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JP.598 Let $n \geq 4$, and let a_1, a_2, \dots, a_n be nonnegative real numbers such that $a_1 \geq a_2 \geq \dots \geq a_n$ and $a_1 a_2 + a_2 a_3 + \dots + a_n a_1 = n$. Prove that:

$$\frac{1}{2a_1 + 5} + \frac{1}{2a_2 + 5} + \dots + \frac{1}{2a_n + 5} \geq \frac{n}{7}$$

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Solution by proposer

Denoting

$$x = \frac{a_2 + \dots + a_{n-1}}{n-2}, \quad S = \frac{a_1 + a_n}{2}$$

by Lemma below we have

$$(n-3)x^2 + 2Sx + a_1 a_n \leq n.$$

By the AM-HM inequality,

$$\frac{1}{2a_2 + 5} + \dots + \frac{1}{2a_{n-1} + 5} \geq \frac{(n-2)^2}{(2a_2 + 5) + \dots + (2a_{n-1} + 5)} = \frac{n-2}{2x+5}$$

So, it suffices to show that

$$\frac{1}{2a_1 + 5} + \frac{1}{2a_n + 5} + \frac{n-2}{2x+5} \geq \frac{n}{7}$$

for $a_1 \geq x \geq a_n \geq 0$ and $(n-3)x^2 + 2Sx + a_1 a_n \leq n$. Since the left side of the required inequality decreases if each of a_1, a_n and x increases, it is enough to consider the case

$$(n-3)x^2 + 2Sx + a_1 a_n = n.$$

Since $2S = a_1 + a_2 \geq a_1 \geq x$, we get

$$n = (n-3)x^2 + 2Sx + a_1 a_n \geq (n-3)x^2 + x^2 + a_1 a_n \geq (n-2)x^2,$$

hence

$$0 < x \leq x_1, \quad x_1 = \sqrt{\frac{n}{n-2}}.$$

From $(x - a_1)(x - a_n) \leq 0$, we get $a_1 a_n \leq 2Sx - x^2$, hence

$$n = (n-3)x^2 + 2Sx + a_1 a_n \leq (n-3)x^2 + 2Sx + (2Sx - x^2) \leq (n-4)x^2 + 4Sx,$$

$$S \geq S_1 = \frac{n - (n-4)x^2}{4x}$$

On the other hand, since

$$\frac{1}{2a_1 + 5} + \frac{1}{2a_n + 5} = \frac{4S + 10}{4a_1a_n + 20S + 25} = \frac{4S + 10}{4n + 25 - 4(n-3)x^2 + 4(5-2x)S}$$

the required inequality becomes

$$\frac{2S + 5}{4n + 25 - 4(n-3)x^2 + 4(5-2x)S} + \frac{n-7-nx}{7(2x+5)} \geq 0,$$

which can be written as

$$2A(x)S + B(x) \geq 0$$

where

$$A(x) = 4nx^2 - 14(n-3)x + 5(2n-7) = 4n \left(x - \frac{7n-21}{4n} \right)^2 + \frac{-9n^2 + 154n - 441}{4n},$$

$$B(x) = 4n(n-3)x^3 - 4(n-3)(n-7)x^2 - (4n^2 + 25n - 70)x + n(4n-3).$$

We claim that $A(x) \geq 0$. For $n \in \{4, 5, \dots, 13\}$, we have

$$A(x) \geq \frac{-9n^2 + 154n - 441}{4n} > \frac{-9n^2 + 151n - 442}{4n} = \frac{(13-n)(9n-34)}{4n} \geq 0.$$

For $n \geq 13$, since

$$x \leq x_1 = \sqrt{1 + \frac{2}{n-2}} < 1 + \frac{1}{n-2} = \frac{n-1}{n-2} < \frac{7n-21}{4n},$$

$A(x)$ is decreasing, hence

$$\begin{aligned} A(x) &\geq A(x_1) = \frac{4n^2}{n-2} - 14(n-3)x_1 + 5(2n-7) = \frac{14n^2 - 55n + 70}{n-2} - 14(n-3)x_1 \\ &> \frac{14(n-3)(n-1)}{n-2} - 14(n-3)x_1 = \frac{14(n-3)(n-1 - \sqrt{n^2 - 2n})}{n-2} > 0. \end{aligned}$$

Since $A(x) > 0$, it suffices to show that $2A(x)S_1 + B(x) \geq 0$. This inequality is equivalent

to

$$\begin{aligned} 4(n-2)x^4 + 6(n-3)x^3 - (14n-25)x^2 - 6(n-6)x + 5(2n-7) &\geq 0, \\ (x-1)^2[4(n-2)x^2 + 2(7n-17x) + 5(2n-7)] &\geq 0 \end{aligned}$$

Clearly, the last inequality is true for $n \geq 4$. So, the proof is completed. The equality

occurs for $a_1 = a_2 = \dots = a_n = 1$.

Lemma. If $n \geq 4$ and a_1, a_2, \dots, a_n are nonnegative real numbers such that

$a_1 \geq a_2 \geq \dots \geq a_n$ and $a_1a_2 + a_2a_3 + \dots + a_na_1 = n$, then:

$$(n-3)x^2 + (a_1 + a_n)x + a_1a_n \leq n,$$

where $x = \frac{a_2 + \dots + a_{n-1}}{n-2}$.

Proof. Write the desired inequality in the homogeneous form:

$$(n-3)x^2 + (a_1 + a_n)x + a_1a_n \leq a_1a_2 + a_2a_3 + \cdots + a_na_1,$$

which is equivalent to

$$(n-3)x^2 + a_1(x - a_2) + a_n(x - a_{n-1}) \leq a_2a_3 + \cdots + a_{n-2}a_{n-1}.$$

Since $x - a_1 \leq 0$ and $x - a_{n-1} \geq 0$, it suffices to show that

$$(n-3)x^2 + a_2(x - a_2) + a_{n-1}(x - a_{n-1}) \leq a_2a_3 + \cdots + a_{n-2}a_{n-1},$$

which can be rewritten as

$$a_2a_3 + \cdots + a_{n-2}a_{n-1} \geq (n-3)x^2 + (a_2 + a_{n-1})x - a_2^2 - a_{n-1}^2.$$

Since the sequences a_2, a_3, \dots, a_{n-2} and a_3, a_4, \dots, a_{n-1} are decreasing, by Chebyshev's inequality we have

$$\begin{aligned} (n-3)(a_2a_3 + \cdots + a_{n-2}a_{n-1}) &\geq (a_2 + \cdots + a_{n-2})(a_3 + \cdots + a_{n-1}) = \\ &= ((n-2)x - a_{n-1})((n-2)x - a_2). \end{aligned}$$

Thus, it suffices to show that

$$\frac{((n-2)x - a_{n-1})((n-2)x - a_2)}{n-3} \geq (n-3)x^2 + (a_2 + a_{n-1})x - a_2^2 - a_{n-1}^2,$$

which is equivalent to

$$(2n-5)x^2 - (2n-5)(a_2 + a_{n-1})x + (n-3)(a_2^2 + a_{n-1}^2) + a_2a_{n-1} \geq 0,$$

$$(2n-5)(2x - a_2 - a_{n-1})^2 + (2n-7)(a_2 - a_{n-1})^2 \geq 0.$$

Clearly, the latter inequality is true.