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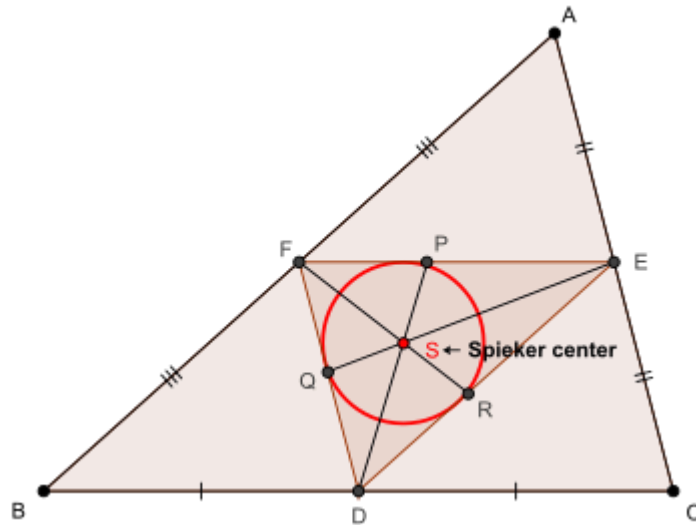
In any ΔABC with p_a, p_b, p_c

→ Spieker cevians, the following relationship holds :

$$p_a + p_b + p_c \geq m_a + m_b + m_c + \frac{s(R - 2r)}{10R}$$

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Let AS produced meet BC at X and $m(\angle BAX) = \alpha$ and $m(\angle CAX) = \beta$ (say)
and inradius of $\Delta DEF = r'$ (say)

$$\begin{aligned} \text{Now, } 16[DEF]^2 &= 2 \sum \left(\frac{a^2}{4} \right) \left(\frac{b^2}{4} \right) - \sum \frac{a^4}{16} = \frac{1}{16} \left(2 \sum a^2 b^2 - \sum a^4 \right) = \frac{16r^2 s^2}{16} \\ \Rightarrow [DEF] &= \frac{rs}{4} \Rightarrow r' \left(\frac{\frac{a}{2} + \frac{b}{2} + \frac{c}{2}}{2} \right) = \frac{rs}{4} \Rightarrow r' = \frac{r}{2} \rightarrow (1) \end{aligned}$$

$$\begin{aligned} \because \text{Spieker center is incentre of } \Delta DEF, \therefore m(\angle AFS) &= B + \frac{C}{2} = \frac{2B + C}{2} = \frac{B + \pi - A}{2} \\ &= \frac{\pi}{2} - \frac{A - B}{2} \text{ and } m(\angle AES) = C + \frac{B}{2} = \frac{\pi}{2} - \frac{A - C}{2} \rightarrow (2) \end{aligned}$$

Via (1), (2) and using cosine law on ΔAFS and ΔAES , we arrive at :

$$\begin{aligned} AS^2 &= \frac{r^2}{4 \sin^2 \frac{C}{2}} + \frac{c^2}{4} - \left(\frac{2r}{2 \sin \frac{C}{2}} \right) \left(\frac{c}{2} \right) \sin \frac{A - B}{2} \\ &= \frac{r^2}{4 \sin^2 \frac{B}{2}} + \frac{b^2}{4} - \left(\frac{2r}{2 \sin \frac{B}{2}} \right) \left(\frac{b}{2} \right) \sin \frac{A - C}{2} \end{aligned}$$

$$\Rightarrow 2AS^2 \stackrel{(i)}{=} \frac{r^2}{4\sin^2 \frac{C}{2}} + \frac{c^2}{4} - \left(\frac{2r}{2\sin \frac{C}{2}} \right) \left(\frac{c}{2} \right) \sin \frac{A-B}{2} + \frac{r^2}{4\sin^2 \frac{B}{2}} + \frac{b^2}{4} - \left(\frac{2r}{2\sin \frac{B}{2}} \right) \left(\frac{b}{2} \right) \sin \frac{A-C}{2}$$

$$\begin{aligned} \text{Now, } & \left(\frac{2r}{2\sin \frac{C}{2}} \right) \left(\frac{c}{2} \right) \sin \frac{A-B}{2} + \left(\frac{2r}{2\sin \frac{B}{2}} \right) \left(\frac{b}{2} \right) \sin \frac{A-C}{2} \\ &= \frac{r}{2} \left(4R \cos \frac{C}{2} \sin \frac{A-B}{2} + 4R \cos \frac{B}{2} \sin \frac{A-C}{2} \right) \\ &= Rr \left(2\sin \frac{A+B}{2} \sin \frac{A-B}{2} + 2\sin \frac{A+C}{2} \sin \frac{A-C}{2} \right) \\ &= Rr \left(1 - 2\sin^2 \frac{B}{2} + 1 - 2\sin^2 \frac{C}{2} - 2 \left(1 - 2\sin^2 \frac{A}{2} \right) \right) \\ &= 2Rr \left(\frac{2a(s-b)(s-c) - b(s-c)(s-a) - c(s-a)(s-b)}{abc} \right) \\ &= \frac{Rr}{8Rs} (2a^3 + (b+c)a^2 - 2a(b^2 + c^2) - (b+c)(b-c)^2) \\ &= \frac{4(b+c)bcsin^2 \frac{A}{2} - 2a \cdot 2bccosA}{8s} = \frac{bc \left((2s-a)\sin^2 \frac{A}{2} - a \left(1 - 2\sin^2 \frac{A}{2} \right) \right)}{2s} \\ &= \frac{bc \left((2s+a)\sin^2 \frac{A}{2} - a \right)}{2s} = \frac{(2s+a)(s-b)(s-c)}{2s} - 2Rr \\ &\Rightarrow - \left(\frac{2r}{2\sin \frac{C}{2}} \right) \left(\frac{c}{2} \right) \sin \frac{A-B}{2} - \left(\frac{2r}{2\sin \frac{B}{2}} \right) \left(\frac{b}{2} \right) \sin \frac{A-C}{2} \\ &\stackrel{(*)}{=} \frac{-(2s+a)(s-b)(s-c)}{2s} + 2Rr \end{aligned}$$

$$\begin{aligned} \text{Again, } & \frac{r^2}{4\sin^2 \frac{B}{2}} + \frac{r^2}{4\sin^2 \frac{C}{2}} = \frac{r^2}{4} \left(\frac{ca}{(s-c)(s-a)} + \frac{ab}{(s-a)(s-b)} \right) \\ &= \frac{r^2}{4r^2s} (ca(s-b) + ab(s-c)) = \frac{ab+ca}{4} - 2Rr \stackrel{(**)}{=} \frac{r^2}{4\sin^2 \frac{B}{2}} + \frac{r^2}{4\sin^2 \frac{C}{2}} \\ (i), (*), (**) \Rightarrow & 2AS^2 = \frac{b^2 + c^2 + ab + ca}{4} - \frac{(2s+a)(s-b)(s-c)}{2s} \\ &= \frac{(a+b+c)(b^2 + c^2 + ab + ca) - (2a+b+c)(c+a-b)(a+b-c)}{8s} \\ &= \frac{b^3 + c^3 - abc + a(2b^2 + 2c^2 - a^2)}{4s} \Rightarrow 2AS^2 \stackrel{(ii)}{=} \frac{b^3 + c^3 - abc + a(4m_a^2)}{4s} \end{aligned}$$

$$\text{Via sine law on } \triangle AFS, \frac{r}{2\sin \frac{C}{2} \sin \alpha} = \frac{AS}{\cos \frac{A-B}{2}} = \frac{cAS}{(a+b)\sin \frac{C}{2}}$$

$$\Rightarrow c \sin \alpha \stackrel{(***)}{=} \frac{r(a+b)}{2AS} \text{ and via sine law on } \triangle AES, b \sin \beta \stackrel{****}{=} \frac{r(a+c)}{2AS}$$

$$\text{Now, } [BAX] + [BAX] = [ABC] \Rightarrow \frac{1}{2} p_a c \sin \alpha + \frac{1}{2} p_a b \sin \beta = rs$$

$$\stackrel{\text{via } (***) \text{ and } (****)}{\Rightarrow} \frac{p_a(a+b+a+c)}{4AS} = s \Rightarrow p_a = \frac{4s}{2s+a} AS$$

$$\Rightarrow p_a^2 \stackrel{\text{via (ii)}}{=} \frac{16s^2}{(2s+a)^2} \cdot \frac{b^3 + c^3 - abc + a(4m_a^2)}{8s}$$

$$\therefore p_a^2 = \frac{2s}{(2s+a)^2} (b^3 + c^3 - abc + a(4m_a^2))$$

$$\Rightarrow p_a^2 - m_a^2 = \frac{2s}{(2s+a)^2} (b^3 + c^3 - abc + a(4m_a^2)) - m_a^2$$

$$= \frac{2s}{(2s+a)^2} (b^3 + c^3 - abc) - \left(1 - \frac{8sa}{(2s+a)^2}\right) m_a^2$$

$$= \frac{4(a+b+c)(b^3 + c^3 - abc) - (2b^2 + 2c^2 - a^2)(b+c)^2}{4(2s+a)^2}$$

$$= \frac{a^2(b-c)^2 + 4a(b+c)(b-c)^2 + 2(b^2 - c^2)^2}{4(2s+a)^2}$$

$$= \frac{(b-c)^2}{4(2s+a)^2} \left((a^2 + 2a(b+c) + (b+c)^2) + ((b+c)^2 + 2a(b+c) + a^2) - a^2 \right)$$

$$= \frac{(b-c)^2}{4(2s+a)^2} (2(a+b+c)^2 - a^2) = \frac{(b-c)^2(8s^2 - a^2)}{4(2s+a)^2}$$

$$\therefore p_a^2 - m_a^2 \stackrel{(*)}{=} \frac{(b-c)^2(8s^2 - a^2)}{4(2s+a)^2}$$

$$\text{Now, } p_a - m_a \geq \frac{(b-c)^2}{2(2s+a)} \Leftrightarrow p_a^2 \geq m_a^2 + \frac{(b-c)^4}{4(2s+a)^2} + \frac{m_a \cdot (b-c)^2}{2s+a}$$

$$\stackrel{\text{via } (*)}{\Leftrightarrow} \frac{(b-c)^2(8s^2 - a^2 - (b-c)^2)}{4(2s+a)^2} \stackrel{(\blacksquare)}{\geq} \frac{m_a \cdot (b-c)^2}{2s+a}$$

$$\text{We note that : } 8s^2 - a^2 - (b-c)^2 > 8s^2 - 2a^2 > 0 \therefore (\blacksquare) \Leftrightarrow$$

$$\frac{(8s^2 - a^2)^2 + (b-c)^4 - 2(8s^2 - a^2)(b-c)^2}{16(2s+a)^2}$$

$$\geq \left(s(s-a) + \frac{(b-c)^2}{4} \right) (\because (b-c)^2 \geq 0)$$

$$\Leftrightarrow (8s^2 - a^2)^2 - 16s(s-a)(2s+a)^2 + (b-c)^4 - 2(b-c)^2(8s^2 - a^2 + 2(2s+a)^2) \geq 0$$

$$\Leftrightarrow (b-c)^4 - 2(4s+a)^2(b-c)^2 + a^2(32s^2 + 16sa + a^2) \stackrel{(\blacksquare\blacksquare)}{\geq} 0$$

$$\text{Now, } (\blacksquare\blacksquare) \text{ is a quadrilateral in } (b-c)^2 \text{ with discriminant =}$$

$$4(4s+a)^4 - 4a^2(32s^2 + 16sa + a^2) = 256s^2(2s+a)^2$$

$$\therefore \text{ in order to prove } (\blacksquare\blacksquare), \text{ it suffices to prove :}$$

$$(b-c)^2 \leq \frac{2(4s+a)^2 - 16s(2s+a)}{2} = a^2 \rightarrow \text{true} \Rightarrow (\blacksquare\blacksquare) \Rightarrow (\blacksquare) \text{ is true}$$

$$\therefore p_a - m_a \geq \frac{(b-c)^2}{2(2s+a)} \text{ and analogs}$$

$$\therefore p_a + p_b + p_c \stackrel{(\blacksquare\blacksquare\blacksquare)}{\geq} m_a + m_b + m_c + \sum_{\text{cyc}} \frac{(b-c)^2}{2(2s+a)}$$

We have : $\sum_{\text{cyc}} \frac{(b-c)^2}{2(2s+a)} \stackrel{(m)}{=} \frac{1}{4s(9s^2 + 6Rr + r^2)} \cdot \sum_{\text{cyc}} ((b-c)^2(8s^2 - 2sa + bc))$

and, $\sum_{\text{cyc}} ((b-c)^2(8s^2 - 2sa + bc))$

$$= 8s^2 \sum_{\text{cyc}} (b-c)^2 - 2s \cdot \sum_{\text{cyc}} a(b^2 + c^2 - 2bc) + \sum_{\text{cyc}} \left(bc \left(\sum_{\text{cyc}} a^2 - a^2 - 2bc \right) \right)$$

$$= 16s^2(s^2 - 12Rr - 3r^2) - 2s \cdot \left(\left(\sum_{\text{cyc}} a \right) \left(\sum_{\text{cyc}} ab \right) - 9abc \right) +$$

$$2(s^2 - 4Rr - r^2)(s^2 + 4Rr + r^2) - 2((s^2 + 4Rr + r^2)^2 - 16Rrs^2) - 8Rrs^2$$

$$= 16s^2(s^2 - 12Rr - 3r^2) - 4s^2(s^2 - 14Rr + r^2) +$$

$$2(s^2 - 4Rr - r^2)(s^2 + 4Rr + r^2) - 2((s^2 + 4Rr + r^2)^2 - 16Rrs^2) - 8Rrs^2$$

$$\stackrel{\text{via (m)}}{\Leftrightarrow} \sum_{\text{cyc}} \frac{(b-c)^2}{2(2s+a)} =$$

$$\left(\frac{16s^2(s^2 - 12Rr - 3r^2) - 4s^2(s^2 - 14Rr + r^2) + 2(s^2 - 4Rr - r^2)(s^2 + 4Rr + r^2) -}{2((s^2 + 4Rr + r^2)^2 - 16Rrs^2) - 8Rrs^2} \right)$$

$$\frac{4s(9s^2 + 6Rr + r^2)}{? \frac{s(R-2r)}{10R}} \Leftrightarrow$$

$$\geq \frac{s(R-2r)}{10R} \Leftrightarrow$$

$$(21R + 18r)s^4 - rs^2(326R^2 + 129Rr - 2r^2) - 10Rr^2(4R + r)^2 \stackrel{?}{\geq} 0 \text{ and } \therefore \stackrel{(\blacksquare\blacksquare\blacksquare\blacksquare)}{}$$

$$(21R + 18r)(s^2 - 16Rr + 5r^2)^2 \stackrel{\text{Gerretsen}}{\geq} 0 \therefore \text{in order to prove } (\blacksquare\blacksquare\blacksquare\blacksquare),$$

it suffices to prove : LHS of $(\blacksquare\blacksquare\blacksquare\blacksquare) \geq (21R + 18r)(s^2 - 16Rr + 5r^2)^2 \Leftrightarrow$

$$(346R^2 + 237Rr - 178r^2)s^2 \stackrel{(\blacksquare\blacksquare\blacksquare\blacksquare\blacksquare)}{\geq} r(5536R^3 + 1328R^2r - 2345Rr^2 + 450r^3)$$

Finally, $(346R^2 + 237Rr - 178r^2)s^2 \stackrel{\text{Gerretsen}}{\geq} \left(\frac{346R^2 + 237Rr}{-178r^2} \right) (16Rr - 5r^2)$

$$\stackrel{?}{\geq} r(5536R^3 + 1328R^2r - 2345Rr^2 + 450r^3)$$

$$\Leftrightarrow 2r^3(367R^2 - 844Rr + 220r^2) \stackrel{?}{\geq} 0 \Leftrightarrow 2r^3(R - 2r)(367R - 110r) \stackrel{?}{\geq} 0$$

$\rightarrow \text{true} \therefore R \stackrel{\text{Euler}}{\geq} 2r \Rightarrow (\blacksquare\blacksquare\blacksquare\blacksquare\blacksquare) \Rightarrow (\blacksquare\blacksquare\blacksquare\blacksquare) \text{ is true } \therefore \sum_{\text{cyc}} \frac{(b-c)^2}{2(2s+a)} \geq \frac{s(R-2r)}{10R}$

$$\stackrel{\text{via } (\blacksquare\blacksquare\blacksquare)}{\Rightarrow} p_a + p_b + p_c \geq m_a + m_b + m_c + \frac{s(R-2r)}{10R} \forall \Delta ABC,$$

with equality iff ΔABC is equilateral (QED)