

ROMANIAN MATHEMATICAL MAGAZINE

In $\triangle ABC$ the following relationship holds:

$$\frac{m_a^2 + m_b^2}{c} + \frac{m_b^2 + m_c^2}{a} + \frac{m_c^2 + m_a^2}{b} \geq 9\sqrt{3}r$$

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$$\begin{aligned} & \frac{m_a^2 + m_b^2}{c} + \frac{m_b^2 + m_c^2}{a} + \frac{m_c^2 + m_a^2}{b} = \\ &= \sum_{cyc} \frac{m_a^2 + m_b^2}{c} = \sum_{cyc} \frac{2(b^2 + c^2) - a^2 + 2(a^2 + c^2) - b^2}{4c} = \\ &= \sum_{cyc} \frac{b^2 + a^2 + 4c^2}{4c} = \frac{1}{4} \sum_{cyc} \frac{b^2}{c} + \frac{1}{4} \sum_{cyc} \frac{a^2}{c} + \sum_{cyc} c \geq \\ & \stackrel{BERGSTROM}{\geq} \frac{1}{4} \cdot \frac{(a+b+c)^2}{a+b+c} + \frac{1}{4} \cdot \frac{(a+b+c)^2}{a+b+c} + 2s = \\ &= \frac{a+b+c}{4} + \frac{a+b+c}{4} + 2s = \frac{2s}{4} + \frac{2s}{4} + 2s = \\ &= \frac{4s}{4} + 2s = 3s \stackrel{MITRINOVIC}{\geq} 3 \cdot 3\sqrt{3}r = 9\sqrt{3}r \end{aligned}$$

Equality holds for $a = b = c$.