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In any ΔABC the following relationship holds :

$$\max\{n_a, n_b, n_c\} \leq \max\{r_a, r_b, r_c\} \leq 2R - r + 2\sqrt{R(R - 2r)}$$

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$$\begin{aligned} r_a + r &= \frac{r \cdot p}{p - a} + \frac{r \cdot p}{p} = \frac{r(b + c)}{p - a} \quad (p \rightarrow \text{semi-perimeter}) \\ &= \frac{4R \sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2} \cdot 4R \cos \frac{A}{2} \cos \frac{B-C}{2}}{4R \cos \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2}} \therefore r_a + r \stackrel{(1)}{=} 4Rsc \end{aligned}$$

$$\left(\text{where } c = \cos \frac{B-C}{2}, s = \sin \frac{A}{2} \right) \text{ and again,}$$

$$2R + 2\sqrt{R(R - 2r)} \stackrel{(2)}{=} 2R + 2R \cdot \sqrt{1 - 4sc + 4s^2}$$

$$\text{Now, (1) and (2)} \Rightarrow r_a \stackrel{?}{\leq} 2R - r + 2\sqrt{R(R - 2r)}$$

$$\Leftrightarrow 4Rsc \stackrel{?}{\leq} 2R + 2R \cdot \sqrt{1 - 4sc + 4s^2} \Leftrightarrow 2sc - 1 \stackrel{?}{\leq} \sqrt{1 - 4sc + 4s^2} \text{ and if}$$

$2sc - 1 < 0$, then : (*) is trivially true and when : $2sc - 1 \geq 0$ and then :

$$(*) \Leftrightarrow 4s^2c^2 - 4sc + 1 \stackrel{?}{\leq} 1 - 4sc + 4s^2 \Leftrightarrow 4s^2(c^2 - 1) \leq 0 \rightarrow \text{true}$$

$$\therefore c^2 = \cos^2 \frac{B-C}{2} \leq 1 \Rightarrow (*) \text{ is true } \forall \Delta ABC$$

$$\therefore r_a \leq 2R - r + 2\sqrt{R(R - 2r)} \text{ and similarly}$$

$$r_b, r_c \leq 2R - r + 2\sqrt{R(R - 2r)} \text{ and so,}$$

$$\boxed{\max\{r_a, r_b, r_c\} \leq 2R - r + 2\sqrt{R(R - 2r)}} \text{ and now, } n_a^2 \stackrel{\text{Bogdan Fustei}}{=} s^2 - \frac{r}{R} \cdot s^2 \cdot \sec^2 \frac{A}{2} \therefore \text{if } a \leq b, \text{ then, as } \sec^2 \frac{A}{2} \leq \sec^2 \frac{B}{2}, \text{ hence } n_a^2 \geq n_b^2 \rightarrow (1)$$

and we segregate into the following cases :

$$\begin{aligned} \text{Case 1 } a \leq b \leq c \text{ and then : } \max\{n_a, n_b, n_c\} &\stackrel{?}{\leq} \max\{r_a, r_b, r_c\} \stackrel{\text{via (1)}}{\Leftrightarrow} n_a^2 \stackrel{?}{\leq} r_c^2 \\ &\stackrel{\text{Bogdan Fustei}}{\Leftrightarrow} s(s-a) + \frac{s}{a}(b-c)^2 \stackrel{?}{\leq} \frac{s(s-a)(s-b)(s-c)}{(s-c)^2} \end{aligned}$$

$$\Leftrightarrow \frac{xy}{z} \stackrel{?}{\geq} x + \frac{(y-z)^2}{y+z} \quad (x = s-a, y = s-b, z = s-c)$$

$$\Leftrightarrow (y-z)(xy + z^2 + z(x-y)) \stackrel{?}{\geq} 0 \rightarrow \text{true} \therefore a \leq b \leq c \Rightarrow x \geq y \geq z$$

$$\text{Case 2 } a \leq c \leq b \text{ and then : } \max\{n_a, n_b, n_c\} \stackrel{?}{\leq} \max\{r_a, r_b, r_c\} \stackrel{\text{via (1)}}{\Leftrightarrow} n_a^2 \stackrel{?}{\leq} r_b^2$$

$$\Leftrightarrow (z-y)(xz + y^2 + y(x-z)) \stackrel{?}{\geq} 0 \rightarrow \text{true} \therefore a \leq c \leq b \Rightarrow x \geq z \geq y$$

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$$\boxed{\text{Case 3}} \quad b \leq c \leq a \text{ and then : } \max\{n_a, n_b, n_c\} \stackrel{?}{\leq} \max\{r_a, r_b, r_c\} \stackrel{\text{via } ①}{\Leftrightarrow} n_b^2 \stackrel{?}{\leq} r_a^2 \\ \Leftrightarrow (z-x)(yz+x^2+x(y-z)) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because b \leq c \leq a \Rightarrow y \geq z \geq x$$

$$\boxed{\text{Case 4}} \quad b \leq a \leq c \text{ and then : } \max\{n_a, n_b, n_c\} \stackrel{?}{\leq} \max\{r_a, r_b, r_c\} \stackrel{\text{via } ①}{\Leftrightarrow} n_b^2 \stackrel{?}{\leq} r_c^2 \\ \Leftrightarrow (x-z)(xy+z^2+z(y-x)) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because b \leq a \leq c \Rightarrow y \geq x \geq z$$

$$\boxed{\text{Case 5}} \quad c \leq a \leq b \text{ and then : } \max\{n_a, n_b, n_c\} \stackrel{?}{\leq} \max\{r_a, r_b, r_c\} \stackrel{\text{via } ①}{\Leftrightarrow} n_c^2 \stackrel{?}{\leq} r_b^2 \\ \Leftrightarrow (x-y)(zx+y^2+y(z-x)) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because c \leq a \leq b \Rightarrow z \geq x \geq y$$

$$\boxed{\text{Case 6}} \quad c \leq b \leq a \text{ and then : } \max\{n_a, n_b, n_c\} \stackrel{?}{\leq} \max\{r_a, r_b, r_c\} \stackrel{\text{via } ①}{\Leftrightarrow} n_c^2 \stackrel{?}{\leq} r_a^2 \\ \Leftrightarrow (y-x)(yz+x^2+x(z-y)) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because c \leq b \leq a \Rightarrow z \geq y \geq x$$

$\therefore$ combining *all cases*, $\boxed{\max\{n_a, n_b, n_c\} \leq \max\{r_a, r_b, r_c\}}$ and so,

$$\max\{n_a, n_b, n_c\} \leq \max\{r_a, r_b, r_c\} \leq 2R - r + 2\sqrt{R(R-2r)} \quad \forall \Delta ABC, \\ " = " \text{ iff } \Delta ABC \text{ is isosceles (QED)}$$