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In $\triangle ABC$ the following relationship holds:

$$R \geq \frac{1}{2} (a \cot A + b \cot B + c \cot C) \geq 2r$$

(Refinement for Euler's inequality)

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$$\begin{aligned} \sum_{cyc} a \cot A &= \sum_{cyc} \frac{a \cos A}{\sin A} = \sum_{cyc} \frac{2R \sin A \cos A}{\sin A} = 2R \sum_{cyc} \cos A = \\ &= 2R \left(1 + \frac{r}{R} \right) = 2R + 2r \stackrel{EULER}{\geq} 2 \cdot 2r + 2r = 6r \end{aligned}$$

$$\begin{aligned} \sum_{cyc} a \cot A &= \sum_{cyc} \frac{a \cos A}{\sin A} = \sum_{cyc} \frac{2R \sin A \cos A}{\sin A} = 2R \sum_{cyc} \cos A \leq \\ &\stackrel{JENSEN}{\leq} 2R \cdot 3 \cos \left(\frac{A+B+C}{3} \right) = 6R \cos \frac{\pi}{3} = 3R \\ 3R &\geq \sum_{cyc} a \cot A \geq 6r \end{aligned}$$

$$R \geq \frac{1}{2} \sum_{cyc} a \cot A \geq 2r$$

Equality holds for $a = b = c$.