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In any ΔABC the following relationship holds :

$$2 \sum_{\text{cyc}} \frac{n_a}{\sqrt{4r^2 + (n_a - g_a)^2}} \geq 3 + \sum_{\text{cyc}} \frac{b+c}{a}$$

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$$\begin{aligned} (n_a - g_a)^2 &= n_a^2 + g_a^2 - 2n_a g_a \stackrel{\text{Bogdan Fuste i}}{\leq} \\ (b-c)^2 + 2s(s-a) - 2s(s-a) &= (b-c)^2 \\ \therefore \sqrt{4r^2 + (n_a - g_a)^2} &\leq \sqrt{4r^2 + (b-c)^2} \stackrel{\text{Bogdan Fuste i}}{=} \frac{an_a}{s} \Rightarrow \frac{2n_a}{\sqrt{4r^2 + (n_a - g_a)^2}} \geq \\ \frac{2n_a s}{an_a} = \frac{a+b+c}{a} &\therefore \frac{2n_a}{\sqrt{4r^2 + (n_a - g_a)^2}} \geq 1 + \frac{b+c}{a} \text{ and analogs} \\ \therefore 2 \sum_{\text{cyc}} \frac{n_a}{\sqrt{4r^2 + (n_a - g_a)^2}} &\geq 3 + \sum_{\text{cyc}} \frac{b+c}{a} \quad \forall \Delta ABC, \end{aligned}$$

" = " iff ΔABC is equilateral (QED)