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In $\triangle ABC$ the following relationship holds:

$$m_a \cot \frac{A}{2} + m_b \cot \frac{B}{2} + m_c \cot \frac{C}{2} \geq \frac{2s^3}{9Rr}$$

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Solution by Tapas Das-India

$$\begin{aligned} m_a \cot \frac{A}{2} + m_b \cot \frac{B}{2} + m_c \cot \frac{C}{2} &= \sum m_a \cot \frac{A}{2} \stackrel{m_a \geq \sqrt{s(s-a)}}{\geq} \\ &\geq \sum \sqrt{s(s-a)} \sqrt{\frac{s(s-a)}{(s-b)(s-c)}} = \sum \frac{s(s-a)}{\sqrt{(s-b)(s-c)}} = \\ &= s \sum \frac{(s-a)^{\frac{3}{2}}}{\sqrt{(s-b)(s-a)(s-c)}} = \frac{s}{\sqrt{sr^2}} \sum (s-a)^{\frac{3}{2}} = \\ &= \frac{\sqrt{s}}{r} \sum (s-a)^{\frac{3}{2}} \stackrel{CBS}{\geq} \frac{\sqrt{s} (\sum (s-a))^{\frac{3}{2}}}{r \cdot 3^{\frac{1}{2}}} = \frac{\sqrt{s} (s)^{\frac{3}{2}}}{r \cdot 3^{\frac{1}{2}}} = \frac{s^2}{r\sqrt{3}} \\ &= \frac{s^3}{rs\sqrt{3}} \stackrel{Mitrinovic}{\geq} \frac{s^3}{\frac{r3\sqrt{3}R}{2}\sqrt{3}} = \frac{2s^3}{9Rr} \end{aligned}$$

Equality holds for an equilateral triangle.