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SOLUTIONS

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JP.106. Let $a, b, c > 0$. Prove that:

$$\frac{8(a+b+c)^3}{(a+b)(b+c)(c+a)} + 5(ab+bc+ca) \geq 12 + 10(a+b+c)$$

Proposed by Nguyen Ngoc Tu – Ha Giang – Vietnam

Solution by Rade Krenkov-Strumica-Macedonia

Inequality is equivalent with:

$$\frac{8(a+b+c)^2(a+b+c)(ab+bc+ca)}{(a+b)(b+c)(c+a)} + 5(ab+bc+ca)^2 \geq 12(ab+bc+ca) + 10(a+b+c)(ab+bc+ca).$$

Using equality $(a+b+c)(ab+bc+ca) = (a+b)(b+c)(c+a) + abc$ have

$$8(a+b+c)^2 + \frac{8(a+b+c)^2 abc}{(a+b)(b+c)(c+a)} + 5(ab+bc+ca)^2 \geq 12(ab+bc+ca) + 10(a+b+c)(ab+bc+ca).$$

From AM-GM we get:

$$5(a+b+c)^2 + 5(ab+bc+ca)^2 \geq 10(a+b+c)(ab+bc+ca).$$

Now, enough to

$$\text{prove that: } 3(a+b+c)^2 + \frac{8(a+b+c)^2 abc}{(a+b)(b+c)(c+a)} \geq 12(ab+bc+ca)$$

$$3(a+b+c)^2 + \frac{8(a+b+c)^3 abc}{(a+b)(b+c)(c+a) \cdot (a+b+c)} \geq 12(ab+bc+ca)$$

From AM-GM we get:

$$8(a+b+c)^3 = [(a+b) + (b+c) + (c+a)]^3 \geq \left[3\sqrt{(a+b)(b+c)(c+a)} \right]^3 = 27(a+b)(b+c)(c+a).$$

We, must prove that:

$$3(a+b+c)^2 + \frac{27abc}{a+b+c} \geq 12(ab+bc+ca) \Leftrightarrow (a+b+c)^3 + 9abc \geq 4(a+b+c)(ab+bc+ca)$$

From Schur's inequality we have:

$$(a+b+c)^3 = a^3 + b^3 + c^3 + 3 \sum a^2 b + 3 \sum ab^2 + 6abc \geq 4 \sum a^2 b + 4 \sum ab^2 + 3abc.$$

Now, $(a+b+c)^3 + 9abc \geq 4 \sum a^2 b + 4 \sum ab^2 + 12abc = 4(a+b+c)(ab+bc+ca)$

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JP.107. Prove that in any triangle ABC with incentre I the following relationship holds:

$$AI \cdot \frac{a^2}{w_a} + BI \cdot \frac{b^2}{w_b} + CI \cdot \frac{c^2}{w_c} \leq 3\sqrt{2} \frac{R^2}{r} \sqrt{R(R-r)},$$

where R is the circumradius, r is the inradius of triangle ABC and w_a, w_b, w_c are the lengths of the internal bisectors of the angle opposite of the sides of lengths a, b, c , respectively.

Proposed by George Apostolopoulos-Messolonghi-Greece

Solution 1 by Rajsekhar Azaad-India

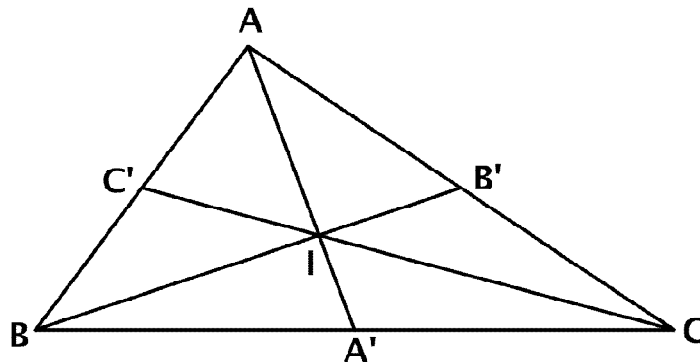
$$\text{For any } \Delta: \frac{AI}{w_a} = \frac{b+c}{2s}, \frac{BI}{w_b} = \frac{c+a}{2s}, \frac{CI}{w_c} = \frac{a+b}{2s}$$

$$\begin{aligned} \Rightarrow LHS &= \sum \frac{AI \cdot a^2}{w_a} = \sum \frac{a^2(b+c)}{2s} = \frac{(a+b+c)(ab+bc+ca) - 3abc}{2s} \\ &= \frac{2s(s^2 + r^2 + 4Rr) - 3 \cdot 4Rrs}{2s} = s^2 + r^2 - 2Rr \\ &\leq 4R^2 + 4Rr + 3r^2 + r^2 - 2Rr \quad (\text{Gerretsen}) = 4R^2 + 2Rr + 4r^2 \\ &\leq 4R^2 + R^2 + R^2 = 6R^2 \quad (i) \end{aligned}$$

$$\begin{aligned} RHS &= 3\sqrt{2} \frac{R^2}{r} \sqrt{r(R-r)} = 3\sqrt{2} R^2 \sqrt{\frac{R}{r} \left(\frac{R}{r} - 1 \right)} \geq 3\sqrt{2} R^2 \sqrt{2(2-1)} \quad (\because R \geq 2r) \\ &= 6R^2 \quad (ii) \end{aligned}$$

From (i) & (ii) inequality proved.

Solution 2 by Marian Ursarescu-Romania



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$$\begin{aligned} \text{From bisector theorem} &\Rightarrow \frac{BA'}{A'C} = \frac{c}{b} \Rightarrow \frac{BA'}{a} = \frac{c}{b+c} \Rightarrow BA' = \frac{ac}{b+c} \\ \frac{AI}{IA'} = \frac{c}{BA'} &= \frac{c}{\frac{ac}{b+c}} = \frac{b+c}{a} \Rightarrow \frac{AI}{AA'} = \frac{b+c}{a+b+c} \Rightarrow \frac{AI}{w_a} = \frac{b+c}{2p} \end{aligned}$$

$$\text{Inequalities become: } \frac{1}{2p} \sum a^2(b+c) \leq 3\sqrt{2} \frac{R^2}{r} \sqrt{R(R-r)} \quad (1)$$

$$\text{But } \sum a^2(b+c) = 2p(p^2 + r^2 - 2Rr) \quad (2)$$

$$\text{From (1)+(2) we show: } p^2 + r^2 - 2Rr \leq 3\sqrt{2} \frac{R^2}{r} \sqrt{R(R-r)} \quad (3)$$

$$\text{But } R \geq 2r \Rightarrow 3\sqrt{2} \frac{R^2}{r} \sqrt{R(R-r)} \geq 6R^2 \quad (4)$$

$$\text{From (3)+(4) we must show: } p^2 + r^2 - 2Rr \leq 6R^2 \quad (5)$$

But (5) its true from Blundon – Gerretsen inequality: $p^2 \leq 4R^2 + 4Rr + 3r^2$.

Solution 3 by Soumitra Mandal-Chandar Nagore-India

$$AI = r \csc \frac{A}{2}, BI = r \csc \frac{B}{2}, CI = r \csc \frac{C}{2}, w_a = \frac{2bc \cos \frac{A}{2}}{b+c},$$

$$w_b = \frac{2ac \cos \frac{B}{2}}{c+a} \quad \text{and} \quad w_c = \frac{2ab \cos \frac{C}{2}}{a+b}$$

$$\sum_{cyc} \frac{AI \cdot a^2}{w_a} \stackrel{\text{Chebyshev's Inequality}}{\leq} \frac{a^2 + b^2 + c^2}{3} \cdot \left(\sum_{cyc} \frac{AI}{w_a} \right)$$

$$\left[\text{let } a^2 \geq b^2 \geq c^2 \text{ then } \frac{r \csc \frac{A}{2}}{\frac{2bc \cos \frac{A}{2}}{b+c}} \leq \frac{r \csc \frac{B}{2}}{\frac{2ca \cos \frac{B}{2}}{c+a}} \leq \frac{r \csc \frac{C}{2}}{\frac{2ab \cos \frac{C}{2}}{a+b}} \right]$$

$$\leq 3R^2 \left(\sum_{cyc} \frac{r \csc \frac{A}{2}}{\frac{2bc \cos \frac{A}{2}}{b+c}} \right) = 3R^2 r \left(\sum_{cyc} \frac{b+c}{bc \sin A} \right) = 6R^3 r \left(\sum_{cyc} \frac{b+c}{abc} \right)$$

$$= 6R^3 r \cdot \frac{2 \cdot 2p}{4Rrp} = 6R^2, \text{ we need to prove, } 6R^2 \leq \frac{3\sqrt{2}R^2}{r} \sqrt{R(R-r)}$$

$$\Leftrightarrow \sqrt{2}r \leq \sqrt{R(R-r)} \Leftrightarrow R^2 - Rr - 2r^2 \geq 0 \Leftrightarrow (R+r)(R-2r) \geq 0,$$

which is also true

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$$\therefore \sum_{cyc} \frac{AI \cdot a^2}{w_a} \leq 3\sqrt{2} \frac{R^2}{r} \sqrt{R(R-r)}$$

(proved)

JP.108. If $a, b > 0$, then:

$$4\sqrt{ab} \cdot \frac{\sin x}{x} + b \left(\frac{\tan x}{x} \right)^2 + a > 6\sqrt{ab}, \forall x \in \left(0, \frac{\pi}{2} \right)$$

Proposed by D.M. Bătinețu-Giurgiu, Neculai Stanciu – Romania

Solution 1 by Ravi Prakash-New Delhi-India

For $0 < x < \frac{\pi}{2}$, $a, b > 0$

$$\begin{aligned} 4\sqrt{ab} \frac{\sin x}{x} + b \left(\frac{\tan x}{x} \right)^2 + a &\geq 4\sqrt{ab} \frac{\sin x}{x} + 2\sqrt{b \left(\frac{\tan x}{x} \right)^2 a} \\ &= 2\sqrt{ab} \left[\frac{2\sin x}{x} + \frac{\tan x}{x} \right] \quad (1) \end{aligned}$$

Let $g(x) = 2\sin x + \tan x - 3x$, $0 \leq x < \frac{\pi}{2}$

$$g'(x) = 2\cos x + \sec^2 x - 3, 0 < x < \frac{\pi}{2} : > 3[\cos^2 x \sec^2 x]^{\frac{1}{3}} - 3, 0 < x < \frac{\pi}{2}$$

$$\Rightarrow g'(x) > 0 \text{ for } 0 < x < \frac{\pi}{2} \Rightarrow g(x) > g(0) \text{ for } 0 < x < \frac{\pi}{2}$$

$$\Rightarrow 2 \frac{\sin x}{x} + \frac{\tan x}{x} > 3 \text{ for } 0 < x < \frac{\pi}{2} \quad (2)$$

From (1), (2), we get: $4\sqrt{ab} \frac{\sin x}{x} + b \left(\frac{\tan x}{x} \right)^2 + a > 6\sqrt{ab}$ for $0 < x < \frac{\pi}{2}$

Solution 2 by Soumitra Mandal-Chandar Nagore-India

We know, $\sin x \geq x - \frac{x^3}{6}$, $\tan x \geq x + \frac{x^3}{3}$ for all $x \in \left[0, \frac{\pi}{2} \right]$

$$\begin{aligned} 4\sqrt{ab} \cdot \frac{\sin x}{x} + b \left(\frac{\tan x}{x} \right)^2 + a &\geq 4\sqrt{ab} \cdot \frac{\sin x}{x} + 2\sqrt{ab} \cdot \frac{\tan x}{x} \\ &= 2\sqrt{ab} \left(2 \frac{\sin x}{x} + \frac{\tan x}{x} \right) > 2\sqrt{ab} \left(2 - \frac{x^2}{3} + 1 + \frac{x^2}{3} \right) \text{ for all } x \in \left(0, \frac{\pi}{2} \right) \\ &= 6\sqrt{ab} \quad (\text{proved}) \end{aligned}$$

JP.109. If $a, b > 0$, then:

$$(a+b) \cdot \frac{\sin x}{x} + \frac{2ab}{a+b} \cdot \frac{\tan x}{x} > \frac{6ab}{a+b}, \forall x \in \left(0, \frac{\pi}{2} \right)$$

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Proposed by D.M. Bătinețu – Giurgiu, Neculai Stanciu – Romania

Solution by Soumava Chakraborty-Kolkata-India

$$(a + b) \cdot \frac{\sin x}{x} + \frac{2ab}{a + b} \cdot \frac{\tan x}{x} \stackrel{(1)}{>} \frac{6ab}{a + b}$$

$$(1) \Leftrightarrow (a + b)^2 \sin x + 2ab \tan x \stackrel{(2)}{>} 6abx$$

$$\because (a + b)^2 \geq 4ab \therefore \text{LHS of (2)} \geq 4ab \sin x + 2ab \tan x \stackrel{?}{>} 6abx \Leftrightarrow 2 \sin x + \tan x - 3x \stackrel{?}{>} 0 \quad (3)$$

$$\text{Let } f(x) = 2 \sin x + \tan x - 3x \quad \forall x \in \left[0, \frac{\pi}{2}\right)$$

$$f'(x) = \sec^2 x + 2 \cos x - 3 \text{ and } f''(x) = 2(\sec^2 x \tan x - \sin x) = \\ = 2(\tan x(1 + \tan^2 x) - \sin x) = 2(\tan x - \sin x + \tan^3 x) \geq 2(\sin x - \sin x + \tan^3 x)$$

$$\left(\because \forall x \in \left[0, \frac{\pi}{2}\right), \tan x \geq x \geq \sin x\right) = 2 \tan^3 x \geq 0 \therefore f''(x) \geq 0 \quad \forall x \in \left[0, \frac{\pi}{2}\right)$$

$$\Rightarrow f'(x) \uparrow \text{ on } \left[0, \frac{\pi}{2}\right) \Rightarrow f'(x) \geq f'(0) = 0, \forall x \in \left[0, \frac{\pi}{2}\right) \Rightarrow f(x) \uparrow \text{ on } \left[0, \frac{\pi}{2}\right)$$

$$\Rightarrow f(x) \geq f(0) = 0 \Rightarrow \forall x \in \left[0, \frac{\pi}{2}\right), 2 \sin x + \tan x - 3x \geq 0, \text{ equality at } x = 0$$

$$\therefore \forall a, b > 0, x \in \left(0, \frac{\pi}{2}\right), 2 \sin x + \tan x - 3x > 0 \Rightarrow (3) \text{ is true (Proved)}$$

JP.110. If $x, y, z \in (0, 1)$ and ABC is a triangle, then prove that:

$$\frac{\sin^2 \frac{A}{2}}{x(1-x^3)} + \frac{\sin^2 \frac{B}{2}}{y(1-y^3)} + \frac{\sin^2 \frac{C}{2}}{z(1-z^3)} \geq \frac{2^3 \sqrt{4}}{3R} (2R - r)$$

Proposed by D.M. Bătinețu – Giurgiu, Neculai Stanciu – Romania

Solution 1 by Ravi Prakash-New Delhi-India

$$\text{Let } f(x) = x(1-x^3), 0 < x < 1; f'(x) = 1 - 4x^3; f'(x) = 0 \Rightarrow x = \left(\frac{1}{4}\right)^{\frac{1}{3}}$$

$$f''(x) = -12x^2 \Rightarrow f''\left(\left(\frac{1}{4}\right)^{\frac{1}{3}}\right) < 0 \Rightarrow f(x) \text{ has a maximum for } x = \left(\frac{1}{4}\right)^{\frac{1}{3}}$$

$$\therefore \max_{0 < x < 1} f(x) = \frac{1}{4^{\frac{1}{3}}}\left(1 - \frac{1}{4}\right) = \frac{3}{4^{\frac{4}{3}}} \Rightarrow \frac{1}{x(1-x^3)} \geq \frac{4^{\frac{4}{3}}}{3} \text{ for } 0 < x < 1$$

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$$\begin{aligned} \therefore \frac{\sin^2\left(\frac{A}{2}\right)}{x(1-x^3)} + \frac{\sin^2\left(\frac{B}{2}\right)}{y(1-y^3)} + \frac{\sin^2\left(\frac{C}{2}\right)}{z(1-z^3)} &\geq \frac{4^{\frac{4}{3}}}{3} \left[\sin^2\left(\frac{A}{2}\right) + \sin^2\left(\frac{B}{2}\right) + \sin^2\left(\frac{C}{2}\right) \right] \\ &= \frac{4^{\frac{4}{3}}}{3} \left[1 - \frac{r}{2R} \right] = \frac{2\left(3^{\frac{1}{4}}\right)(2R-r)}{3R} \\ \left[\begin{aligned} 1 - \sin^2\frac{A}{2} - \sin^2\frac{B}{2} - \sin^2\frac{C}{2} &= \cos^2\frac{A}{2} - \sin^2\frac{B}{2} - \sin^2\frac{C}{2} \\ &= \cos\left(\frac{A+B}{2}\right)\cos\left(\frac{A-B}{2}\right) - \sin^2\frac{C}{2} = \sin\frac{C}{2} \left[\cos\left(\frac{A-B}{2}\right) - \cos\frac{A+B}{2} \right] \\ &= 2\sin\frac{A}{2}\sin\frac{B}{2}\sin\frac{C}{2} = 2\frac{(s-a)(s-b)(s-c)}{abc} = \frac{2}{3} \cdot \frac{\Delta^2}{abc} \\ &= \frac{1}{2}\left(\frac{\Delta}{s}\right)\left(\frac{4\Delta}{abc}\right) = \frac{1}{2} \cdot \frac{r}{R} \end{aligned} \right] \end{aligned}$$

Solution 2 by Marian Ursarescu-Romania

Let $f: (0, 1) \rightarrow \mathbb{R}, f(x) = x(1-x^3) = x - x^4$

$$f(x) = 1 - 4x^3 = 0 \Rightarrow x = \frac{1}{\sqrt[3]{4}}$$

x	0	$\frac{1}{\sqrt[3]{4}}$	1
$f'(x)$	+++++ 0 -----		
$f(x)$			

$$\Rightarrow f(x) \leq \frac{3}{4\sqrt[3]{4}} \Rightarrow$$

$$x(1-x^3) \leq \frac{3}{4\sqrt[3]{4}} \Rightarrow \frac{1}{x(1-x^3)} \geq \frac{4\sqrt[3]{4}}{3} \quad (1)$$

From (1) inequalities become: $\frac{\sin^2\frac{A}{2}}{x(1-x^3)} + \frac{\sin^2\frac{B}{2}}{y(1-y^3)} + \frac{\sin^2\frac{C}{2}}{z(1-z^3)} \geq \frac{4\sqrt[3]{4}}{3} \left(\sum \sin^2\frac{A}{2} \right) \quad (2)$

But $\sum \sin^2\frac{A}{2} = \frac{2R-r}{2R} \quad (3)$

From (2)+(3) $\Rightarrow \frac{\sin^2\frac{A}{2}}{x(1-x^3)} + \frac{\sin^2\frac{B}{2}}{y(1-y^3)} + \frac{\sin^2\frac{C}{2}}{z(1-z^3)} \geq \frac{2\sqrt[3]{4}}{3R} (2R-r)$

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Solution 3 by Soumitra Mandal-Chandar Nagore-India

Let $f(x) = x - x^4$ for all $x \in (0, 1)$ then $f'(x) = 1 - 4x^3$

$f''(x) = -12x^2$ now let $f'(c) = 0 \Rightarrow c = \frac{1}{\sqrt[3]{4}}$ then $f''(x) < 0$ at $x = \frac{1}{\sqrt[3]{4}}$

hence at $x = \frac{1}{\sqrt[3]{4}}$ the function attains maximum then $f\left(\frac{1}{\sqrt[3]{4}}\right) \geq f(x)$

$$\begin{aligned} \sum_{cyc} \frac{\sin^2 \frac{A}{2}}{x(1-x^3)} &\geq \frac{4\sqrt[3]{4}}{3} \sum_{cyc} \sin^2 \frac{A}{2} = \frac{4\sqrt[3]{4}}{3} \sum_{cyc} \frac{(p-b)(p-c)}{bc} \\ &= \frac{4\sqrt[3]{4}}{3} \cdot \frac{a(p-b)(p-c) + b(p-a)(p-c) + c(p-a)(p-b)}{abc} \\ &= \frac{4\sqrt[3]{4}}{3} \cdot \frac{p^2(a+b+c) - 2p(ab+bc+ca) + 3abc}{abc} = \frac{4\sqrt[3]{4}}{3} \cdot \frac{4Rrp - 2pr^2}{4Rrp} = \frac{2\sqrt[3]{4}}{3R} (2R - r) \quad (\text{Proved}) \end{aligned}$$

JP.111. Prove that:

(i) If $a, b, c, d, x, y, z, t \in \mathbb{R}_+^*$, then:

$$\begin{aligned} &4(a^2 + b^2 + c^2 + d^2 + x^2 + y^2 + z^2 + t^2) + \\ &+ 8\sqrt{(a^2 + b^2 + c^2 + d^2)(x^2 + y^2 + z^2 + t^2)} \geq \\ &\geq (a + b + c + d + x + y + z + t)^2; \end{aligned}$$

(ii) If $a, b, c, m, n, p, x, y, z \in \mathbb{R}_+^*$ then:

$$\begin{aligned} &5(a^3 + b^3 + c^3 + m^3 + n^3 + p^3 + x^3 + y^3 + z^3) + \\ &+ 3\sqrt{(a^3 + b^3 + c^3)(m^3 + n^3 + p^3)(x^3 + y^3 + z^3)} \geq \\ &\geq 2(a + b + c)(m + n + p)(x + y + z) \end{aligned}$$

Proposed by D.M. Bătinețu-Giurgiu, Neculai Stanciu – Romania

Solution 1 by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} &4(a^2 + b^2 + c^2 + d^2 + x^2 + y^2 + z^2 + t^2) + 8\sqrt{(a^2 + b^2 + c^2 + d^2)(x^2 + y^2 + z^2 + t^2)} \geq \\ &\geq (a + b + c + d + x + y + z + t)^2; \text{ Let } a + b + c + d = \sum a, x + y + z + t = \sum x, \\ &a^2 + b^2 + c^2 + d^2 = \sum a^2, x^2 + y^2 + z^2 + t^2 = \sum x^2 \end{aligned}$$

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$$\begin{aligned} LHS &\stackrel{\text{Chebyshev}}{\geq} 4 \left(\sum a^2 + \sum x^2 \right) + 8 \sqrt{\frac{(\sum a)^2}{4} \cdot \frac{(\sum x)^2}{4}} = \\ &= 4 \sum a^2 + 4 \sum x^2 + 2 (\sum a) (\sum x) \end{aligned}$$

$$\stackrel{\text{Chebyshev}}{\geq} (\sum a)^2 + (\sum x)^2 + 2(\sum a)(\sum x) = (\sum a + \sum x)^2 = RHS \text{ (Proved)}$$

$$\begin{aligned} &5(a^3 + b^3 + c^3 + m^3 + n^3 + p^3 + x^3 + y^3 + z^3) + \\ &+ 3\sqrt{(a^3 + b^3 + c^3)(m^3 + n^3 + p^3)(x^3 + y^3 + z^3)} \geq \\ &\geq 2(a + b + c)(m + n + p)(x + y + z) \end{aligned}$$

$$\text{Let } a + b + c = \sum a, m + n + p = \sum m, x + y + z = \sum x,$$

$$a^3 + b^3 + c^3 = \sum a^3, m^3 + n^3 + p^3 = \sum m^3, x^3 + y^3 + z^3 = \sum x^3$$

$$\begin{aligned} LHS &\stackrel{\text{Chebyshev}}{\geq} \frac{5}{9} \left[(\sum a)^3 + (\sum m)^3 + (\sum x)^3 \right] + 3 \sqrt{\frac{(\sum a)^3}{9} + \frac{(\sum m)^3}{9} + \frac{(\sum x)^3}{9}} \\ &= \frac{5}{9} \left[(\sum a)^3 + (\sum m)^3 + (\sum x)^3 \right] + \frac{(\sum a)(\sum m)(\sum x)}{3} \end{aligned}$$

$$\stackrel{A-G}{\geq} \frac{5}{9} \cdot 3 (\sum a) (\sum m) (\sum x) + \frac{(\sum a)(\sum m)(\sum x)}{3} = 2 (\sum a) (\sum m) (\sum x) = RHS$$

Solution 2 by Soumitra Mandal-Chandar Nagore-India

$$\begin{aligned} &4 \left(\sum_{cyc} a^2 + \sum_{cyc} x^2 \right) + 8 \sqrt{\left(\sum_{cyc} a^2 \right) \left(\sum_{cyc} x^2 \right)} \\ &= 4 \left(\sqrt{\sum_{cyc} a^2} + \sqrt{\sum_{cyc} x^2} \right)^2 \stackrel{\text{ROOT MEAN SQUARE}}{\geq} 4 \left(\frac{\sum_{cyc} a}{\sqrt{4}} + \frac{\sum_{cyc} x}{\sqrt{4}} \right)^2 \\ &= (a + b + c + d + x + y + z + t)^2 \text{ (proved)} \end{aligned}$$

$$5 \left(\sum_{cyc} a^3 + \sum_{cyc} m^3 + \sum_{cyc} x^3 \right) + 3 \sqrt{\left(\sum_{cyc} a^3 \right) \left(\sum_{cyc} m^3 \right) \left(\sum_{cyc} x^3 \right)}$$

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$$\begin{aligned} & \stackrel{AM \geq GM}{\geq} 18 \sqrt[3]{\left(\sum_{cyc} a^3\right)\left(\sum_{cyc} m^3\right)\left(\sum_{cyc} x^3\right)} \\ & \geq 18 \sqrt[3]{\frac{(a+b+c)^3}{9} \cdot \frac{(m+n+p)^3}{9} \cdot \frac{(x+y+z)^3}{9}} \\ & = 2(a+b+c)(m+n+p)(x+y+z) \end{aligned}$$

JP.112. Prove that if $a, b \in R_+, x, y, u, v \in R_+$ then:

$$\left(a \cdot \frac{x}{y} + b \cdot \frac{u}{v}\right)^2 + \left(a \cdot \frac{y}{x} + b \cdot \frac{v}{u}\right)^2 \geq 2(a+b)^2$$

Proposed by D.M. Bătinețu – Giurgiu, Neculai Stanciu – Romania

Solution 1 by Do Huu Duc Thinh-Ho Chi Minh-Vietnam

$$\begin{aligned} \text{By Cauchy-Schwarz we have: LHS} & \geq \frac{\left(a \cdot \frac{x}{y} + b \cdot \frac{u}{v} + a \cdot \frac{y}{x} + b \cdot \frac{v}{u}\right)^2}{2} = \frac{\left(a \cdot \frac{x}{y} + a \cdot \frac{y}{x} + b \cdot \frac{u}{v} + b \cdot \frac{v}{u}\right)^2}{2} \\ & \geq \frac{(2a+2b)^2}{2} = 2(a+b)^2 \Rightarrow \text{Q.E.D.} \end{aligned}$$

Solution 2 by Henry Ricardo-New York-USA

Recalling that $\alpha + \frac{1}{\alpha} \geq 2$ for $\alpha > 0$ by the AM-GM inequality, we see that

$$\begin{aligned} & \left(a \cdot \frac{x}{y} + b \cdot \frac{u}{v}\right)^2 + \left(a \cdot \frac{y}{x} + b \cdot \frac{v}{u}\right)^2 = \\ & = \left(a \cdot \frac{x}{y}\right)^2 + 2ab \frac{xu}{yv} + \left(b \cdot \frac{u}{v}\right)^2 + \left(a \cdot \frac{y}{x}\right)^2 + 2ab \frac{yv}{xu} + \left(b \cdot \frac{v}{u}\right)^2 \\ & = a^2 \left[\left(\frac{x}{y}\right)^2 + \left(\frac{y}{x}\right)^2\right] + 2ab \left(\frac{xu}{yv} + \frac{yv}{xu}\right) + b^2 \left[\left(\frac{u}{v}\right)^2 + \left(\frac{v}{u}\right)^2\right] \\ & \geq 2a^2 + 2b^2 + 4ab = 2(a+b)^2 \end{aligned}$$

Solution 3 by Ravi Prakash-New Delhi-India

$$\begin{aligned} & \left(a \frac{x}{y} + b \frac{u}{v}\right)^2 + \left(a \frac{y}{x} + b \frac{v}{u}\right)^2 = \\ & = a^2 \left(\frac{x^2}{y^2} + \frac{y^2}{x^2}\right) + b^2 \left(\frac{u^2}{v^2} + \frac{v^2}{u^2}\right) + 2ab \left(\frac{xu}{yv} + \frac{yv}{xu}\right) \geq 2a^2 + 2b^2 + 2ab(2) = 2(a+b)^2 \end{aligned}$$

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JP.113. Let x, y, z be real numbers such that:

$$x^2y + y^2z + z^2x + 4(xy^2 + yz^2 + zx^2) + 13xyz = 5$$

Find the minimum value of the expression:

$$P = (x^2 + 4xy + 5y^2)(y^2 + 4yz + 5z^2)(z^2 + 4zx + 5x^2) + 6x^2y^2z^2$$

Proposed Do Quoc Chinh – Vinh Phuc – Viet Nam

Solution by proposer

We will prove that $P \geq 15$. Since $y^2 + 4yz + 5z^2 = (y + 2z)^2 + z^2$. And

$$\begin{aligned} (x^2 + 4xy + 5y^2)(z^2 + 4zx + 5x^2) &= [(x + 2y)^2 + y^2][x^2 + (z + 2x)^2] = \\ &= [x(x + 2y) + y(z + 2x)]^2 + [(x + 2y)(z + 2x) - xy]^2 = \\ &= (x^2 + 4xy + yz)^2 + (2x^2 + 3xy + 2y + zx)^2 \end{aligned}$$

By the Cauchy-Schwarz inequality, we have:

$$\begin{aligned} P &\geq [(y + 2z)(x^2 + 4xy + yz) + z(2x^2 + 3xy + 2yz + zx)]^2 = \\ &= [x^2y + y^2z + z^2x + 4(xy^2 + yz^2 + zx^2) + 11xyz]^2 = (5 - 2xyz)^2 \end{aligned}$$

Thus, it suffices to show that: $(5 - 2xyz)^2 + 6x^2y^2z^2 \geq 15$.

This inequality is equivalent to $(xyz - 1)^2 \geq 0$

$$\text{The equality holds for } \begin{cases} x^2y + y^2z + z^2x = \frac{16}{5} \\ xy^2 + yz^2 + zx^2 = \frac{-14}{5} \\ xyz = 1 \end{cases}$$

JP.114. Let a, b, c be positive real numbers. Prove that:

(a) $\ln^3\left(\frac{ab}{c}\right) + \ln^3\left(\frac{bc}{a}\right) + \ln^3\left(\frac{ca}{b}\right) + 24 \ln a \cdot \ln b \cdot \ln c = \ln^3(abc)$

(b) $\ln(ab) \cdot \ln(bc) \cdot \ln(ca) = \frac{\ln^3(abc) - \ln^3 a - \ln^3 b - \ln^3 c}{3}$

Proposed by George Apostolopoulos – Messolonghi – Greece

Solution by Ravi Prakash-New Delhi-India

Put $x = \ln a, y = \ln b, z = \ln c$. With this (a) can be written as

$$(x + y - z)^3 + (y + z - x)^3 + (x + z - y)^3 + 24xyz = (x + y + z)^3 \text{ and (b) becomes}$$

$$(x + y)(y + z)(z + x) = \frac{1}{3} [(x + y + z)^3 - x^3 - y^3 - z^3]$$

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(a) Consider

$$\begin{aligned}
 & (x + y + z)^3 + (x + y - z)^3 + (z - (x - y))^3 + (z + x(x - y))^3 \\
 &= 2(x + y)^3 + 6(x + y)z^2 + 2z^3 + 6(x - y)^2z \\
 &= 2(x + y + z)^3 - 6(x + y)z(x + y + z) + 6(x + y)z^2 + 6(x - y)^2z \\
 &= 2(x + y + z)^3 - 6(x + y)^2z - 6(x + y)z^2 + 6(x + y)z^2 + 6(x - y)^2z \\
 &= 2(x + y + z)^3 - 6z[(x + y)^2 - (x - y)^2] = 2(x + y + z)^3 - 6z(4xy) \\
 &\Rightarrow (x + y - z)^3 + (z + x - y)^3 + (z + y - x)^3 + 24xyz = (x + y + z)^3
 \end{aligned}$$

as desired.

(b) Consider

$$\begin{aligned}
 & (x + y + z)^3 - x^3 - (y^3 + z^3) = \\
 &= (x + y + z - x)[(x + y + z)^2 + x(x + y + z) + x^2] - (y + z)(y^2 - yz + z^2) \\
 &= (y + z)[(x + y + z)^2 + x(x + y + z) + x^2 - y^2 + yz - z^2] \\
 &= (y + z)[(x + y + z - y)(x + y + z + y) + (x^2 + xy + yz + zx) + (x - z)(x + z)] \\
 &= (y + z)[(x + z)\{(x + y) + (y + z)\} + (x + y)(x + z) + (x - z)(x + z)] \\
 &= (y + z)(x + z)[x + y + y + z + x + y + x - z] = 3(x + y)(y + z)(z + x)
 \end{aligned}$$

JP.115. If a, b, c are positive real numbers such that $a^2 + b^2 + c^2 = 3$ then:

$$\left(1 + \frac{a}{b}\right) \left(1 + \frac{b}{c}\right) \left(1 + \frac{c}{a}\right) \geq 2 + \frac{18}{a + b + c}$$

Proposed by Pham Quoc Sang – Ho Chi Minh – Vietnam

Solution 1 by Christos Eythimiou-Greece

$$a, b, c > 0 \wedge a^2 + b^2 + c^2 = 3 \Rightarrow \left(1 + \frac{a}{b}\right) \left(1 + \frac{b}{c}\right) \left(1 + \frac{c}{a}\right) \geq 2 + \frac{18}{a + b + c}$$

$$a, b, c > 0 \wedge a^2 + b^2 + c^2 = 3 \Rightarrow \left(1 + \frac{a}{b}\right) \left(1 + \frac{b}{c}\right) \left(1 + \frac{c}{a}\right) =$$

$$2 + \frac{a}{b} + \frac{b}{c} + \frac{c}{a} + \frac{a}{c} + \frac{b}{a} + \frac{c}{b} = 2 + \frac{a^2b + b^2c + c^2a + a^2c + b^2a + c^2b}{abc} =$$

$$2 + \frac{(a + b + c)(ab + bc + ca) - 3abc}{abc} =$$

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$$\begin{aligned}
 & 2 + \frac{(a+b+c)^2(ab+bc+ca) - 3(abbc+bcca+caab)}{abc(a+b+c)} \geq \\
 & 2 + \frac{(a^2+b^2+c^2+2(ab+bc+ca))(ab+bc+ca) - (ab+bc+ca)^2}{abc(a+b+c)} = \\
 & 2 + \frac{(1+1+1+ab+bc+ca)(ab+bc+ca)}{abc(a+b+c)} \geq \\
 & 2 + \frac{(6\sqrt[6]{1 \cdot 1 \cdot 1 \cdot ab \cdot bc \cdot ca})(3\sqrt[3]{abbcca})}{abc(a+b+c)} = 2 + \frac{18}{a+b+c}
 \end{aligned}$$

Solution 2 by Soumava Chakraborty-Kolkata-India

$$\text{Given inequality} \Leftrightarrow \frac{(a+b)(b+c)(c+a)}{abc} \stackrel{(1)}{\geq} 2 + \frac{6\sqrt{3\sum a^2}}{\sum a} \quad (\because \sum a^2 = 3)$$

Let $a + b = x, b + c = y, c + a = z$. Then $x + y > z, y + z > x, z + x > y \Rightarrow x, y, z$ are three sides of a triangle with semiperimeter, circumradius & inradius = s, R, r respectively (say): $\therefore \sum a = s \Rightarrow c = s - x, a = s - y, b = s - z$. Using above

$$\text{substitution, (1)} \Leftrightarrow \frac{xyz}{r^2s} - 2 \geq \frac{6}{s} \sqrt{3\sum (s-y)^2} \Leftrightarrow \frac{4Rrs}{r^2s} - 2 \geq \frac{6}{s} \sqrt{3\sum (s^2 - 2sy + y^2)} \Leftrightarrow$$

$$\Leftrightarrow \frac{2R-r}{r} \geq \frac{3}{s} \sqrt{3\{3s^2 - 4s^2 + 2(s^2 - 4Rr - r^2)\}} \Leftrightarrow$$

$$\Leftrightarrow \frac{(2R-r)^2}{r^2} \geq \frac{27}{s^2} (s^2 - 8Rr - 2r^2) \Leftrightarrow (2R-r)^2 s^2 \stackrel{(2)}{\geq} 27r^2 (s^2 - 8Rr - 2r^2) \because s^2 \geq$$

$$27r^2 \therefore \text{it suffices to prove: } (2R-r)^2 \geq s^2 - 8Rr - 2r^2 \Leftrightarrow s^2 \leq 4R^2 + 4Rr + 3r^2,$$

which is true by Gerretsen \Rightarrow (2) is true (hence proved)

JP.116. If a, b, c are positive real numbers such that $abc = 1$ then:

$$\frac{a}{a^2+bc} + \frac{b}{b^2+ca} + \frac{c}{c^2+ab} \leq \frac{3}{2}$$

Proposed by Pham Quoc Sang – Ho Chi Minh – Vietnam

Solution by Marian Ursarescu-Romania

Because $abc = 1 \Rightarrow a = \frac{x}{y}, b = \frac{y}{z}, c = \frac{z}{x}$ with $x, y, z > 0$. Inequality becomes:

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$$\sum \frac{\frac{x}{y}}{\frac{x^2}{y^2} + \frac{y}{z} \cdot \frac{z}{x}} \leq \frac{3}{2} \Leftrightarrow \sum \frac{\frac{x}{y}}{x^3 + y^3} \leq \frac{3}{2} \Leftrightarrow$$

$$\Leftrightarrow \sum \frac{x^2 y}{x^3 + y^3} \leq \frac{3}{2} \quad (1)$$

But $x^3 + y^3 \geq xy(x + y)$ (because $x^3 + y^3 - x^2y - xy^2 \geq 0 \Leftrightarrow$
 $\Leftrightarrow x^2(x - y) + y^2(x - y) \geq 0 \Leftrightarrow (x - y)(x^2 - y^2) \geq 0 \Leftrightarrow (x - y)^2(x + y) \geq 0$ true)

$$\Rightarrow \frac{1}{x^3 + y^3} \leq \frac{1}{xy(x + y)} \Rightarrow \frac{x^2 y}{x^3 + y^3} \leq \frac{x}{x + y} \quad (2)$$

From (1) + (2) we must show this: $\frac{x}{x + y} + \frac{y}{y + z} + \frac{z}{z + x} \leq \frac{3}{2} \Leftrightarrow$
 $\Leftrightarrow 2x(y + z)(z + x) + 2y(x + y)(z + x) + 2z(x + y)(y + z) \leq$
 $\leq 3(x + y)(y + z)(z + x) \Leftrightarrow$
 $\Leftrightarrow 6xyz + 4x^2y + 4xz^2 + 4y^2z + 2xz^2 + 2y^2z + 2yz^2 \leq$
 $\leq 6xyz + 3x^2y + 3xz^2 + 3y^2z + 3x^2z + 3xy^2 + 3yz^2 \Leftrightarrow$
 $\Leftrightarrow z^2y + x^2z + xy^2 - x^2y - y^2z - z^2x \geq 0 \Leftrightarrow$
 $\Leftrightarrow \left. \begin{aligned} &xy(y - x) + xz(x - z) + zy(z - y) \\ &\text{But } z - y = z - x + x - y \end{aligned} \right\} \Leftrightarrow$
 $\Leftrightarrow xy(y - x) + xz(x - z) + zy(z - x + x - y) \geq 0 \Leftrightarrow$
 $\Leftrightarrow (xy - zy)(y - x) + (xz - zy)(x - z) \geq 0$
 $\Leftrightarrow (y - x)y(x - z) + (x - z)z(x - y) \geq 0 \Leftrightarrow$
 $\Leftrightarrow (y - x)(x - z)(y - z) \geq 0$ which is true.

JP.117. If a, b, c are positive real numbers then:

$$\frac{ab}{c^2 + ca} + \frac{bc}{a^2 + ab} + \frac{ca}{b^2 + bc} \geq \frac{3}{2} + \frac{3}{2(a + b + c)^2} \cdot \max\{(a - b)^2, (b - c)^2, (c - a)^2\}$$

Proposed by Pham Quoc Sang-Ho Chi Minh-Vietnam

Solution by proposer

First, we prove: $\frac{ab}{c^2 + ca} + \frac{bc}{a^2 + ab} + \frac{ca}{b^2 + bc} \geq \frac{a}{b + c} + \frac{b}{c + a} + \frac{c}{a + b}$

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Proof.

$$\frac{ab}{c^2+ca} + \frac{bc}{a^2+ab} + \frac{ca}{b^2+bc} \geq \frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b}$$

$$\Leftrightarrow \frac{b(c+a)-bc}{c(c+a)} + \frac{c(a+b)-ca}{a(a+b)} + \frac{a(b+c)-ab}{b(b+c)} \geq \frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b}$$

$$\Leftrightarrow \frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq \frac{a+b}{a+c} + \frac{b+c}{b+a} + \frac{c+a}{c+b}. \text{ Let } x = \frac{a}{b}, y = \frac{b}{c}, z = \frac{c}{a} \Rightarrow xyz = 1. \text{ So,}$$

$$\frac{a+b}{a+c} = \frac{1+yz}{1+z} = y + \frac{1-y}{1+z}; \quad \frac{b+c}{b+a} = \frac{1+zx}{1+x} = z + \frac{1-z}{1+x}$$

$$\frac{c+a}{c+b} = \frac{1+xy}{1+y} = x + \frac{1-x}{1+y}. \text{ We need to prove that: } \frac{x-1}{y+1} + \frac{y-1}{z+1} + \frac{z-1}{x+1} \geq 0$$

$$\Leftrightarrow (x^2-1)(z+1) + (y^2-1)(x+1) + (z^2-1)(y+1) \geq 0$$

$$\Leftrightarrow x^2z + z^2y + y^2x + x^2 + y^2 + z^2 \geq x + y + z + 3 \quad (1)$$

On the other hand, we have: $x^2z + z^2y + y^2x \geq 3xyz = 3$. And

$$x^2 + y^2 + z^2 \geq \frac{1}{3}(x+y+z)^2 \geq x+y+z. \text{ So (1) right! Or}$$

$$\frac{ab}{c^2+ca} + \frac{bc}{a^2+ab} + \frac{ca}{b^2+bc} \geq \frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b}. \text{ Next, we prove:}$$

$$\frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b} \geq \frac{3}{2} + \frac{3}{2(a+b+c)^2} \cdot \max\{(a-b)^2, (b-c)^2, (c-a)^2\}$$

Proof. Assume

$$a \geq b \geq c \Rightarrow (a-c)^2 = \max\{(a-b)^2, (b-c)^2, (c-a)^2\}$$

$$\begin{aligned} \text{We have: } & \frac{a}{b+c} - \frac{1}{2} + \frac{b}{c+a} - \frac{1}{2} + \frac{c}{a+b} - \frac{1}{2} \\ &= \frac{1}{2} \left[\frac{(a-b) + (a-c)}{b+c} + \frac{(b-c) + (b-a)}{c+a} + \frac{(c-a) + (c-b)}{a+b} \right] \\ &= \frac{1}{2} \left[\frac{(a-b)^2}{(a+c)(b+c)} + \frac{(b-c)^2}{(b+a)(c+a)} + \frac{(c-a)^2}{(c+b)(a+b)} \right] \\ &\geq \frac{1}{2} \cdot \frac{(a-b+b-c+a-c)^2}{(a+c)(b+c) + (b+a)(c+a) + (c+b)(a+b)} \\ &= \frac{1}{2} \cdot \frac{4(a-c)^2}{a^2 + b^2 + c^2 + 3(ab+bc+ca)} \geq \frac{1}{2} \cdot \frac{4(a-c)^2}{(a+b+c)^2 + \frac{1}{3}(a+b+c)^2} \\ &= \frac{3(a-c)^2}{2(a+b+c)^2} = \frac{3}{2(a+b+c)^2} \cdot \max\{(a-b)^2, (b-c)^2, (c-a)^2\} \end{aligned}$$

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$$\text{So, } \frac{ab}{c^2+ca} + \frac{bc}{a^2+ab} + \frac{ca}{b^2+bc} \geq \frac{3}{2} + \frac{3}{2(a+b+c)^2} \cdot \max\{(a-b)^2, (b-c)^2, (c-a)^2\}$$

Equality occurs if and only if $a = b = c$.

JP.118. Let a, b, c be the three sides of a triangle. Prove that:

$$\frac{a^3}{b} + \frac{b^3}{c} + \frac{c^3}{a} \geq \frac{3(a^3 + b^3 + c^3)}{a + b + c}$$

Proposed by Nguyen Ngoc Tu – Ha Giang – Vietnam

Solution by Soumava Chakraborty-Kolkata-India

$$\frac{a^3}{b} + \frac{b^3}{c} + \frac{c^3}{a} \stackrel{(1)}{\geq} \frac{3 \sum a^3}{\sum a}$$

$$(1) \Leftrightarrow \frac{ab^4 + bc^4 + ca^4}{abc} \geq \frac{3 \sum a^3}{\sum a}$$

$$\Leftrightarrow \left(\sum a \right) (ab^4 + bc^4 + ca^4) \stackrel{(2)}{\geq} 3abc \left(\sum a^3 \right)$$

$$\text{Let } s - a = x, s - b = y, s - c = z (x, y, z > 0)$$

$$\therefore s = x + y + z \Rightarrow a = y + z, b = z + x, c = x + y$$

By this substitution, (2) transforms into:

$$2 \left((x+y)(y+z)^4 + (y+z)(z+x)^4 + (z+x)(x+y)^4 \right) (x+y+z) \geq$$

$$\geq 3(x+y)(y+z)(z+x) \left((x+y)^3 + (y+z)^3 + (z+x)^3 \right)$$

$$\Leftrightarrow 2 \sum x^6 + 6 \sum x^5 y + 7 \sum x^4 y^2 + 2 \sum x^3 y^3 \geq 3 \sum x^2 y^4 + 2xyz(\sum x^2 y) + 6xyz(\sum xy^2 +$$

$$18x^2 y^2 z^2) \quad (a)$$

$$\text{Now, } y^6 + x^4 y^2 \stackrel{A-G}{\geq} 2x^2 y^4 \rightarrow (1a)$$

$$z^6 + y^4 z^2 \stackrel{A-G}{\geq} 2y^2 z^4 \rightarrow (1b)$$

$$x^6 + z^4 x^2 \stackrel{A-G}{\geq} 2z^2 x^4 \rightarrow (1c)$$

$$(1a) + (1b) + (1c) \Rightarrow \sum x^6 + \sum x^4 y^2 \geq 2 \sum x^2 y^4 \quad (1)$$

$$\text{Again, } y^6 + y^6 + x^6 \stackrel{A-G}{\geq} 3x^2 y^4 \rightarrow (2a)$$

$$z^6 + z^6 + y^6 \stackrel{A-G}{\geq} 3y^2 z^4 \rightarrow (2b)$$

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$$x^6 + x^6 + z^6 \stackrel{A-G}{\geq} 3z^2x^4 \rightarrow (2c)$$

$$(2a)+(2b)+(2c) \Rightarrow 3 \sum x^6 \geq 3 \sum x^2y^2 \Rightarrow \sum x^6 \geq \sum x^2y^4 \quad (2)$$

$$\text{Also, } x^4y^2 + y^4z^2 \stackrel{A-G}{\geq} 2x^2y^3z \rightarrow (3a)$$

$$y^4z^2 + z^4x^2 \stackrel{A-G}{\geq} 2y^2z^3x \rightarrow (3b)$$

$$z^4x^2 + x^4y^2 \stackrel{A-G}{\geq} 2z^2x^3y \rightarrow (3c)$$

$$(3a)+(3b)+(3c) \Rightarrow 2 \sum x^4y^2 \geq 2xyz(\sum xy^2) \Rightarrow 6 \sum x^4y^2 \geq 6xyz(\sum xy^2) \rightarrow (3)$$

$$\text{Moreover, } x^3y^3 + x^3y^3 + z^3x^3 \stackrel{A-G}{\geq} 3x^3y^2z \rightarrow (4a)$$

$$y^3z^3 + y^3z^3 + x^3y^3 \stackrel{A-G}{\geq} 3y^3z^2x \rightarrow (4b)$$

$$z^3x^3 + z^3x^3 + y^3z^3 \stackrel{A-G}{\geq} 3z^3x^2y \rightarrow (4c)$$

$$(4a)+(4b)+(4c) \Rightarrow 3 \sum x^3y^3 \geq 3xyz(\sum x^2y) \Rightarrow 2 \sum x^3y^3 \geq 2xyz(\sum x^2y) \rightarrow (4)$$

$$\text{Lastly, } 6 \sum x^5y \stackrel{A-G}{\geq} 18x^2y^2z^2 \rightarrow (5)$$

$$(1)+(2)+(3)+(4)+(5) \Rightarrow (a) \text{ is true (Proved)}$$

JP.119. Let a, b, c be positive real numbers such that $a + b + c = 3$. Prove that:

$$\frac{a+b}{c^2(c^3+a+b)} + \frac{b+c}{a^2(a^3+b+c)} + \frac{c+a}{b^2(b^3+c+a)} \geq \frac{2}{\sqrt{3}} \cdot \frac{\sqrt{a^2+b^2+c^2}}{\sqrt[3]{abc}}$$

Proposed by Do Quoc Chinh – Vinh Phuc – Vietnam

Solution by proposer

The inequality need to prove to be equivalent to:

$$\frac{c^3+a+b-c^3}{c^2(c^3+a+b)} + \frac{a^3+b+c-a^3}{a^2(a^3+b+c)} + \frac{b^3+c+a-b^3}{b^2(b^3+c+a)} \geq \frac{2}{\sqrt{3}} \cdot \frac{\sqrt{a^2+b^2+c^2}}{\sqrt[3]{abc}}$$

$$\Leftrightarrow \frac{1}{a^2} + \frac{1}{b^2} + \frac{1}{c^2} \geq \frac{2}{\sqrt{3}} \cdot \frac{\sqrt{a^2+b^2+c^2}}{\sqrt[3]{abc}} + \frac{a}{a^3+b+c} + \frac{b}{b^3+c+a} + \frac{c}{c^3+a+b}$$

Applying the Hölder and AM-GM inequality, we have:

$$\sum \frac{a}{a^3+b+c} = \sum \frac{a(1+b+c)^2}{(a^3+b+c)(1+b+c)^2} \leq \sum \frac{a(1+b+c)^2}{(a+b+c)^3}$$

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$$\begin{aligned}
 &= \frac{\sum a(1 + b^2 + c^2 + 2bc + 2b + 2c)}{27} \\
 &= \frac{4(ab + bc + ca) + a(b^2 + c^2) + b(c^2 + a^2) + c(a^2 + b^2) + 6abc}{27} \\
 &= \frac{4(ab + bc + ca) + (a + b + c)(ab + bc + ca) + 3abc + 3}{27} \\
 &= \frac{7(ab + bc + ca) + 3abc + 3}{27} \leq \frac{7 \cdot \frac{(a + b + c)^2}{3} + 3 \cdot \frac{(a + b + c)^3}{27} + 3}{27} = 1
 \end{aligned}$$

Therefore, we need to prove that: $\frac{1}{a^2} + \frac{1}{b^2} + \frac{1}{c^2} \geq \frac{2}{\sqrt{3}} \cdot \frac{\sqrt{a^2 + b^2 + c^2}}{\sqrt[3]{abc}} + 1$

Applying the Cauchy-Schwarz inequality, we have:

$$\frac{1}{a^2} + \frac{1}{b^2} + \frac{1}{c^2} \geq \frac{1}{3} \cdot \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c}\right)^2 \geq \frac{3}{a + b + c} \cdot \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c}\right) = \frac{1}{a} + \frac{1}{b} + \frac{1}{c}$$

We have: $\frac{1}{a} + \frac{1}{b} + \frac{1}{c} - 1 = \frac{1}{3} \cdot (a + b + c) \left(\frac{1}{a} + \frac{1}{b} + \frac{1}{c}\right) - 1 = \frac{1}{3} \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} + \frac{b}{a} + \frac{c}{b} + \frac{a}{c}\right)$

We need to prove that: $\frac{a}{b} + \frac{b}{c} + \frac{c}{a} + \frac{b}{a} + \frac{c}{b} + \frac{a}{c} \geq \frac{2\sqrt{3(a^2 + b^2 + c^2)}}{\sqrt[3]{abc}}$

We will prove that: $\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq \frac{\sqrt{3(a^2 + b^2 + c^2)}}{\sqrt[3]{abc}}$. Which is equivalent to:

$$\left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a}\right)^2 \geq \frac{3(a^2 + b^2 + c^2)}{\sqrt[3]{a^2 b^2 c^2}} \Leftrightarrow \frac{a^2}{b^2} + \frac{b^2}{c^2} + \frac{c^2}{a^2} + 2\left(\frac{b}{c} + \frac{c}{a} + \frac{a}{b}\right) \geq \frac{3(a^2 + b^2 + c^2)}{\sqrt[3]{a^2 b^2 c^2}}$$

Applying the AM-GM inequality, we have:

$$LHS = \sum \frac{a^2}{b^2} + \frac{a}{c} + \frac{a}{c} \geq 3 \sum \sqrt[3]{\frac{a^4}{b^2 c^2}} = \frac{3(a^2 + b^2 + c^2)}{\sqrt[3]{a^2 b^2 c^2}} = RHS$$

Similarly, we have: $\frac{b}{a} + \frac{c}{b} + \frac{a}{c} \geq \frac{\sqrt{3(a^2 + b^2 + c^2)}}{\sqrt[3]{abc}}$

The proof of the inequality is complete. The equality holds for $a = b = c = 1$.

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JP.120. Let a, b, c be positive real numbers and $k \in [1; 3]$. Prove that:

$$\frac{1}{a^2 + ab + ca + kbc} + \frac{1}{b^2 + bc + ab + kca} + \frac{1}{c^2 + ca + bc + kab} \leq \frac{9}{(k+3)(ab+bc+ca)}$$

Proposed by Do Quoc Chinh – Vinh Phuc – Vietnam

Solution by proposer

Put $\frac{1}{a} = x, \frac{1}{b} = y, \frac{1}{c} = z$. The inequality need to prove to be equivalent to:

$$\begin{aligned} & \frac{1}{a^2 + ab + ca + kbc} + \frac{1}{b^2 + bc + ab + kca} + \frac{1}{c^2 + ca + bc + kab} \leq \frac{9}{(k+3)(ab+bc+ca)} \\ \Leftrightarrow & \frac{1}{x^2 + xy + zx + \frac{k}{yz}} + \frac{1}{y^2 + yz + xy + \frac{k}{zx}} + \frac{1}{z^2 + zx + yz + \frac{k}{xy}} \leq \frac{9}{(k+3)\left(\frac{1}{xy} + \frac{1}{yz} + \frac{1}{zx}\right)} \\ \Leftrightarrow & \frac{x}{kx^2 + xy + yz + zx} + \frac{y}{ky^2 + xy + yz + zx} + \frac{z}{kz^2 + xy + yz + zx} \leq \frac{9}{(k+3)(x+y+z)} \\ \Leftrightarrow & \frac{x(xy+yz+zx)}{kx^2 + xy + yz + zx} + \frac{y(xy+yz+zx)}{ky^2 + xy + yz + zx} + \frac{z(xy+yz+zx)}{kz^2 + xy + yz + zx} \leq \frac{9(xy+yz+zx)}{(k+3)(x+y+z)} \\ \Leftrightarrow & x - \frac{kx^3}{kx^2 + xy + yz + zx} + y - \frac{ky^3}{ky^2 + xy + yz + zx} + z - \frac{kz^3}{kz^2 + xy + yz + zx} \leq \frac{9(xy+yz+zx)}{(k+3)(x+y+z)} \\ \Leftrightarrow & k\left(\frac{x^3}{kx^2 + xy + yz + zx} + \frac{y^3}{ky^2 + xy + yz + zx} + \frac{z^3}{kz^2 + xy + yz + zx}\right) + \frac{9(xy+yz+zx)}{(k+3)(x+y+z)} \leq x+y+z \end{aligned}$$

Applying the Cauchy-Schwarz inequality, we have:

$$\sum \frac{x^3}{kx^2 + xy + yz + zx} \geq \frac{(\sum x^2)^2}{\sum x(kx^2 + xy + yz + zx)} = \frac{(\sum x^2)^2}{3kxyz + (\sum x)[k(\sum x^2) - (k-1)\sum xy]}$$

Note that we have: $(xy + yz + zx)^2 \geq 3xyz(x + y + z) \Leftrightarrow 3xyz \leq \frac{(xy+yz+zx)^2}{x+y+z}$

Therefore, we have:
$$\sum \frac{x^3}{kx^2 + xy + yz + zx} \geq \frac{(\sum x^2)^2(\sum x)}{k(\sum xy)^2 + (\sum x)^2[k\sum x^2 - (k-1)\sum xy]}$$

Therefore, we need to prove that:
$$\frac{k(\sum x^2)^2(\sum x)}{k(\sum xy)^2 + (\sum x)^2[k\sum x^2 - (k-1)\sum xy]} + \frac{9(\sum xy)}{(k+3)(\sum x)} \geq \sum x$$

$$\Leftrightarrow \frac{k(\sum x^2)^2}{k(\sum xy)^2 + (\sum x)^2[k\sum x^2 - (k-1)\sum xy]} + \frac{9(\sum xy)}{(k+3)(\sum x)^2} \geq 1$$

Put $t = \frac{x^2+y^2+z^2}{xy+yz+zx}$ ($t \geq 1$). The inequality is equivalent to:
$$\frac{kt^2}{k+(t+2)(kt-k+1)} + \frac{9}{(k+3)(t+2)} \geq 1$$

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$$\Leftrightarrow \frac{kt^2(k+3)}{kt^2+kt+t-k+2} - k + \frac{9}{t+2} - 3 \geq 0 \Leftrightarrow (t-1) \left[\frac{k(3t+2-k)}{kt^2+kt+t-k+2} - \frac{3}{t+2} \right] \geq 0$$

$$\Leftrightarrow k(3t+2-k)(t+2) \geq 3[kt^2+kt+t-k+2]$$

$$\Leftrightarrow k(3t^2 - tk - 2k + 8t + 4) \geq 3kt^2 + 3kt + 3t - 3k + 6$$

$$\Leftrightarrow k^2(t+2) - k(5t+7) + 3(t+2) \leq 0 \Leftrightarrow k^2 - k \cdot \frac{5t+7}{t+2} + 3 \leq 0$$

We see $\frac{5t+7}{t+2} = 5 - \frac{3}{t+2} \geq 5 - \frac{3}{1+2} = 4$. Therefore, we have:

$$k^2 - k \cdot \frac{5t+7}{t+2} + 3 \leq k^2 - 4k + 3 = (k-1)(k-3) \leq 0. \text{ The equality for } a = b = c.$$

SP.106. In $\triangle ABC$ the following relationship holds:

$$(a \cot 20^\circ + b \cot 40^\circ + c \cot 80^\circ)^3 > 9\sqrt{3}r \left(\frac{a^3}{r_a} + \frac{b^3}{r_b} + \frac{c^3}{r_c} \right)$$

Proposed by Daniel Sitaru – Romania

Solution by proposer

$$\cot 20^\circ \cot 40^\circ \cot 80^\circ = \frac{\cos 20^\circ \cos 40^\circ \cos 80^\circ}{\sin 20^\circ \sin 40^\circ \sin 80^\circ} = \frac{\cos 80^\circ}{4 \sin 20^\circ \cdot \frac{1}{2} (\cos 20^\circ - \cos 60^\circ)} =$$

$$= \frac{\cos 80^\circ}{2 \sin 20^\circ \cos 20^\circ - \sin 20^\circ} = \frac{\cos 80^\circ}{2 \sin 10^\circ \cos 30^\circ} = \frac{1}{2 \cdot \frac{\sqrt{3}}{2}} = \frac{\sqrt{3}}{3}$$

$$\cot 20^\circ \cot 40^\circ \cot 80^\circ = \frac{\sqrt{3}}{3} \quad (1)$$

$$r \sum \frac{a^3}{r_a} = r \sum \frac{a^3(s-a)}{rs} = \frac{1}{s} \sum a^3 (s-a) \quad (2)$$

We prove that: $\sum a^3 (s-a) \leq abcs \Leftrightarrow \sum a^3 (b+c-a) \leq abc(a+b+c)$

$$\Leftrightarrow \sum a^2 (a-b)(a-c) \geq (\text{by Schur's inequality})$$

$$\text{By (2): } r \sum \frac{a^3}{r_a} \leq abc \quad (3)$$

$$(a \cot 20^\circ + b \cot 40^\circ + c \cot 80^\circ)^3 \stackrel{AM-GM}{>} 27abc \cot 20^\circ \cot 40^\circ \cot 80^\circ \stackrel{(1)}{=}$$

$$= 27 \cdot \frac{\sqrt{3}}{3} abc \stackrel{(3)}{\geq} 9\sqrt{3}r \sum \frac{a^3}{r_a}$$

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SP.107. Prove that:

$$\left(\int_0^1 \arctan^2 x \, dx \right) \left(\int_0^1 \frac{dx}{\arctan^2 \left(\frac{1}{x^2 - x + 1} \right)} \right) > \frac{1}{4}$$

Proposed by Daniel Sitaru – Romania

Solution by Soumitra Mandal-Chandar Nagore-India

We know $x \geq \tan^{-1} x$ and $\tan^{-1} x \geq x + \frac{x^3}{3}$ for all $x \geq 0$

$$\begin{aligned} & \left(\int_0^1 (\tan^{-1} x)^2 \, dx \right) \left(\int_0^1 \frac{dx}{\left(\tan^{-1} \frac{1}{x^2 - x + 1} \right)^2} \right) \\ & \geq \left(\int_0^1 \left(x + \frac{x^3}{3} \right)^2 \, dx \right) \left(\int_0^1 (x^2 - x + 1)^2 \, dx \right) \\ & = \left(\frac{1}{3} + \frac{1}{63} + \frac{2}{15} \right) \left(\frac{1}{5} + \frac{1}{3} + 1 - \frac{1}{2} - 1 + \frac{2}{3} \right) = \frac{152}{315} \cdot \frac{7}{10} > \frac{1}{4} \text{ (Proved)} \end{aligned}$$

SP.108. If $a, b, c > 0, a + b + c = abc$ then:

$$\frac{4(a+b)(a+c)}{(b+c)^2} + \frac{4(b+c)(b+a)}{(c+a)^2} + \frac{4(c+a)(c+b)}{(a+b)^2} \leq 3 + a^2 + b^2 + c^2$$

Proposed by Daniel Sitaru – Romania

Solution 1 by Amit Dutta-Jamshedpur-India

The above expression can be written as

$$\left\{ \frac{4(a+b)(a+c)}{(b+c)^2} - 1 \right\} + \left\{ \frac{4(b+c)(b+a)}{(c+a)^2} - 1 \right\} + \left\{ \frac{4(c+a)(c+b)}{(a+b)^2} - 1 \right\} \leq a^2 + b^2 + c^2$$

$$\begin{aligned} \text{Let us take } & \frac{4(a+b)(a+c)}{(b+c)^2} - 1 = \frac{4(a^2+ac+ab+bc)-(b+c)^2}{(b+c)^2} \\ & = \frac{4a^2 + 4ac + 4ab + 4bc - b^2 - c^2 - 2bc}{(b+c)^2} = \frac{4a^2 + 4ac + 4ab + 2bc - b^2 - c^2}{(b+c)^2} \\ & = \frac{4a^2 + 4ac + 4ab - (b-c)^2}{(b+c)^2} = \frac{4a(a+b+c)}{(b+c)^2} - \left(\frac{b-c}{b+c} \right)^2 \end{aligned}$$

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$$\begin{aligned}
 &= \frac{4a(abc)}{(b+c)^2} - \left(\frac{b-c}{b+c}\right)^2 \{ \because a+b+c=abc \} \\
 &\quad \because b, c > 0, AM - GM \\
 &\quad \frac{b+c}{2} \geq \sqrt{bc} \Rightarrow (b+c)^2 \geq 4bc \\
 &\leq \frac{4a^2(bc)}{(4bc)} - \left(\frac{b-c}{b+c}\right)^2 \leq a^2 - \left(\frac{b-c}{b+c}\right)^2 \leq a^2 \\
 \therefore \frac{4(a+b)(a+c)}{(b+c)^2} - 1 &\leq a^2 \Rightarrow \frac{4(a+b)(a+c)}{(b+c)^2} \leq a^2 + 1 \quad (i)
 \end{aligned}$$

Similarly, we have

$$\frac{4(b+c)(b+a)}{(c+a)^2} \leq b^2 + 1 \quad (ii)$$

$$\text{and } \frac{4(c+a)(c+b)}{(a+b)^2} \leq c^2 + 1 \quad (iii)$$

Adding (i), (ii), (iii) we get the result

$$\frac{4(a+b)(a+c)}{(b+c)^2} + \frac{4(b+c)(b+a)}{(c+a)^2} + 4 \left(\frac{(c+a)(c+b)}{(a+b)^2} \right) \leq a^2 + b^2 + c^2 + 3 \quad (\text{proved})$$

Solution 2 by Boris Colakovic-Belgrade-Serbia

$$b+c \stackrel{AM-GM}{\geq} 2\sqrt{bc} \Rightarrow (b+c)^2 \geq 4bc \Rightarrow \frac{1}{(b+c)^2} \leq \frac{1}{4bc}$$

$$\frac{4(a+b)(a+c)}{(b+c)^2} \leq \frac{(a+b)(a+c)}{bc} = \frac{a+b}{b} \cdot \frac{a+c}{c} = \left(1 + \frac{a}{b}\right) \left(1 + \frac{a}{c}\right) = 1 + \frac{a^2+ab+ac}{bc} \quad (1)$$

Similarly

$$\frac{4(b+c)(b+a)}{(c+a)^2} \leq \frac{(b+c)(b+a)}{ca} = 1 + \frac{b^2+ab+bc}{ca} \quad (2)$$

$$\frac{4(c+a)(c+b)}{(a+b)^2} \leq 1 + \frac{c^2+ac+bc}{ab} \quad (3)$$

$$\begin{aligned}
 (1)+(2)+(3) &\Rightarrow LHS \leq 3 + \frac{a^2+ab+ac}{bc} + \frac{b^2+ab+bc}{ca} + \frac{c^2+ac+bc}{ab} = \\
 &= 3 + \frac{(a^3 + a^2b + a^2c) + (b^3 + b^2a + b^2c) + (c^3 + c^2a + c^2b)}{abc} = \\
 &= 3 + \frac{a^2(a+b+c) + b^2(a+b+c) + c^2(a+b+c)}{a+b+c} = 3 + a^2 + b^2 + c^2
 \end{aligned}$$

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Solution 3 by Do Huu Duc Thinh-Ho Chi Minh-Vietnam

By Cauchy's inequality we get:
$$\sum \frac{4(a+b)(a+c)}{(b+c)^2} \leq \sum \frac{4(a+b)(a+c)}{4bc} = \sum \frac{a(a+b+c)+bc}{bc}$$

$$= \sum \frac{a^2bc+bc}{bc} = \sum (a^2 + 1) = 3 + a^2 + b^2 + c^2 \Rightarrow \text{Q.E.D.}$$

SP.109. If $a, b, c \geq 0$; $\Omega(a) = \int_0^a \sin\left(\frac{x}{x^2+1}\right) dx$ then:

$$e^{\pi(b\Omega(a)+c\Omega(b)+a\Omega(c))} \geq (a^2 + 1)^b (b^2 + 1)^c (c^2 + 1)^a$$

Proposed by Daniel Sitaru – Romania

Solution by proposer

From Jordan's inequality: $\sin x \geq \frac{2x}{\pi}$; $x \geq 0 \Rightarrow \sin\left(\frac{x}{x^2+1}\right) \geq \frac{2x}{x^2+1} \cdot \frac{1}{\pi}$

$$\int_0^a \sin\left(\frac{x}{x^2+1}\right) dx \geq \frac{1}{\pi} \int_0^a \frac{2x}{x^2+1} dx = \frac{1}{\pi} \ln(a^2 + 1)$$

$$\pi \Omega(a) \geq \ln(a^2 + 1) \Rightarrow \pi b \Omega(a) \geq b \ln(a^2 + 1)$$

$$\sum \pi b \Omega(a) \geq \sum b \ln(a^2 + 1) = \sum (a^2 + 1)^b$$

$$\pi \sum b \Omega(a) \geq \ln \prod (a^2 + 1)^b ; e^{\pi \sum b \Omega(a)} \geq \prod (a^2 + 1)^b$$

$$e^{\pi(b\Omega(a)+c\Omega(b)+a\Omega(c))} \geq (a^2 + 1)^b (b^2 + 1)^c (c^2 + 1)^a$$

Equality holds for $a = b = c = 0$.

SP.110. Let $m, x, y, z > 0$ be positive real numbers and F be the area of the triangle ABC .

Prove that:

$$\frac{a^{2m+2}x^{m+1}}{(y+z)^{m+1}} + \frac{b^{2m+2}y^{m+1}}{(z+x)^{m+1}} + \frac{c^{2m+2}z^{m+1}}{(x+y)^{m+1}} \geq \frac{2^{m+1}}{(\sqrt{3})^{m-1}} F^{m+1}$$

Proposed by D.M. Bătinețu-Giurgiu-Romania, Martin Lukarevski-Skopje

Solution by Soumitra Mandal-Chandar Nagore-India

We know $r(r+4R) \geq \sqrt{3}F$ then $\sum_{cyc} \frac{a^{2m+2}x^{m+1}}{(y+z)^{m+1}}$

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$$\begin{aligned}
 &\geq \frac{1}{3^m} \left\{ \sum_{cyc} \frac{a^2 x}{y+z} \right\}^{m+1} = \frac{1}{3^m} \left\{ (x+y+z) \sum_{cyc} \frac{a^2}{y+z} - \sum_{cyc} a^2 \right\}^{m+1} \\
 \stackrel{\text{Bergstrom}}{\geq} &\frac{1}{3^m} \left\{ \frac{(a+b+c)^2}{2} - \sum_{cyc} a^2 \right\}^{m+1} = \frac{1}{3^m} \left\{ \frac{2(ab+bc+ca) - a^2 - b^2 - c^2}{2} \right\}^{m+1} \\
 &= \frac{1}{3^m} \left\{ \frac{2(p^2 + r^2 + 4Rr) - 2(p^2 - r^2 - 4Rr)}{2} \right\}^{m+1} = \frac{2^{m+1}}{3^m} (r^2 + 4Rr)^{m+1} \\
 &= \frac{2^{m+1}}{3^m} (\sqrt{3}F)^{m+1} = \frac{2^{m+1}}{(\sqrt{3})^{m-1}} F^{m+1} \quad (\text{Proved})
 \end{aligned}$$

SP.111. Let $x, y, z > 0$ be positive real numbers and F the area of the triangle ABC . Prove that:

$$\frac{(y+z)^2 a^4}{x^2} + \frac{(z+x)^2 b^4}{y^2} + \frac{(x+y)^2 c^4}{z^2} \geq 64F^2$$

Proposed by D.M. Bătinețu-Giurgiu-Romania, Martin Lukarevski-Skopje

Solution 1 by Soumava Chakraborty-Kolkata-India

$$\begin{aligned}
 \text{LHS} &\stackrel{\text{Chebyshev}}{\geq} \frac{1}{3} \left\{ \frac{(y+z)a^2}{x} + \frac{(z+x)b^2}{y} + \frac{(x+y)c^2}{z} \right\}^2 \\
 &\geq \frac{1}{3} \left\{ 4F \sqrt{\frac{(y+z)(z+x)}{xy} + \frac{(z+x)(x+y)}{yz} + \frac{(x+y)(y+z)}{xy}} \right\}^2 \\
 (\because \text{ in any } \Delta ABC, \forall m, n, p \in \mathbb{R}^+, a^2 m + b^2 n + c^2 p &\geq 4F \sqrt{mn + np + pn}) \\
 &= \frac{16F^2}{3} \cdot \frac{\sum \{z(y+z)(z+x)\}}{xyz} \stackrel{?}{\geq} 64F^2 \Leftrightarrow \sum \left\{ z^3 + z \left(\sum xy \right) \right\} \stackrel{?}{\geq} 12xyz \\
 &\Leftrightarrow \sum x^3 + (\sum xy)(\sum x) \stackrel{?}{\geq} 12xyz \quad (1) \\
 \text{LHS of (1)} &\stackrel{A-G}{\geq} 3xyz + \left(\sqrt[3]{xyz} \cdot \sqrt[3]{x^2 y^2 z^2} \right) \cdot 9 = 3xyz + 9xyz = 12xyz \\
 &\Rightarrow (1) \text{ is true (Proved)}
 \end{aligned}$$

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Solution 2 by Soumitra Mandal-Chandar Nagore-India

We know $r(r + 4R) \geq \sqrt{3}F$ and $p^2 \geq 3\sqrt{3}F$ then

$$\sum_{cyc} \frac{(y+z)^2 a^4}{x^2} \geq \frac{1}{3} \left(\sum_{cyc} \frac{(y+z)a^2}{x} \right)^2 = \frac{1}{3} \left\{ (x+y+z) \sum_{cyc} \frac{a^2}{x} - \sum_{cyc} a^2 \right\}^2$$

$$\stackrel{\text{Bergstrom}}{\geq} \frac{1}{3} \{ (a+b+c)^2 - \sum_{cyc} a^2 \}^2 = \frac{4}{3} (p^2 + r(r+4R))^2 \geq \frac{4}{3} (3\sqrt{3}F + \sqrt{3}F)^2 = 64F^2$$

(Proved)

SP.112. Let $x, y, z > 0$ be positive real numbers and F be the area of the triangle ABC with circumradius R . Prove that:

$$\frac{x}{y+z} \sin^2 \frac{A}{2} + \frac{y}{z+x} \sin^2 \frac{B}{2} + \frac{z}{x+y} \sin^2 \frac{C}{2} \geq \frac{2\sqrt{3}F}{R^2}$$

Proposed by D.M. Bătinețu-Giurgiu-Romania, Martin Lukarevski-Skopje-Macedonia

Solution by Marian Ursarescu-Romania

$$\text{First step: } \sum \frac{x}{y+z} \cdot \sin^2 \frac{A}{2} = \sum \left(\frac{x+y+z-y-z}{y+z} \right) \sin^2 \frac{A}{2} =$$

$$= (x+y+z) \sum \frac{1}{y+z} \cdot \sin^2 \frac{A}{2} - \sum \sin^2 \frac{A}{2} \quad (1)$$

$$\text{But from Cauchy inequality: } \sum \frac{1}{y+z} \cdot \sin^2 \frac{A}{2} \geq \frac{(\sum \sin^2 \frac{A}{2})^2}{2(x+y+z)} \quad (2)$$

$$\text{From (1)+(2)} \Rightarrow \sum \frac{x}{y+z} \sin^2 \frac{A}{2} \geq \frac{1}{2} \left(\sum \sin^2 \frac{A}{2} \right)^2 - \sum \sin^2 \frac{A}{2} \quad (3)$$

$$\text{From (3) inequality becomes: } \frac{1}{2} \left(\sum \sin^2 \frac{A}{2} \right)^2 - \sum \sin^2 \frac{A}{2} \geq \frac{F}{2\sqrt{3}R^2}$$

$$\text{But } F = pr \quad (4)$$

$$\sum \sin^2 \frac{A}{2} = 1 - \frac{r}{2R} \quad (5)$$

$$\text{And } \sin^n \left(\frac{A}{2} \right) + \sin^n \left(\frac{B}{2} \right) + \sin^n \left(\frac{C}{2} \right) \geq \frac{3}{2^n}, n \in \mathbb{N}^*$$

$$\text{In our case: } \sum \sin^2 \frac{A}{2} \geq \frac{3}{2} \quad (6)$$

$$\text{From (4)+(5)+(6) inequality becomes: } \frac{9}{8} - 1 + \frac{r}{2R} \geq \frac{pr}{2\sqrt{3}R^2} \quad (7)$$

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$$\text{But } p \leq \frac{3\sqrt{3}}{2} R \Rightarrow \frac{pr}{2\sqrt{3}R^2} \leq \frac{3r}{4R} \quad (8)$$

$$\text{From (7)+(8) we must show: } \frac{3r}{4R} \leq \frac{1}{8} + \frac{r}{2R} \Leftrightarrow \frac{r}{4R} \leq \frac{1}{8} \Leftrightarrow 2r \leq R \quad (\text{true})$$

SP.113. If $x, y, z > 0$ then:

$$4xyz(x^3 + y^3 + z^3) \leq (x^2 + y^2)(x^4 + y^4) + (y^2 + z^2)(y^4 + z^4) + (z^2 + x^2)(z^4 + x^4)$$

Proposed by Mihály Bencze – Romania

Solution by proposer

$$\text{We have: } xy(x^2 + y^2) \leq x^4 + y^4 \Leftrightarrow (x - y)^2(x^2 + xy + y^2) \geq 0 \text{ or } x^3y + xy^3 \leq x^4 + y^4$$

$$\text{and } 2xz + 2yz - 2z^2 \leq x^2 + y^2 \Leftrightarrow (x - z)^2 + (y - z)^2 \geq 0 \Rightarrow$$

$$xy(x^2 + y^2)(2xz + 2yz - 2z^2) \leq (x^2 + y^2)(x^4 + y^4) \text{ or}$$

$$2x^4yz + 2x^2y^3z + 2x^3y^2z + 2xy^4z - 2x^3yz^2 - 2xy^3z^2 \leq (x^2 + y^2)(x^4 + y^4) \Rightarrow$$

$$4xyz(x^3 + y^3 + z^3) = \sum_{\text{cyclic}} (2x^4yz + 2x^2y^3z + 2x^3y^2z + 2xy^4z - 2x^3yz^2 - 2xy^3z^2) \leq$$

$$\leq \sum_{\text{cyclic}} (x^2 + y^2)(x^4 + y^4)$$

SP.114. If $x, y, z > 0$ then:

$$2 \left(\left(x + \frac{1}{2} \right)^2 + \left(y + \frac{1}{2} \right)^2 + \left(z + \frac{1}{2} \right)^2 \right) \leq \frac{3}{2} + \frac{1}{xyz} \left((x^4 + y^4)z + (y^4 + z^4)x + (z^4 + x^4)y \right) + \frac{x^2 + y^2}{z} + \frac{y^2 + z^2}{x} + \frac{z^2 + x^2}{y}$$

Proposed by Mihály Bencze – Romania

Solution by proposer

$$\text{We have: } 2x + 2y - 2z \leq \frac{x^2 + y^2}{z} \Leftrightarrow (x - z)^2 + (y - z)^2 \geq 0 \text{ and } x^2 + y^2 \leq \frac{x^3}{y} + \frac{y^3}{x} \Leftrightarrow$$

$$\Leftrightarrow (x - y)^2(x^2 + xy + y^2) \geq 0 \text{ therefore } \sum_{\text{cyclic}} (2x + 2y - 2z) + \sum_{\text{cyclic}} (x^2 + y^2) \leq$$

$$\leq \sum_{\text{cyclic}} \frac{x^2 + y^2}{z} + \sum_{\text{cyclic}} \left(\frac{x^3}{y} + \frac{y^3}{x} \right) \text{ or } 2(\sum x^2 + \sum x) \leq \frac{1}{xyz} \sum (x^4 + y^4) z +$$

$$+ \sum \frac{x^2 + y^2}{z} \Rightarrow 2 \sum \left(x + \frac{1}{2} \right)^2 \leq \frac{3}{2} + \frac{1}{xyz} \sum (x^4 + y^4) z + \sum \frac{x^2 + y^2}{z}$$

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SP.115. Let a, b, c be the lengths of the sides of a triangle with inradius r and circumradius

R . Let r_a, r_b, r_c be the exradii of triangle. Prove that:

$$1728 \cdot r^5 \leq \frac{a^6}{r_a} + \frac{b^6}{r_b} + \frac{c^6}{r_c} \leq 108R^4(R - r)$$

Proposed by George Apostolopoulos – Messolonghi – Greece

Solution 1 by Marian Ursărescu – Romania

$$\frac{a^6}{r_a} + \frac{b^6}{r_b} + \frac{c^6}{r_c} \geq 3 \sqrt[3]{\frac{(abc)^6}{r_a r_b r_c}} \Rightarrow \text{we must show: } 3 \sqrt[3]{\frac{(abc)^6}{r_a r_b r_c}} \geq 2^6 \cdot 3^3 r^5 \Leftrightarrow \frac{(abc)^6}{r_a r_b r_c} \geq 2^{18} 3^6 r^{15} \quad (1)$$

But $abc = 4sRr$ and $r_a r_b r_c = s^2 r$ (2). From (1)+(2) we must show:

$$\frac{2^{12} s^6 R^6 r^6}{s^2 r} \geq 2^{18} \cdot 3^6 \cdot r^{15} \Leftrightarrow s^4 R^6 \geq 6^6 r^{10} \Leftrightarrow s^2 R^3 \geq 6^3 r^5 \quad (3)$$

But $R \geq 2r \Rightarrow R^3 \geq 8r^3$ and $s^2 \geq 27r^2 \Rightarrow s^2 R^3 \geq 2^3 \cdot 3^3 \cdot r^5 \Rightarrow$ (3) its true. Now we use Schur inequality: $a^5(a - b)(a - c) + b^5(b - c)(b - a) + c^5(c - a)(c - b) \geq 0 \Leftrightarrow$

$$\Leftrightarrow a^5(2 - ab - ac + bc) + b^5(b^2 - ab - bc + ac) + c^5(c^2 - 4c - ac + a^b) \geq 0 \Leftrightarrow$$

$$\Leftrightarrow a^6(a - b - c) + b^6(b - c - a) + c^6(c - a - b) + a^5bc + ab^5c + abc^5 \geq 0 \Leftrightarrow$$

$$\Leftrightarrow a^6(b + c - a) + b^6(a + c - b) + c^6(a + b - c) \leq abc(a^4 + b^4 + c^4) \Leftrightarrow$$

$$\Leftrightarrow 2a^6(s - a) + 2b^6(s - b) + 2c^6(s - c) \leq abc(a^4 + b^4 + c^4). \text{ But } r_a = \frac{s}{s-a} \Rightarrow$$

$$\Rightarrow s - a = \frac{s}{r_a} \Rightarrow 2S \left(\frac{a^6}{r_a} + \frac{b^6}{r_b} + \frac{c^6}{r_b} \right) \geq abc(a^4 + b^4 + c^4) \quad (4). \text{ But } S = \frac{abc}{4R} \quad (5) \Rightarrow \text{From}$$

$$(4)+(5) \Rightarrow \frac{a^6}{r_a} + \frac{b^6}{r_b} + \frac{c^6}{r_b} \leq 2R(a^4 + b^4 + c^4) \quad (6). \text{ From (6) we must show:}$$

$$2R(a^4 + b^4 + c^4) \leq 108R^4(R - r) \Leftrightarrow a^4 + b^4 + c^4 \leq 54R^3(R - r) \quad (7)$$

$$\text{But } a^4 + b^4 + c^4 = 2(s^4 - 2s^2(4Rr + 3r^2) + r^2(4R + r)^2) \quad (8)$$

$$\text{From (7)+(8) we must show: } s^4 - 2s^2(4Rr + 3r^2) + r^2(4R + r)^2 - 27R^3(R - r) \leq 0 \quad (9)$$

Now, let $f(s^2)$ a polygon of second degree $\Rightarrow f(p^2) = (p^2 - x_1)(p^2 - x_2)$, (9) its

$$\text{equivalent with } \left[p^2 - r(4R + 3r) - \sqrt{8r^3(2R + r) + 27R^3(R - r)} \right].$$

$$\cdot \left[s^2 - r(4R + 3r) + \sqrt{8r^3(2R + r) + 27R^3(R - r)} \right] \leq 0 \quad (10)$$

(10) its true if $x_1 \leq p^2 \leq x_2$, x_1, x_2 its square, then we must show:

$$r(4R + 3r) - \sqrt{8r^3(2R + r) + 27R^3(R - r)} \leq s^2 \quad (1)$$

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$$\text{and } s^2 \leq r(4R + 3r) - \sqrt{8r^3(2R + r) + 27R^3(R - r)} \quad (2)$$

For (1) using Gerretsen's inequality: $s^2 \geq 16Rr - 5r^2$ (11) \Leftrightarrow

$$\Leftrightarrow 4Rr + 3r^2 - \sqrt{8r^3(2R + r) + 27R^3(R - r)} \leq 16Rr - 5r^2 \Leftrightarrow$$

$$\Leftrightarrow 8r^2 = 12Rr \leq \sqrt{8r^3(2R + r) + 27R^3(R - r)} \Leftrightarrow$$

$$\Leftrightarrow (8r^2 - 12Rr)^2 \leq 8r^3(2R + r) + 27R^3(R - r) \Leftrightarrow R \geq 2r \quad (\text{Euler}). \text{ For (12) using}$$

again Gerretsen's inequality $s^2 \leq 4R^2 + 3r^2 + 4Rr$

$$(12) \Leftrightarrow 4R^2 + 3r^2 + 4Rr \leq r(4R + 3r) - \sqrt{8r^3(2R + r) + 27R^3(R - r)} \Leftrightarrow$$

$$\Leftrightarrow 8r^4 + 16Rr^3 - 27R^3r + 11R^4 \geq 0. \text{ Let } x = \frac{R}{2r} \geq 1 \quad (\text{Euler}) \Rightarrow \text{we must show:}$$

$$22x^4 - 27x^3 + 4x + 1 \geq 0 \text{ and with Horner and Rolle sequence } \Rightarrow$$

$$(x - 1)(11x^3 + (x - 1)(11x^2 + 6x + 1)) \geq 0 \text{ true.}$$

Solution 2 by Soumava Chakraborty-Kolkata-India

$$1728r^5 \stackrel{(a)}{\leq} \sum \frac{a^6}{r_a} \stackrel{(b)}{\leq} 108R^4(R - r)$$

$$\sum \frac{a^6}{r_a} \leq 108R^4(R - r) \Leftrightarrow \sum a^6(s - a) \leq 108r^4\Delta(R - r) \Leftrightarrow \sum a^6(s - a) \stackrel{(1)}{\leq} 108R^5 \cdot$$

$$\cdot \Delta \left(1 - \frac{r}{R}\right) = 108 \frac{a^5 b^5 c^5}{1024\Delta^5} \cdot \Delta \left(1 - \frac{\Delta}{s} \cdot \frac{4\Delta}{abc}\right) =$$

$$= \frac{27}{256} \cdot \frac{a^4 b^4 c^4 (abc - 4(s-a)(s-b)(s-c))}{s^2(s-a)^2(s-b)^2(s-c)^2}. \text{ Let } s - a = x, s - b = y, s - c = z \therefore s = x + y + z \Rightarrow$$

$\Rightarrow a = y + z, b = z + x, c = x + y$. Using this substitution, (1) transforms into:

$$27\{(x + y)(y + z)(z + x) - 4xyz\}(x + y)^4(y + z)^4(z + x)^4 - 256x^2y^2z^2(x + y + z)^2 \cdot$$

$$\cdot \{x(y + z)^6 + y(z + x)^6 + z(x + y)^6\} \geq 0 \Leftrightarrow 27 \left(\sum x^{10}y^5 + \sum x^5y^{10} \right) +$$

$$+ 135 \left(\sum x^9y^6 + \sum x^6y^9 \right) + 135xyz \left(\sum x^9y^3 + \sum x^3y^9 \right) +$$

$$+ 14x^2y^2z^2 \left(\sum x^8y + \sum xy^8 \right) + 702xyz \left(\sum x^8y^4 + \sum x^4y^8 \right) +$$

$$+ 1081x^2y^2z^2 \left(\sum x^7y^2 + \sum x^2y^7 \right) + 270 \left(\sum x^8y^7 + \sum x^7y^8 \right) +$$

$$+ 1593xyz \left(\sum x^7y^5 + \sum x^5y^7 \right) + 3929x^2y^2z^2 \left(\sum x^6y^3 + \sum x^3y^6 \right) +$$

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$$\begin{aligned}
 & +6480x^2y^2z^2 \left(\sum x^5y^4 + \sum x^4y^5 \right) + 2052xyz \left(\sum x^6y^6 \right) + 8076x^5y^5z^5 \stackrel{(2)}{\geq} \\
 & \geq 2044x^3y^3z^3 \left(\sum x^6 \right) + 4272x^3y^3z^3 \left(\sum x^5y + \sum xy^5 \right) + \\
 & +4100x^3y^3z^3 \left(\sum x^4y^2 + \sum x^2y^4 \right) + 7356x^4y^4z^4 \left(\sum x^3 \right) + \\
 & +3772x^3y^3z^3 \left(\sum x^3y^3 \right) + 1780x^4y^4z^4 \left(\sum x^2y + \sum xy^2 \right) \\
 & \sum x^7y^2 + \sum x^2y^7 = \sum x^7(y^2 + z^2) \stackrel{A-G}{\geq} \sum x^7 \cdot 2yz = 2xyz \left(\sum x^6 \right) \\
 & \therefore 1022x^2y^2z^2 \left(\sum x^7y^2 + \sum x^2y^7 \right) \stackrel{(i)}{\geq} 2044x^3y^3z^3 \left(\sum x^6 \right) \\
 & \sum x^6y^3 + \sum x^3y^6 = \sum x^6(y^3 + z^3) \geq \sum x^6yz(y + z) = xyz \left(\sum x^5y + \sum xy^5 \right) \\
 & \therefore 3929x^2y^2z^2 \left(\sum x^6y^3 + \sum x^3y^6 \right) \stackrel{(ii)}{\geq} 3929x^3y^3z^3 \left(\sum x^5y + \sum xy^5 \right) \\
 & \sum x^7y^2 + \sum x^2y^7 = \sum x^7(y^2 + z^2) \stackrel{A-G}{\geq} \sum x^7 \cdot 2yz = xyz \left(2 \sum x^6 \right) = \\
 & = xyz \left(\sum (x^6 + y^6) \right) \stackrel{Chebyshev}{\geq} xyz \cdot \frac{1}{2} \cdot \sum (x^2 + y^2)(x^4 + y^4) \stackrel{A-G}{\geq} xyz \sum xy(x^4 + y^4) \\
 & = xyz \left(\sum x^5y + \sum xy^5 \right) \Rightarrow 59x^2y^2z^2 \left(\sum x^7y^2 + \sum x^2y^7 \right) \stackrel{(iii)}{\geq} \\
 & \geq 59x^3y^3z^3 \left(\sum x^5y + \sum xy^5 \right) \\
 & \sum x^9y^3 + \sum x^3y^9 = \sum z^3(x^9 + y^9) \stackrel{Chebyshev}{\geq} \frac{1}{2} \sum z^3(x^2 + y^2)(x^7 + y^7) \stackrel{A-G}{\geq} \\
 & \geq \sum z^3xy(x^7 + y^7) = xyz \left\{ \sum z^7(x^2 + y^2) \right\} \stackrel{A-G}{\geq} xyz \left(\sum z^7 \cdot 2xy \right) = \\
 & = x^2y^2z^2 \left(2 \sum x^6 \right) = x^2y^2z^2 \left(\sum (x^6 + y^6) \right) \stackrel{Chebyshev}{\geq} \frac{1}{2} x^2y^2z^2 \sum (x^2 + y^2)(x^4 + y^4) \\
 & \stackrel{A-G}{\geq} x^2y^2z^2 \sum xy(x^4 + y^4) = x^2y^2z^2 \left(\sum x^5y + \sum xy^5 \right) \Rightarrow \\
 & \Rightarrow 135xyz \left(\sum x^9y^3 + \sum x^3y^9 \right) \stackrel{(iv)}{\geq} 135x^3y^3z^3 \left(\sum x^5y + \sum xy^5 \right) \\
 & \sum x^8y + \sum xy^8 = \sum z(x^8 + y^8) \stackrel{Chebyshev}{\geq} \frac{1}{2} \sum z(x^2 + y^2)(x^6 + y^6) \stackrel{A-G}{\geq}
 \end{aligned}$$

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$$\begin{aligned}
 &\geq \sum xyz (x^6 + y^6) \stackrel{\text{Chebyshev}}{\geq} \frac{1}{2} xyz \cdot \sum (x^2 + y^2)(x^4 + y^4) \stackrel{A-G}{\geq} \\
 &\geq xyz \sum xy (x^4 + y^4) = xyz \left(\sum x^5 y + \sum xy^5 \right) \Rightarrow \\
 &\Rightarrow 14x^2 y^2 z^2 \left(\sum x^8 y + \sum xy^8 \right) \stackrel{(v)}{\geq} 14x^3 y^3 z^3 \left(\sum x^5 y + \sum xy^5 \right) \\
 &\sum x^8 y^4 + \sum x^4 y^8 = \sum z^8 (x^4 + y^4) \stackrel{\text{Chebyshev}}{\geq} \frac{1}{2} \sum z^8 (x^2 + y^2)^2 \stackrel{A-G}{\geq} \\
 &\geq 2 \sum z^8 x^2 y^2 = x^2 y^2 z^2 \cdot \sum (x^6 + y^6) \stackrel{\text{Chebyshev}}{\geq} \frac{1}{2} x^2 y^2 z^2 \cdot \sum (x^2 + y^2)(x^4 + y^4) \geq \\
 &\stackrel{A-G}{\geq} x^2 y^2 z^2 \cdot \sum xy (x^4 + y^4) = x^2 y^2 z^2 \left(\sum x^5 y + \sum xy^5 \right) \Rightarrow \\
 &\Rightarrow 135xyz \left(\sum x^8 y^4 + \sum x^4 y^8 \right) \stackrel{(vi)}{\geq} 135x^3 y^3 z^3 \left(\sum x^5 y + \sum xy^5 \right) \\
 &\sum x^6 y^6 + 3x^4 y^4 z^4 \stackrel{\text{Schur}}{\geq} x^2 y^2 z^2 \left(\sum x^4 y^2 + \sum x^2 y^4 \right) \Rightarrow \\
 &\Rightarrow 2052xyz \left(\sum x^6 y^6 \right) + 6156x^5 y^5 z^5 \stackrel{(vii)}{\geq} 2052x^3 y^3 z^3 \left(\sum x^4 y^2 + \sum x^2 y^4 \right) \\
 &1024 \left(\sum x^7 y^5 + \sum x^5 y^7 \right) \stackrel{A-G}{\geq} 2048 \sum x^6 y^6 \Rightarrow 1024 \left(\sum x^7 y^5 + \sum x^5 y^7 \right) + \\
 &+ 6144x^5 y^5 z^5 \geq 2048 \left(\sum x^6 y^6 + 3x^5 y^5 z^5 \right) \stackrel{\text{Schur}}{\stackrel{(viii)}{\geq}} 2048x^3 y^3 z^3 \left(\sum x^4 y^2 + \sum x^2 y^4 \right) \\
 &\sum x^5 y^4 + \sum x^4 y^5 = \sum x^5 (y^4 + z^4) \stackrel{A-G}{\geq} 2x^2 y^2 z^2 \left(\sum x^3 \right) \Rightarrow \\
 &\Rightarrow 3678x^2 y^2 z^2 \left(\sum x^5 y^4 + \sum x^4 y^5 \right) \stackrel{(ix)}{\geq} 7356x^4 y^4 z^4 \left(\sum x^3 \right) \\
 &\sum x^5 y^4 + \sum x^4 y^5 = \sum x^4 (y^5 + z^5) \geq \frac{1}{2} \sum x^4 (y^2 + z^2)(y^3 + z^3) \stackrel{A-G}{\geq} \\
 &\geq \sum x^4 yz (y^3 + z^3) = xyz \sum (x^3 y^3 + x^3 z^3) = 2xyz \left(\sum x^3 y^3 \right) \Rightarrow \\
 &\Rightarrow 1886x^2 y^2 z^2 \left(\sum x^5 y^4 + \sum x^4 y^5 \right) \stackrel{(x)}{\geq} 3772x^3 y^3 z^3 \left(\sum x^3 y^3 \right) \\
 &\sum x^5 y^4 + \sum x^4 y^5 \geq xyz(2 \sum x^3 y^3) \text{ (proved above)} \\
 &\stackrel{\text{Schur}+A-G}{\geq} x^2 y^2 z^2 \left(\sum x^2 y + \sum xy^2 \right) \Rightarrow
 \end{aligned}$$

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$$\begin{aligned}
 &\Rightarrow 916x^2y^2z^2 \left(\sum x^5y^4 + \sum x^4y^5 \right) \stackrel{(xi)}{\geq} 916x^4y^4z^4 \left(\sum x^2y + \sum xy^2 \right) \\
 &\sum x^7y^5 + \sum x^5y^7 \stackrel{A-G}{\geq} 2 \sum x^6y^6 = \sum (x^6y^6 + y^6z^6) = \sum y^6(x^6 + z^6) \stackrel{A-G}{\geq} \\
 &\geq \sum y^6 \cdot 2x^3z^3 = x^3y^3z^3 \left(2 \sum x^3 \right) \stackrel{Schur+A-G}{\geq} x^3y^3z^3 \left(\sum x^2y + \sum xy^2 \right) \Rightarrow \\
 &\Rightarrow 569xyz \left(\sum x^7y^5 + \sum x^5y^7 \right) \stackrel{(xii)}{\geq} 569x^4y^4z^4 \left(\sum x^2y + \sum xy^2 \right) \\
 &\sum x^8y^4 + \sum x^4y^8 \stackrel{A-G}{\geq} 2 \sum x^6y^6 \stackrel{Schur+A-G}{\geq} x^2y^2z^2 \left(\sum x^4y^2 + \sum x^2y^4 \right) \geq \\
 &\stackrel{A-G}{\geq} x^2y^2z^2 \left(\sum 2x^3y^3 \right) \stackrel{Schur+A-G}{\geq} x^3y^3z^3 \left(\sum x^2y + \sum xy^2 \right) \Rightarrow \\
 &\Rightarrow 295xyz \left(\sum x^8y^4 + \sum x^4y^8 \right) \stackrel{(xiii)}{\geq} 295x^4y^4z^4 \left(\sum x^2y + \sum xy^2 \right) \\
 &\text{Lastly, } 27(\sum x^{10}y^5 + \sum x^5y^{10}) + 272xyz(\sum x^8y^4 + \sum x^4y^8) + 135(\sum x^9y^6 + \sum x^6y^9) + \\
 &+ 270 \left(\sum x^8y^5 + \sum x^7y^8 \right) \stackrel{A-G}{\geq} \stackrel{(xiv)}{704} \cdot 6x^5y^5z^5 = 4224x^5y^5z^5 \\
 &\quad (i) + (ii) + (iii) + (iv) + (v) + (vi) + (vii) + (viii) \\
 &\quad (ix) + (x) + (xi) + (xii) + (xiii) + (xiv) \\
 &\Rightarrow (2) \text{ is true} \Rightarrow (b) \text{ is true } (*)
 \end{aligned}$$

$$\begin{aligned}
 \text{Also, } \sum \frac{a^6}{r_a} &\stackrel{A-G}{\geq} \frac{3a^2b^2c^2}{\sqrt[3]{rs^2}} \stackrel{r \leq \frac{s}{3\sqrt{3}}}{\geq} \frac{3\sqrt{3} \cdot 16R^2r^2s^2}{s} \stackrel{s \geq 3\sqrt{3}r}{\geq} 27 \cdot 16R^2r^3 \stackrel{R \geq 2r}{\geq} 27 \cdot 64r^5 = 1728r^5 \Rightarrow \\
 &\Rightarrow (a) \text{ is true } (*) \text{ (Done)}
 \end{aligned}$$

SP.116. A triangle with side lengths a, b, c has perimeter equal to 3.

Prove that: $a^3 + b^3 + c^3 + a^4 + b^4 + c^4 \geq 2(a^2b^2 + b^2c^2 + c^2a^2)$

Proposed by George Apostolopoulos – Messolonghi – Greece

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned}
 1 &= \frac{\sum a}{3} \therefore \text{given inequality} \Leftrightarrow (\sum a)(\sum a^3) + 3 \sum a^4 \geq 6 \sum a^2b^2 \\
 &\Leftrightarrow \sum a^4 + \sum a^3b + \sum ab^3 + 3 \sum a^4 \geq 6 \sum a^2b^2 \\
 &\Leftrightarrow 4 \sum a^4 + \sum a^3b + \sum ab^3 \geq 6 \sum a^2b^2 \quad (1)
 \end{aligned}$$

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Now, $\sum a^3 b + \sum ab^3 \stackrel{A-G}{\geq} 2 \sum a^2 b^2$. Also, $4 \sum a^4 \stackrel{(b)}{\geq} 4 \sum a^2 b^2$

(a) + (b) \Rightarrow (1) is true (Proved)

SP.117. Let ABC be a triangle with inradius r and circumradius R . Prove that:

$$\text{a. } \frac{8\sqrt{3}}{3} \leq \frac{1}{\cos^3 \frac{A}{2}} + \frac{1}{\cos^3 \frac{B}{2}} + \frac{1}{\cos^3 \frac{C}{2}} \leq \frac{2\sqrt{3}}{3} \left(\frac{R}{2}\right)^2$$

$$\text{b. } 9 \left(\frac{r}{R}\right)^2 \leq \cos^2 \frac{A}{2} + \cos^2 \frac{B}{2} + \cos^2 \frac{C}{2} \leq \frac{9}{4}$$

Proposed by George Apostolopoulos – Messolonghi – Greece

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \sum \left(\cos^3 \frac{A}{2}\right)^{-1} &= \sum \frac{8 \cos^3 \frac{B-C}{2}}{\left(2 \sin \frac{B+C}{2} \cos \frac{B-C}{2}\right)^3} \leq \sum \frac{8}{(\sin B + \sin C)^3} \\ &\quad \left(\because 0 < \cos \frac{B-C}{2} \leq 1 \text{ as } -\frac{\pi}{2} < \frac{B-C}{2} < \frac{\pi}{2}\right) \\ &= \sum \frac{64R^3}{(b+c)^3} = \sum \frac{64R^3}{b^3 + c^3 + 3bc(b+c)} \stackrel{(1)}{\leq} \sum \frac{64R^3}{bc(b+c) + 3bc(b+c)} \\ &= \sum \frac{16R^3}{bc(b+c)} = \frac{16R^3 \sum a(c+a)(a+b)}{abc(a+b)(b+c)(c+a)} = \frac{16R^3 \sum a(\sum ab + a^2)}{4Rrs(a+b)(b+c)(c+a)} = \\ &= \frac{4R^2}{rs} \left(\frac{2s \sum ab + \sum a^3}{\pi(a+b)}\right). \text{ Now, } \sum a^3 = 3abc + 2s(\sum a^2 - \sum ab) = \\ &= 12Rrs + 2s(s^2 - 12Rr - 3r^2) \stackrel{(a_1)}{=} 2s(s^2 - 6Rr - 3r^2) \ \& \\ \prod (a+b) &= 2abc + \sum ab(2s-c) = 2s(s^2 + 4Rr + r^2) - 4Rrs \stackrel{(a_2)}{=} \\ &= 2s(s^2 + 2Rr + r^2) \\ (1), (a_2), (a_3) &\Rightarrow \sum \left(\cos^3 \frac{A}{2}\right)^{-1} \leq \frac{4R^2}{rs} \cdot \frac{2s(2s^2 - 4Rr - 2r^2)}{2s(s^2 + 2Rr + r^2)} \stackrel{(?)}{\leq} \frac{2R^2}{\sqrt{3}r^2} \Leftrightarrow \\ &\Leftrightarrow 4\sqrt{3}r(s^2 - Rr - r^2) \stackrel{(?)}{\leq} s(s^2 + 2Rr + r^2) \Leftrightarrow s^2(s^2 + 2Rr + r^2)^2 \stackrel{(?)}{\geq} \\ &\geq 48r^2(s^2 - Rr - r^2)^2 \Leftrightarrow s^2 \left(s^4 + r^2(2R+r)^2 + 2s^2(2Rr + r^2)\right) \stackrel{(?)}{\geq} \end{aligned}$$

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$$\geq 48r^2 (s^4 + r^2(R+r)^2 - 2s^2(Rr+r^2)) \Leftrightarrow s^6 + 2s^4(2Rr+r^2) + s^2r^2(2R+r)^2 + \\ + 96s^2r^2(Rr+r^2) \stackrel{?}{\underset{(a_3)}{\geq}} 48r^2s^4 + 48r^4(R+r)^2$$

Now, LHS of (a₃) $\stackrel{\text{Gerretsen}}{\geq} s^4(20Rr-3r^2) + s^2r^2\{(2R+r)^2 + 96(Rr+r^2)\} \stackrel{(?)}{\geq} 48r^2s^4 + \\ + 48r^4(R+r)^2 \Leftrightarrow s^4(20Rr-40r^2) + s^2r^2\{(2R+r)^2 + 96(Rr+r^2)\} \stackrel{?}{\underset{(a_4)}{\geq}} \\ \geq \frac{1}{s^4r^2} + 48r^4(R+r)^2$

Now, LHS of (a₄) $\stackrel{\text{Gerretsen}}{\underset{(i)}{\geq}} s^2r^2(16R-5r)(20R-40r) + s^2r^2\{(2R+r)^2 +$

$96Rr+r^2$ and also, RHS of (a₄) $\geq 48r^2s^4 + 48r^4(R+r)^2$

(i) & (ii) \Rightarrow in order to prove (a₄), it suffices to prove:

$$s^2\{(16R-5r)(20R-40r) + (2R+r)^2 + 96(Rr+r^2) - 11(4R^2+4Rr+3r^2)\} \geq \\ \geq 48r^2(R+r)^2 \Leftrightarrow s^2(70R^2-171Rr+66r^2) \stackrel{(a_5)}{\geq}$$

$$\geq 12r^2(R+r)^2 \because 70R^2-171Rr+66r^2 = (R-2r)(70R-31r) + 4r^2 > 0$$

\therefore LHS of (a₅) $\stackrel{\text{Gerretsen}}{\geq} (16Rr-5r^2)(70R^2-171Rr+66r^2) \stackrel{?}{\geq} 12r^2(R+r)^2 \Leftrightarrow \\ \Leftrightarrow 1120t^3 - 3098t^2 + 1887t - 342 \stackrel{?}{\geq} 0 \quad (t = \frac{R}{r})$

$$\Leftrightarrow (t-2)(1120t^2 - 858t + 171) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \Rightarrow \sum (\cos^3 \frac{A}{2})^{-1} \leq \frac{2\sqrt{3}}{3} (\frac{R}{r})^2$$

$$\text{Also, } \sum \frac{1}{\cos^3 \frac{A}{2}} \stackrel{\text{Radon}}{\geq} \frac{3^4}{(\sum \cos \frac{A}{2})^3} \stackrel{\text{Jensen}}{\geq} \frac{3^4}{(\frac{3\sqrt{3}}{2})^3}$$

($\because f(x) = \cos \frac{x}{2}$ is concave on $(0, \pi)$)

$$= \frac{3^4 \cdot 8}{3^3 \cdot 3\sqrt{3}} = \frac{8}{\sqrt{3}} = \frac{8\sqrt{3}}{3} \therefore \sum \frac{1}{\cos^3 \frac{A}{2}} \geq \frac{8\sqrt{3}}{3}$$

\therefore both bounds of (a) are proved. Now, $\sum \cos^2 \frac{A}{2} = \frac{1}{2} \sum (1 + \cos A) = \frac{1}{2} (3 + 1 + \frac{r}{R}) \stackrel{(b_1)}{=}$

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$$= \frac{1}{2} \left(\frac{4R+r}{R} \right)$$

$$(b_1) \Rightarrow \sum \cos^2 \frac{A}{2} \geq \frac{9r^2}{R^2} \Leftrightarrow \frac{4R+r}{2R} \geq \frac{9r^2}{R^2} \Leftrightarrow R(4R+r) \geq 18r^2 \Leftrightarrow 4R^2 + Rr - 18r^2 \geq 0$$

$$\Leftrightarrow (R-2r)(4R+9r) \stackrel{?}{\geq} 0 \rightarrow \text{true} \because R \stackrel{\text{Euler}}{\geq} 2r \therefore \sum \cos^2 \frac{A}{2} \geq 9 \left(\frac{r}{R} \right)^2. \text{ Also, } (b_1) \Rightarrow$$

$$\Rightarrow \sum \cos^2 \frac{A}{2} \leq \frac{9}{4} \Leftrightarrow \frac{4R+r}{2R} \leq \frac{9}{4} \Leftrightarrow 9R \geq 8R + 2r \Leftrightarrow R \geq 2r \rightarrow \text{true (Euler)}$$

$$\therefore \sum \cos^2 \frac{A}{2} \leq \frac{9}{4} \therefore \text{both bounds of (b) are proved (Done)}$$

SP.118. Let $a, b, c > 0$ such that: $a^2 + b^2 + c^2 = 3$. Find the minimum of the expression:

$$P = \frac{a^3}{\sqrt[4]{\frac{b^8+c^8}{2}+5bc}} + \frac{b^3}{\sqrt[4]{\frac{c^8+a^8}{2}+5ca}} + \frac{c^3}{\sqrt[4]{\frac{a^8+b^8}{2}+5ab}} + \frac{(a+b)(b+c)(c+a)}{16}$$

Proposed by Hoang Le Nhat Tung – Hanoi – Vietnam

Solution by proposer

* By Cauchy-Schwarz's inequality we have:

$$\left(\sqrt{2(b^8+c^8)} + 2b^2c^2 \right)^2 \leq 2(2(b^8+c^8) + 4b^4c^4) = 4(b^8 + 2b^4c^4 + c^8) = 4(b^4 + c^4)^2$$

$$\Rightarrow \sqrt{2(b^8+c^8)} + 2b^2c^2 \leq 2(b^4+c^4) \Leftrightarrow \sqrt{2(b^8+c^8)} \leq 2(b^4 - b^2c^2 + c^4) \Leftrightarrow$$

$$\Leftrightarrow \sqrt[4]{\frac{b^8+c^8}{2}} \leq \sqrt{b^4 - b^2c^2 + c^4} \Rightarrow$$

$$\Rightarrow \sqrt[4]{\frac{b^8+c^8}{2}} \leq \sqrt{(2+\sqrt{3})(b^2 - bc\sqrt{3} + c^2) \cdot (2-\sqrt{3})(b^2 + bc\sqrt{3} + c^2)} \leq$$

$$\leq \frac{(2+\sqrt{3})(b^2 - bc\sqrt{3} + c^2) + (2-\sqrt{3})(b^2 + bc\sqrt{3} + c^2)}{2} = 2b^2 - 3bc + 2c^2$$

$$\Leftrightarrow \sqrt[4]{\frac{b^8+c^8}{2}} + 5bc \leq 2(b^2 + bc + c^2) \Leftrightarrow \frac{a^3}{\sqrt[4]{\frac{b^8+c^8}{2}+5bc}} \geq \frac{a^3}{2(b^2 + bc + c^2)}$$

$$+ \text{ Similar: } \frac{b^3}{\sqrt[4]{\frac{c^8+a^8}{2}+5ca}} \geq \frac{b^3}{2(c^2+ca+a^2)}; \frac{c^3}{\sqrt[4]{\frac{a^8+b^8}{2}+5ab}} \geq \frac{c^3}{2(a^2+b^2+ab)}$$

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$$\begin{aligned} \Rightarrow P &= \frac{a^3}{\sqrt[3]{\frac{b^8+c^8}{2}+5bc}} + \frac{b^3}{\sqrt[4]{\frac{c^8+a^8}{2}+5ca}} + \frac{c^3}{\sqrt[4]{\frac{a^8+b^8}{2}+5ab}} + \frac{(a+b)(b+c)(c+a)}{16} \\ &\geq \frac{a^3}{2(b^2+bc+c^2)} + \frac{b^3}{2(c^2+ca+a^2)} + \frac{c^3}{2(a^2+b^2+ab)} + \frac{(a+b)(b+c)(c+a)}{16} \\ &\quad + \text{Using inequality: } 9(x+y)(y+z)(z+x) \geq 8(x+y+z)(xy+yz+zx) \\ \Rightarrow P &\geq \frac{1}{2} \sum \frac{a^3}{b^2+bc+c^2} + \frac{\prod(b+c)}{16} \geq \frac{1}{2} \sum \frac{a^4}{ab^2+abc+ac^2} + \frac{\frac{8}{9}(\sum a)(\sum ab)}{16} \\ \Rightarrow P &\geq \frac{1}{2} \cdot \frac{(\sum a^2)^2}{\sum(ab^2+abc+ac^2)} + \frac{(\sum a)(\sum ab)}{18} = \frac{9}{2(\sum a)(\sum ab)} + \frac{(\sum a)(\sum ab)}{18} \text{ (Cauchy-Schwarz)} \\ \Rightarrow P &\geq 2 \cdot \sqrt{\frac{9}{2(\sum a)(\sum ab)} \cdot \frac{(\sum a)(\sum ab)}{18}} = 2 \cdot \sqrt{\frac{1}{4}} = 1 \Rightarrow P_{\min} = 1 \end{aligned}$$

(Because by AM-GM inequality and $a^2 + b^2 + c^2 = 3$)

$$\Rightarrow P_{\min} = 1 \Leftrightarrow \begin{cases} a = b = c \\ a^2 + b^2 + c^2 = 3 \Leftrightarrow a = b = c = 1. \\ (\sum a)(\sum ab) = 9 \end{cases}$$

SP.119. Let $a, b, c > 0$ such that: $a + b + c = 3$. Find the minimum of the expression:

$$P = \frac{a}{\sqrt[3]{4(b^6+c^6)+7bc}} + \frac{b}{\sqrt[3]{4(c^6+a^6)+7ca}} + \frac{c}{\sqrt[3]{4(a^6+b^6)+7ab}} + \frac{(a+b)(b+c)(c+a)}{24}$$

Proposed by Hoang Le Nhat Tung – Hanoi - VietNam

Solution by proposer:

$$* \text{ We have: } b^6 + c^6 = (b^2 + c^2)(b^4 - b^2c^2 + c^4) = (b^2 + c^2)(b^2 - bc\sqrt{3} + c^2)(b^2 + bc\sqrt{3} + c^2)$$

- Therefore, by AM-GM inequality:

$$\begin{aligned} \sqrt[3]{4(b^6+c^6)} &= 2 \cdot \sqrt[3]{\frac{b^2+c^2}{2}(2-\sqrt{3})(b^2+bc\sqrt{3}+c^2)(2+\sqrt{3})(b^2-bc\sqrt{3}+c^2)} \leq \\ &\leq 2 \cdot \frac{\frac{b^2+c^2}{2} + (2-\sqrt{3})(b^2+bc\sqrt{3}+c^2) + (2+\sqrt{3})(b^2-bc\sqrt{3}+c^2)}{3} = 3b^2 - 4bc + 3c^2 \end{aligned}$$

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$$\begin{aligned} \Rightarrow \frac{a}{\sqrt[3]{4(b^6 + c^6) + 7bc}} &\geq \frac{a}{3b^2 - 4bc + 3c^2 + 7bc} = \frac{a}{3(b^2 + bc + c^2)} \\ + \text{ Similar: } \frac{b}{\sqrt[3]{4(c^6 + a^6) + 7ca}} &\geq \frac{b}{3(c^2 + ca + a^2)}; \frac{c}{\sqrt[3]{4(a^6 + b^6) + 7ab}} \geq \frac{c}{3(a^2 + b^2 + ab)} \\ \Rightarrow P &= \frac{a}{\sqrt[3]{4(b^6 + c^6) + 7bc}} + \frac{b}{\sqrt[3]{4(c^6 + a^6) + 7ca}} + \frac{c}{\sqrt[3]{4(a^6 + b^6) + 7ab}} + \frac{(a+b)(b+c)(c+a)}{24} \geq \\ &\geq \frac{a}{3(b^2 + bc + c^2)} + \frac{b}{3(c^2 + ca + a^2)} + \frac{c}{3(a^2 + b^2 + ab)} + \frac{(a+b)(b+c)(c+a)}{24} \\ + \text{ Using inequality: } &9(x+y)(y+z)(z+x) \geq 8(x+y+z)(xy+yz+zx) \\ \Rightarrow P &\geq \frac{1}{3} \sum \frac{a}{b^2 + bc + c^2} + \frac{\prod(b+c)}{24} \geq \frac{1}{3} \sum \frac{a^2}{ab^2 + abc + ac^2} + \frac{\frac{8}{9}(\sum a)(\sum ab)}{24} \\ \Rightarrow P &\geq \frac{1}{3} \cdot \frac{(\sum a)^2}{\sum(ab^2 + abc + ac^2)} + \frac{(\sum ab)}{9} = \frac{3}{(\sum a)(\sum ab)} + \frac{(\sum ab)}{9} \quad (\text{Cauchy-Schwarz}) \\ \Rightarrow P &\geq \frac{1}{\sum ab} + \frac{\sum ab}{9} \geq 2 \cdot \sqrt{\frac{1}{\sum ab} \cdot \frac{\sum ab}{9}} = \frac{2}{3} \quad (\text{Because by AM-GM and } a+b+c=3) \\ \Rightarrow P_{\min} &= \frac{2}{3} \Leftrightarrow \begin{cases} a=b=c \\ a+b+c=3 \end{cases} \Leftrightarrow a=b=c=1. \end{aligned}$$

SP.120. In ΔABC the following relationship holds:

$$\sqrt[3]{a^2 B} + \sqrt[3]{b^2 C} + \sqrt[3]{c^2 A} \leq \sqrt[3]{4\pi s^2}$$

s – semiperimeter; a, b, c – length's sides; A, B, C – angled's measures

Proposed by Daniel Sitaru – Romania

Solution 1 by Marian Ursarescu-Romania

$$B \sqrt[3]{\frac{a^2}{B^2}} + C \sqrt[3]{\frac{b^2}{C^2}} + A \sqrt[3]{\frac{c^2}{A^2}} \leq \sqrt[3]{\pi(a+b+c)^2} \Leftrightarrow$$

$$\frac{B}{\pi} \sqrt[3]{\frac{a^2}{B^2}} + \frac{C}{\pi} \sqrt[3]{\frac{b^2}{C^2}} + \frac{A}{\pi} \sqrt[3]{\frac{c^2}{A^2}} \leq \sqrt[3]{\frac{(a+b+c)^2}{\pi^2}} \quad (1)$$

$$\text{Let } f: (0, \infty) \rightarrow \mathbb{R}; f(x) = \sqrt[3]{x^2}; f'(x) = \left(x^{\frac{2}{3}}\right)' = \frac{2}{3}x^{-\frac{1}{3}}; f''(x) = -\frac{2}{9}x^{-\frac{4}{3}} < 0 \Rightarrow$$

from Jensen's inequality \Rightarrow

$$p_1 f(x_1) + p_2 f(x_2) + p_3 f(x_3) \leq f(p_1 x_1 + p_2 x_2 + p_3 x_3) \text{ with } p_1 + p_2 + p_3 = 1$$

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$$p_1 = \frac{B}{\pi}, p_2 = \frac{C}{\pi}, p_3 = \frac{A}{\pi}$$

$$x_1 = \frac{a}{B}, x_2 = \frac{b}{C}, x_3 = \frac{c}{A} \Rightarrow \frac{B}{\pi} \sqrt{\left(\frac{a}{B}\right)^2} + \frac{C}{\pi} \sqrt{\left(\frac{b}{C}\right)^2} + \frac{A}{\pi} \sqrt{\left(\frac{c}{A}\right)^2} \leq \sqrt[3]{\frac{(a+b+c)^2}{A+B+C}} \Rightarrow$$

$$\frac{B}{\pi} \sqrt{\left(\frac{a}{B}\right)^2} + \frac{C}{\pi} \sqrt{\left(\frac{b}{C}\right)^2} + \frac{A}{\pi} \sqrt{\left(\frac{c}{A}\right)^2} \leq \sqrt[3]{\frac{(a+b+c)^2}{\pi^2}} \text{ then (1) is true}$$

Solution 2 by Soumitra Mandal-Chandar Nagore-India

Applying Hölder's Inequality $(a+b+c)^2(A+B+C) \geq (\sqrt[3]{a^2B} + \sqrt[3]{b^2C} + \sqrt[3]{c^2A})^3$

$$\sqrt[3]{4\pi p^2} \geq \sqrt[3]{a^2B} + \sqrt[3]{b^2C} + \sqrt[3]{c^2A} \text{ (proved)}$$

UP.106. Prove that:

$$\cos \frac{A}{4} + \cos \frac{B}{4} + \cos \frac{C}{4} \leq \frac{\sqrt{3}-1}{4\sqrt{6}} t + \frac{11\sqrt{3}+37}{8\sqrt{6}}, t = \frac{r}{R}$$

Proposed by Vadim Mitrofanov-Kiev-Ukraine

Solution by proposer

We make some transformations, let $k_a = \tan \frac{A}{4} \Rightarrow \cos \frac{A}{4} = \frac{1}{\sqrt{k_a^2+1}}$ and we know

$$\begin{aligned} \tan \frac{A}{4} &= \frac{AI - (s-a)}{r} = \frac{\sqrt{2Rr} \sqrt{\frac{2(s-a)}{a}} - (s-a)}{r} = |Ravi| = \\ &= \frac{2 \sqrt{\frac{(x+y)(y+z)(z+x)}{4\sqrt{xyz(x+y+z)}}} \cdot \sqrt{\frac{xyz}{x+y+z}} \cdot x - x\sqrt{y+z}}{\sqrt{\frac{xyz}{x+y+z}} \cdot \sqrt{y+z}} = \frac{\sqrt{(x+y)(x+z)} - \sqrt{x(x+y+z)}}{\sqrt{yz}} = \\ &= \frac{\sqrt{yz}}{\sqrt{(x+y)(x+z)} + \sqrt{x(x+y+z)}} \\ \Rightarrow \sum_{\text{cyc}} \cos \frac{A}{4} &= \sum_{\text{cyc}} \frac{1}{\sqrt{\left(\frac{\sqrt{yz}}{\sqrt{(x+y)(x+z)} + \sqrt{x(x+y+z)}}\right)^2 + 1}} = \end{aligned}$$

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$$\begin{aligned}
 &= \sum_{cyc} \frac{1}{\sqrt{\frac{(\sqrt{(x+y)(x+z)} - \sqrt{x(x+y+z)})^2}{yz} + 1}} \\
 &= \sum_{cyc} \sqrt{\frac{yz}{(x+y+z)x + (x+y)(x+z) + yz - 2\sqrt{x(x+y+z)}(x+y)(x+z)}} \\
 &= \frac{1}{\sqrt{2}} \sum_{cyc} \sqrt{\frac{yz}{(x+y)(x+z) - \sqrt{x(x+y+z)}(x+y)(x+z)}} \\
 &= \frac{1}{\sqrt{2}} \sum_{cyc} \sqrt{\frac{\sqrt{(x+y)(x+z)} + \sqrt{x(x+y+z)}}{\sqrt{(x+y)(x+z)}}} = \frac{1}{\sqrt{2}} \sum_{cyc} \sqrt{1 + \frac{x(x+y+z)}{(x+y)(x+z)}} \\
 &\leq \sqrt{\frac{3}{2} \left(3 + \sum_{cyc} \sqrt{\frac{x(x+y+z)}{(x+y)(x+z)}} \right)} \leq \sqrt{\frac{3}{2} \left(3 + \sqrt{3 \sum_{cyc} \frac{x(x+y+z)}{(x+y)(x+z)}} \right)} \\
 &= \sqrt{\frac{3}{2} \left(3 + \sqrt{6 \left(1 + \frac{xyz}{(x+y)(y+z)(x+z)} \right)} \right)} = \sqrt{\frac{9}{2} + 3 \sqrt{\frac{3}{2} + \frac{3}{8} \cdot \frac{r}{R}}}
 \end{aligned}$$

Hence we need to prove: $\sqrt{\frac{9}{2} + 3 \sqrt{\frac{3}{2} + \frac{3}{8} \cdot t}} \leq \frac{\sqrt{3}-1}{4\sqrt{6}} t + \frac{11\sqrt{3}+37}{8\sqrt{6}}$

$$\Leftrightarrow \left(\left(\frac{\sqrt{3}-1}{4\sqrt{6}} t + \frac{11\sqrt{3}+37}{8\sqrt{6}} \right)^2 - \frac{9}{2} \right)^2 - \frac{27}{2} \left(1 + \frac{1}{4} t \right) \geq 0$$

$$\Leftrightarrow \frac{(2t-1)^2(t^2(28-16\sqrt{3}) + t(208\sqrt{3}-316) + 713 - 1628\sqrt{3})}{36864} \geq 0 \Leftrightarrow$$

$$(t^2(28-16\sqrt{3}) + t(208\sqrt{3}-316) - 713 + 1628\sqrt{3}) \geq 0 \quad (***)$$

$$D_t = (208\sqrt{3}-316)^2 - 4(-713+1628\sqrt{3})(28-16\sqrt{3}) = 13824(45-26\sqrt{3}) < 0 \Rightarrow (***) \forall t$$

Done!

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UP.107. Let ABC be a triangle with inradius r and circumradius R . Prove that

$$2\sqrt{3} \left(\frac{r}{R}\right)^2 \leq \frac{\sum_{cyc} \sin^4 A}{\sum_{cyc} \sin^3 A} \leq \frac{\sqrt{3}}{4} \left(\frac{R}{r}\right)^2 \left(1 - \frac{r}{R}\right)$$

Proposed by George Apostolopoulos – Messolonghi – Greece

Solution by Soumava Chakraborty-Kolkata-India

$$2\sqrt{3} \left(\frac{r}{R}\right)^2 \stackrel{(1)}{\leq} \frac{\sum \sin^4 A}{\sum \sin^3 A} \stackrel{(2)}{\leq} \frac{\sqrt{3}}{4} \left(\frac{R}{r}\right)^2 \left(1 - \frac{r}{R}\right)$$

$$\begin{aligned} \text{Firstly, } \sum a^4 &= (\sum a^2)^2 - 2\{(\sum ab)^2 - 2abc(2s)\} \\ &= 4(s^2 - 4Rr - r^2)^2 - 2(s^2 + 4Rr + r^2)^2 + 32Rrs^2 \\ &= 2 \left(s^4 + r^2(4R + r)^2 - 2s^2(4Rr + r^2) \right) + 2(2s^2)(-8Rr - 2r^2) + 32Rrs^2 \\ &= 2s^4 + 2r^2(4R + r)^2 - 4s^2(4Rr + r^2) - 8s^2r^2 \\ &\stackrel{(i)}{=} 2s^4 + 2r^2(4R + r)^2 - 4s^2(4Rr + 3r^2) \end{aligned}$$

$$\text{Also, } \sum a^3 = 3abc + 2s(s^2 - 12Rr - 3r^2) \stackrel{(ii)}{=} 2s(s^2 - 6Rr - 3r^2)$$

$$\text{Using } \sin A = \frac{a}{2R} \text{ etc, } \frac{\sum \sin^4 A}{\sum \sin^3 A} = \left(\frac{1}{2R}\right) \left(\frac{\sum a^4}{\sum a^3}\right) \stackrel{\text{by (ii)}}{=} \frac{\sum a^4}{4Rs(s^2 - 6Rr - 3r^2)} \stackrel{?}{\leq} \frac{\sqrt{3}}{4} \left(\frac{R}{r}\right)^2 \left(1 - \frac{r}{R}\right)$$

$$\Leftrightarrow r^2 \sum a^4 \stackrel{?}{\leq} \sqrt{3}R \cdot R(R - r)s(s^2 - 6Rr - 3r^2)$$

$$\text{RHS of (2a)} \stackrel{\text{Mitrinovic}}{\geq} \frac{2s^2(s^2 - 6Rr - 3r^2)R(R - r)}{3} \stackrel{?}{\geq} r^2 \sum a^4$$

$$\Leftrightarrow 6r^2s^4 + 6r^4(4R + r)^2 - 12s^2r^2(4Rr + 3r^2) \stackrel{?}{\leq} \frac{2s^2(s^2 - 6Rr - 3r^2)R(R - r)}{\text{by (i)}}$$

$$\Leftrightarrow s^4(R^2 - Rr - 3r^2) + 6s^2r^3(4R + 3r) \stackrel{?}{\geq} 3s^2Rr(R - r)(2R + r) + 3r^4(4R + r)^2$$

$$\Leftrightarrow s^4(R^2 - Rr - 2r^2) + 6s^2r^3(4R + 3r) \stackrel{?}{\geq} \frac{r^2s^4 + 3s^2Rr(R - r)(2R + r) + 3r^4(4R + r)^2}{(2b)}$$

$$\text{LHS of (2b)} \stackrel{\text{Gerretsen}}{\geq} s^2(16Rr - 5r^2)(R^2 - Rr - 2r^2) + 6s^2r^3(4R + 3r)$$

$$\text{Also, RHS} \stackrel{\text{Gerretsen}}{\leq} r^2s^2(4R^2 + 4Rr + 3r^2) + 3s^2Rr(R - r)(2R + r) + 3r^4(4R + r)^2$$

\therefore in order to prove (2b), it suffices to prove:

$$\begin{aligned} &s^2(16R - 5r)(R^2 - Rr - 2r^2) + 6s^2r^2(4R + 3r) \geq \\ &r^2s^2(4R^2 + 4Rr + 3r^2) + 3s^2R(R - r)(2R + r) + 3r^3(4R + r)^2 \end{aligned}$$

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$$\begin{aligned} &\Leftrightarrow s^2\{(16R - 5r)(R^2 - Rr - 2r^2) - 3R(R - r)(2R + r) + 6r^2(4R + 3r) - r(4R^2 + 4Rr + 3r^2)\} \\ &\Leftrightarrow s^2(10R^3 - 22R^2r - 4Rr^2 + 25r^3) \stackrel{(2c)}{\geq} 3r^3(4R + r)^2 \\ \therefore 10R^3 - 22R^2r - 4Rr^2 + 25r^3 &= (R - 2r)\{(R - 2r)(10R + 18r) + 28r^2\} + 9r^3 > 0 \\ &\text{as } R \geq 2r \text{ (Euler),} \end{aligned}$$

$$\begin{aligned} \therefore \text{LHS of (2c)} &\stackrel{\text{Gerretsen}}{\geq} (16Rr - 5r^2)(10R^3 - 22R^2r - 4Rr^2 + 25r^3) \stackrel{?}{\geq} 3r^3(4R + r)^2 \\ &\Leftrightarrow 80t^4 - 201t^3 - t^2 + 198t - 64 \stackrel{?}{\geq} 0 \text{ (where } t = \frac{R}{r}\text{)} \\ &\Leftrightarrow (t - 2)\{(t - 2)(80t^2 + 119t + 155) + 342\} \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2 \\ &\Rightarrow \text{(2a) is true} \Rightarrow \text{(2) is true} \end{aligned}$$

$$\text{Also, } \frac{\sum \sin^4 A}{\sum \sin^3 A} = \left(\frac{1}{2R}\right) \left(\frac{s^4 + r^2(4R+r)^2 - 2s^2(4Rr+3r^2)}{s(s^2 - 6Rr - 3r^2)}\right) \geq 2\sqrt{3} \left(\frac{r}{R}\right)^2$$

$$\Leftrightarrow s^4 + r^2(4R + r)^2 - 2s^2(4Rr + 3r^2) \stackrel{(1a)}{\geq} \frac{4s(s^2 - 6Rr - 3r^2)\sqrt{3}r^2}{R}$$

$$\begin{aligned} \text{Now, RHS of (1a)} &\stackrel{\text{Mitrinovic}}{\leq} 18r^2(s^2 - 6Rr - 3r^2) \stackrel{?}{\leq} s^4 + r^2(4R + r)^2 - 2s^2(4Rr + 3r^2) \\ &\Leftrightarrow s^4 + r^2(4R + r)^2 + 54r^3(2R + r) \stackrel{?}{\underset{(1b)}}{\geq} 18r^2s^2 + s^2(8Rr + 6r^2) \end{aligned}$$

$$\begin{aligned} \text{Now, LHS of (1b)} &\stackrel{\text{Gerretsen}}{\geq} s^2(16Rr - 5r^2) + r^2(4R + r)^2 + 54r^3(2R + r) \stackrel{?}{\geq} s^2(8Rr + 24r^2) \\ &\Leftrightarrow s^2(8R - 29r) + r(4R + r)^2 + 54r^2(2R + r) \stackrel{?}{\geq} 0 \\ &\Leftrightarrow s^2(8R - 16r) + r(4R + r)^2 + 54r^2(2R + r) \stackrel{?}{\underset{(1c)}}{\geq} 13rs^2 \end{aligned}$$

$$\text{Now, LHS of (1c)} \stackrel{\text{Gerretsen}}{\geq} (16Rr - 5r^2)(8R - 16r) + r(4R + r)^2 + 54r^2(2R + r)$$

$$\text{Also, RHS of (1c)} \stackrel{\text{Gerretsen}}{\leq} 13r(4R^2 + 4Rr + 3r^2)$$

\therefore in order to prove (1c), it suffices to prove:

$$\begin{aligned} (16R - 5r)(8R - 16r) + (4R + r)^2 + 54r(2R + r) &\geq 13(4R^2 + 4Rr + 3r^2) \\ \Leftrightarrow 23R^2 - 58Rr + 24 &\geq 0 \Leftrightarrow (R - 2r)(23R - 12r) \geq 0 \rightarrow \text{true} \because R \geq 2r \\ &\Rightarrow \text{(1a) is true} \Rightarrow \text{(1) is true} \end{aligned}$$

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UP.108. Let ABC be a triangle with circumradius R and inradius r . Prove that

$$\frac{3}{16} \leq \cos^4 A + \cos^4 B + \cos^4 C \leq 6 \left(\frac{r}{R}\right)^2 - \frac{123}{8} \cdot \frac{r}{R} + \frac{51}{8}$$

Proposed by George Apostolopoulos - Messolonghi - Greece

Solution by Soumava Chakraborty-Kolkata-India

$$\begin{aligned} \frac{3}{16} &\stackrel{(1)}{\leq} \sum \cos^4 A \stackrel{(2)}{\leq} 6 \left(\frac{r}{R}\right)^2 - \left(\frac{123}{8}\right) \left(\frac{r}{R}\right) + \frac{51}{8} \\ \cos A \cos B \cos C &= \frac{(b^2+c^2-a^2)(c^2+a^2-b^2)(a^2+b^2-c^2)}{2bc \cdot 2ca \cdot 2ab} \rightarrow (i) \\ \text{Numerator} &= (\sum a^2 - 2a^2)(\sum a^2 - 2b^2)(\sum a^2 - 2c^2) \\ &= (\sum a^2)^3 - 2(\sum a^2)^2(\sum a^2) + 4(\sum a^2)(\sum a^2b^2) - 8a^2b^2c^2 \\ &= -(\sum a^2)^3 + 4(\sum a^2)\left\{(\sum ab)^2 - 2abc(2s)\right\} - 128R^2r^2s^2 \\ &= (\sum a^2)\left\{4(\sum ab)^2 - (\sum a^2)^2 - 16sabc\right\} - 128R^2r^2s^2 \\ &= 4\left(\sum a^2\right)\{(s^2 + 4Rr + r^2)^2 - s(s^2 - 4Rr - r^2)^2 - 16Rrs^2\} - 128R^2r^2s^2 \\ &= 4\left(\sum a^2\right)\{2s^2(8Rr + 2r^2) - 16Rrs^2\} - 128R^2r^2s^2 \\ &= 32r^2s^2(s^2 - 4Rr - r^2) - 128R^2r^2s^2 = 32r^2s^2(s^2 - 4R^2 - 4Rr - r^2) \rightarrow (ii) \\ (i), (ii) &\Rightarrow \prod \cos A \stackrel{(iii)}{=} \frac{s^2 - 4R^2 - 4Rr - r^2}{4R^2} \\ (2) &\Leftrightarrow \sum (1 - \sin^2 A)^2 \leq \frac{51R^2 - 123Rr + 48r^2}{8R^2} \\ &\Leftrightarrow \sum (1 - 2\sin^2 A + \sin^4 A) \leq \frac{51R^2 - 123Rr + 48r^2}{8R^2} \\ &\Leftrightarrow \sum (\cos 2A) + \sum (\sin^4 A) \leq \frac{51R^2 - 123Rr + 48r^2}{8R^2} \\ &\Leftrightarrow 1 - 4\left(\prod \cos A\right) + \sum (\sin^4 A) \leq \frac{51R^2 - 123Rr + 48r^2}{8R^2} \\ &\Leftrightarrow -1 - \frac{s^2 - (2R + r)^2}{R^2} + \sum (\sin^4 A) \stackrel{\text{by (iii)}}{\leq} \frac{51R^2 - 123Rr + 48r^2}{8R^2} \end{aligned}$$

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$$\Leftrightarrow \sum (\sin^4 A) \leq \frac{27R^2 - 155Rr + 40r^2 + 8s^2}{8R^2}$$

$$\Leftrightarrow \frac{\sum a^4}{16R^4} \leq \frac{27R^2 - 155Rr + 40r^2 + 8s^2}{8R^2}$$

$$\Leftrightarrow \sum a^4 \stackrel{(a)}{\leq} 54R^4 - 310R^3r + 80R^2r^2 + 16R^2s^2$$

Now, $\sum a^4 = (\sum a^2)^2 - 2\{(\sum ab)^2 - 2abc(2s)\}$

$$= 4(s^2 - 4Rr - r^2)^2 - 2(s^2 + 4Rr + r^2)^2 + 32Rrs^2$$

$$= 2(s^4 + r^2(4R + r)^2 - 2s^2(4Rr + r^2)) + 2(2s^2)(-8Rr - 2r^2) + 32Rrs^2$$

$$= 2s^4 + 2r^2(4R + r)^2 - 4s^2(4Rr + r^2) - 8s^2r^2$$

$$= 2s^4 + 2r^2(4R + r)^2 - 4s^2(4Rr + 3r^2) \stackrel{?}{\leq} 54R^4 - 310R^3r + 80R^2r^2 + 16R^2s^2$$

$$\Leftrightarrow s^4 \stackrel{?}{\leq} 27R^4 - 155R^3r + 40R^2r^2 - r^2(4R + r)^2 + 2s^2(4R^2 + 4Rr + 3r^2)$$

Now, LHS of (b) $\stackrel{Gerretsen}{\leq} s^2(4R^2 + 4Rr + 3r^2) \stackrel{?}{\leq}$

$$27R^4 - 155R^3r + 40R^2r^2 - r^2(4R + r)^2 + 2s^2(4R^2 + 4Rr + 3r^2)$$

$$\Leftrightarrow s^2(4R^2 + 4Rr + 3r^2) + 27R^4 - 155R^3r + 40R^2r^2 - r^2(4R + r)^2 \stackrel{?}{\geq} 0$$

Now, LHS of (c) $\stackrel{Gerretsen}{\geq} 27R^4 - 155R^3r + 40R^2r^2 - r^2(4R + r)^2 +$

$$+ (16Rr - 5r^2)(4R^2 + 4Rr + 3r^2) \stackrel{?}{\geq} 0$$

$$\Leftrightarrow 27t^4 - 91t^3 + 68t^2 + 20t - 16 \stackrel{?}{\geq} 0 \text{ (where } t = \frac{R}{r}\text{)}$$

$$\Leftrightarrow (t - 2)\{(t - 2)(27t^2 + 17t + 28) + 64\} \stackrel{?}{\geq} 0 \rightarrow \text{true} \because t \stackrel{Euler}{\geq} 2$$

\Rightarrow (a) is true \Rightarrow (2) is true

Also, $\sum \cos^4 A \stackrel{Chebyshev}{\geq} \left(\frac{1}{3}\right) (\sum \cos^2 A)^2 \stackrel{?}{\geq} \frac{3}{16} \Leftrightarrow \sum \cos^2 A \stackrel{?}{\geq} \frac{3}{4} \Leftrightarrow \sum \sin^2 A \stackrel{?}{\leq} \frac{9}{4}$

$$\Leftrightarrow \sum a^2 \stackrel{?}{\leq} 9R^2 \rightarrow \text{true by Leibnitz} \Rightarrow (1) \text{ is true}$$

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UP.109. Let a, b, c and d be positive real numbers. Prove or disprove that:

$$\frac{(a + b + c + d)^3}{abc + bcd + cda + dab} \geq 16$$

Proposed by George Apostolopoulos - Messolonghi – Greece

Solution 1 by Catinca Alexandru-Romania

$$\frac{(a + b + c + d)^3}{\sum abc} \geq 16 \Leftrightarrow (a + b + c + d)^3 \geq 16 \cdot 4[1, 1, 1, 0];$$

$$\Leftrightarrow \sum a^3 + 3 \sum_{sym} a^2b + 6 \sum abc \geq 16[1, 1, 1, 0]4;$$

$$\Leftrightarrow [3, 0, 0, 0] \cdot 4 + 3 \cdot [2, 1, 0, 0] \cdot 12 + 6[1, 1, 1, 0] \cdot 4 \geq 16 \cdot 4[1, 1, 1, 0]$$

$$\Leftrightarrow 4[3, 0, 0, 0] + 36[2, 1, 0, 0] \geq 40[1, 1, 1, 0] \quad (1)$$

$$4[3, 0, 0, 0] \geq 4[1, 1, 1, 0] \text{ as } (3, 0, 0, 0) > (1, 1, 1, 0) \text{ Muirhead}$$

$$36[2, 1, 0, 0] \geq 36[1, 1, 1, 0] \text{ as } (2, 1, 0, 0) > (1, 1, 1, 0) \text{ Muirhead}$$

_____ +

$$4[3, 0, 0, 0] + 36[2, 1, 0, 0] \geq 40[1, 1, 1, 0] \Rightarrow (1) \text{ is True} \Rightarrow \frac{(\sum a)^3}{\sum abc} \geq 16$$

Solution 2 by Sanong Huayrerai-Nakon Pathom-Thailand

$$1. a^3 + b^2 + c^2 + d^3 \geq a^2b + b^2c + c^2d + d^2a$$

$$a^3 + b^3 + c^3 + d^3 \geq a^2c + c^2a + b^2d + d^2b$$

$$2. (a^2b + b^2c + c^2a) + (b^2c + c^2d + d^2b) + (c^2d + d^2a + a^2c) + (d^2a + a^2b + b^2d) \geq 3(abc + bcd + cda + dab)$$

$$\text{Hence } a^3 + b^2 + c^2 + d^3 \geq a^2b + b^2c + c^2d + d^2a \geq abc + bcd + cda + dab$$

$$a^3 + b^2 + c^2 + d^3 \geq a^2c + c^2a + b^2d + d^2b \geq abc + bcd + cda + dab$$

$$\text{That is } (a + b + c + d)^3 \geq 4^2(abc + bcd + cda + dab)$$

$$\text{Therefore } \frac{(a+b+c+d)^3}{abc+bcd+cda+dab} \geq 16 \text{ is to be true}$$

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UP.110. Let m_a, m_b, m_c be the lengths of the medians of a triangle ABC . Prove that:

$$\frac{1}{m_a} + \frac{1}{m_b} + \frac{1}{m_c} \leq \frac{R}{2r^2}$$

where R, r are the circumradius and inradius respectively of ΔABC .

Proposed by George Apostolopoulos - Messolonghi – Greece

Solution 1 by Do Huu Duc Tinh-Ho Chi Minh-Vietnam

Lemma: $m_a \geq h_a \Rightarrow \frac{1}{m_a} + \frac{1}{m_b} + \frac{1}{m_c} \leq \frac{1}{h_a} + \frac{1}{h_b} + \frac{1}{h_c} = \frac{a+b+c}{2S} = \frac{2p}{2pr} = \frac{1}{r} = \frac{2r}{r^2} \leq \frac{R}{2r^2} \Rightarrow Q.E.D.$

Solution 2 by Mehmet Sahin-Ankara-Turkey

By using the Tereshin Inequality: $4Rm_a \geq b^2 + c^2 \geq 2bc$

$$m_a \geq \frac{bc}{2R} \Rightarrow \frac{1}{m_a} \leq \frac{2R}{bc}$$

$$\sum \frac{1}{m_a} \leq 2R \left(\frac{a+b+c}{abc} \right) = \frac{1}{r} \leq \frac{R}{2r^2} \text{ (Euler)}$$

Solution 3 by Myagmarsuren Yadamsuren-Darkhan-Mongolia

$$\frac{R}{2r} \geq 1 \Leftrightarrow \frac{R}{2r^2} \geq \frac{1}{2} = \frac{p}{p \cdot r} = \frac{p}{\Delta}$$

$$\begin{aligned} \frac{R}{2r^2} &\geq \frac{p}{\Delta} = \frac{\sum \frac{a}{2}}{\Delta} = \frac{\sum \frac{(p-b) + (p-c)}{2}}{\Delta} \stackrel{AM \geq GM}{\geq} \\ &\geq \frac{\sum \sqrt{(p-b)(p-c)}}{\sqrt{p(p-a)(p-b)(p-c)}} = \sum \frac{1}{\sqrt{p(p-a)}} \geq \sum \frac{1}{m_a} \end{aligned}$$

Solution 4 by Marian Ursarescu-Romania

In any ΔABC we have: $m_a \geq \frac{b^2+c^2}{4R}$ (1), because:

$$\begin{aligned} m_a^2 &= \frac{b^2 + c^2}{2} - \frac{a^2}{4} = \frac{2(b^2 + c^2) - (b^2 + c^2 - 2bc \sin A)}{4} = \\ &= \frac{b^2 + c^2 + 2bc \cos A}{4} = \frac{b^2 + c^2 - 2bc \cos(B+C)}{4} = \\ &= \frac{(b \cos B - c \cos C)^2 + (b \sin B + c \sin C)^2}{4} \geq \frac{(b \sin B + c \sin C)^2}{4} \Rightarrow 1 \text{ is true} \end{aligned}$$

$$\text{From (1)} \Rightarrow \frac{1}{m_a} + \frac{1}{m_b} + \frac{1}{m_c} \leq \frac{R}{2r^2}$$

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$$\Rightarrow m_a \geq \frac{b^2 + c^2}{4R} \geq \frac{2bc}{4R} = \frac{bc}{2R} \Rightarrow \frac{1}{m_a} \leq \frac{2R}{bc} \Rightarrow$$

$$\sum \frac{1}{m_a} \leq 2R \left(\frac{1}{ab} + \frac{1}{ac} + \frac{1}{bc} \right)$$

$$\text{Now we show this} \Rightarrow 2R \left(\frac{1}{ab} + \frac{1}{ac} + \frac{1}{bc} \right) \leq \frac{R}{2r^2} \Leftrightarrow$$

$$\Leftrightarrow \frac{1}{ab} + \frac{1}{bc} + \frac{1}{ac} \leq \frac{1}{4r^2} \text{ which is true.}$$

$$\text{P.S. } \frac{1}{ab} + \frac{1}{bc} + \frac{1}{ac} \leq \frac{1}{4r^2} \text{ its true because } \frac{1}{ab} + \frac{1}{bc} + \frac{1}{ac} = \frac{1}{2Rr} \leq \frac{1}{4r^2} \Leftrightarrow R \geq 2r \text{ true.}$$

UP.111. For an acute triangle ABC and a positive integer n , prove that:

$$\left(\sum (\sin A \sin B \sin C)^{\frac{1}{n}} \right)^n \leq \frac{3^{n+1}}{8}$$

where the sum is over all cyclic permutations of (A, B, C) .

Proposed by George Apostolopoulos – Messolonghi – Greece

Solution by Marian Ursărescu – Romania

From Hölder's inequality we have:

$$\begin{aligned} & \left((\sin A + \sin B \cos C)^{\frac{1}{n}} \right)^n + \left((\sin A \cos B \sin C)^{\frac{1}{n}} \right)^n + \left((\cos A \sin B \sin C)^{\frac{1}{n}} \right)^n \geq \\ & \geq \frac{\left((\sin A + \sin B \cos C)^{\frac{1}{n}} + (\sin A \cos B \sin C)^{\frac{1}{n}} + (\cos A \sin B \sin C)^{\frac{1}{n}} \right)^n}{3^{n-1}} \Leftrightarrow \end{aligned}$$

$$\Leftrightarrow \left(\sum (\sin A \sin B \sin C)^{\frac{1}{n}} \right)^n \leq 3^{n-1} \cdot \sum \sin A \sin B \cos C \Rightarrow$$

$$\text{We must show: } \sum \sin A \sin B \cos C \leq \frac{9}{8} \quad (1)$$

$$\begin{aligned} \text{Now: } & \cos 2A + \cos 2B - \cos 2C = 2 \cos(A+B) \cos(A-B) - 2 \cos^2 C + 1 \\ & = -2 \cos C (\cos(A-B) + \cos C) + 1 = 1 - 2 \cos C \cdot 2 \cos\left(\frac{A-B+C}{2}\right) \cos\left(\frac{A-B-C}{2}\right) \\ & = 1 - 4 \sin A \sin B \cos C \Rightarrow \sin A \sin B \sin C = \frac{1}{4} (1 - \cos 2A - \cos 2B + \cos 2C) \quad (2) \end{aligned}$$

$$\text{From (1)+(2) we must show: } \frac{3 - (\cos 2A + \cos 2B + \cos 2C)}{4} \leq \frac{9}{8} \quad (3)$$

$$\text{But } \cos 2A + \cos 2B + \cos 2C = -1 - 4 \cos A \cos B \cos C \quad (4)$$

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From (3)+(4) we must show: $1 + \cos A \cos B \cos C \leq \frac{9}{8} \Leftrightarrow \cos A \cos B \cos C \leq \frac{1}{8}$,
which its true.

UP.112. Solve for positive real numbers:

$$\begin{cases} \frac{x^2}{y} + \frac{y^2}{x} = \sqrt[8]{128(x^8 + y^8)} \\ 4x^3 - 3y = \sqrt{\frac{1 + \sqrt{1 - xy}}{2}} \end{cases}$$

Proposed by Hoang Le Nhat Tung – Hanoi – Vietnam

Solution by Soumava Chakraborty-Kolkata-India

$$\frac{x^2}{y} + \frac{y^2}{x} \stackrel{(1)}{=} \sqrt[8]{128(x^8 + y^8)}, \quad 4x^3 - 3y \stackrel{(2)}{=} \sqrt{\frac{1 + \sqrt{1 - xy}}{2}}$$

$$(1) \Leftrightarrow (x^3 + y^3)^8 - 128x^8y^8(x^8 + y^8) = 0 \Leftrightarrow t^{24} + 8t^{21} + 28t^{18} - 128t^{16} + 56t^{15} + 70t^{12} + 56t^9 - 128t^8 + 28t^6 + 8t^3 + 1 = 0 \left(t = \frac{x}{y} \right) \Leftrightarrow$$

$$\Leftrightarrow (t - 1)^2(t^{22} + 2t^{21} + 3t^{20} + 12t^{19} + 21t^{18} + 30t^{17} + 67t^{16} + 104t^{15} + 13t^{14} - 22t^{13} - 57t^{12} - 92t^{11} - 57t^{10} - 22t^9 + 13t^8 + 104t^7 + 67t^6 + 30t^5 + 21t^4 + 12t^3 + 3t^2 + 2t + 1) = 0 \Leftrightarrow (t - 1)^2 \cdot p = 0 \quad (a) \text{ (say)}$$

$$\text{Now, } 12t^9 - 22t^{13} + 104t^7 = 2t^7(6t^{12} - 11t^6 + 52) = 2t^7(6a_1^2 - 11a_1 + 52)[(a_1 = t^6)] > 0 \quad (i) \because \text{discriminant } \Delta = 121 - 4 \cdot 6 \cdot 52 < 0$$

$$\text{Also, } 21t^{18} - 57t^{12} + 67t^6 = t^6(21t^{12} - 57t^6 + 67) = t^6(21a_1^2 - 57a_1 + 67) > 0 \quad (ii) \because \Delta = 57^2 - 84 \cdot 67 < 0$$

$$\text{Again, } 67t^{16} - 57t^{10} + 21t^4 = t^4(67t^{12} - 57t^6 + 21) = t^4(67a_1^2 - 57a_1 + 21) > 0 \quad (iii) \because \Delta = 57^2 - 84 \cdot 67 < 0$$

$$\text{Moreover, } 104t^{15} - 22t^9 + 12t^3 \quad (iv) = 2t^3(52t^{12} - 11t^6 + 6) = 2t^3(52a_1^2 - 11a_1 + 6) > 0 \quad (v) \because \Delta = 11^2 - 24 \cdot 52 < 0$$

$$\text{Now, } 30t^{17} + 30t^5 \stackrel{A-G}{\geq} 60t^{11}, \quad 13t^4 + 13t^8 \stackrel{A-G}{\geq} 26t^{11}$$

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$$3t^{20} + 3t^2 \stackrel{A-G}{\geq} 6^{11} \text{ \& of course, } t^{22} + 2t^{21} + 2t + 1 > 0 \text{ as } t > 0 \left(t = \frac{x}{y} > 0 \right) \quad (ix)$$

$$(i) + (ii) + (iii) + (iv) + (v) + (vi) + (vii) + (viii) + (ix) \Rightarrow P > 0 \therefore a \Rightarrow t = 1 \Rightarrow x = y$$

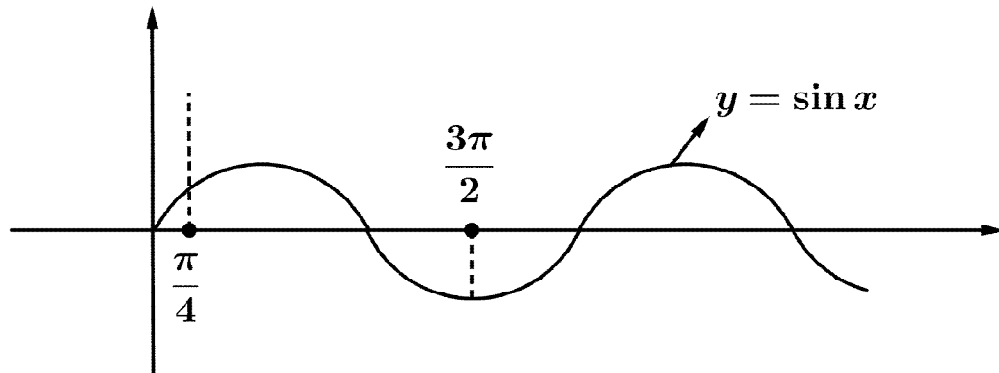
$$\text{From (2), we have } 1 - xy = 1 - x^2 \geq 0 \Rightarrow x \leq 1 \Rightarrow 0 < x \leq 1$$

$$\therefore 0 < x, y \leq 1. \text{ Let } x = y = \cos \theta \quad \left(0 < \theta < \frac{\pi}{2} \right)$$

$$\therefore (2) \text{ becomes } 4 \cos^3 \theta - 3 \cos \theta = \sqrt{\frac{1+\sin \theta}{2}} \Rightarrow \cos \theta = \sqrt{\frac{1+\sin \theta}{2}} \quad (2a) \Rightarrow$$

$$\Rightarrow 2 \cos^2(3\theta) = 1 + \sin \theta \Rightarrow 1 + \cos 6\theta = 1 + \sin \theta \Rightarrow \cos 6\theta = \cos \left(\frac{\pi}{2} - \theta \right) \Rightarrow$$

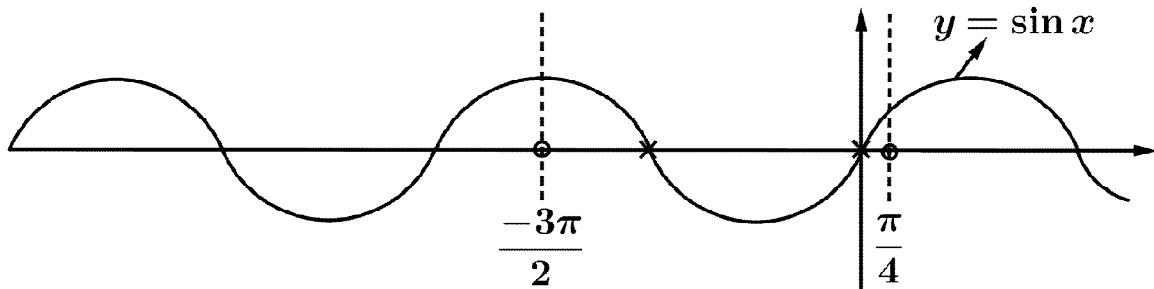
$$\Rightarrow 2 \sin \left(\frac{\pi}{4} + \frac{5\theta}{2} \right) \sin \left(\frac{\pi}{4} - \frac{7\theta}{2} \right) = 0. \text{ Now, } \frac{\pi}{4} < \frac{\pi}{4} + \frac{5\theta}{2} < \frac{3\pi}{2}$$



$$\therefore \sin \left(\frac{\pi}{4} + \frac{5\theta}{2} \right) = 0 \Rightarrow \frac{\pi}{4} + \frac{5\theta}{2} = \pi \Rightarrow \theta = \frac{3\pi}{10}. \text{ From (2a), } \cos 3\theta > 0 \text{ (*), but } \cos \frac{9\pi}{10} < 0$$

$$\therefore x = y = \cos \frac{3\pi}{10} \text{ is not an acceptable solution.}$$

$$\text{Also, } -\frac{3\pi}{2} < \frac{\pi}{4} - \frac{7\theta}{2} < \frac{\pi}{4} \therefore \sin \left(\frac{\pi}{4} - \frac{7\theta}{2} \right) = 0$$



$$\Rightarrow \frac{\pi}{4} - \frac{7\theta}{2} = 0, -\pi \Rightarrow \theta = \frac{\pi}{14}, \frac{5\pi}{14}$$

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But $\cos \frac{15\pi}{14} < 0, \therefore x = y = \cos \frac{5\pi}{14}$ is unacceptable

\therefore only possible solution is: $x = y = \cos \frac{\pi}{14}$

UP.113. Let x, y, z be positive real numbers. Prove that:

$$\sqrt{\frac{3x^2 + yz}{y^2 + z^2}} + \sqrt{\frac{3y^2 + zx}{z^2 + x^2}} + \sqrt{\frac{3z^2 + xy}{x^2 + y^2}} \geq \sqrt{\frac{103}{6} + \frac{20x^2y^2z^2}{3(x^2 + y^2)(y^2 + z^2)(z^2 + x^2)}}$$

Proposed by Do Quoc Chinh – Vinh Phuc – Vietnam

Solution by proposer

By the AM-GM inequality, we have:

$$\sqrt{\frac{3x^2 + yz}{y^2 + z^2}} = \sqrt{\frac{3x^2 + \frac{y^2z^2}{yz}}{y^2 + z^2}} \geq \sqrt{\frac{3x^2 + \frac{2y^2z^2}{y^2 + z^2}}{y^2 + z^2}} = \frac{\sqrt{2y^2z^2 + 3x^2y^2 + 3z^2x^2}}{y^2 + z^2}$$

Similarly, we have: $LHS \geq \sum \frac{\sqrt{2x^2y^2 + 3y^2z^2 + 3z^2x^2}}{x^2 + y^2}$

Put $x^2 = a, y^2 = b, z^2 = c$ ($a, b, c > 0$). Thus, we need to prove:

$$\begin{aligned} \sum \frac{\sqrt{2ab + 3bc + 3ca}}{a + b} &\geq \sqrt{\frac{103}{6} + \frac{20abc}{3(a + b)(b + c)(c + a)}} \\ \Leftrightarrow \sum \frac{2ab + 3bc + 3ca}{(a + b)^2} + 2 \sum \frac{\sqrt{(2bc + 3ca + 3ab)(2ca + 3ab + 3bc)}}{(b + c)(c + a)} &\geq \\ &\geq \frac{103}{6} + \frac{20abc}{3(a + b)(b + c)(c + a)} \end{aligned}$$

By the Cauchy – Schwarz inequality, we have:

$$\begin{aligned} \sum \frac{\sqrt{(2bc + 3ca + 3ab)(2ca + 3ab + 3bc)}}{(b + c)(c + a)} &\geq \sum \frac{3ab + c\sqrt{(2a + 3b)(3a + b)}}{(b + c)(c + a)} \\ &= \sum \frac{3ab + c \cdot \frac{(2a + 3b)(3a + 2b)}{\sqrt{(2a + 3b)(3a + 2b)}}}{(b + c)(c + a)} \geq \sum \frac{3ab + c \cdot \frac{2(6a^2 + 13ab + 6b^2)}{5(a + b)}}{(b + c)(c + a)} \end{aligned}$$

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$$\geq \sum \frac{3ab + c \cdot \frac{7a^2 + 16ab + 7b^2}{3(a+b)}}{(b+c)(c+a)} = \frac{16(a+b+c)(ab+bc+ca)}{3(a+b)(b+c)(c+a)}$$

By the Iran 1996 inequality, we have: $(ab+bc+ca) \left[\frac{1}{(a+b)^2} + \frac{1}{(b+c)^2} + \frac{1}{(c+a)^2} \right] \geq \frac{9}{4}$

Thus, we need to prove: $\frac{9}{2} + \sum \frac{a}{b+c} + \frac{32(a+b+c)(ab+bc+ca)}{3(a+b)(b+c)(c+a)} \geq \frac{103}{6} + \frac{20abc}{3(a+b)(b+c)(c+a)}$

$$\Leftrightarrow \frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b} + \frac{4abc}{(a+b)(b+c)(c+a)} \geq 2$$

$$\Leftrightarrow a^3 + b^3 + c^3 + 3abc \geq ab(a+b) + bc(b+c) + ca(c+a)$$

True by Schur inequality. The equality holds for $x = y = z$.

UP.114. Let a, b, c be the sides and R and r the circumradius and the inradius of a triangle ABC respectively. Prove that:

$$\frac{1}{a^2} + \frac{1}{b^2} + \frac{1}{c^2} \geq \frac{9}{4r(4R+r)}$$

Proposed by Martin Lukarevski – Skopje – Macedonia

Solution by proposer

We use the substitution: $a = y + z, b = z + x, c = x + y$, for three positive real numbers $x, y, z > 0$. Then $x = s - a, y = s - b, z = s - c$, with s the semiperimeter of the triangle. Hence: $xy + yz + zx = -s^2 + ab + ab + bc + ca = r(4R + r)$, be the well-known relations [1], $ab + bc + ca = s^2 + 4Rr + r^2$. The inequality is transformed to $(xy + yz + zx) \left(\frac{1}{(x+y)^2} + \frac{1}{(y+z)^2} + \frac{1}{(z+x)^2} \right) \geq \frac{9}{4}$, and this is a famous inequality, [2].

Remark 1. By Euler's inequality $R \geq 2r$, we have $(9R + 2r)(R - 2r) \geq 0$. Hence

$\frac{9}{4r(4R+r)} \geq \frac{1}{R^2}$. Thus the inequality is a sharpening of the well-known inequality

$$\frac{1}{a^2} + \frac{1}{b^2} + \frac{1}{c^2} \geq \frac{1}{R^2}$$

References

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[1] O. Bottema, R.Z. Djordjevic, R. R. Janic, D. S. Mitrinovic, P.M. Vasic, *Geometric inequalities., Groningen, Wolters-Noordhoff, 1969.*

[2] CRUX Mathematicorum, 1994, No. 4, p. 108, Problem 1940

UP.115. Evaluate:

$$\int_0^{\infty} \frac{\ln(x) \sin(x)}{(x)^{\frac{1}{2}}} dx$$

Proposed by Arafat Rahman Akib – Dhaka – Bangladesh

Solution by Feti Sinani-Podujeve-Kosovo

$$\begin{aligned} \int_0^{+\infty} \frac{\ln(x) \sin x}{x^{\frac{1}{2}}} dx &= \operatorname{Im} \int_0^{+\infty} e^{xi} x^{-\frac{1}{2}} \ln(x) dx = \left[\frac{x}{i} = t \right] = \operatorname{Im} \int_0^{+\infty} e^{-x} x^{-\frac{1}{2}} \ln(xi) i^{\frac{1}{2}} dx = \\ &= \operatorname{Im} \left(\int_0^{+\infty} e^{-x} x^{-\frac{1}{2}} \ln(x) \left(e^{i\frac{\pi}{2}} \right)^{\frac{1}{2}} dx + \operatorname{Im} \int_0^{+\infty} e^{-x} x^{-\frac{1}{2}} \ln \left(e^{i\frac{\pi}{2}} \right) \left(e^{i\frac{\pi}{2}} \right)^{\frac{1}{2}} dx \right) = \\ &= \operatorname{Im} \left(\Gamma \left(\frac{1}{2} \right) \left(\cos \frac{\pi}{4} + i \sin \frac{\pi}{4} \right) + \Gamma \left(\frac{1}{2} \right) \frac{\pi}{2} i \left(\cos \frac{\pi}{4} + i \sin \frac{\pi}{4} \right) \right) = \\ &= \frac{\sqrt{2}}{2} \left(\Gamma \left(\frac{1}{2} \right) + \frac{\pi}{2} \Gamma \left(\frac{1}{2} \right) \right) = \frac{\Gamma \left(\frac{1}{2} \right)}{\sqrt{2}} \left(\Psi \left(\frac{1}{2} \right) + \frac{\pi}{2} \right) = \sqrt{\frac{\pi}{2}} \left(-\gamma - 2 \ln 2 + \frac{\pi}{2} \right) \end{aligned}$$

UP.116. Prove that:

$$\sum_{n=1}^{\infty} \left((-1)^{n-1} \frac{H_n^4 + 6H_n^2 H_n^{(2)} + 3(H_n^{(2)})^2 + 8H_n H_n^{(3)} + 6H_n^{(4)}}{n} \right) = 24Li_5 \left(\frac{1}{2} \right)$$

Proposed by Ali Shather – An Nasiriyah – Iraq, Shivam Sharma – New Delhi – India

Solution by proposers

Apply the Stirling's second sum, we get,

$$\int_0^1 x^{n-1} \ln^k(1-x) dx = (-1)^k \frac{2}{k} \binom{n}{k} \quad (1)$$

where,

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$$\frac{2}{k} \binom{n}{k} = \sum_{j=0}^{k-1} \binom{k-1}{j} (k-j-1)! H_n^{(k-j)} \frac{2}{j} \binom{n}{j}$$

Putting $k = 4$, we get,

$$\frac{2}{4} \binom{n}{4} = H_n^4 + 6H_n^2 H_n^{(2)} + 3(H_n^{(2)})^2 + 8H_n H_n^{(3)} + 6H_n^{(4)} \quad (2)$$

then using (1) & (2), and then summing both sides, we get

$$\begin{aligned} -S &= \sum_{n=1}^{\infty} (-1)^n \int_0^1 x^{n-1} \ln^4(1-x) dx \Rightarrow \int_0^1 \sum_{n=1}^{\infty} (-x)^n \frac{\ln^4(1-x)}{x} dx \\ &\Rightarrow \int_0^1 \frac{\ln^4(1-x)}{1+x} dx \end{aligned}$$

Replace, $x \rightarrow 1-x$

$$\begin{aligned} &\Rightarrow \int_0^1 \frac{\ln^4(x)}{2-x} dx \Rightarrow \frac{1}{2} \sum_{n=0}^{\infty} \int_0^1 \frac{x^n}{2^n} \ln^4(x) dx \Rightarrow \sum_{n=1}^{\infty} \frac{1}{2^n} \int_0^1 x^{n-1} \ln^4(x) dx \\ &\Rightarrow \sum_{n=0}^{\infty} \frac{1}{2^n} \cdot \frac{\partial^4}{\partial n^4} \left[\int_0^1 x^{n-1} dx \right] \Rightarrow \\ &\Rightarrow \sum_{n=0}^{\infty} \frac{1}{2^n} \left[\frac{x^n \ln^4(x)}{n} - \frac{4x^n}{n^2} \ln^3(x) + 12 \frac{x^n}{n^3} \ln^2(x) - 24 \frac{x^n}{n^4} \ln(x) + 24 \frac{x^n}{n^5} \right]_0^1 \Rightarrow \\ &\Rightarrow 24 \sum_{n=1}^{\infty} \left(\frac{\left(\frac{1}{2}\right)^n}{n^5} \right) \Rightarrow 24 Li_5 \left(\frac{1}{2} \right) \end{aligned}$$

$$(OR) -S = 24 Li_5 \left(\frac{1}{2} \right) \quad (OR) S = -24 Li_5 \left(\frac{1}{2} \right) \quad (Answer)$$

UP.117. Let $a, b, c \in \left[\frac{1}{2}; 3 \right)$ be positive real numbers such that: $a + b + c = 3$. Prove that:

$$\frac{\sqrt[4]{a} + \sqrt[4]{b} + \sqrt[4]{c}}{30} + \frac{11}{40} \geq \frac{3(ab+bc+ca-2)}{2(\sqrt[3]{a} + \sqrt[3]{b} + \sqrt[3]{c} + 1)} \quad (*)$$

Proposed by Hoang Le Nhat Tung – Hanoi – Vietnam

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Solution by proposer

** By AM-GM inequality we have:*

$$a^3 + a^3 + a^3 + \sqrt[4]{a} + \sqrt[4]{a} + \sqrt[4]{a} + \sqrt[4]{a} + 1 + 1 + 1 \geq 10 \cdot \sqrt[10]{a^3 \cdot a^3 \cdot a^3 \cdot (\sqrt[4]{a})^4 \cdot 1 \cdot 1 \cdot 1} =$$

$$= 10 \cdot \sqrt[10]{a^{10}} = 10a \Rightarrow 3a^3 + 4 \cdot \sqrt[4]{a} + 3 \geq 10a \Rightarrow 4 \cdot \sqrt[4]{a} \geq 10a - 3a^3 - 3 \quad (1)$$

- *Other, because $a, b, c > 0$; $a + b + c = 3 \Rightarrow a < 3 \Rightarrow (a - 3)(a - 1)^2 \leq 0 \Leftrightarrow (a - 3)(a^2 - 2a + 1) \leq 0$*

$$\Leftrightarrow a^3 - 5a^2 + 7a - 3 \leq 0 \Leftrightarrow a^3 \leq 5a^2 - 7a + 3 \quad (2)$$

- *Let (1), (2): $\Rightarrow 4\sqrt[4]{a} \geq 10a - 3(5a^2 - 7a + 3) - 3 = 31a - 15a^2 - 12 \Rightarrow \sqrt[4]{a} \geq \frac{31a - 15a^2 - 12}{4}$*

+ *Similar: $\sqrt[4]{b} \geq \frac{31b - 15b^2 - 12}{4}$; $\sqrt[4]{c} \geq \frac{31c - 15c^2 - 12}{4}$*

- *Therefore: $\sqrt[4]{a} + \sqrt[4]{b} + \sqrt[4]{c} \geq \frac{31(a+b+c) - 15(a^2+b^2+c^2) - 36}{4} = \frac{31 \cdot 3 - 15(a^2+b^2+c^2) - 36}{4}$*

$$\Rightarrow \frac{\sqrt[4]{a} + \sqrt[4]{b} + \sqrt[4]{c}}{30} \geq \frac{57 - 15[(a+b+c)^2 - 2(ab+bc+ca)]}{120} = \frac{30(ab+bc+ca) - 78}{120} = \frac{ab+bc+ca}{4} - \frac{13}{20}$$

$$\Rightarrow \frac{\sqrt[4]{a} + \sqrt[4]{b} + \sqrt[4]{c}}{30} + \frac{11}{40} \geq \frac{ab+bc+ca}{4} - \frac{3}{8} \quad (3)$$

+ *Other: $\sqrt[3]{a} + \sqrt[3]{a} + \sqrt[3]{a} + a^2 + a^2 \geq 5 \cdot \sqrt[5]{(\sqrt[3]{a})^3 \cdot a^2 \cdot a^2} = 5 \cdot \sqrt[5]{a^5} = 5a$*

$$\Leftrightarrow 3 \cdot \sqrt[3]{a} + 2a^2 \geq 5a \Leftrightarrow \sqrt[3]{a} \geq \frac{5a - 2a^2}{3}. \text{ Similar: } \sqrt[3]{b} \geq \frac{5b - 2b^2}{3}; \sqrt[3]{c} \geq \frac{5c - 2c^2}{3}$$

- *Therefore: $\sqrt[3]{a} + \sqrt[3]{b} + \sqrt[3]{c} \geq \frac{5(a+b+c) - 2(a^2+b^2+c^2)}{3} = \frac{5 \cdot 3 - 2[(a+b+c)^2 - 2(ab+bc+ca)]}{3}$*

$$\Rightarrow \sqrt[3]{a} + \sqrt[3]{b} + \sqrt[3]{c} \geq \frac{15 - 2 \cdot 3^2 + 4(ab+bc+ca)}{3} \Leftrightarrow \sqrt[3]{a} + \sqrt[3]{b} + \sqrt[3]{c} \geq \frac{4(ab+bc+ca) - 3}{3} \quad (4)$$

- *Because $a, b, c \in [\frac{1}{2}; 3] \Rightarrow (a - \frac{1}{2})(b - \frac{1}{2}) + (b - \frac{1}{2})(c - \frac{1}{2}) + (c - \frac{1}{2})(a - \frac{1}{2}) \geq 0$*

$$\Leftrightarrow ab + bc + ca \geq a + b + c - \frac{3}{4} = 3 - \frac{3}{4} = \frac{9}{4} \Rightarrow ab + bc + ca - 2 > 0 \quad (5)$$

+ *Let (4), (5): $\Rightarrow \frac{3(ab+bc+ca-2)}{2(\sqrt[3]{a} + \sqrt[3]{b} + \sqrt[3]{c} + 1)} \leq \frac{3(ab+bc+ca-2)}{\frac{8(ab+bc+ca)}{3}} = \frac{9(ab+bc+ca-2)}{8(ab+bc+ca)}$* (6)

- *Let (3), (6), (*). We need to prove: $\frac{ab+bc+ca}{4} - \frac{3}{8} \geq \frac{9(ab+bc+ca-2)}{8(ab+bc+ca)} \Leftrightarrow$*

$$\Leftrightarrow \frac{ab+bc+ca}{4} + \frac{9}{4(ab+bc+ca)} \geq \frac{3}{2} \quad (\text{True because by AM-GM inequality}) \text{ and we get the result.}$$

+ *Equality occurs if: $a = b = c = 1$.*

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UP.118. Prove that:

$$\int_0^{\infty} x^p \sqrt{\frac{1 + \sqrt{1 + x^2}}{1 + x^2}} dx = 2^{p+\frac{1}{2}} B\left(\frac{p+1}{2}, -p - \frac{1}{2}\right); -1 < p < -\frac{1}{2}$$

Proposed by Shivam Sharma - New Delhi - India

Solution 1 by Abdulrahman Hamed Balfaqih - Tarim - Yemen

$$\begin{aligned} \sqrt{1 + x^2} = 2 \tan^2 y + 1 &\Rightarrow I = \int_0^{\infty} (x^2)^{\frac{p}{2}} \sqrt{\frac{1 + \sqrt{1 + x^2}}{1 + x^2}} dx = \\ &= 2^{p+\frac{3}{2}} \int_0^{\frac{\pi}{2}} \sin^p y \cos^{-2p-2} y dy = 2^{p+\frac{1}{2}} \beta\left(\frac{p+1}{2}, -p - \frac{1}{2}\right); -1 < p < -\frac{1}{2} \end{aligned}$$

Solution 2 by Khalef Ruhemi - Jarash - Jordan

$$\begin{aligned} \int_0^{\infty} x^{-\frac{1}{2}} \cdot e^{-x} \cdot \cos(Bx) dx &= \Gamma\left(\frac{1}{2}\right) (1 + \beta^2)^{-\frac{1}{4}} \cos\left(\frac{1}{2} \cos^{-1}\left(\frac{1}{\sqrt{1 + B^2}}\right)\right) \\ &= \frac{\sqrt{\pi}}{(1 + \beta^2)^{\frac{1}{4}}} \cdot \frac{1}{\sqrt{2}} \cdot \frac{\sqrt{1 + \sqrt{1 + B^2}}}{(1 + B^2)^{\frac{1}{4}}} = \sqrt{\frac{\pi}{2}} \cdot \sqrt{\frac{1 + \sqrt{1 + B^2}}{1 + B^2}} \\ \Rightarrow \sqrt{\frac{\pi}{2}} \int_0^{\infty} B^p \sqrt{\frac{1 + \sqrt{1 + B^2}}{1 + B^2}} \cdot dB &= \int_0^{\infty} \left(x^{-\frac{1}{2}} \cdot e^{-x} \cdot \int_0^{\infty} B^p \cdot \cos(Bx) dB \right) dx \\ &= -\Gamma(1 + p) \sin\left(\frac{\pi p}{2}\right) \int_0^{\infty} x^{-\frac{3}{2}-p} \cdot e^{-x} dx, -\frac{1}{2} > p > -1 \\ &= -\Gamma(1 + p) \Gamma\left(-\frac{1}{2} - p\right) \sin\left(\frac{\pi p}{2}\right) \Rightarrow -1 \\ \Rightarrow \int_0^{\infty} x^p \sqrt{\frac{1 + \sqrt{1 + B^2}}{1 + B^2}} \cdot dB &= -\sqrt{\frac{2}{\pi}} \cdot \Gamma(1 + p) \Gamma\left(-\frac{1}{2} - p\right) \sin\left(\frac{\pi p}{2}\right) \\ &= -\sqrt{\frac{2}{\pi}} \cdot \Gamma\left(-\frac{1}{2} - p\right) \sin\left(\frac{\pi p}{2}\right) x \cdot \frac{1}{\sqrt{\pi}} \cdot 2^p \cdot \Gamma\left(\frac{p+1}{2}\right) \Gamma\left(\frac{p}{2} + 1\right) \end{aligned}$$

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$$\begin{aligned}
 &= -\frac{(2)^{p+\frac{1}{2}}}{\pi} \cdot \Gamma\left(-\frac{1}{2}-p\right) \Gamma\left(\frac{p+1}{2}\right) \Gamma\left(\frac{p}{2}+1\right) x \frac{-\pi}{\Gamma\left(-\frac{p}{2}\right) \Gamma\left(\frac{\pi}{2}+1\right)} \\
 &= (2)^{p+\frac{1}{2}} \cdot \frac{\Gamma\left(\frac{p+1}{2}\right) \Gamma\left(-\frac{1}{2}-p\right)}{\Gamma\left(-\frac{p}{2}\right)} = 2^{p+\frac{1}{2}} \cdot B\left(\frac{p+1}{2}, -p-\frac{1}{2}\right) \\
 \therefore \int_0^{\infty} x^p \cdot \sqrt{\frac{1+\sqrt{1+x^2}}{1+x^2}} \cdot dx &= (2)^{p+\frac{1}{2}} \cdot B\left(\frac{p+1}{2}, -p-\frac{1}{2}\right)
 \end{aligned}$$

Solution 3 by Togrul Ehmedov-Baku-Azerbaijan

$$\begin{aligned}
 1+x^2=y^2 \Rightarrow x &= \sqrt{y^2-1} \Rightarrow dx = \frac{y}{\sqrt{y^2-1}} dy \\
 I &= \int_0^{\infty} x^p \sqrt{\frac{1+\sqrt{1+x^2}}{1+x^2}} dx = \int_0^{\infty} (y^2-1)^{\frac{p}{2}} \frac{dy}{\sqrt{y-1}} = \int_0^{\infty} \frac{(y-1)^{\frac{p}{2}} (y+1)^{\frac{p}{2}}}{(y-1)^{\frac{1}{2}}} dy \\
 &= \int_0^{\infty} (y-1)^{\frac{p-1}{2}} (y+1)^{\frac{p}{2}} dy \\
 \frac{1}{y-1} &= t \Rightarrow y = \frac{1}{t} - 1 \Rightarrow dy = -\frac{1}{t^2} dt \\
 I &= \int_0^{\infty} t^{\frac{1-p}{2}} \left(\frac{1+2t}{t}\right)^{\frac{p}{2}} \frac{dt}{t^2} = \int_0^{\infty} t^{\frac{-2p-3}{2}} (1+2t)^{\frac{p}{2}} dt \\
 2t &= z \Rightarrow \frac{z}{2} \Rightarrow dt = \frac{dz}{2} \\
 I &= \int_0^{\infty} 2^{\frac{2p+1}{2}} z^{\frac{-2p-3}{2}} (1+z)^{\frac{p}{2}} dz = 2^{p+\frac{1}{2}} \int_0^{\infty} \frac{z^{\frac{-2p-3}{2}}}{(1+z)^{\frac{p}{2}}} dz \\
 &= 2^{p+\frac{1}{2}} B\left(\frac{p+1}{2}, -p-\frac{1}{2}\right)
 \end{aligned}$$

Note: $B(x, y) = \int_0^{\infty} \frac{t^{x-1}}{(1+t)^{x+y}} dt, \operatorname{Re}(x) > 0; \operatorname{Re}(y) > 0$

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UP.119. Prove that:

$$\sum_{k=1}^{\infty} \left(\frac{H_k^{(2)}}{k^9} \right) = 9\zeta(2)\zeta(9) + 2\zeta(3)\zeta(8) + 6\zeta(4)\zeta(7) + 4\zeta(5)\zeta(6) - 27\zeta(11)$$

Proposed by Ali Shather and Shivam Sharma

Solution by Ali Shather and Shivam Sharma

$$\begin{aligned} S &= \sum_{k=1}^{\infty} \frac{H_k^{(3)}}{n^8} = \sum_{n=1}^{\infty} \frac{1}{n^8} \left(\zeta(3) - \sum_{k=1}^{\infty} \frac{1}{(n+k)^3} \right) = \zeta(3)\zeta(8) + \sum_{k=1}^{\infty} \sum_{n=1}^{\infty} \frac{-1}{n^8(n+k)^3} \\ S &= \zeta(3)\zeta(8) + \sum_{k=1}^{\infty} \sum_{n=1}^{\infty} \left[\frac{36}{k^{10}n} - \frac{36}{k^{10}(k+n)} - \frac{28}{k^9n^2} - \frac{8}{k^9(k+n)^2} + \frac{21}{k^8n^5} - \right. \\ &\quad \left. - \frac{1}{k^5(k+n)^3} - \frac{15}{k^7n^4} + \frac{10}{k^6n^5} - \frac{6}{k^5n^6} + \frac{3}{k^4n^7} - \frac{1}{k^3n^8} \right] \\ S &= \zeta(3)\zeta(8) + \sum_{k=1}^n \left[\frac{36H_k}{k^{10}} - \frac{28\zeta(2)}{k^9} - \frac{8}{k^9} (\zeta(2) - H_k^{(2)}) + \frac{21\zeta(3)}{k^8} - \frac{35}{k^8} (\zeta(3) - H_k^{(3)}) - \right. \\ &\quad \left. - \frac{15\zeta(4)}{k^7} + \frac{10\zeta(5)}{k^6} - \frac{6\zeta(6)}{k^5} + \frac{3\zeta(7)}{k^4} - \frac{\zeta(8)}{k^3} \right] \\ S &= \zeta(3)\zeta(8) + \left[\begin{aligned} &36(6\zeta(11) - \zeta(2)\zeta(9) - \zeta(3)\zeta(8) - \zeta(4)\zeta(7) - \zeta(5)\zeta(6)) - \\ &-28\zeta(2)\zeta(9) - 8\zeta(2)\zeta(9) + 8 \sum_{k=1}^{\infty} \frac{H_k^{(2)}}{k^8} + 21\zeta(3)\zeta(8) - \zeta(3)\zeta(8) + \\ &+ S - 15\zeta(4)\zeta(7) + 10\zeta(5)\zeta(6) - 6\zeta(6)\zeta(5) + 3\zeta(7)\zeta(4) - \zeta(8)\zeta(3) \end{aligned} \right] \\ -8 \sum_{k=1}^{\infty} \frac{H_k^{(2)}}{k^9} &= 216\zeta(11) - 72\zeta(2)\zeta(9) - 16\zeta(3)\zeta(8) - 48\zeta(4)\zeta(7) - 32\zeta(5)\zeta(6) \end{aligned}$$

Or

$$\sum_{k=1}^{\infty} \frac{H_k^{(2)}}{k^9} = 9\zeta(2)\zeta(9) + 2\zeta(3)\zeta(8) + 6\zeta(4)\zeta(7) + 4\zeta(5)\zeta(6) - 27\zeta(11)$$

UP.120. Prove that in any acute-angled triangle ABC the following relationship holds:

$$\sqrt{2} \sum (\sin A + \cos A) > \sum \sin C (1 + \cos 2(A - B))$$

Proposed by Daniel Sitaru – Romania

Solution by Soumava Chakraborty-Kolkata-India

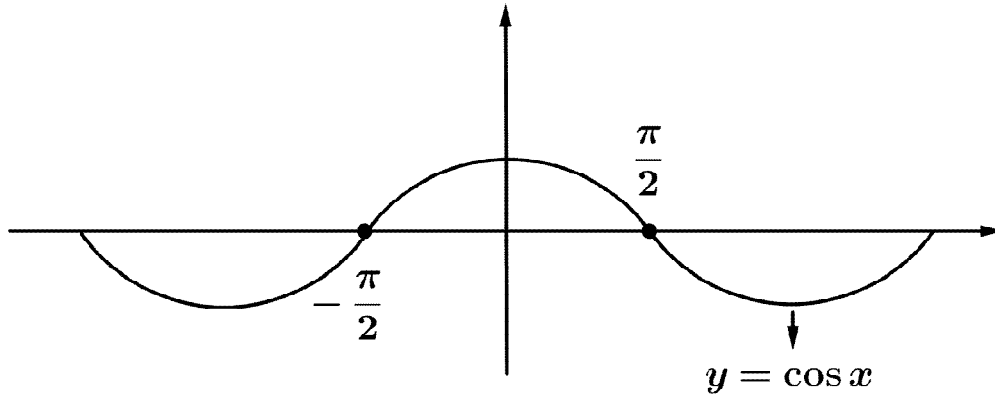
$$\Delta ABC \text{ is acute-angled, } \therefore 0 < A, B, C < \frac{\pi}{2} \therefore 0 < A < \frac{\pi}{2} \text{ \& } -\frac{\pi}{2} < -B < 0$$

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Adding these last 2, $-\frac{\pi}{2} < A - B < \frac{\pi}{2}$



From the graph, we see $0 < \cos(A - B) \leq 1$ (1)

Similarly, $0 < \cos(B - C) \leq 1$ (2)

$0 < \cos(C - A) \leq 1$ (3)

$$\therefore \sum \sin C (1 + \cos 2(A - B)) = \sum \sin C \cdot 2 \cos^2(A - B)$$

$$\stackrel{\text{by (1),(2),(3)}}{\leq} \sum 2 \sin C = 2 \sum \sin A < \sqrt{2} \sum (\sin A + \cos A)$$

$$\Leftrightarrow \sqrt{2} \sum \cos A > (2 - \sqrt{2}) \sum \sin A \Leftrightarrow \sqrt{2} \left(\frac{R+r}{R}\right) > (2 - \sqrt{2}) \left(\frac{S}{R}\right)$$

$$\Leftrightarrow 2(R+r)^2 > (6 - 4\sqrt{2})s^2 \quad (a)$$

$$\because 128 > 121 \therefore 8\sqrt{2} > 11 \Rightarrow 4\sqrt{2} > \frac{11}{2} = 6 - \frac{1}{2} \Rightarrow \frac{1}{2} > 6 - 4\sqrt{2} \quad (4)$$

(4) \Rightarrow in order to prove (a), it suffices to show: $2(R+r) > \frac{1}{2}s^2 \Leftrightarrow$

$$\Leftrightarrow s^2 < 4(R+r)^2 \quad (b)$$

Now, LHS of (b) $\stackrel{\text{Gerretsen}}{\leq} 4R^2 + 4Rr + 3r^2 < 4R^2 + 8Rr + 4r^2 \Leftrightarrow$

$$\Leftrightarrow 4Rr + r^2 > 0 \rightarrow \text{true} \Rightarrow (b) \text{ is true} \Rightarrow (a) \text{ is true}$$

(proved)