

In ΔABC , F –area, R –circumradius, a, b, c –lengths sides and $M, P \in \text{Int}(\Delta ABC)$.

The following relationship holds:

$$a \cdot AP \cdot AM + b \cdot BP \cdot BM + c \cdot CP \cdot CM \geq abc \text{ (G. Bennet); (1)}$$

Equality holds if and only if P and M are isogonal conjugate.

Let $P = G$, G –centroid, hence

$$a \cdot AG \cdot AM + b \cdot BG \cdot BM + c \cdot CG \cdot CM \geq abc$$

$$AG = \frac{2}{3}m_a; BG = \frac{2}{3}m_b; CG = \frac{2}{3}m_c$$

$$a \cdot m_a \cdot AM + b \cdot m_b \cdot BM + c \cdot m_c \cdot CM \geq \frac{3}{2}abc = \frac{3}{2} \cdot 4RF = 6RF$$

So, we get:

$$a \cdot m_a \cdot AM + b \cdot m_b \cdot BM + c \cdot m_c \cdot CM \geq 6RF; (2)$$

$$2F = a \cdot h_a = b \cdot h_b = c \cdot h_c$$

$$\frac{a \cdot m_a \cdot AM}{a \cdot h_a} + \frac{b \cdot m_b \cdot BM}{b \cdot h_b} + \frac{c \cdot m_c \cdot CM}{c \cdot h_c} \geq \frac{2RF}{2F}$$

$$\frac{m_a}{h_a} \cdot AM + \frac{m_b}{h_b} \cdot BM + \frac{m_c}{h_c} \cdot CM \geq 3R; (3)$$

$$\frac{R}{2r} \geq \frac{m_a}{h_a} \text{ (Panaitopol)}$$

$$\frac{R}{2r}(AM + BM + CM) \geq 3R \Rightarrow AM + BM + CM \geq 6r; (4)$$

Let K –intersection point of simmedians. If $P = K, AK = \frac{2bc}{a^2+b^2+c^2} \cdot m_a$, then

$$\frac{2abc}{a^2+b^2+c^2}(m_a \cdot AM + m_b \cdot BM + m_c \cdot CM) \geq abc$$

$$m_a \cdot AM + m_b \cdot BM + m_c \cdot CM \geq \frac{1}{2}(a^2 + b^2 + c^2); (5)$$

$$\text{If } P = O \Rightarrow AP = BP = CP = R,$$

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$$(a \cdot AM + b \cdot BM + c \cdot CM) \cdot R \geq abc$$

$$a \cdot AM + b \cdot BM + c \cdot CM \geq 4F; (abc = 4F) \Rightarrow$$

$$\frac{AM}{h_a} + \frac{BM}{h_b} + \frac{CM}{h_c} \geq 2; (6)$$

Let N_a –Nagel's point, $AN_a = \frac{a \cdot n_a}{s}$. If $P = N_a$, then:

$$\frac{a^2 \cdot n_a}{s} \cdot AM + \frac{b^2 \cdot n_b}{s} \cdot BM + \frac{c^2 \cdot n_c}{s} \cdot CM \geq abc$$

$$a^2 \cdot n_a \cdot AM + b^2 \cdot n_b \cdot BM + c^2 \cdot n_c \cdot CM \geq s \cdot abc; (7)$$

$$\frac{a \cdot n_a}{h_a} \cdot AM + \frac{b \cdot n_b}{h_b} \cdot BM + \frac{c \cdot n_c}{h_c} \cdot CM \geq 2Rs; (8)$$

$$\frac{n_a}{h_a} \cdot \frac{AM}{bc} + \frac{n_b}{h_b} \cdot \frac{BM}{ac} + \frac{n_c}{h_c} \cdot \frac{CM}{ab} \geq \frac{2Rs}{abc} = \frac{1}{2r}$$

But: $bc = 2R \cdot h_a, ca = 2R \cdot h_b, ab = 2R \cdot h_c$, then:

$$\frac{n_a}{h_a^2} \cdot AM + \frac{n_b}{h_b^2} \cdot BM + \frac{n_c}{h_c^2} \cdot CM \geq \frac{R}{r}; (9)$$

If $P = I$, I –incenter, we have: $AI = \frac{r}{\sin \frac{A}{2}}$, $a = 4R \cdot \sin \frac{A}{2} \cos \frac{A}{2}$.

$$\sum_{cyc} 4R \cdot \sin \frac{A}{2} \cos \frac{A}{2} \cdot \frac{r}{\sin \frac{A}{2}} \cdot AM \geq 4RF;$$

$$AM \cdot \cos \frac{A}{2} + BM \cdot \cos \frac{B}{2} + CM \cdot \cos \frac{C}{2} \geq \frac{F}{r} = s; (10)$$

Let Ω –be the first Brocard's point and ω –Brocard's angle.then:

$$A\Omega = 2R \cdot \frac{b}{a} \cdot \sin \omega, B\Omega = 2R \cdot \frac{c}{b} \cdot \sin \omega, C\Omega = 2R \cdot \frac{a}{c} \cdot \sin \omega$$

$$\sin \omega = \frac{2F}{\sqrt{a^2 b^2 + b^2 c^2 + c^2 a^2}}$$

$$a \cdot A\Omega \cdot AM + b \cdot B\Omega \cdot BM + c \cdot C\Omega \cdot CM \geq abc$$

$$2R \cdot \sin \omega (b \cdot AM + c \cdot BM + a \cdot CM) \geq abc = 4RF$$

$$b \cdot AM + c \cdot CM + a \cdot CM \geq \sqrt{a^2 b^2 + b^2 c^2 + c^2 a^2}; (11)$$

G_a –Gergonne's point, then $AG_e = \frac{g_a(r_b+r_c)}{4R+r}$

From Bennet's inequality, we have that:

$$\sum_{cyc} a \cdot AM \cdot g_a(r_b + r_c) \geq (4R + r)abc; \quad (12)$$

$$bc = 2R \cdot h_a; abc = 4RF \Rightarrow$$

$$\sum_{cyc} \frac{g_a(r_b + r_c)}{h_a} \cdot AM \geq 2R(4R + r); \quad (13)$$

If $M = \Omega$, Ω – the first point of Brocard's, it follows that:

$$\sum_{cyc} b g_a(r_b + r_c) \geq (4R + r) \sqrt{a^2 b^2 + b^2 c^2 + c^2 a^2}; \quad (14)$$

If $M \in \text{Int}(\Delta ABC)$ then:

$$AM \cdot \cos \frac{A}{2} + BM \cdot \cos \frac{B}{2} + CM \cdot \cos \frac{C}{2} \geq s$$

$$\text{Let } M = G \Rightarrow AG = \frac{2}{3}m_a; BG = \frac{2}{3}m_b; CG = \frac{2}{3}m_c, \text{ thus,}$$

$$m_a \cdot \cos \frac{A}{2} + m_b \cdot \cos \frac{B}{2} + m_c \cdot \cos \frac{C}{2} \geq \frac{3}{2}s; \quad (15)$$

If $M = \Omega$, Ω – the first point of Brocard's, it follows that:

$$\frac{b}{a} \cdot \cos \frac{A}{2} + \frac{c}{b} \cdot \cos \frac{B}{2} + \frac{a}{c} \cdot \cos \frac{C}{2} \geq \frac{s}{2R} \cdot \frac{1}{\sin \omega}$$

$$\frac{1}{\sin \omega} = \frac{\sqrt{a^2 b^2 + b^2 c^2 + c^2 a^2}}{2F}; 2F = 2sr$$

$$\frac{b}{a} \cdot \cos \frac{A}{2} + \frac{c}{b} \cdot \cos \frac{B}{2} + \frac{a}{c} \cdot \cos \frac{C}{2} \geq \frac{\sqrt{a^2 b^2 + b^2 c^2 + c^2 a^2}}{4RF}; \quad (16)$$

$$\cos \frac{A}{2} = \frac{s}{\sqrt{s^2 + r_a^2}}; s^2 = n_a^2 + 2r_a h_a \Rightarrow \cos \frac{A}{2} = \frac{s}{\sqrt{n_a^2 + r_a^2 + 2r_a h_a}}$$

$$n_a^2 + r_a^2 \geq 2r_a h_a \Rightarrow \frac{AM}{\sqrt{s^2 + r_a^2}} + \frac{BM}{\sqrt{s^2 + r_b^2}} + \frac{CM}{\sqrt{s^2 + r_c^2}} \geq 1; \quad (17)$$

$$\sum_{cyc} \frac{AM}{\sqrt{r_a(n_a + h_a)}} \geq \sqrt{2}; \quad (18)$$

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Let $M = G$ and from (18), we get:

$$\sum_{cyc} \frac{m_a}{\sqrt{r_a(n_a + h_a)}} \geq \frac{3\sqrt{2}}{2}; (19)$$

If $M = N_a; AN_a = \frac{a \cdot n_a}{s}$ and from (18), we get:

$$\sum_{cyc} \frac{a \cdot n_a}{\sqrt{r_a(n_a + h_a)}} \geq s\sqrt{2}; (20)$$

If $M = N_a; AN_a = \frac{a \cdot n_a}{s}$ and from (10), we get:

$$\sum_{cyc} an_a \cdot \cos \frac{A}{2} \geq s^2; (21)$$

If $M = G_e, G_e$ –Gergonne's point and from (10), we get:

$$\sum_{cyc} \frac{g_a(r_b + r_c)}{4R + r} \cdot \cos \frac{A}{2} \geq s \Rightarrow \sum_{cyc} g_a(r_b + r_c) \cos \frac{A}{2} \geq (4R + r)s; (22)$$

Using $\cos \frac{A}{2} = \frac{s}{\sqrt{s^2 + r_a^2}}$ and from (21), (22), we get:

$$\sum_{cyc} \frac{an_a}{\sqrt{r_a^2 + s^2}} \geq s; (23) \text{ and } \sum_{cyc} \frac{g_a(r_b + r_c)}{\sqrt{r_a^2 + s^2}} \geq 4R + r; (24)$$

If $M = G_e; AG_e = \frac{g_a(r_b + r_c)}{4R + r}$ and using (18), it follows that:

$$\sum_{cyc} \frac{g_a(r_b + r_c)}{\sqrt{r_a(n_a + h_a)}} \geq (4R + r)\sqrt{2}; (25)$$

Let a, b, c –be lengths sides of a triangle, then the system

$$x + y = c, y + z = a, z + x = b \text{ has unique solution } x = \frac{b+c-a}{2}, y = \frac{a+c-b}{2}, z = \frac{a+b-c}{2}$$

$$x = s - a; y = s - b; z = s - c; 2s = a + b + c = 2(x + y + z)$$

$$\cos \frac{A}{2} = \sqrt{\frac{s(s-a)}{bc}} = \sqrt{\frac{x(x+y+z)}{(x+y)(x+z)}}; x, y, z > 0$$

$$AM \cdot \cos \frac{A}{2} + BM \cdot \cos \frac{B}{2} + CM \cdot \cos \frac{C}{2} \geq s \Rightarrow$$

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$$\sqrt{x+y+z} \sum_{cyc} AM \sqrt{\frac{x}{(x+y)(x+z)}} \geq x+y+z$$

Finally, for $M \in \text{Int}(\Delta ABC)$; $x, y, z > 0$, we have:

$$\sum_{cyc} AM \sqrt{\frac{x}{(x+y)(x+z)}} \geq \sqrt{x+y+z}; (26)$$

$$\cos A \cos B \cos C = \frac{s^2 - (2R + r)^2}{4R^2}$$

In acute ΔABC , $\cos A, \cos B, \cos C \geq 0 \Rightarrow s^2 - (2R + r)^2 \geq 0 \Rightarrow s \geq 2R + r$. Thus,

$$\sum_{cyc} AM \cdot \cos \frac{A}{2} \geq 2R + r; (27); \{\Delta ABC - \text{acute}, M \in \text{Int}(\Delta ABC)\}$$

In acute ΔABC , $M \in \text{Int}(\Delta ABC)$, we have:

$$\sum_{cyc} \frac{an_a}{h_a} \cdot AM \geq 2R(2R + r); (28)$$

$$\sum_{cyc} m_a \cdot \cos \frac{A}{2} \geq \frac{3}{2}(2R + r); (29)$$

$$\sum_{cyc} \frac{an_a}{\sqrt{r_a(n_a + h_a)}} \geq (2R + r)\sqrt{2}; (30)$$

$$\sum_{cyc} g_a(r_b + r_c) \cos \frac{A}{2} \geq (4R + r)(2R + r); (31)$$

$$\sum_{cyc} \frac{an_a}{\sqrt{r_a^2 + s^2}} \geq 2R + r; (32)$$

$$\sum_{cyc} \frac{an_a}{\sqrt{r_a^2 + (2R + r)^2}} \geq s; (33)$$

$$\sum_{cyc} \frac{g_a(r_b + r_c)}{\sqrt{r_a^2 + (2R + r)^2}} \geq 4R + r; (34)$$

If in ΔABC , $A \geq B \geq \frac{\pi}{3} \geq C$, then $s \geq (R + r)\sqrt{3}$; $\tan \frac{A}{2}, \tan \frac{B}{2} \geq \frac{\sqrt{3}}{3}$ and $\tan C \leq \frac{\sqrt{3}}{3}$. So,

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$$\prod_{cyc} \left(\tan \frac{A}{2} - \frac{\sqrt{3}}{3} \right) \leq 0 \Leftrightarrow \prod_{cyc} \tan \frac{A}{2} - \frac{\sqrt{3}}{3} \sum_{cyc} \tan \frac{B}{2} \tan \frac{C}{2} + \frac{1}{3} \sum_{cyc} \tan \frac{A}{2} - \frac{\sqrt{3}}{9} \leq 0$$

$$\frac{r}{s} - \frac{\sqrt{3}}{3} + \frac{1}{3} \cdot \frac{4R+r}{s} - \frac{\sqrt{3}}{9} \leq 0; \sum_{cyc} \tan \frac{B}{2} \tan \frac{C}{2} = 1; \sum_{cyc} \tan \frac{A}{2} = \frac{4R+r}{s} \Leftrightarrow$$

$$9r + 3(4R+r) - 4\sqrt{3}s \leq 0 \Rightarrow s \geq (R+r)\sqrt{3}$$

If in ΔABC , $A \geq B \geq \frac{\pi}{3} \geq C$, then

$$\sum_{cyc} AM \cdot \cos \frac{A}{2} \geq (R+r)\sqrt{3}; (35)$$

$$\sum_{cyc} \frac{an_a}{h_a} \cdot AM \geq 2R(R+r)\sqrt{3}; (36)$$

$$\sum_{cyc} m_a \cdot \cos \frac{A}{2} \geq \frac{3\sqrt{3}}{2} (R+r); (37)$$

$$\sum_{cyc} \frac{an_a}{\sqrt{r_a(n_a + h_a)}} \geq (R+r)\sqrt{6}; (38)$$

$$\sum_{cyc} g_a(r_b + r_c) \cos \frac{A}{2} \geq (4R+r)(R+r)\sqrt{3}; (39)$$

$$\sum_{cyc} \frac{an_a}{\sqrt{r_a^2 + s^2}} \geq (R+r)\sqrt{3}; (40)$$

$$\sum_{cyc} \frac{g_a(r_b + r_c)}{\sqrt{r_a^2 + 3(R+r)^2}} \geq 4R+r; (41)$$

$$\sum_{cyc} \frac{an_a}{\sqrt{r_a^2 + 3(R+r)^2}} \geq s; (42)$$

$$\sum_{cyc} an_a \cos \frac{A}{2} \geq 3(R+r)^2; (43)$$

In ΔABC the following relationship holds:

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$$\frac{(m_a + m_b + m_c)^2}{a^2 + b^2 + c^2} \leq 2 + \left(\frac{r}{R}\right)^2; \text{ (Sun Wen Cai)}$$

$$(m_a + m_b + m_c)^2 \leq \frac{2R^2 + r^2}{R^2} (a^2 + b^2 + c^2)$$

Using (26), we can write:

$$\sum_{cyc} AM \sqrt{\frac{a^2}{(a^2 + b^2)(a^2 + c^2)}} \geq \sqrt{a^2 + b^2 + c^2}$$

$$\sum_{cyc} \frac{a \cdot AM}{\sqrt{(a^2 + b^2)(a^2 + c^2)}} \geq \sqrt{\frac{R^2}{2R^2 + r^2} (m_a + m_b + m_c)^2}$$

$$\sum_{cyc} \frac{a \cdot AM}{\sqrt{(a^2 + b^2)(a^2 + c^2)}} \geq \frac{R(m_a + m_b + m_c)}{\sqrt{2R^2 + r^2}}$$

$$\because a = 2R \cdot \sin A$$

$$\sum_{cyc} \frac{\sin A}{\sqrt{(a^2 + b^2)(a^2 + c^2)}} \cdot AM \geq \frac{1}{2} \cdot \frac{m_a + m_b + m_c}{\sqrt{2R^2 + r^2}}; \text{ (44)}$$

$$s^2 = n_a^2 + 2r_a h_a \Rightarrow s^2 - n_a^2 = 2r_a h_a \Rightarrow (s + n_a)(s - n_a) = 2r_a h_a \Rightarrow (s + n_a)(s + n_a) + \frac{2r_a h_a}{n_a + s}$$

$$\Rightarrow 3s = n_a + n_b + n_c + 2 \sum_{cyc} \frac{r_a h_a}{n_a + s} \xrightarrow{(10)}$$

$$3 \sum_{cyc} AM \cdot \cos \frac{A}{2} \geq n_a + n_b + n_c + 2 \sum_{cyc} \frac{r_a h_a}{n_a + s}; \text{ (45)}$$

$$2 \sum_{cyc} m_a \cdot \cos \frac{A}{2} \geq n_a + n_b + n_c + 2 \sum_{cyc} \frac{r_a h_a}{n_a + s}; \text{ (46)}$$

$$3 \sum_{cyc} \frac{an_a}{\sqrt{r_a(n_a + h_a)}} \geq \sqrt{2} \left(n_a + n_b + n_c + 2 \sum_{cyc} \frac{r_a h_a}{n_a + s} \right); \text{ (47)}$$

$$3 \sum_{cyc} g_a(r_b + r_c) \cos \frac{A}{2} \geq (4R + r) \left(n_a + n_b + n_c + 2 \sum_{cyc} \frac{r_a h_a}{n_a + s} \right); \text{ (48)}$$

$$3 \sum_{cyc} \frac{an_a}{\sqrt{r_a^2 + s^2}} \geq n_a + n_b + n_c + 2 \sum_{cyc} \frac{r_a h_a}{n_a + s}; \quad (49)$$

$$9 \sum_{cyc} an_a \cos \frac{A}{2} \geq \left(n_a + n_b + n_c + 2 \sum_{cyc} \frac{n_a h_a}{n_a + s} \right)^2; \quad (50)$$

From (5) and Sun Wen Cai's inequality, we get:

$$m_a AM + m_b BM + m_c CM \geq \frac{R^2}{2(2R^2 + r^2)} (m_a + m_b + m_c); \quad (51)$$

In ΔABC , $\Delta A_1 B_1 C_1$, F – area of ΔABC , F_1 – area of $\Delta A_1 B_1 C_1$, $M \in Int(\Delta ABC)$, holds:

$$a_1 \cdot AM + b_1 \cdot BM + c_1 \cdot CM \geq \sqrt{\frac{1}{2} \sum_{cyc} a^2 (b_1^2 + c_1^2 - a_1^2) + 8FF_1}; \quad (Bottema)$$

$$a_1 \cdot AM + b_1 \cdot BM + c_1 \cdot CM \geq \sqrt{\frac{1}{2} \sum_{cyc} a_1^2 (b^2 + c^2 - a^2) + 8FF_1}; \quad (Bottema)$$

$$b^2 + c^2 = n_a^2 + g_a^2 + 2rr_a$$

$$2rr_a = h_a(r - a - r)$$

$$2F = ah_a = bh_b = ch_c = 2sr$$

$$r_a + r_b + r_c = 4R + r$$

$$a^2 = 2R \cdot \frac{h_b h_c}{h_a}$$

$$ah_a = (a + b + c)r \Rightarrow \frac{h_a}{r} = 1 + \frac{b + c}{a}$$

$$b^2 + c^2 = n_a^2 + g_a^2 + 2rr_a \geq 2n_a g_a + 2rr_a$$

$$b^2 + c^2 = 2Rh_a \left(\frac{h_b}{h_c} + \frac{h_c}{h_b} \right) \geq 2n_a g_a + h_a(r_a - r)$$

$$\frac{b}{c} + \frac{c}{b} \geq \frac{2n_a g_a + h_a(r_a - r)}{2Rh_a} \Rightarrow \frac{b}{c} + \frac{c}{b} \geq \frac{1}{R} \left(\frac{n_a g_a}{h_a} + \frac{r_a - r}{2} \right)$$

$$\sum_{cyc} \frac{b + c}{a} \geq \frac{1}{R} \left(\sum_{cyc} \frac{n_a g_a}{h_a} + 2R - r \right)$$

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$$\sum_{cyc} \frac{b+c}{a} \geq 2 + \frac{1}{R} \sum_{cyc} \frac{n_a g_a}{h_a} - \frac{r}{R}$$

$$\frac{h_a + h_b + h_c - 3r}{r} \geq 2 + \frac{1}{R} \sum_{cyc} \frac{n_a g_a}{h_a} - \frac{r}{R}$$

$$\frac{h_a + h_b + h_c}{r} \geq \frac{5R - r}{R} + \frac{1}{R} \sum_{cyc} \frac{n_a g_a}{h_a}$$

$$\frac{R}{r} \geq \frac{5R - r + \sum \frac{n_a g_a}{h_a}}{h_a + h_b + h_c}; (51)$$

$$5R - r \geq 4R + r \Rightarrow 5R - 4R \geq r + r \Rightarrow R \geq 2r \text{ (Euler)}$$

$$\frac{R}{r} \geq \frac{r_a + r_b + r_c + \sum \frac{n_a g_a}{h_a}}{h_a + h_b + h_c}; (52)$$

$$g_a \geq h_a \Rightarrow \frac{R}{r} \geq \frac{r_a + r_b + r_c + n_a + n_b + n_c}{h_a + h_b + h_c}; (53)$$

$$\frac{R}{r} \geq \frac{5R - r + n_a + n_b + n_c}{h_a + h_b + h_c}; (54)$$

$$n_a g_a \geq m_a w_a \Rightarrow \frac{R}{r} \geq \frac{5R - r + \sum \frac{m_a w_a}{h_a}}{h_a + h_b + h_c}; (55)$$

$$\frac{R}{r} \geq \frac{r_a + r_b + r_c + \sum \frac{m_a w_a}{h_a}}{h_a + h_b + h_c}; (56)$$

$$m_a w_a \geq s(s - a) = r_b r_c = \frac{h_a}{2} (r_b + r_c); \text{ (Panaitopol)}$$

$$\frac{R}{r} \geq \frac{5R - r + r_a + r_b + r_c}{h_a + h_b + h_c} = \frac{9R}{h_a + h_b + h_c}; (57)$$

$$\sum_{cyc} \frac{n_a}{h_a^2} AM \geq \frac{5R - r + \sum \frac{n_a g_a}{h_a}}{h_a + h_b + h_c}; (58)$$

$$\sum_{cyc} \frac{n_a}{h_a^2} AM \geq \frac{r_a + r_b + r_c + \sum \frac{n_a g_a}{h_a}}{h_a + h_b + h_c}; \quad (59)$$

$$\sum_{cyc} \frac{n_a}{h_a^2} AM \geq \frac{r_a + r_b + r_c + n_a + n_b + n_c}{h_a + h_b + h_c}; \quad (60)$$

$$\sum_{cyc} \frac{n_a}{h_a^2} AM \geq \frac{5R - r + n_a + n_b + n_c}{h_a + h_b + h_c}; \quad (61)$$

$$\sum_{cyc} \frac{n_a}{h_a^2} AM \geq \frac{5R - r + \sum \frac{m_a w_a}{h_a}}{h_a + h_b + h_c}; \quad (63)$$

$$\sum_{cyc} \frac{n_a}{h_a^2} AM \geq \frac{9R}{h_a + h_b + h_c}; \quad (64)$$

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