

ROMANIAN MATHEMATICAL MAGAZINE

If $a, b, c > 0, a^2 + b^2 + c^2 = 3$ and $\lambda \geq 0$ then :

$$\sum_{cyc} \frac{a}{a^2 + 2bc + \lambda a} \leq \frac{3}{\lambda + 3abc}$$

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$$\begin{aligned} & \forall m > 0, \frac{a}{m + \lambda a} \stackrel{?}{\leq} \frac{1}{m + \lambda} + (a - 1) \cdot \frac{m}{(m + \lambda)^2} \\ \Leftrightarrow & \frac{m(a - 1)}{(m + \lambda)^2} \stackrel{?}{\geq} \frac{am + a\lambda - m - a\lambda}{(m + \lambda)(m + \lambda a)} = \frac{m(a - 1)}{(m + \lambda)(m + \lambda a)} \\ \Leftrightarrow & \frac{m(a - 1)}{m + \lambda} \cdot \left(\frac{1}{m + \lambda} - \frac{1}{m + \lambda a} \right) \stackrel{?}{\geq} 0 \Leftrightarrow \frac{m\lambda(a - 1)^2}{(m + \lambda)^2(m + \lambda a)} \stackrel{?}{\geq} 0 \rightarrow \text{true} \because m > 0 \end{aligned}$$

$$\text{and } \lambda \geq 0 \therefore \frac{a}{m + \lambda a} \leq \frac{1}{m + \lambda} + (a - 1) \cdot \frac{m}{(m + \lambda)^2} \quad \forall m > 0$$

and via $m \equiv 3 \cdot \sqrt[3]{a^2 b^2 c^2}$, we get :

$$\frac{a}{3 \cdot \sqrt[3]{a^2 b^2 c^2} + \lambda a} \leq \frac{1}{3 \cdot \sqrt[3]{a^2 b^2 c^2} + \lambda} + (a - 1) \cdot \frac{3 \cdot \sqrt[3]{a^2 b^2 c^2}}{(3 \cdot \sqrt[3]{a^2 b^2 c^2} + \lambda)^2} \quad \& \text{analogs} \rightarrow \textcircled{1}$$

$$\text{Now, } \sum_{cyc} \frac{a}{a^2 + 2bc + \lambda a} \stackrel{\text{AM-GM}}{\leq} \sum_{cyc} \frac{a}{3 \cdot \sqrt[3]{a^2 b^2 c^2} + \lambda a} \stackrel{\text{via } \textcircled{1}}{\leq}$$

$$\frac{3}{3 \cdot \sqrt[3]{a^2 b^2 c^2} + \lambda} + \left(\sum_{cyc} a - 3 \right) \cdot \frac{3 \cdot \sqrt[3]{a^2 b^2 c^2}}{(3 \cdot \sqrt[3]{a^2 b^2 c^2} + \lambda)^2} \stackrel{\text{CBS}}{\leq}$$

$$\frac{3}{3 \cdot \sqrt[3]{a^2 b^2 c^2} + \lambda} + \left(\sqrt{3 \sum_{cyc} a^2} - 3 \right) \cdot \frac{3 \cdot \sqrt[3]{a^2 b^2 c^2}}{(3 \cdot \sqrt[3]{a^2 b^2 c^2} + \lambda)^2} \stackrel{a^2 + b^2 + c^2 = 3}{=}$$

$$\frac{3}{3 \cdot \sqrt[3]{a^2 b^2 c^2} + \lambda} \stackrel{?}{\leq} \frac{3}{\lambda + 3abc} \Leftrightarrow abc \stackrel{?}{\leq} \sqrt[3]{a^2 b^2 c^2} \Leftrightarrow abc \stackrel{?}{\leq} 1 \rightarrow \text{true}$$

$$\because 3 = \sum_{cyc} a^2 \stackrel{\text{AM-GM}}{\geq} 3 \cdot \sqrt[3]{a^2 b^2 c^2} \Rightarrow abc \leq 1$$

$$\therefore \sum_{cyc} \frac{a}{a^2 + 2bc + \lambda a} \leq \frac{3}{\lambda + 3abc} \quad \forall a, b, c > 0 \mid a^2 + b^2 + c^2 = 3 \text{ and } \lambda \geq 0,$$

" = " iff $a = b = c = 1$ (QED)