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In $\triangle ABC$ the following relationship holds:

$$\sum \frac{\sqrt{\sin A + \sin B}}{\sin^2 A + \sin^2 B} \left(\frac{1}{\sqrt{\sin B}} + \frac{1}{\sqrt{\sin C}} \right) \geq 4\sqrt{2}$$

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$$\sqrt[3]{(\sin^2 A + \sin^2 B)(\sin^2 B + \sin^2 C)(\sin^2 C + \sin^2 A)} \stackrel{AM-GM}{\leq} \frac{2 \sum \sin^2 A}{3} =$$

$$= \frac{2(a^2 + b^2 + c^2)}{3 \cdot 4R^2} \stackrel{Leibniz}{\leq} \frac{2}{3} \cdot \frac{9R^2}{4R^2} = \frac{3}{2} \quad (1)$$

$$\frac{1}{\sqrt{\sin C}} + \frac{1}{\sqrt{\sin B}} = \frac{1^{\frac{3}{2}}}{\sqrt{\sin C}} + \frac{1^{\frac{3}{2}}}{\sqrt{\sin B}} \stackrel{Radon}{\geq} \frac{2^{\frac{3}{2}}}{\sqrt{\sin B + \sin C}} \quad (2)$$

$$\sum \frac{\sqrt{\sin A + \sin B}}{\sin^2 A + \sin^2 B} \left(\frac{1}{\sqrt{\sin B}} + \frac{1}{\sqrt{\sin C}} \right) \stackrel{(2)}{\geq} 2^{\frac{3}{2}} \sum \frac{\sqrt{\frac{\sin A + \sin B}{\sin B + \sin C}}}{\sin^2 A + \sin^2 B} \stackrel{AM-GM}{\geq}$$

$$\geq 3 \times 2\sqrt{2} \frac{1}{\sqrt[3]{(\sin^2 A + \sin^2 B)(\sin^2 B + \sin^2 C)(\sin^2 C + \sin^2 A)}} \stackrel{(1)}{\geq} \frac{6\sqrt{2}}{\frac{3}{2}} = 4\sqrt{2}$$

Equality holds for an equilateral triangle.