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In any ΔABC the following relationship holds :

$$\sqrt{h_a h_b} + \sqrt{h_b h_c} + \sqrt{h_c h_a} \leq \frac{8}{9} \cdot R + \frac{65}{9} \cdot r$$

Proposed by Dang Ngoc Minh-Vietnam

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \sum_{\text{cyc}} \sqrt{h_b h_c} &= \frac{1}{2R} \cdot \sum_{\text{cyc}} \sqrt{ca \cdot ab} \\ &= \frac{1}{2R} \cdot \sum_{\text{cyc}} \left(\frac{a}{\sqrt{(s-b)(s-c)}} \cdot \sqrt{bc(s-b)(s-c)} \right) \\ &\stackrel{\text{CBS}}{\leq} \frac{1}{2R} \cdot \sqrt{\sum_{\text{cyc}} \frac{a^2(s-a)}{r^2 s}} \cdot \sqrt{r^2 s^2 \cdot \sum_{\text{cyc}} \frac{bc}{s(s-a)}} \\ &= \frac{1}{2R} \cdot \sqrt{\frac{2s(s^2 - 4Rr - r^2) - 2s(s^2 - 6Rr - 3r^2)}{s}} \cdot \sqrt{s^2 \cdot \sum_{\text{cyc}} \sec^2 \frac{A}{2}} \\ &= \frac{1}{2R} \cdot \sqrt{4Rr + 4r^2} \cdot \sqrt{s^2 \cdot \frac{(4R+r)^2 + s^2}{s^2}} \stackrel{?}{\leq} \frac{8R + 65r}{9} \\ &\Leftrightarrow (16R^2 + 130Rr)^2 \stackrel{?}{\geq} 81(4Rr + 4r^2)((4R+r)^2 + s^2) \quad (*) \end{aligned}$$

Now, LHS of (*) $\stackrel{\text{Blundon-Gerretsen}}{\leq} 81(4Rr + 4r^2) \left((4R+r)^2 + \frac{R(4R+r)^2}{4R-2r} \right)$

$$\stackrel{?}{\leq} (16R^2 + 130Rr)^2$$

$$\Leftrightarrow 256t^5 - 2448t^4 + 7692t^3 - 8207t^2 + 1053t + 162 \stackrel{?}{\geq} 0 \quad \left(t = \frac{R}{r} \right) \quad (**)$$

Case 1 $t \geq \frac{16689}{4309}$ and then : LHS of (**) =

$$(t-2) \left(\left(\frac{64t^2 - 4t + 25}{4} \right) (4t-15)^2 + \frac{1632t - 5949}{4} \right) > 0$$

$(\because t \geq \frac{16689}{4309} > \frac{5949}{1632} > 2) \Rightarrow (**)$ is true

Case 2 $t < \frac{16689}{4309}$ and then : LHS of (**) =

$$(t-2) \left(\left(\frac{641t^2 + 88t(t-2) + 39(t^2-4)}{27} \right) (3t-11)^2 + \frac{16689 - 4309t}{27} \right) \geq 0$$

$(\because 2 \stackrel{\text{Euler}}{\leq} t < \frac{16689}{4309}) \Rightarrow (**)$ is true \therefore combining both cases, (**) \Rightarrow (*)

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is true $\forall \Delta ABC$ and so, $\sqrt{h_a h_b} + \sqrt{h_b h_c} + \sqrt{h_c h_a} \leq \frac{8}{9} \cdot R + \frac{65}{9} \cdot r \forall ABC$,
" = " iff ΔABC is equilateral (QED)