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J.3355. *Proposed by Mihály Bencze and Neculai Stanciu, Romania.* Let a, b, c be three positive real numbers. Prove that

$$\frac{a}{2b + 7 \cdot \sqrt[4]{ab^3}} + \frac{b}{2c + 7 \cdot \sqrt[4]{bc^3}} + \frac{c}{2a + 7 \cdot \sqrt[4]{ca^3}} \geq \frac{1}{3}$$

Solution by José Luis Díaz Barrero, Barcelona, Spain. By the AM-GM inequality, we can bound the radical term in the denominator:

$$\sqrt[4]{ab^3} = \sqrt[4]{a \cdot b \cdot b \cdot b} \leq \frac{a + b + b + b}{4} = \frac{a + 3b}{4}$$

Substituting this upper bound back into the first denominator yields

$$2b + 7\sqrt[4]{ab^3} \leq 2b + 7 \left(\frac{a + 3b}{4} \right) = \frac{8b + 7a + 21b}{4} = \frac{7a + 29b}{4}$$

Since maximizing the denominator minimizes the value of the fraction, we obtain the following inequality

$$\frac{a}{2b + 7\sqrt[4]{ab^3}} \geq \frac{a}{\frac{7a + 29b}{4}} = \frac{4a}{7a + 29b}$$

By applying the same cyclic permutation to the remaining two terms, we get

$$\frac{b}{2c + 7\sqrt[4]{bc^3}} \geq \frac{4b}{7b + 29c}$$

$$\frac{c}{2a + 7\sqrt[4]{ca^3}} \geq \frac{4c}{7c + 29a}$$

Adding up these three results together, the problem reduces to prove that

$$\sum_{cyc} \frac{4a}{7a + 29b} \geq \frac{1}{3} \Leftrightarrow \sum_{cyc} \frac{a}{7a + 29b} \geq \frac{1}{12}$$

To handle the cyclic fractions, we rewrite each term to apply Cauchy-Schwarz inequality:

$$\sum_{cyc} \frac{a}{7a + 29b} = \sum_{cyc} \frac{a^2}{7a^2 + 29ab}$$

Applying CBS gives

$$\begin{aligned} \sum_{cyc} \frac{a^2}{7a^2 + 29ab} &\geq \frac{(a + b + c)^2}{(7a^2 + 29ab) + (7b^2 + 29bc) + (7c^2 + 29ca)} \\ &\geq \frac{(a + b + c)^2}{7(a^2 + b^2 + c^2) + 29(ab + bc + ca)} \end{aligned}$$

It remains to show that this lower bound is greater than or equal to $\frac{1}{12}$:

$$\frac{(a+b+c)^2}{7(a^2+b^2+c^2)+29(ab+bc+ca)} \geq \frac{1}{12}$$

Expanding the numerator $(a+b+c)^2 = a^2 + b^2 + c^2 + 2(ab+bc+ca)$ and cross-multiplying results in

$$12(a^2+b^2+c^2) + 24(ab+bc+ca) \geq 7(a^2+b^2+c^2) + 29(ab+bc+ca)$$

Subtracting $7(a^2+b^2+c^2)$ and $24(ab+bc+ca)$ from both sides simplifies the expression to

$$a^2+b^2+c^2 \geq ab+bc+ca$$

Since $a^2+b^2+c^2 \geq ab+bc+ca$ is a well-known fundamental inequality that holds true for all real numbers, the original inequality is proven. Equality holds if and only if $a=b=c$.