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In any triangle $T = ABC$, with the area F we denote:

$$u(T) = \frac{a}{h_a} \operatorname{ctg}(A) + \frac{b}{h_b} \operatorname{ctg}(B) + \frac{c}{h_c} \operatorname{ctg}(C)$$

Prove that :

$$(a^4 + u(T))(b^4 + u(T))(c^4 + u(T)) \geq 144F^2$$

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Solution by Mirsadix Muzefferov-Azerbaijan

$$\begin{aligned} u(T) &= \frac{a}{h_a} \operatorname{ctg}(A) + \frac{b}{h_b} \operatorname{ctg}(B) + \frac{c}{h_c} \operatorname{ctg}(C) = \frac{a}{2F} \operatorname{ctg}(A) + \frac{b}{2F} \operatorname{ctg}(B) + \frac{c}{2F} \operatorname{ctg}(C) = \\ &= \frac{a(2R \sin(A)) \cdot \cos(A)}{2F \sin(A)} + \frac{b(2R \sin(B)) \cdot \cos(B)}{2F \sin(B)} + \frac{c(2R \sin(C)) \cdot \cos(C)}{2F \sin(C)} = \\ &= \frac{R}{F} (a \cdot \cos(A) + b \cdot \cos(B) + c \cdot \cos(C)) = \frac{R}{F} \cdot \frac{2F}{R} = 2 \end{aligned}$$

$$u(T) = 2$$

$$\begin{aligned} (a^4 + u(T)) \cdot (b^4 + u(T)) \cdot (c^4 + u(T)) &= (a^4 + 2) \cdot (b^4 + 2) \cdot (c^4 + 2) \stackrel{\text{Arkady Alt}}{\geq} \\ &\geq \frac{3}{4} \cdot 2^2 \cdot (a^2 + b^2 + c^2)^2 \stackrel{\text{Ionescu - Weltzenbock}}{\geq} 3(4\sqrt{3}F)^2 = 144F^2 \end{aligned}$$

Equality holds for : $a = b = c = 1$, $u(T) = 2$.