5793

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5793. Suppose $f:[a,b] \to [1,\infty)$ is a continuous function with $0 < a \le b$. Then:

$$n(b-a)^{n-1} \int_a^b f(x)dx \le (n-1)(b-a)^n + \left(\int_a^b f(x)dx\right)^n.$$

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Solution 1 by Ángel Plaza, Universidad de Las Palmas de Gran Canaria, Spain. The proposed inequality may be written as

$$\frac{\int_a^b f(x)dx}{b-a} \le \frac{(n-1) + \left(\frac{\int_a^b f(x)dx}{b-a}\right)^n}{n},$$

which follows by the AM-GM inequality.

Solution 2 by Brian Bradie, Department of Mahtematics. Christopher Newport University, Newport News, VA.

Let x and y be non-negative real numbers. By the arithmetic mean - geometric mean inequality,

(1)
$$(n-1)x + y = \underbrace{x + x + \ldots + x}_{n-1 \text{ terms}} + y \ge n \sqrt[n]{x^{n-1}y}.$$

Because $f:[a,b]\to [1,\infty)$ is a continuous function and $a\leq b,$

$$b-a \ge 0$$
 and $\int_a^b f(x)dx \ge 0$.

Substituting

$$x = (b-a)^n$$
 and $y = \left(\int_a^b f(x)dx\right)^n$

into (1) then yields

$$(n-1)(b-a)^n + \left(\int_a^b f(x)dx\right)^n \ge n\sqrt[n]{(b-a)^{n(n-1)}\left(\int_a^b f(x)dx\right)^n}$$
$$= n(b-a)^{n-1} \int_a^b f(x)dx.$$

Solution 3 by David A. Huckaby, Angelo State University, San Angelo, TX. If a = b, both sides of the inequality are zero, so we assume that a < b. Dividing both sides by $(b - a)^n$, the desired inequality is

$$n \cdot \frac{1}{b-a} \int_{a}^{b} f(x)dx \le n - 1 + \left(\frac{1}{b-a} \int_{a}^{b} f(x)dx\right)^{n}.$$

We first note that this inequality does not holds for all real n. For example, letting a=0, b=1, f(x)=4, and $n=\frac{1}{2}$, we have $\frac{1}{2}(4) \nleq \frac{1}{2}-1+(4)^{\frac{1}{2}}$. We will show that the inequality holds for $n\geq 1$ and for $n\leq 0$. That the inequality holds for n=0 and for n=1 can be seen be inspection, so we will consider the cases n>1 and n<0.

By the Mean Value Theorem for Integrals, there is a $c \in [a,b]$ such that $f(c) = \int_a^b f(x) dx$, so that the desired inequality is $nf(c) \le n-1+[f(c)]^n$, that is, $n(f(c)-1) \le [f(c)]^n-1$. If f(c)=1, then both sides of this inequality are zero. Otherwise, f(c) > 1 by assumption, and we consider the equivalent inequality

(2)
$$n \le \frac{[f(c)]^n - 1}{f(c) - 1}.$$

Let $g(x) = \frac{x^n - 1}{x - 1}$ for x > 1. by l'Hôpital's Rule we have

$$\lim_{x \to 1^+} g(x) = \lim_{x \to 1^+} \frac{x^n - 1}{x - 1} = \lim_{x \to 1^+} \frac{nx^{n-1}}{1} = n.$$

So if we show that g(x) is an increasing function for x > 1, then inequality (2) follows. To this end we note that $g'(x) = \frac{(n-1)x^{n+1} - nx^n + x}{(x-1)^2x}$.

follows. To this end we note that $g'(x) = \frac{(n-1)x^n - nx^{n-1} + 1}{(x-1)^2x}$. For the case n > 1, we rewrite $g'(x) = \frac{(n-1)x^n - nx^{n-1} + 1}{(x-1)^2}$. The denominator is clearly positive. Denoting the numerator by $h(x) = (n-1)x^n - nx^{n-1} + 1$, we have $h'(x) = n(n-1)x^{n-1} - n(n-1)x^{n-2} = n(n-1)(x^{n-1} - x^{n-2}) > 0$. Since h(1) = 0, this shows that h(x) > 0 for x > 1,

so that g'(x) > 0 for x > 1. Thus inequality (2) hols for $n \ge 1$.

(When n>1 is an integer, a shorter route is to note that inequality (2) is simply $n \leq \frac{(f(c)-1)([f(c)]^{n-1}+[f(c)]}{f(c)-1}$ that is, $n \leq [f(c)]^{n-1}+[f(c))]^{n-2}+\ldots+f(c)+1$, which is clearly true for f(c)>1.)

For the case n < 0, we note that the denominator of $g'(x) = \frac{(n-1)x^{n+1} - nx^n + x}{(x-1)^2x}$ is positive. Denoting the numerator by $k(x) = (n-1)x^{n+1} - nx^n + x$, we have $k'(x) = (n+1)(n-1)x^n - n^2x^{n-1} + 1 = (n^2-1)x^n - n^2x^{n-1} + 1 = n^2(x^n - x^{n-1}) - x^n + 1 > 0$, since $x^n < 1$ for n < 0 and x > 1. Since k(1) = 0, this shows that k(x) > 0 for x > 1, so that g'(x) > 0 for x > 1. Thus inequality (2) also holds for n < 0.

So the original inequality holds for $n \ge 1$ and for $n \le 0$.

Let $I = \int_a^b f(x)dx$. Since $b - a \ge 0$ and $I \ge 0$, we can apply the arithmetic mean - geometric mean inequality as follows:

$$(n-1)(b-a)^n + I^n = (b-a)^n + \ldots + (b-a)^n + I^n \ge n((b-a)^n \ldots (b-a)^n \cdot I^n)^{\frac{1}{n}}$$

and deduce that

$$(n-1)(b-a)^n + I^n \ge n((b-a)^{n(n-1)} \cdot I^n)^{\frac{1}{n}} = n(b-a)^{n-1}I,$$

as desired. \Box

5793 3

Solution 5 by Perfetti Paolo, dipartimento di matematica Universita di. "Tor Vergata", Roma, Italy.

$$\left(\int_{a}^{b} f(x)dx\right)^{n} + \underbrace{(b-a)^{n} + \dots + (b-a)^{n}}_{n-1 \text{ times}} \ge \left(\left(\int_{a}^{b} f(x)dx\right)^{n} (b-a)^{n(n-1)}\right)^{\frac{1}{n}} =$$

$$= n(b-a)^{n-1} \int_{a}^{b} f(x)dx$$

Solution by Ulrich Abel, Technische Hochschule Mittelhessen, Friedberg, Germany.

As $f(x) \ge 1$, we have $\int_a^b f(x)dx = (b-a)(1+y)$ with a real number $y \ge 0$. We have to show that

$$n(b-a)^n(1+y) \le (n-1)(b-a)^n + (b-a)^n(1+y)^n.$$

If a = b the inequality is obvious. In case a < b the inequality is equivalent to

$$n(1+y) \le n-1+(1+y)^n$$

or, after an elementary simplification, to

$$1 + ny \le (1+y)^n.$$

This is just the Bernoulli inequality.

Solution 7 by Albert Stadler, Herrliberg, Switzerland.

We assume that n is a real variable with $n \ge 1$. The inequality holds trivially true if b = a. Let b > a, and let $I := \frac{1}{b-a} \int_a^b f(x) dx$. The inequality then reads as

$$nI \le n - 1 + I^n$$

which is exactly Bernoulli's inequality

(see for instance https://en.wikipedia.org/wiki/Bernoulli%27s_inequality):

$$(1+x)^r > 1 + rx$$

for every real number $r \ge 1$ and $x \ge -1$. The inequality is strict if $x \ne 0$ and $r \ne 1$. Hence the assumption that $f(x) \ge 1$ is not required. It suffices to assume that f is nonnegative.

Solution 8 by proposer.

We prove by induction that:

$$x_{1}, x_{2}, \dots, x_{n} \in [1, \infty); n \in \mathbb{N}^{*} \text{ implies:}$$

$$x_{1} + x_{2} + \dots + x_{n} \leq n - 1 + x_{1}x_{2} \dots x_{n}$$

$$\text{Checking: } n = 1; x_{1} = 1 - 1 + x_{1} \Leftrightarrow x_{1} \leq x_{1}$$

$$n = 2 : x_{1} + x_{2} \leq 1 + x_{1}x_{2} \Leftrightarrow (x_{1} - 1)(x_{2} - 1) \geq 0. \text{ True.}$$

$$(1) \qquad P(k) : x_{1} + x_{2} + \dots + x_{k} \leq k - 1 + x_{1}x_{2} \dots x_{k}$$

Suppose that it's true.

$$P(k+1): x_1 + x_2 + \ldots + x_k + x_{k+1} \le k + x_1 x_2 \ldots x_k x_{k+1}$$
 (to prove)
 $x_1 + x_2 + \ldots + x_k + x_{k+1} \le k - 1 + x_1 x_2 \ldots x_k + x_{k+1}$

Remains to prove that:

$$\begin{aligned} k-1+x_1x_2\dots x_k+x_{k+1} &\leq k+x_1x_2\dots x_kx_{k+1}\\ x_1x_2\dots x_kx_{k+1}-x_1x_2\dots x_k-x_{k+1}+1 &\geq 0\\ x_1x_2\dots x_k(x_{k+1}-1)-(x_{k+1}-1) &\geq 0\\ (x_{k+1}-1)(x_1x_2\dots x_k-1) &\geq 0 \text{ which is true because}\\ x_{k+1} &\geq 1; x_1x_2\dots x_k \geq 1\\ P(k) &\rightarrow P(k+1) \end{aligned}$$

In (1) we take:

(2)
$$x_1 \to f(x_1); x_2 \to f(x_2); \dots; x_n \to f(x_n)$$
$$\sum_{k=1}^n f(x_k) \le n - 1 + \prod_{k=1}^n f(x_k)$$

By integration in (2):

$$\int_{a}^{b} \int_{a}^{b} \cdots \int_{a}^{b} \left(\sum_{k=1}^{n} f(x_{k}) \right) dx_{1} dx_{2} \cdots dx_{n} \leq$$

$$\leq \int_{a}^{b} \int_{a}^{b} \cdots \int_{a}^{b} (n-1) dx_{1} dx_{2} \cdots dx_{n} + \int_{a}^{b} \int_{a}^{b} \cdots \int_{a}^{b} \prod_{k=1}^{n} f(x_{k}) dx_{1} dx_{2} \cdots dx_{n}$$

$$\sum_{k=1}^{n} \int_{a}^{b} \int_{a}^{b} \cdots \int_{a}^{b} f(x_{k}) dx_{1} dx_{2} \cdots dx_{n} \leq$$

$$\leq (n-1)(b-a)^{n} + \prod_{k=1}^{n} \int_{a}^{b} f(x_{k}) dx_{k}$$

$$n(b-a)^{n-1} \int_{a}^{b} f(x) dx \leq (n-1)(b-a)^{n} + \left(\int_{a}^{b} f(x_{k}) dx_{k} \right)^{n}$$
Equality holds for $a = b$ or $f(x) \equiv 1$.

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