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J.3311. *Proposed by Dumitru Bătineţu-Giurgiu and Claudia Nănuţi, Romania.*
 In any triangle ABC the following inequality holds:

$$\frac{a}{h_a} + \frac{b}{h_b} + \frac{c}{h_c} \geq 2\sqrt{3}.$$

Solution by José Luis Díaz-Barrero, Barcelona, Spain. Let Δ denote the area of the triangle ABC . The area can be expressed in terms of each side and its corresponding altitude:

$$\Delta = \frac{1}{2}ah_a = \frac{1}{2}bh_b = \frac{1}{2}ch_c$$

From these relations, we express the altitudes as:

$$h_a = \frac{2\Delta}{a}, \quad h_b = \frac{2\Delta}{b}, \quad h_c = \frac{2\Delta}{c}$$

Substituting these into the left-hand side of the target inequality gives:

$$\frac{a}{\frac{2\Delta}{a}} + \frac{b}{\frac{2\Delta}{b}} + \frac{c}{\frac{2\Delta}{c}} = \frac{a^2}{2\Delta} + \frac{b^2}{2\Delta} + \frac{c^2}{2\Delta} = \frac{a^2 + b^2 + c^2}{2\Delta}$$

Thus, the original inequality is logically equivalent to:

$$\frac{a^2 + b^2 + c^2}{2\Delta} \geq 2\sqrt{3} \Rightarrow a^2 + b^2 + c^2 \geq 4\sqrt{3}\Delta$$

The inequality $a^2 + b^2 + c^2 \geq 4\sqrt{3}\Delta$ is known as Weitzenböck's Inequality. For ease of reference, we will prove it by using the Law of Cosines and the area formula $\Delta = \frac{1}{2}ab \sin C$. Indeed, by the Law of Cosines, $c^2 = a^2 + b^2 - 2ab \cos C$. Substituting this yields:

$$\begin{aligned} a^2 + b^2 + c^2 &= 2a^2 + 2b^2 - 2ab \cos C \\ &= 2(a - b)^2 + 4ab - 2ab \cos C \end{aligned}$$

We want to show that this expression is greater than or equal to $4\sqrt{3}\Delta = 2\sqrt{3}ab \sin C$:

$$2(a - b)^2 + 4ab - 2ab \cos C \geq 2\sqrt{3}ab \sin C$$

Since $2(a - b)^2 \geq 0$, it suffices to establish that:

$$4ab - 2ab \cos C \geq 2\sqrt{3}ab \sin C$$

Dividing both sides by $2ab$ simplifies the statement to:

$$2 - \cos C \geq \sqrt{3} \sin C \Rightarrow 2 \geq \cos C + \sqrt{3} \sin C$$

Using the linear combination trigonometric identity, the right-hand side can be rewritten as:

$$\cos C + \sqrt{3} \sin C = 2 \left(\frac{1}{2} \cos C + \frac{\sqrt{3}}{2} \sin C \right) = 2 \sin(C + 30^\circ)$$

Since the maximum possible value of the sine function is 1, then it is true that $2 \geq 2 \sin(C + 30^\circ)$. Because Weitzenböck's inequality holds for all triangles, our algebraic transformation confirms that:

$$\frac{a}{h_a} + \frac{b}{h_b} + \frac{c}{h_c} \geq 2\sqrt{3}$$

Equality holds if and only if $a = b = c$, meaning the triangle ABC is equilateral.