

ROMANIAN MATHEMATICAL MAGAZINE

If $x, y, z > 0$, $x + y + z + 2 = xyz$

$$\frac{1}{\sqrt{x+4}} + \frac{1}{\sqrt{y+4}} + \frac{1}{\sqrt{z+4}} \leq \sqrt{\frac{3}{2}}$$

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Solution by Tapas Das-India

$$x + y + z + 2 = xyz \text{ can be written as } \frac{1}{x+1} + \frac{1}{y+1} + \frac{1}{z+1} = 1$$

$$\begin{aligned} \frac{1}{\sqrt{x+4}} + \frac{1}{\sqrt{y+4}} + \frac{1}{\sqrt{z+4}} &\stackrel{CBS}{\leq} \sqrt{3 \left(\frac{1}{x+4} + \frac{1}{y+4} + \frac{1}{z+4} \right)} \leq \\ &= \sqrt{3 \left(\frac{1}{(x+1)+3} + \frac{1}{(y+1)+3} + \frac{1}{(z+1)+3} \right)} = \sqrt{3 \sum \frac{1}{(x+1)+3}} \stackrel{AM-HM}{\leq} \\ &\leq \sqrt{\frac{3}{4} \sum \left(\frac{1}{x+1} + \frac{1}{3} \right)} = \sqrt{\frac{3}{4} \left(\sum \frac{1}{x+1} + \sum \frac{1}{3} \right)} = \sqrt{\frac{3}{4} (1+1)} = \sqrt{\frac{3}{2}} \end{aligned}$$

Equality holds for $x=y=z=1$.