

ROMANIAN MATHEMATICAL MAGAZINE

In $\triangle ABC$ the following relationship holds:

$$\left(\frac{m_a + 2m_b}{m_a + 2m_c}\right)^3 + \left(\frac{m_b + 2m_c}{m_b + 2m_a}\right)^3 + \left(\frac{m_c + 2m_a}{m_c + 2m_b}\right)^3 \geq \frac{24r^3}{9R^3 - 64r^3}$$

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Lemma: $\forall a, b, c > 0$

$$\frac{a + 2b}{a + 2c} + \frac{b + 2c}{b + 2a} + \frac{c + 2a}{c + 2b} \geq 3$$

Proof: We need to show:

$$\begin{aligned} & \frac{a + 2b}{a + 2c} + \frac{b + 2c}{b + 2a} + \frac{c + 2a}{c + 2b} \geq 3 \\ & \left(\frac{a + 2b}{a + 2c} + 1\right) + \left(\frac{b + 2c}{b + 2a} + 1\right) + \left(\frac{c + 2a}{c + 2b} + 1\right) \geq 6 \\ & \frac{2(a + b + c)}{a + 2c} + \frac{2(a + b + c)}{b + 2a} + \frac{2(a + b + c)}{c + 2b} \geq 6 \\ & (a + b + c) \left(\frac{1}{a + 2c} + \frac{1}{b + 2a} + \frac{1}{c + 2b}\right) \geq 3 \quad (1) \end{aligned}$$

Let: $a + 2c = x, b + 2a = y, c + 2b = z$ then $x + y + z = 3(a + b + c)$

$$(a + b + c) = \frac{1}{3}(x + y + z)$$

Now using above result from (1) we need to show :

$$\frac{1}{3}(x + y + z) \left(\frac{1}{x} + \frac{1}{y} + \frac{1}{z}\right) \geq 3 \text{ or } (x + y + z) \left(\frac{1}{x} + \frac{1}{y} + \frac{1}{z}\right) \geq 9$$

This is true by Cauchy Schwarz inequality :

$$\begin{aligned} & \left(\frac{m_a + 2m_b}{m_a + 2m_c}\right)^3 + \left(\frac{m_b + 2m_c}{m_b + 2m_a}\right)^3 + \left(\frac{m_c + 2m_a}{m_c + 2m_b}\right)^3 \stackrel{CBS}{\geq} \\ & \geq \frac{1}{9} \left(\frac{m_a + 2m_b}{m_a + 2m_c} + \frac{m_b + 2m_c}{m_b + 2m_a} + \frac{m_c + 2m_a}{m_c + 2m_b}\right)^3 \stackrel{Lemma}{\geq} \\ & \geq \frac{1}{9}(3)^3 = 3 = \frac{3R^3}{R^3} = \frac{3R^3}{9R^3 - 8R^3} \stackrel{Euler}{\geq} \frac{3(2r)^3}{9R^3 - 8(2r)^3} \geq \frac{24r^3}{9R^3 - 64r^3} \end{aligned}$$

Equality holds for an equilateral triangle.