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In any ΔABC the following relationship holds :

$$2R - r - 2\sqrt{R(R - 2r)} \leq \min\{r_a, r_b, r_c\} \leq \min\{h_a, h_b, h_c\}$$

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$$r_a + r = \frac{r \cdot p}{p - a} + \frac{r \cdot p}{p} = \frac{r(b + c)}{p - a} \quad (p \rightarrow \text{semi-perimeter})$$

$$= \frac{4R \sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2} \cdot 4R \cos \frac{A}{2} \cos \frac{B-C}{2}}{4R \cos \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2}} \therefore r_a + r \stackrel{(1)}{=} 4Rsc \left(c = \cos \frac{B-C}{2}, s = \sin \frac{A}{2} \right)$$

$$\text{and again, } 2R - 2\sqrt{R(R - 2r)} \stackrel{(2)}{=} 2R - 2R \cdot \sqrt{1 - 4sc + 4s^2}$$

$$\text{Now, } (1) \text{ and } (2) \Rightarrow r_a \stackrel{?}{\geq} 2R - r - 2\sqrt{R(R - 2r)}$$

$$\Leftrightarrow 4Rsc \stackrel{?}{\geq} 2R - 2R \cdot \sqrt{1 - 4sc + 4s^2} \Leftrightarrow \sqrt{1 - 4sc + 4s^2} \stackrel{?}{\leq} 1 - 2sc \text{ and if}$$

$1 - 2sc < 0$, then : $(**) \text{ is trivially true and when : } 1 - 2sc \geq 0$, then :

$$(*) \Leftrightarrow 1 - 4sc + 4s^2 \stackrel{?}{\geq} 4s^2c^2 - 4sc + 1 \Leftrightarrow 4s^2(1 - c^2) \stackrel{?}{\geq} 0 \rightarrow \text{true}$$

$$\therefore c^2 = \cos^2 \frac{B-C}{2} \leq 1 \Rightarrow (*) \text{ is true } \forall \Delta ABC$$

$$\therefore r_a \geq 2R - r - 2\sqrt{R(R - 2r)} \text{ and similarly } r_b, r_c \geq 2R - r - 2\sqrt{R(R - 2r)}$$

$$\text{and so, } \boxed{\min\{r_a, r_b, r_c\} \geq 2R - r - 2\sqrt{R(R - 2r)}} \text{ and now,}$$

we segregate into the following cases :

$$\boxed{\text{Case 1}} \quad a \leq b \leq c \text{ and then : } \min\{r_a, r_b, r_c\} \stackrel{?}{\leq} \min\{h_a, h_b, h_c\} \Leftrightarrow r_a \stackrel{?}{\leq} h_c$$

$$\Leftrightarrow b + c - a \stackrel{?}{\geq} c \Leftrightarrow b \stackrel{?}{\geq} a \rightarrow \text{true}$$

$$\boxed{\text{Case 2}} \quad a \leq c \leq b \text{ and then : } \min\{r_a, r_b, r_c\} \stackrel{?}{\leq} \min\{h_a, h_b, h_c\} \Leftrightarrow r_a \stackrel{?}{\leq} h_b$$

$$\Leftrightarrow b + c - a \stackrel{?}{\geq} b \Leftrightarrow c \stackrel{?}{\geq} a \rightarrow \text{true}$$

$$\boxed{\text{Case 3}} \quad b \leq c \leq a \text{ and then : } \min\{r_a, r_b, r_c\} \stackrel{?}{\leq} \min\{h_a, h_b, h_c\} \Leftrightarrow r_b \stackrel{?}{\leq} h_a$$

$$\Leftrightarrow c + a - b \stackrel{?}{\geq} a \Leftrightarrow c \stackrel{?}{\geq} b \rightarrow \text{true}$$

$$\boxed{\text{Case 4}} \quad b \leq a \leq c \text{ and then : } \min\{r_a, r_b, r_c\} \stackrel{?}{\leq} \min\{h_a, h_b, h_c\} \Leftrightarrow r_b \stackrel{?}{\leq} h_c$$

$$\Leftrightarrow c + a - b \stackrel{?}{\geq} c \Leftrightarrow a \stackrel{?}{\geq} b \rightarrow \text{true}$$

$$\boxed{\text{Case 5}} \quad c \leq a \leq b \text{ and then : } \min\{r_a, r_b, r_c\} \stackrel{?}{\leq} \min\{h_a, h_b, h_c\} \Leftrightarrow r_c \stackrel{?}{\leq} h_b$$

$$\Leftrightarrow a + b - c \stackrel{?}{\geq} b \Leftrightarrow a \stackrel{?}{\geq} c \rightarrow \text{true}$$

$$\boxed{\text{Case 6}} \quad c \leq b \leq a \text{ and then : } \min\{r_a, r_b, r_c\} \stackrel{?}{\leq} \min\{h_a, h_b, h_c\} \Leftrightarrow r_c \stackrel{?}{\leq} h_a$$

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$\Leftrightarrow a + b - c \stackrel{?}{\geq} a \Leftrightarrow b \stackrel{?}{\geq} c \rightarrow \text{true} \therefore \text{combining all cases,}$

$\boxed{\min\{r_a, r_b, r_c\} \leq \min\{h_a, h_b, h_c\}}$ and so,

$2R - r - 2\sqrt{R(R - 2r)} \leq \min\{r_a, r_b, r_c\} \leq \min\{h_a, h_b, h_c\} \forall \Delta ABC,$
 $" = "$ iff ΔABC is isosceles (QED)