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In $\triangle ABC$ the following relationship holds:

$$\sum_{cyc} \frac{m_b^2 + m_c^2}{r_a} \leq \sum_{cyc} \frac{m_b^2 + m_c^2}{h_a}$$

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Solution by Tran Hong-Dong Thap-Vietnam

$$\begin{aligned} & \sum_{cyc} \frac{m_b^2 + m_c^2}{r_a} \leq \sum_{cyc} \frac{m_b^2 + m_c^2}{h_a} \\ \Leftrightarrow & \left(\sum_{cyc} m_a^2 \right) \left(\sum_{cyc} \frac{1}{r_a} \right) - \sum_{cyc} \frac{m_a^2}{r_a} \leq \left(\sum_{cyc} m_a^2 \right) \left(\sum_{cyc} \frac{1}{h_a} \right) - \sum_{cyc} \frac{m_a^2}{h_a} \\ & \left(\sum_{cyc} \frac{1}{r_a} = \sum_{cyc} \frac{1}{h_a} = \frac{1}{r} \right) \\ \Leftrightarrow & \sum_{cyc} \frac{m_a^2}{h_a} \leq \sum_{cyc} \frac{m_a^2}{r_a} \Leftrightarrow \frac{1}{2} \sum_{cyc} a m_a^2 \leq \sum_{cyc} (s-a) m_a^2 \Leftrightarrow \frac{3}{2} \sum_{cyc} a m_a^2 \leq s \sum_{cyc} m_a^2 \\ \Leftrightarrow & \frac{3}{2} \left[\frac{a(2(b^2 + c^2) - a^2)}{4} + \frac{b(2(c^2 + a^2) - b^2)}{4} + \frac{c(2(a^2 + b^2) - c^2)}{4} \right] \leq \\ & \leq \frac{a+b+c}{2} \cdot \frac{3}{4} (a^2 + b^2 + c^2) \end{aligned}$$

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$$\Leftrightarrow a(2b^2 + 2c^2 - a^2) + b(2a^2 + 2c^2 - b^2) + c(2a^2 + 2b^2 - c^2) \\ \leq (a + b + c)(a^2 + b^2 + c^2)$$

$$\Leftrightarrow 2a^3 + 2b^3 + 2c^3 \geq (ab^2 + bc^2 + ca^2) + (ba^2 + cb^2 + ac^2); \quad (1)$$

Which is clearly true because:

$$a^3 + b^3 + c^3 \geq ab^2 + bc^2 + ca^2; \quad (2)$$

$$a^3 + b^3 + c^3 \geq ba^2 + cb^2 + ac^2; \quad (3)$$

From (2),(3) it follows (1) is true. Proved.

Note by editor:

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