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If $a, b, c > 0$ and $\frac{1}{a+b+1} + \frac{1}{b+c+1} + \frac{1}{c+a+1} \geq 1$, then:
 $a + b + c \geq ab + bc + ca$

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$$\begin{aligned} \frac{1}{a+b+1} + \frac{1}{b+c+1} + \frac{1}{c+a+1} \geq 1 &\Rightarrow \sum_{\text{cyc}} \frac{1+a+b-(a+b)}{a+b+1} \geq 1 \\ &\Rightarrow 3 \geq 1 + \sum_{\text{cyc}} \frac{a+b}{a+b+1} \Rightarrow 2 \geq \sum_{\text{cyc}} \frac{(a+b)^2}{(a+b)^2 + (a+b)} \\ &\stackrel{\text{Bergstrom}}{\geq} \frac{(2 \sum_{\text{cyc}} a)^2}{2 \sum_{\text{cyc}} a^2 + 2 \sum_{\text{cyc}} ab + 2 \sum_{\text{cyc}} a} \\ &\Rightarrow \sum_{\text{cyc}} a^2 + \sum_{\text{cyc}} ab + \sum_{\text{cyc}} a \geq \left(\sum_{\text{cyc}} a \right)^2 = \sum_{\text{cyc}} a^2 + 2 \sum_{\text{cyc}} ab \Rightarrow \sum_{\text{cyc}} a \geq \sum_{\text{cyc}} ab \\ &\quad \therefore a + b + c \geq ab + bc + ca \\ \forall a, b, c > 0 \mid &\frac{1}{a+b+1} + \frac{1}{b+c+1} + \frac{1}{c+a+1} \geq 1 \text{ (QED)} \end{aligned}$$