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In $\triangle ABC$ the following relationship holds:

$$\sum \frac{1}{h_a \left(\frac{9r^2}{h_b^2} + 1 \right)} \geq \frac{1}{2r}$$

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$$\text{Let } x = \frac{r}{h_a}, y = \frac{r}{h_b}, z = \frac{r}{h_c} \text{ then } x + y + z = r \sum \frac{1}{h_a} = \frac{r}{r} = 1 \quad (1)$$

$$\sum \frac{1}{h_a \left(\frac{9r^2}{h_b^2} + 1 \right)} = \frac{1}{r} \sum \frac{\frac{r}{h_a}}{\left(\frac{9r^2}{h_b^2} + 1 \right)} = \frac{1}{r} \sum \frac{x}{9y^2 + 1} = \frac{1}{r} \sum x \left(1 - \frac{9y^2}{1 + 9y^2} \right) \stackrel{AM-GM}{\geq}$$

$$\geq \frac{1}{r} \sum x \left(1 - \frac{9y^2}{6y} \right) = \frac{1}{r} \left(\sum x - \frac{3}{2} \sum xy \right) \geq \frac{1}{r} \left(\sum x - \frac{(\sum x)^2}{3} \cdot \frac{3}{2} \right) \stackrel{(1)}{=} \frac{1}{2r}$$

Equality holds for an equilateral triangle.