

ROMANIAN MATHEMATICAL MAGAZINE

If $x, y, z > 0$ and $xyz = 1$ then prove that :

$$\sum_{\text{cyc}} x^2 + 6 \geq \frac{3}{2} \left(\sum_{\text{cyc}} x + \sum_{\text{cyc}} \frac{1}{x} \right)$$

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Let $\sqrt[2]{x} = a, \sqrt[3]{y} = b, \sqrt[3]{z} = c$ and then : $\sum_{\text{cyc}} x^2 + 6 \stackrel{?}{\geq} \frac{3}{2} \left(\sum_{\text{cyc}} x + \sum_{\text{cyc}} \frac{1}{x} \right)$

$$\Leftrightarrow 2 \left(\sum_{\text{cyc}} a^6 + 6a^2b^2c^2 \right) \stackrel{?}{\geq} 3 \left(abc \sum_{\text{cyc}} a^3 + \sum_{\text{cyc}} a^3b^3 \right) \quad (\because xyz = 1 \Rightarrow abc = 1) \&$$

assigning $b + c = X, c + a = Y, a + b = Z \Rightarrow X + Y - Z = 2c > 0, Y + Z - X = 2a > 0$ and $Z + X - Y = 2b > 0 \Rightarrow X + Y > Z, Y + Z > X, Z + X > Y \Rightarrow X, Y, Z$ form sides of a triangle XYZ with semiperimeter, circumradius, inradius = s, R, r (say);

and then : $a = s - X, b = s - Y, c = s - Z \therefore abc = r^2s, \sum_{\text{cyc}} a = s,$

$$\sum_{\text{cyc}} ab = 4Rr + r^2, \sum_{\text{cyc}} a^3 = s^3 - 12Rrs \text{ \& so, } \sum_{\text{cyc}} a^3b^3 = (4Rr + r^2)^3 - 12Rr^3s^2$$

and $\sum_{\text{cyc}} a^6 = (s^3 - 12Rrs)^2 - 2((4Rr + r^2)^3 - 12Rr^3s^2)$ and hence, (*) \Leftrightarrow

$$2((s^3 - 12Rrs)^2 - 2((4Rr + r^2)^3 - 12Rr^3s^2) + 6r^4s^2) \stackrel{?}{\geq} 3(r^2s(s^3 - 12Rrs) + (4Rr + r^2)^3 - 12Rr^3s^2) \Leftrightarrow 2s^6 - (48Rr + 3r^2)s^4 + r^2(288R^2 + 120Rr + 12r^2)s^2 - r^3(448R^3 + 336R^2r + 84Rr^2 + 7r^3) \stackrel{?}{\geq} 0 \text{ and } \therefore$$

$2(s^2 - 16Rr + 5r^2)^3 \stackrel{\text{Gerretsen}}{\geq} 0 \therefore$ in order to prove (*), it suffices to prove :

$$\text{LHS of (*)} \stackrel{?}{\geq} 2(s^2 - 16Rr + 5r^2)^3 \Leftrightarrow (48R - 33r)s^4 - r(1248R^2 - 1080Rr + 138r^2)s^2 + r^2(7744R^3 - 8016R^2r + 2316Rr^2 - 257r^3)$$

$\stackrel{?}{\geq} 0$ and $\therefore (48R - 33r)(s^2 - 16Rr + 5r^2)^2 \stackrel{\text{Gerretsen}}{\geq} 0 \therefore$ in order to prove (**),

it suffices to prove : $\text{LHS of (**)} \stackrel{?}{\geq} (48R - 33r)(s^2 - 16Rr + 5r^2)^2$

$$\Leftrightarrow (72R^2 - 144Rr + 48r^2)s^2 \stackrel{?}{\geq} r(1136R^3 - 2028R^2r + 1041Rr^2 - 142r^3)$$

$$= 72R(R-2r) + 48r^2 > 0$$

and finally, $\overbrace{(72R^2 - 144Rr + 48r^2)}^{\text{Rouche}} s^2 \geq$

ROMANIAN MATHEMATICAL MAGAZINE

$$\begin{aligned}
 & (72R^2 - 144Rr + 48r^2) \left(2R^2 + 10Rr - r^2 - 2(R - 2r) \cdot \sqrt{R^2 - 2Rr} \right) \stackrel{?}{\geq} \\
 & \quad r(1136R^3 - 2028R^2r + 1041Rr^2 - 142r^3) \\
 & \Leftrightarrow (R - 2r)(144R^3 - 356R^2r + 200Rr^2 - 47r^3) \stackrel{?}{\geq} \\
 & \quad 2(R - 2r) \cdot \sqrt{R^2 - 2Rr} \cdot (72R^2 - 144Rr + 48r^2) \\
 \Leftrightarrow & (144R^3 - 356R^2r + 200Rr^2 - 47r^3)^2 \stackrel{?}{\geq} 4(R^2 - 2Rr)(72R^2 - 144Rr + 48r^2) \\
 & \left(\begin{array}{l} \because R - 2r \stackrel{\text{Euler}}{\geq} 0 \text{ and } \because 144R^3 - 356R^2r + 200Rr^2 - 47r^3 = \\ (R - 2r)(34R(R - 2r) + 110R^2 + 64r^2) + 81r^3 \stackrel{\text{Euler}}{\geq} 81r^3 > 0 \end{array} \right) \\
 \Leftrightarrow & (4t + 1)((2t - 5)^2(148t(t - 2) + 140t^2 + 98) + 156t - 241) \stackrel{?}{\geq} 0 \left(t = \frac{R}{r} \right) \\
 \rightarrow & \text{true } \because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow (***) \Rightarrow (***) \Rightarrow (*) \text{ is true } \forall \Delta XYZ_{s,R,r} \Rightarrow (\bullet) \text{ is true} \\
 \therefore & \sum_{\text{cyc}} x^2 + 6 \geq \frac{3}{2} \left(\sum_{\text{cyc}} x + \sum_{\text{cyc}} \frac{1}{x} \right) \forall x, y, z > 0 \mid xyz = 1, \\
 & \text{" = " iff } x = y = z = 1 \text{ (QED)}
 \end{aligned}$$