Leftrightarrow \frac{1}{\sin \frac{A}{2}} + 1 \stackrel{?}{\leq} \frac{a}{(b+c) \sin \frac{A}{2}} + \frac{1}{\sin \frac{A}{2}} \Leftrightarrow (b+c) \sin \frac{A}{2} \stackrel{?}{\leq} a \\ &\Leftrightarrow 4R \cos \frac{A}{2} \cos \frac{B-C}{2} \sin \frac{A}{2} \stackrel{?}{\leq} 4R \sin \frac{A}{2} \cos \frac{A}{2} \Leftrightarrow \frac{B-C}{2} \stackrel{?}{\leq} \frac{A}{2} \rightarrow \text{true} \therefore l_a \geq g_a \rightarrow \textcircled{1} \end{aligned}$$

$$\begin{aligned} \text{Again, } \sum_{\text{cyc}} \frac{AI}{l_a} &= \sum_{\text{cyc}} \frac{r(b+c)}{\sin \frac{A}{2} \cdot 2bc \cos \frac{A}{2}} = \sum_{\text{cyc}} \frac{2R \cdot r(b+c)}{abc} \\ &= \frac{2Rr}{4Rrs} \cdot \sum_{\text{cyc}} (b+c) = \frac{8Rrs}{4Rrs} = 2 \therefore \sum_{\text{cyc}} \frac{AI}{l_a} = 2 \rightarrow \textcircled{2} \end{aligned}$$

$$\text{Now, } \sum_{\text{cyc}} \frac{\sqrt{(b-c)^2 + r^2} + r - g_a}{l_a} \stackrel{\text{Bogdan Fustei}}{\geq} \sum_{\text{cyc}} \frac{n_a - AI + r - g_a}{l_a}$$

(Reference : Inequality in Triangle by Bogdan Fustei – 103;
published at www.ssmrmh.ro)

$$\begin{aligned} \text{Triangle inequality} &\geq \sum_{\text{cyc}} \frac{n_a - AI + r - AI - r}{l_a} = \sum_{\text{cyc}} \frac{n_a}{l_a} - \sum_{\text{cyc}} \frac{2AI}{l_a} \stackrel{\text{via } \textcircled{2}}{=} \sum_{\text{cyc}} \frac{n_a}{l_a} - 4 \\ &\Rightarrow 7 + \sum_{\text{cyc}} \frac{\sqrt{(b-c)^2 + r^2} + r - g_a}{l_a} \geq 3 + \sum_{\text{cyc}} \frac{n_a}{l_a} = \sum_{\text{cyc}} \frac{n_a + l_a}{l_a} \end{aligned}$$

$$\stackrel{\text{via } \textcircled{1} \text{ and analogs}}{\geq} \sum_{\text{cyc}} \frac{n_a + g_a}{l_a} \stackrel{\text{Bogdan Fustei (2019)}}{\geq} \sum_{\text{cyc}} \frac{2m_a}{l_a} \stackrel{\text{Lascu}}{\geq} \sum_{\text{cyc}} \frac{(b+c) \cos \frac{A}{2}}{\frac{2bc \cos \frac{A}{2}}{b+c}}$$

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$$= \sum_{\text{cyc}} \frac{(b+c)^2}{2bc} \therefore 7 + \sum_{\text{cyc}} \frac{\sqrt{(b-c)^2 + r^2} + r - g_a}{l_a} \stackrel{(*)}{\geq} \sum_{\text{cyc}} \frac{(b+c)^2}{2bc}$$

We shall now prove that : $\frac{(b+c)^2}{2bc} \stackrel{?}{\geq} \left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right) \cdot \sqrt[4]{\frac{1}{2} \left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right)}$

$$\Leftrightarrow \frac{\left(x^2 + \frac{1}{x^2} + 2\right)}{2} \stackrel{?}{\geq} \left(x + \frac{1}{x}\right) \cdot \sqrt[4]{\frac{1}{2} \left(x + \frac{1}{x}\right)} \left(x = \sqrt{\frac{b}{c}}\right)$$

$$\Leftrightarrow \frac{(x^2 + 1)^8}{16x^8} \stackrel{?}{\geq} \frac{(x^2 + 1)^4}{x^4} \cdot \frac{x^2 + 1}{2x} \Leftrightarrow (x^2 + 1)^3 \stackrel{?}{\geq} 8x^3 \Leftrightarrow x^2 + 1 \stackrel{?}{\geq} 2x$$

$$\Leftrightarrow (x-1)^2 \stackrel{?}{\geq} 0 \rightarrow \text{true} \therefore \frac{(b+c)^2}{2bc} \stackrel{?}{\geq} \left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right) \cdot \sqrt[4]{\frac{1}{2} \left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right)} \text{ and analogs}$$

$$\Rightarrow \sum_{\text{cyc}} \frac{(b+c)^2}{2bc} \stackrel{(**)}{\geq} \sum_{\text{cyc}} \left(\left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right) \cdot \sqrt[4]{\frac{1}{2} \left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right)} \right) \text{ and so, } (*) \text{ and } (**) \Rightarrow$$

$$7 + \sum_{\text{cyc}} \frac{\sqrt{(b-c)^2 + r^2} + r - g_a}{l_a} \geq \sum_{\text{cyc}} \left(\left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right) \cdot \sqrt[4]{\frac{1}{2} \left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right)} \right)$$

$$\Rightarrow 7 \geq \sum_{\text{cyc}} \left(\left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right) \cdot \sqrt[4]{\frac{1}{2} \left(\sqrt{\frac{b}{c}} + \sqrt{\frac{c}{b}} \right)} \right) + \sum_{\text{cyc}} \frac{g_a - \sqrt{(b-c)^2 + r^2} - r}{l_a}$$

$\forall \triangle ABC, '' = ''$ iff $\triangle ABC$ is equilateral (QED)

4123. In any $\triangle ABC$ the following relationship holds :

$$\sqrt[3]{g_a w_a n_a} \leq \sqrt{p_a m_a}$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

$$(p_a m_a)^3 \geq \left(s(s-a) + \frac{1}{3}(b-c)^2 \right)^3$$

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(Reference : Inequality in Triangle by Dang Ngoc Minh – 324;)
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$$\therefore p_a^3 m_a^3 \geq s^3(s-a)^3 + \frac{(b-c)^6}{27} + s^2(s-a)^2(b-c)^2 + \frac{s(s-a)(b-c)^4}{3} \rightarrow \textcircled{1}$$

Again, $n_a^2 g_a^2 w_a^2 \stackrel{\text{Bogdan Fustei}}{=}$

$$\begin{aligned} & \left(s(s-a) + \frac{s}{a}(b-c)^2 \right) \left(s(s-a) - \frac{s-a}{a} \cdot (b-c)^2 \right) \left(\frac{s(s-a)}{(2s-a)^2} \cdot (b-c)^2 \right) \\ &= \left(s^2(s-a)^2 + s(s-a)(b-c)^2 - \frac{s(s-a)}{a^2} \cdot (b-c)^4 \right) \left(\frac{s(s-a)}{(2s-a)^2} \cdot (b-c)^2 \right) \\ &= s^3(s-a)^3 + s^2(s-a)^2 \left(\frac{-s(s-a)}{(2s-a)^2} \cdot (b-c)^2 + (b-c)^2 - \frac{(b-c)^4}{(2s-a)^2} \right) \stackrel{?}{\leq} \\ & \quad s^3(s-a)^3 + \frac{(b-c)^6}{27} + s^2(s-a)^2(b-c)^2 + \frac{s(s-a)(b-c)^4}{3} \Leftrightarrow \\ & (b-c)^6 \left(\frac{s^2(s-a)^2}{a^2(2s-a)^2} - \frac{1}{27} \right) - (b-c)^4 \left(\frac{s^2(s-a)^2}{(2s-a)^2} + \frac{s^2(s-a)^2}{a^2} + \frac{s(s-a)}{3} \right) - \\ & \quad \left(\frac{s^3(s-a)^3}{(2s-a)^2} - s^2(s-a)^2 + s^2(s-a)^2 \right) (b-c)^2 \stackrel{?}{\leq} 0 \\ & \Leftrightarrow \overbrace{(27s^4 - 54s^3a + 23s^2a^2 + 4sa^3 - a^4)}^{\sigma_1} (b-c)^4 - \\ & \quad \overbrace{9s(s-a)(12s^4 - 24s^3a + 22s^2a^2 - 10sa^3 + a^4)}^{\sigma_2} (b-c)^2 - \overbrace{27a^2s^3(s-a)^3}^{\sigma_3} \stackrel{?}{\leq} 0 \end{aligned}$$

($\because (b-c)^2 \geq 0$) and it's trivially true if : $\sigma_1 \leq 0$
 $\left(\begin{aligned} & \because 12s^4 - 24s^3a + 22s^2a^2 - 10sa^3 + a^4 = \\ & (s-a)(12s^2(s-a) + 10sa^2) + a^4 > 0 \text{ as } (s-a) > 0 \end{aligned} \right)$ and when : $\sigma_1 > 0$,
 then, since $\delta = \sigma_2^2 + 4\sigma_1\sigma_3 =$
 $(s-a)^2(2s-a)^2 \left(\frac{(s-a)^2(108s^3(s-a) + 180s^2a^2 + 44a^4)}{44a^5(s-a) + 3a^6} \right) > 0$

$\therefore$ in order to prove (*), it suffices to prove :

$$2\sigma_1 \cdot (b-c)^2 \stackrel{?}{\leq} \sigma_2 + \sqrt{\delta} \text{ AND } 2\sigma_1 \cdot (b-c)^2 \stackrel{?}{\leq} \sigma_2 - \sqrt{\delta}$$

$$\text{Now, } 2\sigma_1 \cdot (b-c)^2 - \sigma_2 < 2\sigma_1 \cdot a^2 - \sigma_2 \leq |2\sigma_1 \cdot a^2 - \sigma_2| \stackrel{?}{\leq} \sqrt{\delta}$$

$$\Leftrightarrow \delta \stackrel{?}{\geq} (2\sigma_1 \cdot a^2 - \sigma_2)^2$$

$$\Leftrightarrow 3645t^{10} - 18225t^9 + 37611t^8 - 41094t^7 + 25155t^6 - 8181t^5 +$$

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$$\begin{aligned}
 & 965t^4 + 212t^3 - 105t^2 + 17t - 1 \stackrel{?}{\geq} 0 \left(t = \frac{s}{a} \right) \\
 \Leftrightarrow & \left(\frac{27t^4 - 54t^3 + 23t^2 + 4t - 1}{23t^2 + 4t - 1} \right) \left((t-1) \left((t-1) \left(\frac{135t^3(t-1) + 63t^2 + 13}{63t^2 + 13} \right) + 13 \right) + 1 \right) \stackrel{?}{\geq} 0 \rightarrow \text{true} \\
 \because & t > 1 \text{ and } \sigma_1 > 0 \Rightarrow 2\sigma_1 \cdot (b-c)^2 - \sigma_2 < \sqrt{\delta} \Rightarrow \text{(i) is true (strict inequality)} \\
 & \text{and finally, } 2\sigma_1 \cdot (b-c)^2 + \sqrt{\delta} \geq \sqrt{\delta} = \sqrt{\sigma_2^2 + 4\sigma_1\sigma_3} > \sqrt{\sigma_2^2} = \sigma_2 \\
 (\because & \sigma_2 > 0 \text{ as } 12s^4 - 24s^3a + 22s^2a^2 - 10sa^3 + a^4 > 0; \text{demonstrated earlier}) \\
 \Rightarrow & \text{(ii) is true (strict inequality)} \therefore \text{both (i) and (ii) are true} \Rightarrow (*) \text{ is true} \\
 \therefore & n_a^2 g_a^2 w_a^2 \leq s^3(s-a)^3 + \frac{(b-c)^6}{27} + s^2(s-a)^2(b-c)^2 + \frac{s(s-a)(b-c)^4}{3} \stackrel{\text{via } ①}{\leq} \\
 & p_a^3 m_a^3 \Rightarrow \sqrt[3]{g_a w_a n_a} \leq \sqrt{p_a m_a} \forall \Delta ABC, '' = '' \text{ iff } b = c \text{ (QED)}
 \end{aligned}$$

4124. In any ΔABC the following relationship holds :

$$m_a g_a^2 \geq h_a r_b r_c$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned}
 & m_a^2 g_a^4 \stackrel{?}{\geq} h_a^2 \cdot s^2 (s-a)^2 \stackrel{\text{Bogdan Fustei}}{\Leftrightarrow} \\
 & \left(s(s-a) + \frac{(b-c)^2}{4} \right) \left(s(s-a) - \frac{(s-a)(b-c)^2}{a} \right) \stackrel{?}{\geq} \\
 & \left(s(s-a) - \frac{s(s-a)(b-c)^2}{a^2} \right) s^2 (s-a)^2 \\
 \Leftrightarrow & \left(s(s-a) + \frac{(b-c)^2}{4} \right) \left(s^2 (s-a)^2 + \frac{(s-a)^2 (b-c)^4}{a^2} - \frac{2s(s-a)^2 (b-c)^2}{a} \right) \stackrel{?}{\geq} \\
 & s^3 (s-a)^3 - \frac{s^3 (s-a)^3}{a^2} \cdot (b-c)^2 \\
 \Leftrightarrow & \frac{s(s-a)(b-c)^2}{a^2} - \frac{2s^2(s-a)}{a} + \frac{s^2}{4} + \frac{(b-c)^4}{4a^2} - \frac{s(b-c)^2}{2a} + \frac{s^3(s-a)}{a^2} \stackrel{?}{\geq} 0 \\
 & (\because (b-c)^2 \geq 0) \\
 \Leftrightarrow & \frac{(b-c)^4}{4a^2} + \frac{2s^2 - 3sa}{2a^2} \cdot (b-c)^2 + \frac{s^2}{4a^2} \cdot (4s(s-a) - 8a(s-a) + a^2) \stackrel{?}{\geq} 0 \\
 \Leftrightarrow & (b-c)^4 + 2(b-c)^2 \cdot s(2s-3a) + s^2(2s-3a)^2 \stackrel{?}{\geq} 0 \\
 \Leftrightarrow & \left((b-c)^2 + s(2s-3a) \right)^2 \stackrel{?}{\geq} 0 \rightarrow \text{true} \therefore m_a g_a^2 \geq h_a r_b r_c \forall \Delta ABC,
 \end{aligned}$$

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4125. In any ΔABC the following relationship holds :

$$\min\{m_a, m_b, m_c\} \leq \frac{\sqrt{s^2 - 4Rr + 17r^2}}{2} \leq \sqrt{s^2 - 7Rr - 4r^2} \leq \max\{m_a, m_b, m_c\}$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

Let $x = s - a, y = s - b, z = s - c$ and then : $a = y + z, b = z + x,$

$c = x + y$ and $s = x + y + z$ and furthermore, for proving

$$\max\{m_a, m_b, m_c\} \geq \sqrt{s^2 - 7Rr - 4r^2}, \text{ we assume WLOG } m_a = \max\{m_a, m_b, m_c\}$$

$$\therefore m_a \geq m_b, m_c \Rightarrow a \leq b, c \Rightarrow y + z \leq z + x, x + y \Rightarrow \boxed{x \geq y, z}$$

$$\text{Now, } m_a^2 \geq s^2 - 7Rr - 4r^2 \Leftrightarrow$$

$$\frac{4x(x + y + z) + (y - z)^2}{4} \geq \left(\sum_{\text{cyc}} x \right)^2 - \frac{7(y + z)(z + x)(x + y)}{4(x + y + z)} - \frac{4xyz}{x + y + z}$$

$$\Leftrightarrow x^2y + x^2z + 4xyz \geq y^3 + z^3 + 2y^2z + 2yz^2$$

$$\Leftrightarrow y(x^2 - y^2) + z(x^2 - z^2) + 2yz((x - y) + (x - z)) \geq 0 \rightarrow \text{true} \because x \geq y, z$$

$$\therefore \boxed{\max\{m_a, m_b, m_c\} \geq \sqrt{s^2 - 7Rr - 4r^2}} \text{ and now, for proving } \min\{m_a, m_b, m_c\} \leq$$

$$\frac{\sqrt{s^2 - 4Rr + 17r^2}}{2}, \text{ we assume WLOG } m_a = \min\{m_a, m_b, m_c\} \therefore m_a \leq m_b, m_c$$

$$\Rightarrow a \geq b, c \Rightarrow y + z \geq z + x, x + y \Rightarrow \boxed{y, z \geq x} \text{ and then, } m_a^2 \leq \frac{s^2 - 4Rr + 17r^2}{4}$$

$$\Leftrightarrow \frac{4x(x + y + z) + (y - z)^2}{4} \leq \frac{(x + y + z)^3 - (y + z)(z + x)(x + y) + 17xyz}{4(x + y + z)}$$

$$\Leftrightarrow y^2z + yz^2 + 5xyz \geq x^3 + 2x^2y + 2x^2z + xy^2 + xz^2$$

$$\Leftrightarrow y^2(z - x) + z^2(y - x) + x(yz - x^2) + 2x(y(z - x) + z(y - x)) \geq 0 \rightarrow \text{true}$$

$$\therefore y, z \geq x \therefore \boxed{\min\{m_a, m_b, m_c\} \leq \frac{\sqrt{s^2 - 4Rr + 17r^2}}{2}} \text{ and finally,}$$

$$\frac{\sqrt{s^2 - 4Rr + 17r^2}}{2} \leq \sqrt{s^2 - 7Rr - 4r^2} \Leftrightarrow s^2 \geq 8Rr + 11r^2$$

$$\Leftrightarrow (s^2 - 16Rr + 5r^2) + 8r(R - 2r) \geq 0 \rightarrow \text{true} \because s^2 \stackrel{\text{Gerretsen}}{\geq} 16Rr - 5r^2 \text{ and}$$

$$R \stackrel{\text{Euler}}{\geq} 2r \therefore \boxed{\frac{\sqrt{s^2 - 4Rr + 17r^2}}{2} \leq \sqrt{s^2 - 7Rr - 4r^2}} \text{ and so,}$$

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$$\min\{m_a, m_b, m_c\} \leq \frac{\sqrt{s^2 - 4Rr + 17r^2}}{2} \leq \sqrt{s^2 - 7Rr - 4r^2} \leq \max\{m_a, m_b, m_c\}$$

$\forall \Delta ABC, '' = ''$ iff ΔABC is equilateral (QED)

4126. In any ΔABC the following relationship holds :

$$\min\{w_a, w_b, w_c\} \leq 3r \leq \sqrt{s^2 - 9Rr} \leq \max\{w_a, w_b, w_c\}$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

Let $x = s - a, y = s - b, z = s - c$ and then : $a = y + z, b = z + x,$

$c = x + y$ and $s = x + y + z$ and furthermore, for proving

$$\max\{w_a, w_b, w_c\} \stackrel{?}{\geq} \sqrt{s^2 - 9Rr}, \text{ we assume WLOG } w_a = \max\{w_a, w_b, w_c\}$$

$$\therefore w_a \geq w_b, w_c \Rightarrow a \leq b, c \Rightarrow y + z \leq z + x, x + y \Rightarrow \boxed{x \geq y, z}$$

$$\text{Now, } w_a^2 \stackrel{?}{\geq} s^2 - 9Rr$$

$$\Leftrightarrow \frac{4(z+x)(x+y)}{(2x+y+z)^2} \cdot x \left(\sum_{\text{cyc}} x \right) \stackrel{?}{\geq} \left(\sum_{\text{cyc}} x \right)^2 - \frac{9(y+z)(z+x)(x+y)}{4(x+y+z)}$$

$$\Leftrightarrow 20x^4y + 20x^4z + 20x^3y^2 + 56x^3yz + 20x^3z^2 + 23x^2y^2z + 23x^2yz^2 \stackrel{?}{\geq}$$

$$15x^2y^3 + 15x^2z^3 + 19xy^4 + 19xz^4 + 10xy^2z^2 + 24xy^3z + 24xyz^3 +$$

$$4y^5 + 4z^5 + 11y^4z + 11yz^4 + 13y^3z^2 + 13y^2z^3$$

$$\Leftrightarrow 15x^2y(x^2 - y^2) + 15x^2z(x^2 - z^2) + 4y(x^4 - y^4) + 4z(x^4 - z^4) +$$

$$19xy^2(x^2 - y^2) + 19xz^2(x^2 - z^2) + 23xy^2z(x - y) + 23xyz^2(x - z) +$$

$$(xy^2 + xz^2)(x^2 - yz) + 8xyz(x^2 - yz) + 13yz(x^3 - y^2z) + 13yz(x^3 - yz^2) +$$

$$11yz(x^3 - y^3) + 11yz(x^3 - z^3) + xy(x^3 - yz^2) + xz(x^3 - y^2z) \stackrel{?}{\geq} 0$$

$$\rightarrow \text{true} \because x \geq y, z \therefore \boxed{\max\{w_a, w_b, w_c\} \geq \sqrt{s^2 - 9Rr}} \text{ and now, for proving}$$

$$\min\{w_a, w_b, w_c\} \stackrel{?}{\leq} 3r, \text{ we assume WLOG } w_a = \min\{w_a, w_b, w_c\} \therefore w_a \leq w_b, w_c$$

$$\Rightarrow a \geq b, c \Rightarrow y + z \geq z + x, x + y \Rightarrow \boxed{y, z \geq x} \text{ and hence, we can assign}$$

$$y = x + m \text{ and } z = x + n \text{ (} m, n \geq 0 \text{) and then : } \min\{w_a, w_b, w_c\} \stackrel{?}{\leq} 3r \Leftrightarrow$$

$$\frac{4(z+x)(x+y)}{(2x+y+z)^2} \cdot x \left(\sum_{\text{cyc}} x \right) \stackrel{?}{\leq} \frac{9xyz}{x+y+z}$$

$$\Leftrightarrow 9(x+m)(x+n)(4x+m+n)^2 \stackrel{?}{\geq} 4(3x+m+n)^2(2x+n)(2x+m)$$

$$\Leftrightarrow 5mn(m^2 + n^2) + x(m^3 + n^3) + 10m^2n^2 + 51mnx(m+n) + 17x^2(m^2 + n^2) +$$

$$142mnx^2 + 48x^3(m+n) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because m, n \geq 0 \therefore \boxed{\min\{w_a, w_b, w_c\} \leq 3r} \text{ and}$$

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$$\text{finally, } s^2 - 9Rr \stackrel{\text{Gerretsen}}{\geq} 7Rr - 5r^2 \stackrel{\text{Euler}}{\geq} 14r^2 - 5r^2 = 9r^2 \Rightarrow \boxed{\sqrt{s^2 - 9Rr} \geq 3r}$$

and so, $\min\{w_a, w_b, w_c\} \leq 3r \leq \sqrt{s^2 - 9Rr} \leq \max\{w_a, w_b, w_c\} \forall \Delta ABC$,
 " = " iff ΔABC is equilateral (QED)

4127. In acute ΔABC the following relationship holds:

$$\frac{\sqrt{\text{ctg}(A)}}{a} + \frac{\sqrt{\text{ctg}(B)}}{b} + \frac{\sqrt{\text{ctg}(C)}}{c} \leq \frac{\sqrt[4]{3}R}{4r^2}$$

Proposed by Kostantinos Geronikolas-Greece

Solution by Mirsadix Muzefferov-Azerbaijan

$$\begin{aligned} \sum_{cyc} \frac{\sqrt{\text{ctg}(A)}}{a} &\stackrel{CSB}{\lesssim} \left(\sum_{cyc} \frac{1}{a^2} \right)^{\frac{1}{2}} \cdot \left(\sum_{cyc} \text{ctg}(A) \right)^{\frac{1}{2}} \stackrel{\text{Steining}}{\lesssim} \\ &\frac{1}{2r} \cdot \sqrt{\frac{p^2 - 4Rr - r^2}{2pr}} \stackrel{\text{Gerretsen}}{\lesssim} \frac{1}{2r} \sqrt{\frac{4R^2 + 4Rr + 3r^2 - 4Rr - r^2}{2pr}} = \\ &\frac{1}{2r} \sqrt{\frac{2R^2 + r^2}{pr}} \stackrel{\text{Euler}}{\lesssim} \frac{1}{2r} \cdot \frac{3R}{2} \cdot \sqrt{\frac{1}{pr}} \stackrel{\text{Mitrinovici}}{\lesssim} \frac{3R}{4r} \sqrt{\frac{1}{3\sqrt{3}r \cdot r}} = \frac{\sqrt[4]{3} \cdot R}{4r^2} \\ &\text{Equality holds for : } a = b = c \end{aligned}$$

4128. In ΔABC the following relationship holds:

$$(r_a)^{b^2+c^2} \cdot (r_b)^{a^2+c^2} \cdot (r_c)^{b^2+a^2} \leq \left(\frac{3R}{2} \right)^{18R^2}$$

Proposed by Nguyen Hung Cuong-Vietnam

Solution by Mirsadix Muzefferov-Azerbaijan

$$\begin{aligned} &\stackrel{\text{Weighted AM-GM}}{\lesssim} (r_a)^{b^2+c^2} \cdot (r_b)^{a^2+c^2} \cdot (r_c)^{b^2+a^2} \\ &\leq \left(\frac{r_a(b^2+c^2) + r_b(a^2+c^2) + r_c(b^2+a^2)}{2(a^2+b^2+c^2)} \right)^{2\Sigma a^2} \leq \\ &\text{In } \Delta ABC \text{ wlog : } a \leq b \leq c, \quad r_a \leq r_b \leq r_c \\ &\rightarrow \{b^2+c^2 \geq a^2+c^2 \geq b^2+a^2\} \end{aligned}$$

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$$\begin{aligned} & \stackrel{\text{Chebyshev}}{\geq} \left(\frac{\frac{1}{3}(r_a + r_b + r_c) \cdot 2(a^2 + b^2 + c^2)}{2(a^2 + b^2 + c^2)} \right)^{2 \sum a^2} = \\ & = \left(\frac{1}{3}(4R + r) \right)^{2 \sum a^2} \stackrel{\text{Euler}}{\geq} \left(\frac{1}{3} \cdot \frac{9R}{2} \right)^{2 \sum a^2} \stackrel{\text{Leibniz}}{\geq} \left(\frac{3R}{2} \right)^{18R^2} \\ & \text{Equality holds if } a = b = c. \end{aligned}$$

4129. In any acute ΔABC the following relationship holds :

$$\sum_{\text{cyc}} \sqrt{a \cos A} \leq \frac{3 \sqrt[4]{12R^2}}{2}$$

Proposed by Nguyen Hung Cuong-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \sum_{\text{cyc}} \sqrt{a \cos A} & \stackrel{\text{CBS}}{\leq} \sqrt{3} \cdot \sqrt{\sum_{\text{cyc}} (a \cos A)} = \sqrt{3R} \cdot \sqrt{\sum_{\text{cyc}} \sin 2A} = \sqrt{3R} \cdot \sqrt{4 \cdot \frac{4Rrs}{8R^3}} \\ & = \sqrt{\frac{6rs}{R}} \stackrel{\text{Euler and Mitrinovic}}{\leq} \sqrt{\frac{3R}{2R} \cdot 3\sqrt{3} \cdot R} = \frac{3}{2} \cdot \sqrt{2\sqrt{3} \cdot R} = \frac{3}{2} \cdot \sqrt{\sqrt{12R^2}} \\ \therefore \sum_{\text{cyc}} \sqrt{a \cos A} & \leq \frac{3 \cdot \sqrt[4]{12R^2}}{2} \quad \forall \text{ acute } \Delta ABC, " = " \text{ iff } \Delta ABC \text{ is equilateral (QED)} \end{aligned}$$

4130. In any ΔABC the following relationship holds :

$$\sum_{\text{cyc}} \frac{\sqrt{a} + \sqrt{b}}{r_c^2} \geq 2 \sum_{\text{cyc}} \frac{\sqrt{a}}{h_a^2}$$

Proposed by Nguyen Hung Cuong-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \sum_{\text{cyc}} \frac{\sqrt{a} + \sqrt{b}}{r_c^2} & \stackrel{?}{\geq} 2 \sum_{\text{cyc}} \frac{\sqrt{a}}{h_a^2} \Leftrightarrow \frac{(\sqrt{b} + \sqrt{c})(b + c - a)^2}{F^2} \stackrel{?}{\geq} 2 \cdot \sum_{\text{cyc}} \frac{a^2 \cdot \sqrt{a}}{F^2} \\ & \Leftrightarrow \sum_{\text{cyc}} \left((y + z)(y^2 + z^2 - x^2)^2 \right) \stackrel{?}{\geq} 2 \sum_{\text{cyc}} x^5 \quad (\sqrt{a} = x, \sqrt{b} = y, \sqrt{c} = z) \end{aligned}$$

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$$\Leftrightarrow \sum_{\text{cyc}} x^4 y + \sum_{\text{cyc}} xy^4 \stackrel{?}{\geq} 2xyz \left(\sum_{\text{cyc}} xy \right) \rightarrow \text{true} \because \sum_{\text{cyc}} x^4 y + \sum_{\text{cyc}} xy^4 =$$

$$\sum_{\text{cyc}} (z(x^4 + y^4)) \stackrel{\text{AM-GM}}{\geq} 2 \sum_{\text{cyc}} x^2 y^2 z = 2xyz \left(\sum_{\text{cyc}} xy \right)$$

$$\therefore \sum_{\text{cyc}} \frac{\sqrt{a} + \sqrt{b}}{r_c^2} \geq 2 \sum_{\text{cyc}} \frac{\sqrt{a}}{h_h^2} \quad \forall \Delta ABC, " = " \text{ iff } \Delta ABC \text{ is equilateral (QED)}$$

4131. In ΔABC the following relationship holds:

$$(r_a + r_b)^{c^2} \cdot (r_b + r_c)^{a^2} \cdot (r_a + r_c)^{b^2} \leq (3R)^{9R^2}$$

Proposed by Nguyen Hung Cuong-Vietnam

Solution by Mirsadix Muzefferov-Azerbaijan

$$\begin{aligned} & (r_a + r_b)^{c^2} \cdot (r_b + r_c)^{a^2} \cdot (r_a + r_c)^{b^2} \stackrel{\text{Weighted AM-GM}}{\leq} \\ & \leq \left(\frac{c^2(r_a + r_b) + a^2(r_b + r_c) + b^2(r_a + r_c)}{(a^2 + b^2 + c^2)} \right)^{\sum a^2} \leq \\ & \quad \text{In } \Delta ABC \text{ wlog : } a \leq b \leq c, \quad r_a \leq r_b \leq r_c \\ & \quad \rightarrow \{r_a + r_b \leq r_a + r_c \leq r_b + r_c\} \\ & \stackrel{\text{Chebyshev}}{\leq} \left(\frac{2(r_a + r_b + r_c) \cdot \frac{1}{3}(a^2 + b^2 + c^2)}{(a^2 + b^2 + c^2)} \right)^{\sum a^2} = \\ & = \left(\frac{2}{3}(4R + r) \right)^{\sum a^2} \stackrel{\text{Euler}}{\leq} \left(\frac{2}{3} \cdot \frac{9R}{2} \right)^{\sum a^2} \stackrel{\text{Leibniz}}{\leq} (3R)^{18R^2} \\ & \quad \text{Equality holds if } a = b = c \end{aligned}$$

4132. In acute ΔABC the following relationship holds:

$$\frac{abc}{HA \cdot HB \cdot HC} \geq 3\sqrt{3}$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\frac{abc}{HA \cdot HB \cdot HC} \geq 3\sqrt{3} \Leftrightarrow \frac{2R \sin A \cdot 2R \sin B \cdot 2R \sin C}{2R \cos A \cdot 2R \cos B \cdot 2R \cos C} \geq 3\sqrt{3}$$

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$$\frac{\sin A}{\cos A} \cdot \frac{\sin B}{\cos B} \cdot \frac{\sin C}{\cos C} \geq 3\sqrt{3}$$

$$\tan A \cdot \tan B \cdot \tan C \geq 3\sqrt{3}$$

$$\tan A + \tan B + \tan C \geq 3\sqrt{3} \quad (\text{to prove})$$

$$\tan A + \tan B + \tan C \stackrel{JENSEN}{\geq} 3 \tan\left(\frac{A+B+C}{3}\right) = 3 \tan\left(\frac{\pi}{3}\right) = 3\sqrt{3}$$

Equality holds for $A = B = C$.

4133. In acute $\triangle ABC$ the following relationship holds:

$$\frac{HA}{a \cos A} + \frac{HB}{b \cos B} + \frac{HC}{c \cos C} \geq 2\sqrt{3}$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned} \frac{HA}{a \cos A} + \frac{HB}{b \cos B} + \frac{HC}{c \cos C} &= \sum_{cyc} \frac{HA}{a \cos A} = \\ &= \sum_{cyc} \frac{2R \cos A}{a \cos A} = 2R \sum_{cyc} \frac{1}{a} = \sum_{cyc} \frac{2R}{2R \sin A} = \\ &= \sum_{cyc} \frac{1}{\sin A} \stackrel{JENSEN}{\geq} 3 \cdot \frac{1}{\sin\left(\frac{A+B+C}{3}\right)} = \frac{3}{\sin \frac{\pi}{3}} = \frac{3}{\frac{\sqrt{3}}{2}} = \frac{6}{\sqrt{3}} = \frac{6\sqrt{3}}{3} = 2\sqrt{3} \end{aligned}$$

Equality holds for $a = b = c$.

4134. In $\triangle ABC$ the following relationship holds:

$$\sum_{cyc} \frac{\sin B \sin C}{\sin A} \cdot \frac{b^2 h_c + c^2 h_b}{h_a h_b \sin B + h_a h_c \sin C} \geq \frac{24r^2}{R}$$

Proposed by Zaza Mzhavanadze-Georgia

Solution by Jenish Rijal-Nepal

$$\sum_{cyc} \frac{\sin B \sin C}{\sin A} \cdot \frac{b^2 h_c + c^2 h_b}{h_a h_b \sin B + h_a h_c \sin C} =$$

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$$\begin{aligned}
 &= \sum_{cyc} \frac{\frac{b}{2R} \cdot \frac{c}{2R}}{\frac{a}{2R}} \cdot \frac{b^2 \cdot \frac{2\Delta}{c} + c^2 \cdot \frac{2\Delta}{b}}{\frac{2\Delta}{a} \cdot \frac{2\Delta}{b} \cdot \frac{b}{2R} + \frac{2\Delta}{a} \cdot \frac{2\Delta}{c} \cdot \frac{c}{2R}} = \\
 &= \sum_{cyc} \frac{bc}{a} \cdot \frac{\frac{b^2}{c} + \frac{c^2}{b}}{\frac{2\Delta}{a} + \frac{2\Delta}{a}} = \sum_{cyc} \frac{1}{4\Delta} (b^3 + c^3) = \frac{1}{2\Delta} (a^3 + b^3 + c^3) \stackrel{AM-GM}{\geq} \\
 &\geq \frac{1}{2\Delta} \cdot 3abc = \frac{1}{2 \cdot \frac{abc}{4R}} \cdot 3abc = 6R = \frac{6R^2}{R} \stackrel{Mitrinovic}{\geq} \frac{6(2r)^2}{R} = \frac{24r^2}{R}
 \end{aligned}$$

Equality holds if and only if the triangle is equilateral.

4135. If in $\triangle ABC$, $\angle A = 80^\circ$, $B = C = 50^\circ$, $AB = AC = a$, $BC = b$ then:

$$3a^2b = b^3 + a^3\sqrt{3}$$

Proposed by Adgozel Adgozalov-Azerbaijan

Solution by Tapas Das-India

$$\begin{aligned}
 \frac{b}{\sin 80^\circ} &= \frac{a}{\sin 50^\circ} \Rightarrow \frac{b}{\sin 80^\circ} = \frac{a}{\sin(90^\circ - 40^\circ)} \\
 &\Rightarrow \frac{b}{2\sin 40^\circ \cos 40^\circ} = \frac{a}{\cos 40^\circ} \Rightarrow b = 2a \sin 40^\circ
 \end{aligned}$$

$$3a^2b = 3a^2 \times 2a \sin 40^\circ = 6a^3 \sin 40^\circ$$

$$b^3 + a^3\sqrt{3} = 8a^3 \sin^3 40^\circ + a^3\sqrt{3}$$

We need to show :

$$6a^3 \sin 40^\circ = 8a^3 \sin^3 40^\circ + a^3\sqrt{3} \text{ or, } 6\sin 40^\circ - 8\sin^3 40^\circ = \sqrt{3}$$

$$\begin{aligned}
 L.H.S &= 6\sin 40^\circ - 8\sin^3 40^\circ = 2(3\sin 40^\circ - 4\sin^3 40^\circ) = \\
 &= 2 \sin 3 \cdot 40^\circ = 2 \sin 120^\circ = 2 \times \frac{\sqrt{3}}{2} = \sqrt{3}
 \end{aligned}$$

4136. In $\triangle ABC$ the following relationship holds:

$$2R - r - 2\sqrt{R(R - 2r)} \leq \min\{r_a, r_b, r_c\} \leq \min\{h_a, h_b, h_c\}$$

Proposed by Dang Ngoc Minh-Vietnam

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Solution by Jenish Rijal-Nepal

W.L.O.G. let's assume that $a \leq b \leq c$. Then we have:

$$\min\{r_a, r_b, r_c\} = r_a \quad \text{and} \quad \min\{h_a, h_b, h_c\} = h_c$$

$$\text{Here, } a \leq b \Leftrightarrow c \leq b + c - a \Leftrightarrow c \leq 2s - 2a \Leftrightarrow \frac{\Delta}{s - a} \leq \frac{2\Delta}{c}$$

$$\Leftrightarrow r_a \leq h_c \quad \therefore \min\{r_a, r_b, r_c\} \leq \min\{h_a, h_b, h_c\}$$

$$\text{Now, } (r_b + r_c) \left(\frac{1}{r_b} + \frac{1}{r_c} \right) \stackrel{AM-HM}{\geq} 4$$

Via identities $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r}$ and $r_a + r_b + r_c = 4R + r$, we substitute:

$$(4R + r - r_a) \left(\frac{1}{r} - \frac{1}{r_a} \right) \geq 4 \Leftrightarrow (4R + r - r_a)(r_a - r) \geq 4rr_a$$

$$\Leftrightarrow r_a^2 - 2(2R - r)r_a + r(4R + r) \leq 0$$

$$\Leftrightarrow (r_a - 2R + r + 2\sqrt{R(R - 2r)})(r_a - 2R + r - 2\sqrt{R(R - 2r)}) \leq 0$$

$$\therefore 2R - r - 2\sqrt{R(R - 2r)} \leq r_a \leq 2R - r + 2\sqrt{R(R - 2r)}$$

Extracting the lower bound gives:

$$2R - r - 2\sqrt{R(R - 2r)} \leq r_a = \min\{r_a, r_b, r_c\}$$

$$\text{Therefore, } 2R - r - 2\sqrt{R(R - 2r)} \leq \min\{r_a, r_b, r_c\} \leq \min\{h_a, h_b, h_c\}$$

Equality holds if and only if the triangle is equilateral.

4137. In any ΔABC the following relationship holds :

$$\sqrt{\frac{2R}{r}} \geq \sqrt{\left(\frac{r_a}{p_a}\right) \left(\sqrt{\frac{g_a}{l_a}}\right)} + \sqrt{\left(\frac{p_a}{r_a}\right) \left(\sqrt{\frac{l_a}{g_a}}\right)}$$

Proposed by Bogdan Fuștei-Romania

Solution by Soumava Chakraborty-Kolkata-India

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$$\begin{aligned} \text{Triangle inequality} \Rightarrow g_a \leq AI + r &\stackrel{?}{\leq} l_a \Leftrightarrow \frac{r}{\sin \frac{A}{2}} + r \stackrel{?}{\leq} \frac{2abc \cos \frac{A}{2}}{a(b+c)} \\ \Leftrightarrow \frac{r}{\sin \frac{A}{2}} + r &\stackrel{?}{\leq} \frac{8Rrs \cos \frac{A}{2}}{4R(b+c) \sin \frac{A}{2} \cos \frac{A}{2}} \Leftrightarrow \frac{1}{\sin \frac{A}{2}} + 1 \stackrel{?}{\leq} \frac{a+b+c}{(b+c) \sin \frac{A}{2}} \\ \Leftrightarrow \frac{1}{\sin \frac{A}{2}} + 1 &\stackrel{?}{\leq} \frac{a}{(b+c) \sin \frac{A}{2}} + \frac{1}{\sin \frac{A}{2}} \Leftrightarrow (b+c) \sin \frac{A}{2} \stackrel{?}{\leq} a \\ \Leftrightarrow 4R \cos \frac{A}{2} \cos \frac{B-C}{2} \sin \frac{A}{2} &\stackrel{?}{\leq} 4R \sin \frac{A}{2} \cos \frac{A}{2} \Leftrightarrow \frac{B-C}{2} \stackrel{?}{\leq} 1 \rightarrow \text{true} \therefore l_a \geq g_a \rightarrow \textcircled{1} \end{aligned}$$

$$\begin{aligned} \text{Now, } m_a n_a &\stackrel{?}{\geq} p_a^2 + \frac{(b-c)^2}{18} \stackrel{\text{Fustei and Ajiba}}{\Leftrightarrow} \left(s(s-a) + \frac{(b-c)^2}{4} \right) \left(s(s-a) + \frac{s(b-c)^2}{a} \right) \stackrel{?}{\geq} \\ &\left(s(s-a) + \frac{s(3s+a)(b-c)^2}{(2s+a)^2} \right)^2 + \frac{(b-c)^4}{324} + \\ &\frac{(b-c)^2}{9} \cdot \left(s(s-a) + \frac{s(3s+a)(b-c)^2}{(2s+a)^2} \right) \\ \Leftrightarrow s(s-a)(b-c)^2 &\left(\frac{s}{a} + \frac{1}{4} \right) + \frac{s(b-c)^4}{4a} \stackrel{?}{\geq} \frac{s^2(3s+a)^2(b-c)^4}{(2s+a)^4} + \\ 2s(s-a) \cdot \frac{s(3s+a)(b-c)^2}{(2s+a)^2} &+ \frac{(b-c)^4}{324} + s(s-a) \cdot \frac{(b-c)^2}{9} + \frac{s(3s+a)(b-c)^4}{9(2s+a)^2} \\ \Leftrightarrow s(s-a) &\left(\frac{s}{a} + \frac{1}{4} - \frac{2s(3s+a)(b-c)^2}{(2s+a)^2} - \frac{1}{9} \right) + \\ \left(\frac{s}{4a} - \frac{s^2(3s+a)^2}{(2s+a)^4} - \frac{1}{324} - \frac{s(3s+a)}{9(2s+a)^2} \right) &(b-c)^2 \stackrel{?}{\geq} 0 \quad (\because (b-c)^2 \geq 0) \\ \Leftrightarrow \frac{s(s-a)(144s^3 - 52s^2a - 16sa^2 + 5a^3)}{36a(2s+a)^2} &+ \\ \frac{1296s^5 - 772s^4a - 608s^3a^2 + 48s^2a^3 + 37sa^4 - a^5}{324a(2s+a)^4} \cdot (b-c)^2 &\stackrel{?}{\geq} 0 \\ \Leftrightarrow \frac{s(s-a) \left((s-a)(144s^2 + 92sa + 76a^2) + 81a^3 \right)}{36a(2s+a)^2} &+ \\ \frac{(s-a) \left((s-a)(1296s^3 + 1820s^2a + 1736sa^2 + 1700a^3) + 1701a^4 \right)}{324a(2s+a)^4} \cdot (b-c)^2 &\stackrel{?}{\geq} 0 \rightarrow \text{true (strict inequality)} \therefore m_a n_a \geq p_a^2 + \frac{(b-c)^2}{18} \geq p_a^2 \Rightarrow m_a n_a \geq p_a^2 \rightarrow \textcircled{1} \end{aligned}$$

$$\text{and } n_a g_a \stackrel{\text{Bogdan Fustei}}{\geq} m_a l_a \rightarrow \textcircled{2} \therefore \textcircled{1} \cdot \textcircled{2} \Rightarrow (m_a n_a)(n_a g_a) \geq p_a^2 \cdot m_a l_a$$

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$$\Rightarrow n_a \geq p_a \cdot \sqrt{\frac{l_a}{g_a}} \Rightarrow \boxed{t \leq n_a} \left(t = p_a \cdot \sqrt{\frac{l_a}{g_a}} \right)$$

$$\Rightarrow \left(\sqrt{\left(\frac{r_a}{p_a} \right) \left(\sqrt{\frac{g_a}{l_a}} \right)} + \sqrt{\left(\frac{p_a}{r_a} \right) \left(\sqrt{\frac{l_a}{g_a}} \right)} \right)^2 = \frac{r_a}{t} + \frac{t}{r_a} + 2 = \frac{r_a^2 + t^2}{r_a \cdot p_a \cdot \sqrt{\frac{l_a}{g_a}}} + 2 \leq$$

$$\frac{r_a^2 + n_a^2}{r_a \cdot h_a \cdot \sqrt{\frac{l_a}{g_a}}} + 2 \stackrel{\text{via (i) and Bogdan Fustei}}{\leq} \frac{s^2 \tan^2 \frac{A}{2} + s^2 - 2r_a h_a}{r_a h_a} + 2 = \frac{2s^2 \sec^2 \frac{A}{2}}{\frac{r}{R} \cdot s^2 \cdot \sec^2 \frac{A}{2}} = \frac{2R}{r}$$

$$\Rightarrow \sqrt{\frac{2R}{r}} \geq \sqrt{\left(\frac{r_a}{p_a} \right) \left(\sqrt{\frac{g_a}{l_a}} \right)} + \sqrt{\left(\frac{p_a}{r_a} \right) \left(\sqrt{\frac{l_a}{g_a}} \right)} \forall \Delta ABC, '' = '' \text{ iff } b = c \text{ (QED)}$$

4138. In any ΔABC with $a \leq b \leq c$, the following relationships holds :

$$\frac{\sqrt{3}}{2} a \leq g_b \leq p_b \leq \frac{\sqrt{3}}{2} c ; \text{ and } p_c \leq \frac{\sqrt{3}}{2} b \leq g_a$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

Let $x = s - a, y = s - b, z = s - c$ and then : $a = y + z, b = z + x, c = x + y$ and $s = x + y + z$ and also, $a \leq b \leq c \Rightarrow y + z \leq z + x \leq x + y$

$$\Rightarrow \boxed{x \geq y \geq z} \text{ and now, } \frac{3}{4} a^2 \stackrel{?}{\leq} g_b^2 \stackrel{\text{via Bogdan Fustei}}{\Leftrightarrow} \frac{3}{4} (y + z)^2 \stackrel{?}{\leq} y^2 + \frac{4xyz}{z + x}$$

$$\Leftrightarrow xy^2 + 10xyz + y^2z \stackrel{?}{\geq} 3xz^2 + 6yz^2 + 3z^3$$

$$\Leftrightarrow 6yz(x - z) + 3xz(y - z) + z(xy - z^2) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because x \geq y \geq z \therefore \boxed{\frac{\sqrt{3}}{2} a \leq g_b}$$

via Bogdan Fustei and Mohamed Amine Ajiba

$$\text{Also, } p_b^2 \stackrel{?}{\leq} \frac{3}{4} c^2 \Leftrightarrow s(s - b) + \frac{s(3s + b)(c - a)^2}{(2s + b)^2} \stackrel{?}{\leq} \frac{3}{4} c^2$$

$$\Leftrightarrow (x + y + z) \left(y + \frac{(3(x + y + z) + z + x)(z - x)^2}{(2(x + y + z) + z + x)^2} \right) \stackrel{?}{\leq} \frac{3}{4} (x + y)^2$$

$$\Leftrightarrow 11x^4 + 26x^3y + 54x^3z + 15x^2y^2 + 64x^2yz + 59x^2z^2 \stackrel{?}{\geq} 4xy^3 + 18xy^2z + 26xyz^2 + 4y^4 + 28y^3z + 69y^2z^2 + 64yz^3 + 16z^4$$

$$\Leftrightarrow 18xyz(x - y) + 28yz(x^2 - y^2) + 18xyz(x - z) + 59z^2(x^2 - y^2) +$$

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$$54z(x^3 - yz^2) + 8xy(x^2 - z^2) + 4xy(x^2 - y^2) + 4y(x^3 - y^3) + 10y(x^3 - yz^2) + 10y(x^2y - z^3) + 11(x^4 - z^4) + 5(x^2y^2 - z^4) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because x \geq y \geq z$$

$$\therefore \boxed{p_b \leq \frac{\sqrt{3}}{2} c}$$

via Bogdan Fustei

and

Mohamed Amine Ajiba

$$\text{Furthermore, } p_c^2 \stackrel{?}{\leq} \frac{3}{4} b^2 \Leftrightarrow s(s-c) + \frac{s(3s+c)(a-b)^2}{(2s+c)^2} \stackrel{?}{\leq} \frac{3}{4} b^2$$

$$\Leftrightarrow (x+y+z) \left(z + \frac{(3(x+y+z) + x+y)(x-y)^2}{(2(x+y+z) + x+y)^2} \right) \stackrel{?}{\leq} \frac{3}{4} (z+x)^2$$

$$\begin{aligned} &\Leftrightarrow 11x^4 + 26x^3z + 54x^3y + 15x^2z^2 + 64x^2yz + 59x^2y^2 \stackrel{?}{\geq} \\ &4xz^3 + 18xyz^2 + 26xy^2z + 4z^4 + 28yz^3 + 69y^2z^2 + 64y^3z + 16y^4 \\ &\Leftrightarrow 64yz(x^2 - y^2) + 26xz(x^2 - y^2) + 59y^2(x^2 - z^2) + 28y(x^3 - z^3) + \\ &18xy(x^2 - z^2) + 10z^2(x^2 - y^2) + 8y(x^3 - y^3) + 8(x^4 - y^4) + 4z^2(x^2 - z^2) + \end{aligned}$$

$$xz^2(x-z) + 3x(x^3 - z^3) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because x \geq y \geq z \therefore \boxed{p_c \leq \frac{\sqrt{3}}{2} b} \text{ and again,}$$

$$\frac{3}{4} b^2 \stackrel{?}{\leq} g_a^2 \Leftrightarrow \frac{3}{4} (z+x)^2 \stackrel{?}{\leq} x^2 + \frac{4xyz}{y+z}$$

$$\Leftrightarrow x^2y + 10xyz + x^2z \geq 3yz^2 + 6xz^2 + 3z^3$$

$$\Leftrightarrow 6xz(y-z) + 3yz(x-z) + z(xy - z^2) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because x \geq y \geq z$$

via Bogdan Fustei

and

Mohamed Amine Ajiba

$$\therefore \boxed{\frac{\sqrt{3}}{2} b \leq g_a} \text{ and finally, } g_b^2 \stackrel{?}{\leq} p_b^2 \Leftrightarrow$$

$$s(s-b) - \frac{(s-b)(c-a)^2}{b} \stackrel{?}{\leq} s(s-b) + \frac{s(3s+b)(c-a)^2}{(2s+b)^2} \rightarrow \text{evidently true}$$

$$\therefore s > b \therefore \boxed{g_b \leq p_b} \text{ and so, } \frac{\sqrt{3}}{2} a \leq g_b \leq p_b \leq \frac{\sqrt{3}}{2} c; \text{ and } p_c \leq \frac{\sqrt{3}}{2} b \leq g_a$$

$\forall \Delta ABC, "=" \text{ iff } \Delta ABC \text{ is equilateral (QED)}$

4139. In any ΔABC the following relationship holds :

$$2R - r - 2\sqrt{R(R-2r)} \leq \min\{r_a, r_b, r_c\} \leq \min\{h_a, h_b, h_c\}$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

$$r_a + r = \frac{r \cdot p}{p-a} + \frac{r \cdot p}{p} = \frac{r(b+c)}{p-a} \quad (p \rightarrow \text{semi-perimeter})$$

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$$= \frac{4R \sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2} \cdot 4R \cos \frac{A}{2} \cos \frac{B-C}{2}}{4R \cos \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2}} \therefore r_a + r \stackrel{(1)}{=} 4R \sin c \left(c = \cos \frac{B-C}{2}, s = \sin \frac{A}{2} \right)$$

$$\text{and again, } 2R - 2\sqrt{R(R-2r)} \stackrel{(2)}{=} 2R - 2R \cdot \sqrt{1-4sc+4s^2}$$

$$\text{Now, } (1) \text{ and } (2) \Rightarrow r_a \stackrel{?}{\geq} 2R - r - 2\sqrt{R(R-2r)}$$

$$\Leftrightarrow 4Rsc \stackrel{?}{\geq} 2R - 2R \cdot \sqrt{1-4sc+4s^2} \Leftrightarrow \sqrt{1-4sc+4s^2} \stackrel{?}{\leq} 1-2sc \text{ and if}$$

$1-2sc < 0$, then : $(**)$ is trivially true and when : $1-2sc \geq 0$, then :

$$(*) \Leftrightarrow 1-4sc+4s^2 \stackrel{?}{\geq} 4s^2c^2-4sc+1 \Leftrightarrow 4s^2(1-c^2) \stackrel{?}{\geq} 0 \rightarrow \text{true}$$

$$\therefore c^2 = \cos^2 \frac{B-C}{2} \leq 1 \Rightarrow (*) \text{ is true } \forall \Delta ABC$$

$$\therefore r_a \geq 2R - r - 2\sqrt{R(R-2r)} \text{ and similarly } r_b, r_c \geq 2R - r - 2\sqrt{R(R-2r)}$$

$$\text{and so, } \boxed{\min\{r_a, r_b, r_c\} \geq 2R - r - 2\sqrt{R(R-2r)}} \text{ and now,}$$

we seggregate into the following cases :

$$\boxed{\text{Case 1}} \ a \leq b \leq c \text{ and then : } \min\{r_a, r_b, r_c\} \stackrel{?}{\leq} \min\{h_a, h_b, h_c\} \Leftrightarrow r_a \stackrel{?}{\leq} h_c$$

$$\Leftrightarrow b+c-a \stackrel{?}{\geq} c \Leftrightarrow b \stackrel{?}{\geq} a \rightarrow \text{true}$$

$$\boxed{\text{Case 2}} \ a \leq c \leq b \text{ and then : } \min\{r_a, r_b, r_c\} \stackrel{?}{\leq} \min\{h_a, h_b, h_c\} \Leftrightarrow r_a \stackrel{?}{\leq} h_b$$

$$\Leftrightarrow b+c-a \stackrel{?}{\geq} b \Leftrightarrow c \stackrel{?}{\geq} a \rightarrow \text{true}$$

$$\boxed{\text{Case 3}} \ b \leq c \leq a \text{ and then : } \min\{r_a, r_b, r_c\} \stackrel{?}{\leq} \min\{h_a, h_b, h_c\} \Leftrightarrow r_b \stackrel{?}{\leq} h_a$$

$$\Leftrightarrow c+a-b \stackrel{?}{\geq} a \Leftrightarrow c \stackrel{?}{\geq} b \rightarrow \text{true}$$

$$\boxed{\text{Case 4}} \ b \leq a \leq c \text{ and then : } \min\{r_a, r_b, r_c\} \stackrel{?}{\leq} \min\{h_a, h_b, h_c\} \Leftrightarrow r_b \stackrel{?}{\leq} h_c$$

$$\Leftrightarrow c+a-b \stackrel{?}{\geq} c \Leftrightarrow a \stackrel{?}{\geq} b \rightarrow \text{true}$$

$$\boxed{\text{Case 5}} \ c \leq a \leq b \text{ and then : } \min\{r_a, r_b, r_c\} \stackrel{?}{\leq} \min\{h_a, h_b, h_c\} \Leftrightarrow r_c \stackrel{?}{\leq} h_b$$

$$\Leftrightarrow a+b-c \stackrel{?}{\geq} b \Leftrightarrow a \stackrel{?}{\geq} c \rightarrow \text{true}$$

$$\boxed{\text{Case 6}} \ c \leq b \leq a \text{ and then : } \min\{r_a, r_b, r_c\} \stackrel{?}{\leq} \min\{h_a, h_b, h_c\} \Leftrightarrow r_c \stackrel{?}{\leq} h_a$$

$$\Leftrightarrow a+b-c \stackrel{?}{\geq} a \Leftrightarrow b \stackrel{?}{\geq} c \rightarrow \text{true} \therefore \text{combining all cases,}$$

$$\boxed{\min\{r_a, r_b, r_c\} \leq \min\{h_a, h_b, h_c\}} \text{ and so,}$$

$$2R - r - 2\sqrt{R(R-2r)} \leq \min\{r_a, r_b, r_c\} \leq \min\{h_a, h_b, h_c\} \forall \Delta ABC,$$

" = " iff ΔABC is isosceles (QED)

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4140. In any ΔABC the following relationship holds :

$$\max\{n_a, n_b, n_c\} \leq \max\{r_a, r_b, r_c\} \leq 2R - r + 2\sqrt{R(R - 2r)}$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} r_a + r &= \frac{r \cdot p}{p - a} + \frac{r \cdot p}{p} = \frac{r(b + c)}{p - a} \quad (p \rightarrow \text{semi-perimeter}) \\ &= \frac{4R \sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2} \cdot 4R \cos \frac{A}{2} \cos \frac{B - C}{2}}{4R \cos \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2}} \therefore r_a + r \stackrel{(1)}{=} 4Rsc \end{aligned}$$

$$\left(\text{where } c = \cos \frac{B - C}{2}, s = \sin \frac{A}{2} \right) \text{ and again,}$$

$$2R + 2\sqrt{R(R - 2r)} \stackrel{(2)}{=} 2R + 2R \cdot \sqrt{1 - 4sc + 4s^2}$$

$$\text{Now, (1) and (2)} \Rightarrow r_a \stackrel{?}{\leq} 2R - r + 2\sqrt{R(R - 2r)}$$

$$\Leftrightarrow 4Rsc \stackrel{?}{\leq} 2R + 2R \cdot \sqrt{1 - 4sc + 4s^2} \Leftrightarrow 2sc - 1 \stackrel{?}{\leq} \sqrt{1 - 4sc + 4s^2} \text{ and if}$$

$2sc - 1 < 0$, then : (*) is trivially true and when : $2sc - 1 \geq 0$ and then :

$$(*) \Leftrightarrow 4s^2c^2 - 4sc + 1 \stackrel{?}{\leq} 1 - 4sc + 4s^2 \Leftrightarrow 4s^2(c^2 - 1) \leq 0 \rightarrow \text{true}$$

$$\therefore c^2 = \cos^2 \frac{B - C}{2} \leq 1 \Rightarrow (*) \text{ is true } \forall \Delta ABC$$

$$\therefore r_a \leq 2R - r + 2\sqrt{R(R - 2r)} \text{ and similarly}$$

$$r_b, r_c \leq 2R - r + 2\sqrt{R(R - 2r)} \text{ and so,}$$

$$\boxed{\max\{r_a, r_b, r_c\} \leq 2R - r + 2\sqrt{R(R - 2r)}} \text{ and now, } n_a^2 \stackrel{\text{Bogdan Fustei}}{=} s^2 - \frac{r}{R} \cdot s^2 \cdot \sec^2 \frac{A}{2} \therefore \text{if } a \leq b, \text{ then, as } \sec^2 \frac{A}{2} \leq \sec^2 \frac{B}{2}, \text{ hence } n_a^2 \geq n_b^2 \rightarrow (1)$$

and we segregate into the following cases :

$$\boxed{\text{Case 1}} \quad a \leq b \leq c \text{ and then : } \max\{n_a, n_b, n_c\} \stackrel{?}{\leq} \max\{r_a, r_b, r_c\} \stackrel{\text{via (1)}}{\Leftrightarrow} n_a^2 \stackrel{?}{\leq} r_c^2$$

$$\stackrel{\text{Bogdan Fustei}}{\Leftrightarrow} s(s - a) + \frac{s}{a}(b - c)^2 \stackrel{?}{\leq} \frac{s(s - a)(s - b)(s - c)}{(s - c)^2}$$

$$\Leftrightarrow \frac{xy}{z} \stackrel{?}{\geq} x + \frac{(y - z)^2}{y + z} \quad (x = s - a, y = s - b, z = s - c)$$

$$\Leftrightarrow (y - z)(xy + z^2 + z(x - y)) \stackrel{?}{\geq} 0 \rightarrow \text{true} \therefore a \leq b \leq c \Rightarrow x \geq y \geq z$$

$$\boxed{\text{Case 2}} \quad a \leq c \leq b \text{ and then : } \max\{n_a, n_b, n_c\} \stackrel{?}{\leq} \max\{r_a, r_b, r_c\} \stackrel{\text{via (1)}}{\Leftrightarrow} n_a^2 \stackrel{?}{\leq} r_b^2$$

$$\Leftrightarrow (z - y)(xz + y^2 + y(x - z)) \stackrel{?}{\geq} 0 \rightarrow \text{true} \therefore a \leq c \leq b \Rightarrow x \geq z \geq y$$

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$$\boxed{\text{Case 3}} \quad b \leq c \leq a \text{ and then : } \max\{n_a, n_b, n_c\} \stackrel{?}{\leq} \max\{r_a, r_b, r_c\} \stackrel{\text{via } ①}{\Leftrightarrow} n_b^2 \stackrel{?}{\leq} r_a^2 \\ \Leftrightarrow (z-x)(yz+x^2+x(y-z)) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because b \leq c \leq a \Rightarrow y \geq z \geq x$$

$$\boxed{\text{Case 4}} \quad b \leq a \leq c \text{ and then : } \max\{n_a, n_b, n_c\} \stackrel{?}{\leq} \max\{r_a, r_b, r_c\} \stackrel{\text{via } ①}{\Leftrightarrow} n_b^2 \stackrel{?}{\leq} r_c^2 \\ \Leftrightarrow (x-z)(xy+z^2+z(y-x)) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because b \leq a \leq c \Rightarrow y \geq x \geq z$$

$$\boxed{\text{Case 5}} \quad c \leq a \leq b \text{ and then : } \max\{n_a, n_b, n_c\} \stackrel{?}{\leq} \max\{r_a, r_b, r_c\} \stackrel{\text{via } ①}{\Leftrightarrow} n_c^2 \stackrel{?}{\leq} r_b^2 \\ \Leftrightarrow (x-y)(zx+y^2+y(z-x)) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because c \leq a \leq b \Rightarrow z \geq x \geq y$$

$$\boxed{\text{Case 6}} \quad c \leq b \leq a \text{ and then : } \max\{n_a, n_b, n_c\} \stackrel{?}{\leq} \max\{r_a, r_b, r_c\} \stackrel{\text{via } ①}{\Leftrightarrow} n_c^2 \stackrel{?}{\leq} r_a^2 \\ \Leftrightarrow (y-x)(yz+x^2+x(z-y)) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because c \leq b \leq a \Rightarrow z \geq y \geq x$$

$\therefore$ combining all cases, $\boxed{\max\{n_a, n_b, n_c\} \leq \max\{r_a, r_b, r_c\}}$ and so,
 $\max\{n_a, n_b, n_c\} \leq \max\{r_a, r_b, r_c\} \leq 2R - r + 2\sqrt{R(R-2r)} \forall \Delta ABC,$
 $" = "$ iff ΔABC is isosceles (QED)

4141. In ΔABC the following relationship holds:

$$2R - r - 2\sqrt{R(R-2r)} \leq \min\{r_a, r_b, r_c\} \leq \min\{h_a, h_b, h_c\}$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Jenish Rijal-Bardiya-Nepal

W.L.O.G. let's assume that $a \leq b \leq c$. Then we have:

$$\min\{r_a, r_b, r_c\} = r_a \quad \text{and} \quad \min\{h_a, h_b, h_c\} = h_c$$

$$\text{Here, } a \leq b \Leftrightarrow c \leq b + c - a \Leftrightarrow c \leq 2s - 2a \Leftrightarrow \frac{\Delta}{s-a} \leq \frac{2\Delta}{c}$$

$$\Leftrightarrow r_a \leq h_c \therefore \min\{r_a, r_b, r_c\} \leq \min\{h_a, h_b, h_c\}$$

$$\text{Now, } (r_b + r_c) \left(\frac{1}{r_b} + \frac{1}{r_c} \right) \stackrel{AM-HM}{\geq} 4$$

Via identities $\frac{1}{r_a} + \frac{1}{r_b} + \frac{1}{r_c} = \frac{1}{r}$ and $r_a + r_b + r_c = 4R + r$, we substitute:

$$(4R + r - r_a) \left(\frac{1}{r} - \frac{1}{r_a} \right) \geq 4 \Leftrightarrow (4R + r - r_a)(r_a - r) \geq 4rr_a$$

$$\Leftrightarrow r_a^2 - 2(2R - r)r_a + r(4R + r) \leq 0$$

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$$\Leftrightarrow (r_a - 2R + r + 2\sqrt{R(R-2r)})(r_a - 2R + r - 2\sqrt{R(R-2r)}) \leq 0$$

$$\therefore 2R - r - 2\sqrt{R(R-2r)} \leq r_a \leq 2R - r + 2\sqrt{R(R-2r)}$$

Extracting the lower bound gives:

$$2R - r - 2\sqrt{R(R-2r)} \leq r_a = \min\{r_a, r_b, r_c\}$$

$$\text{Therefore, } 2R - r - 2\sqrt{R(R-2r)} \leq \min\{r_a, r_b, r_c\} \leq \min\{h_a, h_b, h_c\}$$

Equality holds if and only if the triangle is equilateral.

4142. In $\triangle ABC$ the following relationship holds:

$$\min\{m_a, m_b, m_c\} \leq \frac{1}{2}\sqrt{s^2 - 4Rr + 17r^2} \leq \sqrt{s^2 - 7Rr - 4r^2} \leq \max\{m_a, m_b, m_c\}$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Jenish Rijal-Bardiya--Nepal

W. L. O. G. let's assume that $a \leq b \leq c$. Then we have: $m_a \geq m_b \geq m_c$

$$\min\{m_a, m_b, m_c\} = m_c \text{ and } \max\{m_a, m_b, m_c\} = m_a$$

Also let $(a, b, c) = (y + z, z + x, x + y)$ which gives $x \geq y \geq z$ with $x, y, z > 0$.

$$\text{Here, } (s^2 - 16Rr + 5r^2) + 8r(R - 2r) \stackrel{\text{Gerretsen+Euler}}{\geq} 0 \Leftrightarrow s^2 - 8Rr - 11r^2 \geq 0$$

$$\Leftrightarrow 4(s^2 - 7Rr - 4r^2) - (s^2 - 4Rr + 17r^2) \geq 0 \Leftrightarrow \frac{1}{4}(s^2 - 4Rr + 17r^2) \leq s^2 - 7Rr - 4r^2$$

$$\therefore \frac{1}{2}\sqrt{s^2 - 4Rr + 17r^2} \leq \sqrt{s^2 - 7Rr - 4r^2}$$

$$\text{i.) Let's prove that: } \min\{m_a, m_b, m_c\} = m_c \leq \frac{1}{2}\sqrt{s^2 - 4Rr + 17r^2}$$

Squaring $m_c \leq \frac{1}{2}\sqrt{s^2 - 4Rr + 17r^2}$ and substituting $m_c^2 = s^2 - r^2 - 4Rr - \frac{3}{4}c^2$ yields:

$$s^2 - 4Rr - 7r^2 \leq c^2 \quad \Leftrightarrow \quad s^2 - 4Rr = \frac{a^2 + b^2 + c^2}{2} + r^2 \quad \Leftrightarrow \quad a^2 + b^2 - c^2 \leq 12r^2$$

$$\Leftrightarrow z(x + y + z)^2 \leq xy(x + y + 7z) \Leftrightarrow (x - z)(y - z)(x + y + 7z) + 4z^2[(x - z) + (y - z)] \geq 0 \text{ which is true because } x \geq z.$$

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ii.) Let's prove that: $\sqrt{s^2 - 7Rr - 4r^2} \leq \max\{m_a, m_b, m_c\} = m_a$

Squaring $\sqrt{s^2 - 7Rr - 4r^2} \leq m_a$ and substituting $m_a^2 = s^2 - r^2 - 4Rr - \frac{3}{4}a^2$ yields:

$$s^2 - 7Rr - 4r^2 \leq s^2 - r^2 - 4Rr - \frac{3}{4}a^2 \Leftrightarrow a^2 \leq 4Rr + 4r^2$$

$$\Leftrightarrow (y+z)^2 \leq \frac{(x+y)(y+z)(z+x) + 4xyz}{x+y+z} \Leftrightarrow x^2 + \frac{4xyz}{y+z} \geq y^2 + yz + z^2. \text{ Also,}$$

$$x^2 + \frac{4xyz}{y+z} \stackrel{x \geq y}{\geq} y^2 + \frac{4y^2z}{y+z}. \text{ Thus it suffices to prove that: } y^2 + \frac{4y^2z}{y+z} \geq y^2 + yz + z^2$$

$$\Leftrightarrow \frac{4y^2z}{y+z} \geq yz + z^2 \Leftrightarrow 4y^2 \geq (y+z)^2 \Leftrightarrow y \geq z \text{ which is true because } y \geq z.$$

$$\min\{m_a, m_b, m_c\} \leq \frac{1}{2}\sqrt{s^2 - 4Rr + 17r^2} \leq \sqrt{s^2 - 7Rr - 4r^2} \leq \max\{m_a, m_b, m_c\}$$

Equality holds if and only if the triangle is equilateral.

4143. In $\triangle ABC$ the following relationship holds:

$$m_a^2 - w_a^2 \leq \sqrt{\frac{2}{27}} |b^2 - c^2|$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Tapas Das-India

$$\begin{aligned} m_a^2 &= s(s-a) + \frac{1}{4}(b-c)^2, w_a^2 = s(s-a) - \frac{s(s-a)}{(b+c)^2}(b-c)^2 \\ m_a^2 - w_a^2 &= \frac{(b-c)^2((b+c)^2 + 4s(s-a))}{4(b+c)^2} = \frac{(b-c)^2(2(b+c)^2 - a^2)}{4(b+c)^2} \\ \text{let } x &= b+c, y = |b-c| \text{ then } |b^2 - c^2| = xy, \quad m_a^2 - w_a^2 = \frac{y^2(2x^2 - a^2)}{4x^2} \\ \text{now, } \frac{m_a^2 - w_a^2}{|b^2 - c^2|} &= \frac{y(2x^2 - a^2)}{4x^3} = \frac{\frac{y}{x}(2 - \frac{a^2}{x^2})}{4} = \frac{t(2 - u^2)}{4} \stackrel{t < u}{\leq} \frac{t(2 - t^2)}{4} \\ \left(t = \frac{y}{x} = \frac{|b-c|}{b+c}, u = \frac{a}{b+c} \text{ and clearly, } 0 < t < u < 1 \text{ as } |b-c| < a \right) \end{aligned}$$

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$$\text{let } f(t) = \frac{t(2-t^2)}{4} \text{ then } f'(t) = \frac{2-3t^2}{4}, f''(t) = -\frac{3t}{2}$$

$$\text{now } f'(t) = 0 \Rightarrow t = \sqrt{\frac{2}{3}} \text{ \& } f''(t) \text{ at } t = \sqrt{\frac{2}{3}} = -\frac{3}{2}\sqrt{\frac{2}{3}} < 0 \text{ so}$$

$$f_{Max} = \frac{\sqrt{\frac{2}{3}}(2-\frac{2}{3})}{4} = \sqrt{\frac{2}{27}}$$

$$\frac{m_a^2 - w_a^2}{|b^2 - c^2|} = \frac{y(2x^2 - a^2)}{4x^3} = \frac{\frac{y}{x}(2 - \frac{a^2}{x^2})}{4} = \frac{t(2-t^2)}{4} \stackrel{t \leq u}{\leq} \frac{t(2-t^2)}{4} = f(t) \leq \sqrt{\frac{2}{27}}$$

$$m_a^2 - w_a^2 \leq \sqrt{\frac{2}{27}}|b^2 - c^2|$$

Equality holds for an equilateral triangle.

4144. In any ΔABC the following relationship holds :

$$\sqrt{w_a n_a} \leq \sqrt{\frac{2R}{r} - 3} \cdot h_a$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

Let $x = s - a, y = s - b, z = s - c$ and then : $a = y + z, b = z + x, c = x + y$ and $s = x + y + z$ and furthermore, we denote : $\frac{y+z}{x} = m$ and $\frac{yz}{x^2} = n$

and then, we have the following set "S" of relations : $y^2 + z^2 = x^2(m^2 - 2n),$

$$y^3 + z^3 = x^3(m^3 - 3nn), y^4 + z^4 = x^4((m^2 - 2n)^2 - 2n^2),$$

$$y^5 + z^5 = x^5 \left(m((m^2 - 2n)^2 + n^2 - nm^2) \right), \text{ and now, } \sqrt{w_a n_a} \stackrel{?}{\leq} \sqrt{\frac{2R}{r} - 3} \cdot h_a$$

$$\stackrel{\text{Bogdan Fustei}}{\Leftrightarrow} \frac{4bc}{(b+c)^2} \cdot s(s-a) \left(s(s-a) + \frac{s}{a} \cdot (b-c)^2 \right) \stackrel{?}{\leq}$$

$$\left(\frac{(y+z)(z+x)(x+y)}{2xyz} - 3 \right)^2 \cdot \frac{16s^2(s-a)^2(s-b)^2(s-c)^2}{a^4}$$

$$\Leftrightarrow ((y+z)(z+x)(x+y) - 6xyz)^2 (2x+y+z)^2 \stackrel{?}{\geq} x(y+z)^3(z+x)(x+y)(x(y+z) + (y-z)^2)$$

$$\Leftrightarrow 4x^6(y+z)^2 + 12x^5(y^3+z^3) - 12x^5 \cdot yz(y+z) + 12x^4(y^4+z^4) - 40x^4 \cdot yz(y^2+z^2) + 40x^4 \cdot y^2z^2 + 4x^3(y^5+z^5) - 20x^3 \cdot yz(y^3+z^3) +$$

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$16x^3 \cdot y^2 z^2 (y + z) + x^2 \cdot yz(y^4 + z^4) - 4x^2 \cdot y^2 z^2 (y^2 + z^2) - 10x^2 \cdot y^3 z^3 +$
 $xyz(y^5 + z^5) + x \cdot y^2 z^2 (y^3 + z^3) - 2x \cdot y^3 z^3 (y + z) + y^2 z^2 (y + z)^4$? 0 & via set of
 relations "S", in order to prove ①, it suffices to prove, following simplification
 :

$$\begin{aligned} & \overbrace{(m^4 - 4m^3 - 8m^2 + 96m + 144)}^{\Omega_1} n^2 + \overbrace{(m^5 + m^4 - 40m^3 - 88m^2 - 48m)}^{\Omega_2} n + \\ & \overbrace{(4m^5 + 12m^4 + 12m^3 + 4m^2)}^{\Omega_3} \end{aligned}$$

? ② 0; We have : $m^4 - 4m^3 - 8m^2 + 96m + 144 =$
 $\frac{(2m-9)^2(2m+5)^2}{16} + \frac{168m^2 + 816m + 339}{16} > 0 \therefore$ ② is trivially true when :
 $m^5 + m^4 - 40m^3 - 88m^2 - 48m \geq 0$ & when : $m^5 + m^4 - 40m^3 - 88m^2 - 48m$
 < 0 , then : $(m-7)(m^3 + 8m^2 + 16m + 24) + 120 < 0$
 $\Rightarrow (m-7)(m^3 + 8m^2 + 16m + 24) < -120 < 0 \Rightarrow m < 7 \rightarrow$ (m) and :
 LHS of ② is a quadratic polynomial in "n" with discriminant,
δ = $\Omega_2^2 - 4\Omega_1\Omega_3 = m^4(m+1)^2(m^4 - 16m^3 - 32m^2 + 96m + 192) \therefore$ if $\delta \leq 0$,
 then : ② is trivially true and when : $\delta > 0$, then :
 $m^4 - 16m^3 - 32m^2 + 96m + 192 > 0 \Rightarrow$
 $(m^3 - 13m^2 - 71m - 117)(m-3) - 159 > 0 \Rightarrow$
 $(m^3 - 13m^2 - 71m - 117)(m-3) > 159 > 0$ and $\therefore m^3 - 13m^2 - 71m - 117 =$
 $m^2(m-7) - 6m^2 - 71m - 117 \stackrel{\text{via (m)}}{<} 0 \therefore m < 3 \rightarrow$ (n)
 Now, since $n \stackrel{\text{AM-GM}}{\leq} \frac{m^2}{4} \therefore$ in order to prove ②, it suffices to prove :

$$\begin{aligned} & \Omega_1 \cdot \frac{m^2}{2} \stackrel{?}{\leq} -\Omega_2 - \sqrt{\delta} \Leftrightarrow -2\Omega_2 - \Omega_1 m^2 \stackrel{?}{\geq} 2\sqrt{\delta} \\ & \Leftrightarrow m(-m^5 + 2m^4 + 6m^3 - 16m^2 + 32m + 96) \end{aligned}$$

? ③ $2\sqrt{\delta}$
 We have : $m^5 - 2m^4 - 6m^3 + 16m^2 - 32m - 96 =$
 $m^4(m-3) + m^3(m-3-3) + 16m(m-3) + 16(m-3-3) \stackrel{\text{via (n)}}{<} 0$
 $\Rightarrow m(-m^5 + 2m^4 + 6m^3 - 16m^2 + 32m + 96) > 0$ and so,
 in order to prove ③, it suffices to prove :
 $m^2(-m^5 + 2m^4 + 6m^3 - 16m^2 + 32m + 96)^2 \stackrel{?}{\geq}$
 $4m^4(m+1)^2(m^4 - 16m^3 - 32m^2 + 96m + 192) \Leftrightarrow$
 $m^2(m+2)^2(m-2)^2 \left((2m+5)^2 \left(\frac{(4m^2 - 18m)^2 + 232m^2 - 600m + 1317}{64} \right) + \right.$
 $\left. \frac{13236m + 3939}{64} \right)$

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$\geq 0 \rightarrow \text{true} \because m > 0$ and $\therefore$ discriminant of $232m^2 - 600m + 1317 < 0$

$$\Rightarrow \textcircled{3} \Rightarrow \textcircled{2} \Rightarrow \textcircled{1} \text{ is true } \therefore \sqrt{w_a n_a} \leq \sqrt{\frac{2R}{r} - 3} \cdot h_a \quad \forall \Delta ABC,$$

" = " iff ΔABC is equilateral (QED)

4145. In any ΔABC the following relationship holds :

$$\sqrt{g_a n_a} \leq \sqrt{\frac{7R}{6r} - \frac{4}{3}} \cdot h_a$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

Let $x = s - a, y = s - b, z = s - c$ and then : $a = y + z, b = z + x,$
 $c = x + y$ and $s = x + y + z$ and furthermore, we denote : $\frac{y+z}{x} = m$ and $\frac{yz}{x^2} = n$
 and then, we have the following set "S" of relations : $y^2 + z^2 = x^2(m^2 - 2n),$
 $y^3 + z^3 = x^3(m^3 - 3nn), y^4 + z^4 = x^4((m^2 - 2n)^2 - 2n^2),$
 $y^5 + z^5 = x^5(m((m^2 - 2n)^2 + n^2 - nm^2)),$ and now, $\sqrt{g_a n_a} \stackrel{?}{\leq} \sqrt{\frac{7R}{6r} - \frac{4}{3}} \cdot h_a$

Bogdan Fustei

$$\Leftrightarrow s^2(s-a)^2 + \frac{4s(s-a)(s-b)(s-c)(b-c)^2}{a^2} \stackrel{?}{\leq}$$

$$\left(\frac{7}{6} \cdot \frac{(y+z)(z+x)(x+y)}{4xyz} - \frac{4}{3}\right)^2 \cdot \frac{16s^2(s-a)^2(s-b)^2(s-c)^2}{a^4} \Leftrightarrow$$

$$\frac{(y+z)^2 \cdot x(x+y+z) + 4yz(y-z)^2}{(y+z)^2} \stackrel{?}{\leq} \frac{(7(y+z)(z+x)(x+y) - 32xyz)^2}{36x^2y^2z^2} \cdot \frac{x(x+y+z) \cdot y^2z^2}{(y+z)^4}$$

$$\Leftrightarrow 49x^5(y+z)^2 + 147x^4(y^3+z^3) - 7x^4yz(y+z) + 111x^3(y^4+z^4) -$$

$$354x^3 \cdot yz(y^2+z^2) + 94x^3 \cdot y^2z^2 + 13x^2(y^5+z^5) - 187x^2 \cdot yz(y^3+z^3) -$$

$$50x^2 \cdot y^2z^2(y+z) - 46x \cdot yz(y^4+z^4) - 7x \cdot y^2z^2(y^2+z^2) + 78x \cdot y^3z^3 +$$

$$49y^2z^2(y^3+z^3) \stackrel{?}{\geq} 0 \text{ and via set of relations "S",}$$

in order to prove $\textcircled{1}$, it suffices to prove, following simplification :

$$\overbrace{(49m^3 + 177m^2 + 576m + 1024)}^{\Omega_1} n^2 - \overbrace{(46m^4 + 252m^3 + 798m^2 + 448m)}^{\Omega_2} n +$$

$$\overbrace{(13m^5 + 111m^4 + 147m^3 + 49m^2)}^{\Omega_3} \stackrel{?}{\geq} 0$$

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Now, LHS of ② is a quadratic polynomial in "n" with discriminant,
 $\delta = \Omega_2^2 - 4\Omega_1\Omega_3 = 432m^4(-m^4 - 18m^3 - m^2 + 48m + 80)$ and when :

$\delta \leq 0$, then : ② is trivially true and when : $\delta > 0$,

then : $m^4 + 18m^3 + m^2 - 48m - 80 < 0$

$$\Rightarrow \frac{(729m^3 + 14661m^2 + 31680m + 31888)(9m - 19)}{6561} < -\frac{80992}{6561} < 0$$

$$\Rightarrow m < \frac{19}{9} \rightarrow (m)$$

Now, since $n \stackrel{\text{AM-GM}}{\leq} \frac{m^2}{4} \therefore$ in order to prove ②, it suffices to prove :

$$\Omega_1 \cdot \frac{m^2}{2} \stackrel{?}{\leq} \Omega_2 - \sqrt{\delta} \Leftrightarrow 2\Omega_2 - \Omega_1 m^2 \stackrel{?}{\geq} 2\sqrt{\delta}$$

$$\Leftrightarrow m(-49m^4 - 85m^3 - 72m^2 + 572m + 896) \stackrel{?}{\geq} 2\sqrt{\delta} \quad \text{③}$$

$$\begin{aligned} \text{Now, } 49m^4 + 85m^3 + 72m^2 - 572m - 896 &= \\ 49(729m^3 + 2754m^2 + 6984m + 5948)(9m - 19) &+ \\ \frac{6561}{(2430m^2 + 288m + 44)(9m - 19)} - 51 - \frac{5621}{6561} &\stackrel{\text{via (m)}}{<} 0 \\ \Rightarrow m(-49m^4 - 85m^3 - 72m^2 + 572m + 896) &> 0 \text{ and so,} \\ \text{in order to prove ③, it suffices to prove :} \end{aligned}$$

$$\begin{aligned} m^2(-49m^4 - 85m^3 - 72m^2 + 572m + 896)^2 &\stackrel{?}{\geq} \\ 1728m^4(-m^4 - 18m^3 - m^2 + 48m + 80) &\Leftrightarrow \\ 7m^2(m+1)(m-2)^2 \left(343m^5 + 2219m^4 + 8944m^3 + 23644m^2 + \right. & \\ \left. 36608m + 28672 \right) &\stackrel{?}{\geq} 0 \end{aligned}$$

$$\rightarrow \text{true} \because m > 0 \Rightarrow \text{③} \Rightarrow \text{②} \Rightarrow \text{① is true} \therefore \sqrt{g_a n_a} \leq \sqrt{\frac{7R}{6r} - \frac{4}{3}} \cdot h_a \forall \Delta ABC,$$

" = " iff ΔABC is equilateral (QED)

4146. In any ΔABC following relationship holds :

$$|m_b - m_c| \leq \sqrt{\frac{1}{2}(s^2 + 2Rr - 31r^2)}$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

Let $x = s - a, y = s - b, z = s - c$ and then : $a = y + z, b = z + x,$

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$c = x + y$ and $s = x + y + z$ and furthermore, we denote : $\frac{y+z}{x} = m$ and $\frac{yz}{x^2} = n$

and then, we have the following set "S" of relations : $y^2 + z^2 = x^2(m^2 - 2n)$,
 $y^3 + z^3 = x^3(m^3 - 3nn)$, $y^4 + z^4 = x^4((m^2 - 2n)^2 - 2n^2)$, $y^5 + z^5 =$
 $x^5(m((m^2 - 2n)^2 + n^2 - nm^2))$, $y^6 + z^6 = x^6((m^3 - 3nn)^2 - 2n^3)$, and now,

$$|m_b - m_c| \leq \sqrt{\frac{1}{2}(s^2 + 2Rr - 31r^2)} \Leftrightarrow m_b^2 + m_c^2 - \frac{s^2 + 2Rr - 31r^2}{2} \stackrel{?}{\leq} 2m_b m_c$$

and it's trivially true when : $m_b^2 + m_c^2 - \frac{s^2 + 2Rr - 31r^2}{2} \leq 0$ and now

we focus on $m_b^2 + m_c^2 - \frac{s^2 + 21Rr - 31r^2}{2} > 0$ and then, it suffices to prove :

$$4m_b^2 m_c^2 \stackrel{?}{\geq} \left(m_b^2 + m_c^2 - \frac{s^2 + 2Rr - 31r^2}{2} \right)^2$$

$$\Leftrightarrow \frac{1}{4} \left(\sum_{cyc} x \right)^2 \cdot \left(4y \left(\sum_{cyc} x \right) + (z-x)^2 \right) \left(4z \left(\sum_{cyc} x \right) + (x-y)^2 \right) \stackrel{?}{\geq}$$

$$\frac{1}{16} \left(\left(\sum_{cyc} x \right) \left(4(y+z) \left(\sum_{cyc} x \right) + (z-x)^2 + (x-y)^2 \right) - \right.$$

$$\left. 2 \left(\sum_{cyc} x \right)^2 - \prod_{cyc} (y+z) + 62xyz \right)$$

$$\Leftrightarrow 4x^6 + 16x^5(y+z) - x^4(y^2+z^2) + 134x^4yz - 32x^3(y^3+z^3) +$$

$$672x^3.yz(y+z) - 10x^2(y^4+z^4) + 366x^2.yz(y^2+z^2) - 2844x^2y^2z^2 +$$

$$16x(y^5+z^5) - 112x.yz(y^3+z^3) - 48x.y^2z^2(y+z) + 7(y^6+z^6) +$$

$$76yz(y^4+z^4) + 236y^2z^2(y^2+z^2) + 334y^3z^3 \stackrel{?}{\geq} 0 \text{ and via set of relations "S",}$$

in order to prove ①, it suffices to prove, following simplification :

$$\overbrace{(5m-58)(m-62)}^{\Omega_1} n^2 - \overbrace{(34m^4-192m^3+406m^2+768m+136)}^{\Omega_2} n -$$

$$\overbrace{(m-1)^2(7m^4+30m^3+43m^2+24m+4)}^{\Omega_3} \stackrel{?}{\geq} 0$$

$$\text{Now, } \Omega_2 = 34m^4 - 192m^3 + 406m^2 + 768m + 136 =$$

$$\frac{(1088m^2 - 7504m + 12939)(4m^2 + 5m) + 37732m^2 + 33609m + 17408}{128} > 0$$

($\because$ discriminant of $(1088m^2 - 7504m + 12939) = -512 < 0$) $\therefore$ if $\frac{58}{5} \leq m \leq 62$,

then : ② is trivially true and so, we now consider the cases when :

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$m \in \left(0, \frac{58}{5}\right)$ or $m \in (62, \infty)$ and now, LHS of ② is a quadratic polynomial in "n" with

$$\text{discriminant, } \delta = \Omega_2^2 + 4\Omega_1\Omega_3 \\ = 144(m+1)^2 \left(\frac{((3m^2 - 31)^2 + 26m^3 + 39m^2 + 656m + 480)(m-1)^2 +}{2256m + 48} \right) > 0,$$

hence, since $n \stackrel{\text{AM-GM}}{\leq} \frac{m^2}{4} \therefore$ in order to prove ②, it suffices to prove :

$$\Omega_1 \cdot \frac{m^2}{2} \stackrel{?}{\leq} \Omega_2 + \sqrt{\delta} \Leftrightarrow \Omega_1 \cdot m^2 - 2\Omega_2 \stackrel{?}{\leq} 2\sqrt{\delta} \text{ AND } \Omega_1 \cdot 2n \stackrel{?}{\leq} \Omega_2 - \sqrt{\delta}$$

We note that (m) is trivially true if : $\Omega_1 \cdot m^2 - 2\Omega_2 \leq 0$ and so, we now focus on the case when : $\Omega_1 \cdot m^2 - 2\Omega_2 > 0$ and then :

$$63m^4 - 16m^3 - 2784m^2 + 1536m + 272 < 0 \\ \Rightarrow (m-7)(63m^3 + 425m^2 + 191m + 2873) + 20383 < 0 \\ \Rightarrow (m-7)(63m^3 + 425m^2 + 191m + 2873) < -20383 < 0 \Rightarrow \boxed{m < 7} \rightarrow \text{(i)} \\ \text{and now, } \Omega_1 \cdot m^2 - 2\Omega_2 > 0 \Rightarrow \text{in order to prove (m), it suffices to prove :}$$

$$\left(-(63m^4 - 16m^3 - 2784m^2 + 1536m + 272) \right)^2 \stackrel{?}{\leq} \\ 576(m+1)^2 \left(\frac{((3m^2 - 31)^2 + 26m^3 + 39m^2 + 656m + 480)(m-1)^2 + 2256m + 48}{656m + 480} \right) \\ \Leftrightarrow (m-2)^2((m-7) - 55) \left(\frac{1215m^4(m-7) - 1449m^4 - 46984m^3 -}{11664m^2 - 4560m - 928} \right) \stackrel{?}{\geq} 0 \\ \rightarrow \text{true via (i)} \Rightarrow \boxed{\text{(m) is true}}; \text{Again, } \Omega_1 \cdot 2n + \sqrt{\delta} > \sqrt{\delta} (\because > 0) = \sqrt{\Omega_2^2 + 4\Omega_1\Omega_3} \\ > \sqrt{\Omega_2^2} (\because \Omega_3 > 0) = \Omega_2 (\because \Omega_2 > 0, \text{ deduced earlier}) \Rightarrow \boxed{\text{(n) is true}} \therefore \text{both}$$

$$\text{(m) and (n) are true} \Rightarrow \text{②} \Rightarrow \text{① is true} \therefore |m_b - m_c| \leq \sqrt{\frac{1}{2}(s^2 + 2Rr - 31r^2)}$$

$\forall \Delta ABC, " = " \text{ iff } \Delta ABC \text{ is equilateral (QED)}$

4147. In ΔABC the following relationship holds:

$$\left(\sum_{cyc} \cos(A) \right) \left(\sum_{cyc} \sec^2(A) \right) \leq \frac{3R}{r}$$

Proposed by Kostantinos Geronikolas-Greece

Solution by Mirsadix Muzefferov-Azerbaijan

$$\left(\sum_{cyc} \cos(A) \right) \left(\sum_{cyc} \sec^2(A) \right) = \left(\sum_{cyc} \cos(A) \right) \left(\sum_{cyc} \frac{1}{\cos^2\left(\frac{A}{2}\right)} \right) =$$

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$$= \left(1 + \frac{r}{R}\right) \left(1 + \frac{(4R+r)^2}{p^2}\right) \leq \left(1 + \frac{r}{R}\right) \left(1 + \frac{(4R+r)^2}{\frac{27Rr}{2}}\right) =$$

$$= \left(1 + \frac{r}{R}\right) \left(1 + \frac{32R^2 + 16Rr + 2r^2}{27Rr}\right) = \left(1 + \frac{r}{R}\right) \left(\frac{32\left(\frac{R}{r}\right)^2 + 43\left(\frac{R}{r}\right) + 2}{27 \cdot \left(\frac{R}{r}\right)}\right)$$

Let $\frac{R}{r} = x \geq 2$ Then let's prove it

$$\left(1 + \frac{1}{x}\right) \left(\frac{32x^2 + 43x + 2}{27x}\right) \leq 3x$$

$$\frac{x+1}{x} \cdot \frac{32x^2 + 43x + 2}{27x} \leq 3x$$

$$49x^3 - 75x^2 - 45x - 2 \geq 0$$

$$(x-2)(49x^2 + 23x + 1) \geq 0$$

$$x-2 \geq 0 \rightarrow x \geq 2 \text{ (Euler) (Proved)}$$

Equality holds for : $a = b = c$

4148. In $\triangle ABC$ the following relationship holds:

$$\sum_{cyc} \sqrt{\frac{m_a}{h_a}} \cdot \sqrt{r_a} \leq 3 \sqrt{\frac{R}{2r} \left(\frac{R^2 - Rr + r^2}{r} \right)}$$

Proposed by Kostantinos Geronikolas-Greece

Solution by Mirsadix Muzefferov-Azerbaijan

$$\sum_{cyc} \sqrt{\frac{m_a}{h_a}} \cdot \sqrt{r_a} \stackrel{CSB}{\lesssim} \sqrt{\sum_{cyc} \frac{m_a}{h_a}} \cdot \sqrt{\sum_{cyc} r_a} \stackrel{Panaitopol}{\lesssim} \sqrt{3 \frac{R}{2r} \cdot \sqrt{(4R+r)}} =$$

$$= 3 \sqrt{\frac{R}{2r} \cdot \frac{4R+r}{3}} \leq 3 \sqrt{\frac{R}{2r} \left(\frac{R^2 - Rr + r^2}{r} \right)}$$

$$\text{Let's prove that : } \frac{4R+r}{3} \leq \frac{R^2 - Rr + r^2}{r}$$

$$3R^2 - 7Rr + 2r^2 \geq 0$$

$$(R-2r)(3R-r) \geq 0 \rightarrow R \geq 2r \text{ (Euler)}$$

Equality holds for : $a = b = c$

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4149. In $\triangle ABC$ the following relationship holds:

$$108r^3 \leq \sum_{cyc} a^2 h_a \leq 27R^2 r$$

Proposed by Marin Chirciu-Romania

Solution by Mirsadix Muzefferov-Azerbaijan

$$\therefore \sum_{cyc} a^2 h_a = \sum_{cyc} a^2 \cdot \frac{2F}{a} = 2F \sum_{cyc} a = 4pF = 4p^2 r \stackrel{\text{Mitrinovici}}{\leq} 27R^2 r$$

$$\therefore \sum_{cyc} a^2 h_a = 4p^2 r \stackrel{\text{Mitrinovici}}{\leq} 4r \cdot 27r^2 = 108r^3$$

Equality holds for : $a = b = c$

4150. In $\triangle ABC$ the following relationship holds:

$$\frac{3}{4r} \leq \sum_{cyc} \frac{r_a}{bc} \leq \frac{1}{r} - \frac{1}{2R}$$

Proposed by Marin Chirciu-Romania

Solution by Mirsadix Muzefferov-Azerbaijan

$$\begin{aligned} \frac{r_a}{bc} &= \frac{p \cdot \tan\left(\frac{A}{2}\right)}{\frac{2F}{\sin(A)}} = \frac{p \cdot \tan\left(\frac{A}{2}\right) \cdot \sin(A)}{2pr} = \frac{\sin\left(\frac{A}{2}\right) \cdot \sin(A)}{2r \cdot \cos\left(\frac{A}{2}\right)} = \\ &= \frac{2\sin^2\left(\frac{A}{2}\right) \cdot \cos\left(\frac{A}{2}\right)}{2r \cdot \cos\left(\frac{A}{2}\right)} = \frac{\sin^2\left(\frac{A}{2}\right)}{r} \end{aligned}$$

$$\sum_{cyc} \frac{\sin^2\left(\frac{A}{2}\right)}{r} = \frac{1}{r} \left(\sum_{cyc} \sin^2\left(\frac{A}{2}\right) \right) = \frac{1}{r} \left(1 - \frac{r}{2R} \right) = \frac{1}{r} - \frac{r}{2R} \quad (RHS)$$

$$\sum_{cyc} \frac{\sin^2\left(\frac{A}{2}\right)}{r} = \frac{1}{r} \left(1 - \frac{r}{2R} \right) \geq \frac{1}{r} \left(1 - \frac{1}{4} \right) = \frac{3}{4r} \quad (LHS)$$

Equality holds for : $a = b = c$

4151. In $\triangle ABC$ the following relationship holds:

$$\sum_{cyc} \frac{h_b h_c}{bc} \leq \sum_{cyc} \frac{r_b r_c}{bc}$$

Proposed by Marin Chirciu-Romania

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Solution by Mirsadix Muzefferov-Azerbaijan

$$\begin{aligned}
 RHS &= \sum_{cyc} \frac{r_b r_a}{bc} = 4F^2 \sum_{cyc} \frac{1}{bc(p-b)(p-c)} \\
 LHS &= \sum_{cyc} \frac{h_b h_c}{bc} = 4F^2 \sum_{cyc} \frac{1}{(bc)^2} \\
 \text{Let's prove that } RHS - LHS &\geq 0 \\
 4F^2 \left(\sum_{cyc} \frac{1}{bc(p-b)(p-c)} - \frac{1}{(bc)^2} \right) &= \\
 = 4F^2 \left(\sum_{cyc} \frac{bc - (p-b)(p-c)}{b^2 c^2 (p-b)(p-c)} \right) &= 4F^2 \sum_{cyc} \frac{bc - p^2 + pb + pc - bc}{b^2 c^2 (p-b)(p-c)} = \\
 = 4F^2 \sum_{cyc} \frac{p(b+c) - p^2}{b^2 c^2 (p-b)(p-c)} &= 4F^2 \sum_{cyc} \frac{p(2p-a) - p^2}{b^2 c^2 (p-b)(p-c)} = \\
 = 4F^2 \sum_{cyc} \frac{p(p-a)}{b^2 c^2 (p-b)(p-c)} &\geq 0 \\
 \text{Equality holds for : } a = b = c
 \end{aligned}$$

4152. In $\triangle ABC$ the following relationship holds:

$$\sum_{cyc} h_a^2 \cdot \left(\frac{1}{h_b^3} + \frac{1}{h_c^3} \right) \geq \frac{2}{r}$$

Proposed by Marin Chirciu-Romania

Solution by Mirsadix Muzefferov-Azerbaijan

$$\begin{aligned}
 \sum_{cyc} h_a^2 \cdot \left(\frac{1}{h_b^3} + \frac{1}{h_c^3} \right) &= \sum_{cyc} \left(\frac{h_a^2}{h_b^3} + \frac{h_a^2}{h_c^3} \right) = \sum_{cyc} \left(\frac{\frac{4F^2}{a^2}}{\frac{8F^3}{b^3}} + \frac{\frac{4F^2}{a^2}}{\frac{8F^3}{c^3}} \right) = \\
 = \frac{1}{2F} \sum_{cyc} \left(\frac{b^3}{a^2} + \frac{c^3}{a^2} \right) &\stackrel{\text{Radon}}{\geq} \frac{1}{2F} \cdot \frac{(2(a+b+c))^3}{(2(a+b+c))^2} = \frac{1}{2F} \cdot 2(a+b+c) = \\
 &= \frac{a+b+c}{F} = \frac{2p}{pr} = \frac{2}{r}
 \end{aligned}$$

Equality holds for : $a = b = c$

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4153. In $\triangle ABC$ the following relationship holds:

$$\frac{9r}{2R} \leq \sum_{cyc} \frac{h_b \cdot h_c}{bc} \leq \frac{9}{4}$$

Proposed by Marin Chirciu-Romania

Solution by Mirsadix Muzefferov-Azerbaijan

$$\begin{aligned} \sum_{cyc} \frac{h_b \cdot h_c}{bc} &= \sum_{cyc} \frac{4F^2}{bc} = 4F^2 \sum_{cyc} \left(\frac{1}{bc}\right)^2 \stackrel{Bergstrom}{\geq} \\ &\geq 4F^2 \cdot \frac{\left(\sum_{cyc} \frac{1}{bc}\right)^2}{3} = 4F^2 \cdot \frac{\left(\frac{a+b+c}{abc}\right)^2}{3} = 4F^2 \cdot \frac{4p^2}{3(abc)^2} = \\ &= \frac{16p^2 F^2}{3 \cdot 16F^2 R^2} = \frac{p^2}{3R^2} \stackrel{Mitrinovici}{\geq} \frac{27Rr}{2 \cdot 3R^2} = \frac{9r}{2R} \text{ (LHS)} \\ \sum_{cyc} \frac{h_b \cdot h_c}{bc} &= 4F^2 \sum_{cyc} \left(\frac{1}{bc}\right)^2 = 4F^2 \cdot \frac{a^2 + b^2 + c^2}{a^2 \cdot b^2 \cdot c^2} \stackrel{Leibniz}{\leq} 4F^2 \cdot \frac{9R^2}{16F^2 R^2} = \frac{9}{4} \text{ (RHS)} \\ &\text{Equality holds for : } a = b = c \end{aligned}$$

4154. In $\triangle ABC$ the following relationship holds:

$$27r \leq \sum_{cyc} r_a \cdot \operatorname{ctg}^2\left(\frac{A}{2}\right) \leq \frac{27R^2}{4r}$$

Proposed by Marin Chirciu-Romania

Solution by Mirsadix Muzefferov-Azerbaijan

$$\begin{aligned} \sum_{cyc} r_a \cdot \operatorname{ctg}^2\left(\frac{A}{2}\right) &= \sum_{cyc} r_a \cdot \left(\frac{p}{r_a}\right)^2 = p^2 \sum_{cyc} \frac{1}{r_a} = \frac{p^2}{r} \stackrel{Mitrinovici}{\geq} \frac{27R^2}{4r} \text{ (RHS)} \\ \sum_{cyc} r_a \cdot \operatorname{ctg}^2\left(\frac{A}{2}\right) &= \frac{p^2}{r} \stackrel{Mitrinovici}{\leq} \frac{27r^2}{r} = 27r \text{ (LHS)} \\ &\text{Equality holds for : } a = b = c \end{aligned}$$

4155. In $\triangle ABC$ the following relationship holds:

$$\sum_{cyc} \frac{h_a}{bc} \leq \sum_{cyc} \frac{r_a}{bc}$$

Proposed by Marin Chirciu-Romania

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Solution by Mirsadix Muzefferov-Azerbaijan

$$\begin{aligned}
 LHS &= \sum_{cyc} \frac{h_a}{bc} = \sum_{cyc} \frac{\frac{2F}{a}}{bc} = \sum_{cyc} \frac{2F}{abc} = \frac{6F}{abc} = \frac{6F}{4RF} = \frac{3}{2R} \\
 RHS &= \frac{r_a}{bc} + \frac{r_b}{ac} + \frac{r_c}{ba} \stackrel{AM-GM}{\geq} 3 \sqrt[3]{\frac{r_a r_b r_c}{(abc)^2}} = 3 \sqrt[3]{\frac{p^2 r}{16F^2 R^2}} = \\
 &= 3 \sqrt[3]{\frac{p^2 r}{16p^2 R^2 r^2}} = 3 \sqrt[3]{\frac{1}{16rR^2}} \stackrel{Euler}{\geq} 3 \sqrt[3]{\frac{1}{8R^3}} = \frac{3}{2R} = LHS \\
 \text{So, } &RHS \geq LHS \text{ (Proved)} \\
 \text{Equality holds if: } &a = b = c
 \end{aligned}$$

4156. In $\triangle ABC$ the following relationship holds:

$$\sum_{cyc} \frac{\tan^2\left(\frac{A}{2}\right)}{h_a} \geq \sum_{cyc} \frac{\tan^2\left(\frac{A}{2}\right)}{r_a}$$

Proposed by Marin Chirciu-Romania

Solution by Mirsadix Muzefferov-Azerbaijan

$$\begin{aligned}
 &\text{In } \triangle ABC \text{ wlog } a \leq b \leq c; h_a \geq h_b \geq h_c; r_a \leq r_b \leq r_c \\
 &\tan\left(\frac{A}{2}\right) \leq \tan\left(\frac{B}{2}\right) \leq \tan\left(\frac{C}{2}\right); \frac{1}{h_a} \leq \frac{1}{h_b} \leq \frac{1}{h_c}; \frac{1}{r_a} \geq \frac{1}{r_b} \geq \frac{1}{r_c} \\
 &\sum_{cyc} \frac{\tan^2\left(\frac{A}{2}\right)}{h_a} \stackrel{Chebyshev}{\geq} \frac{1}{3} \sum_{cyc} \frac{1}{h_a} \cdot \sum_{cyc} \tan^2\left(\frac{A}{2}\right) = \frac{1}{3r} \sum_{cyc} \tan^2\left(\frac{A}{2}\right) \quad (1) \\
 &\sum_{cyc} \frac{\tan^2\left(\frac{A}{2}\right)}{r_a} \stackrel{Chebyshev}{\geq} \frac{1}{3} \sum_{cyc} \frac{1}{r_a} \cdot \sum_{cyc} \tan^2\left(\frac{A}{2}\right) = \frac{1}{3r} \sum_{cyc} \tan^2\left(\frac{A}{2}\right) \quad (2) \\
 &\text{From (1) and (2) we obtain..} \\
 &LHS \geq \frac{1}{3r} \sum_{cyc} \tan^2\left(\frac{A}{2}\right) \geq RHS \text{ (Proved)} \\
 &\text{Equality holds iff: } a = b = c
 \end{aligned}$$

4157. In any $\triangle ABC$ the following relationship holds :

$$\sum_{\text{cyc}} \frac{a^2 + b^2}{\sqrt{r_c}} \leq 2 \sum_{\text{cyc}} \frac{a^2}{\sqrt{h_a}}$$

Proposed by Nguyen Hung Cuong-Vietnam

Solution 1 by Soumava Chakraborty-Kolkata-India

Let $\sqrt{s-a} = x, \sqrt{s-b} = y, \sqrt{s-c} = z$ ($\because (s-a), (s-b), (s-c) > 0$)

and then : $s-a = x^2, s-b = y^2, s-c = z^2 \Rightarrow 3s-2s = \sum_{\text{cyc}} x^2$ and so,

$$a = y^2 + z^2, b = z^2 + x^2, c = x^2 + y^2 \therefore \sum_{\text{cyc}} \frac{b^2 + c^2}{\sqrt{r_a}} \stackrel{?}{\leq} 2 \sum_{\text{cyc}} \frac{a^2}{\sqrt{h_a}} \Leftrightarrow$$

$$\sum_{\text{cyc}} \frac{x((z^2 + x^2)^2 + (x^2 + y^2)^2)}{\sqrt{rs}} \stackrel{?}{\leq} \sum_{\text{cyc}} \frac{(y^2 + z^2)^2 \cdot \sqrt{2(y^2 + z^2)}}{\sqrt{rs}}$$

$$\Leftrightarrow \sum_{\text{cyc}} \left((y^2 + z^2)^2 \cdot \sqrt{2(y^2 + z^2)} \right) \boxed{? \nabla (*)} \sum_{\text{cyc}} \left(x((z^2 + x^2)^2 + (x^2 + y^2)^2) \right)$$

$$\text{Now, } \sum_{\text{cyc}} \left((y^2 + z^2)^2 \cdot \sqrt{2(y^2 + z^2)} \right) \geq \sum_{\text{cyc}} \left((y^2 + z^2)^2 (y + z) \right)$$

$$= (y^2 + z^2)^2 (y + z) + (z^2 + x^2)^2 (z + x) + (x^2 + y^2)^2 (x + y)$$

$$= x((z^2 + x^2)^2 + (x^2 + y^2)^2) + y((x^2 + y^2)^2 + (y^2 + z^2)^2) +$$

$$z((y^2 + z^2)^2 + (z^2 + x^2)^2) = \sum_{\text{cyc}} \left(x((z^2 + x^2)^2 + (x^2 + y^2)^2) \right) \Rightarrow (*) \text{ is true}$$

$$\text{and so, } \sum_{\text{cyc}} \frac{a^2 + b^2}{\sqrt{r_c}} \leq 2 \sum_{\text{cyc}} \frac{a^2}{\sqrt{h_a}} \forall \triangle ABC, " = " \text{ iff } \triangle ABC \text{ is equilateral (QED)}$$

Solution 2 by Jenish Rijal-Nepal

$$\text{Here, we know: } \frac{1}{\sqrt{h_a}} = \sqrt{\frac{1}{2} \left(\frac{1}{r_b} + \frac{1}{r_c} \right)} \stackrel{\text{Power Mean}}{\geq} \frac{1}{2} \left(\frac{1}{\sqrt{r_b}} + \frac{1}{\sqrt{r_c}} \right) \Leftrightarrow \frac{1}{\sqrt{r_b}} + \frac{1}{\sqrt{r_c}} \leq \frac{2}{\sqrt{h_a}}$$

$$\text{Now, we have: } \sum_{\text{cyc}} \frac{a^2 + b^2}{\sqrt{r_c}} = \sum_{\text{cyc}} a^2 \left(\frac{1}{\sqrt{r_b}} + \frac{1}{\sqrt{r_c}} \right) \leq \sum_{\text{cyc}} a^2 \left(\frac{2}{\sqrt{h_a}} \right) = 2 \sum_{\text{cyc}} \frac{a^2}{\sqrt{h_a}}$$

Equality holds if and only if the triangle is equilateral.

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4158. In acute $\triangle ABC$ the following relationship holds:

$$\frac{HA}{a} + \frac{HB}{b} + \frac{HC}{c} \geq \sqrt{3}$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned} \frac{HA}{a} + \frac{HB}{b} + \frac{HC}{c} &= \sum_{cyc} \frac{HA}{a} = \sum_{cyc} \frac{2R \cos A}{2R \sin A} = \sum_{cyc} \frac{b^2 + c^2 - a^2}{2bc \sin A} = \sum_{cyc} \frac{b^2 + c^2 - a^2}{4F} = \\ &= \frac{1}{4F} \left(\sum_{cyc} b^2 + \sum_{cyc} c^2 - \sum_{cyc} a^2 \right) = \frac{1}{4F} \sum_{cyc} a^2 = \\ &= \frac{1}{4F} (a^2 + b^2 + c^2) \stackrel{IONESCU-WEITZENBOCK}{\geq} \frac{1}{4F} \cdot 4\sqrt{3}F = \sqrt{3} \end{aligned}$$

Equality holds for $a = b = c$.

4159. In acute $\triangle ABC$ the following relationship holds:

$$\frac{a}{HA \sin A} + \frac{b}{HB \sin B} + \frac{c}{HC \sin C} \geq 6$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned} \frac{a}{HA \sin A} + \frac{b}{HB \sin B} + \frac{c}{HC \sin C} &= \sum_{cyc} \frac{a}{HA \sin A} = \\ &= \sum_{cyc} \frac{2R \sin A}{2R \cos A \cdot \sin A} = \sum_{cyc} \frac{1}{\cos A} \stackrel{JENSEN}{\geq} 3 \cdot \frac{1}{\cos\left(\frac{A+B+C}{3}\right)} = \frac{3}{\cos \frac{\pi}{3}} = \frac{3}{\frac{1}{2}} = 6 \end{aligned}$$

Equality holds for $a = b = c$.

4160. In $\triangle ABC$ the following relationship holds:

$$r_a r_b r_c \geq 27r^3$$

Proposed by Nguyen Hung Cuong – Vietnam

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Solution by Daniel Sitaru – Romania

$$\begin{aligned} r_a r_b r_c &= \frac{F}{s-a} \cdot \frac{F}{s-b} \cdot \frac{F}{s-c} = \frac{F^3}{(s-a)(s-b)(s-c)} = \\ &= \frac{F^3 s}{s(s-a)(s-b)(s-c)} = \frac{F^3 s}{F^2} = Fs = rs \cdot s = rs^2 \stackrel{\text{MITRINOVIC}}{\geq} \\ &\geq r \cdot (3\sqrt{3}r)^2 = r \cdot 27r^2 = 27r^3 \end{aligned}$$

Equality holds for $a = b = c$.

4161. In acute $\triangle ABC$ the following relationship holds:

$$\frac{HA \sin A}{a} + \frac{HB \sin B}{b} + \frac{HC \sin C}{c} \leq \frac{3}{2}$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned} \frac{HA \sin A}{a} + \frac{HB \sin B}{b} + \frac{HC \sin C}{c} &= \sum_{cyc} \frac{HA \sin A}{a} = \sum_{cyc} \frac{2R \cos A \sin A}{2R \sin A} = \\ &= \sum_{cyc} \cos A \stackrel{\text{JENSEN}}{\leq} 3 \cos \left(\frac{A+B+C}{3} \right) = 3 \cos \frac{\pi}{3} = \frac{3}{2} \end{aligned}$$

Equality holds for $a = b = c$.

4162. In $\triangle ABC$ the following relationship holds:

$$\frac{GA^2}{a^2} + \frac{GB^2}{b^2} + \frac{GC^2}{c^2} \geq \frac{3}{2}$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned} \frac{GA^2}{a^2} + \frac{GB^2}{b^2} + \frac{GC^2}{c^2} &= \sum_{cyc} \frac{GA^2}{a^2} = \frac{2}{3} \sum_{cyc} \frac{m_a^2}{a^2} = \\ &= \frac{2}{3} \sum_{cyc} \frac{2(b^2 + c^2) - a^2}{4a^2} = \frac{1}{6} \sum_{cyc} \left(\frac{2b^2}{a^2} + \frac{2c^2}{a^2} \right) - \frac{1}{6} \sum_{cyc} \frac{a^2}{a^2} = \end{aligned}$$

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$$= \frac{2}{6} \left(\left(\frac{b^2}{a^2} + \frac{a^2}{b^2} \right) + \left(\frac{c^2}{b^2} + \frac{b^2}{c^2} \right) + \left(\frac{a^2}{c^2} + \frac{c^2}{a^2} \right) \right) - \frac{1}{6} \cdot 3 \geq$$

$$\geq \frac{1}{3} (2 + 2 + 2) - \frac{1}{2} = \frac{6}{3} - \frac{1}{2} = 2 - \frac{1}{2} = \frac{3}{2}$$

Equality holds for $a = b = c$.

4163. In acute $\triangle ABC$ the following relationship holds:

$$\frac{a \cos A}{HA} + \frac{b \cos B}{HB} + \frac{c \cos C}{HC} \leq \frac{3\sqrt{3}}{2}$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\frac{a \cos A}{HA} + \frac{b \cos B}{HB} + \frac{c \cos C}{HC} = \sum_{cyc} \frac{a \cos A}{HA} = \sum_{cyc} \frac{2R \sin A \cdot \cos A}{2R \cos A} = \sum_{cyc} \sin A \stackrel{JENSEN}{\leq}$$

$$\leq 3 \sin \left(\frac{A+B+C}{3} \right) = 3 \sin \frac{\pi}{3} = 3 \cdot \frac{\sqrt{3}}{2} = \frac{3\sqrt{3}}{2}$$

Equality holds for $a = b = c$.

4164. In $\triangle ABC$ the following relationship holds:

$$GA^2 + GB^2 + GC^2 \leq 3R^2$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$GA^2 + GB^2 + GC^2 = \sum_{cyc} GA^2 = \sum_{cyc} \left(\frac{2}{3} m_a \right)^2 = \frac{4}{9} \sum_{cyc} m_a^2 =$$

$$= \frac{4}{9} \cdot \frac{3}{4} (a^2 + b^2 + c^2) = \frac{1}{3} (a^2 + b^2 + c^2) = \frac{1}{3} \cdot 2(s^2 - r^2 - 4Rr) \stackrel{GERRETSEN}{\leq}$$

$$\leq \frac{2}{3} (4R^2 + 3r^2 + 4Rr - r^2 - 4Rr) = \frac{2}{3} (4R^2 + 2r^2) = \frac{2}{3} \left(4R^2 + 2 \cdot \frac{R^2}{4} \right)$$

$$= \frac{2}{3} \cdot \frac{18R^2}{4} = \frac{18R^2}{6} = 3R^2$$

Equality holds for $a = b = c$.

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4165. In $\triangle ABC$ the following relationship holds:

$$\frac{h_a}{r_a} + \frac{h_b}{r_b} + \frac{h_c}{r_c} \geq \frac{6r}{R}$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned} \frac{h_a}{r_a} + \frac{h_b}{r_b} + \frac{h_c}{r_c} &= \sum_{cyc} \frac{h_a}{r_a} = \sum_{cyc} \frac{\frac{2F}{2}}{\frac{F}{s-a}} = 2 \sum_{cyc} \frac{s-a}{a} = 2 \left(s \sum_{cyc} \frac{1}{a} - \sum_{cyc} \frac{a}{a} \right) = \\ &= 2 \left(s \cdot \frac{ab+bc+ca}{abc} - 3 \right) = 2 \left(s \cdot \frac{s^2 + r^2 + 4Rr}{4Rrs} - 3 \right) = \\ &= 2 \left(\frac{s^2 + r^2 + 4Rr - 12Rr}{4Rr} \right) \stackrel{\text{GERRETSEN}}{\geq} \\ &\geq 2 \cdot \frac{16Rr - 5r^2 + r^2 - 8Rr}{4Rr} = \frac{8Rr - 4r^2}{2Rr} = \frac{4R - 2r}{R} \stackrel{\text{EULER}}{\geq} \frac{4 \cdot 2r - 2r}{R} = \frac{6r}{R} \end{aligned}$$

Equality holds for $a = b = c$.

4166. In $\triangle ABC$ the following relationship holds:

$$\frac{h_a}{r_b} + \frac{h_b}{r_c} + \frac{h_c}{r_a} \geq \frac{6r}{R}$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned} \frac{h_a}{r_b} + \frac{h_b}{r_c} + \frac{h_c}{r_a} &= \sum_{cyc} \frac{\frac{2F}{a}}{\frac{F}{s-b}} = 2 \sum_{cyc} \frac{s-b}{a} \geq \\ &\stackrel{\text{AM-GM}}{\geq} 2 \cdot 3 \sqrt[3]{\frac{(s-a)(s-b)(s-c)}{abc}} = 6 \sqrt[3]{\frac{s(s-a)(s-b)(s-c)}{s \cdot 4RF}} = \\ &= 6 \sqrt[3]{\frac{F^2}{4sRF}} = 6 \sqrt[3]{\frac{F}{4sR}} = 6 \sqrt[3]{\frac{rs}{4sR}} = 6 \sqrt[3]{\frac{r}{4R}} \geq \frac{6r}{R} \Leftrightarrow \\ &\Leftrightarrow \frac{r}{4R} \geq \left(\frac{r}{R}\right)^3 \Leftrightarrow \frac{1}{4} \geq \frac{r^2}{R^2} \Leftrightarrow R^2 \geq 4r^2 \Leftrightarrow R \geq 2r \end{aligned}$$

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Equality holds for $a = b = c$.

4167. In $\triangle ABC$ the following relationship holds:

$$\frac{h_a h_b}{r_a r_b} + \frac{h_b h_c}{r_b r_c} + \frac{h_c h_a}{r_c r_a} \geq \frac{12r^2}{R^2}$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned} \frac{h_a h_b}{r_a r_b} + \frac{h_b h_c}{r_b r_c} + \frac{h_c h_a}{r_c r_a} &\stackrel{AM-GM}{\geq} 3 \sqrt[3]{\left(\frac{h_a h_b h_c}{r_a r_b r_c}\right)^2} = \\ &= 3 \sqrt[3]{\left(\frac{\frac{2F}{a} \cdot \frac{2F}{b} \cdot \frac{2F}{c}}{\frac{F}{s-a} \cdot \frac{F}{s-b} \cdot \frac{F}{s-c}}\right)^2} = 3 \sqrt[3]{\left(\frac{8(s-a)(s-b)(s-c)}{abc}\right)^2} = \\ &= 3 \sqrt[3]{\left(\frac{8s(s-a)(s-b)(s-c)}{sabc}\right)^2} = 3 \sqrt[3]{\left(\frac{8F^2}{s \cdot 4RF}\right)^2} = \\ &= 3 \sqrt[3]{\left(\frac{2F}{Rs}\right)^2} = 3 \sqrt[3]{\left(\frac{2rs}{Rs}\right)^2} = 3 \sqrt[3]{4 \left(\frac{r}{R}\right)^2} \geq 12 \left(\frac{r}{R}\right)^2 \Leftrightarrow 27 \cdot 4 \left(\frac{r}{R}\right)^2 \geq 12^3 \cdot \left(\frac{r}{R}\right)^6 \\ 3^3 \cdot 4 &\geq 3^3 \cdot 4^3 \cdot \left(\frac{r}{R}\right)^4, \frac{1}{16} \geq \left(\frac{r}{R}\right)^4 \Leftrightarrow \frac{1}{2} \geq \frac{r}{R} \Leftrightarrow R \geq 2r \quad (\text{Euler}) \end{aligned}$$

Equality holds for $a = b = c$.

4168. In $\triangle ABC$ the following relationship holds:

$$\frac{h_a h_b}{r_c^2} + \frac{h_b h_c}{r_a^2} + \frac{h_c h_a}{r_b^2} \geq 12 \frac{r^2}{R^2}$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\frac{h_a h_b}{r_c^2} + \frac{h_b h_c}{r_a^2} + \frac{h_c h_a}{r_b^2} \geq 3 \sqrt[3]{\left(\frac{h_a h_b h_c}{r_a r_b r_c}\right)^2} =$$

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$$\begin{aligned}
 &= 3 \sqrt[3]{\left(\frac{\frac{2F}{a} \cdot \frac{2F}{b} \cdot \frac{2F}{c}}{\frac{F}{s-a} \cdot \frac{F}{s-b} \cdot \frac{F}{s-c}}\right)^2} = 3 \sqrt[3]{\left(\frac{8(s-a)(s-b)(s-c)}{abc}\right)^2} = \\
 &= 3 \sqrt[3]{\left(\frac{8s(s-a)(s-b)(s-c)}{sabc}\right)^2} = 3 \sqrt[3]{\left(\frac{8F^2}{s \cdot 4RF}\right)^2} = \\
 &= 3 \sqrt[3]{\left(\frac{2F}{Rs}\right)^2} = 3 \sqrt[3]{\left(\frac{2rs}{RS}\right)^2} = 3 \sqrt[3]{4 \left(\frac{r}{R}\right)^2} \geq 12 \left(\frac{r}{R}\right)^2 \Leftrightarrow \\
 &27 \cdot 4 \left(\frac{r}{R}\right)^2 \geq 12^3 \cdot \left(\frac{r}{R}\right)^6 \Leftrightarrow 3^3 \cdot 4 \geq 3^3 \cdot 4^3 \cdot \left(\frac{r}{R}\right)^4 \Leftrightarrow \frac{1}{16} \geq \left(\frac{r}{R}\right)^4 \Leftrightarrow \frac{1}{2} \geq \frac{r}{R} \Leftrightarrow R \geq 2r
 \end{aligned}$$

Equality holds for $a = b = c$.

4169. In acute $\triangle ABC$ the following relationship holds:

$$\sum_{cyc} \frac{\cot A}{\cot B} \geq \sum_{cyc} \frac{\sin^2 A}{\sin^2 B}$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\text{WLOG: } a \leq b \leq c \Rightarrow \begin{cases} b-a \geq b-c \geq a-c \\ \cot A \leq \cot B \leq \cot C \end{cases}$$

$$\sum_{cyc} (b-a) \cot A \stackrel{\text{CEBYSHV}}{\geq} \frac{1}{3} \sum_{cyc} (b-a) \cdot \sum_{cyc} \cot A = 0 \Leftrightarrow \sum_{cyc} (b-a) \cot A \geq 0$$

$$\sum_{cyc} (b+a)(b-a) \cot A \geq 0 \Rightarrow \sum_{cyc} (b^2 - a^2) \cot A \geq 0$$

$$\Rightarrow \sum_{cyc} (b^2 - a^2) \cdot \frac{b^2 + c^2 - a^2}{4F} \geq 0 \Rightarrow \sum_{cyc} (b^2 - a^2)(b^2 + c^2 - a^2) \geq 0$$

$$\sum_{cyc} (b^4 + b^2c^2 - b^2a^2 - a^2b^2 - a^2c^2 + a^4) \geq 0$$

$$\sum_{cyc} (a^2(b^2 + c^2 - a^2) - b^2(a^2 + c^2 - b^2)) \geq 0$$

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$$\sum_{cyc} \frac{b^2 + c^2 - a^2}{a^2 + c^2 - b^2} \geq \sum_{cyc} \frac{b^2}{a^2} \Rightarrow \sum_{cyc} \frac{\cot A}{\cot B} \geq \sum_{cyc} \frac{\sin^2 A}{\sin^2 B}$$

Equality holds for $a = b = c$.

4170. In $\triangle ABC$ the following relationship holds:

$$\frac{\sin A + \sin B}{\cos \frac{C}{2}} + \frac{\sin B + \sin C}{\cos \frac{A}{2}} + \frac{\sin C + \sin A}{\cos \frac{B}{2}} \leq 6$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned} \sum_{cyc} \frac{\sin A + \sin B}{\cos \frac{C}{2}} &= \sum_{cyc} \frac{2 \sin \frac{A+B}{2} \cos \frac{A-B}{2}}{\cos \frac{C}{2}} = \\ &= 2 \sum_{cyc} \frac{\sin \frac{\pi - C}{2} \cos \frac{A-B}{2}}{\cos \frac{C}{2}} = 2 \sum_{cyc} \frac{\cos \frac{C}{2} \cos \frac{A-B}{2}}{\cos \frac{C}{2}} = 2 \sum_{cyc} \cos \frac{A-B}{2} \stackrel{\text{JENSEN}}{\leq} \\ &\leq 2 \cdot 3 \cdot \cos \left(\frac{\frac{A-B}{2} + \frac{B-C}{2} + \frac{C-A}{2}}{3} \right) = 6 \cos \left(\frac{0}{3} \right) = 6 \cos 0 = 6 \cdot 1 = 6 \end{aligned}$$

Equality holds for $A = B = C$.

4171. In $\triangle ABC$ the following relationship holds:

$$\frac{a^4 + b^4}{h_c^3} + \frac{b^4 + c^4}{h_a^3} + \frac{c^4 + a^4}{h_b^3} \geq 32r$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned} \frac{a^4 + b^4}{h_c^3} + \frac{b^4 + c^4}{h_a^3} + \frac{c^4 + a^4}{h_b^3} &= \sum_{cyc} \frac{a^4 + b^4}{h_c^3} \geq \\ &\stackrel{AM-GM}{\geq} 2 \sum_{cyc} \frac{a^2 b^2}{h_c^3} \stackrel{AM-GM}{\geq} 2 \cdot 3 \sqrt[3]{\frac{(abc)^4}{(h_a h_b h_c)^3}} = \frac{6abc}{h_a h_b h_c} \sqrt[3]{abc} = \end{aligned}$$

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$$\begin{aligned}
 &= \frac{6abc}{\frac{2F}{a} \cdot \frac{2F}{b} \cdot \frac{2F}{c}} \sqrt[3]{4RF} = \frac{6(abc)^2}{8F^3} \sqrt[3]{4Rrs} \geq \\
 &\stackrel{EULER}{\geq} \frac{6 \cdot 16R^2 F^2}{8F^3} \sqrt[3]{8r^2 s} \stackrel{MITRINOVIC}{\geq} \frac{12R^2}{F} \sqrt[3]{8r^2 \cdot 3\sqrt{3}r} = \\
 &= \frac{12R^2}{rs} \cdot 2\sqrt{3}r = \frac{24\sqrt{3}R^2}{s} \stackrel{MITRINOVIC}{\geq} \frac{24\sqrt{3} \cdot R^2}{\frac{3\sqrt{3}}{2}R} = 16R \stackrel{EULER}{\geq} 16 \cdot 2r = 32r
 \end{aligned}$$

Equality holds for $a = b = c$.

4172. In $\triangle ABC$ the following relationship holds:

$$\sqrt{a} \sin A + \sqrt{b} \sin B + \sqrt{c} \sin C \leq \frac{3}{2} \sqrt[4]{27R^2}$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned}
 \sqrt{a} \sin A + \sqrt{b} \sin B + \sqrt{c} \sin C &\stackrel{CBS}{\leq} \sqrt{(a+b+c)(\sin^2 A + \sin^2 B + \sin^2 C)} = \\
 &= \sqrt{2s \cdot \frac{s^2 - r^2 - 4Rr}{2R^2}} \stackrel{GERRETSEN}{\leq} \sqrt{\frac{s}{R^2} (4R^2 + 4Rr + 3r^2 - r^2 - 4Rr)} \stackrel{MITRINOVIC}{\leq} \\
 &\leq \sqrt{\frac{3\sqrt{3}}{2} R \cdot \frac{1}{R^2} \cdot (4R^2 + 2r^2)} \stackrel{EULER}{\leq} \sqrt{\frac{3\sqrt{3}}{2R} \left(4R^2 + 2 \cdot \frac{R^2}{4} \right)} = \sqrt{\frac{3\sqrt{3}}{2R} \cdot \frac{9R^2}{2}} = \\
 &= \frac{3}{2} \sqrt{3\sqrt{3}R} = \frac{3}{2} \sqrt[4]{27R^2}
 \end{aligned}$$

Equality holds for $a = b = c$.

4173. In $\triangle ABC$ the following relationship holds:

$$\sqrt{a \sin^3 A} + \sqrt{b \sin^3 B} + \sqrt{c \sin^3 C} \leq \frac{9\sqrt{2R}}{4}$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\sqrt{a \sin^3 A} + \sqrt{b \sin^3 B} + \sqrt{c \sin^3 C} = \sum_{cyc} \sqrt{a \sin^3 A} =$$

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$$\begin{aligned}
 &= \sum_{cyc} \sqrt{2R \sin^4 A} = \sqrt{2R} \sum_{cyc} \sin^2 A = \sqrt{2R} \sum_{cyc} \frac{a^2}{4R^2} = \\
 &= \frac{\sqrt{2R}}{4R^2} \cdot \sum_{cyc} a^2 = \frac{\sqrt{2R}}{4R^2} \cdot 2(s^2 - r^2 - 4Rr) \leq \\
 &\stackrel{GERRETSEN}{\leq} \frac{\sqrt{2R}}{2R^2} (4R^2 + 4Rr + 3r^2 - r^2 - 4Rr) = \\
 &= \frac{\sqrt{2R}}{2R^2} (4R^2 + 2r^2) \stackrel{EULER}{\leq} \frac{\sqrt{2R}}{2R^2} \left(4R^2 + 2 \cdot \frac{R^2}{4} \right) = \frac{\sqrt{2R}}{2R^2} \cdot \frac{18R^2}{4} = \frac{9\sqrt{2R}}{4}
 \end{aligned}$$

Equality holds for $a = b = c$.

4174. In $\triangle ABC$ the following relationship holds:

$$\sqrt{a \cos \frac{A}{2}} + \sqrt{b \cos \frac{B}{2}} + \sqrt{c \cos \frac{C}{2}} \leq \frac{3\sqrt{6R}}{2}$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned}
 &\sqrt{a \cos \frac{A}{2}} + \sqrt{b \cos \frac{B}{2}} + \sqrt{c \cos \frac{C}{2}} \stackrel{CBS}{\leq} \sqrt{\sum_{cyc} a \cdot \sum_{cyc} \cos \frac{A}{2}} \stackrel{JENSEN}{\leq} \\
 &\leq \sqrt{2s \cdot 3 \cos \left(\frac{A+B+C}{6} \right)} = \sqrt{6s \cdot \cos \frac{\pi}{6}} = \sqrt{6s \cdot \frac{\sqrt{3}}{2}} = \sqrt{3\sqrt{3}s}
 \end{aligned}$$

Remains to prove:

$$\sqrt{3\sqrt{3}s} \leq \frac{3\sqrt{6R}}{2} \Leftrightarrow 3\sqrt{3}s \leq \frac{54R}{2} \Leftrightarrow 3\sqrt{3}s \leq 27R \Leftrightarrow s \leq \frac{9R}{\sqrt{3}} \Leftrightarrow s \leq \frac{3\sqrt{3}}{2}R \quad (\text{MITRINOVIC})$$

Equality holds for $a = b = c$.

4175. In $\triangle ABC$ the following relationship holds:

$$\sqrt{a \sin \frac{A}{2}} + \sqrt{b \sin \frac{B}{2}} + \sqrt{c \sin \frac{C}{2}} \leq \frac{3\sqrt[4]{12R^2}}{2}$$

Proposed by Nguyen Hung Cuong – Vietnam

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Solution by Daniel Sitaru – Romania

$$\begin{aligned} \sqrt{a \sin \frac{A}{2}} + \sqrt{b \sin \frac{B}{2}} + \sqrt{c \sin \frac{C}{2}} &\stackrel{CBS}{\leq} \sqrt{\sum_{cyc} a \cdot \sum_{cyc} \sin \frac{A}{2}} \stackrel{JENSEN}{\geq} \sqrt{2s \cdot 3 \sin \left(\frac{A+B+C}{6} \right)} = \\ &= \sqrt{6s \cdot \sin \frac{\pi}{6}} = \sqrt{6s \cdot \frac{1}{2}} = \sqrt{3s} \end{aligned}$$

Remains to prove:

$$\sqrt{3s} \leq \frac{3 \cdot \sqrt[4]{12R^2}}{2} \Leftrightarrow 3s \leq \frac{9\sqrt{12R^2}}{4} \Leftrightarrow 4s \leq 3\sqrt{12R^2} \Leftrightarrow s \leq \frac{3 \cdot 2\sqrt{3}R}{4} \Leftrightarrow s \leq \frac{3\sqrt{3}R}{2}$$

(MITRINOVIC). Equality holds for $a = b = c$.

4176. In $\triangle ABC$ the following relationship holds:

$$\sqrt{a \sin A} + \sqrt{b \sin B} + \sqrt{c \sin C} \leq \frac{3\sqrt{6R}}{2}$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned} \sqrt{a \sin A} + \sqrt{b \sin B} + \sqrt{c \sin C} &= \sum_{cyc} \sqrt{a \sin A} = \\ &= \sum_{cyc} \sqrt{a \cdot \frac{a}{2R}} = \sum_{cyc} \frac{a}{\sqrt{2R}} = \frac{2s}{\sqrt{2R}} = \frac{s\sqrt{2}}{\sqrt{R}} \end{aligned}$$

Remains to prove:

$$\begin{aligned} \frac{s\sqrt{2}}{\sqrt{R}} &\leq \frac{3\sqrt{6R}}{2} \Leftrightarrow \frac{2s^2}{R} \leq \frac{9 \cdot 6R}{4} \\ 8s^2 &\leq 54R^2 \Leftrightarrow s^2 \leq \frac{27R^2}{4} \Leftrightarrow s \leq \frac{3\sqrt{3}R}{2} \quad (\text{MITRINOVIC}) \end{aligned}$$

Equality holds for $a = b = c$.

4177. In $\triangle ABC$ the following relationship holds:

$$\cos A \cos B \cos C \leq \sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2}$$

Proposed by Nguyen Hung Cuong – Vietnam

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Solution by Daniel Sitaru – Romania

We use:

$$\cos A \cos B \cos C = \frac{s^2 - (2R + r)^2}{4R^2}, \quad \sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2} = \frac{r}{4R}$$

We must prove:

$$\begin{aligned} \frac{s^2 - (2R + r)^2}{4R^2} &\leq \frac{r}{4R}, & s^2 - (2R + r)^2 &\leq Rr \\ s^2 &\leq 4R^2 + 4Rr + r^2 + Rr = 4R^2 + 5Rr + r^2 \\ s^2 &\stackrel{\text{GERRETSEN}}{\leq} 4R^2 + 4Rr + 3r^2 \leq 4R^2 + 5Rr + r^2 \Leftrightarrow \\ &\Leftrightarrow 3r^2 \leq Rr + r^2 \Leftrightarrow Rr \geq 2r^2 \Leftrightarrow R \geq 2r \text{ (Euler)} \end{aligned}$$

Equality holds for $a = b = c$.

4178. In $\triangle ABC$ the following relationship holds:

$$\sin A \sin B \sin C \leq \cos \frac{A}{2} \cos \frac{B}{2} \cos \frac{C}{2}$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\text{We use: } \sin A \sin B \sin C = \frac{sr}{2R^2}; \cos \frac{A}{2} \cos \frac{B}{2} \cos \frac{C}{2} = \frac{s}{4R}$$

We must prove that:

$$\frac{sr}{2R^2} \leq \frac{s}{4R} \Leftrightarrow \frac{r}{2R^2} \leq \frac{1}{4R} \Leftrightarrow 2r \leq R \text{ (Euler)}$$

Equality holds for $A = B = C$.

4179. In $\triangle ABC$ the following relationship holds:

$$\frac{\sin A}{r_a} + \frac{\sin B}{r_b} + \frac{\sin C}{r_c} \leq \frac{\sqrt{3}}{2r}$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\frac{\sin A}{r_a} + \frac{\sin B}{r_b} + \frac{\sin C}{r_c} = \sum_{cyc} \frac{\sin A}{r_a} = \sum_{cyc} \frac{\frac{a}{2R}}{\frac{F}{s-a}} =$$

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$$\begin{aligned}
 &= \frac{1}{2RF} \sum_{cyc} a(s-a) = \frac{1}{2RF} \left(s \sum_{cyc} a - \sum_{cyc} a^2 \right) = \\
 &= \frac{1}{2RF} (s \cdot 2s - 2s^2 + 2r^2 + 8Rr) = \frac{2r(r+4R)}{2RF} = \\
 &= \frac{r(r+4R)}{Rrs} = \frac{r+4R}{Rs} \stackrel{EULER}{\leq} \frac{\frac{R}{2} + 4R}{Rs} = \frac{\frac{1}{2} + 4}{s} \stackrel{MITRINOVIC}{\leq} \frac{\frac{9}{2}}{3\sqrt{3}r} = \frac{3}{2\sqrt{3}r} = \frac{\sqrt{3}}{2r}
 \end{aligned}$$

Equality holds for $a = b = c$.

4180. In $\triangle ABC$ the following relationship holds:

$$\frac{\sin A}{r_b} + \frac{\sin B}{r_c} + \frac{\sin C}{r_a} \geq \frac{\sqrt{3}}{R}$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned}
 \frac{\sin A}{r_b} + \frac{\sin B}{r_c} + \frac{\sin C}{r_a} &\geq 3 \sqrt[3]{\frac{\sin A \sin B \sin C}{r_a r_b r_c}} = \\
 &= 3 \sqrt[3]{\frac{\frac{a}{2R} \cdot \frac{b}{2R} \cdot \frac{c}{2R} \cdot \frac{(s-a)(s-b)(s-c)}{F^3}}{}} = \frac{3}{2R} \sqrt[3]{abc \cdot \frac{F^2}{sF^3}} = \frac{3}{2R} \sqrt[3]{\frac{abc}{sF}} = \\
 &= \frac{3}{2R} \cdot \sqrt[3]{\frac{4RF}{sF}} = \frac{3}{2R} \sqrt[3]{\frac{4R}{s}} \geq \frac{3}{2R} \sqrt[3]{4 \cdot \frac{2}{3\sqrt{3}} \cdot \frac{s}{s}} = \frac{3}{2R} \cdot \frac{2}{\sqrt{3}} = \frac{\sqrt{3}}{R}
 \end{aligned}$$

Equality holds for $a = b = c$

4181. In $\triangle ABC$ the following relationship holds:

$$\frac{A}{a} + \frac{B}{b} + \frac{C}{c} \geq \frac{\pi\sqrt{3}}{3R}$$

Proposed by Pavlos Trifon-Greece

Solution by Mirsadix Muzefferov-Azerbaijan

It is known that in $\triangle ABC$ holds: $\frac{\sin A}{A} \cdot \frac{\sin B}{B} \cdot \frac{\sin C}{C} \leq \left(\frac{3\sqrt{3}}{2\pi}\right)^3$

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$$\frac{A}{a} + \frac{B}{b} + \frac{C}{c} \stackrel{AM-GM}{\geq} 3 \sqrt[3]{\frac{A \cdot B \cdot C}{a \cdot b \cdot c}} = 3 \sqrt[3]{\frac{1}{(2R)^3} \cdot \left(\frac{2\pi}{3\sqrt{3}}\right)^3} = 3 \cdot \frac{1}{2R} \cdot \frac{2\pi}{3\sqrt{3}} = \frac{\pi\sqrt{3}}{3R}$$

Equality holds if $a = b = c$

4182. In any $\triangle ABC$ the following relationship holds :

$$\frac{ah_b}{r_c} + \frac{bh_c}{r_a} + \frac{ch_a}{r_b} \geq \frac{12\sqrt{3}r^2}{R}$$

Proposed by Zaza Mzhavanadze-Georgia

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \text{LHS} &\stackrel{AM-GM}{\geq} 3 \cdot \sqrt[3]{\frac{abc \cdot h_a h_b h_c}{r_a r_b r_c}} = 3 \cdot \sqrt[3]{\frac{4Rrs \cdot 2r^2 s^2}{Rrs^2}} = 6 \cdot \sqrt[3]{r^2 s} \stackrel{\text{Mitrinovic}}{\geq} \frac{6\sqrt{3} \cdot r^2}{r} \\ &\stackrel{\text{Euler}}{\geq} 12\sqrt{3} \cdot \frac{r^2}{R} \text{ and so, } \frac{ah_b}{r_c} + \frac{bh_c}{r_a} + \frac{ch_a}{r_b} \geq 12\sqrt{3} \cdot \frac{r^2}{R} \quad \forall \triangle ABC, \\ &\quad \text{" = " iff } \triangle ABC \text{ is equilateral (QED)} \end{aligned}$$

4183. In any $\triangle ABC$ the following relationship holds :

$$\frac{a + h_b}{r_c} + \frac{b + h_c}{r_a} + \frac{c + h_a}{r_b} \geq (6 + 4\sqrt{3}) \cdot \frac{r}{R}$$

Proposed by Zaza Mzhavanadze-Georgia

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \text{LHS} &\stackrel{AM-GM}{\geq} 3 \cdot \sqrt[3]{\frac{abc}{r_a r_b r_c}} + 3 \cdot \sqrt[3]{\frac{h_a h_b h_c}{r_a r_b r_c}} = 3 \cdot \sqrt[3]{\frac{4Rrs}{rs^2}} + 3 \cdot \sqrt[3]{\frac{2r^2 s^2}{Rrs^2}} \stackrel{\text{Mitrinovic}}{\geq} \\ &3 \cdot \sqrt[3]{\frac{4}{s} \cdot \frac{2s}{3\sqrt{3}}} + 3 \cdot \sqrt[3]{\frac{8r^3}{R \cdot 4r^2}} \stackrel{\text{Euler}}{\geq} \frac{6r}{\sqrt{3} \cdot r} + \frac{6r}{R} \stackrel{\text{Euler}}{\geq} \frac{12r}{\sqrt{3} \cdot R} + \frac{6r}{R} = (6 + 4\sqrt{3}) \cdot \frac{r}{R} \\ &\text{and so, } \frac{a + h_b}{r_c} + \frac{b + h_c}{r_a} + \frac{c + h_a}{r_b} \geq (6 + 4\sqrt{3}) \cdot \frac{r}{R} \quad \forall \triangle ABC, \\ &\quad \text{" = " iff } \triangle ABC \text{ is equilateral (QED)} \end{aligned}$$

4184. In $\triangle ABC$ the following relationship holds:

$$\frac{r_a + r_b}{\sqrt{r_a^2 + r_a r_b + r_b^2}} + \frac{r_c + r_b}{\sqrt{r_c^2 + r_c r_b + r_b^2}} + \frac{r_a + r_c}{\sqrt{r_a^2 + r_a r_c + r_c^2}} \geq \frac{4\sqrt{3}r}{\sqrt{3R^2 - 8r^2}}$$

Proposed by Zaza Mzhavanadze-Georgia

Solution by Mirsadix Muzefferov-Azerbaijan

$$\begin{aligned} \sum_{cyc} \frac{r_a + r_b}{\sqrt{r_a^2 + r_a r_b + r_b^2}} &= \sum_{cyc} \frac{(r_a + r_b)^{\frac{3}{2}}}{\sqrt{(r_a^2 + r_a r_b + r_b^2)(r_a + r_b)}} \stackrel{\text{Radon}}{\geq} \\ &\geq \frac{(2(r_a + r_b + r_c))^{\frac{3}{2}}}{(\sum_{cyc} (r_a^2 + r_a r_b + r_b^2)(r_a + r_b))^{\frac{1}{2}}} \geq \frac{(2(r_a + r_b + r_c))^{\frac{3}{2}}}{\left(\frac{27}{4}R^2 \cdot 2(r_a + r_b + r_c)\right)^{\frac{1}{2}}} = \\ &= \frac{2\sqrt{2}}{3\sqrt{3}R} (r_a + r_b + r_c) = \frac{4(4R + r)}{3\sqrt{3}R} \stackrel{\text{Euler}}{\geq} \frac{4 \cdot 9r}{3\sqrt{3}R} = \frac{4\sqrt{3}r}{R} \geq \frac{4\sqrt{3}r}{\sqrt{3R^2 - 8r^2}} \\ \therefore R &\leq \sqrt{3R^2 - 8r^2} \rightarrow R^2 \leq 3R^2 - 8r^2 \rightarrow R^2 \geq 4r^2 \rightarrow R \geq 2r \text{ (True)} \\ \text{Equality holds for : } &a = b = c \end{aligned}$$

4185. In $\triangle ABC$ the following relationship holds:

$$\frac{m_a + m_b}{\sqrt{m_a^2 + m_a m_b + m_b^2}} + \frac{m_c + m_b}{\sqrt{m_c^2 + m_c m_b + m_b^2}} + \frac{m_a + m_c}{\sqrt{m_a^2 + m_a m_c + m_c^2}} \geq \frac{4\sqrt{3}r}{R}$$

Proposed by Zaza Mzhavanadze-Georgia

Solution by Mirsadix Muzefferov-Azerbaijan

$$\begin{aligned} \sum_{cyc} \frac{m_a + m_b}{\sqrt{m_a^2 + m_a m_b + m_b^2}} &= \sum_{cyc} \frac{(m_a + m_b)^{\frac{3}{2}}}{\sqrt{(m_a^2 + m_a m_b + m_b^2)(m_a + m_b)}} \stackrel{\text{Radon}}{\geq} \\ &\geq \frac{(2(m_a + m_b + m_c))^{\frac{3}{2}}}{(\sum_{cyc} (m_a^2 + m_a m_b + m_b^2)(m_a + m_b))^{\frac{1}{2}}} \geq \frac{(2(m_a + m_b + m_c))^{\frac{3}{2}}}{\left(\frac{27}{4}R^2 \cdot 2(m_a + m_b + m_c)\right)^{\frac{1}{2}}} = \\ &= \frac{2\sqrt{2}}{3\sqrt{3}R} (m_a + m_b + m_c) \stackrel{\text{Gotman}}{\geq} \frac{4 \cdot 9r}{3\sqrt{3}R} = \frac{4\sqrt{3}r}{R} \end{aligned}$$

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$$\therefore m_a^2 + m_b^2 + m_c^2 = \frac{3}{4}(a^2 + b^2 + c^2) \stackrel{\text{Leibniz}}{\leq} \frac{3}{4} \cdot 9R^2 = \frac{27}{4}R^2$$

Equality holds for : $a = b = c$

4186.

$$\left\{ \begin{array}{l} \text{In any } \triangle ABC \text{ such that } a \neq b \neq c, \text{ the following relationship holds :} \\ \frac{a^2 r_a}{(a-b)(a-c)} + \frac{b^2 r_b}{(b-c)(b-a)} + \frac{c^2 r_c}{(c-a)(c-b)} < \frac{27R^2}{4r} \\ \text{In any } \triangle ABC, \text{ the following relationship holds : } abc \geq 24\sqrt{3} \cdot r^3 \end{array} \right\}$$

Proposed by Zaza Mzhavanadze-Georgia

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} & \frac{a^2 r_a}{(a-b)(a-c)} + \frac{b^2 r_b}{(b-c)(b-a)} + \frac{c^2 r_c}{(c-a)(c-b)} = \\ & = \frac{-rs}{(a-b)(b-c)(c-a)r^2 s} \cdot \sum_{\text{cyc}} (a^2(b-c)(s-b)(s-c)) = \\ & = \frac{-1}{(a-b)(b-c)(c-a)r} \cdot \sum_{\text{cyc}} (a^2(b-c)(-s^2 + sa + bc)) = \\ & = \frac{-1}{(a-b)(b-c)(c-a)r} \cdot \left(-s^2 \sum_{\text{cyc}} (a^2(b-c)) + s \sum_{\text{cyc}} (a^3(b-c)) + \right. \\ & \quad \left. abc \sum_{\text{cyc}} (a(b-c)) \right) \\ & \therefore \frac{a^2 r_a}{(a-b)(a-c)} + \frac{b^2 r_b}{(b-c)(b-a)} + \frac{c^2 r_c}{(c-a)(c-b)} = \\ & \frac{-1}{(a-b)(b-c)(c-a)r} \cdot \left(-s^2 \sum_{\text{cyc}} (a^2(b-c)) + s \sum_{\text{cyc}} (a^3(b-c)) \right) \rightarrow \textcircled{1} \\ & \text{Now, } \sum_{\text{cyc}} (a^2(b-c)) = a^2(b-c) + b^2(c-a) + c^2(a-b) = \\ & a^2(b-c) + bc(b-c) - a(b-c)(b+c) = (b-c)((a^2 - ab) - (ac - bc)) \\ & = -(b-c)(a-b)(c-a) \Rightarrow -s^2 \sum_{\text{cyc}} (a^2(b-c)) = s^2(a-b)(b-c)(c-a) \rightarrow \textcircled{2} \\ & \text{Again, } \sum_{\text{cyc}} (a^3(b-c)) = a^3(b-c) + b^3(c-a) + c^3(a-b) \\ & = a^3(b-c) + bc(b-c)(b+c) - a(b-c)(b^2 + bc + c^2) \end{aligned}$$

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$$\begin{aligned}
 &= (b-c)(a^3 + b^2c + bc^2 - ab^2 - abc - ac^2) \\
 &= (b-c)(a(a-b)(a+b) - c^2(a-b) - bc(a-b)) \\
 &= (b-c)(a-b)((a^2 - c^2) + (ab - bc)) = -(b-c)(a-b)(c-a)(a+b+c) \\
 &\Rightarrow s \sum_{\text{cyc}} (a^3(b-c)) = -2s^2(a-b)(b-c)(c-a) \rightarrow \textcircled{3} \therefore \textcircled{1}, \textcircled{2} \text{ and } \textcircled{3} \Rightarrow
 \end{aligned}$$

$$\begin{aligned}
 &\frac{a^2 r_a}{(a-b)(a-c)} + \frac{b^2 r_b}{(b-c)(b-a)} + \frac{c^2 r_c}{(c-a)(c-b)} = \\
 &\frac{-1}{(a-b)(b-c)(c-a)r} \cdot (-s^2(a-b)(b-c)(c-a)) = \frac{s^2}{r} \stackrel{\text{Mitrinovic}}{<} \frac{27R^2}{4r};
 \end{aligned}$$

equality doesn't occur because $a \neq b \neq c$ and so,

$$\frac{a^2 r_a}{(a-b)(a-c)} + \frac{b^2 r_b}{(b-c)(b-a)} + \frac{c^2 r_c}{(c-a)(c-b)} < \frac{27R^2}{4r} \quad \forall \Delta ABC \text{ (QED)}$$

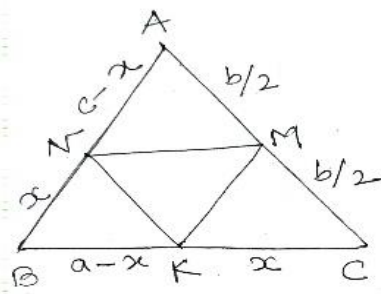
Also, $abc = 4Rrs \stackrel{\text{Mitrinovic and Euler}}{\geq} 8r^2 \cdot 3\sqrt{3} \cdot r = 24\sqrt{3} \cdot r^3 \quad \forall \Delta ABC,$
 $" = "$ iff ΔABC is equilateral (QED)

**4187. In ΔABC , let $M \in AC, K \in BC$,
 $N \in AB$ where M is the midpoint of AC , then:**

$$[MNK]_{\min.} = \frac{6abc - ba^2 - bc^2}{64R}$$

Proposed by Adgozel Adgozalov-Azerbaijan

Solution by Tapas Das-India



$$\begin{aligned}
 &\text{Let } BN = KC = x \text{ \& } 0 \leq x < \min(a, c), \\
 &[AMN] = \frac{1}{2} \left(\frac{b}{2} \right) \cdot (c-x) \sin A = \frac{c-x}{2c} [ABC] \text{ as} \\
 &\left([ABC] = \frac{1}{2} bc \sin A \text{ then } \sin A = \frac{2}{bc} [ABC] \right)
 \end{aligned}$$

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$$\text{similarly, } [CMK] = \frac{1}{2} \cdot \frac{b}{2} \cdot x \sin C = \frac{x}{2a} [ABC] \text{ \& } [BNK] = \frac{1}{2} x(x-a) [ABC]$$

$$\begin{aligned} \text{Now, } [MNK] &= [ABC] - [AMN] - [BNK] - [CMK] \text{ or, } \frac{[MNK]}{[ABC]} \\ &= 1 - \frac{c-x}{2c} - \frac{x(a-x)}{ac} - \frac{x}{2a} = \frac{1}{2ac} (2x^2 - (a+c)x + ac) \quad (1) \\ \text{let } f(x) &= 2x^2 - (a+c)x + ac, f'(x) = 4x - (a+c), f''(x) = 4 > 0, f'(x) \\ &= 0 \text{ gives } x = \frac{a+c}{4} \text{ and } f'\left(\frac{a+c}{4}\right) > 0 \\ \text{so } f(x) \text{ minimum at } x &= \frac{a+c}{4} \text{ \& } f\left(\frac{a+c}{4}\right) = \frac{2(a+c)^2}{16} - \frac{(a+c)^2}{4} + ac \\ &= \frac{6ac - a^2 - c^2}{8} \end{aligned}$$

From (1) we get

$$[MNK]_{\min} = \frac{6ac - a^2 - c^2}{8 \times 2ac} \cdot [ABC] = \frac{6ac - a^2 - c^2}{8 \times 2ac} \cdot \frac{abc}{4R} = \frac{6abc - ba^2 - bc^2}{64R}$$

4188. In any acute $\triangle ABC$ the following relationship holds:

$$\frac{a \cot A}{h_a} + \frac{b \cot B}{h_b} + \frac{c \cot C}{h_c} = 2$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned} \frac{a \cot A}{h_a} + \frac{b \cot B}{h_b} + \frac{c \cot C}{h_c} &= \sum_{cyc} \frac{a \cot A}{h_a} = \sum_{cy} \frac{a}{\frac{2F}{a}} \cdot \frac{\cos A}{\sin A} = \frac{1}{2F} \sum_{cyc} a^2 \cdot \frac{b^2 + c^2 - a^2}{2bc \sin A} = \\ &= \frac{1}{2F} \cdot \frac{1}{4F} \sum_{cyc} a^2 (b^2 + c^2 - a^2) = \\ &= \frac{1}{8F^2} (2a^2b^2 + 2b^2c^2 + 2c^2a^2 - a^4 - b^4 - c^4) = \frac{1}{8F^2} \cdot 16F^2 = \end{aligned}$$

4189. In $\triangle ABC$ the following relationship holds:

$$\frac{ab}{\sin \frac{C}{2}} + \frac{bc}{\sin \frac{A}{2}} + \frac{ca}{\sin \frac{B}{2}} \geq 72r^2$$

Proposed by Nguyen Hung Cuong – Vietnam

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Solution by Daniel Sitaru – Romania

$$\begin{aligned} \frac{ab}{\sin \frac{C}{2}} + \frac{bc}{\sin \frac{A}{2}} + \frac{ca}{\sin \frac{B}{2}} &= \sum_{cyc} \frac{ab}{\sin \frac{C}{2}} \stackrel{CEBYSEV}{\geq} \frac{1}{3} \sum_{cyc} ab \cdot \sum_{cyc} \frac{1}{\sin \frac{C}{2}} \stackrel{JENSEN}{\geq} \\ &\geq \frac{1}{3} (s^2 + r^2 + 4Rr) \cdot \frac{3}{\sin \left(\frac{A+B+C}{6} \right)} \stackrel{MITRINOVIC}{\geq} (27r^2 + r^2 + 4Rr) \cdot \frac{1}{\sin \frac{\pi}{6}} \stackrel{EULER}{\geq} \\ &\geq (28r^2 + 4 \cdot 2r \cdot r) \cdot \frac{1}{\frac{1}{2}} = 2(28r^2 + 8r^2) = 2 \cdot 36r^2 = 72r^2 \end{aligned}$$

Equality holds for $a = b = c$.

4190. In $\triangle ABC$ the following relationship holds:

$$\frac{a}{h_a \sin A} + \frac{b}{h_b \sin B} + \frac{c}{h_c \sin C} \geq 4$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned} \frac{a}{h_a \sin A} + \frac{b}{h_b \sin B} + \frac{c}{h_c \sin C} &= \sum_{cyc} \frac{a}{h_a \sin A} = \\ &= \sum_{cyc} \frac{a}{\frac{2F}{a} \cdot \frac{a}{2R}} = \frac{R}{F} \sum_{cyc} a = \frac{R}{F} \cdot 2s = \frac{R}{rs} \cdot 2s = \frac{2R}{r} \stackrel{EULER}{\geq} \frac{2 \cdot 2r}{r} = 4 \end{aligned}$$

Equality holds for $a = b = c$.

4191. In $\triangle ABC$ the following relationship holds:

$$\frac{a}{h_a \sin \frac{A}{2}} + \frac{b}{h_b \sin \frac{B}{2}} + \frac{c}{h_c \sin \frac{C}{2}} \geq 4\sqrt{3}$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\frac{a}{h_a \sin \frac{A}{2}} + \frac{b}{h_b \sin \frac{B}{2}} + \frac{c}{h_c \sin \frac{C}{2}} = \sum_{cyc} \frac{a}{h_a \sin \frac{A}{2}} = \sum_{cyc} \frac{a}{\frac{2F}{a} \sin \frac{A}{2}} = \frac{1}{2F} \sum_{cyc} \frac{a^2}{\sin \frac{A}{2}} \stackrel{CEBYSEV}{\geq}$$

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$$\begin{aligned}
 &\geq \frac{1}{2F} \cdot \frac{1}{3} \sum_{cyc} a^2 \sum_{cyc} \frac{1}{\sin \frac{A}{2}} \stackrel{JENSEN}{\geq} \frac{1}{6F} \cdot \sum_{cyc} a^2 \cdot \frac{3}{\sin \left(\frac{A+B+C}{6} \right)} = \frac{1}{2F} \sum_{cyc} a^2 \cdot \frac{1}{\frac{1}{2}} = \\
 &= \frac{1}{rs} \cdot 2(s^2 - r^2 - 4Rr) \stackrel{GERRETSEN}{\geq} \frac{2}{rs} (16Rr - 5r^2 - r^2 - 4Rr) = \frac{2(12Rr - 6r^2)}{rs} \\
 &= \frac{2(12R-6r)}{s} = \frac{12(2R-r)}{s} \geq 4\sqrt{3} \Leftrightarrow 3(2R-r) \geq s\sqrt{3} \quad (\text{to prove}) \\
 &s\sqrt{3} \stackrel{DOUCET}{\leq} 4R + r \leq 3(2R-r), \quad 4R + r \leq 6R - 3r, \quad R \geq 2r \quad (\text{Euler})
 \end{aligned}$$

Equality holds for $a = b = c$.

4192. In $\triangle ABC$ the following relationship holds:

$$\sum_{cyc} \frac{\sin A}{h_b} \geq \frac{\sqrt{3}}{R}$$

Proposed by Nguyen Hung Cuong – Vietnam

Solution by Daniel Sitaru – Romania

$$\begin{aligned}
 \sum_{cyc} \frac{\sin A}{h_b} &= \sum_{cyc} \frac{\frac{a}{2R}}{\frac{2F}{b}} = \frac{1}{4RF} \sum_{cyc} ab = \\
 &= \frac{1}{4Rrs} \cdot (s^2 + r^2 + 4Rr) \stackrel{MITRINOVIC}{\geq} \frac{1}{4Rr \cdot \frac{3\sqrt{3}}{2}R} (s^2 + r^2 + 4Rr) \geq \\
 &\stackrel{GERRETSEN}{\geq} \frac{1}{6\sqrt{3}R^2r} (16Rr - 5r^2 + r^2 + 4Rr) = \frac{1}{6\sqrt{3}R^2r} (20Rr - 4r^2) = \\
 &= \frac{2r(10R-2r)}{6\sqrt{3}R^2r} = \frac{10R-2r}{3\sqrt{3}R^2} \geq \frac{\sqrt{3}}{R} \Leftrightarrow 10R - 2r \geq 9R \Leftrightarrow R \geq 2r \quad (\text{Euler})
 \end{aligned}$$

Equality holds for $a = b = c$.

4193. In $\triangle ABC$ the following relationship holds:

$$\sum_{cyc} \frac{\sin A}{h_a} \geq \frac{\sqrt{3}}{R}$$

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Solution by Daniel Sitaru – Romania

$$\begin{aligned}
 \sum_{cyc} \frac{\sin A}{h_a} &= \sum_{cyc} \frac{\frac{a}{2R}}{\frac{2F}{a}} = \frac{1}{4RF} \sum_{cyc} a^2 = \frac{1}{4Rrs} \cdot 2(s^2 - r^2 - 4Rr) \stackrel{\text{MITRINOVIC}}{\geq} \\
 &\geq \frac{1}{2Rr \cdot \frac{3\sqrt{3}R}{2}} (s^2 - r^2 - 4Rr) = \frac{1}{3\sqrt{3}R^2r} (s^2 - r^2 - 4Rr) \geq \\
 &\stackrel{\text{GERRETSEN}}{\geq} \frac{1}{3\sqrt{3}R^2r} (16Rr - 5r^2 - r^2 - 4Rr) = \frac{6r(2R - r)}{3\sqrt{3}R^2r} = \\
 &= \frac{2(2R - r)}{\sqrt{3}R^2} \geq \frac{\sqrt{3}}{R} \Leftrightarrow 2(2R - r) \geq 3r, 4R - 2r \geq 3R \Leftrightarrow R \geq 2r \quad (\text{Euler})
 \end{aligned}$$

Equality holds for $a = b = c$.

4194. In $\triangle ABC$ the following relationship holds:

$$\frac{ab}{\cos \frac{C}{2}} + \frac{bc}{\cos \frac{A}{2}} + \frac{ca}{\cos \frac{B}{2}} \geq 24\sqrt{3}r^2$$

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Solution by Daniel Sitaru – Romania

$$\begin{aligned}
 \frac{ab}{\cos \frac{C}{2}} + \frac{bc}{\cos \frac{A}{2}} + \frac{ca}{\cos \frac{B}{2}} &= \sum_{cyc} \frac{ab}{\cos \frac{C}{2}} \stackrel{\text{CEBYSHEV}}{\geq} \frac{1}{3} \sum_{cyc} ab \cdot \sum_{cyc} \frac{1}{\cos \frac{C}{2}} \stackrel{\text{JENSEN}}{\geq} \\
 &\geq \frac{1}{3} \cdot \sum_{cyc} ab \cdot 3 \cdot \frac{1}{\cos \left(\frac{A+B+C}{6} \right)} \stackrel{\text{AM-GM}}{\geq} \frac{1}{\cos \frac{\pi}{6}} \cdot \sum_{cyc} ab \geq \frac{1}{\frac{\sqrt{3}}{2}} \cdot 3^3 \sqrt{(abc)^2} = \\
 &= \frac{6}{\sqrt{3}} \cdot \sqrt[3]{(4RF)^2} = \frac{6\sqrt{3}}{3} \cdot \sqrt[3]{(4Rrs)^2} \stackrel{\text{EULER}}{\geq} 2\sqrt{3} \cdot \sqrt[3]{(8r^2s)^2} \geq \\
 &\stackrel{\text{MITRINOVIC}}{\geq} 2\sqrt{3} \cdot \sqrt[3]{(8r^2 \cdot 3\sqrt{3}r)^2} = 2\sqrt{3} \cdot \sqrt[3]{64r^6 \cdot 27} = 2\sqrt{3} \cdot 4 \cdot 3 \cdot r^2 = 24\sqrt{3}r^2
 \end{aligned}$$

Equality holds for $a = b = c$.

4195. In $\triangle ABC$ the following relationship holds:

$$\frac{a \sin A}{h_a} + \frac{b \sin B}{h_b} + \frac{c \sin C}{h_c} \geq 3$$

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Solution by Daniel Sitaru – Romania

$$\begin{aligned} \frac{a \sin A}{h_a} + \frac{b \sin B}{h_b} + \frac{c \sin C}{h_c} &= \sum_{cyc} \frac{a \sin A}{h_a} = \\ &= \sum_{cyc} \frac{a \cdot \frac{a}{2R}}{\frac{2F}{a}} = \frac{1}{4RF} \sum_{cyc} a^3 \stackrel{AM-GM}{\geq} \frac{1}{abc} \cdot 3\sqrt[3]{(abc)^3} = \frac{3abc}{abc} = 3 \end{aligned}$$

Equality holds for $a = b = c$.

4196. In $\triangle ABC$ the following relationship holds:

$$\frac{ab}{\sin C} + \frac{bc}{\sin A} + \frac{ca}{\sin B} \geq 24\sqrt{3}r^2$$

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$$\begin{aligned} \frac{ab}{\sin C} + \frac{bc}{\sin A} + \frac{ca}{\sin B} &= \sum_{cyc} \frac{ab}{\sin C} = \sum_{cyc} \frac{ab}{\frac{c}{2R}} = 2R \sum_{cyc} \frac{ab}{c} \stackrel{AM-GM}{\geq} 2R \cdot 3\sqrt[3]{\frac{ab}{c} \cdot \frac{bc}{a} \cdot \frac{ca}{b}} = \\ &= 6R\sqrt[3]{abc} = 6R\sqrt[3]{4Rrs} \stackrel{EULER}{\geq} 6R \cdot \sqrt[3]{4 \cdot 2r \cdot rs} = 12R\sqrt[3]{r^2s} \stackrel{MITRINOVIC}{\geq} \\ &\geq 12R\sqrt[3]{r^2 \cdot 3\sqrt{3}r} \stackrel{EULER}{\geq} 12 \cdot 2r \cdot \sqrt[3]{(r\sqrt{3})^3} = 24r \cdot \sqrt{3}r = 24\sqrt{3}r^2 \end{aligned}$$

Equality holds for $a = b = c$.

4197. In $\triangle ABC$ the following relationship holds:

$$\frac{ab}{c} + \frac{bc}{a} + \frac{ca}{b} \geq 6\sqrt{3}r$$

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$$\begin{aligned} \frac{ab}{c} + \frac{bc}{a} + \frac{ca}{b} &\stackrel{AM-GM}{\geq} 3\sqrt[3]{\frac{ab}{c} \cdot \frac{bc}{a} \cdot \frac{ca}{b}} = 3\sqrt[3]{abc} = 3\sqrt[3]{4Rrs} \stackrel{EULER}{\geq} \\ &\geq 3\sqrt[3]{4 \cdot 2r \cdot rs} \stackrel{MITRINOVIC}{\geq} 3 \cdot 2\sqrt[3]{r^2 \cdot 3\sqrt{3}r} = 6\sqrt[3]{(r\sqrt{3})^3} = 6\sqrt{3}r \end{aligned}$$

Equality holds for $a = b = c$.

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4198. In acute $\triangle ABC$ the following relationship holds:

$$\frac{a}{h_a \cos^2 \frac{A}{2}} + \frac{b}{h_b \cos^2 \frac{B}{2}} + \frac{c}{h_c \cos^2 \frac{C}{2}} \geq \frac{8\sqrt{3}}{3}$$

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$$\begin{aligned} \frac{a}{h_a \cos^2 \frac{A}{2}} + \frac{b}{h_b \cos^2 \frac{B}{2}} + \frac{c}{h_c \cos^2 \frac{C}{2}} &\stackrel{AM-GM}{\geq} 3^3 \sqrt[3]{\frac{abc}{h_a h_b h_c \left(\cos \frac{A}{2} \cos \frac{B}{2} \cos \frac{C}{2}\right)^2}} = \\ &= 3^3 \sqrt[3]{\frac{abc}{\frac{2F}{a} \cdot \frac{2F}{b} \cdot \frac{2F}{c} \cdot \left(\frac{s}{4R}\right)^2}} = 3^3 \sqrt[3]{\frac{(abc)^2 \cdot 16R^2}{8F^3 \cdot s^2}} = 3^3 \sqrt[3]{\frac{16R^2 F^2 \cdot 2R^2}{F^3 s^2}} = \\ &= 3^3 \sqrt[3]{\frac{32R^4}{F s^2}} \stackrel{EULER}{\geq} 3^3 \sqrt[3]{\frac{32 \cdot 2r \cdot R^3}{r s^3}} = 3^3 \sqrt[3]{64 \left(\frac{R}{s}\right)^3} = \frac{12R}{s} \stackrel{MITRINOVIC}{\geq} \\ &\geq \frac{12 \cdot \frac{2}{3\sqrt{3}} s}{s} = \frac{24}{3\sqrt{3}} = \frac{8}{\sqrt{3}} = \frac{8\sqrt{3}}{3} \end{aligned}$$

Equality holds for $a = b = c$.

4199. In acute $\triangle ABC$ the following relationship holds:

$$\frac{a}{h_a \cos^2 \frac{A}{2}} + \frac{b}{h_b \cos^2 \frac{B}{2}} + \frac{c}{h_c \cos^2 \frac{C}{2}} \geq \frac{8\sqrt{3}}{3}$$

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$$\frac{a}{h_a \cos^2 \frac{A}{2}} + \frac{b}{h_b \cos^2 \frac{B}{2}} + \frac{c}{h_c \cos^2 \frac{C}{2}} \stackrel{AM-GM}{\geq} 3^3 \sqrt[3]{\frac{abc}{h_a h_b h_c \left(\cos \frac{A}{2} \cos \frac{B}{2} \cos \frac{C}{2}\right)^2}} =$$

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$$\begin{aligned}
 &= 3^3 \sqrt[3]{\frac{abc}{\frac{2F}{a} \cdot \frac{2F}{b} \cdot \frac{2F}{c} \cdot \left(\frac{s}{4R}\right)^2}} = 3^3 \sqrt[3]{\frac{(abc)^2 \cdot 16R^2}{8F^3 \cdot s^2}} = 3^3 \sqrt[3]{\frac{16R^2 F^2 \cdot 2R^2}{F^3 s^2}} = \\
 &= 3^3 \sqrt[3]{\frac{32R^4}{Fs^2}} \stackrel{\text{EULER}}{\geq} 3^3 \sqrt[3]{\frac{32 \cdot 2r \cdot R^3}{rs^3}} = 3^3 \sqrt[3]{64 \left(\frac{R}{s}\right)^3} = \frac{12R}{s} \stackrel{\text{MITRINOVIC}}{\geq} \\
 &\geq \frac{12 \cdot \frac{2}{3\sqrt{3}}s}{s} = \frac{24}{3\sqrt{3}} = \frac{8}{\sqrt{3}} = \frac{8\sqrt{3}}{3}
 \end{aligned}$$

Equality holds for $a = b = c$.

4200. In acute $\triangle ABC$ the following relationship holds:

$$\frac{a}{r_a \cos A} + \frac{b}{r_b \cos B} + \frac{c}{r_c \cos C} \geq 4\sqrt{3}$$

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We will use the next known result:

$$\cos A \cos B \cos C \leq \frac{1}{8} \quad (1)$$

$$\begin{aligned}
 &\frac{a}{r_a \cos A} + \frac{b}{r_b \cos B} + \frac{c}{r_c \cos C} \geq 3^3 \sqrt[3]{\frac{abc}{r_a r_b r_c \cos A \cos B \cos C}} \geq \\
 &\stackrel{(1)}{\geq} 3^3 \sqrt[3]{\frac{abc}{\frac{F}{s-a} \cdot \frac{F}{s-b} \cdot \frac{F}{s-c} \cdot \frac{1}{8}}} = 3^3 \sqrt[3]{\frac{8abc(s-a)(s-b)(s-c)}{F^3}} = \\
 &= 3^3 \sqrt[3]{\frac{8abc \cdot F^2}{sF^3}} = 6^3 \sqrt[3]{\frac{4RF}{sF}} = 6^3 \sqrt[3]{\frac{4R}{s}} \stackrel{\text{MITRINOVIC}}{\geq} 6^3 \sqrt[3]{\frac{4 \cdot \frac{2}{3\sqrt{3}}s}{s}} = 6^3 \sqrt[3]{\left(\frac{2}{\sqrt{3}}\right)^3} = \\
 &= 6 \cdot \frac{2}{\sqrt{3}} = \frac{12\sqrt{3}}{3} = 4\sqrt{3}
 \end{aligned}$$

Equality holds for $a = b = c$.



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It's nice to be important but more important it's to be nice.

At this paper works a TEAM.

This is RMM TEAM.

To be continued!

Daniel Sitaru