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If $a, b, c > 0$ and $a^2 + b^2 + c^2 = 3$, then prove that :

$$\left(5a + \frac{2}{b+c}\right)^3 + \left(5b + \frac{2}{c+a}\right)^3 + \left(5c + \frac{2}{a+b}\right)^3 \geq 648$$

Proposed by Nguyen Hung Cuong-Vietnam

Solution 1 by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \sum_{\text{cyc}} \left(5a + \frac{2}{b+c}\right)^3 &= \sum_{\text{cyc}} \left(a + a + a + a + a + \frac{2}{b+c}\right)^3 \stackrel{\text{A-G}}{\geq} \\ \sum_{\text{cyc}} \left(6 \cdot \sqrt[6]{\frac{2a^5}{b+c}}\right)^3 &= 216 \cdot \sqrt{2} \cdot \sum_{\text{cyc}} \sqrt{\frac{a^8}{a^3b + a^3c}} = 216 \cdot \sqrt{2} \cdot \sum_{\text{cyc}} \frac{a^4}{\sqrt{a^3b + a^3c}} \stackrel{\text{Bergstrom}}{\geq} \\ 216 \cdot \sqrt{2} \cdot \frac{(\sum_{\text{cyc}} a^2)^2}{\sum_{\text{cyc}} \sqrt{a^3b + a^3c}} &\stackrel{\text{CBS}}{\geq} 216 \cdot \sqrt{2} \cdot \frac{(\sum_{\text{cyc}} a^2)^2}{\sqrt{3} \cdot \sqrt{\sum_{\text{cyc}} (a^3b + ab^3)}} \stackrel{a^2+b^2+c^2=3}{=} \\ 648 \cdot \sqrt{2} \cdot \frac{(\sum_{\text{cyc}} a^2)^2}{\sqrt{3} \cdot (\sum_{\text{cyc}} a^2) \cdot \sqrt{(\sum_{\text{cyc}} a^2)(\sum_{\text{cyc}} ab) - abc \sum_{\text{cyc}} a}}} &\stackrel{?}{\geq} 648 \\ \Leftrightarrow 2 \left(\sum_{\text{cyc}} a^2\right)^2 \boxed{\stackrel{?}{\geq} (*)} 3 \left(\sum_{\text{cyc}} a^2\right) \left(\sum_{\text{cyc}} ab\right) - 3abc \sum_{\text{cyc}} a \end{aligned}$$

Assigning $b+c = x, c+a = y, a+b = z \Rightarrow x+y-z = 2c > 0, y+z-x = 2a > 0$ and $z+x-y = 2b > 0 \Rightarrow x+y > z, y+z > x, z+x > y \Rightarrow x, y, z$ form sides of a triangle with semiperimeter, circumradius and inradius = s, R, r (say);

$$\text{so } 2 \sum_{\text{cyc}} a = \sum_{\text{cyc}} x = 2s \Rightarrow \sum_{\text{cyc}} a = s \rightarrow (1) \Rightarrow a = s - x, b = s - y, c = s - z$$

$$\therefore abc = r^2 s \rightarrow (2) \text{ and such substitutions } \Rightarrow \sum_{\text{cyc}} ab = \sum_{\text{cyc}} (s-x)(s-y)$$

$$\Rightarrow \sum_{\text{cyc}} ab = 4Rr + r^2 \rightarrow (3), \sum_{\text{cyc}} a^2 = \left(\sum_{\text{cyc}} a\right)^2 - 2 \sum_{\text{cyc}} ab \stackrel{\text{via (1),(3)}}{=} s^2 - 2(4Rr + r^2) \Rightarrow \sum_{\text{cyc}} a^2 = s^2 - 8Rr - 2r^2 \rightarrow (4)$$

Via (1), (2), (3) and (4), (*) \Leftrightarrow

$$2(s^2 - 8Rr - 2r^2)^2 - 3(s^2 - 8Rr - 2r^2)(4Rr + r^2) + 3r^2 s^2 \boxed{\stackrel{(**)}{\geq}} 0 \text{ and}$$

$$\therefore (s^2 - 16Rr + 5r^2)^2 \stackrel{\text{Gerretsen}}{\geq} 0 \therefore \text{in order to prove (**), it suffices to prove :}$$

$$\text{LHS of (**)} \geq (s^2 - 16Rr + 5r^2)^2 \Leftrightarrow (5R - 7r)s^2 \boxed{\stackrel{(***)}{\geq}} r(72R^2 - 108Rr + 9r^2)$$

$$\text{Now, } (5R - 7r)s^2 \stackrel{\text{Gerretsen}}{\geq} (5R - 7r)(16Rr - 5r^2) \stackrel{?}{\geq} r(72R^2 - 108Rr + 9r^2)$$

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$$\Leftrightarrow 8R^2 - 29Rr + 26r^2 \stackrel{?}{\geq} 0 \Leftrightarrow (R - 2r)(8R - 13r) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because R \stackrel{\text{Euler}}{\geq} 2r$$

$$\Rightarrow (***) \Rightarrow (**)\Rightarrow (*) \text{ is true} \therefore \left(5a + \frac{2}{b+c}\right)^3 + \left(5b + \frac{2}{c+a}\right)^3 + \left(5c + \frac{2}{a+b}\right)^3$$

$$\geq 648 \forall a, b, c > 0 \mid a^2 + b^2 + c^2 = 3, \text{''=''} \text{ iff } a = b = c = 1 \text{ (QED)}$$

Solution 2 by Tapas Das-India

Note: Vasc's inequality $(a^2 + b^2 + c^2)^2 \geq 3(a^3b + b^3c + c^3a)$

$$\begin{aligned} & \left(5a + \frac{2}{b+c}\right)^3 + \left(5b + \frac{2}{c+a}\right)^3 + \left(5c + \frac{2}{a+b}\right)^3 \stackrel{AM-GM}{\geq} \\ & \geq \left(\sum \left(6 \sqrt[6]{\frac{2a^5}{b+c}}\right)\right)^3 = 216 \cdot \sqrt{2} \left(\sum \frac{a^{\frac{5}{2}}}{(b+c)^{\frac{1}{2}}}\right) = \\ & = 216 \cdot \sqrt{2} \left(\sum \frac{a^{\frac{5}{2}} a^{\frac{3}{2}}}{a^2 (b+c)^{\frac{1}{2}}}\right) = 216 \cdot \sqrt{2} \left(\sum \frac{a^4}{\sqrt{a^3(b+c)}}\right) \stackrel{\text{Bergstrom \& CBS}}{\geq} \\ & \geq 216 \cdot \sqrt{2} \frac{(\sum a^2)^2}{\left(3((a^3b + b^3c + c^3a) + (a^3c + c^3b + b^3a))\right)^{\frac{1}{2}}} \stackrel{\text{Vasc}}{\geq} \\ & 216 \cdot \sqrt{2} \frac{(\sum a^2)^2}{\sqrt{2} (\sum a^2)} = 216 \cdot (\sum a^2) = 216 \cdot 3 = 648 \end{aligned}$$