

# ROMANIAN MATHEMATICAL MAGAZINE

In  $\triangle ABC$  the following relationship holds:

$$\frac{2}{r} \leq \sum \frac{h_b + h_c}{h_a^2} \leq \frac{R}{r^2}$$

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$$\begin{aligned} \sum \frac{h_b + h_c}{h_a^2} &= \sum \frac{h_a + h_b + h_c - h_a}{h_a^2} = \sum h_a \cdot \sum \frac{1}{h_a^2} - \sum \frac{1}{h_a} = \\ &= \frac{bc + ca + ab}{2R} \cdot \frac{a^2 + b^2 + c^2}{4r^2 s^2} - \frac{1}{r} = \frac{(s^2 + r^2 + 4Rr)}{2R} \frac{2(s^2 - r^2 - 4Rr)}{4r^2 s^2} - \frac{1}{r} \\ &= \frac{s^4 - r^2(4R + r)^2}{4Rr^2 s^2} - \frac{1}{r} \stackrel{\text{Doucet Gerretsen}}{\leq} \frac{s^2}{4Rr^2} - \frac{1}{4R} \left( \frac{4R + r}{s} \right)^2 - \frac{1}{r} \leq \\ &\leq \frac{4R^2 + 4Rr + 3r^2}{4Rr^2} - \frac{3}{4R} - \frac{1}{r} = \frac{R}{r^2} + \frac{1}{r} + \frac{3}{4R} - \frac{3}{4R} - \frac{1}{r} = \frac{R}{r^2} \\ \sum \frac{1}{h_b + h_c} &\stackrel{\text{AM-GM}}{\leq} \frac{1}{4} \sum \left( \frac{1}{h_b} + \frac{1}{h_c} \right) = \frac{1}{2} \sum \frac{1}{h_a} = \frac{1}{2r} \quad (1) \\ \sum \frac{h_b + h_c}{h_a^2} &= \sum \frac{\frac{1}{h_a^2}}{\frac{1}{h_b + h_c}} \stackrel{\text{Bergstrom}}{\geq} \frac{\left( \sum \frac{1}{h_a} \right)^2}{\sum \frac{1}{h_b + h_c}} \stackrel{(1)}{\geq} \frac{\left( \frac{1}{r} \right)^2}{\frac{1}{2r}} = \frac{2}{r} \end{aligned}$$

Equality holds for an equilateral triangle.