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If $a, b, c, d > 0$, $\frac{1}{a+3} + \frac{1}{b+3} + \frac{1}{c+3} + \frac{1}{d+3} = 1$ then:

$$\sqrt{ab} + \sqrt{ac} + \sqrt{ad} + \sqrt{bc} + \sqrt{bd} + \sqrt{cd} \leq 6$$

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$$\text{Let } x_1 = \sqrt{a}, x_2 = \sqrt{b}, x_3 = \sqrt{c}, x_4 = \sqrt{d}$$

$$\sqrt{ab} + \sqrt{ac} + \sqrt{ad} + \sqrt{bc} + \sqrt{bd} + \sqrt{cd} = x_1x_2 + x_1x_3 + x_1x_4 + x_2x_3 + x_2x_4 + x_3x_4$$

$$\text{Given } \frac{1}{a+3} + \frac{1}{b+3} + \frac{1}{c+3} + \frac{1}{d+3} = 1 \text{ or } \sum \frac{1}{a+3} = \sum \frac{1}{x_1^2+3} = 1$$

$$\sum \frac{x_1^2}{x_1^2+3} = \sum \left(1 - \frac{3}{x_1^2+3}\right) = 4 - 3 \sum \frac{1}{x_1^2+3} = 4 - 3 \times 1 = 1$$

$$\left(\sum x_1\right)^2 = \left(\sum \frac{x_1}{\sqrt{x_1^2+3}} \cdot \sqrt{x_1^2+3}\right)^2 \stackrel{\text{Cauchy-Schwarz}}{\leq} \sum \frac{x_1^2}{x_1^2+3} \cdot \sum (x_1^2+3)$$

$$\text{or } \left(\sum x_1\right)^2 \leq 1 \times (3 \times 4 + \sum x_1^2) \text{ or } \left(\sum x_1\right)^2 - \sum x_1^2 \leq 12$$

$$\sum x_1x_2 = \frac{1}{2} \left(\left(\sum x_1\right)^2 - \sum x_1^2 \right) \leq \frac{1}{2} \times 12 = 6$$

$$\begin{aligned} &\sqrt{ab} + \sqrt{ac} + \sqrt{ad} + \sqrt{bc} + \sqrt{bd} + \sqrt{cd} = \\ &= x_1x_2 + x_1x_3 + x_1x_4 + x_2x_3 + x_2x_4 + x_3x_4 \leq 6 \end{aligned}$$

Equality holds for $a=b=c=d=1$.