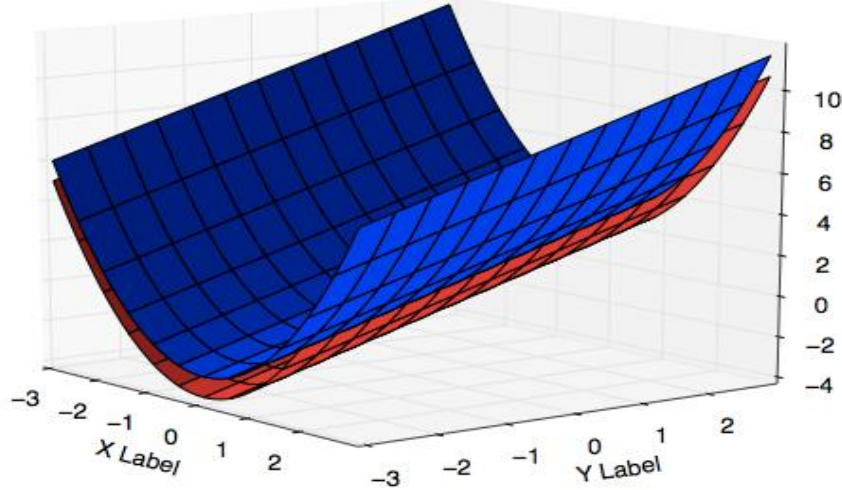


# R M M

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If  $x, y, z > 0$ , then:

$$4 \cdot \sqrt[4]{\left(\prod_{cyc} x\right) \cdot \left(\sum_{cyc} x\right)} + \sum_{cyc} x \leq \sum_{cyc} \left( \sqrt{\frac{x^2 + y^2}{2}} + 2\sqrt{xy} \right) \leq 3 \cdot \sum_{cyc} x$$

Proposed by Florică Anastase-Romania

**Solution by proposer:**

$$u = \sqrt{\frac{x^2 + y^2}{2}}, v = \sqrt{xy} \rightarrow \begin{cases} 2u^2 = x^2 + y^2 \\ v^2 = xy \end{cases} \rightarrow \begin{cases} x^2 + y^2 + 2xy = 2u^2 + 2v^2 \\ (x + y)^2 = 2(u^2 + v^2) \end{cases}$$

$$0 \leq (u - v)^2 \rightarrow (u + v)^2 \leq 2(u^2 + v^2) \rightarrow (u + v)^2 \leq (x + y)^2$$

$$u + v \leq x + y \rightarrow \begin{cases} \sqrt{\frac{x^2 + y^2}{2}} + \sqrt{xy} \leq x + y \\ \sqrt{xy} \leq \frac{x + y}{2} \end{cases} \rightarrow \sqrt{\frac{x^2 + y^2}{2}} + 2\sqrt{xy} \leq \frac{3}{2}(x + y) \rightarrow$$

$$\sum_{cyc} \left( \sqrt{\frac{x^2 + y^2}{2}} + 2\sqrt{xy} \right) \leq 3(x + y + z) \dots \dots (1)$$

$$\sqrt{xy} + \sqrt{yz} + \sqrt{zx} \geq 2 \cdot \sqrt[4]{xyz(x + y + z)}, \forall x, y, z > 0$$

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Let  $z = \max\{x, y, z\}$  and  $a = \frac{x}{z}, b = \frac{y}{z}, a, b \in [0, 1] \stackrel{(2)}{\Leftrightarrow} (a + b + ab)^2 \geq 4ab\sqrt{a^2 + b^2 + 1}$

But  $(a + b + ab)^2 = a^2b^2 + (a + b)^2 + 2ab(a + b) \geq 2ab(a + b + 2)$ , then we have:

$(a + b + 2)^2 \geq 4(a + b + 1)$ , true from  $(a + b + 2)^2 = (a + b)^2 + 4 + 4(a + b) \geq 4(a + b + 1) \geq 4(a^2 + b^2 + 1), \forall a, b \in [0, 1]$

$$\sum_{cyc} \left( \sqrt{\frac{x^2 + y^2}{2}} + 2\sqrt{xy} \right) \geq \sum_{cyc} \left( \frac{x + y}{2} + 2\sqrt{xy} \right) \geq x + y + z + 4 \cdot \sqrt[4]{xyz(x + y + z)} \dots \dots (2)$$