

ROMANIAN MATHEMATICAL MAGAZINE

In any ΔABC the following relationship holds :

$$\sqrt{\frac{R}{2r}} \geq \frac{s\sqrt{3} + n_a + n_b + n_c}{h_a + h_b + h_c + r_a + r_b + r_c}$$

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$$\begin{aligned} \sum_{\text{cyc}} n_a &\stackrel{\text{CBS}}{\leq} \sqrt{3 \sum_{\text{cyc}} n_a^2} \stackrel{\text{Bogdan Fustei}}{=} \sqrt{3 \sum_{\text{cyc}} \left(s^2 - \frac{r}{R} \cdot s^2 \cdot \sec^2 \frac{A}{2} \right)} \\ &= \sqrt{3 \left(\frac{(3R-r)s^2 - r(4R+r)^2}{R} \right)} \therefore s\sqrt{3} + n_a + n_b + n_c \stackrel{\text{CBS}}{\leq} \sqrt{2} \cdot \sqrt{3s^2 + \left(\sum_{\text{cyc}} n_a \right)^2} \\ &\leq \sqrt{2} \cdot \sqrt{3s^2 + 3 \left(\frac{(3R-r)s^2 - r(4R+r)^2}{R} \right)} \text{ and so, it suffices to prove :} \\ &\frac{R}{2r} \stackrel{?}{\geq} \frac{6s^2 + 6 \left(\frac{(3R-r)s^2 - r(4R+r)^2}{R} \right)}{\left(\frac{s^2 + 4Rr + r^2}{2R} + 4R + r \right)^2} \Leftrightarrow s^4 + \end{aligned}$$

$$(16R^2 - 180Rr + 50r^2)s^2 + 64R^4 + 96R^3r + 820R^2r^2 + 396Rr^3 + 49r^4 \stackrel{?}{\geq} 0 \quad (1)$$

and $\therefore (s^2 - 16Rr + 5r^2)^2 \stackrel{\text{Gerretsen}}{\geq} 0 \therefore$ in order to prove (1), it suffices to prove :

$$\begin{aligned} \text{LHS of (1)} &\stackrel{?}{\geq} (s^2 - 16Rr + 5r^2)^2 \Leftrightarrow (4R^2 - 37Rr + 10r^2)s^2 + \\ &16R^4 + 24R^3r + 141R^2r^2 + 139Rr^3 + 6r^4 \stackrel{?}{\geq} 0 \text{ and it's trivially true if :} \end{aligned}$$

$$4R^2 - 37Rr + 10r^2 \geq 0 \text{ and when : } 4R^2 - 37Rr + 10r^2 < 0, \text{ then :}$$

$$\begin{aligned} \text{LHS of (2)} &\stackrel{\text{Blundon-Gerretsen}}{\geq} \\ (4R^2 - 37Rr + 10r^2) \cdot \frac{R(4R+r)^2}{4R-2r} + 16R^4 + 24R^3r + 141R^2r^2 + 139Rr^3 + 6r^4 &\stackrel{?}{\geq} 0 \end{aligned}$$

$$\Leftrightarrow 128t^5 - 496t^4 + 384t^3 + 317t^2 - 244t - 12 \stackrel{?}{\geq} 0 \left(t = \frac{R}{r} \right)$$

$$\Leftrightarrow (t-2)(4t+3)(21t^2 + 10t(t-2) + (t^2-4) + 3) \stackrel{?}{\geq} 0 \rightarrow \text{true} \therefore t \stackrel{\text{Euler}}{\geq} 2$$

$$\Rightarrow (2) \Rightarrow (1) \text{ is true } \forall \Delta ABC \therefore \sqrt{\frac{R}{2r}} \geq \frac{s\sqrt{3} + n_a + n_b + n_c}{h_a + h_b + h_c + r_a + r_b + r_c} \forall ABC,$$

" = " iff ΔABC is equilateral (QED)