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In any $\triangle ABC$, the following relationship holds :

$$\min \left\{ \sum_{\text{cyc}} \frac{\sin \frac{A}{2}}{\sin \frac{B}{2} + \sin \frac{C}{2}}, \sum_{\text{cyc}} \frac{\cos A}{\cos B + \cos C} \right\} + \frac{R^n}{r^n} \geq 2^n + \sum_{\text{cyc}} \frac{a^2}{b^2 + c^2}$$

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$$\begin{aligned} \sum_{\text{cyc}} \frac{\cos A}{\cos B + \cos C} &= \sum_{\text{cyc}} \frac{\sum_{\text{cyc}} \cos A - (\cos B + \cos C)}{\cos B + \cos C} \\ &= \left(\sum_{\text{cyc}} \cos A \right) \sum_{\text{cyc}} \frac{1}{2 \sin \frac{A}{2} \cos \frac{B-C}{2}} - 3 \stackrel{0 < \cos \frac{B-C}{2} \leq 1 \text{ and analogs}}{\geq} \frac{1 + \frac{r}{R}}{2} \cdot \sum_{\text{cyc}} \frac{1}{\sin \frac{A}{2}} - 3 \\ &\stackrel{\text{A-G}}{\geq} \frac{3 \left(1 + \frac{r}{R} \right)}{2} \cdot \sqrt[3]{\prod_{\text{cyc}} \frac{1}{\sin \frac{A}{2}}} - 3 = \frac{3 \left(1 + \frac{r}{R} \right)}{2} \cdot \sqrt[3]{\frac{4R}{r}} - 3 \stackrel{\text{Euler}}{\geq} \frac{3 \left(1 + \frac{r}{R} \right)}{2} \cdot \sqrt[3]{8} - 3 \\ &\Rightarrow \sum_{\text{cyc}} \frac{\cos A}{\cos B + \cos C} \geq \frac{3r}{R} \rightarrow (1) \end{aligned}$$

$$\begin{aligned} \text{Now, } \sum_{\text{cyc}} \frac{a^2}{b^2 + c^2} &\stackrel{\text{Reverse Bergstrom}}{\leq} \frac{1}{4} \sum_{\text{cyc}} \left(\frac{a^2}{b^2} + \frac{a^2}{c^2} \right) = \frac{1}{4} \sum_{\text{cyc}} \left(\left(\frac{b}{c} + \frac{c}{b} \right)^2 - 2 \right) \\ &\stackrel{\text{Bandila}}{\leq} \frac{1}{4} \sum_{\text{cyc}} \left(\left(\frac{R}{r} \right)^2 - 2 \right) \Rightarrow \sum_{\text{cyc}} \frac{a^2}{b^2 + c^2} \leq \frac{3R^2}{4r^2} - \frac{3}{2} \rightarrow (2) \end{aligned}$$

$$\therefore \text{ via (1) and (2), in order to prove : } \sum_{\text{cyc}} \frac{\cos A}{\cos B + \cos C} + \frac{R^2}{r^2} - 4 \geq \sum_{\text{cyc}} \frac{a^2}{b^2 + c^2},$$

$$\text{it suffices to prove : } \frac{3r}{R} + \frac{R^2}{r^2} - 4 - \frac{3R^2}{4r^2} + \frac{3}{2} \geq 0 \Leftrightarrow t^3 - 10t + 12 \geq 0 \left(t = \frac{R}{r} \right)$$

$$\Leftrightarrow (t-2) \left((t^2-4) + 2(t-2) + 2 \right) \geq 0 \rightarrow \text{true} \because t \stackrel{\text{Euler}}{\geq} 2$$

$$\therefore \sum_{\text{cyc}} \frac{\cos A}{\cos B + \cos C} + \frac{R^2}{r^2} - 4 \geq \sum_{\text{cyc}} \frac{a^2}{b^2 + c^2} \rightarrow (i)$$

$$\begin{aligned} \text{Again, via Nesbitt and (2), in order to prove : } \sum_{\text{cyc}} \frac{\sin \frac{A}{2}}{\sin \frac{B}{2} + \sin \frac{C}{2}} + \frac{R^2}{r^2} - 4 \\ \geq \sum_{\text{cyc}} \frac{a^2}{b^2 + c^2}, \text{ it suffices to prove : } \frac{3}{2} + \frac{R^2}{r^2} - 4 - \frac{3R^2}{4r^2} + \frac{3}{2} \geq 0 \Leftrightarrow R^2 \geq 4r^2 \end{aligned}$$

$$\rightarrow \text{true via Euler} \therefore \sum_{\text{cyc}} \frac{\sin \frac{A}{2}}{\sin \frac{B}{2} + \sin \frac{C}{2}} + \frac{R^2}{r^2} - 4 \geq \sum_{\text{cyc}} \frac{a^2}{b^2 + c^2} \rightarrow (ii)$$

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$$\begin{aligned} \therefore (i), (ii) &\Rightarrow \min \left\{ \sum_{\text{cyc}} \frac{\sin \frac{A}{2}}{\sin \frac{B}{2} + \sin \frac{C}{2}}, \sum_{\text{cyc}} \frac{\cos A}{\cos B + \cos C} \right\} + \frac{R^2}{r^2} - 4 \geq \sum_{\text{cyc}} \frac{a^2}{b^2 + c^2} \\ &\Rightarrow \frac{R^2}{r^2} - 4 \geq \sum_{\text{cyc}} \frac{a^2}{b^2 + c^2} - \min \left\{ \sum_{\text{cyc}} \frac{\sin \frac{A}{2}}{\sin \frac{B}{2} + \sin \frac{C}{2}}, \sum_{\text{cyc}} \frac{\cos A}{\cos B + \cos C} \right\} \rightarrow (iii) \end{aligned}$$

Let $F(n) = t^n - 2^n \forall t = \frac{R}{r} \geq 2$ ($t \rightarrow$ fixed) and $\forall n \geq 2$ and then :

$$F'(n) = t^n \cdot (\ln t) - 2^n \cdot (\ln 2) \geq 0$$

$$(\because t^n \geq 2^n \text{ and } \ln t \geq \ln 2 \Rightarrow t^n \cdot (\ln t) - 2^n \cdot (\ln 2) \geq 0)$$

$\therefore F(n)$ is $\uparrow \forall n \geq 2 \Rightarrow F(n) \geq F(2) \Rightarrow$ when both $t = \frac{R}{r}$ and n vary,

$$\left(\frac{R}{r}\right)^n - 2^n \geq \frac{R^2}{r^2} - 4 \stackrel{\text{via (iii)}}{\geq} \sum_{\text{cyc}} \frac{a^2}{b^2 + c^2} - \min \left\{ \sum_{\text{cyc}} \frac{\sin \frac{A}{2}}{\sin \frac{B}{2} + \sin \frac{C}{2}}, \sum_{\text{cyc}} \frac{\cos A}{\cos B + \cos C} \right\}$$

$$\Rightarrow \min \left\{ \sum_{\text{cyc}} \frac{\sin \frac{A}{2}}{\sin \frac{B}{2} + \sin \frac{C}{2}}, \sum_{\text{cyc}} \frac{\cos A}{\cos B + \cos C} \right\} + \frac{R^n}{r^n} \geq 2^n + \sum_{\text{cyc}} \frac{a^2}{b^2 + c^2} \forall \Delta ABC,$$

" = " iff ΔABC is equilateral (QED)