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SP.282. If in $\triangle ABC$; H – orthocentre; HD, HE, HF bisectors of angles BHC, CHA respectively AHB ; $D \in (BC)$; $E \in (CA)$; $F \in (AB)$ then the following relationship holds:

$$\frac{[DEF]}{[ABC]} \geq 13 \left(\frac{r}{R}\right)^2 - 3$$

Proposed by Marian Ursărescu-Romania

Solution by proposer

$$\triangle BGC \Rightarrow \frac{BD}{DC} = \frac{HB}{HC} \text{ and analogs}$$

$$\frac{BD}{DC} \cdot \frac{CE}{EA} \cdot \frac{AF}{FB} = \frac{HB}{HC} \cdot \frac{HC}{HA} \cdot \frac{HA}{HB} = 1; (1)$$

$$\text{Let: } \frac{HA}{HB} = m, \frac{HB}{HC} = k, \frac{HC}{HA} = p$$

$$S_{AEF} = \frac{AF \cdot AE \cdot \sin A}{2} = \frac{m}{(m+1)(p+1)} \cdot \frac{bc \cdot \sin A}{2} = \frac{m}{(m+1)(p+1)} \cdot S_{ABC} \text{ and analogs}$$

$$S_{DEF} = \frac{1 + kmp}{(1+k)(1+m)(1+p)} \stackrel{(1)}{=} \frac{2}{(1+k)(1+m)(1+p)} =$$

$$= \frac{2AH \cdot BH \cdot CH}{(AH+BH)(AH+CH)(CH+BH)} \cdot S_{ABC}$$

$$\text{But: } AH = 2R \sin A \Rightarrow$$

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$$S_{DEF} = \frac{2\cos A \cos B \cos C}{(\cos A + \cos B)(\cos B + \cos C)(\cos C + \cos A)} \cdot S_{ABC}; \quad (2)$$

$$\text{But: } \cos A \cos B \cos C = \frac{s^2 - (2R+r)^2}{4R^2}; \quad (3)$$

$$(\cos A + \cos B)(\cos B + \cos C)(\cos C + \cos A) = \frac{r(s^2 + r^2 + 2Rr)}{4R^3}; \quad (4)$$

$$s^2 \leq 27R^2 \cdot s^2 \geq \frac{27}{4} \cdot r^2, R \geq 2r; \quad (5)$$

From (1)+(2)+(3)+(4)+(5) proved.

Note by editor:

Many thanks to Florică Anastase-Romania for typed solution.