

ROMANIAN MATHEMATICAL MAGAZINE

If $x\sqrt{y^2 + 2} + y\sqrt{x^2 + 2} = 4\sqrt{6}$ then prove that :

$$\sqrt{x^2 + 2} + \sqrt{y^2 + 2} + x + y \geq 2\sqrt{6} + 4$$

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$$(x \cdot \sqrt{y^2 + 2})^2 = (4\sqrt{6} - y \cdot \sqrt{x^2 + 2})^2$$

$$\Rightarrow x^2(y^2 + 2) = 96 + x^2y^2 + 2y^2 - 8y \cdot \sqrt{6x^2 + 12}$$

$$\Rightarrow y^2 - 4y \cdot \sqrt{6x^2 + 12} + 48 - x^2 = 0$$

$$\Rightarrow y = \frac{4 \cdot \sqrt{6x^2 + 12} \pm \sqrt{96x^2 + 192 - 192 + 4x^2}}{2}$$

$$\Rightarrow y = 2 \cdot \sqrt{6x^2 + 12} + 5x \text{ or } y = 2 \cdot \sqrt{6x^2 + 12} - 5x$$

Case 1 If $y = 2 \cdot \sqrt{6x^2 + 12} + 5x$, then :

$$x \cdot \sqrt{y^2 + 2} + (2 \cdot \sqrt{6x^2 + 12} + 5x) \cdot \sqrt{x^2 + 2} = 4\sqrt{6}$$

$$\Rightarrow x \cdot \sqrt{y^2 + 2} + 2\sqrt{6} \cdot (x^2 + 2) + 5x \cdot \sqrt{x^2 + 2} = 4\sqrt{6}$$

$$\Rightarrow x \left(\sqrt{y^2 + 2} + 2\sqrt{6} \cdot x + 5 \cdot \sqrt{x^2 + 2} \right) \stackrel{(*)}{=} 0 \text{ and when } x \geq 0,$$

$\sqrt{y^2 + 2} + 2\sqrt{6} \cdot x + 5 \cdot \sqrt{x^2 + 2}$ is trivially > 0 and when $x < 0$,

$$\sqrt{y^2 + 2} + 2\sqrt{6} \cdot x + 5 \cdot \sqrt{x^2 + 2} = \sqrt{y^2 + 2} + \frac{25x^2 + 50 - 24x^2}{5 \cdot \sqrt{x^2 + 2} - 2\sqrt{6} \cdot x}$$

$$= \sqrt{y^2 + 2} + \frac{x^2 + 50}{5 \cdot \sqrt{x^2 + 2} - 2\sqrt{6} \cdot x} > 0 \text{ and so, } \sqrt{y^2 + 2} + 2\sqrt{6} \cdot x + 5 \cdot \sqrt{x^2 + 2}$$

$$> 0 \forall x, y \in \mathbb{R} \text{ and so, } (*) \Rightarrow x = 0 \text{ and then : } y = 4\sqrt{3} \Rightarrow x + y = 4\sqrt{3} > 4$$

Case 2 If $y = 2 \cdot \sqrt{6x^2 + 12} - 5x$, then : $x + y = 2 \cdot \sqrt{6x^2 + 12} - 4x = t$ (say)

$$\Rightarrow 24x^2 + 48 = 16x^2 + t^2 + 8xt \Rightarrow 8x^2 - 8t \cdot x + 48 - t^2 = 0 \text{ and}$$

$$\because x \in \mathbb{R}, \text{ discriminant } \geq 0 \Rightarrow 64t^2 - 32(48 - t^2) \geq 0 \Rightarrow t^2 \geq 16$$

$$\Rightarrow \boxed{x + y \geq 4 \text{ or } x + y \leq -4} \text{ and if } t = x + y \leq -4, \text{ then : } 2 \cdot \sqrt{6x^2 + 12} - 4x = t$$

$$\leq -4 < 0 \Rightarrow \sqrt{6x^2 + 12} < 2x \Rightarrow 6x^2 + 12 < 4x^2 \Rightarrow 2x^2 + 12 < 0 \rightarrow \text{impossible}$$

$$\therefore x + y \geq 4 \text{ and so, combining both cases, } x \cdot \sqrt{y^2 + 2} + y \cdot \sqrt{x^2 + 2} = 4\sqrt{6}$$

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$$\Rightarrow x + y \geq 4 \rightarrow \textcircled{1} \text{ and now, } \sqrt{x^2 + 2} + x \stackrel{?}{\geq} 2 + \sqrt{6} + \frac{(x-2)(2+\sqrt{6})}{\sqrt{6}}$$

$$\Leftrightarrow \sqrt{x^2 + 2} - \sqrt{6} \stackrel{?}{\geq} (x-2) \left(\frac{2+\sqrt{6}}{\sqrt{6}} - 1 \right) \Leftrightarrow \sqrt{6x^2 + 12} - 6 \stackrel{?}{\geq} 2x - 4$$

$$\Leftrightarrow \sqrt{6x^2 + 12} \stackrel{?}{\geq} 2x + 2 \text{ and it's trivially true when : } x \leq -1 \text{ and when :}$$

$$x > -1, \sqrt{6x^2 + 12} \stackrel{?}{\geq} 2x + 2 \Leftrightarrow 6x^2 + 12 \stackrel{?}{\geq} 4x^2 + 4 + 8x \Leftrightarrow x^2 - 4x + 4 \stackrel{?}{\geq} 0$$

$$\Leftrightarrow (x-2)^2 \stackrel{?}{\geq} 0 \rightarrow \text{true} \therefore \sqrt{x^2 + 2} + x \geq 2 + \sqrt{6} + \frac{(x-2)(2+\sqrt{6})}{\sqrt{6}}$$

$$\forall x \in \mathbb{R} \text{ and analogously, } \sqrt{y^2 + 2} + y \geq 2 + \sqrt{6} + \frac{(y-2)(2+\sqrt{6})}{\sqrt{6}} \text{ and so,}$$

$$\sqrt{x^2 + 2} + x + \sqrt{y^2 + 2} + y \geq$$

$$2 + \sqrt{6} + \frac{(x-2)(2+\sqrt{6})}{\sqrt{6}} + 2 + \sqrt{6} + \frac{(y-2)(2+\sqrt{6})}{\sqrt{6}}$$

$$= 2\sqrt{6} + 4 + \frac{(x+y-4)(2+\sqrt{6})}{\sqrt{6}} \stackrel{\text{via } \textcircled{1}}{\geq} 2\sqrt{6} + 4 \therefore x \cdot \sqrt{y^2 + 2} + y \cdot \sqrt{x^2 + 2} = 4\sqrt{6}$$

$$\Rightarrow \sqrt{x^2 + 2} + \sqrt{y^2 + 2} + x + y \geq 2\sqrt{6} + 4, " = " \text{ iff } x = y = 2 \text{ (QED)}$$