

ROMANIAN MATHEMATICAL MAGAZINE

In $\triangle ABC$ the following relationship holds:

$$\sum \frac{\sin^2 A}{1 + \cos A} \geq \frac{6r^2}{R^2}$$

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Solution by Tapas Das-India

$$\begin{aligned} \sum \frac{\sin^2 A}{1 + \cos A} &\stackrel{\text{Bergstrom}}{\geq} \frac{(\sum \sin A)^2}{3 + \sum \cos A} = \frac{\left(\frac{s}{R}\right)^2}{3 + \left(1 + \frac{r}{R}\right)} = \\ &= \frac{s^2}{R^2} \cdot \frac{R}{4R + r} \stackrel{\text{Mitrinovic \& Euler}}{\geq} \frac{27r^2}{R \cdot \left(4R + \frac{R}{2}\right)} = \frac{6r^2}{R^2} \end{aligned}$$

Equality holds for an equilateral triangle.