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In $\triangle ABC$ the following relationship holds:

$$\sqrt{a \sin \frac{A}{2}} + \sqrt{b \sin \frac{B}{2}} + \sqrt{c \sin \frac{C}{2}} \leq \frac{3\sqrt[4]{12R^2}}{2}$$

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Solution by Daniel Sitaru – Romania

$$\begin{aligned} \sqrt{a \sin \frac{A}{2}} + \sqrt{b \sin \frac{B}{2}} + \sqrt{c \sin \frac{C}{2}} &\stackrel{CBS}{\leq} \sqrt{\sum_{cyc} a \cdot \sum_{cyc} \sin \frac{A}{2}} \stackrel{JENSEN}{\geq} \sqrt{2s \cdot 3 \sin \left(\frac{A+B+C}{6} \right)} = \\ &= \sqrt{6s \cdot \sin \frac{\pi}{6}} = \sqrt{6s \cdot \frac{1}{2}} = \sqrt{3}s \end{aligned}$$

Remains to prove:

$$\sqrt{3}s \leq \frac{3\sqrt[4]{12R^2}}{2} \Leftrightarrow 3s \leq \frac{9\sqrt{12R^2}}{4} \Leftrightarrow 4s \leq 3\sqrt{12R^2} \Leftrightarrow s \leq \frac{3 \cdot 2\sqrt{3}R}{4} \Leftrightarrow s \leq \frac{3\sqrt{3}R}{2}$$

(MITRINOVIC)

Equality holds for $a = b = c$.