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Let M be an interior point in triangle ABC with the area F and d_a, d_b, d_c the distances of point M to the sides BC, CA respectively AB . Prove that:

$$\frac{ab^2}{d_a} + \frac{bc^2}{d_b} + \frac{ca^2}{d_c} \geq 24F$$

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Solution by Mirsadix Muzefferov-Azerbaijan

$$\begin{aligned} \frac{ab^2}{d_a} + \frac{bc^2}{d_b} + \frac{ca^2}{d_c} &= \frac{ab^2}{\frac{2F_a}{a}} + \frac{bc^2}{\frac{2F_b}{b}} + \frac{ca^2}{\frac{2F_c}{c}} = \frac{(ab)^2}{2F_a} + \frac{(bc)^2}{2F_b} + \frac{(ac)^2}{2F_c} \stackrel{\text{Bergstrom}}{\geq} \\ &\geq \frac{(ab + bc + ac)^2}{2(F_a + F_b + F_c)} = \frac{(ab + bc + ac)^2}{2F} \stackrel{\text{Gordon}}{\geq} \frac{(4\sqrt{3}F)^2}{2F} = 24F \end{aligned}$$

Equality holds for : $a = b = c$.