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In $\triangle ABC$ the following relationship holds:

$$\sum \sqrt{2R(n_a - \sqrt{4r^2 + (n_a - g_a)^2})} \geq \sum AI \sqrt{\frac{n_a}{h_a}}$$

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Solution by Tapas Das-India

$$r = \frac{F}{s} = 4R \sin \frac{A}{2} \sin \frac{B}{2} \sin \frac{C}{2} = (s - a) \tan \left(\frac{A}{2} \right) \Rightarrow (s - a) = \frac{r}{\tan \left(\frac{A}{2} \right)} \quad (1)$$

lemma: $|b - c| \geq n_a - g_a, \frac{n_a}{h_a} = \frac{\sqrt{4r^2 + (b - c)^2}}{2r}$

(Reference: About Nagel and Gergonne's cevian by Bogdan Fustei , www.ssmrmh.ro)

$$\begin{aligned} L.H.S &= \sum \sqrt{2R(n_a - \sqrt{4r^2 + (n_a - g_a)^2})} \stackrel{\text{lemma}}{\geq} \\ &\geq \sum \sqrt{2R(n_a - \sqrt{4r^2 + (b - c)^2})} \stackrel{\text{lemma}}{\geq} \\ &\geq \sum \sqrt{2R(n_a - \frac{n_a}{h_a} \cdot 2r)} = \sum \sqrt{\frac{n_a}{h_a} \sqrt{2R(h_a - 2r)}} = \sum \sqrt{\frac{n_a}{h_a} \sqrt{2R \cdot \frac{2r(s - a)}{a}}} = \\ &= \sum \sqrt{\frac{n_a}{h_a} \sqrt{2R \cdot \frac{2r(s - a)}{4R \sin \left(\frac{A}{2} \right) \cos \left(\frac{A}{2} \right)}}} \stackrel{(1)}{=} \\ &= \sum \sqrt{\frac{n_a}{h_a} \sqrt{2R \cdot \frac{2r \frac{r}{\tan \left(\frac{A}{2} \right)}}{4R \sin \left(\frac{A}{2} \right) \cos \left(\frac{A}{2} \right)}}} = \sum \sqrt{\frac{n_a}{h_a} \sqrt{\frac{r^2}{\sin^2 \left(\frac{A}{2} \right)}}} = \sum AI \sqrt{\frac{n_a}{h_a}} \end{aligned}$$

Equality holds for an equilateral triangle.