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In $\triangle ABC$ the following relationship holds:

$$\left(\frac{a}{2b+c}\right)^2 + \left(\frac{b}{2c+a}\right)^2 + \left(\frac{c}{2a+b}\right)^2 \geq \frac{4}{3}\left(\frac{r}{R}\right)^2$$

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Solution by Mirsadix Muzefferov-Azerbaijan

$$\begin{aligned} \left(\frac{a}{2b+c}\right)^2 + \left(\frac{b}{2c+a}\right)^2 + \left(\frac{c}{2a+b}\right)^2 &\stackrel{\text{Bergstrom}}{\geq} \\ &\stackrel{\substack{\text{Leibniz} \\ \text{Leuenberger} \\ \text{Mitrinovic}}}{\geq} \frac{(a+b+c)^2}{5(a^2+b^2+c^2)+4(ab+bc+ac)} \geq \frac{108r^2}{45R^2+36R^2} \end{aligned}$$

$$\boxed{a^2 + b^2 + c^2 \leq 9R^2 \text{ (Leibniz)}}$$

$$\boxed{ab + bc + ac \leq 9R^2 \text{ (Leuenberger)}}$$

$$\boxed{s \geq 3\sqrt{3}r \text{ (Mitrinovic)}}$$

$$= \frac{108r^2}{81R^2} = \frac{4}{3}\left(\frac{r}{R}\right)^2 \text{ (Proved)}$$

Equality holds for $a = b = c$.