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In $\triangle ABC$ the following relationship holds:

$$\left(3 + \sum \frac{h_b + h_c}{h_a}\right) \sum AI \geq \frac{2}{3} \left(\sum (m_a + 8w_a)\right)$$

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$$\begin{aligned} \sum \{(b+c)w_a\} &= \sum \left\{ (b+c) \left(\frac{2bcc \cos \frac{A}{2}}{b+c} \right) \right\} = \sum \frac{2abcc \cos \frac{A}{2}}{a} = \sum \frac{8Rrsc \cos \frac{A}{2}}{4R \sin \frac{A}{2} \cos \frac{A}{2}} \\ &= 2s \sum \frac{r}{\sin \frac{A}{2}} = 2s \sum AI \end{aligned}$$

$$\Rightarrow \sum AI \stackrel{(1)}{\cong} \frac{1}{2s} \sum \{(b+c)w_a\}$$

WLOG, we may assume $a \geq b \geq c \therefore w_a \leq w_b \leq w_c$ and $b+c \leq c+a \leq a+b$

\therefore using Chebyshev, we get

$$\begin{aligned} \frac{1}{2s} \sum \{(b+c)w_a\} &\geq \frac{1}{6s} \left\{ \sum (b+c) \right\} \left(\sum w_a \right) = \frac{4s}{6s} \sum w_a \\ &= \frac{2}{3} \sum w_a \stackrel{\text{by (1)}}{\cong} \sum AI \stackrel{(2)}{\cong} \frac{2}{3} \sum w_a \end{aligned}$$

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$$\text{Now, } 3 + \sum \frac{h_b + h_c}{h_a} = 3 + \sum \frac{ca + ab}{bc} = 3 + \sum \left(\frac{a}{b} + \frac{a}{c} \right) = 3 + \sum \left(\frac{b}{c} + \frac{c}{b} \right)$$

$$= 3 + \sum \frac{b^2 + c^2}{bc} \stackrel{\text{Tsintsifas}}{\geq} 3 + \sum \frac{2m_a}{w_a}$$

$$\therefore 3 + \sum \frac{h_b + h_c}{h_a} \stackrel{(3)}{\geq} 3 + \sum \frac{2m_a}{w_a} \therefore (2), (3)$$

$$\Rightarrow \boxed{\text{LHS} \geq \frac{2}{3} \left(3 + \sum \frac{2m_a}{w_a} \right) \sum w_a} \stackrel{?}{\geq} \frac{2}{3} \left(\sum (m_a + 8w_a) \right)$$

$$\Leftrightarrow 3 \sum w_a + \sum w_a \sum \frac{2m_a}{w_a} \stackrel{?}{\geq} \sum m_a + 8 \sum w_a$$

$$\Leftrightarrow \sum w_a \sum \frac{2m_a}{w_a} - 6 \sum w_a \stackrel{?}{\geq} \sum m_a - \sum w_a$$

$$\Leftrightarrow \left(\sum w_a \right) \sum \left(\frac{2m_a}{w_a} - 2 \right) \stackrel{?}{\geq} \sum (m_a - w_a)$$

$$\Leftrightarrow \left(\sum w_a \right) \left\{ \frac{2(m_a - w_a)}{w_a} + \frac{2(m_b - w_b)}{w_b} + \frac{2(m_c - w_c)}{w_c} \right\} \stackrel{?}{\geq} (m_a - w_a) + (m_b - w_b) + (m_c - w_c)$$

$$\Leftrightarrow (m_a - w_a) \left(\frac{2 \sum w_a}{w_a} - 1 \right) + (m_b - w_b) \left(\frac{2 \sum w_a}{w_b} - 1 \right) + (m_c - w_c) \left(\frac{2 \sum w_a}{w_c} - 1 \right) \stackrel{?}{\geq} 0$$

$$\Leftrightarrow (m_a - w_a) \left(\frac{w_a + 2w_b + 2w_c}{w_a} \right) + (m_b - w_b) \left(\frac{w_b + 2w_c + 2w_a}{w_b} \right)$$

$$+ (m_c - w_c) \left(\frac{w_c + 2w_a + 2w_b}{w_c} \right) \stackrel{?}{\geq} 0 \rightarrow \text{true}$$

$$\therefore \left(3 + \sum \frac{h_b + h_c}{h_a} \right) \sum AI \geq \frac{2}{3} \left(\sum (m_a + 8w_a) \right) \text{ (Proved)}$$