

ROMANIAN MATHEMATICAL MAGAZINE

If $a, b, c > 0$, $ab + bc + ca = 3$ then:

$$\frac{a}{a^2 + 7} + \frac{b}{b^2 + 7} + \frac{c}{c^2 + 7} \leq \frac{3}{8}$$

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Solution by Qurban Mueelim-Azerbaijan

$$\begin{aligned} LHS &= \sum \frac{a}{a^2 + 7} = \sum \frac{a}{a^2 + 3 + 4} = \sum \frac{a}{a^2 + ab + bc + ca + 4} = \\ &= \sum \frac{a}{(a+c)(a+b) + 4} \leq \sum \frac{a}{4\sqrt{(a+b)(a+c)}} = \frac{1}{8} \sum \frac{2a}{\sqrt{(a+b)(a+c)}} \leq \\ &\leq \frac{1}{8} \cdot \sum \left(\frac{a}{a+b} + \frac{a}{a+c} \right) = \frac{1}{8} \cdot \sum \frac{a+b}{a+b} = \frac{1}{8} \cdot 3 = \frac{3}{8} \end{aligned}$$

Equality holds for: $a = b = c = 1$.