

ROMANIAN MATHEMATICAL MAGAZINE

In $\triangle ABC$ the following relationship holds:

$$\sum_{cyc} h_a \sin^2 A \leq \sum_{cyc} r_a \sin^2 A$$

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In $\triangle ABC$ wlog $a \leq b \leq c$, $h_a \geq h_b \geq h_c$

and $r_a \leq r_b \leq r_c$

$$LHS = \sum_{cyc} h_a \sin^2 A \stackrel{\text{Chebyshev}}{\geq} \frac{1}{3} \sum_{cyc} h_a \cdot \sum_{cyc} \sin^2 A \quad (*)$$

$$RHS = \sum_{cyc} r_a \sin^2 A \stackrel{\text{Chebyshev}}{\geq} \frac{1}{3} \sum_{cyc} r_a \cdot \sum_{cyc} \sin^2 A \quad (**)$$

Let's prove that: $\sum_{cyc} h_a \leq \sum_{cyc} r_a$

For this :

$$\sum_{cyc} h_a = \frac{S^2 + r^2 + 4Rr}{2R} \stackrel{\text{Gerretsen}}{\geq} \frac{4R^2 + 4Rr + 3r^2 + r^2 + 4Rr}{2R} =$$

$$= \frac{4R^2 + 8Rr + 4r^2}{2R} = \frac{2(r+R)^2}{R}; \quad \sum_{cyc} r_a = 4R + r$$

$$\frac{2(r+R)^2}{R} \stackrel{?}{\geq} 4R + r \rightarrow 2R^2 + 4Rr + 2r^2 \stackrel{?}{\geq} 4R + r \rightarrow$$

$$2R^2 - 3Rr - 2r^2 \stackrel{?}{\geq} 0 \rightarrow (R-2r)(2R+r) \geq 0 \rightarrow R \geq 2r \text{ (EULER)}$$

Equality holds for : $a = b = c$