

ROMANIAN MATHEMATICAL MAGAZINE

In any ΔABC the following relationship holds :

$$g_a n_a \leq s(s-a) + \frac{1}{2}(b-c)^2 \leq m_a n_a$$

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$$\begin{aligned}
 & g_a n_a \leq s(s-a) + \frac{1}{2}(b-c)^2 \\
 \Leftrightarrow & \left(s(s-a) - \frac{(s-a)(b-c)^2}{a} \right) \left(s(s-a) + \frac{s}{a}(b-c)^2 \right) \leq \\
 & s^2(s-a)^2 + \frac{(b-c)^4}{4} + s(s-a)(b-c)^2 \\
 \Leftrightarrow & s^2(s-a)^2 + \frac{s^2(s-a)}{a}(b-c)^2 - \frac{s(s-a)^2}{a}(b-c)^2 - \frac{s(s-a)}{a^2}(b-c)^4 \leq \\
 & s^2(s-a)^2 + \frac{(b-c)^4}{4} + s(s-a)(b-c)^2 \\
 \Leftrightarrow & \left(\frac{1}{4} + \frac{s(s-a)}{a^2} \right) (b-c)^2 + s(s-a) \left(1 + \frac{s-a}{a} - \frac{s}{a} \right) \geq 0 \quad (\because (b-c)^2 \geq 0) \\
 \Leftrightarrow & \frac{(2s-a)^2(b-c)^2}{4a^2} \geq 0 \rightarrow \text{true} \therefore g_a n_a \leq s(s-a) + \frac{1}{2}(b-c)^2 \\
 & \text{and } m_a n_a \geq s(s-a) + \frac{1}{2}(b-c)^2 \\
 \Leftrightarrow & \left(s(s-a) + \frac{(b-c)^2}{4} \right) \left(s(s-a) + \frac{s}{a}(b-c)^2 \right) \geq \\
 & s^2(s-a)^2 + \frac{(b-c)^4}{4} + s(s-a)(b-c)^2 \\
 \Leftrightarrow & s^2(s-a)^2 + \frac{s^2(s-a)}{a}(b-c)^2 + \frac{s(s-a)}{4}(b-c)^2 + \frac{s}{4a}(b-c)^4 \geq \\
 & s^2(s-a)^2 + \frac{(b-c)^4}{4} + s(s-a)(b-c)^2 \\
 \Leftrightarrow & \frac{s-a}{4a} \cdot (b-c)^2 + s(s-a) \left(\frac{s}{a} + \frac{1}{4} - 1 \right) \geq 0 \quad (\because (b-c)^2 \geq 0) \\
 \Leftrightarrow & \frac{s-a}{4a} \cdot (b-c)^2 + s(s-a) \left(\frac{4s-3a}{a} \right) \geq 0 \rightarrow \text{true} \therefore s > a \\
 & \therefore m_a n_a \geq s(s-a) + \frac{1}{2}(b-c)^2 \text{ and so,} \\
 & g_a n_a \leq s(s-a) + \frac{1}{2}(b-c)^2 \leq m_a n_a \forall \Delta ABC, "=" iff $b = c$ (QED)
 \end{aligned}$$