

ROMANIAN MATHEMATICAL MAGAZINE

If $a, b, c, s, t, u > 0$, then :

$$(a^2 + s^2)(b^2 + t^2)(c^2 + u^2) \geq \frac{3}{4}(atu + bsu + cst)^2$$

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Due to Arkady Alt, if $x, y, z, T > 0$, then :

$$(x^2 + T^2)(y^2 + T^2)(z^2 + T^2) \geq \frac{3}{4} \cdot T^4 \cdot (xy + yz + zx)^2,$$

with equality iff $x = y = z = \frac{1}{\sqrt{2}} \rightarrow (1)$

$$(a^2 + s^2)(b^2 + t^2)(c^2 + u^2) =$$

$$\begin{aligned} &= \frac{(a^2 t^2 u^2 + s^2 t^2 u^2)(b^2 s^2 u^2 + s^2 t^2 u^2)(c^2 s^2 t^2 + s^2 t^2 u^2)}{(stu)^4} = \\ &= \frac{(x^2 + T^2)(y^2 + T^2)(z^2 + T^2)}{(stu)^4} \quad (x = atu, y = bsu, z = cst, T = stu) \geq \end{aligned}$$

$$\stackrel{\text{Arkady Alt}}{\geq} \frac{\frac{3}{4} \cdot T^4 \cdot (xy + yz + zx)^2}{(stu)^4} = \frac{\frac{3}{4} \cdot (stu)^4 \cdot (atu + bsu + cst)^2}{(stu)^4}$$

$$\therefore (a^2 + s^2)(b^2 + t^2)(c^2 + u^2) \geq \frac{3}{4}(atu + bsu + cst)^2 \quad \forall a, b, c, s, t, u > 0,$$

$$'' = '' \quad \text{iff } atu = bsu = cst = \frac{1}{\sqrt{2}} \quad (\text{QED})$$