

ROMANIAN MATHEMATICAL MAGAZINE

In $\triangle ABC$ the following relationship holds:

$$GA^2 + GB^2 + GC^2 \leq 3R^2$$

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$$\begin{aligned} GA^2 + GB^2 + GC^2 &= \sum_{cyc} GA^2 = \sum_{cyc} \left(\frac{2}{3} m_a \right)^2 = \frac{4}{9} \sum_{cyc} m_a^2 = \\ &= \frac{4}{9} \cdot \frac{3}{4} (a^2 + b^2 + c^2) = \frac{1}{3} (a^2 + b^2 + c^2) = \frac{1}{3} \cdot 2(s^2 - r^2 - 4Rr) \stackrel{GERRETSEN}{\leq} \\ &\leq \frac{2}{3} (4R^2 + 3r^2 + 4Rr - r^2 - 4Rr) = \frac{2}{3} (4R^2 + 2r^2) = \frac{2}{3} \left(4R^2 + 2 \cdot \frac{R^2}{4} \right) \\ &= \frac{2}{3} \cdot \frac{18R^2}{4} = \frac{18R^2}{6} = 3R^2 \end{aligned}$$

Equality holds for $a = b = c$.