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In any ΔABC the following relationship holds :

$$\sqrt{3} \cdot \left(\frac{2r}{R}\right) \leq \sum_{\text{cyc}} \frac{\sin A + \sin B}{(\sin B + \sin C)(\sin C + \sin A)} \leq \sqrt{3} \left(\frac{R}{2r}\right)^2$$

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$$\begin{aligned} \sum_{\text{cyc}} \frac{\sin A + \sin B}{(\sin B + \sin C)(\sin C + \sin A)} &= 2R \cdot \sum_{\text{cyc}} \frac{(a+b)^2}{(a+b)(b+c)(c+a)} \\ &= \frac{4R}{2s(s^2 + 2Rr + r^2)} \cdot \left(\sum_{\text{cyc}} a^2 + \sum_{\text{cyc}} ab \right) \\ \therefore \sum_{\text{cyc}} \frac{\sin A + \sin B}{(\sin B + \sin C)(\sin C + \sin A)} &= \frac{2R(3s^2 - 4Rr - r^2)}{s(s^2 + 2Rr + r^2)} \rightarrow \textcircled{1} \text{ and} \end{aligned}$$

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 $\therefore s \geq 3\sqrt{3}r \therefore$ in order to prove :

$$\sum_{\text{cyc}} \frac{\sin A + \sin B}{(\sin B + \sin C)(\sin C + \sin A)} \stackrel{?}{\leq} \sqrt{3} \cdot \left(\frac{R}{2r}\right)^2, \text{ it suffices to prove :}$$

$$\begin{aligned} &9R(s^2 + 2Rr + r^2) \stackrel{?}{\geq} 8r(3s^2 - 4Rr - r^2) \\ \Leftrightarrow (9R - 24r)s^2 + r(18R^2 + 41Rr + 8r^2) &\stackrel{?}{\geq} 0 \text{ and it's trivially true when :} \end{aligned}$$

$$\begin{aligned} &9R - 24r \geq 0 \text{ and when : } 9R - 24r < 0, \text{ LHS of } (*) \stackrel{\text{Gerretsen}}{\geq} \\ &(9R - 24r)(4R^2 + 4Rr + 3r^2) + r(18R^2 + 41Rr + 8r^2) \stackrel{?}{\geq} 0 \\ \Leftrightarrow 18t^3 - 21t^2 - 14t - 32 &\stackrel{?}{\geq} 0 \left(t = \frac{R}{r} \right) \Leftrightarrow (t - 2)(18t^2 + 15t + 16) \stackrel{?}{\geq} 0 \rightarrow \text{true} \end{aligned}$$

$$\therefore t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow (*) \text{ is true } \forall \Delta ABC \therefore \sum_{\text{cyc}} \frac{\sin A + \sin B}{(\sin B + \sin C)(\sin C + \sin A)} \leq \sqrt{3} \cdot \left(\frac{R}{2r}\right)^2$$

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Again, since $s \leq \frac{3\sqrt{3}R}{2} \therefore \textcircled{1} \Rightarrow$ in order to prove :

$$\sum_{\text{cyc}} \frac{\sin A + \sin B}{(\sin B + \sin C)(\sin C + \sin A)} \stackrel{?}{\geq} \sqrt{3} \cdot \left(\frac{2r}{R}\right), \text{ it suffices to prove :}$$

$$\begin{aligned} &2R(3s^2 - 4Rr - r^2) \stackrel{?}{\geq} 9r(s^2 + 2Rr + r^2) \\ \Leftrightarrow (6R - 9r)s^2 - r(8R^2 + 20Rr + 9r^2) &\stackrel{?}{\geq} 0 \text{ and once again, LHS of } (**) \stackrel{\text{Gerretsen}}{\geq} \end{aligned}$$

$$(6R - 9r)(16Rr - 5r^2) - r(8R^2 + 20Rr + 9r^2) = 2r(R - 2r)(44R - 9r) \geq 0$$

$$\therefore R \stackrel{\text{Euler}}{\geq} 2r \Rightarrow (**) \text{ is true } \therefore \sum_{\text{cyc}} \frac{\sin A + \sin B}{(\sin B + \sin C)(\sin C + \sin A)} \geq \sqrt{3} \cdot \left(\frac{2r}{R}\right)$$

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and so, $\sqrt{3} \cdot \left(\frac{2r}{R}\right) \leq \sum_{\text{cyc}} \frac{\sin A + \sin B}{(\sin B + \sin C)(\sin C + \sin A)} \leq \sqrt{3} \cdot \left(\frac{R}{2r}\right)^2 \quad \forall \Delta ABC,$
"=" iff ΔABC is equilateral (QED)