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In any $\triangle ABC$, for $k = \frac{\sqrt[4]{3}(373\sqrt{3} + 1323)}{1794}$, prove that:

$$\frac{1}{R+s} + \frac{1}{s+r} + \frac{1}{r+R} \leq \frac{k}{\sqrt{F}}$$

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We have

$$R+s = \sqrt{R \cdot R} + \sqrt{s \cdot s} \stackrel{\text{Mitrinovic \& Euler}}{\geq} \sqrt{\frac{2s}{3\sqrt{3}}} \cdot 2r + \sqrt{s \cdot 3\sqrt{3}r} = \frac{(2+3\sqrt{3})\sqrt{F}}{\sqrt[4]{27}}.$$

$$s+r = \frac{s}{3\sqrt{3}} + r + \frac{3\sqrt{3}-1}{3\sqrt{3}} \sqrt{s \cdot s} \stackrel{\text{AM-GM \& Mitrinovic}}{\geq} 2\sqrt{\frac{sr}{3\sqrt{3}}} + \frac{3\sqrt{3}-1}{3\sqrt{3}} \sqrt{s \cdot 3\sqrt{3}rs} = \frac{(1+3\sqrt{3})\sqrt{F}}{\sqrt[4]{27}}.$$

$$r+R \stackrel{\text{Mitrinovic}}{\geq} r + \frac{2s}{3\sqrt{3}} = r + \frac{s}{3\sqrt{3}} + \sqrt{\frac{s \cdot s}{27}} \stackrel{\text{AM-GM \& Mitrinovic}}{\geq} 2\sqrt{\frac{sr}{3\sqrt{3}}} + \sqrt{\frac{sr}{3\sqrt{3}}} = \sqrt{\sqrt{3}F}.$$

Then

$$\frac{1}{R+s} + \frac{1}{s+r} + \frac{1}{r+R} \leq \frac{\sqrt[4]{27}}{(2+3\sqrt{3})\sqrt{F}} + \frac{\sqrt[4]{27}}{(1+3\sqrt{3})\sqrt{F}} + \frac{1}{\sqrt{\sqrt{3}F}} = \frac{k}{\sqrt{F}}$$

Equality holds iff $\triangle ABC$ is equilateral.