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In $\triangle ABC$ the following relationship holds:

$$\sum_{cyc} \frac{r_b \sqrt{r_c}}{r_a^2} \geq \sqrt{\frac{3}{r}}$$

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$$\text{Let } r_a = \frac{1}{x}, r_b = \frac{1}{y}, \text{ and } r_c = \frac{1}{z}.$$

$$\text{Using the identity } \sum_{cyc} \frac{1}{r_a} = \frac{1}{r}, \text{ we have } x + y + z = \frac{1}{r}.$$

$$\text{Substituting these into the LHS: } LHS = \sum_{cyc} \frac{r_b \sqrt{r_c}}{r_a^2} = \sum_{cyc} \frac{\frac{1}{y} \sqrt{\frac{1}{z}}}{\frac{1}{x^2}} = \sum_{cyc} \frac{x^2}{y\sqrt{z}}$$

$$\text{Now, } \sum_{cyc} \frac{x^2}{y\sqrt{z}} \stackrel{\text{BERGSTROM}}{\geq} \frac{(x+y+z)^2}{\sum_{cyc} y\sqrt{z}} \mapsto \textcircled{1}$$

Again by Cauchy's Inequality,

$$\left(\sum_{cyc} \sqrt{y} \cdot \sqrt{yz} \right)^2 = \left(\sum_{cyc} y\sqrt{z} \right)^2 \leq (x+y+z)(xy+yz+zx) \Rightarrow$$

$$\sum_{cyc} y\sqrt{z} \leq \sqrt{(x+y+z)(xy+yz+zx)}$$

Substituting this bound back into $\textcircled{1}$:

$$\sum_{cyc} \frac{x^2}{y\sqrt{z}} \geq \frac{(x+y+z)^2}{\sqrt{(x+y+z)(xy+yz+zx)}} = \sqrt{\frac{(x+y+z)^3}{(xy+yz+zx)}}$$

Since $(a+b+c)^2 \geq 3(ab+bc+ac)$, it follows that:

$$\sum_{cyc} \frac{h_b \sqrt{h_c}}{h_a^2} = \sum_{cyc} \frac{x^2}{y\sqrt{z}} \geq \sqrt{\frac{(x+y+z)^3}{(xy+yz+zx)}} \geq \sqrt{3(x+y+z)} = \sqrt{3 \cdot \frac{1}{r}}$$

$$\therefore \sum_{cyc} \frac{r_b \sqrt{r_c}}{r_a^2} \geq \sqrt{\frac{3}{r}}$$

Equality holds if and only if the triangle is equilateral.