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Prove that in any ΔABC holds:

$$\sin^6 \frac{A}{2} + \sin^6 \frac{B}{2} + \sin^6 \frac{C}{2} \geq \frac{3}{64}$$

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Let A, B, C be the internal angles of ΔABC . Using the fundamental trigonometric identity:

$$\sum \sin^2 \frac{A}{2} = 1 - 2 \prod \sin \frac{A}{2}$$

By Euler's Inequality ($R \geq 2r$):

$$\prod \sin \frac{A}{2} = \frac{r}{4R} \stackrel{\text{Euler}}{\leq} \frac{1}{8}$$

Therefore:

$$\sum \sin^2 \frac{A}{2} = 1 - 2 \prod \sin \frac{A}{2} \stackrel{\text{Euler}}{\geq} 1 - 2 \left(\frac{1}{8} \right) = \frac{3}{4}$$

Now, applying the Power Mean Inequality:

$$\sum_{cyc} \sin^6 \frac{A}{2} \geq 3 \cdot \left(\frac{\sum_{cyc} \sin^2 \frac{A}{2}}{3} \right)^3 \geq 3 \cdot \frac{1}{27} \cdot \left(\frac{3}{4} \right)^3 = \frac{3}{64}$$

Equality holds if and only if $A = B = C = 60^\circ$ (ΔABC is equilateral).